

ILLINOIS ASSOCIATION
FOR HOME AND COMMUNITY EDUCATION

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IAHCE NEWSLETTER



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*Down by the Riverside
with IAHCE*

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FROM THE DESK OF THE PRESIDENT



December 2016

Beautiful fall greetings from Southern Illinois! It is a beautiful fall day as I write this, and it really makes me want to get outside and play football or basketball or just go for a walk, maybe a four wheeler ride! Of course, by the time you read this it will be December and who knows what will be happening then! You know this unpredictable Illinois weather!

Wow, I get really excited as I read all the newsletters I receive. Everyone, is talking about the new members they are getting! The other thing that excited me was the number of candidates we have running for the four positions on the board and we had a full slate before the board meeting started. That is rare! Conference 2017 plans are well on the way and the Chairs have some exciting and different things planned for you! Do not delay in registering for conference and even more important, book your room early to ensure you receive the IAHCE special rate. Looking forward to seeing a lot of new faces and reconnecting with the faces I've met before!

This is a very important paragraph so be sure and read it thoroughly! The County of the Year application has been revised and another possible point maker added. It will be online, as well as included in your President's package that is sent out the first of December. All you county board members be sure to ask your President about the President's Package and what it includes! The "package" includes info about Annual Conference registration, events, hotel info, and much more so please read over it thoroughly!

After looking over the evaluations from District Workshops, I see on it the request for more sharing of ideas to attain new members, lessons, and activities. May I suggest that someone on your board or the entire board receive the state IAHCE Newsletter! Three times a year you can have a sharing session with the entire state to see how others attain new members, what lessons they are having, and what activities are being held! \$9.00per year is all it costs for three letters or you can view it for free on the IAHCE website.

I am still looking for pictures or notes of ways you are participating in the "eat local, eat healthy" project being focused on by the NVON. I need pics of your gardens, animals you grow for your own consumption, number of visits to the local farmer's market or coop, eaten at restaurants that serve locally grown produce, or have shared this idea with others. I have to prepare a report for the NVON by May 1 and I need support material from all of you. I do have some material already but not near enough, can you help me?

We were fortunate enough to have two representatives at the ACWW Triennial recently held in England. Pat Weitzmann and Cara Ausmus were our delegates and they came back reporting that a focus that the ACWW is purposing is to "reduce food waste". This focus fits right in with the NVON project in common "eat local, eat healthy" so we are encouraging all to take part in both of these projects.

I will leave you with this thought from Henry Ford, "When everything seems to be going against you, remember that the airplane takes off against the wind, not with it!"

Have a great Holiday and I will be looking for you at Annual Conference in March!



Later,

Jane Chapman
IAHCE President



*Front Cover: Quilt Top — See Page 11



*Back Cover: Quilt back—See Mailer Page



***ANNUAL
CONFERENCE
INVITATION***

WHO : YOU

WHAT: IAHCE ANNUAL CONFERENCE

WHEN: MARCH 14-16, 2017

WHERE: EMBASSY SUITES HOTEL, E. PEORIA

***MENU: SHARE SHOPS, FRIENDS, MAKE IT-TAKE IT,
DISTRICT MEETINGS, VENDORS, FUN, BUSINESS
MEETING, ELSIE MIES BANQUET, PINS, TOTE BAGS,
FUN WALK, SILENT AUCTION***

EXECUTIVE BOARD



1st VICE PRESIDENT Norma Korte

It is with a heavy heart that I am writing my final article for you as the IAHCE First Vice President. I want to express my appreciation to each of you for your assistance in making my experience as an officer rewarding and memorable.

I also want to say thank you to Jenna Smith and Caitlin Huff, along with the IAHCE Board members I have been privileged to serve with. Through the years, my hope has been that you have received some beneficial information from me or others that you can use in your counties and local meetings.

The majority of our time spent during the October Board Meeting involved planning for 2017 conference, "Down by the Riverside with IAHCE", on March 14-16. Plan to bring your favorite walking shoes again this year for the tour of countries! Trade Show Vendors will sign up soon and Share Shop presenters have been scheduled. Be sure to read your December State Newsletter for all the details or go on the website (<http://www.iahce.org>) for more information.

Have you started to work on the applications for the Education, Membership, and CVH awards? They are due by **January 31, 2017**. I hope you find the award application tips presented during the share shops at last year's conference beneficial as you complete this year's applications.

After reviewing your recommendations from the evaluation sheets, I plan to add a short presentation on *how to present* the lesson material you are provided at the state conference share shop and August workshops. Additionally, if you have topic ideas for 2018, please email or mail them to me before March 1st. During this year's share shop at state conference, you will also be introduced to the new IAHCE First Vice President.

The Education Committee is planning to continue improvements for the awards night. To accomplish this task, we need your help! If you have sent in applications, please look for the **colored, numbered cards in your registration packets** when you get to conference. You will be invited to line up by the number on your card behind the Education Director, which has a flower of the color of your numbered card. Group pictures will be taken after all awards are presented for that specific Education Area in the designated area. Grand Awards and County of the Year will be announced last.

I hope you are using the new Linc system to obtain your "Lessons for Living". This system is available in many of the Extension Offices.

If you have a passion for IAHCE, share it! If you enjoy what you are learning and doing in IAHCE, show your joy and share that with others.

I look forward to seeing you in March! Have a Blessed Christmas and a Happy New Year!

From the Korte Family of Southern Illinois,

Norma Korte



2nd VICE PRESIDENT Angela Hicks

Hello Everyone!

I've got the pearls....do you have the new members?!!




Remember the 2016 Membership Challenge — "Add-a-New Member, Add-a-Pearl"!

As I have traveled around Illinois, I am very pleased to hear many of the counties are adding new members! I am waiting with anticipation for the year end membership reports. Please be sure to work with the County Treasurer to make sure you match membership totals. Then make sure you send the Year End Membership Report to your District Director by January 5, 2017!

I would like to encourage not only county officers to attend but also members at large to attend the 2017 IAHCE 93rd Annual Conference! This is the perfect way to learn more about this organization while having fun, making friends, learning, and of course enjoying good food! Look for more information about the conference in this newsletter.

The 50 Year Member Form is due to me by January 31, 2017. If you need membership certificates printed for your county annual meeting, please send the information by mail or email prior to March 1, 2017. The certificates will be given to you in the Second Vice President's Share Shop at Conference.

Check the IAHCE Guidebook to see if your membership event qualifies for an Education Award. It is due to me by January 31, 2017. I am looking forward to seeing what you have been doing to bring in new members!

Continued on next page 

EXECUTIVE BOARD

2nd Vice-president, continued

Smile, be positive and remember HCE is what we make it – it is the life we put in our organization that counts! Enjoy the Holidays! See you next year “Down by the Riverside” in East Peoria, Illinois at the IAHCE 93rd Annual Conference!

“It is time for us all to stand and cheer for the doer, the achiever – the one who recognizes the challenges and does something about it.”

– *Vince Lombardi*

Let's Build Enthusiasm & Membership in HCE!



Angela Hicks



SECRETARY Donna Richards

It was great to see you at the District Workshops in August.

Treasurer Bev Combs and I will be doing a share shop at the 2017 Annual Conference in East Peoria. Look forward to seeing you then. Conference Chair Janel Kassing and Co-Chair

Sharon Davis have a great Conference planned.

Marilyn Schaefer will be helping me again this year with Registration. Mail your registration early to me at 803 W. Jourdan St., Apt. B3, Newton, IL 62448. Please remember that some of the Share Shops will be limited. Assignment of all Share Shops are based on registrations first received are first served.

As you finish up “Rollin’ on the River”, make your plans to attend the 2017 IAHCE Annual Conference “Down by the Riverside” - March 14th – 16th.

Hopefully, your County President has received the President’s Pre-Annual Conference Packet in the mail by the time you are reading this newsletter. If I have received your current list of County Officers Secretary’s Report, then the packet reached the correct person. We use the reports for any mailings the Board needs to do.

Any questions, please feel free to send me an email at dsrichards001@hotmail.com

Thanks,

Donna Richards

TREASURER Beverly Combs



A big thank you to everyone that attended the District workshops. I personally enjoy traveling over the state and meeting all of you.

To those attending the Secretary/Treasurer session, I appreciate you allowing me to share time and information with you and I hope some of what I shared with you will be helpful.

Remember to check the packet I gave each treasurer for the various details involving your county treasurer’s assignment. And, don’t forget that I’m only a phone call away if you need some help.

As the end of this year nears, here are some important items for county treasurers:

- By now you should have the Pennies for Friendship mailed to me. If not, do so ASAP.

-Your county dues should be postmarked by January 15th, 2017.

Don’t forget the transmittal sheet that needs to accompany the dues check (payable to IAHCE). I included this form in each county treasurer packet at the August District meetings. This form can also be found in the guidebook or on our website – www.iahce.org

- Keep in mind that the number of members you turn in to your District Director and the number of members you pay dues on must be the same number. The number of recorded members is of December 31st, 2016.

-Failure to have the dues paid by the deadline will make your county ineligible to count it as a credit on the County of the Year form. The same is true of Pennies for Friendship.

Lastly, I hope you are planning to attend the March 2017 Annual Conference in Peoria. It promises to be a great conference.

Wishing you a Blessed holiday season with family and friends.



Beverly Combs



EDUCATION COMMITTEE REPORTS



CULTURAL ENRICHMENT Peggy Long

Ladies it is that time again, time to start thinking about annual conference. I did get the change done we talked about at district workshop. So you must go to the website to see the most updated form to use for registration of

your marvelous entries. Remember they are due to be postmarked by February 15th and your annual reports of one main project for the year must be postmarked by January 31st

Remember to send a self-addressed stamped envelope with your entries so I can send your registration tags to you. These tags need to be attached as you want them before you check them in.

Also have your entries folded as you want them displayed, you can put a picture on the item. Just remember we are not responsible for your items, and they might get moved around a bit due to space.

The size requirements are still the same, no larger than 24 inches in any direction, even tall, or can be folded to 24 inches, except quilts.

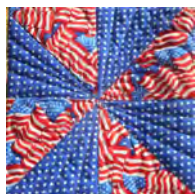
You can send 8 items, one of which can be a quilt, and as always if you have any questions call me, or better still email me. If you don't get your tags back within 2 weeks, check with me. As many of you know, last year there was a problem with me getting some of the entries. This year we will be checking in items Monday evening from 7:00 to 9:00, and will start again at 8:00 AM Tuesday morning.

We will still have the members vote on their top 5 items, and a committee vote on each category, make sure you have your voting ballots, I don't bring extra's.

We can also still use more entries for the make it take it. IF you can do one, please bring or send me an example of what you will be teaching along with the cost per item. I will display them in my cultural arts room at conference. My addresses are Peggy Long 2990 Knox Hwy 3, Altona, IL 61414 and pnjlong@otelmail.com.

See you all there, I can't wait.

Peggy Long



INTERNATIONAL DIRECTOR Pat Weitzmann



Thank you to the kindness, diligence, talent and enthusiasm of many IAHCE members from counties across Illinois. Year 2016 was a great year for All Things International.

In March our members hosted and delighted in meeting Rutt Tuvike an Ene Paks members of the Village Development Society 'Sääniku' in Estonia. In June a total of \$900 was donated to three local non-profit organizations in Illinois. That's a first. Also youth in IFYE and LABO received \$800. A Pulses Cookbook with recipes from our members was published in August. In December ACWW received over \$10,000 in Pennies for Friendship money from Illinois. Education reports from counties were made, awards and mini-stipends were given. International Special Events and Women Walk the World activities took place. Lessons were given on the Country of Study, Ecuador, or another country of interest. A new applied arts category 'Craft from current Country of Study' was created for the IAHCE Cultural Arts Show.

April 29 is Women Walk the World Day; but walks can be scheduled on other days if desired. Have some fun, show you care about women worldwide and participate in a Walk this year. This is an ACWW inspired activity. The deadline for submitting pictures and articles to ACWW for the Best Photo Contest plus possible inclusion in their Countrywoman magazine is May 16. *There's even a category for best picture that includes an animal on the Walk.*

In the International Packet distributed at the August District Meetings, I asked County International Directors over the next 12 months to **help mail box members feel more included and connected, introduce a new thing into their international education plan, and organize an ACWW Women Walk the World or Tea Time activity/event/awareness effort.** They have the talent, they just need the support of members like you to make it happen.

The new Country of Study for year 2017 is the Philippines. Lesson material was distributed for each county at the August District Meeting. In March a special focus lesson on Filipino Americans will be provided. Thank you to Cara Ausmus, District 1 Director, for presenting the International Share Shop at the August District 6 & 7 Meeting. I was on my way to a pre-conference workshop before the ACWW Triennial Conference in England.

Our affiliate ACWW signed onto the United Nation's **Zero Hunger Challenge** and says "ACWW represents

Continued on next page 

EDUCATION COMMITTEE REPORTS

International, continued

more than 9 million women around the world. Through our women-to-women projects and with the support of our members, we pledge to work to eliminate hunger in our life-times.”

IAHCE in year 2017 will bring one of the parts of the challenge into focus for our members. *That is Loss or Waste of Food. Look for a workshop and materials on this at the March 2017 IAHCE Annual Conference.*

Our affiliate Country Women’s Council, USA (CWC) is sponsoring an ACWW Project in India. It’s Project 1007, ‘Promotion of Indigenous Rice and Vegetable Cultivation among Marginal Women Farmers and Prevent their Migration to Towns’. President Jane Chapman says IAHCE members have already started to donate money for this project. You will hear more about this in year 2017. It fits into the Zero Hunger Challenge.

Rutt Tuvike was at the ACWW Triennial Conference. We discussed the year 2017 Outbound Homemaker Exchange for two IAHCE members. You could be one of those members. Rutt will send me a general plan and specific visit dates early in 2017 for the 3 weeks visit. She is planning a late September to early October exchange time. Just complete an application (see pages 38 - 39 of the IAHCE Guidebook online at www.iahce.org) and **send it to me by December 1. Contact me if you need a little more time.**

Please take a look on page 57 in this newsletter for a report on the ACWW Triennial Conference held in August 2016 at University of Warwick in Coventry, England. It was a fantastic first time event for me not only as a delegate, but as a candidate for office. I did not get elected, but the experience was worth the effort.

The new Associated Country Women of the World Area President, USA is Jo Ellen Almond of the Indiana Extension Homemakers Association. See the October 2016 NVON ‘Vision’ Newsletter for an article from her. You can look at the Country Women’s Council, USA and ACWW websites for information too.

www.acww.org.uk
www.cwcusa.org
www.nvon.org

Please contact me if you want to volunteer to represent a country in the Fun Walk route at the IAHCE Annual Conference in March 2017. *There’s a new focus.* There will be games to play at each of the stops along the Walk.

Members, thank you so much for letting me participate in your international education journey this year. Keep Learning and Life Fun!

Pat Weitzmann



FAMILY AND COMMUNITY ISSUES Sharon Davis



Hi Ladies,

The weather is starting to get cooler and Christmas is going to be here before we know it.

We just recently got back from our State IAHCE Board meeting in E. Peoria. It was good seeing everyone again and we got a lot accomplished.

There is a couple of things I want to mention to you.

1.) In the district workshop in the northern part of the state and the middle of the state I told you for your reports there should be 13 pages front and back and that didn’t count the report you had to fill out. I’m not sure why that number was in my head but it should only be 10. (Sorry). If you use the front and back that would be 20. (Not counting cover pages.)

If you have any questions please email, call, or go on www.iahce.org web site. All the details are there.

2.) In our state meeting a motion was made and passed to run our focus points in education from March to the next March instead of August to August. You will be able to have your programs in more of the year and then report on them in January of the next year. So this March I plan on having a new topic in Family & Community Issues.

If you have something you would like us to do please email me and let me know. Remember I’ve been informed by evaluations you would also like a project to go with it. All ideas are welcomed.

3.) Be sure to make your reservations for March Conference it’s going to be another good one in East Peoria.

Pray for good weather.

Sharon Davis



EDUCATION COMMITTEE REPORTS



PUBLIC RELATIONS Pat Hildebrand

Thanks to all of you for your help and patience with me and the Newsletter these past three years. Time flies!

Thanks, too, to all of you who sent contact information for Illinois newspapers. There are still several needed. I hope to get our

goals of compiling that list by the March 14-17, 2017 Annual Conference along with designing a business card and a brochure for Statewide use by HCE.

The newsletter is following a quilt theme this time. When you go on a picnic "Down by the River" you might take a blanket or a quilt to lay on the ground (but not this quilt! The blocks and quilting are just too pretty.) Take a close look at the front page cover AND on the back page. There's also an article about the quilt on page 12.

Public Relations Education Award applications are due to me by January 31! I'll be watching for them.

Pat Hildebrand



CVH/SALES Joan Stanley

Hello and welcome to the Christmas season! Hope all of your fall harvests were bountiful.

Make plans to attend State Conference in Peoria in March. It is fun and very informative. I will have sales items with our state logo available for purchase.

I ask you to please get your volunteer hours in as soon as possible. I will work very hard to do my part in recording them and getting your seals and certificates made. You all do a fantastic job of volunteering!

Information on Sales pp.67-68 in the Guidebook at iahce.org, information on CVH (certified volunteer hours) on pp. 71-76 including the newest forms.

??'s - my information is on page 2 in this newsletter.

THANKS!



Joan Stanley

IT'S A PICNIC "DOWN BY THE RIVERSIDE" - March 14-16, 2017 — See Insert



EXTENSION REPORT



U OF I EXTENSION LIAISON Caitlin Huth

Summer turns to fall. And depending on up-and-down Illinois weather, back to summer one day and winter the next.

Lessons

For those HCE units who are planning for 2017, a reminder that UI Extension lessons – package lessons, educator-taught (Skype) lessons, and one pre-recorded lesson – are available. Register with your local Extension office.

If you are looking for more lessons, check out Oklahoma Home and Community Education, Inc. Their website - <https://ohce.okstate.edu/> - has a long list of available lessons (under Resources).

Consumer and Family Economics team update

“As University of Illinois Extension educators, we do financial education outreach in a variety of ways... For the past three years, we've been working to create, revise and update All My Money: Change for the Better curriculum and we're happy to announce, it's done! To learn more about All My Money, please visit our website at <http://web.extension.illinois.edu/allmymoney/>.”
10/17/2016

Snippets from “Family Files,” the Family Life team blog

By the Way, You've Got Mail!, 09/28/2016, Molly Hofer

“Some may argue that correspondence with others is more alive than ever with the ability to convey thoughts instantly in an email or text. ...but I believe there are distinct benefits to writing letters the old fashioned way:

Letters can be important genealogical contributions for those who are researching their family trees. Letters become a legacy if they are saved and passed on. This is a way for future generations to learn from and about past generations.

Manually composing one's thoughts in longhand and taking the time to sign, seal, stamp and mail a letter versus hitting the send button seems to be a more concrete, purposeful, and emotional investment of time.”

Recipe from the Nutrition and Wellness team

Pumpkin Pie Overnight Oats (serves 1)

½ cup rolled oats
1 teaspoon ground flaxseed (optional)
½ cup nonfat milk
2 Tablespoons pumpkin puree
¼ teaspoon vanilla extract
½ teaspoon pumpkin pie spice
2 teaspoons sugar-free maple syrup
1 Tablespoon chopped pecans (optional)

In 8 oz. container (pint size jar works well) stir together all ingredients, except pecans, until well combined. Cover and store in refrigerator for 8 hours or overnight. Stir, and if desired, top with chopped pecans.

Nutrition Facts (per serving): 270 calories, 9 grams fat, 65 milligrams cholesterol, 39 grams carbohydrate, 7 grams fiber, 11 grams protein

Source: Simply Nutritious, Quick and Delicious blog, Jenna Smith, Extension Educator, 09/30/2016

For More

If you have suggestions or comments on FCS lessons through UI Extension, feel free to contact me: 217-877-6042 or chuth2@illinois.edu.

Enjoy the fall colors!



Caitlin Huth

CORRECTION

Page 14 of Pulses 'Some favorite recipes' cookbook of IAHCE member associations published August 2016

In the '**One Pot' Dinner** recipe the ingredient 2 cans (1 lb. 15 oz. size) should read:

2 cans (1 lb. 15 oz. size) pork and beans



NOMINATING COMMITTEE REPORT

The IAHCE Nominating Committee interviewed potential candidates for the IAHCE Board on October 16th. The following names will be placed on the ballot for election at the 2017 IAHCE Annual Conference Business Meeting on March 15, 2017.

IAHCE Nominating Committee

Norma Korte, Chair

Kathleen Emery Marilyn Schaefer

Donna Richards Pat Weitzmann



Sharon Middleton of Macon County has applied for IAHCE 1st Vice President. Sharon has served on the IAHCE Board as Public Relations Director for 7 years and as the webmaster for the IAHCE website. She has extensive experience using the computer and maintaining documents for the IAHCE Guidebook. She has been a member of HCE for 16 years and served in several offices. She is married to Clarence, the IAHCE Photographer for almost 50 years. They have 3 children, 7 grandchildren and 2 great grandchildren. She likes to make blankets & pillows for the local hospital, Linus Blankets, and also volunteers at the Ronald McDonald House.



Patricia Buchholtz of Grundy County has applied for IAHCE Treasurer. She has been a member of HCE for 8 years. Patricia has served in her county as CVH, Secretary, and President. Patricia has time management, planning, organizational skills; she describes herself as being computer literate and a team player. She is married to her best friend, Dean Buchholtz; they have 4 children and 7 grandchildren. She enjoys counted cross stitch, crocheting and crafts. She is very active in church, Morris Library, Visitation and Aid Society, and volunteers as Funeral Lunch Committee Chair. She has been secretary of the Council of Catholic Women's group, and serves on the program committee for Philanthropic Educational Organization. Patricia worked at Caterpillar for several years until her retirement. She has been the Office Manager/Bookkeeper at Al's Steak House Restaurant for 9 years.



Sandy Henke of Lake County has applied for IAHCE Treasurer. Sandy has been a member of HCE for 8 years and served on the IAHCE Support Fund Committee for two years. She was a member of the 2016 NVON Silent Auction Committee and was the Lake County Treasurer for 5 years. She is detail-oriented, organized, and proficient with computer and internet use. She has a good working knowledge of budgeting and is familiar with using Excel spreadsheets. She is the daughter of a professional soldier and wife to a retired FBI Agent. She has been employed as an Assistant Buyer and Veterinary Assistant. She has one daughter. While in school, she helped bring new programs to her rural community. Sandy has been a Daisy, Brownie, and Girl Scout leader, in addition to a 4-H Leader for 5 years. She is active in HCE with sewing, baking, and fundraising. She also helped preserve Lake County historical items during the disassembly of the Extension Library.



Monica Evans of Grundy County has applied for IAHCE Public Relations. She has been a member for one year and served as the Public Relations Director in her county for one year. Monica has basic computer skills. She has 3 children and is widowed. She has 4 grandchildren. In her spare time, Monica enjoys playing golf, gardening, and traveling. In addition to HCE, she is also active with Garden Club, Friends of Library, and GROWS. She volunteers at the local homeless shelter and plays in a golf league. She has previously served as President of the Morris Garden Club.

NOMINATING COMMITTEE REPORT



Ashley Davis of Fayette County has applied for the **IAHCE CVH/ Sales** position. She moved to Illinois 5 years ago and married her husband Don. She has 1 daughter, 3 stepchildren, and 4 grandchildren. She joined HCE 4 years ago; she says that decision was one of the best moves she has ever made. Ashley is presently serving as her county's Cultural Enrichment Director. She enjoys spending time with her family and volunteering. She has been secretary for the Vandalia Historical Society and Treasurer at New Horizon Church. She describes herself as someone who works well with others of all ages, and is a "go-getter". She also volunteers for the Lighthouse Pregnancy Banquet Committee, Truckers Against Trafficking, Knitted for Love, Golden Circle Nutrition Program, Meals on Wheels, Hospital Auxiliary, Cancer Fund, Partners in Reading, and the Historical Society.



Rita Overacker of Kankakee County has applied for the **IAHCE CVH/Sales** position. She has been a member of HCE for 28 years and served as her county's 2nd Vice President, International, CVH, and Public Relations directors. Rita has been married to Rick for 35 years and has 4 children, 11 grandchildren and 2 great grandchildren. She has been a Vice President in Sunshine Circle, in addition to serving as a Scout Master and 4-H Leader. She loves to read, study other countries, and travel. She enjoys cooking, quilting, and creating crafts of all kinds. She also likes reading to children through the EARL program at schools. Rita has been a childcare giver, beautician, florist, superintendent for the county fair, Lay Pastor, and Sunday school teacher.

In addition to the women described in this report, two more applications were received after the October Board meeting. These additional nominations, along with any other applications which may be submitted prior to the state conference, will require a nomination from the floor by a voting delegate during the IAHCE Conference business session. The prospective candidate who is being nominated from the floor must submit an application to the Nominating Committee at least 72 hours prior to the business meeting at the IAHCE State Conference and be interviewed by the Nominating Committee to be eligible for an IAHCE Board position.

Respectfully submitted,
IAHCE Nominating Committee

Hello Ladies

Hopefully by now you have heard that the County Patriotic Quilt is done. I think it has turned out beautiful and all the worry, hard work, designing, and quilting has well been worth it.

Be sure to contact any IAHCE State officer to find out how you can donate for a chance to win. The quilt will be given away at the State Conference in March 2017 in E. Peoria. All proceeds will go to Hope for Heroes. Feel free to check them out on line.

Thanks to all of the counties who sent me a block to add to the quilt. Without you it wouldn't have been possible.

Good Luck to the ones who donate.

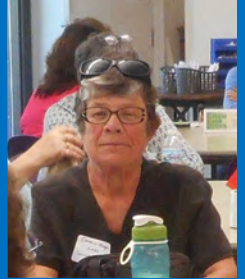
See you in March 2017

Sharon Davis



DISTRICT WORKSHOPS

DISTRICT 1, 2, 3-Oglesby



DISTRICT 4,5-Springfield



DISTRICT 6, 7-Effingham



DISTRICT NEWS

DISTRICT 1 DIRECTOR

Cara Ausmus

Fall and Holiday Greetings! Hard to believe what a long and lovely Fall season we have had. My maple is just now beginning to have color. The green tomatoes get picked that way, I imagine. I was in New Hampshire the last week of September when they had a killing frost. So, we have been blessed.



I hope each of you are continuing to use Guest Who. My unit has gained 2 new members and 2 mailbox thus far from my invitations. We have several continuing to visit. Remember to INVITE INVITE INVITE someone to come with you! Pick them up and make it easy to attend. Special units are also a great idea to focus on a joint interest from reading, crafting, sewing, or baking. The ideas are infinite! Let's share our Best Kept Secret of the fun HCE membership can bring to our friends and neighbors.

Lastly I want to share a few words about my trip to ACWW's Triennial conference at Warwick University in Coventry, England. It was exciting to see the opening ceremony with a parade of the flags from the member countries. We had 2 evenings of entertainment. The first was volunteers from those attending, a wide variety of wonderful talents. The next nite was British talent including 3 of the original calendar girls! They were WI members-equivalent to our HCE members-in England. Numerous business sessions and committee reports as well as a craft session and wonderful conversations at meals and in the dorms were enjoyed. World wide we had 640 women from 46 countries represented and Rutt was there representing Estonia. (I also met her in London with her daughter and boyfriend, attended a service at Westminster Abbey and out for coffee afterwards.) We passed 11 resolutions in our 'plenary' sessions and I will be giving a class at State Conference on how EACH of us CAN change the world where we are for the better and benefit women world wide.

The ACWW projects are incredibly well researched and overseen from applications to completion. This is where Pennies for Friendship go to work. In 3 years it will be in my IFYE Amanda's home country of Australia. So, maybe I'll end up down under, too!

Holiday warmth, health, and happiness to each of you as well as a little JOYFUL excess. Hope MANY of you- especially from District 1- will be able to attend our state conference in Peoria in March. The plans are looking very good and who wouldn't love a picnic in March?

Please be sure to pass fall district director letters to all who need and benefit from the info. See you in March!!

Cara Ausmus

JO DAVIESS.....

Jo Daviess County HCE began 2016 with 4 members attending the Annual IAHCE Conference, "Rollin' on the River", March 15-17, East Peoria, IL, for the State.

Our County 81st Annual Meeting was April 27 at Warren Community Building; Our Theme, "Rollin' on the Fields of Jo Daviess County"; Program was, "Farm Toy Restoration".

Jo Daviess County HCE hosted the Quad County Heritage Arts 19th Annual "Make and Take" Workshop, April 2, 2016, at Holy Cross Parish Center, Stockton.

On May 12, 41 handmade book bags with books were delivered to Galena Pre-school and 31 handmade book bags with books to the Galena Art and Recreation Center.

On "Ladies Day Out", June 25, we visited "Aunt Beez Nursery & Gardens". She was having an 'Open House Garden Party' that day. Also, visited "Knotty Ideas Woodworking" next door and had lunch at the Brewster House in Shullsburg, Wisconsin.

We participated in Dolly Parton's *Imagination Library*; currently—444 kids registered and receiving books in Jo Daviess County.

Carrie Haug, Judy Scott, Marilyn Wurster, and Kathy Campbell attended HCE Fall District Workshop at Oglesby, August 9, 2016.

We helped at the 4-H Fair as Project Superintendents and cashiers at the 4-H Food Stand. We also give donations for the 4-H Awards.

River Ridge PTO Fair was October 8-9. We served Beef and Barbeque sandwiches and homemade pies and cakes by the slice. This is our "fundraiser".

We had HCE information Booths at July 4th Stockton Park Event and September 24 at Warren Pumpkin Festival.

Some of our "Lessons for Living" this year were:
**Staycation & Vacation Planning; *Someday is Today; *Live Your Bucket List; Both Package Lessons. *Putting Your Garden to Bed; *New Ways to Cut Electricity; *Eating Well as you Age; *Simplify Your Life by Clearing the Clutter; *Homemade Cleaners; *Does Birth Order Really Matter. Hold That Thought : Brain Health* is our November lesson.

Our Annual HCE Friendship Day was October 25 at St. Paul Evangelical Lutheran Church in Elizabeth, IL. "Cultural Enrichment" items were selected for the March 2017 IAHCE Annual Conference "Best of Show".

Marcella Arnold
Public Relations, Jo Daviess County

DISTRICT NEWS

LEE.....

The Lee County Homemakers Education Association had a bake sale booth at the 4-H Fair July 28-31, 2016. The weather was rainy which hampered the attendance but we were able to net about \$850.00. We really appreciated the consideration and assistance from the Fairgrounds staff who lit the oven, carried ice, and checked often to see if we needed anything or that the refrigeration units were working properly.

We are looking forward to our Christmas Cookie Walk, held in Dixon during their Christmas Walk, as a fund raiser to help us be able to: fund 4-H trophies, participate in the 4-H Holiday Workshop and provide camp scholarships as well as make and donate pillow cases to the Pediatric Unit of our Lee County KSB Hospital in Dixon and book bags for the children who attend our booth at the Sauk Valley Child Fair in the spring.

On September 15, we enjoyed a tour on the Oregon Belle from Maxon's Manor in Oregon, IL. The lunch was delicious and the paddle boat ride was smooth and relaxing.

*Top row in back: Guest Cristine Nobel and Carolyn Lahman.
Middle row: Frances Eccher,
Donna Challand and Sandy Schamberger.
Front row: Shirley Rees, Maxine Simpson, Ellen Baker, Donna Wellman, and Linda Tarpley.*



On September 21, three members toured the Robert R. McCormick Museum of Cantigny Park in Wheaton, IL.



Left: *Natalie Witek and Shirley Rees at Cantigny Park.*

Below: *Anne Hoflen in the gardens at Cantigny Park.*



Shirley Rees, shown at the Mighty Vine Green House West of Rochelle on March 12, is wearing the Garb required to prevent introducing bacteria into the facility. Ellen Baker is in the background.



Frances Eccher
Public Relations Director, Lee County



Teen Turf, 235 W. Main Street, Amboy, Illinois is an organization that provides full day care, after school programs, such as helping students with their homework, counseling, etc. This organization, headed by Ms. Eileen Piper, President, is also involved in the annual breakfast at the Lee County Fair and 4-H fair. The students that Eileen brings to the fair facilities also assist HEA with the cleaning of the kitchen prior to the fair's opening

Shirley Rees
Frances Eccher

MERCER.....

This summer the board planned a garden tour for the public ending up at Bishop Hill for lunch and stopping at Sunnyfield Nursery and Greenhouse to admire and possibly buy perennials and annuals.

We are in the planning stage for our 100th annual meeting coming up this spring.

This summer the board planned a garden tour for the public ending up at Bishop Hill for lunch and stopping at Sunnyfield Nursery and Greenhouse to admire and possibly buy perennials and annuals.

On September 10, 2016, Mercer County's Home and Community Education sponsored a dinner to honor Dave and Marcia Duncan who were the recipients of the Great American Family Award given by the Illinois Association Home and Community Education earlier this year at the association's Annual Conference in March. This award is given to families who demonstrate a willingness to help others and who volunteer for organizations that work to improve the future for young individuals. Many of these organizations have programs that stimulate the intellectual growth of young people or honor these individuals for their accomplishments or achievements in school or various interests outside of the school environment.

Continued on next page

DISTRICT NEWS

Mercer County, continued

The Duncan's were often instrumental in working with teenagers and giving them an incentive to achieve or helping them to move forward with their choices whether it be in school or possibly in 4-H. The organizations each chose one individual who graciously accepted the opportunity to honor the Duncan's.

Among these individuals were Douglas McCaw with the Mercer County Historical Society, John Huffstutler with the Farm Bureau, Victor Johnson from the Aledo Rotary Club, Paul Sherriff represented their church family of the Center Presbyterian Church in Seaton, and Cara Ausmus, IAHCE District 1 Director and president of MCHCE who nominated the Duncan's for this award over a year ago.

On behalf of the Duncan's, I wish to convey a heartfelt Thank You to ALL who were able to attend and express their appreciation for the devotion that the Duncan's have for Volunteerism. The intent of this appreciation dinner was to give Organizations in Mercer County the opportunity to Thank the Duncan's personally and express an understanding of their commitment to helping those in need.

Donna Pinger
Mercer County



In September, the board hosted a pork loin dinner and program honoring the State's HCE American Family, David and Marcia Duncan of Mercer County. The public was invited. The program included speakers from many of the organizations that the Duncan's had volunteered with through the years. "It was most enjoyable and appreciated," remarked the Duncan's.

On a personal note I would like to thank again IAHCE for their honor for our family. The attractive plaque hangs on our kitchen wall. I also enjoyed all of the fun and useful items given to us from the many county HCE associations. Thank you.

Marcia Duncan
Public Relations, Mercer County

ROCK ISLAND.....

Following the Annual Meeting on June 18th, the Rock Island County HCE let little grass grow under their feet and met as a new Board on July 6th. Plans were reviewed for upcoming events, new ideas were discussed and Lessons for Living for the new year were outlined.

August 9th, several board members were able to attend the District meeting in Oglesby. They came away from a

busy day feeling they had gained useful information. The Board met again August 23rd to finalize upcoming events and plan Officer Training Day. On August 31st, most units had officers represented where they gained information and enthusiasm for the coming year.

The October lesson a package lesson, was distributed. The local units had all they needed to get goin'.

On August 3rd, the bus trip to White Pines Dinner Theatre found a loaded bus. As last year, members and friends were served a delicious buffet lunch, followed by a humorous play.

Bright and early Saturday morning October 15th found Board members busy setting up for Cultural Arts Day. Members displayed several quilts and a wide variety of handmade items. Following voting on their choices for competition at state, members and friends enjoyed a program by Connie Patridge, a tin collector. She brought for display her favorite tins and showed a video of her collection of 6,000 items. Many had fun recognizing time from their youth. Attendees were treated to a delicious salad luncheon, seated at tables decorated with the river theme.

Display of tins at Cultural Arts Day.



Glass-blowing at Cultural Arts Day.

A new adventure for the R.I. HCE unit was the hot-glass class offered on Saturday, October 22nd. The group tried their hand at making a glass pumpkin or a Christmas ornament. There was a full class of 20, with a waiting list. Those who attempted the skill were challenged but enjoyed the experience.

Back by popular demand, on November 5th, HCE held another barn board mini quilt painting class. Those who participated went away with a colorful quilt design to place on sheds, garages, and in the home.

Trying something different for one of our main fund raisers, the Rock Island County HCE Unit is sponsoring Playcrafters Barn Theatre play on an afternoon this

DISTRICT NEWS

year. The play started at 3:00 PM with hors d'oeuvres served one hour before. The different time allowed many older folks to attend who no longer wished to drive at night. Lesson for Living was given in October and November and another is scheduled for December. This supplies the educational materials for local units through January.

With all things taken care of, everyone's thought are turning to enjoying the coming holidays. Rock Island County HCE wishes all of you a safe, happy Holiday Season

LaRue Fraser

STEPHENSON.....

The 4th of July weekend was a busy one for Stephenson County HCE! The Stephenson County fireworks were to be held at the fairgrounds on Sunday, July 3, so our members (along with rolling pins and pie making supplies) met at St. John's United Church of Christ in Freeport on Saturday morning. We made 37 pies (apple, cherry, peach) to sell by the slice before the fireworks display. We also sold ice cream to go with the pie. We ran out of the peach pie and the ice cream!

On July 12, we held our International meeting on Ecuador at the Farm Bureau in Freeport. Our HCE International Director, Marjorie Lott, introduced our speaker, Jenna Engelking, who grew up in Stephenson County and graduated from Dakota High School in Dakota. She went on to become a teacher. She had been living and teaching in Ecuador for the last 18 months--just returning to the U. S. in June. Jenna's program included a slide show and interesting facts on Ecuador, as well as some of her own experiences. She also displayed some souvenirs from Ecuador. After the program, we were able to sample some Ecuadorian foods prepared by HCE members.



Ten Stephenson County HCE members attended the District Meeting in Oglesby. It was an informative and fun day!

In September and October, HCE members once again met at the Farm Bureau to create more fidget quilts. This has been an ongoing project. The quilts have been well received and they have been distributed to Dementia patients in nursing homes throughout Stephenson County.

Our annual meeting was held on Monday, October 10, at the Farm Bureau in Freeport. We welcomed both IAHCE 2nd Vice President, Angela Hicks, and our District 1 Director, Cara Ausmus. The 2017 SCAHCE board members were elected and installed during the meeting. This year we had two Homemaker of the Year awards--Nancy Albrecht, Le-A-Nites Unit, and Janice Fryer, Mock Orange Unit. The certificates and/or seals for the volunteer hours and the membership awards were also presented.

Jordon Oellerich was awarded the 2016 SCAHCE Scholarship (\$300). Jordon is a graduate of Lena-Winslow High School in Lena. This fall she started college at Iowa State University in Ames, Iowa. She is pursuing a degree in Agricultural Communications.



Our annual meeting lunch was catered by Kentucky Fried Chicken and the dessert bars were made by HCE members. Following the lunch, Richard Duncan provided the entertainment. He played his soprano saxophone ("baby saxophone"). In keeping with the 2016 IAHCE theme of "Rollin' on the River", he played numerous songs referring to rivers: Proud Mary, Moon River, Red River Valley, River of Love, etc.

On Friday, October 14, the Senior Resource Center held a Senior Expo at the Eagles Club in Freeport. There were 50 plus exhibitors at this well-attended event. SCAHCE was represented and we passed out lesson sheets, recipes and information on our organization. There were fidget quilts on display--some were even given away to individuals who had someone in need of a quilt.

On Thursday, October 20, Cultural Enrichment Director, Lynn Lott, arranged a day trip for HCE members and guests. We met in Freeport and car pooled to Oregon, Illinois. In the morning, we went to the Nash House (Ogle County Historical Society Museum) where our tour guide told us about the early settlers and we could view the many items on display. We also toured the historical Ruby Nash home (an Oregon school teacher). Several of our members also went on a guided walking tour to view several of the many statues of historical significance that had been erected in Oregon over the last ten years or so.

Continued on next page

DISTRICT NEWS

Stephenson County, continued

We boarded the "Pride of Oregon" paddle wheeler for our sit down dinner and cruise on the Rock River. The dinner is served inside, but the large windows are excellent for viewing the scenery. The trees did have some fall color, but it was a "might cool" on the outside deck that day--and plenty breezy! It was a very nice cruise anyway!

After the boat trip, our final stop of the day was at the Soap Shoppe. We listened to an interesting talk on soap making. This shop makes all "flavors" of homemade soap. They ship their soap to customers world wide!

WISHING YOU ALL A MERRY CHRISTMAS AND A HAPPY NEW YEAR!

Janice Fryer
Public Relations, Stephenson County

Our visit from our Estonian visitors, Rutt and Ene broadened our worldview and extended our friend list. It was an important opportunity for our rural communities to become part of the world community.



← Nancy Housh made the paddle wheel decorations for her tables that wowed everyone!



→ Our annual meeting was "over the top" with a visit from "Mark Twain" as we were Rollin' on the River.

← Cookies, poster centerpieces...Nancy had us really rollin'!



WARREN.....

Warren County has had a busy busy year. Our members have been active in helping our Warren County 4-H members with training sessions, as project show secretaries, and assistance in float building for the Prime Beef Festival Parade.



Warren County was honored to have State President Jane Chapman as the installation officer for the Warren County HCE Board Members.



Jane Chapman used signal flags to dramatize the offices and duties of the incoming officers.

Diane Fedorow, incoming President, is working feverishly on the annual craft show in November. This is our County HCE moneymaker and we have crafters from all over setting up their wares at our two sites. All the Warren County Units are involved helping out and preparing goodies for the bake sale.

Much praise is due our Warren County HCE Board for its energy and intense labor on behalf of the county under the leadership of Peg Chambers. Two open-to-the-public sessions were held.....one on service animals and one a visit to Rainbow riders (horse riding for handicapped children). Rainbow Riders was a recipient of State Pennies for Friendship Funds through the submission of their name by the Warren County HCE Board. The Warren County Board awarded matching to Rainbow Riders.

Our membership is small but the generosity of our members is very large. We have collected hundreds of clothing and personal care items for the veterans and nursing homes. Our collection for Pennies for Friendship last year was the largest per capita in the entire state and our goal for 2016 is to up that amount. Our membership goal is to add 1 new member to each unit for the coming year.

Barbara Pearson
Public Relations, Warren County

DISTRICT NEWS

MEET AMANDA from Australia



Amanda Bayles and Cara Ausmus

Amanda Bayles of Tazmania Australia is a 2016 IFYE to Illinois and South Dakota. She will be hosted by three families in each state with a total program of 6 months.

IFYE was started post World War 2 to allow young people from different parts of the world to live with families in another part of the world. The goal was to create an understanding that family was vitally important everywhere and that we had much the same dreams and desires for our families as they did.

Through a long term program (6 months) they would see 2 regions of their host country and the crops and seasons.

When this was new it was also a goal that understanding family in different parts of the world might also prevent another world war from happening. Upon return to their country they will give a number of presentations of their experiences, so their community learns about the host country as well.

The USA sent out about 30 young people this year. I was an IFYE to India in 1981 and my mother went to Switzerland in 1951. Amanda is a manager on a dairy with 2200 cows and is responsible for 1 shed (barn) of 1000 cows. The cows are only inside to be milked and graze rotationally. The entire herd calves together in late July and are dried off together 10 months later to repeat the process. Australian dairy farmers will have a "holiday" the same as their city friends.

Tazmania is an island 150 miles south of Australia and nearest in size to West Virginia. Amanda's father operates a 4000 acre station (farm) with 7000 head of sheep and a variety of crops. Her brother works with his father.

IFYE has several different programs of varied lengths for high school and college aged youth to see the world. Hosting an IFYE is a wonderful chance to see and hear about their country without leaving home.

Your extension office can answer questions about inbound hosting and outbound traveling or put you in contact with state contacts for additional information.

—Cara Ausmus

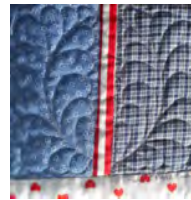
KNOX



CARROLL



ROCK ISLAND



JO DAVIESS



DISTRICT 2/3 DIRECTOR Kathy Peterson



I want to wish you all a Merry Christmas and a Happy New Year. We talk about resolutions but I have a quote I found and hope to live this one for 2017 and on. It reminded me of life and IAHCE:

"Do as much good as you can,
As long as you can, any way you can,
Wherever you can, for anyone you can,
Until you no longer can."

— Dr. Carolle

See you at State Conference!

Kathy Peterson

DU PAGE.....

In the last few months DuPage County has been busy with several things. First of all, Our International Chairman Marge Steinhoff gathered the \$100.00 we collected and with the help of Mary Lambert (President) and Anita Masters (Treasurer) sent the check and a letter to the Ecuador Relief Fund.

Second, we had a district meeting and potluck at the DuPage County Fairgrounds. (We definitely have some excellent chefs!) In the afternoon we played

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DISTRICT NEWS

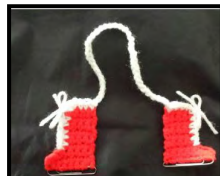
DuPage County, continued

Illinois BINGO and learned some things about our state. Also, we each brought a 'white elephant' that was placed in silent bidding. The "auction" contained some very interesting items, such as a small basket with a deer head as an ornament, a grocery bag with Yoda on the front, etc.

Our biggest project was created from a casual request from a member of Operation Support Our Troops and their own project of sending Christmas stockings to our Troops in Iraq and Afghanistan.

They wanted ice skate Christmas ornaments — one pair for each stocking. Although they needed 4,000, they just requested 1,000! Nancy Burke of the Ethel Marshall Unit took charge. Included with the Ethel Marshall Unit were other HCE members, Lisle Women's Club, members of a prayer shawl group from a Naperville church, patrons of The Nook in Lisle, and friends and neighbors and relatives of all of the above.

As a result of Nancy's work in getting materials ready, showing everyone how to make both the felt and crocheted ice skates, organizing a day and place for us to work together for a few hours and her general encouragement, Nancy got to turn in 1,550 to Operation Support Our Troops. Just in making the ice skates, the felt ones took 45-60 minutes and the crocheted ones 25 to 30 minutes.



Felt Ice Skates and Crocheted Ice Skates



Nancy Burke (third from the left) was our organizer.

Paula Polechla
Public Relations, DuPage County

GRUNDY.....

Grundy County HCE entered a float in the 2015 Grundy County Corn Festival parade and came in third place for Civic Homemade floats. The theme of the parade was "Puttin' on the Ritz". With over 100 floats that entered, we should be proud. Thank you to all the members who put their time and talent into this project!

Three members of Grundy County went to the NVON Conference in July held at Marriott Bloomington-Normal, IL. We learned a lot regarding NVON and had a good time making new friends from other states. We had fun learning to make beaded spiders, homemade cleaning products, photo storing, and more. A fantastic vendor sales area and silent auction. Can't wait until next year and hoping to go to North Carolina.



HCE Book Club Members

The GCAHCE Book Club will be reading the following books: *Wish you Well* by David Baldacci; *The Summer Before the War* by Helen Simonson; and *The Light Between Oceans* by M.L. Stedman. Some of the books we finished reading and liked were: *A Conspiracy of Friends*, *What Alice Forgot*, *The Kitchen Help*, *Gray Mountain*, *Tiger Eyes* and *The Roundhouse*. There were only a few books that we did not like from all the books the club has read. We get together on the third Friday of every month to discuss the book for the month. Sometimes we have a spirited talk if we really liked the book and other times dead silence because no one liked the book.



4-H Fair

DISTRICT NEWS

The Grundy County 4-H Fair was held the end of July and Grundy County HCE baked pies, brownies, and cookies for dessert and served dinners.

Grundy County HCE had a wine-tasting event held in Morris at one of the businesses in July. We sampled white and red wines and had different cheeses and crackers to cleanse the palate. All had a delicious time sampling the wines and chocolate. One of our members, Yvonne Canik, prepares backpacks for foster children. When a child or children are waiting to be put into a foster home the police or fire departments call her and she gets the backpacks ready to be picked up to be given to the children waiting to be placed.

This is a difficult time for the children and she thought this would be a nice way to relieve some of the anxiety they would have. Some of the items that are collected are: t-shirts and socks in assorted sizes, deodorant, coloring books, crayons, toothbrushes, toothpaste, combs, small toys, books and the back-packs. Yvonne has been doing this for years and the police around the area all know to call her. She said that sometimes the police keep a few backpacks in the trunk of their patrol cars, not only for the foster children but sometimes for families that have been involved in domestic disputes or been burned out of their homes. These backpacks provide something for the children to help them forget about the problems for a little while.

HCE Day, October 6, 2016, we were at the Grundy County Historical Society Museum providing refreshments and greeting people for the afternoon.

Monica Evans
Public Relations, Grundy County

KANE.....

July and August were months of planning for the Kane County HCE Board. Some Units took a brief hiatus from regular meetings and others planned summer events in lieu of regular meetings.

The Board welcomed a new member, Chris Patsch at a special luncheon following the August meeting.

University of Illinois grant money was contributed; Annual meeting reports were positive; Adult Day Care contributions will continue; and August Open House plans were completed at July and August Board meetings.

Four members traveled to Oglesby to attend the District workshop and brought back positive reports and ideas to add to our county programs.

HCE Week plans were the topic of discussion as we led into the fall season. Members, led by Joan Ziethen, attended the Kane County Government Board October 11th meeting to receive a proclamation of HCE involvement and accomplishments from Board president, Chris Lauzen.



*Proclamation HCE Week at Elgin City Council.
Mayor Kaptain, Joan Alethen, Nancy Haire*

October 12 was a big day for Kane County HCE membership. The Fine Arts and Crafts competition exhibits were in place by noon and members perused the beautiful works of members, then choosing the top five that will compete at the State Conference. Winners were

- Ann Keck, quilt completed by member
- Chris Patsch, ceramic
- Pat Kowalkowski, wall hanging
- Gina Kelm, photography
- Nancy Haire, embroidery

Program for the day followed the Eat Local, Eat Healthy theme with “Fun With Food”.

Demonstrations on edible arrangements, “make your next event truly artistic and delicious” were given. Pat Kowalkowski prepared arrangements with fruits and Nancy Haire with vegetables. Audience participation enhanced the lesson and practice.



*Open House during HCE Week.
Pat Kowalkowski shows her edible arrangements*

DISTRICT NEWS

Kane County, continued

The Hampshire/Henpeck Unit brought their community exhibit in for the day and was on display in their area for the week. Kennedy Unit displayed their "Snug Hugs" knitted and crocheted garments that are donated to the needy in the Aurora area. Our county recycling project continues as items are brought to all county events and meetings. Board members then distribute items to appropriate agencies.

The Hines VA Hospital is particularly appreciative of donations. That evening Joan Ziethen appeared at the Elgin City Council, receiving another proclamation and extolling the virtues of HCE to all present and the TV coverage to the community. Kudos to Joan for her presentations and enthusiasm for our organization.

A new endeavor for County International Day is planned. A bus trip to an authentic Ecuadorian restaurant, La Humita on N. Pulaski Road in Chicago will take place November 9. All members in the county and neighboring counties have been invited to attend. Units will gain valuable information to supplement the International lesson materials.

Seven Kane County members enjoyed a beautiful afternoon with the Kendall County Tea on October 16th. It is always a pleasure to see the planning and presentations of another county. The cooperation and inclusion of the 4-H program with the HCE organization was particularly admired.

Final copy for our 2017 yearbook was completed and approved in October and forwarded to our Newsletter Editor, Ann Keck. Distribution is planned for November. Claudia Lake, 1st Vice President, presented the state selected lessons and final choices for our county were placed in our schedule with approval and reservation made with the Extension Office staff.

We will look forward to welcoming and working hard in the 2017 year.

Nancy Haire
Public Relations, Kane County



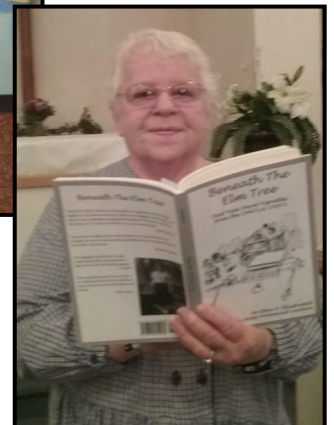
KENDALL.....

Kendall County HCE held their 18th Annual Victorian Tea. The program was "4-H Fashion Review: Through the Years." 4-H clothing projects back to 1955 were modeled by 4-Hers. This photo shows Naomi Redman, HCE member of Kane County (she had been a member of Kendall County in the 1970s and early 80s) with some of her 4-H clothing projects from the early 1960s while in DuPage County 4-H. Some of her projects were modeled by the 4-Hers. There were over 150 in attendance at the Tea which some said was one of the best programs ever.



Left: Naomi Redman
at the tea.

Below: Betty Lankers



Kendall County HCE had a program on October 2 at the Chapel on the Green in Yorkville.

Betty Lankers, who is a retired teacher and also a long-time HCE member, gave a program on her book, *Vignettes of 1940s and 1950s Farm Life in Iowa*.

Mom's cook stove, washdays, county one-room school houses, and living with no electricity are a few of the stories that Betty Lankers of Bristol shared. What started as stories for her family, became a book that many have enjoyed.

The free program was sponsored by Kendall County HCE, but donations to the upkeep of the historic 1855 Chapel on the Green were encouraged. Almost \$100 was donated. Later in October, Betty gave a free workshop on writing your family memories.

Joan McEachern
President, Kendall County

DISTRICT NEWS

LAKE.....

Greetings Everyone from Lake County!



By the time you receive this newsletter in the mail Halloween and Thanksgiving would have been here and gone. Christmas is only days away. My how time flies by! Once again it's time for me to report to you what has been happening here in Lake County. So I will get started.

In the September Close-Ups Newsletter, Sandy Henke, Treasurer for Lake County, submitted an article on the "Summer Learn & Grow Celebration" that she had attended. Here is what she wrote.

Summer Learn & Grow Celebration

I had the pleasure of representing Lake County HCE at the University of Illinois Extension SNAP-Education funded "Summer Learn and Grow" Celebration at the Calvary Presbyterian Church, 510 North Cedar Lake Road, Round Lake, Illinois on July 14, 2016. This program was made possible by grant monies by the SNAP-Ed program, the Meemic Foundation and the Calvary Presbyterian church. Also in attendance were: Andrew Briick of the Meemic Foundation, Illinois State Senator Melinda Bush, and representatives of U. S. Congressman Bob Dold's office (Justo Mullano, Frank Osila, and Dulce Zavana). I was invited to represent HCE because of the beautiful aprons made and donated by our HCE ladies.

This summer's educational program introduced the eighth graders involved to sustainability and the importance of eating locally grown food from their own garden. The students grew their own food and learned the importance of teamwork by working together in their own garden. They were also responsible for preparing their own media presentation(s) to document their progress, which involved public speaking and the creation of photo and video shoots, including a song on the "Blueberry." They then prepared, cooked and served us a sample of what they had been growing.

A student named Veronica gave me a tour of the garden that I enjoyed very much. While waiting in line with the other guests to eat a sample of the food from the garden, I was talking to one of the student's father who said, "My daughter now cooks at home and brings new vegetables into our diet. Some I like. Some I don't. But she is cooking healthy and that is helping further the health of our family."

Sandy Henke, Treasurer



On August 25, 2016, LCAHCE held their Annual Fall Advisory Meeting at the University of Illinois Extension Office. Twenty-seven members including the Board members were in attendance for this meeting. The

meeting started off with the Board members entering the Auditorium singing "Rollin on the River". Everyone seemed to have enjoyed the entertainment.

Angela Hicks, President, welcomed everyone to Fall Advisory and the meeting was called to order. She introduced the Board Members and each one gave a brief presentation in each of the offices they are responsible for.

During the meeting, Dianne Glozier, Newsletter Editor/Public Relations, also Nomination Committee Chair, reported that there are 4 positions opening up on the Board. 1st Vice President, Treasurer, Family & Community Issues, and Newsletter Editor/Public Relations. Everyone from the Board stated to the members how it was an honor to be on the Board and could be very rewarding to them. Dianne asked the members for 2 volunteers to join the Nomination Committee. Camille Evely and Sharon Parola, both from the American Unit, volunteered to join.

Margaret Hilliard, International Director and Ways & Means Committee Chair, announced that we will not be doing the "Butter Braid" Fundraiser this year. Instead it will be a "Schwan's" Fundraiser. There was a representative from Schwan's explaining about the product and how the fundraiser will work.

After that, members picked up information for each of their units and the meeting was adjourned.



Lake County Association for Home Community Education (LCAHCE) kicked off the Fall season with "Cooking with Margaret: Cheap Eats", Tuesday, August 30th, at the University of Illinois Extension Office in Grayslake. Margaret Hilliard prepared several wonderful recipes that everyone had the chance to taste. Rose Ann Rendl, Carmella Marshall, Sandy Henke, and Betty Wertke made desserts for everyone to enjoy.

As usual the food was delicious and everyone enjoyed it. There were 41 people in attendance for this program.



DISTRICT NEWS

Lake County, continued

Margaret also announced that this will be her last cooking demonstration after 15 years. Thank you Margaret for all the wonderful food you have prepared for LCAHCE! You will truly be missed!

Margaret Hilliard

Dale Kehr, Chief Hospital Corpsman Dale Kehr USN (Retired) and Mailbox Member for LCAHCE, gave an excellent presentation on "Flag Etiquette". Dale presented to the Homemakers the History, the proper display, the proper handling, the way a worn flag should be disposed of, and how the American Flag is folded. This presentation was held at the University of Illinois Extension Office in Grayslake on September 13th. There were 13 LCAHCE members in attendance. Light refreshments was served and everyone showed a lot of interest in this presentation.



On September 29th, 10 women from Lake County Association for Home Community Education (LCAHCE) got together at the University of Illinois Extension Office in Grayslake, to sew together "Ouch Pouches" for Breast Cancer patients. This is an under-arm hanging pillow, intended to add a little comfort to people's lives during a stressful, painful time. The women completed 36 pouches. Listed here are the names of the women who participated in this wonderful project. Great job Ladies!!! Marie Worth, Ben Port Unit; Sandy Henke, Volo Unit; Donna Schoenberger, Town & Country Unit; Carmella Marshall, American Unit; Bev Poczalski, Town & Country Unit; Ruth Young, Town & Country; Rose Ann Rendl, American Unit; Margaret Hilliard, American Unit; Lauri Hargrove, Hickory Knoll Unit; Sue Jehlicka, Town & Country Unit.



"The Ouch-Pouch"

Lake County Association for Home Community Education (LCAHCE) held their Annual Cultural

Enrichment Day, October 13, 2016 at the University of Illinois Extension Office in Grayslake. HCE Members brought in their projects on that day to be judged. Noel Henke, Mailbox Member and Lauri Hargrove, Cultural Enrichment Director and Hickory Knoll Member; both tied for the "Best of Show". CONGRATULATIONS!!! to the both of you! And CONGRATULATIONS! to the rest of the HCE Members who participated in this wonderful event!



Left, Noel Henke, Mailbox Member

Right, Lauri Hargrove, Cultural Enrichment Director and Hickory Knoll member, tied for "Best of Show".

Steve Olson, newest member for LCAHCE/MSHCE, (Men Supporting HCE), gave a Baking Demonstration for the HCE Members on Cultural Enrichment Day.



Steve Olson newest member, MSHCE (Men Supporting HCE)

Steve received his Associates Degree in Culinary Hospitality at College of Lake County (CLC), and a certificate in the Baking & Pastry Program. His discussion was on how cooking and baking has changed over the last few generations. Thank you to Steve for a wonderful presentation!

The ladies had a beautiful lunch served consisting of Salads, Jell-O and Dessert. It was a great day and everyone enjoyed themselves!

That is all I have for now. There are other programs and events going on in the months of November and December that I will report to you in the month of May. November 9th, Simplify Your Life by Clearing the Clutter; November 17th, International Day; and December 10th, our Annual Holiday Cookie Sale.

The holidays are approaching very quickly and I would like to wish everyone a "Merry Christmas and a Happy

DISTRICT NEWS

New Year!" Please, stay safe during the Holiday and Winter Season! Until then in May!

Dianne Glozier
Public Relations, Lake County

NOTE: *Men in HCE? Lake County HCE started a new group! It is called MSHCE — Men Supporting HCE!!! It is their husbands or men in their life!!! They send in their dues, are welcome to get organized or not, attend events or not — mostly they help behind the scenes like they have always done! Ladies encourage the guys in your life to join HCE. Lake County plans to have programming geared toward the men as well. For example, we recently had a program on "History of Boating on the Chain of Lakes." Consider the idea for your county!*



LA SALLE.....

News from LaSalle County.....missed you for the last newsletter. Sorry! Had a tornado go thru LaSalle Co. & Marseilles/Seneca, where I live, was right in it's path. I was lucky with only some uprooted trees, fruit tree damage, a little roof damage, a TV tower broke off & nested in a tree top & my picnic table is still floating around in my pond. Several of my neighbors lost buildings & had a lot more damage. God was watching over me! This storm happened the night before our Annual Meeting. So, therefore, I had to miss it. Enough on that!!!

In May we had a spring outing to Starved Rock Lodge in Utica for a buffet/matinee performance of the Fabulous Vegas Guys. (May 24th) It was a beautiful day at the park & a good time was had by all.

June 23rd we held our 98th Annual Mtg. at Pitstick Pavillion. Bill Myers, the Starved Rock Story Teller, entertained us with imaginative tales. We presented 3 scholarships. Winners were Martha Hoffman, Emily Wise & Oakley Whalen. The Unit of the Year was awarded to the Handy Homemakers. Homemaker of the Year was presented to Shelly Diss of the Handy Homemakers Unit. Donations of needed items were collected for the Dani-Brandon Center for children. The center is also known as LaSalle Co. Children's Advocacy Center. They help children that have been sexually/physically abused. We have supported this organization for several years.

July 6th thru 10th was our 4-H Fair. Again, we had lots of much needed help from the 4-H kids & their parents. This is our biggest fund raiser & thanks to their help, profits increased this year.

Also in July, the NVON Conference in Bloomington was attended by two of our board members---Carol Elmore & Becky Kendall. They reported that they had a great time & they brought back some fun & creative ideas to share with us. The board members have already held a few workshop days making alcohol ink necklaces & mini albums.

August we hosted the District 2/3 Meeting at IVCC. It was announced that our new theme for 2017 is "Down By the Riverside". Will be a fun theme to work/play with. The lessons for our new year were announced. September Lesson was "HCE Focus Info"; October Lesson--"Homemade Cleaning Products"; November Lesson--"Freezer Meals" by Susan Glassman; and December Lesson is our International Country of Study – Ecuador.

We are holding a luncheon meeting on November 7th at the Farm Bureau Building. On Sept. 28th a sewing workshop was hosted by the Seneca Morning Unit. As we did last year, we are making Ouch Pouches for cancer patients. These pouches give comfort & protection during their cancer treatments & healing. We presently have 40 pouches made. We will deliver them to the Susan B. Komen Center in Peoria. October 22nd we are promoting HCE at a craft/baked goods sale. This vendor event is at Heritage Woods in Ottawa.

We are handing out info brochures & striving to bring new members into our organization. We will raffle a gift basket with a free membership certificate off to one lucky winner.

November 4th the University of IL Extension is presenting a program on "Aging—Everybody's Doing It!" At IVCC. This part of "Keys to Embracing Aging" 101 which we will receive monthly as our Informative Reading. Our board members will be attending.

Maila Hagglund from Finland And former IAHCCE International Homemaker exchangee, visited Numpha White this fall. Numpha has held several offices on the LaSalle HCE Board.



In closing—I hope you all have a Thankful Thanksgiving & a Merry Christmas.

Enjoy family time!! Till next year—Penny Carter from LaSalle County

DISTRICT NEWS

LIVINGSTON.....

The Livingston County HCE Board once again decided to do local projects. These have been the most popular with each of the units. They will continue to make fleece blankets for the boys at Salem Ranch but also have a project this fall to help the Livingston County Humane Society by saving old sheets and blankets and also donating bleach, soap and other needed supplies.

The year started with a lesson on grades given by new president Linda Vercler. President Vercler wanted to introduce herself to each group and felt this was a good way to do it.

A "Sewing Basics" workshop was given by Lucy Wiechmann on October 29th. It taught how to sew buttons, hems, and other easy sewing tips for 4-H members and adults. Several U of I classes such as "I on Diabetes" were attended by board members who said they were excellent classes.

“Sewing Basics” Workshop
-Lucille (Lucy) Weishmann
Cultural Enrichment Chairman



Grace Kasiner and her mother, Rebecca



Above: Alice Meier shows off the button she sewed on.



Left: Grace and Alice practice making Yo-Yo's.

Connie Kosteke
Public Relations, Livingston County

MC HENRY.....

Hi, Everyone! We had six members attend the District 2-3 meeting in Oglesby. They thought the meeting was uplifting and informative.

HCE Day was September 14 at the U of I Extension Office. Members brought in different crafts that they had done over the last year. It was enjoyable seeing each others talents!

After a bag luncheon, we had a Sew Shop where we made Christmas Stockings for Operation Santa. We made over 300 stockings filled with goodies which will go to the military personnel overseas.



Above is a picture of the members participating in this fun afternoon. Pictured seated at the sewing machines are: Helen Jost and Judy Corsen. In the back row are Anne Cassista, Marion Lang, Carol Giammettei, Barb Freeman, Christel Mueller, Leona Rinn, Carol Kruse and Geri Pondel.

International Day was October 19th at the U of I Extension office. Each Unit made 2 to 3 different dishes from the Ecuador recipe samples. We all enjoyed the food which was different but very tasty. After the meal, we had a travelogue about Ecuador and the Galapagos Islands.

Our programs this year started in September with “Tech Madness” which discussed cell phone-smart phones - IPads, desktops and laptop computers - discovering which one was the best for the different individual needs.

In October the program, “Go 4 Life—Endurance, Strength, Balance & Flexibility”. Go 4 Life everyday fitness activities is from the National Aging Institute. Members were introduced to exercises that they can do at home.

Hope you all enjoy the beautiful fall colors and weather!

Florence Spesard
Public Relations, McHenry County

DISTRICT NEWS

WILL.....

Will County's International, Cultural Enrichment and Membership Day in October was one of the highlights of our year. A delicious catered luncheon, a variety of activities, musical entertainment, a fantastic guest speaker, all combined to make the event well worth attending.

Featured musical entertainment was provided by "Old School Gary." The audience got to sing along and reminisce to the songs we grew up with and listened to in the car or our "record" player.

Nancy Kuhajda, master gardener, a delightful and creative speaker, explained how to wrap up for fall and what new plants will be available in the spring.

Four new members were welcomed and a special collection was held for Pennies for Friendship. A handmade quilt donated by Judy Wunderlich, board president, was raffled off with the proceeds going to the organization.

Cultural Enrichment Exhibits that will be going to State were viewed and voted upon. Winning exhibits were those of Judy Wunderlich, assorted peyote and Swarovski crystals handmade bracelets; Gail Shaw, Christmas floral creation; Roseanne Wilson, Christmas table runner; and Eleanore Mestakoich, hand knitted slippers.



Judy Wunderlich, Will County Board President (left) presented Jeanette Johnson, retired board president, with the 2015 Leadership Award for Outstanding Leadership as County president.

A Silent Auction comprised of items donated by our members was a fun and successful fundraiser.

A special thanks was given to Joan Fleckenstein (Fleckenstein Bakery of Mokena) for her donation of breakfast treats and desserts. We are very grateful to Joan for continuing to provide us with her delicious treats, cookies and cakes.

Board members continue to be active planning upcoming events, programs and coming up with ideas to attract new members.

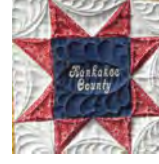
Will County is looking forward to the upcoming holidays and wishes our fellow homemakers the best of holidays as well as a blessed, healthy, happy and prosperous New Year!

Marianne Eisenbrandt
Public Relations, Will County

KENDALL



KANKAKEE



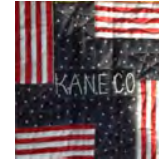
MC HENRY



LAKE



KANE



LA SALLE



DISTRICT 4 DIRECTOR Mary Eustace



Well, it is that time of year that we reflect on special activities with all of our HCE friends. Where did 2016 go? It is my honor and pleasure to serve as your District 4 Director. I have enjoyed the travels this year whether it be to Annual Conference, State Board meetings, August Workshop or visiting with each of my counties. I am so blessed to have this opportunity and am enriched by the many wonderful HCE ladies that I cross paths with each day. I am very proud to be a part of IAHCE.

Are you on Facebook? IAHCE has a Facebook page and has posts for everyone to enjoy.

Remember the beautiful quilt that all counties have been participating in with each counties square? Look on Facebook to see the completed project and all State Board members have chances available to purchase. The quilt will be given away at our 2017 Annual Conference. Wonderful features for our annual conference is the slide show with many counties presented showing off activities, please send your photos to Sharon Davis.

Thank you for all you do throughout the year to promote HCE. See you at the 93rd Annual Conference in East Peoria March 14-16, 2017.

Happy Holidays and remember, GRACE isn't just a prayer.. It's a way to live. May God's amazing GRACE fill every day of your life with JOY.

Mary Eustace

DISTRICT NEWS

ADAMS.....

Greetings! Where has 2016 gone? My, spring/summer flew and now well into fall the pace continues. The fall colors are beautiful this year and soon old man winter will be here. Our units have resumed meetings, lessons, projects, and preparations are in progress for the 28th Annual Kiddie Bazaar on December 3.

On August 10, we had seven (7) officers of the board (President Co-Chairs – Heather Ator & Judy Milfs; 2nd Vice President Co-Chairs –Camie Hempelman & Sharon Beedle; Secretary – Mary Ann Peter; Cultural Enrichment – Susan Sprague, and Public Relations – Leslie Geschwandner) attended the IAHCCE District 4 Workshop at the Southern View Chapel in Springfield, Illinois.

On August 23, the ACHCE Board hosted the annual HCE President's Dinner in the Farm Bureau Basement. An Italian theme was selected and there was an assortment of pasta dishes, salads, breads, and desserts. Heather Ator and Judy Milfs, ACHCE Co-Presidents, presented upcoming events to HCE Unit President's/Representatives. In addition, information packages were distributed and each of the board members had an opportunity to speak about responsibilities and expectations.

On September 22, Adams County HCE sponsored the breakfast for veteran participants on Mission #39 of the Great River Honor Flight.



ACHCE Officers (L to R), Pres. Co-Chairs-H. Ator & J. Milfs; PR-L. Geschwandner; and 2nd VPs-C. Hempelman & S. Beedle

Veterans and guardians arrived at 1:30 a.m. for breakfast, briefings, and final preparations for departure. At 3:30 a.m. veterans and their assigned guardians were on their way via a bus headed for St. Louis to catch an airline flight. The 33 veteran's spent the day in Washington D.C. visiting their memorials. Around 10:35 p.m., a welcome home celebration took place at John Wood Community College. On this night, two buses safely returned via a police and an unknown number of motorcycle escorts. There were two buses because in Bowling Green the June mission (had return flight issues) joined the caravan. Veteran's from both missions got to experience a red carpet "Welcome Home".



Veterans and Guardians being served breakfast.

Looking for a new social club ... on September 27, a new HCE Special Interest Group, HCE Card/Games Club held its first meeting in the Farm Bureau Basement. ACHCE 2nd Vice President's Co-Chairs, Camie Hempelman and Sharon Beedle, starting at 11:00 a.m. welcomed 19 ladies in attendance. Camie opened with prayer before a free lunch was served. Between 12-2 p.m. the ladies played Texas Hold 'Em, Sequence, Kings in the Corner, Pitch, and Phase 10. Prizes were given away during the event and at the end a prize was given to the person with the most games won.



Participants enjoying cards, games and fellowship!

October 9, started off HCE Week in Quincy, Illinois. It was marked by a proclamation presentation given by Mayor Kyle Moore during the weekly City Council meeting conducted on October 11 due to the Columbus Day holiday.



(R to L) Quincy Mayor Kyle Moore, Camie Hempelman, Judy Milfs, Leslie Geschwandner, Betty Gebhardt, and Mary Ann Peter

DISTRICT NEWS

On October 15, a Lesson for Living – “All Things Coffee” that was scheduled had to be cancelled due to lack of interest.

The Quincy Public Library regularly holds weekly movie viewings on Monday's. On October 17, some HCE members were in attendance to watch “The Joy Luck Club” by Amy Tan. It just so happened that this was also the HCE Book selection for the month of October.



Members of Sunshine Girls and Quincy Tumbleweeds attended and enjoyed the presentation.

In addition, on October 17 the Fowler Development Association invited all area residents to attend a free educational performance on Clara Barton, founder of the Red Cross, presented by Barbara Kay of Glen Carbon at the St. Paul United Church of Christ in Fowler, Illinois. Light refreshments were provided afterwards.

Special Interest Groups

HCE Book Club

On September 21, members meet at Daylight Donuts in Quincy to discuss the book “*The Boys in the Boat*” by Daniel James Brown. Our leader was Judith Fisher, (Burton-Plainville Day Unit).

The book selection for the October 19 discussion was the same book that was distributed during the Quincy Public Library BIG READ, “*The Joy Luck Club*” by Amy Tan. Our leaders were Melba Funk & Rhonda Fugate (Beverly Unit).

The HCE Book Club meets the 3rd Wednesday of the month. The next meeting will be November 16 at Daylight Donut to discuss Susan Wiggs’ book, “*Beekeeper’s Ball*”. The leader will be Debbie Cramsey (Quinssippi Unit).

HCE Quilt League

The Quilt League in July visited four different quilt shops in Illinois and Iowa. The group continues to compile blocks for their second Quilt of Valor. In addition, the group has also been making clothes protectors for the veteran’s home and will be distributing in November. The Quilt League meets at 9:00 a.m. on the 2nd Wednesday of the month.

HCE Card/Games Club

The November started at 11:00 a.m. in the Farm Bureau Basement. Lots of prizes were awarded. Watch the calendar

and plan to come to the next meeting. There will be no December meeting.

NOTE that starting in 2017, the club will be meeting from 11:00 a.m.-2:00 p.m. on the 4th Wednesday of the month.

To close out 2016, our upcoming events: **November 9th**, Quilt League meeting at 9:00 a.m. in the Farm Bureau Basement; **16th**, HCE Book Club meeting at 11:00 a.m. at Daylight Donut; **22nd**, HCE Card & Games Club meeting at 11:00 a.m. in the Farm Bureau Basement; and **29th**, a Cultural Enrichment Lesson, making a Christmas Craft, will take place at 1:30 p.m. in the Farm Bureau Basement. **December --3rd** annual Kiddie Bazaar, 8:30 – 11:30 a.m. at three different locations in Adams County (Salem Evangelical United Church of Christ Hall, 435 S. 9th Street, Quincy; United Methodist Church, Hwy 24 in Camp Point; and Liberty Christian Church, 102 Park Street in Liberty); **14th**, Quilt League meeting at 9:00 a.m. in the Farm Bureau Basement; and **21st**, HCE Book Club will meet at 11:00 a.m. at Tony’s Too to discuss “*This Time Together*” by Carol Burnett.

We wish each of you a blessed Happy Thanksgiving, a very Merry Christmas and a Happy New Year!

Leslie Geschwandner
Public Relations Director, Adams County

PIKE.....

The fall fundraiser for HCE was a style show and luncheon on September 24. The event was held at the Crossroads and fashions were provided by the Casteel Color Wheel. We asked each unit to provide a helper for the luncheon and a model for the style show. Our outcome was great. Thirteen units provide the workers to make this event happen. We sold 80 luncheon tickets and 30 were sold at the door or by members. We raised over \$800.00 for our scholarship fund. These are awarded at our annual meeting.

We had drawings for table decorations and flowers. Casteel’s offered a 20% discount on clothing and a prize drawing at the store after the luncheon.

We have also had a window display at the Pike Express paper for our promotion of HCE month. We have exhibited the units and many of their projects over the year, with a highlight of our tatted necklace that won honors at the State Annual Meeting.

Gloria Ferguson
Public Relations, Pike County

DISTRICT NEWS

SANGAMON.....

It has been a whirlwind start to our new year! In August we hosted a Co-County Birthday Party with Macoupin County. Macoupin County brought beautiful cakes and Sangamon County decorated tables with a theme for each month. All members sat at the table of their birthday month. It was wonderful to meet and have a fun afternoon with our own members as well as our sisters from Macoupin County.

In September, we had a wonderful Lesson for Living on Patriotism. Our guest speaker was Vincent Speranza, a World War II veterans who had fought in the Battle of the Bulge. He talked with our group for close to two hours of his experiences before, during and after the war. Many of his stories are from his book, NUTS! Mr. Speranza is over 90 years old, but still travels the world to speak and share his story. It was a privilege to hear him speak. We all left that day with a greater understanding of the sacrifices our young men and women in uniform have made and continue to make for us.

Our annual Fall Festival was September 26. It was all hands on deck that weekend as we set up for a craft sale, bake sale, odds and ends sale, quilt raffle and we served lunch! Our attendance was down a little from last year but we still managed to raise what we need for the year. This is our main fundraiser for the year and it involves all the units in our county. It is a wonderful event for the community and such a wonderful opportunity for our units to work together and have fun while we're doing it!

Sangamon County had a special Membership Drive on October 6th during HCE Week. We had Illinois author Taylor Pensoneau present a program on his latest book, Dapper & Deadly – The True Story of Black Charlie Harris. The program and cookies were enjoyed by all and we had 2 guests attend. Sangamon County is committed to increasing our membership this year.

Our October Lesson for Living was on Fall Desserts. We learned what a grunt, cobbler, pandowdy, crumble, slump, brown betty and clafoutis is in the best possible way! We had samples of several of the fall desserts. Each was made with different fruits. It was a fun and delicious meeting!

We are planning our Cultural Enrichment Day, Friday, November 18th. We always look forward to seeing the many and varied talents of all our members. During the months of November and December Sangamon County HCE is holding a very special scholarship fundraiser. Each member is being sent a sheet of 4 Chili's vouchers. Each voucher presented will earn SAHCE 15% of the pretax food bill.

Our units continue to look for ways to help the less fortunate in Sangamon County. The focus of some of our

groups this year will be to help out a homeless veteran's shelter, the Senior Center with special Christmas food baskets, and children ages 8-16 who are going into state care. It promises to be a busy, but very fulfilling year!

The oldest and youngest members of Capitol Unit pose for a picture after a Lesson for Living on Fall Desserts.



Mary Kern, Marguarite Dixon and Kathleen Duvall



Fall Festival:
Delicious pies were served during lunch . Left: Dorothy Rutherford, a member of Jerome Lincoln Trail Unit is pictured with a 'yummy' piece of pie!



Co-county—Macoupin and Sangamon County enjoyed a birthday party!

It is hard to believe that we are already halfway through October! Trees are starting to turn and there has definitely been a chill in the air.

As we inch ever closer to winter, we wish everyone a very Happy Holiday Season.

Mary Johnson & Kathy Roman
Public Relations, Sangamon County

ADAMS



CASS



MORGAN



DISTRICT NEWS

TAZEWELL.....

Tazewell/Mason/Peoria County HCE have been very busy this fall. Thanks to the efforts of many of the HCE ladies and 4-H members, we had a very successful food stand at the 4-H fair in August.

August 10th, the officers attended the district meeting in Springfield. Everyone felt they learned some new things and enjoyed a delicious meal.

In September, we held our annual International Day. Mildred Lamprecht planned an enjoyable and informational program on Ecuador. Due to illness, she was unable to attend, but Vice president Vivian Gerrietts presented the information and did a great job! A delicious salad luncheon was enjoyed by all.

In October, several members took advantage of a charter bus trip to Rock Island to see the matinee dinner theater production of "Million Dollar Quartet". It really brought back memories of the days of Elvis, Johnny Cash, Carl Perkins, and Jerry Lee Lewis. What a fun way to spend a day!

Tazewell in Action



Officers at District Meeting in Springfield.

At right: Members looking at items from Ecuador at International Day.



Left: Members with "Elvis and his girlfriend" at the Dinner Theater.

Darlene Curry
Public Relations, Tazewell County

DISTRICT 5 DIRECTOR Kathleen Emery



Hello to my District 5 HCE Members—What a beautiful fall we are having – the colors are so nice and the temperatures are great. I hope you are enjoying them.

Thank you to all who attended the District Meetings in August. We had a great time. I hope you were able to join us and that you enjoyed your time also.

Your IAHCCE State Board has just come from meeting in October to plan our March annual meeting. It is again in East Peoria from March 14-16.

We are excited to go from "Rollin' on the River" to "Down by the Riverside"! Our December newsletter has all the annual meeting details. I hope every county has someone that receives this informative newsletter. It is not too late to receive your own copy. It is \$9.00 per year for three issues and can be gotten from Pat Hildebrand, our Public Relations Chair. She can be reached at normpat4@yahoo.com.

Please don't forget that your county reports are due very soon. Remind all your members that their volunteer hours are also due. Everyone has them so we should have 100% participation. Also, for each new member, Angela will be adding a pearl to our HCE "special" pearl necklace. Someone will be winning this very soon.

Thank you for all the invitations to your annual meetings and special events. It is exciting to see what the different counties are doing.

Thought for the end of the year –
Life is partly what we make it and partly what is made by the friends who we choose.

- Tehyi Hsieh

How very true this is – our HCE friends are so important!!

Kathleen Emery

PIKE



SANGAMON



WOODFORD



Wouldn't it be great if we could put ourselves in the dryer for 10 minutes and come out wrinkle-free and three sizes smaller!

DISTRICT NEWS

CHAMPAIGN.....

Champaign County HCE has had a busy three months. We had our 5th Annual Garage Sale on Saturday, July 29 & 30th at the Farm Bureau Auditorium. We had a huge variety of items for sale which include a boutique for jewelry and better clothing and collectables. It was well attended and a most successful sale. It was a lot of work but also fun working together.

On August 15th, the Mayview Unit and Bondville/Seymour Unit had a joint celebration of their 90th Anniversary as HCE Unit's. Both started in 1926 and are still going strong. Both Units started as Home Bureau Units. Each Unit had a display table with scrapbooks, program books with oldest dated 1928, and both Unit's had their Unit secretary books starting with their first meeting in 1926. There were 55 guest in attendance. Each Unit gave a power point presentation about their history and activities in their Units. We had a special guest, Mary Ann Fugate, a past Home Advisor for Champaign County back in the 80's. She gave a short talk about visiting each Unit in the county twice a year to give the lesson for that Month. Everyone enjoyed reminiscing and enjoyed a delicious cake with ice cream.



Joan Jordan, Bondville/Seymour, Mary Ann Fugate, guest, and Carol Froeschl, Mayview Unit

September 21st, Champaign County HCE members took a trip to Green Mill Village Theatre in Arcola to see a show--tribute to Patsy Cline--songs by renowned "Marvina Bowker" and comedian Ralph Sherman. A delicious Amish buffet lunch was served.

On October 17th, we had our Membership/Craft Event "Join the CCHCE Crafting Cruise". Members and guest had 6 fun crafts to make—swirled painted pumpkins, tin scarecrow, 3 little pumpkins, Happy Thanksgiving board, book mark and origami Christmas Card—all enjoyed making the "Make It and Take It" crafts offered. Lunch was everyone bringing their favorite salad. The guest speakers were Robin Gotetell, Fan Fancier, who has collected over 300+ fans—"Every Fan has a Story". She talked about the history of fans and told and showed several of her favorite fans. One our members won a drawing for a fan. Our next speaker was Janice McAter, Development Service Center (DSC) of Champaign County. She talked on the Children and Adult services and

their residential services. Champaign County HCE is taking on as a Family & Community Issue project of helping with DSC group homes. They have 9 group homes and several of Champaign County HCE Units are taking one of the group homes as a service project and helping with any needs in these homes. Staley Unit received a certificate for having the most new members join HCE in 2016.

On October 21st, was our Cultural Arts Show at the New Horizon Methodist Church in Champaign. We had several projects entered and were judged by three independent judges selecting the items that would go to State. Our guest speakers were Joyce Day from Sew Sassy shop talking on "The Best Uses of Your Sewing Machine". Our next speaker was Dennis Cler who talked on St. Jude Children's Hospital and how he is involved with St. Jude. The group took up a donation for St. Jude Children's Hospital. Lunch was a potluck.

Our next events will be our "International Gathering" on Ecuador on November 16th at the Farm Bureau Auditorium. Speakers will be two of our HCE members traveled to Ecuador this past summer and will be telling about their trip.

Also, on November 12th will be our 2nd Annual Holiday Trees and Craft Show. Several units will be decorating trees and/or wreaths for the event. We will have several vendors selling handcrafted items at the event.

We are still working on Linus Blankets and Weighted Blankets for Autistic Children in Champaign County. Liz Michael and Judy French, Community Outreach, were in attendance with a display of weighted blankets made by our members at the *CU Disability Expo* on October 15th and gave 12 weighted blankets to children in need.



*Liz Michael
and
Judy French*

Our craft club has been meeting monthly and have been making a lot of fun items.

Check out our website:
<https://champaigncountyhce.wordpress.com>

Merry Christmas and Happy New Year to all.

Carol Froeschl,
Public Relations Chairman, Champaign County

DISTRICT NEWS

CUMBERLAND.....

The Cumberland County HCE is making dresses to send to third-world countries. We are collaborating with the Life Center with making the dresses. These will be sent to the Philippines as well as Africa.

We will also be making teddy bears for children who come to the local emergency rooms or use local ambulance services. We will be contacting the nursing homes for assistance from the residents on stuffing the bears.



MACON.....

Our fall and winter schedule is a busy one for MCHCE! Many of us attended the District Meeting and thoroughly enjoyed the programs and our luncheon. This was an excellent time to get reacquainted and make new friends with members from other areas.



Our HCE week, October 10-14th, was full and exciting! There were classes about Tai-Chi, the American flag, cooking for the presidents, how to strengthen your brain power, rug hooking and a group trip to Bloomington.



We had a great turn-out for these programs, and we were able to increase our membership with quality programs.



November 2nd is our annual Fall Meeting. We will have our Cultural Enrichment judging. Several HCE members from another county will be in charge of the judging. We will also be having a "bragging rights" contest for the best dishes with apples. Jane Chapman, our state president, will be there as well as the director of Child 1st, Jean Moore, and Captain Alex Grieves of the

Spirit of Peoria riverboat. We are looking forward to this very special day!

We broke our record for the total number of pillowcases made in one day at our last sewing session on September 26th. We were able to complete 61 pillowcases! They will be distributed to the Ronald McDonald House in Springfield, Kemmerer Village in Assumption, and to the Hopedale Medical Center in Hopedale, Illinois.



We will also continue to provide the lunches for the Master Gardener's Program that is held at Richland Community College each year. A new venture for us this year is providing refreshments and companionship for the coloring program at the Senior Center in Decatur. This is a great outreach program for us.

The 2017 membership books will be distributed with the new lessons and special activities in December. There were so many wonderful suggestions that came out of the planning meeting in August. The membership was then given the opportunity to vote on the programs that they wanted for 2017. Some of the programs that will be presented this coming year are learning to sew some practical gifts, identity theft and scams, keeping fit, a farm tour, dump meals, button art and a trip to the Presidential Library in Springfield.

We hope to encourage prospective members to join our wonderful organization

Linda Austin and Ann Adkesson
Public Relations, Macon County

MC LEAN.....

McLean County Association for Home and Community Education continues to share in a wonderful variety of events and activities.

An amazing trip found 43 members and guests traveling to Covington, Indiana to enjoy a delicious meal at the Beef House and watch the play "Driving Miss Daisy".

Can you imagine sitting down to write a letter to an unknown person serving our country in a foreign place? Well, that is exactly what over 400 McLean County Fair goers took time to do. The very young and the very old stopped by to write their own thoughts to our soldiers in foreign countries on beautiful cards handmade by two of our members. And these writers were really moved by that experience. And we McLean County HCE members were overwhelmed, too, at this heartfelt response.

Continued on next page

DISTRICT NEWS

McLean County, continued

Young at Heart Day at the fair organized by HCE was attended by over 400 persons – offering music, local organizations manning informational booths, door prizes and food plus the opportunity to observe 4-H'ers and fair experiences. (Pictures with this article show HCE members and a certificate from 4-H thanking HCE for our support!)



Our summer bake sales at the Downs Village Market brings eager consumers who line up to buy the wonderful pies, cakes, cookies, coffee cakes, pastries and other delicacies talented members bake to sell. We are lucky to have a noodle maker member. The noodles, selling in \$5 bags, are a popular part of our sales. Our McLean County HCE members work tirelessly on money making projects because we believe in and want to support our communities and our local 4-H youth programs. Money from the bake sales helped to fund the two McLean HCE scholarships awarded to 4-H members, Jill Parrent and Madisen Law.

Workshops and classes were ongoing each month –on Community Service day busy hands work on crafts or other special projects - in September and October sewers made 530 Christmas stockings for the soldiers. Interested participants made quilted plate or dish carriers and mesh ribbon pumpkin wreaths.

Books read and discussed were – *Boston Girl* by Anita Diamant and *Invention of Wings* by Sue Monk Kidd. Local leaders shared their learned knowledge with unit members on “Some Day is Today-Live Your Bucket List”, “Health Insurance for People 65+ Years”, and “Do You Know What You Get for Your HCE Dues?”

October was HCE month celebrated with special events.



International chairs, Edna Chancellor and Karen Crull planned a successful event.

Twenty-eight attended International Day, highlighting “Ecuador” with a presentation by Darlene and David Weber on their travels to that country. How often do you find one of your own HCE members has traveled to the current country of study?



Everyone wears hats in Ecuador!
L-R: Edna Chancellor, Delilah Finnegan, Pat Pulokas and Lynda Kobs.

On October 22nd our Attic Treasures and Bake Sale took place with proceeds benefiting our McLean County 4-H program. Our members year after year find enough "Attic Treasures" to fill 40+ long tables in a huge gym. Even a young 2 year old shopper found some bargains.

McLean County HCE website is: www.mcleanhce.org. Check out events and pictures of events posted on our Facebook page at: [http://www.facebook.com/#!/pages/McLean-County-Association-for-Home-and-Community- Education](http://www.facebook.com/#!/pages/McLean-County-Association-for-Home-and-Community-Education).

See you in McLean County – come visit.

Barb Jurgens
McLean County Public Relations Team

PIATT.....

We have been busy raising funds by having the Bread Monk in Clinton on April 16 and partnering with Faith In Action to provide food, crafts, and bake sale items at their auction on September 24 in Cisco.

Pictured here are some of the pie-cutting Ladies. L-R: Twilia Mackey, Kathleen Glenn, and Joyce Boeringer).



DISTRICT NEWS

Delicious goodies were for sale at our bake table.



L-R: *Norma Reck, Leslie Clark, Denice Mosbach (all in Cerro Gordo Unit).*

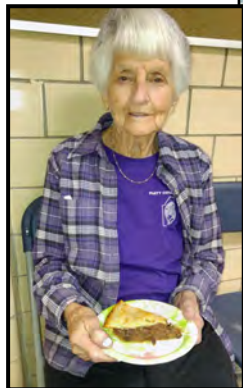
Helping our County President, Jo Bauer, in the kitchen making sandwiches for the noon meal at the Faith In Action Auction were the four pictured below with Jo.

Alice Briggs, Nancy Born Martin, Judy Greene, Virginia Norfleet.. and Jo Bauer.



Our craft tables were full. Two of our helpers are shown in the pictured below.

Carol Kussart and Carolyn Wolter, County Treasurer (Cerro Gordo Unit).



One of our older members, Twilia Mackey celebrated her 100th birthday on October 2nd. She donated her mincemeat pie to the Faith In Action Auction. And it sold for \$325!

Carol Drayton
Public Relations, Piatt County

VERMILION.....

Hello From Vermilion County HCE!

VCHCE is sending a Hugh Thank You to IAHCE for choosing our nominee for the Pennies for Friendship Award of Monies.

On Thursday, July 28, 2016, VCHCE, presented the check for \$300.00 to the Women's Care Clinic. Our Community Outreach officer, Carol Davis nominated the Women's Care Clinic for the award. WCC is a Non-Profit Organization in Danville, Illinois WCC is a privately-funded, non-profit, pregnancy resource center. For information about WCC go to www.danvillewcc.org VCHCE received a Thank You card from Bethany Hager, Public Relations Manager at WCC.



Vermilion County HCE presented the check to Women's Care Clinic. Pictured above: Eleanor White, President, Brittany Hager, Women's Care Clinic, Carol Davis, Membership, Family Issues and Community Outreach, and Mary Stampini, International

October 4, 2016, was VCHCE Annual International Luncheon held at the Bismarck United Methodist Church, Bismarck, Illinois. Sandra Wilson, International Chairman for the Bismarck Unit, headed the committee that prepared food of Ecuador. All other members that attended the luncheon prepared a favorite food to share.

Mary Stampini, VCHCE International Chairman, did an outstanding job of presenting Ecuador and Galapagos Islands with displays and centerpieces. Mary invited guest speaker Margaret Schwarz, who told us about traveling to Ecuador and Galapagos Island. Ecuador is 600 miles from the chain of Galapagos Islands. The islands are all volcanic formed and are in a one hundred miles radius. Margaret boarded a boat that traveled close to the islands and groups of 13 with a naturalist traveled by rubber raft to the small islands. The travelers either had a wet landing or a dry landing of the raft. This means some beaches are too rough for landing so you wade in with shoes and socks hanging from your neck to keep them dry.

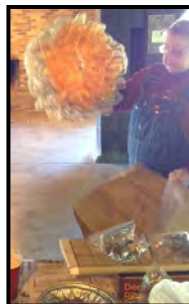
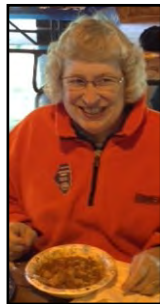
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DISTRICT NEWS

Vermilion County, continued

Many types of Birds, Tortoises, Penguins, Sheep and more inhabits the different islands of Galapagos! The human population is around 30 thousand on only 2 of the islands. They are Isabela and Santa Cruz. The Galapagos Islands and Ecuador has lots of rich history!

October 12, 2016, VCHCE hosted our annual HOBOPICNIC at Kickapoo State Park. Soup was delicious, lots of good side dishes and desserts, the circle of friends was the best. Beautiful sunny day, but a little breezy! A Special Guest, Kathleen Emery, District 5 Director joined us for our picnic. Thank You again Carol Davis and your helper, Mary Stampini for a awesome event!



More Soup, Please—Kathleen—Carol Davis, games anyone?

Future event for VCHCE is "SNACK & CHAT!" At U of I Extension Office, Plaza 31, 3164 North Vermilion Street, Danville, Illinois. Thursday, November 17, 2016 at 9:30 -11:am. Snacks provided. Bring Your own drink. Pretend you're in Kindergarten and it's Show and Tell Day! Bring something you made or Bring something made for you or Tell about an interesting trip or Tell about an unusual thing you've done or bring a friend to meet us! Cultural Enrichment is: Visual Arts, Performing Arts, Printed Arts, Applied Arts. Event hosted by Mary Stampini.

Vermilion County is very blessed to have HCE Lessons and Training presented to us by U of I Liaison and Consumer Economics Educator, Kathy Sweedler and U of I Extension Family Life Educator, Chelsea Byers Grstenecker. All educator-taught lessons for 2016 are presented at the Danville Public Library. All training lessons are open to the community, and many have been coming to the training lessons at the library.

Vermilion County Wishes Happy Halloween, Happy Thanksgiving, Merry Christmas and Happy New Year!!

Love and Peace in the World! Blessings!

Judith Diane Reddy
VCHCE Public Relations



CHRISTIAN



PIATT

DISTRICT 6 DIRECTOR Marilyn Schaefer



Take a few minutes and enjoy this beautiful weather we are having. The farmers are getting close to being done with the crops.

We have had a great fall, starting in August we traveled all over the state with our district meetings getting to meet many new people.

Then in October we had our fall IAHCE meeting in East Peoria to make our final plans for the IAHCE State Conference which will be held March 14-16, 2017.

Janel Kassing and Sharon Davis along with Jane Chapman, our State President, have been working very hard to get everything ready for us, such as Share Shops, Make it and Take it's, Silent Auction, Cultural Enrichment displays, introducing a new State Tee Shirt which we can wear every year and also a great new bag with an embroidery emblem on the front which a member of HCE is making. I am getting so excited I hope everyone else is.

Don't forget to read your District Letters we just sent you with all the important dates to remember. In December you will be receiving the President's letter with all of the other information for conference.. You also will be voting on a 1st Vice President, Treasurer, Public Relation person and a Sales/CVH person.

If you add a new member Angela will add a pearl to the necklace someone will be winning, so add lots of new members from now until March.

See you all at Conference in March, lets surprise Janel and Sharon and make this a full house.

Marilyn Schaefer

BOND.....

Bond County HCE has been busy over the summer and into fall. In July, we had our Annual Meeting for the 72nd time. We were privileged to have IAHCE President, Jane Chapman, and District 6 Director, Marilyn Schaefer, with us. Marilyn installed officers for the coming year 2016-2017.

Emilia Langel and Tyronn Madison were our special guests. The speaker of the day was Barbara Kay of Highland, IL, who portrays and tells stories of past famous women. "Annie Oakley" - famed expert

DISTRICT NEWS

marksman and one of Buffalo Bill's Wild West Show entertainers was the choice of our group.

In August, our HCE food stand at the Bond County Fair was a huge success - serving fresh fried chicken dinners, homemade pies and cakes, and excellent hamburgers (America's favorite food).

Several members attended the IAHCE District Workshop in Effingham. Each member attended the meeting pertaining to her office where we received excellent information.

The annual quilt raffle was won by one of our HCE members, Jan Dalenberg.

October 4 was the International Luncheon. A Bond county native, Debbie Klincar, lived in the Philippines for 4 years when her husband was in the Air Force. She told of many of her experiences and showed several wood carvings made by the Philippine craftsmen. We shared several Philippine recipes prepared by our members - rice was a staple and was served at most meals.

Some lessons enjoyed in the last several months - Saving Money on a Limited Budget, Five Ingredient Fix, New ways to Cut Your Electricity Bill.

Have a wonderful Thanksgiving and a Merry Christmas!

Shirley Volentine
Public Relations, Bond County

CLAY.....

Our three units have been busy with several different projects. The Farmerettes unit hosted their husbands for a potluck dinner and white elephant auction. Husbands purchased the treasures to help finance projects throughout the year. This unit brings monthly donations to help fill a pantry for mothers with newborns to one year olds that need help with baby supplies. By the time the newsletter is published, the Farmerettes will have delivered pumpkin pies to a local nursing home. This is a project they have been doing since shortly after the unit was formed in 1965.

This week we will have our International Program under the leadership of Cheryl McCarty, with each unit providing cuisine from Ecuador. This is always interesting to sample other countries foods and learn about the country.

The Second Wednesday unit is planning a project for next year, with one of the local Head Start classes, under the leadership of Joann Stanford, Family/Community Issues.

Each of the units are planning their Christmas meeting and luncheon and make plans for the New Year.

As the holidays are approaching, may each and every one have a wonderful Thanksgiving, blessings for Christmas and Happy New Year.

Beth Fancher
Public Relations, Clay County

CLINTON.....

Clinton County HCE has been very busy. In October, we had a Women's Wellness Program, we started off with a soup, salad and dessert meal, following up the two speakers on women's health concerns, a doctor and a weight loss specialist gave the program.



In November "Dinner on a Dollar" was presented by two of our board members as a major lesson. Cooking like our mothers did – the comfort kind of food.

A special program with Fr. Dominic Garramone "The Bread Monk" who was the host of the PBS show "Breaking Bread with Father Dominic." is scheduled for April.

We have upcoming lessons on exercise, gardening and landscaping, and sewing notions planned. Clinton County HCE is growing and active!

Karen Voss
Public Relations

DISTRICT NEWS

CRAWFORD.....

The Palestine S.E. LaMotte HCE unit enjoyed their annual Mystery Trip on August 10. They spent time in Marshall viewing all the new murals that were painted on the sides of buildings. The murals portray events and people related to the history of Marshall. The women then drove to Casey and had lunch at Richard's Farm. After lunch the group spent the afternoon viewing the many "World's Largest..." things in Casey; such as wind chimes, mailbox, rocking chair, bird cage and many other interesting items located around town.



Starting on the left: Leah Buser, Mary Ellen York, Brenda McCoy, Myrna McNair, Sandy Bryans, Mary Lee Shaw, Noralee Buntin, Phyllis Adams, and Elizabeth Tudor.

Rollin' on the Wabash

Greg Parrott gave a lively presentation regarding the history of the Wabash River for HCE Week.



Attending: Helen Brackett, Barb Miller, Susan Allison, Jeannie Adams, Martha Holt, Leah Buser, Pat Kincaid, Jenny Sanders, Sandy Bryans, Beulah Inboden, Mary Lee Shaw, Marge Shipman, Virginia Hryniewicz, Eva Enlow, Donna Newbold, Bonnie Finn, Elizabeth Will and Hope Dennis



Marilyn Schaefer, #6 District Director (left) installed the new 2017 officers at the annual HCE Meeting & Luncheon: Susan Allison, Bonnie Finn, Barb Miller, Jeannie Adams, Sandy Bryans, Helen Brackett, Hope Dennis, and Phyllis Adams

Barb Miller, Susan Allison and LaDonna Harris attended the District 6 & 7 Workshop in Effingham on August 11 and came back with fabulous ideas for Crawford county.



Best wishes for the holiday season!

Hope Dennis
Public Relations, Crawford County

EFFINGHAM.....

Hello, Ladies

Hope everyone is enjoying the unusually warm weather we are having. The crops are pretty well harvested in this area. Holiday decorations are going up. Before you know it, those little white things will be falling from the sky.

On Tuesday July 5, Effingham County HCE held a sewing day at the Extension Center. Ten ladies attended and made 17 walker caddies for healthcare facilities and also sorted over 400 greeting cards for veterans.

Anita Backhus, first vice-president, met with unit vice-presidents to plan major and minor lessons for 2017. Sounds like we are going to have some interesting lessons.

The Effingham County Fair was held July 29-August 5. Our members volunteered to sell Culver's ice cream each day. This is our best fundraising project. We did very good. Thanks, Ladies!

August 11 was the District 6 and 7 Meeting which was held at St. John's Lutheran Church here in Effingham. Our county board members took care of the morning refreshments and drinks. 188 ladies attended.

Our Sewing with Seniors met on Monday, August 12, at the Senior Center. This month's lesson was a scissor case. The case didn't take very long to make so the ladies worked on sewing up clothing protectors.

Sewing with Seniors were back to the Senior Center on Monday, September 16 and made kitchen turtles. This was a fun project. The turtle is used to wipe up small spills on the kitchen floor.

Linda Schmidt, our International Director, was in charge of the Ecuador Tasting Luncheon held on September 29.

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Each unit was in charge of preparing a dish for the meal. Altamont photographer, Dona Strullmeyer shared photos of people and places. She and her husband, Willard, explained what they saw and learned on their travels.

Another HCE sewing day was held on Wednesday, October 6. Eight ladies attended and pinned together 46 clothing protectors. The ladies then made 450 book-marks.

Tuesday, October 11, board members got together and put together the 2017 program books.

Our annual meeting was held on Thursday, October 13, at the Extension Center. Each unit was responsible for decorating a table using the theme, "Rollin' on the River". A noon catered meal was enjoyed by the 41 ladies attending. Jane Chapman was the guest speaker. She gave a humorous presentation on the importance of communication. She also performed the installation of officers.

Carol Hartke presented certificates and seals to those turning in volunteer hours. Effingham County had 14,639 hours. Way to go, Ladies!



Effingham County HCE members who received certificates and seals for volunteer hours.

October 24 was back to the Senior Center for Sewing with Seniors to make microwave bowl potholders. Another easy project with some ladies making more than one.

Some of our members helped the ladies of St. Francis Church of Teutopolis to sew Christmas stockings on Tuesday, October 25. The stockings will be donated to veteran's nursing home in Danville and Marion. There were 368 stockings made!

On October 26, board members delivered walker caddies, wheelchair caddies, clothing protectors, and catheter bag covers to area healthcare facilities. Book-marks, made from greeting cards, were delivered to area libraries and schools. This has been a community project for the last few years.

Sharon Davis, State Family Issues/Community Outreach Director, shows the beautiful quilt she had finished using the block from each county. Sharon did a fabulous job!



Sharon Davis and HCE Quilt

Upcoming events include Human Trafficking Awareness Program, delivery of items for veterans, sewing Christmas stockings with Girl Scouts, delivery of butter braids (one of our fundraisers) and delivery of school supplies.

Mary Beth Hoene
Acting Public Relations Director, Effingham County

FAYETTE.....

Fayette County Home & Community Education aptly describes our organization as it seemed as though we were receiving and/or absorbing information (through our workshop held in Effingham this year with the added entertainment of the ladies' band playing and singing and dancing to the new theme song, "Down by the Riverside") which followed our delicious luncheon. We also enjoyed seeing our president Jane decked out in a popular baseball uniform.

We really like the new IAHCE bag, so pretty and so conveniently put together. (I must get my order in before they are all gone!!)

On the Fayette County HCE Home Front - We have been busy. Following on the heels of our Human Trafficking Public Seminar, plans were put into action and we presented our:

***Ovarian Cancer Awareness Seminar**, free to the public, in September, drew a good response. Dr. Dawn McDaid, MD,FACOG of Effingham OB/GYN, was our professional guest speaker and she showed slides, while explaining why it is so difficult to detect and recognize the symptoms of ovarian cancer. She had prepared a

Continued on next page

DISTRICT NEWS

Fayette County, continued

booklet for ovarian cancer month, which was September. The booklet contains valuable and easily understood facts about the disease which is often called, "The Silent Killer", because the symptoms are so commonplace that they are often ignored, until it is in an advanced stage. Just a few facts she shared are: 75 to 80% of women are diagnosed at an advanced stage; once the disease has spread beyond the ovaries, a pelvic exam is unlikely to detect an ovarian cancer. We learned that a pap test does not detect ovarian cancer, as it is a test for cervical cancer.

In addition to Dr. McDaid's informational talk, Fayette County HCE own Community Outreach and Family Issues officer, Donna Blair, who is an ovarian cancer survivor, shared her story. Her talk also held much information from a personal standpoint, as she described her symptoms, which seemed like every day normal feelings including (tiredness, constipation, etc., one could see expressions of awareness and recognition on some of the audience's faces.

Some indicated they were going to be checked out for some of their similar symptoms. We felt that if just one person responded and received needed treatment, the seminar was worth having. We feel that all were made aware of the elusive symptoms, which was the purpose of the seminar.

*On the lighter (and fun) side, our **International Potluck Dinner** was held on October 10th. The designated speaker on our chosen country, Brazil, was suddenly taken ill that day, and was unable to attend the dinner. However, due to our International officer, Donna Blair, a replacement speaker was found who talked about several countries he had visited.

*Along with other subjects on the agenda, baby items were brought from the six units for **Fayette County HCE's Annual 1st Born Fayette County Baby Award**, born during HCE Week. Days later, at the October Board meeting, the beautiful white wicker, basket, decorated with a large blue bow and toys, and filled with baby needs and gifts, donated by the units, was presented to the Fayette County mother, Mrs. Zach (Whitley) Mulvaney and her baby, Thomas. Both mother and Thomas (who though only a few days old, smiled appreciatively), as did his mother.

Although the mother is too busy now, with three other children, may be a potential HCE member in the future. She very graciously expressed her appreciation via a Facebook "thank you" for many to see.

*Another fun and informational experience was the Outing Trip taken by the Vandalia Day unit to the "Underground Railroad", located in Alton, Il. Their tour guide, Professor E. Robinson, pointed out various historical houses where local people hid slaves seeking freedom.

The Vandalia Unit shared many other points of interest about the outing which are such important parts of a darker side of our American history.



The mayor of Vandalia issued a proclamation for the week of October 2-8 as IAHCE week which he presented to the Board at our meeting in the last week of September.

* **Certificates of Appreciation** have been prepared and will be presented to the local media (newspapers and radio station), the City hall officials and staff, the churches, the local hospital, and county health department who have published, broadcasted, and provided us with sites in which to hold our programs and seminars, and other persons/businesses who have supported us and assisted our endeavors to reach the public.

Plans are already in progress for more free public community seminars and programs for the months ahead.



District 6 Meeting in Effingham



So, as we "reminisce" and remember the days spent "Down by the Riverside", we are still looking toward the future and putting action to our name-"Home and Community Education".

Hope everyone has blessed and joyful holidays-filled with hope.

Panzi Blackwell,
Public Relations, Fayette County

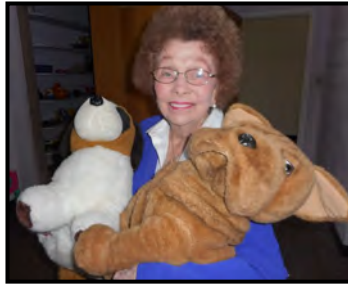
DISTRICT NEWS

JASPER.....

Jasper participated with Effingham, Clay & Fayette to present the trafficking program on Saturday, Oct. 29th.

The 'Rose and Monet Event' unleashed the inner artist of those who attended this class. Materials and step-by-step instruction by professional aa professional artist helped everyone complete their own masterpiece.

'Butter Braids' were sold as one of our fundraisers. This helps pay for the Books 4 Beginners and the Toys for Kids projects.



Freda Weddell is pictured with some stuffed animals collected for Toys for Kids.

Sue Sparks
Public Relations, Jasper County

After the meal Maila spoke to the group and answered many questions about her country. Maila was back in Jersey County as a guest of Elizabeth and Martin Schwab, as she was in 2005 when she first came to Jersey County through the International Homemakers Exchange program through IAHCE and ACWW. Elizabeth and Maila have remained friends all these years and have kept in contact faithfully. Maila has cousins in the United States and was coming to Wisconsin for a wedding, and since she has another cousin who owns a horse ranch in Kansas she contacted Elizabeth and asked her if she could stop in Jerseyville on her drive from Wisconsin to Kansas and the party was arranged!

In September our International Country of Study program on Ecuador was held and in the month of October we traveled to Hillsboro to the Bi-Annual Fall HCE Retreat held by Unit 18 Extension and on October 20 the Jersey County ladies traveled to Principa College at Elsay in lower Jersey County for a luncheon and tour. Principa College is located on the bluffs overlooking the Mississippi River and the scenery is beautiful, especially at this time of year.

Elizabeth A. Schwab
Publicity Director, Jersey County

JERSEY.....

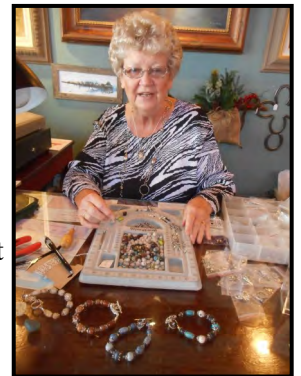
Jersey County HCE ladies remain busy. In July we again helped with the Jersey County Fair and as always furnished the trophy for the Culinary Arts Department. August was our Vacation Month and we received the U. of I. package lesson on "Five Ingredient Fix". However, the highlight of the month was the arrival of Maila Hagglund of Finland.

On August 23, 2016 members of Jersey County HCE entertained Maila Hagglund from Finland at a brunch at the Olive Branch Café. Those present were Jane Ann Hellrung, Wanda Groppe and Marcella Schneider of the Elsay Unit, Mary Lou Hess of the Fidelity Unit, Doris June Gettings of the Fieldon Unit, Doris Henson, Evelyn Randolph, Dinah Breitweiser, Rosemary Whiteside and Elizabeth A. Schwab of the Jerseyville "B" Unit, Lanita Combs, Evelyn Stumpe and Sandra Bechtold of the McClusky Unit and Ida May Pickel of the Panhandle Unit. Marguerite Sinclair was a guest.



LAWRENCE.....

Wanda Sechrest, owner and artist at the Finishing Touch in Lawrenceville, IL, was the guest speaker at our HCE meeting. She explained how flower are used to commemorate life's most significant moments, such as weddings, loss of a loved one or a birth or graduation. Flowers are associated with memories.



But, what do you do with those flowers from a special occasion? She makes them into jewelry, such as necklaces, earrings. And bracelets. She explained how she hand crafts each individual bead using our flowers from our own special memory into something meaningful to us.

One of our projects for the year was the wreath and greenery fundraiser. Pictured at left is Kathy Balding, coordinator of the project, with Janet Piper.



Kathy Cordes and Julie Ivers
Public Information,
Lawrence County

DISTRICT NEWS

MACOUPIN.....

The Sangamon County HCE invited the Macoupin County HCE to a get-together at the Springfield, IL HCE office. The tables were themed by birthday months and were appropriately decorated according to the holiday of the birthday month! The Macoupin County Board ladies provided the desserts for the occasion. It was an enjoyable day and we met many new HCE ladies. We are looking forward to the next one!

August vacation month was enjoyed by various county units. Some went out to lunch. The Mt. Olive unit enjoyed a meal and visiting at Ruby Tuesdays.

The Nilwood HCE met Tuesday, August 16 at Blackburn College for a tour of the Standard Addition in Carlinville. The group tour was lead by Andrea Duncan, Carlinville, and the Macoupin County Public Transportation provided a bus for the group. The history of the Standard Addition was explained and we drove by one block that contains one of each of the various models that Sears produced and sold through their catalog. The homes were purchased by Standard Oil to be sold to their employees. The homes were shipped by rail to Carlinville and then erected on property Standard Oil had purchased. Don Cook, a resident of the area, opened his home for the group to tour. He explained many of the projects he had done on the house. The group went to the downtown area and Andrea told about some of the buildings. In front of the old jail, the renovation project was explained. Numerous facts about the courthouse were explained. Dorothy Cordes said the bus then returned to Blackburn and the group had lunch in the cafeteria.

Denise Cadmus reported, "August 31 sixteen of us boarded a Macoupin County Transit bus and traveled to Grafton where we boarded the Spirit of Peoria Paddleboat for an hour long cruise on the river. Very scenic and peaceful. We left from the Loading Dock restaurant parking lot and returned there where we enjoyed lunch on the patio. After lunch we traveled to Eckerts County Store. We then traveled home. What a fun day!"

The week of October 9th was HCE week. Articles about HCE and what they are and do as well as information about meetings was sent to all the local newspapers.

October 13 Macoupin County hosted the Fall Retreat at the Hillsboro HCE office. The Police presented a topic about illegal drugs which was quite eye-opening and interesting. In the afternoon "Tech Tips for Seniors – How to enjoy the latest technology" was presented. A delicious lunch was served by the Macoupin County Board.

Entertaining for the holidays/HCE Founder's Day was held October 27 at the Carlinville Methodist Church. A delicious catered dinner was served and entertainment was by "Mature Traditions" who did a beautiful job of entertaining us with songs of the 40's and other years. The 2017 Macoupin County Board Members were installed by

District 6 Director Marilyn Schaefer -- President Carol Rimar, First Vice Carol Pollo, Second Vice Cindy Tipps, Secretary Terry Jameson, Treasurer Kay Kalaher, Public Information and CVH Chair Joyce Duelm, Cultural Enrichment Vickie Laughlin, International Linda Cruthis and Family & Community Issues Donna Greenslade. A big thank you to the Town and County/Willing Workers Quilters for donating a quilt to the Macoupin County Board to raffle with the money raised to help our county with funds for activities. Certificates were awarded to various members for years of service and a Loyalty Award was given. Thank you to our outgoing Cultural Enrichment board member Marsha Bauer who had wonderful crafts each month.

Our lessons these past few months were Disaster Preparedness, Keeping Small Children in Your Life Safe, and Hold That Thought: Brain Health.

Joyce Duelm
Public Relations, Macoupin County

MADISON.....

Can you believe Christmas is less than 60 days away? I am glad to see the cooler fall weather; it has been such a long HOT summer in Madison County. We had a fun day with our Summer Cool-Down on August 6th. There were over 15 classes offered by Alton Bluff Crafters & Artisans, MCAHCE, and Senior Services Plus.



On August 11th the board of Madison County attended a District 6 & 7 Workshop at Effingham. Packets for the next year's officer positions were passed out. The theme for next year is "Down by the Riverside". We can start using this theme in January.

On Aug. 15th Alhambra Leef had a successful Southeast District meeting. There were sixty six members and guests, and Barb Kay did a wonderful job portraying Mary Todd Lincoln as our entertainment.

On August 23rd the Madison county board held an officer training meeting. Packets from the IAHCCE workshop at Effingham were distributed to all officers. The board provided a luncheon and Barb Kay (pictured on next page) portrayed Molly Brown. Jackie Green informed the group about the shoe box Christmas mission for children in third world countries.

DISTRICT NEWS



Alhambra Leef sponsored a blood drive for the Red Cross on Sept. 6th with 24 units of blood donated. During HCE Week, October 9th – the 15th many clubs set up displays of this year’s activities.



On October 10th we celebrated our International Night which focused on Ecuador. Members ate a variety of Ecuadorian foods which consisted mainly of fruits and vegetables. A number of videos highlighting important areas and things of Ecuador were presented including the making of the Panama hat. A select group of our members got on stage with instruments you might find in the country and another group of women danced to an Ecuadorian song. The night was wrapped up with a hilarious skit that featured many members dressed up as llamas, birds, and even men.

Special thanks go to Eleanor Gregory, our International Chair, for putting everything together. She spent countless hours preparing the program, organizing the skits, making decorations, and contacting members to get involved!

On November 3rd, Madison County will have Christmas in November. The dulcimer playing group M&M will be the entertainment for the evening. A catered meal will be provided, gift baskets will be raffled off, a silent

auction will be held, and items for Hope for Heroes will be collected.

Candy Huckleberry
Public Relations, Madison County

MARION.....

At the July Board meeting, Program Books and Minor Lessons were distributed to each Unit in attendance. The Program Schedule was organized based on input from HCE members in Marion County with Minor Lessons selected and Program Books completed by the Town and Country Unit.

A donation to the Marion County HCE Scholarship fund was made in memory of member Mary Knight who recently died. Marion County Board members will staff a booth Thursday, August 4, at the Marion County Fair to pass out information regarding HCE in Marion County, the upcoming Program Schedule, and the Marion County HCE Scholarship Fund.

An update on the new unit which is yet to be named, but will be meeting the fourth Thursday of each month at 10:00 am at the Marion County Extension Office, was given by Helen Leonhardt. Margaret Parsons summarized the very successful first effort at fundraising by hosting a musical artist that was made by presenting George Portz and the Friends of Bluegrass at the Salem Community Theatre on Saturday, June 25.

In spite of many other summer activities taking place on that date, there was a good crowd on hand in the air-conditioned venue who enjoyed a two and a half hour concert during which a few local talents were also invited on stage. A profit of \$501 was made with the opportunity to recapture the cost of the venue through an IAHCE grant that could increase those profits.

Thanks were expressed to those who sold tickets, collected tickets at the door, distributed flyers, and helped with publicity. These profits help fund memorials that are made to the Scholarship fund, fees for district and state events as well as our donation to the University of Illinois each year. Postage for newsletters, the HCE award for 4-H Achievement night, and speakers are also funded.

At the August Board meeting, summaries were given by those who attended the IAHCE District 6 and 7 Meeting in Effingham recently. A great time was had by all and great information was shared. Our 2016/2017 program year will begin with an International Lesson presented by Sharon Sullens on September 15. A retired school

Continued on next page

DISTRICT NEWS

Marion County, continued

teacher who loves to travel, Sharon will present an informative lesson including pictures from her trip to Canada.

At the September Board meeting, discussion was held about the upcoming Membership Social to be held during HCE Week in October. Plans were finalized for the events marking each day of that week and the celebration for new members which will be held Friday, October 21 at the Marion County Extension Office. Included with those new members is the most recent unit to be added in Marion County, "New Beginnings".

The September County Training about Canada was well attended and repeat presenter Sharon Sullens did not disappoint. The Lync Call "Hold That Thought: Brain Health" was well attended in October and several in attendance indicated they would be interested in other Lync Call Program events. On November 17 we will host a representative from Salem Hospital to teach about Mammography.

Prior to the October Board meeting several members of the Board gathered at Salem City Hall for a photo with the Mayor of the City of Salem, Rex Barbee, who signed a proclamation declaring October 16-21 "Marion County HCE Week". At the meeting announcements were made regarding the hiring of Kara Cox as 4-H Program Coordinator and Christina Leuking as Ag and Natural Resources Program Coordinator in Marion County. The departure of Lisa Wait, Unit 23 County Director was also announced; Pam Jacobs will serve as interim from Madison/Monroe counties. The New Member Social was well attended on Friday, October 21, where members wore or displayed hats and told their stories. Of particular interest was a hat displayed by 70 year member Ruby Shaffer that she made at a former Home Bureau hat making event. In beautiful condition, the pillbox hat featured feathers and is now proudly displayed in her daughter's home. Many of the ladies in attendance shared stories of their favorite hats of days gone by or borrowing hats to wear for special events such as weddings when they were "in style". Thank you to all who provided refreshments, fans, decorations, hats, and helped plan the program that wrapped up our HCE Week of celebration.

The Young at Heart Unit of the Marion County HCE recently gathered to celebrate their 60th anniversary as a unit and was recognized at the Marion County HCE Annual Meeting in April for their longevity and contributions to the organization.

The "Young Home Makers" Unit was organized in 1956. Present at that first meeting were current members Margaret Young Parsons, Wanda Keele, and Jean Monical. Marie Brite, University of Illinois Extension Home Advisor, Marie Branch, Gladys Williams, and Hazel Loomis were also present and many members joined the following year.

The unit, now known as "Young at Heart", currently has 19 members who are very active. It was noted by those in the unit that these many years together with HCE have been a wonderful experience. Members say they've made many life long friends and learned so much from the monthly HCE Lessons that that have benefited them as they work in their homes and community. They have volunteered countless hours in the schools, churches, HCE, and other organizations in Marion County and raised money for the HCE Scholarship Fund as well as other local charities they have chosen to donate to through the years. There are currently 7 units in Marion County.



*Seated from left: Rosalie Maxey, Jean Monical, Margaret Parsons (President), Mary Wilkerson
Standing from left: Patricia Wilson, Sue Ellen Swartzel, Janet Bass, Brenda Schumpert, Pat Young, Dorothy Smalley, Donna Young, Dorothy Bruce*

Connie Williams
Pubic Relations, Marion County

MONROE.....

Monroe County HCE is celebrating its 75th Anniversary this year, and we've really been pulling out all the stops. Our 75 year coincides with Monroe County's 200th year, so we've been an active part of that celebration.

In August, we were invited to set up a food stand for the Monroe County Bicentennial-Palooza on the courthouse grounds in Waterloo, IL. We had a wonderful cookie booth, and picked up a couple of new members, too! We participated for the first time ever in the "Columbia Daze" Parade and although our parade "chariot," a snappy Camaro convertible fell through, we still had lots of fun publicizing HCE and throwing candy!



Ready for the  "Columbia Daze" parade.

DISTRICT NEWS



Cookie Stand at Monroe County Bicentennial-Palooza

And of course, we had our Usual HCE activities: International Night was a great success with speakers from our local Catholic high school who had just returned from service projects in Ecuador and gave us a glimpse of what poor Ecuadorian face, and Mrs. Kate Bauers, who presented Ecuador from a tourist prospective.



Mrs. Kate Bauer



International Chairman, Carol Huffman, and Gilbault High School students participating in Ecuadorian Service trip.

In addition to package lessons from the U of I, we had successful lesson, "What's Available for YOU at the Monroe County Courthouse, a very informative talk by County Commissioner Delbert Wittenauer.

An HCE sponsored trip to Amish Country – Arthur and Arcola, Illinois-- in early September was great fun for members and guests. This trip was organized by long-time member and Special Activities Chairman, Diana Hamilton.

Our newest board member, Donna Meidinger, organized one-time service project, "Suitcases for Foster Kids." There are more than 400 children in our county Foster care system, and they are often transferred from home to home with all their belonging simply

thrown into a trash bag for moving. We collected over 60 gently used and new suitcases for these kids, to help them maintain their sense of self-worth. A very simple, effective Community Outreach event.



Donna Meidinger

Gracia Schlafly
President/Public Relations Monroe County

RICHLAND.....

Our Blanket Brigade group is still going strong, with a total of 3,940 mostly quilted blankets having been delivered to Richland Memorial Hospital thus far.

A workshop is held monthly to make quilts, or sew on labels, or put together coordinating fabrics to be taken home by volunteers to piece together, or put bindings on. The hospital uses these blankets to sooth youngsters undergoing medical treatment or who may have suffered some other trauma.

On Saturday, November 5, Richland County Home and Community Education Association held our annual Holiday Bazaar, our only fundraiser each year. The doors opened at 8 a.m. with coffee and sweet rolls available.

Each of the units had tables displaying their homemade craft and baked items.

Lisa Weiler, Cultural Enrichment chairman, led Make-it-Take-It demonstrations of a candy cane made from beads, a filled clear ball ornament, and a snowman magnet.

The grand prize on the raffle was a two-night stay in a cottage in New Harmony, Indiana. Many other nice items were donated by local merchants.



*Lisa Weiler
Cultural Enrichment
Chairman*



Continued on next page

NEWS AND NOTES

Richland County, continued

Other attractions were a 50-50 drawing, theme baskets, white elephant stand, and a “baked potato bar with toppings” lunch, including pie for dessert and a drink.



Debbie Geier, 2nd Vice President, Alexis Howser (new member) and Loretta Steber, secretary, at the Richland County Bazaar.

DISTRICT 7 DIRECTOR Janel Kassing



Ladies,

Once again it was so wonderful seeing so many of you at our mini district meeting in late October.

Thanks for joining me. I always look forward to keeping you informed of information from the state board. We had a great time, lots of work completed, but lots of laughs, too. I celebrated my 65th birthday there with a cake and well wishes.

My penpal of 50 years came for a visit the end of September. She left just days before the state board. We did a lot of touring around the area and celebrated our birthdays so I've been celebrating for a couple of weeks.

Now it is on to the details of the Annual Conference in March of 2017. We will be in E. Peoria and our theme will be "Down by the Riverside" with a picnic focus. All of the details will be in the President's packet in December and in this newsletter. Anyone can attend-not just for officers. We have some great share shops and an abundance of great food. Almost a mini vacation! Please join us.

A good reason to get the newsletter to get the info delivered to your door. Your hotel reservation must be made by February 17 to get the group rate. The hotel said it's very easy to use the hotel internet connection to make your reservations.

Looking for you "Down by the Riverside" on March 14. You can come on the 13th to register and then be able to do our "Fun Walk" and games on the 14th. We have rooms at the same rate for the 13th.

Come on "Down by the Riverside"

Janel Kassing

Jane Kocher, left, Richland County HCE president, discusses plant selections with an attendee at the Bazaar.



Jane Kocher
President, Richland County

BOND



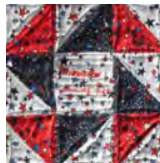
CLAY



EFFINGHAM



MACOUPIN



MADISON



MARION



MONROE



RICHLAND



FRANKLIN.....

At this writing the weather is beautiful and I'm enjoying looking at the gorgeous colors of the trees. God's paint brush never fails us.

The ladies of Franklin County HCE have been busy all year and many will agree that it was a fast moving year. Our first Lesson for Living in January was on God's Pharmacy and it was a good one. We followed with Being Safe in a Fire, CPR, Home Industries,

DISTRICT NEWS

Cooking with 4 Ingredients, Autism, Bariatric Surgery, and the last one will take place in November on Essential Oils. We postponed our International Lesson until we could partner with 4-H in a program. We did have a Lesson on Utah and learned they manufacture rubber chickens there.

Our members stay busy volunteering. Several of them meet once a month to make neck coolers for the military and mail out over 2,000 every year. They get letters from officers requesting them. This group has also started collecting items to put in care packages such as wet wipes (unscented) eye drops, Q-tips, and many other things the troops can use. We also collect the plastic bottle caps to help a Learn and Play center make a bench to dedicate to one of the young mothers who passed away. We also collect items that can be recycled for the county Pre-K classes. We still collect cancelled stamps.

We have ladies who make cancer caps for children and adults. Every year we collect items that can be recycled and give them to the county Pre-K classes. Our members volunteer in the community in many ways.

We did sell Butter Braids this year instead of having a spring home and garden event. The Board wasn't able to attend the State Conference this year due to members being Election Judges, and some on the sick list. But plans are that we will definitely be there in 2017.

Our 70th anniversary was celebrated this year with our District Director Janel Kassing. We gave 2 scholarships that day. Janel meets with all the counties in District 7 at Benton twice each year. It is a big help to the counties and they have a chance to ask questions and share their events.

The five counties in our group take part in a Family Issues Update and rotate in being the host county. This year we met in Jackson County and had a fun day getting to hear from each county, seeing their displays, and being entertained by a really good singer.

At the present, we are preparing for our annual Christmas Ideas Day and Health Fair that has been taking place for nearly 40 years. A lot is planned and we often have helpers or visitors from other counties. Every year we print a booklet of recipes that are on the Taster's Table....And in December - we collapse!

Barbara Spencer
Public Relations, Franklin County

If at first you don't succeed, skydiving is not for you.

HAMILTON.....

The summer here in Southern Illinois has been a hot, muggy one and we were all ready for the cooler temperatures that moved in the last part of September.

Activities slowed down a lot through the summer but we are making plans for the last months of 2016. Seven of our members attended the District Meeting in Effingham, and several also attended the Mini-District meeting in Benton.

In August, we sponsored a "Parade of Projects" where the county 4-H'ers showed their finished projects. A lesson, "Let's Talk Food" was given on September 13th at Heritage Woods assisted living facility. Willie and Carolyn Grubb gave our October 13th lesson with their "Antique Roadshow," also at Heritage Woods.

Karol Brown, our Community Outreach Director, continues to do a great job collecting hard plastic items for groups wanting to use them to make benches or picnic tables. We also collect canceled stamps, soda tabs for Ronald McDonald House, and box tops for education.

Sue Dietz, Family Issues Director, is focusing on Child Abuse, and providing some great and much needed information on that subject.

Our International Day program was held on October 10th at St. Clements' hall. 4-H clubs had displays from various countries along with food samples from their




Above: Phyllis Parr and Paula Hatfield were organizers of International Day in Hamilton County.

respective countries. HEA members had an opportunity to view the displays before enjoying a lunch of food from recipes from Ecuador, the country featured at this year's meeting. After lunch, we had an interesting speaker and video on the country of Ecuador. The program closed with door prizes.

Right: The Hamilton County International Day – the audience listening to an interesting talk by a speaker who had visited Ecuador.



Continued on next page 

DISTRICT NEWS

Hamilton County, continued

Happy Days Fall Fest



Lucille Auten is having great time at the multi county homemakers Happy Days Fall Fest.

Jeanne Campanella (on left), warden at Vienna Correctional Center, spoke at Happy Days Fall Fest.



Hamilton County ladies at Happy Days Fall Fest

We will end our year with our major fundraiser, selling concessions and baked goods at a Holiday Bazaar on December 3rd. In the meantime, we will continue selling quilt raffle tickets on a beautiful quilt to be given away at the bazaar.

As the year comes to a close, we hope everyone enjoys a great Thanksgiving with family and friends, and we wish everyone a happy and blessed holiday season.

Bernadine Drone
Public Relations, Hamilton County

Murphysboro Apple Festival. So many children participated. Our pie making class was featured on the Local KFVS News.

-Members shared our Annual Mum Sales Fundraiser.
-5 County Meeting was well attended in September.

We were honored with the Shawnee Quilters, Tender Mercies group, etc. Many members assisted and participated in our programming.

We are currently preparing our International Lesson on Ecuador. We know that we will enjoy this program as usual with all of the tasting of dishes and the wonderful speaker that has been rounded up. We are planning on a Line Dancing Program in November along with a Wedding Dress Breakdown sewing program for our members to fashion baby gowns for the Honoring Children Eternally Program. In December, individual units will be celebrating Christmas with one another.



*HCE Board members attending the Effingham Conference:
Back Row Left to Right Lyn Christy, Lynn Pierson,
Mary Reiman, Marilyn Gannon.
Front Row Left to Right Becky McIntosh, Brenda Jones,
Francie Lindeman, Jane McLaughlin, Jean Conrod*

In 2017 we look forward to attending many new programs. Several crafts and safety programs are being worked on by our board members.

Jackson County HCE stays busy and 2016 will bring a fun time with our members.

Jean Conrod
Public Relations, Jackson County

JACKSON.....

The ladies of Jackson County have been ever so busy this late Summer and Fall.

-We have shared the lesson on God's Amazing Pharmacy.

-Members from our board attended the District 6 & 7 Conference in Effingham.

-Early in September HCE members assisted with the Apple Pie making class for the 4-H children to enter the



A woman and her husband interrupted their vacation to go to the dentist. "I want a tooth pulled, and I don't want any pain killers because I'm in a big hurry," the woman said. "Just extract the tooth as quickly as possible, and we'll be on our way." The dentist was quite impressed. "You're certainly a courageous woman," he said. "Which tooth is it?" The woman turned to her husband and said, "Show him your tooth, dear."

DISTRICT NEWS

JEFFERSON.....

The bad news is time flies. The good news is you're the pilot.
- Michael Altshuler

Jefferson County HCE piloted its way down the river, with several volunteering, educational, and fun filled events. July, we volunteered our services to the 4-H youth group, by judging the general projects show. It is said every year, "what an amazing amount of talent we have in our 4-H program", this year did not disappoint. The leaders and parents play such an important role in inspiring and facilitating the youth, it is always a pleasure, although tough to pick winners, for JCHCE to participate and observe what the 4-H youth are learning and creating.

To keep such a great program afloat, JCHCE donated pies, cakes and cookies to the annual 4-H BBQ in August. This year's event topped expectations.

On August 5, our cultural enrichment chairperson, Sarah Mae Waite, organized a wonderful day trip. We traveled to Louisville, KY, where JCHCE and several guests embarked on the Belle of Louisville, the oldest Mississippi River-style steamboat. The River Cruise and Luncheon were enjoyable. After the cruise, we visited the Historic Mega Cavern and enjoyed a Tram Tour of an underground adventure, rich in history, geology, mining, recycling, and green building technology, located underneath the city of Louisville. This was a fascinating tour. On our way back, we stopped at "The Log Inn". One of the oldest original inn and stage-coach stops in the United States, the Log Inn was built in 1825. Abraham Lincoln stopped here in November 1844 en route back home from Evansville. This day trip was full of historical events, new friends, fellow-ship, and good food. The weather cooperated waiting until we were all off the Steamboat and back on the bus before it started pouring down rain. The inspiration for this trip came from out "Rollin down the River" theme, an adventure we may not have thought about without the theme.

In August, we combined our Lesson and Advisory meeting into one. Our lesson was on Crockpot cooking; several members made a dish in the crockpot and brought it in for tasting. The turnout was wonderful we had 32 members in attendance. The board was able to share with many members the material learned at the fall workshop.

September we started suggestions lessons for next year, time to begin getting the new program book together for distribution in December (already!). We also finalized the HCE week activities. Our lesson was on Safety in the house for elderly. Even if you do not feel like you fit under the "elderly" population, you will eventually. You know that little rug on the floor you seem to trip over periodically, it might be a good idea to get used to it not being there, or get one of the devices they sell to keep a throw rug secure. It is always better to be safe than sorry.

October we celebrate HCE week, this year our theme was

"WAVES" of kindness, each day of HCE week. Members were encouraged to do a random act of kindness. Each day of the week was designated for a certain group of community members, church family, the public, our veterans, our earth, and our organization.

On Saturday, we held a craft day event and we made 15-travel holders for personal hygiene products made from a hand towel. We sewed pouches in each towel and filled them with washcloths, toothbrushes, toothpaste, soap, shampoo, etc. We distributed these out to local shelters. We also had two DIY projects, toilet paper roll pumpkins, and snowman tea lights. We are curious to hear about HCE members experiences with their random acts. International night was our lesson. Our country of study was Ecuador. Several members made food authentic to the country and our speaker, Janice Wagner, gave us a wonderful tour through Ecuador with a slide show and a display of original products from the country. It was a fact filled and tasty lesson. HCE week was a great success, and our random acts helped us get our organizations name out to the population.

Now we are coming to the end of our ride down the river. In January, we will anchor and find ourselves down by the riverside, educating, promoting, and encouraging folks to come and get to know us and join our worthy organization.

We wish all of you blessed holidays, good health, safe travels, and fun down by the riverside.

"Kindness is the language which the deaf can hear and the blind can see."
-Mark Twain

Silvana Morss
Public Relations, JCHCE



DISTRICT NEWS

JOHNSON.....

For fourteen years the Johnson County HCE has held an "Art in the Park" community event in the Vienna City Park.

The idea was conceived by an HCE member, the late Pat Swieca, who got the ball rolling. The event has evolved and has been a bit different each year. Cara Webb of the HCE board has been the coordinator for the past few years, and begins contacting potential vendors as soon as the September event is over. Any person, artisan, person, artisan, photographer, author, potter, sculptor, or



any genre of the arts is welcome to show and sell his/her creations.

There is no entry fee for vendors and there is

no admission charge. This has been an HCE provided event from the beginning and does not serve as a fundraiser, but as a community art gathering.

At one time, HCE members sold hot dogs, drinks, and desserts, as a fundraiser, but for the past few years, a local barbecue eatery owner has been invited to provide his specialty. Vendors are welcome to sell their desserts, which resulted in a delicious array of fruit cobblers a couple of years ago, a welcome addition.

The city park begins to look like a country fair, as the vendors set up shop, with their tents and tables filled with unique treasures, a great place to shop for the holiday list.

Country music fills the air, as local fiddlers and strummers play popular country tunes.



Two years ago, the board members decided to hold an art poster contest, in conjunction with the "Art in the Park." The first year, one winner was selected to receive the \$50 prize. This year, the board decided to offer two \$50 prizes to each of two winners, in two divisions, grades 5-8 and grades 9-12, that included home-schooled students. The winners included Jordan Oliver, who had also won the previous year, and Savannah Duringer. Their artwork was displayed at The Forman Depot Museum in the city park from August 10 until "Art in the Park" took place

September 10, when the prizes were awarded.

"Art in the Park" Poster Contest winner



This year's "Art in the Park" brought in a number of jewelry booths, as well as lots of artsy-craftsy vendors, offering decorated t-shirts, handmade toys, home décor, the creations of a high school art club, quilted hangings, handmade candles, beauty potions, framed art, and so much more.

Plans are underway for next year's "Art in the Park" which will be underway the second Saturday in September. Come on down!

Dixie Terry
Public Relations, Johnson County
Assisted by Faye Mize

MASSAC.....

Eight members of Massac County HCE attended the University of Illinois Extension Mini-Conference at Shawnee Community College, Ullin, Illinois. The conference was open to all counties in the Extension unit, which included Alexander, Johnson, Massac, Pulaski, and Union counties. The keynote speaker was Susan Sloop, University of Illinois Family Life Extension Educator. Educational workshops were also provided during the event.



(L-R): Sue Elting, Mary Lou Stratemeyer, Judy Duckworth, Dorothy Holt, and Millie Wilson. Not in picture, Anita McConnell, Diana Kruger and Norma Korte.

DISTRICT NEWS

The Massac County Home and Community Education (HCE) organization held their annual salad luncheon for the community on Wednesday, October 5th. Thank you to everyone who attended, brought food, helped serve, cleaned up, or volunteered as models during the style show. We extend our sincere appreciation to Don Parr, Cody Smith, and the Massac County FFA members who helped setup tables and clean-up after the event. Thanks also to the following businesses for supplying clothes, providing displays, and donating door prizes for the event: Perfect Shade of Pink, 718 Brew Cafe, Back of the Closet, Dress It Up, Creations the Florist, Leaps and Bounds, Sixth & Vintage, Earth & Wood, and Ribbons & Beaus.

Some of the many displays provided by local businesses and HCE.



Massac County FFA members and their advisor who helped with setup and cleanup for the luncheon. (Pictured left to right: Cody Smith, Jakob Korte, Seth Parks, Robert Reed, and Keeton Reynolds.)

Three members HCE participated in the Myasthenia Gravis Walk on October 8th. Proceeds from the event were used to generate awareness and help support research for a cure to myasthenia gravis disease. This volunteer healthy agency is committed to finding a cure and improving treatment options.



HCE members who attended the walk were (left to right): Paula McIntosh, Norma Korte, and Millie Wilson.

The Massac County FFA hosted the Section 24 and Section 25 FFA Land Use and Tractor Operator Career Development Events on October 13th at the farm of Darryl and Sheila Korte. Massac County Home and Community Education (HCE) members assisted by supplying cookies for more than 300 high school students and teachers in attendance. The remainder of the meal

was provided by Production Farm Credit Services, and City National Bank.

More than 300 high school FFA members and agricultural education teachers attended the Land Use and Tractor Operator Career Development Events on October 13th.



Norma Korte
Public Relations, Massac County

PERRY.....

Perry County HCE members have been working hard this summer and fall with many different programs and events. In June, the county held an all-unit picnic in the park that featured a program about the American Flag put on by the local American Legion and DAR members.



Our program planning committee has scheduled a great array of lessons for the year that are all centered around the State theme (also the NVON focus this year) of "Eat Local-Eat Healthy".

Members started collecting bottle caps again to be used to make benches for the Pinckneyville community garden project. They were challenged to "Fill the Wagon" with caps during this HCE year.

Craft Day, in September is an annual event for Perry County. Open to the public, participants spend the day making various crafts and enjoying lunch together.

County President, Jane Chapman, help promote HCE by requesting the Perry County Governmental Board sign a proclamation making HCE Week official in Perry County. Also during HCE week, members presented reading programs at 2 different community



libraries. HCE members read books, following the theme of "Eat Local – Eat Healthy" and were accompanied by a snack and craft.

Sara Tanner
Public Relations, Perry County

DISTRICT NEWS

PULASKI-ALEXANDER.....

Recently District Director Janel Kassing visited the Pulaski-Alexander Board meeting in Mounds, IL. She presented each Board Officer her annual state packet of information and encouraged everyone to attend the District #7 mini-meeting in Benton on October 25. In addition, she discussed other upcoming events and motivated us all with an inspirational program.



Pictured at left is June Sielbeck, who highlighted the

country of Ecuador at the annual International Day in Mounds, IL in October at the U of I Extension Office. This event was sponsored by the Pulaski-Alexander Illinois Association of Home and Community Education. A pot-luck featuring recipes of Ecuador began the program which was followed by Ms. Sielbeck's presentation. She shared her experiences in Ecuador as a Habitat for Humanity volunteer in a power point program. State 1st Vice President Norma Korte assisted in the program.

The Pulaski-Alexander IAHCE won the attendance trophy at the 2016 Family Consumer Science Conference on October 10 at Shawnee Community College. They had eleven of their 25 members present at the meeting which featured nine selected programs in which each attendee could choose three sessions for participation. Five counties were represented.



Pictured are from left Emma Dell Bennett, Agnes Thurston, Alice Mae Mathis, Betty Shumaker, Joan Fish, Sue Johnson, Anna Doardi, Margaret Ann Grace, Lucille Bierbaum, Mary Jo King, and June Badgley.

Betty Shumaker, 2nd Vice-President of Pulaski-Alexander IAHCE, set up an information table at Grand

Chain Day on October 1 in order to show some of the many projects the organization sponsors. She displayed the yearbooks from the past several years with pictures and awards. Copies of lessons given by the Shawnee Unit were distributed to interested persons.

Additionally, mums were won by Barbara Ramage and Jean McClellan, two of the public who had participated in the discussions. For more information about becoming a member, please call Board President June Badgley 618-634-2367.

Betty Schumaker
Public Information Chairman
Pulaski-Alexander



RANDOLPH.....

Members of the Randolph County Association HCE attended a Five-County Event held in Murphysboro on September 22. It was hosted by Jackson County. Each county had a display of its activities. Randolph County displayed the Linus blankets and quilt for veterans.



From left are Jane Lucht, Shirley McCormick, Donna Wetzel, Charlene Woods, Janel Kassing, Joan Wiegand and Shirley Hohgreffe.

A major emphasis for the members in Randolph County during the past several months was making Linus blankets and lap quilts for veterans. The Linus blankets were donated to the three hospitals in the county and to the Illinois Department of Child and Family Services. The veterans in local nursing homes will receive the lap quilts.

Most of the board members attended the Five-County Event that was held in Murphysboro in September where many ideas were shared by those in attendance. Plans are for Randolph County to host the event in 2017.

DISTRICT NEWS

A Game Day has been planned for December 9. Members were encouraged to bring a friend or spouse to enjoy a day of fellowship and fun.

Board members will be at the annual conference in March and host one of the make and take it workshops. Hope to see a lot of friends there.

Jane Lucht
Public Relations
Chairman

SALINE.....

After a busy summer of 4-H shows, fairs, bible schools and vacation trips, the Saline County members welcomed the return of the Fall season. We welcomed 4-H clubs to our August meetings. The 4-Hers presented quite a program for our ladies. We are always amazed at the talents of our County's 4-H members.

In September we enjoyed the Multi-County Meeting "Happy Days" Fall Festival. We learned about Barn Quilts by Melinda Walker, how Shingles can affect our lives by Dr. Matt Winkleman, "You've come a long way Baby" by Jeannie Campenella, and enjoyed the musical talent of Don Fulkner. The planning committee did an excellent job and all the ladies express our "Thanks" for a job well done.

October was busy with Internal Night. Carletta Hanks planned our night at the new Villas of Holly Brook assisted living facility. After a tour of the facility we meet in the theater room for a slide show on Ecuador presented by Kimberly Dryer of Energy, IL. Her son lives in Ecuador where he serves as a pastor and missionary. She shared her experience of visiting her son and daughter-in-law. She answered questions about food, daily life, economy, schools, and living in the city verses living in the countryside. The units decorated informational tables about Ecuador. A potluck meal was enjoyed by those attending. We continue to collect Pennies for Friendship.

We also had our fundraiser Chicken and Dumpling Dinner in October. The Dinner was a big success and part of the Dinner's proceeds will be donated to the Saline County 4-H program.

As Community Service projects, members continue to collect Coke point for the West Side School gym program and soda can tabs for St Jude Hospital. Our new project is "A Book of My Very Own". We are working with the Scholastic Book Co. to make it possible for each First Grader in Saline County to receive a new book to keep.

Barb Lambert
Public Relations, Saline County

UNION.....

Union County HCE members are busy quilting in spring and in the fall. This year they quilted the 4-H quilt and two consignment quilts in the spring. In March and October they quilted a consignment quilt for 57 year HCE member Betty Cerny. The group works at the University of Illinois Extension office in Anna and meets on Thursdays, when quilting. The 4-H quilt is raffled with the proceeds paying for a college scholarship each year.



Above is a picture of quilting of 4-H quilt on a Thursday Quilters left to right Judy Huckleberry, Suzie Kessler, Barbara Bauer, Betty Bland, Lois Clutts, Linda Poston and Jane Bauer.

Betty Cerny quilting on her quilt – October 2016



Jane Bauer
Public Relations, Union County
Assisted by Brenda Chamness



They say that housework can't kill you,
but why take a chance?

DISTRICT NEWS

WASHINGTON.....

Hello, Fall is here in full swing, here is what is happening in our county. Our Cultural Arts & Recreation director planned a fabulous day trip to Arthur, IL, which included an authentic Amish meal in an Amish home, tour around the country side and stops at many shops.

We also had a very interesting International Night, with the country of Ecuador being the topic. A Slide presentation, many tasty dishes and a speaker who was both knowledgeable and humorous.

Our Ways & Means director is completing the sales on our quilt raffle.

Christmas Special is November 7, the theme is Christmas Ideas, we will have music, tasting bee, displays of Christmas China and Place Settings, quilt raffle, wreath and Christmas decorating ideas, demonstration on how to use cake mixes in the not so ordinary way, everyone is welcome.

Have a Fun Filled Fall!

Audrey Ostendorf
Public Relations, Washington County

WAYNE.....

Wayne County Home and Community Education enjoyed our International Night on Monday, October 24. The study given by our new International (Intercultural) Board Member Sheila Walker was interesting and the Ecuadorian food was delightful.

Rusti Grogan Louise Rodatz
Public Relations President
Wayne County



Pictured is Karen Mayfield, Family and Community Issues Board Members, explaining the project for 2016 "How to make a drawstring backpack". Patterns were handed out with several members having already made backpacks. Donations of various products are shown on the table and some of the finished backpacks. A few toys, wet ones, shampoo, toothbrushes and toothpaste

have been collected. The drawstring backpacks project for the Department of Children and Family Services will continue into 2017.

The Wayne County 4-H youth are learning to cross stitch embroidery, having already completed two classes with the final class on October 29th. We (HCE) hope to continue with other sewing or crocheting classes with the youth. This is very rewarding to work with the 4-H leader and the youth to share information and keep the art of sewing alive in our youth.

The Wayne County HCE Quilt Raffle has gone very well this year. We attend various community fun days and sell tickets to win the quilt. A few interesting facts are you can get rained out and have to go home or if you're in a tent at a Fall Fun Fest and it starts to storm you might want to pack up and go home. After all of this we have done very well selling tickets for our quilt raffle. The quilt will be given away on April 24, 2017 at our Wayne County HCE annual meeting. IAHCE President Jane Chapman and District Director Janel Kassing will be visiting our county and we appreciate all the hard work they do for IAHCE and our local HCE.

If you would like more information on membership please contact the University of Illinois Extension Office at 618-842-3702. We always welcome new members and guests and have developed a tri-fold flyer to give to those who are interested in what we do and what our mission is.

WHITE.....

Summer is a memory now and we had lots of good times while making a difference in our lives and the lives of others in our communities. Volunteers and donors are critical resources, what we do with the precious resources is even more critical.

Far from being "transactions" we must approach every single interaction as an opportunity to listen, to learn from, and support those around us – from those we serve to those who help serve. It is a mighty task and HCE gives the opportunity to serve those in need and I am proud of what we do for our community.

We have fun activities, such as our 5 County Fall Fest that was filled with many happy memories. "Happy Days" in the 50's, we wore our brown and white oxfords, our poodle skirts, and sun glasses. "And, of course, Elvis was in the building for pictures. Our JD Donnie performed dance and sing-a-long hits from the

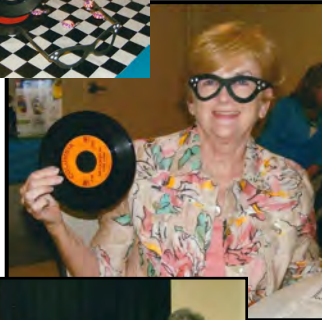
DISTRICT NEWS

50's. Fun and food was had by all, even did the twist believe it or not!

HAPPY DAYS!!



Karen Sneed



Mary Bingman loves her glasses



In car: Mary Bingman, Doris Stinson, Ruth Norris, Karon Sneed. Standing: Flo Mick, Shirley Smith, Sue McArthy, Joan Mundy, Ludene Taylor, Joy Hoffman, Vickie Hablis, Fran Matheny, Vera Blackman.



HCE Board—
Doris Stinson,
Ruth Norris,
Mary Bingman,
Fran Matheny,
Ludene Taylor,
Joy Hoffman

Karen Sneed and Mary Bingman doing the twist.

(?Can you guess who won the twist contest?)



HCE Week events included taking snacks to the nursing home caregivers, collecting items for Circle of Hope, a home for unwed mothers and their children. Pennies for Friendship was collected at our October meeting.

International Day was well represented with a guest speaker, Marsha Sutton, who has traveled to Ecuador. We had a great crowd and plenty of recipes from Ecuador plus a lot of our favorites.



Our Board thanks each and every one for the help received when we have an activity. Without help we could never have the great programs we do for our community.

Fran Matheny
Public Relations, White County

WILLIAMSON.....

Jackson Co. hosted the Sept 22 five county HCE meeting in Murphysboro. Shown below are some of our county members who attended listening to Charlene Morris giving a Williamson County report. A total of 18 attended from our county of the 84 total attendees.



President Morris announced several community service projects including her unit \$500 scholarship and units giving to the Herrin House of Hope, the Gumdrop food program, the Veteran's Home Clothing Donations and Bingo with residents at the VA Nursing Home, etc. The Lighthouse Homeless Shelter has our county fix a lunch any month with a 5th Saturday .

Continued on next page

DISTRICT NEWS

Williamson County, continued

We are held our annual meeting October 27th in Marion where the winner of this year's raffle quilt was announced.

Barbara Eastwood is shown with her pieced raffle quilt which is hand quilted.



Nancy Smiley of Today's Homemakers was the lucky winner of the quilt raffle.

November 5th from 9 am to 3 pm was our annual HCE Bazaar at the 3rd Baptist Church in Marion on Fair Street. Crafts, baked goods and lunch were a few of our traditional features.

Marie Samuel
Public Relations, Williamson County

5-COUNTY HCE CONFERENCE REPORT

The Five County Home & Community Education Conference partially funded by an IAHCE support grant was held October 12, 2015, at Shawnee Community College. Home and Community Education members and guest from Alexander, Massac, Johnson, Pulaski and Union Counties were in attendance. The conference coordinated with the JAMUP University of Illinois Extension consisted of nine lesson options from which attendees could select three sessions. Topics included *Living your Bucket List, Comfort Food Makeover, Vital Signs: Know your Numbers, Hold That Thought, Gluten Free: Fads and Facts, Artificial Sweeteners, Honey and Sugars, Generations, Portion Distortion and Freezing Family Meals*. Three University of Illinois Educators, Drusilla Banks, Susan Sloop and Mary Liz Wright presented the lessons. Handouts were provided for easy transition of information to local units.

Keynote speakers, Glenn and Jo Poshard, shared information about the Poshard Foundation, which provides support to abused and disadvantaged children in Southern Illinois. The Poshard Foundation awards grants to many organizations working with abused and neglected children in the area. They believe every child deserves a safe person, safe place and safe community in which to live. As a special thanks to the Poshards, a free will offering was collected to help support the many needs of the Foundation clients.

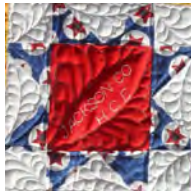
A \$10 registration fee covered the cost of morning refreshments and lunch consisting of soup, salad, sandwich and fruit cobbler. The program concluded with the drawing of door prizes donated by each county.

-Fay Mize, White County

FRANKLIN



JACKSON



JEFFERSON



MASSAC



PERRY



RANDOLPH



UNION



WAYNE



WILLIAMSON



The vision of the Zero Hunger Challenge aims for a future where every individual has adequate nutrition with access to adequate food year round; it means an end to rural poverty by improving people's well being through sustainable livelihoods; it means adapting all food systems to eliminate loss or waste of food..

ACWW TRIENNIAL CONFERENCE

As firsts in my lifetime, attending the ACWW Triennial Conference ranks high. The Conference spanned one week August 17-23, 2016 at Warwick University in Coventry, England. Religion and politics were not subjects of discussion.

The 600+ attendees, mostly women, from over 40 countries around the world were energized. They talked a lot, had opportunity to eat plenty and often, used their mobile phones to keep connected and check on information (mine was an alarm clock too), shopped from a selection of member made items from around the world, visited Committee and Project display booths, traded society pins and business cards, had serious conversations about problems for women and families in their countries, etc.

There were about 16 acts in the attendees' talent show. (Ask me sometime about the skit where the British woman gets out of a traffic ticket). The "English Night" entertainment was superb. New friendships were made and old friendships celebrated.

The Opening and Closing ceremonies with Flag Bearers for all ACWW member countries stirred the nationalism in all of us. The business sessions of the Triennial Conference were professional and very informative.

Resolutions and Recommendations for this next triennium were discussed and voted on by society delegates. (Cara Ausmus and I were delegates from IAHCe). Voting took place for all ACWW Board positions including Area Presidents. (Jo Almond of Indiana is the new Area President, USA.)

Committee Reports were given by all ACWW Board Members, some with a surprising flare for showmanship. Guest Speakers kept everyone's attention. I sang in the Conference Choir. Particularly moving was 'The song of Peace' and 'You Raise Me Up'.

Also, I had the opportunity at the Triennial Conference to talk with Rutt Tuvike, one of our Estonian exchangees, about the upcoming International Homemaker Outbound Exchange in 2017. She even stayed in the same dormitory as I did. I also met another English educator, Aime Jaagus, from the same college where Ene Paks teaches in Estonia.

Re-elected ACWW World President Ruth Shanks of Australia and the Board members new and re-elected are well positioned to carry ACWW and its vision of improved quality of life for women and communities worldwide into this next Triennium. Ruth Shanks reminds us to further develop the ACWW work of the past also. ACWW societies and individual members come together April 3 – 10, 2019 in Melbourne Australia for the 29th ACWW Triennial Conference to report on their progress with Resolutions and Recommendations and the general business of ACWW.

Mark your calendar, mate!

Thankful for the experience,
Pat Weitzmann

Aime Jaagus, Pat Weitzmann, Rutt Tuvike and Cara Ausmus with entertainers at the 'English Night' festivities.



Pat Weitzmann and Cara Ausmus — IAHCe delegates to ACWW Triennial Conference 2016



Area members escort Maybel Moyo to the podium to give her Area Report.



Pat Weitzmann with Princess Azizah Iskandar of Malaysia, who completed her term on the ACWW Board. Her Society is hosting the Year 2022 ACWW Triennial Conference.



Aimee Jaagus of Estonia, Pat Weitzmann and Rutt Tuvike at ACWW Conference.

INTERNATIONAL — ACWW

ASSOCIATED COUNTRY WOMEN OF THE WORLD

New Resolutions & Recommendations for 2016-2019



ACWW's 28th Triennial Conference was held at the University of Warwick in the United Kingdom, 17-23 August 2016. More than 600 delegates attended, representing 42 countries. The following were adopted:

Resolution 1 CONSTITUTION: TO APPROVE THE ACWW CHARITY INCORPORATION PROCESS

Resolution 2 FOOD SOVEREIGNTY Be it resolved that the ACWW accept Food Sovereignty as part of ACWW agricultural policy and that the ACWW begin a campaign to bring awareness and understanding of Food Sovereignty to the organization and its members during the next triennium (2016 - 2019).

Resolution 3 FRUCTOSE Be it resolved that the ACWW and its member organizations strongly urge their governments to ban food and drink manufacturers from claiming their sweetened products are healthier if they use fructose as sweetener.

Resolution 4 SUSTAINABLE ENERGY As 2014 opened the UN decade of Sustainable Energy for All, be it resolved that the member societies of ACWW promote and support community energy projects and access to sustainable energy for all.

Resolution 5 SHALE GAS Be it resolved that ACWW members request their governments to, before allowing shale gas exploration to commence, gather as much as possible information from more than just the oil and gas companies applying for the fracking licenses.

Resolution 6 PROTECTING THE SUPPLY OF WATER Be it resolved that ACWW urges all countries to vigorously protect the supply of potable, farming and industrial water through the best technical information available that will provide sustainability of life.

Resolution 7 VACCINATION AGAINST POTENTIALLY ERADICABLE DISEASES Be it resolved that ACWW societies and members urge their governments and health organizations to continue local vaccination efforts of potentially eradicable diseases in order to work toward area elimination which would then result in global eradication.

Resolution 8 INDIVIDUAL MEMBERSHIP FOR BOARD & COMMITTEE CANDIDATES (a pre-requisite)

Resolution 9 SUBSCRIPTIONS (small increase to membership subscription fees)

Resolution 10 CIVIL SOCIETY AND GENDER Be it resolved that member societies of ACWW strongly urge their governments to integrate a gender-perspective in their policies to create an enabling environment for economic and social development especially in rural areas.

Urgency Resolution submitted from the floor during a General Meeting and adopted by the Conference:

WOMEN IN REFUGEE CAMPS AND SHELTERS Be it resolved that ACWW and its member organizations urge their governments to take action to stop the increasing worldwide sexual abuse of women and children in refugee camps and shelters.

Recommendation 1

ILLEGAL IMMIGRANT BORDER CHILDREN Be it recommended ACWW member societies urge their governments to develop comprehensive plans to identify and care for illegal immigrant children as to their safety, health and education.

Recommendation 2 REFUGEES ACWW calls for all governments affected by the current refugee crisis impacting Africa, Europe and Asia to afford such compassion, humanity and assistance as is necessary to those refugees who find themselves in this situation.

Recommendation 3 REGULATION OF THE GOLD MINING INDUSTRY Be it resolved that ACWW and its member organizations strongly urge their governments to regulate the gold mining industry.

See the ACWW website www.acww.org.uk for more details including supporting statement and proposing society. All those proposed by the Country Women's Council USA were adopted (Resolutions 6 and 7 and Recommendation 1).

Member societies come to the next ACWW Triennial Conference in 2019 and report on what they did to accomplish each Resolution and Recommendation they choose to work on.

What interests you for Illinois and the USA? Contact Jane Chapman, Pat Weitzmann or your District Director with your Interests and Ideas.

CALENDAR

- December 1, 2016
Deadline for sending International Homemaker Exchange Outbound Applications – destination is Estonia
- December 31, 2016
Deadline for submitting Non-Profit Organizations in Illinois Nomination/Application for Donation
- January 15, 2017
State dues are due to IAHCE Treasurer, Bev Combs
- January 31, 2017
Deadline for submitting Reports/Education Awards materials, Mini-Stipend — send to appropriate Education Committee chair
- March 1, 2017
Ruth B. Sayre Scholarship application deadline (scholarship for women only)
- March 1, 2017
Pictures for NVON Project “Buy Local, Eat Healthy” due to President Jane Chapman
- March 14-16, 2017
IAHCE Annual Conference, Embassy Suites, East Peoria, Illinois
- March 14, 2017 Second Annual Fun Walk (first day of annual conference)
- March 14, 2017 Start the Zero Hunger Challenge in Illinois with IAHCE
- April 29, 2017 Women Walk the World Day (Plan your event another day, if needed.)

OUTBOUND MEMBER EXCHANGE



Estonia

3 week visit in late September to Early October 2017

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Two (2) IAHCE members

No \$\$ required

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See IAHCE website for Application



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HCE QUILT BACK — (Quilting designs of two of the blocks are shown below.)

