# Piatt County H.C.E.

April, 2019



## SPRING CLEANING TIPS

Source: Nebraska Extension in Lancaster County, https://lancaster.unl.edu

Spring is here. This is the time of year spring house cleaning comes to our mind. Not only does a good spring house cleaning make everyone feel good, it is a time to get rid of all the dust and dirt that can affect those suffering from allergies.

To do a whole house spring cleaning, planto do a thorough cleaning in every room. Cleaning household surfaces, washing the bedding, dusting and vacuuming can reduce allergy symptoms and will make your house sparkle, too.

Start cleaning in the bedrooms. Launder all washable bedding, including mattress cover, pillows, bedskirts, blankets and comforters. Flip your mattresses and vacuum them. Dust mites can be hiding anywhere.



Dusting is the next step. Use a clean, soft cloth sprayed with a dusting product. Dust all woodwork, furniture, shelves light fixtures, etc.

Next vacuum everywhere. Vacuum under the beds, chairs, couches, tables, behind dressers, shelves, refrigerator, and any other hidden areas. Remove cushions on furniture and clean thoroughly. Be sure to do the crevices of upholstery and lamp shades. Vacuum walls or wipe them down with a cloth. Remember to give the carpets a good vacuuming. Vacuum carpets frequently and use a carpet cleaner to remove stains.

To clean the bathroom, use an all-purpose cleaner and clean the walls, tub, shower, fixtures and towel racks. If necessary, use a mildew remover on the tub and shower walls and a calcium and lime scale remover to remove those hard water mineral deposits.

Wash all floors — for vinyl and ceramic tile floors use a non-abrasive, all purpose cleaner or floor cleaner. For really deep cleaning, you may have to scrub the floors on your hands and knees. Use clean water or a wood cleaner on your hardwood floors. Be careful not to get hardwood floor too wet.

Clean windows, draperies, blinds and screens. Wash windows and screens. Use a glass cleaner or glass and multi-surface cleaner for windows. While screens let in fresh air, they also collect a lot of dust and dirt. Vacuum the screens to remove dust and other particles stuck to the screen. Hose down or gently scrub then with a brush dipped in a solution of all-purpose cleaner and water.

Don't forget the closets and other storage areas. Take out your winter clothes and decide which ones need to be washed or dry cleaned before storing them. Any clothes with food or perspiration stains, even if you can't see them may attract unwanted pests. Consider donating to charity anything you didn't use this past year. Vacuum under shoes and other items stored on the floor.

Take a trip back through the home you have cleaned. It will be refreshed and you can feel a great sense of accomplishment. Continue to do weekly and monthly cleaning and maintenance to keep your home in top shape all year long.

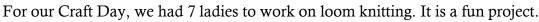


Apologies to Vicki Gowler for incorrectly listing her birthdate as April 16. May you have a happy and blessed birthday *May* 16th!

Happy birthday to everyone celebrating in April and May!

# CULTURAL ENRICHMENT DAY

BY: MARTHA LYNCH



Those who are learning loom knitting have requested another class so we will continue this craft project for our April 24th Craft Day. Beginners are certainly welcome to come and learn. We plan to make a baby hat so it can be completed in one class.

Other knitting and crocheting opportunities for you to join in the fun!

- Every Tuesday at Willow Branch Library in Cisco—Knit and Crochet with Carolyn Kleven beginning at 10:30 a.m.
- April 18—Knit and crochet with Carolyn Wolter at the Hope Welty Library in Cerro Gordo.

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### RECIPE OF THE MONTH

SOURCE: NDSU EXTENSION, WWW.AG.NDSU.EDU

### **Snickerdoodle Muffins**

1 cup (2 sticks) margarine

1<sup>1</sup>/<sub>4</sub> cups Greek yogurt (plain, nonfat)

2 eggs

2 tsp. vanilla extract

1 cup sugar

3/4 tsp. baking soda

3/4 tsp. baking powder

3/4 tsp. cream of tartar 3/4 tsp. ground nutmeg ½ tsp. ground cinnamon 1½ cups all-purpose white flour

3/4 cup whole-wheat flour

Topping: 5 tsp. sugar plus 1 tsp. ground cinnamon



Preheat oven to 350°F. Combine wet ingredients (margarine, Greek yogurt, eggs and vanilla) in one bowl. Combine dry ingredients (sugar, baking soda, baking powder, cream of tartar, ground nutmeg, ground cinnamon, all-purpose flour and whole-wheat flour) in a separate bowl. Fold the dry ingredients into the wet ingredients until dry ingredients are well-mixed. Make sure not to overmix muffins; lumpy batter is OK. Grease muffin tins or use paper liners. Scoop muffin batter into muffin tins to make about 22 muffins. Stir together additional sugar and cinnamon and sprinkle a portion on each muffin. Bake for 20 to 22 minutes or until they are golden brown.

# PIATT HCE NEWS

SOURCE: KATHLEEN GLENN, NEWSETTER & PUBLIC RELATIONS

Piatt County HCE began this year by hosting some local talent. The guest speaker was Brad Thomas, a young entrepreneur, who is passionate about his self-constructed koi pond. He led a "How to . . ." seminar discussion on building a Koi Pond in your own back yard.



We also held a Cultural Enrichment Day Celebration with friendly competition in both the foods and non-foods

categories. Louise Brewer took 1<sup>st</sup> place with her Pumpkin Bread with Cranberries.



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# PIATT HCE NEWS

Source: Kathleen Glenn, Newsetter & Public Relations

Miriam Seevers took 1st place for her beautifully engineered jacket in the Wearable Art category at Cultural Enrichment Day.



For our Craft Day in both February and March, we learned to loom knit. The ladies worked on making winter hats or winter cowl scarves.



Miriam Seevers and Virginia Norfleet are using their looms to knit warm winter hats.

March is also when Piatt County HCE members attend the State Conference.



Martha Lynch, Nancy Jo Carle, Nora Hanover, Miriam Seevers, and Carol Drayton represented PCHCE at the conference this year. Carol Kussart won best of show in her category for her machine quilted table runner.

Miriam Seevers was recognized at the State Conference for being a 50+ year member.





Yes, Piatt County HCE is keeping its members busy and this is just the beginning of 2019!

# Lessons for Living — Hanging Gardens April 3 9:30 a.m. Extension Office



Join Candice Hart, Extension Educator, horticulture, to learn how to create beautiful hanging gardens.

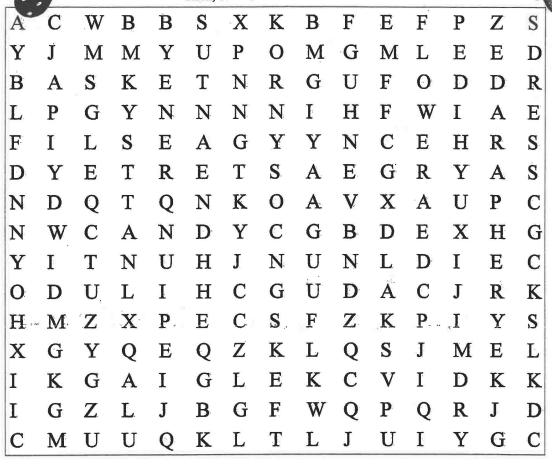
Postcard reminders for this meeting have been mailed to local leaders. All members are welcome to attend!

### **FUN AND GAMES**

#### **Easter Clues**

Use the clues to find a new word. (The number after each clue indicates the number of letters in the new word.)

Then, search for the *new* words.



Hamper(6)	Gown(5)	Conceal(4)
Hat(6)	Waterfowl(4)	Pursue(4)
Rabbit(5)	Color(3)	A young sheep(4)
Confectionery(5)	April holiday(6)	A public procession(6)
A young bird(5)	Oval object(3)	Easter season(6)
Building for worship(6)	Blossom(6)	Day of rest(6)

ANSWER:

BASKET
BONNET
BUNNY
CANDY
CHICK
CHURCH

DRESS
DUCK
DYE
EASTER
EGG
FLOWER

HIDE
HUNT
LAMB
PARADE
SPRING
SUNDAY

# MEETING MINUTES — MARCH 27, 2019

### RESPECTFULLY SUBMITTED BY: MIRIAM SEEVERS, SECRETARY

The Piatt County HCE board meeting was called to order by President Carol Drayton @ 1:08 PM, March 27, 2019 in the Extension Office meeting room. The Pledge of Allegiance, led by Miriam Seevers, was repeated by Carol, Judy Greene, Louise Brewer, Carolyn Wolter, Becky Wildman, Martha Lynch, Frances Kurr, Virginia Norfleet, Kathleen Glenn, and Beth Allhands.

The previous minutes were accepted as printed. Treasurer Carolyn Wolter reviewed the February and March reports verifying that the current balance stands at \$5005.20. The 2018 state dues, for 64 members, were sent in at the proper time. The previously tabled motion concerning setting up a savings account was set aside, for the present time. The state board strongly suggests that two check signers be implemented. Judy Greene made the motion to put that suggestion into practice. Motion seconded by Martha Lynch. Motion passed.

Carol, acting as 1st Vice for March and April, stated that the TTTS for the 'Hanging Gardens' will be April 3 @ 9:30 in Extension meeting room. The program topics for 2020 have to be decided by July 1, 2020 to allow the Extension personnel to prepare for the counties' preferences. The topics will be chosen by a committee formed of UNIT 1st vice-presidents meeting in May or June to meet the deadline.

2nd Vice Judy and Louise state that our membership now stands at 66. At the "Newcomers" session, held the evening of March 25, we welcomed two new members who chose to attend the Cisco unit. Another "Newcomers" session is planned for April 22 @ 7 PM. A membership application form has been created to assist new members in deciding where and when and how they want to be involved.

Cultural Enrichment Martha reported that 7 attended the second 'loom weaving' session. Another session, April 24, will wrap this project up. She announced that Carol Kussart's quilted wall hanging placed in a top category at the State conference. Congratulations, Carol!

International Frances received a \$50 stipend from the IAHCE for our efforts in a past International Day.

Community Outreach and Family Issues Becky received information given out at the IAHCE Conference.

PR Kathleen is adding information to her articles about activities that may interest others. A knitting/crocheting group, led by Carolyn Wolter, meets April 18, 10 AM at the Hope-Welty Library, Cerro Gordo. Every Tuesday, at 10:30 AM, Carolyn Kleven holds a knitting session at the Willow Branch Library in Cisco, for any level of knitter. Cerro Gordo folds April newsletter.

The Cerro Gordo Community Garden project is on hold. There seems to be a lot of obstacles that would have to be dealt with.

State Conference delegate Martha reported on the recent March event. The Zero Hunger Fund brought in \$8,000 from 63 counties. Districts are being re-formed. Piatt will be in District 3.

Our director Kathleen Emery is retiring; some counties do not have HCE units; districts are changing to be more efficient and effective.

### Future dates:

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April 3	9:30-10:30 AM Hanging Gardens (Candace Hart) @ Ext. Office	
April 18	2-3 PM Saving Money on Food Costs (Webinar) @ Ext. Office	
April 24	9 AM Cult. Enr.; 1 PM HCE board meeting	
May 22	9 AM Cult. Enr.; 1 PM HCE board meeting	
June 3	9:30 AM Tri-County board meeting at Cisco UMC; Piatt does lunch	
June 4	9:30 AM Backyard Birds (Melody Arnold) @ Holly Brook	
June 26	9 AM Cult. Enr.; 1 PM HCE board meeting	
Aug 7	District 5 workshop, Springfield	
Aug 27-29	Farm Progress show	
Sept 18	11 AM International Day (India) @ Macon Co. Ext. Office	
Oct 11-14	Homemaker's Camp @ Allerton 4-H Camp (register by Sept 15)	
Oct 28	9 AM HCE Annual meeting @ Cisco UMC	

Piatt County HCE 210 S. Market Street Monticello, IL 61856



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<b>**</b>	April 3		
<b>**</b>	April 8	Voorhies (1:30 p.m.) — Makin' Pizza	
<b>*</b>	April 11	Cerro Gordo (1:00 p.m.) — Hope Welty Library	
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<b>**</b>	April 11 April 18 April 18 April 21	Lessons for Living Webinar (Saving \$ on Food Costs) — 2:00 p.m. — Extension office	E E E E E
*	April 21	Happy Easter!	
*	April 22	New Meeting (7:00 p.m.) — Extension office	
*	April 24		
<b>33</b>	June 3	Tri-County Meeting (9:30 a.m.) — Cisco United Methodist Church	
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	Every Tuesday	Knitting/Crocheting with Carolyn Kleven (10:30 am) — Willow Branch Library, Cisco	
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<b>*</b>	Folding newsletter: Cerro Gordo		
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