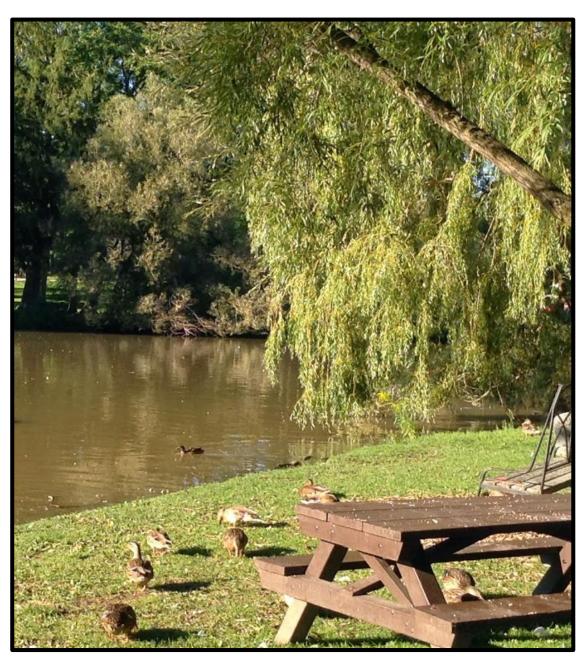
# ILLINOIS ASSOCIATION FOR HOME AND COMMUNITY EDUCATION

VOLUME 80, ISSUE 2 AUGUST 2017



# IAHCE NEWSLETTER



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# Down by the Riverside with IAHCE

# ILLINOIS ASSOCIATION FOR HOME AND COMMUNITY EDUCATION

#### **OFFICERS**

Jane ChapmanPresident936 Hollyhock Roadcell 618-317-2727Coulterville, IL 62237ejanec50@gmail.com		
Sharon Middleton		
Angela Hicks2nd Vice-President 500 Moraine Hill Drive847-516-1529 Cary, IL 60013angelashicks@yahoo.com		
<b>Donna Richards</b>		
Beverly CombsTreasurer 17275 E. Lower Park Road217-826-2735 Marshall, IL 62441bvcombs@gmail.com		
DIRECTORS		
FAMILY AND COMMUNITY ISSUES		
Sharon Davis           16015 E. 700th Avenue217-536-6032           Watson, IL 62473skdavis21@gmail.com		
CULTURAL ENRICHMENT		
Peggy Long1573 39th Avenue		
INTERNATIONAL		
Pat Weitzmann 23485 Eagle's Nest Road847-395-6255 Antioch, IL 60002pweitzmannn5@gmail.com		
PUBLIC RELATIONS		

302 N. Hutton Drive...........618-783-3567

Newton, IL 62448.....normpat4@yahoo.com

Pat Hildebrand

#### CERTIFIED VOLUNTEERS / SALES Ashley Davis 1787 N. 1750th Street.......618-704-9062 St. Elmo, IL 62458......dadavis8755@gmail.com

# **DISTRICT DIRECTORS**

Cara AusmusDistrict 1
509 Hwy 94309-582-4416
Aledo, IL 61231carahce1@gmail.com
Kathy Datarsan District 1/3
Kathy PetersonDistrict 2/3
320 N. Calhoun Street815-942-3667
Morris, IL 60450kathydistrict2.3@gmail.com
Mary EustaceDistrict 4
48010 166th Avenue217-829-4016
Pearl, IL 62361maryliz246@aol.com
1 cari, 12 02301
Kathleen EmeryDistrict 5
<b>Kathleen EmeryDistrict 5</b> 21159 N. 1900 E. Road309-728-2784
Kathleen Emery
21159 N. 1900 E. Road309-728-2784
21159 N. 1900 E. Road309-728-2784
21159 N. 1900 E. Road309-728-2784 Towanda, IL 61776ksemery@frontiernet.net  Marilyn SchaeferDistrict 6
21159 N. 1900 E. Road309-728-2784 Towanda, IL 61776ksemery@frontiernet.net
21159 N. 1900 E. Road

# UNIVERSITY OF ILLINOIS EXTENSION LIAISON

Caitlin Huth	Extension Educator
3351 President Howard B	rown217-877-6042
Decatur, IL 62521	chuth2@illinois.edu

#### **WEBMASTER**

Sharon Middleton	
1190 Chelsea Way	217-877-7229
	tolepainter2@gmail.com

Website: IAHCE.org Facebook: State iahce



### **GREETINGS FROM JANE**

August 2017

Bring on those crazy, hazy days of summer I am ready for them. I just returned from a few days of camping on Rend Lake and the weather could not have been any better, upper 70's during the day and in the mid 50's at night!

I recently had the honor of spending about ten to fifteen minutes with the new Dean of the U of I college of ACES, Kim Kidwell. She is a super lady, very easy to talk with and seems very down to earth. I shared the happenings with her involving the HCE, Master Gardeners, and 4-H programs in Perry County. We also discussed the IAHCE roll in the state and with the U of I. She did not recognize HCE but when I mentioned Home Bureau and Home Extension she knew what I was talking about! We must get our name to be more recognized by people! Dean Kidwell shared a homemade biscuit dripping with Kentucky made sorghum molasses on it as I did a presentation on the grain of the month, "sorghum".

District meetings are rapidly approaching and I hope to see all of you at them! Please remember that you do not have to be an officer to attend, it is for all members! Plus, you will learn what next year's theme for conference will be, so don't miss out!

We recently finished our June state board meeting which was held in Marion, Illinois. I do believe that in my seven years of serving on the board that this is the furthest south any type of state meeting was held! We are moving the June board meeting to different spots in the state in order to meet more of the membership. Local county boards have volunteered to provide many of the meals for these June meetings which gives the state board the opportunity to mingle with the membership more. We have also cut one night stay off the June meeting which is a money saver for the organization! Let us know if you have a neat place in your area for us to meet, we will consider it!

I am still traveling the state in my quest to visit all 74 counties in the organization. I have been to a total of 57 counties as of this writing. I have been to some of those 57 twice, I guess they like me! Before my term is up next March I am going to figure out the miles traveled, it should be interesting to say the least! I'm not sure if I will share the info with my husband as he already thinks he has to change the oil in the car too often! I will be leaving on July 16<sup>th</sup> to go to Raleigh, North Carolina for the NVON conference but I'm not taking my car! Mike, my husband, was relieved!

Laura Ingalls Wilder, wrote; "Some old-fashioned things like fresh air and sunshine are hard to beat." I agree whole heartedly and encourage each of you to get out and enjoy the fabulous works of Mother Nature it will make you feel better! So, until next time, enjoy your summer, keep smiling, continue being positive, and don't ever stop "fishing" for and "reeling" in those new members!

Later,

Jane Chapman IAHCE President

# **EXECUTIVE BOARD**



# 1st VICE PRESIDENT Sharon Middleton

I hope everyone is having a wonderful summer (a little hot for me).

There is a lot going on by the looks of the county newsletters that I receive. No one has stopped having lessons during the summertime and that means all kinds of options for

lessons. Summer "StayCations" in your own county, lessons on how to plan a great reunion with family and the food each bring, new and old recipes to be shared. Also, how and what to grill on your outdoor grills. There are many more ideas that I'm sure you have thought of.

Now is the time for your county to begin with gathering lessons for your 2018 year. Planning now for next year is somewhat overwhelming. Lessons for a whole year! Yes, you can do it. Gathering your lessons for next year is a countywide commitment. Besides your 1st Vice President, include the board members of your county, your members and even guests to meet and start to throw out ideas of things such as food, health related topics, U of I Extension programs, tours....things that you would like to do next year.

- Have someone make a list of all things that are discussed.
- Decide how many lessons you want to have for the upcoming year including HCE Week (2nd full week of October).
- Have your secretary make a list of the lessons.
- Organize into different categories and hand them out to your membership.
- Have them vote for the amount of lessons you need to fill your calendar for 2018.

The top numbers then indicate what your members and guests (possible new members) want to see coming up. I will have a copy of how this works during our District Workshops in August. See you there!

I, too, am also looking for lessons! For what? The 2018 IAHCE State Conference being held in Effingham. If you have any ideas or topics that you would like to see in your Share Shops at conference, please give me a call or send me an e-mail and I will try to see who could be a presenter.

Enjoy the rest of your summer.

Sharon Middleton

#### 2nd VICE PRESIDENT Angela Hicks

Hello Everyone!

Second Vice President Challenge for 2017 is to continue to find the hidden treasures in your county. Add-a-New Member, Add-a-Pearl!



I just know you are in need of more new member forms! So I will have them available at the August District Workshops. It is important that this new member form is complete and turned in to me by January 5, 2018 to eligible.

I am looking forward to seeing as many of the Second Vice Presidents as possible at the August District Workshops. Join me for a positively fun workshop in Effingham (8/8) or Springfield (8/9) or Sycamore (8/10)...last year we made a lot of noise learning about each other, what will we do this year???!!! Make sure you sign up!

Seek and you shall find the members you desire! See you at the 2017 August District Workshop!

Let's Build Enthusiasm & Membership in HCE!

Angela Hicks



#### SECRETARY Donna Richards

Thank you to those of you that have sent me your roster of county officers after your county's annual meeting.

If your county has had your annual meeting and you have not sent your filled-out Secretary Report Form (guidebook page

21) to me and your District Director, would you please help us to stay current? Our addresses can be found on guidebook pages 1 and 2.

Filling the Secretary Report Form (guidebook page 21) completely out every year keeping us updated as to your current officers even though there were no changes in your roster is very valuable. It allows your IAHCE Board the opportunity to better communicate updated information to you and your counties.

I look forward to seeing you at the District Workshops.

# **EXECUTIVE BOARD**



# TREASURER Beverly Combs

When I was growing up in central Illinois, I always heard the saying "Corn should be knee high by 4<sup>th</sup> of July." I know that seed corn varieties and farming methods have changed a lot over the years but I am excited that my corn is already taller than me and

tasseling before July 1! Now we all need continued great weather including moisture to make a good harvest this fall.

A couple of weeks ago I sent in the state annual report for IAHCE along with the ten dollar fee. Have you met all of your county filing requirements?

I have already received some checks for Pennies for Friendship though they are not due until November. I do appreciate that you are sending the transmittal form along with the check. If you do not have a transmittal form, you can get one from the IAHCE website <a href="https://www.iahce.org">www.iahce.org</a>. Go to page 22b under Treasurer in the Guidebook. Paper trails are very important for the treasurer's office and that is why I need to have a transmittal form from every county.

I will also mention that other international project monies from you counties will be sent to ACWW in late fall. As you send checks for these various projects, please make sure you include a note with the project(s) listed.

The District Workshops are rapidly approaching and I am looking forward to seeing many of you again and to meeting new people. I will have the transmittal sheets for Pennies for Friendship and for state dues for you then.

Have a safe and enjoyable summer and take some time for family activities.

Beverly Combs



Lather up!

One-third of the world's soap is used in the United states.

# **EDUCATION COMMITTEE**

#### CULTURAL ENRICHMENT Peggy Long

Ladies, the first thing I need to tell you is we have moved. We are in town now, and our house is back in the family that originally homesteaded the area, and lived there for 52 years. We moved from a 3600 square ft. house, to a



1000 sq. ft. house, and loving it, but not loving the getting rid of so much stuff that we didn't need anyway. Our new address is 1573 39<sup>th</sup> Avenue, Moline, Il. 61265, and the new phone number is 309-517-1032. So please make sure your county newsletters come to my new address, as they don't forward most of those. My email address is the same pnilong@telmail.com

It is time to think about district workshops. This year we should have more time and I again ask you to bring craft items and ideas you have to share with the rest of the group. I will bring some craft ideas also, and the report forms you need for the end of the year. We will discuss those, and if you have any questions, I am sure someone will have the answers for you, because we all help each other on our team. Hope to see you all in August.

Peggy Long

# PUBLIC RELATIONS Pat Hildebrand

Thanks to each of you for sending articles for this newsletter. If your article/photos are missing, there was a problem in a couple instances in my not receiving e-mails. I thought I'd be really smart and have my computer cleaned and ready to



take on any challenge as I do before putting each newsletter together. Well, after all that, I didn't get the articles a couple of you sent. I did catch them but I not sure I got all of t hem. If you sent something and it didn't get printed, please let me know and it will be printed in the December issue. It's never too late to share the exciting things you all do.

At the District Workshops, we will discuss what keeps your interest in the news media and how we can "grab" our readers attention in what we write. Plan to attend and bring your ideas.

See you in August!

Pat Hildebrand

#### **EDUCATION COMMITTEE REPORTS**



# FAMILY AND COMMUNITY ISSUES Sharon Davis

Hello Ladies,

I hope everyone is enjoying their summer. Ours has been a busy one spending most of our time at the ball park with the grandchildren. It brings back a lot of great

memories when our boys were playing ball. I'm enjoying every minute of it.

By the time this newsletter comes out the State Board is going to be getting ready to travel the state for the District Board workshop meetings and I hope several of you will get to attend in your District.

In the Family & Community Issues meeting, we are going to be going over the Illinois Great American Family form, the report form for Education Awards, the guidelines, plus some ideas for the Military, First Responders and Law Enforcement. So please come and share your ideas with the other counties on what you're planning or what you have already done. Please also plan on sharing other projects you are doing.

Regarding the forms, if you get a chance please go on the <a href="https://www.iahce.org">www.iahce.org</a> website and look the forms over to see if you have any questions so we can go over them at the meeting.

As your 2018 Conference Chairman, along with Marilyn Schaefer (Co-chairman) and the other board members, we will also be letting you know the theme and what we are planning for next year's conference. You don't want to miss it. It's going to be a lot of fun.

Hope to see all you ladies there.

Sharon Davis



# INTERNATIONAL Pat Weitzmann

**Member Generosity** is 'doing good' for youth and local non-profit organizations.

On behalf of its members, IAHCE donated this Summer from a portion the Pennies for Friendship retained in Illinois:

\$400 to LABO International Youth Exchange \$400 to International Four-H Youth Exchange \$200 each to:

Vietnam Veterans of America Chapter 928

Northwest Illinois (recommended by JoDaviess County HCE),

Misericordia Home (recommended by Lake County HCE),

Cairo Womens Shelter Inc (recommended by Pulaski-Alexander Counties HCE).

July 22 - August 18 there were 54 Japanese youth and adults spending a one month homestay in Illinois.

Finland, South Korea, Japan or Costa Rica was the destination Summer 2017 for six 4-Hers from Illinois through IFYE. (Contact your IAHCE District Director for information on a presentation to county HCE members by these IFYE participants who are from Winnebago, Champaign, Logan, Kendall, Macon and McLean counties).

**Member Interest** in their communities, our state and out into the world is evident in the volunteer activities and events done every year. At the August District meetings County International Directors had an opportunity to share some of their successes, ideas and any concerns with each other and myself. They also received a mini-lesson to take to their counties on *why and how* our members are connected to ACWW and CWC.

#### Member Opportunities await.

- Apply to be a Host March 2018 for Sara Kenny our inbound homemaker exchangee from Australia. Hosting is a 2 4 day commitment. (See Page 7).
- Continue to support the Zero Hunger Challenge in Illinois.
- Understand and educate on Reducing Food Waste.
- Submit to your County International Director your favorite 'Leftovers' recipe (1 per county please) for a cookbook to be distributed at the IAHCE Annual Conference. Include a picture if you like.
- Get ready for some recognition for your Pennies for Friendship collection efforts. At the 2018 IAHCE Annual Conference recognition will be given for the County with the most PfF donated per member and an award on the District level too. Look for a surprise.
- Become a Pen Friend to a woman in another country. Just send your application to Pat Weitzmann.
- Apply to be the next IAHCE International Director. It is a rewarding experience with many more ups than downs. My term of service ends March 2018.

**World Food Day** designated by the United Nations.... It's October 16. World Food Day is a chance to show our commitment to Sustainable Development Goal (SDG) 2 – to achieve Zero Hunger by 2030.

Are you starting to do your part by reducing food waste in your home and telling others about it, too?

Happily Yours,
Pat Weitzmann

# **EDUCATION COMMITTEE REPORTS**

#### **Dates to Remember**

Send these to Pat Weitzmann, IAHCE International Director:

- Applications for International Exchange Host Home due October 1, 2017
- 2) Recommendations for Donation to Non-profit organizations in Illinois due December 31, 2017.

This must come from an IAHCE member county organization.

- 3) Leftovers recipes for Mini-Cookbook (one recipe per county)
  - -And-
- 4) By November 20, 2017 send Pennies for Friendship monies to IAHCE Treasurer Bev Combs.

Pat Weitzmann





# Share your favorite 'Leftovers' Recipe

For publication
March 2018 Mini-Cookbook

#### **Supports**

- Zero Hunger's 'No Food Waste'
- Complements NVON's 'Eat Local, Eat Healthy'
- Only one recipe per county please -Send by December 31 ---to---

Pat Weitzmann, IAHCE International Director

Enjoy meeting new people?
Wonder what life is like in other places?
Want to share your world with others?
Ready for a new friend?

# Become a Pen Friend

Application on page 35A of IAHCE Guidebook

A list of countries is available



Questions?

Pat Weitzmann
ACWW Friendship Links Coordinator - USA
<a href="mailto:pweitzmann5@gmail.com">pweitzmann5@gmail.com</a> 847-308-6256

# **EDUCATION COMMITTEE REPORTS**



#### CVH/SALES Ashley Davis

Hey Ya'll, Hope all is well! We all survived our June board meeting and accomplished a lot. I am blessed to be able to work with a great group of ladies and blessed to be part of a great organization. In my short few months as the new CVH/Sales officer the one question

that I have been ask is "What is the purpose for turning in volunteer hours?" The best response when ask that question is: "We are a not for profit, educational, and volunteer organization."

Volunteering is an important part of what this organization is all about. The reported hours are used by the state board to recognize those outstanding members who go above the call of duty when volunteering. The U of I Extension uses the hours to help show how programs that they support make an impact on their communities and the state when proving their worth to the state government. Our hours of volunteering help to support the U of I Extension programming and financing. You can use the numbers of hours that is reported often when doing presentations to non HCE groups to show how much of an impact we make all over the state of Illinois. Remove our volunteer hours designated to the 4-H program and see what would happen to that program, the 4-H program would suffer.

I encourage all members to turn in their volunteer hours so they can get that much deserved pat on the back and to help the Extension service to continue. Remember, it doesn't matter how big or how small the amount of hours you have, turn those hours in.

I hope to see all the CVH Chairman at the District workshops in August. Bring your questions and/or concerns with you, we can discuss them. I would like to hear what you all expect from me as your CVH officer. I am here to work alongside you.

It's feeling HOT! HOT! HOT! in IAHCE sales. Check out the new prices of the items in IAHCE sales. You will see a drop in the prices. These will be the cost of the items until they are all gone. Get them while these items last. I am looking for new ideas for items to put in sales. If you have ideas of something you would like to share with me on new sales items, please let me know.

Ashley Davis



















# **EDUCATION REPORTS**



Olivia Runne 4H member Winnebago County

Going to Finland 4 weeks Summer 2017

Thanks
Winnebago HCE
and other HCE organizations in IAHCE

\$400 donation from IAHCE on behalf of its members helps Olivia and 5 other Illinois 4H youth participate in this Summer International Exchange Program

\$400 donation is from portion of Pennies for Friendship retained in Illinois





#### CAITLIN SAYS.....

Check out our FCS team blogs:

Family Files - <a href="http://web.extension.illinois.edu/hkmw/eb380/entry12528">http://web.extension.illinois.edu/hkmw/eb380/entry12528</a>

**DISTRICT NEWS** 

Live Well, Retire Well - <a href="http://web.extension.illinois.edu/cfiv/eb141/">http://web.extension.illinois.edu/cfiv/eb141/</a>

Illinois Nutrition Edition - <a href="https://web.extension.illinois.edu/blogs/eb339/">https://web.extension.illinois.edu/blogs/eb339/</a>

Enjoy the sunshine!

Caitlin Huth

# DISTRICT 1 DIRECTOR Cara Ausmus

IAHCE District 1 and 2/3 August 10, 2017 United Methodist Church 160 Johnson Avenue Sycamore, IL



# **EXTENSION REPORT**



U OF I EXTENSION LIAISON Caitlin Huth

Happy summer!

The College of ACES at University of Illinois, which Includes Extension, has a "new" dean, Kim Kidwell, who joined the college at the end of 2016. As a big supporter of UI Extension,

she is making rounds to visit counties in the state. If she visits in your county, I hope you get a chance to say hello.

"Lessons for Living" from our FCS team are still going on for the 2017 year if you want to register. Talk with your local University of Illinois Extension offices to learn more about both educator-taught (in-person or webinar) and package lessons.

The 2018 lesson schedule will be available mid-summer. I hope you have space in your schedules for more lessons. As always, if you have suggestions or comments on topics for FCS lessons through UI Extension or ideas on how those lessons could be taught, feel free to contact me: 217-877-6042 or <a href="mailto:chuth2@illinois.edu">chuth2@illinois.edu</a>.

#### LEE.....

Good afternoon, Lee County Homemakers Education Association held our annual meeting May 4, 2017 at the Amboy U.I.E. office.

As our Second Vice-President, Natalie Witek, stated, "one of the highlights of the annual meeting was announcing the 2017 Homemaker of the Year, who was Nellie Lieken. She has been a member for 53 years and served on the board as President and International Director. She has always been a very active member who was ready and willing to help. She helped with the pancake breakfasts during the 4-H Fair as well as in the bake sale booth. She baked and helped sell cookies at the Dixon Christmas Walk. When we held cookout fundraisers in Dixon, she was a great help and enlisted her husband also. Her community service included Meals on Wheels, Daughter of the American Revolution, CASA volunteer and was instrumental in getting the Sugar Grove School and Church restored near Dixon".

To go along with our theme as adopted from IAHCE of "Down By The River, we engaged Susan Atchley, a local Naturalist, to present a program on **OWLS.** She was very informative and included great visuals.

Best.

Fran Eccher Public Relations, Lee County

#### MERCER.....

100

Mercer County Home & Community Education Celebrates 100 Successful Years.



On Thursday, May 18, 2017, the Mercer County Home and Community Education met for its 100<sup>th</sup> Annual Meeting!

The Anniversary Dinner was held at the College Avenue Presbyterian Church in Aledo, at 6:00 pm. There were more than 50 people in attendance, including special guests:

Jane Chapman, the state president of the Illinois
Association of Home and Community Education
Jennifer Garner, the current director of the Henry,
Mercer, Rock Island, and Stark Counties Home
Extension

Mary Turner, a former home advisor from Mercer County Extension

Linda Tank, the granddaughter of Elsie Gildersleeve, the very first home advisor for Mercer County Home Improvement Association

Sue Edwards, daughter of Evelyn Shirer Dunlap, another home advisor of the MC Extension

Mary Bischoff, daughter of Dorothy Mayhew who was a former past president of MCHCE

Diane Federow and Barbara Patterson from Warren County HCE and Emma Hoke and Nancy Edlund from Rock Island County HCE.



Below: The evening Begins

Above: The Sipes family had three generations attending the dinner.

Lilimea Sipes is a longtime member—50+years

The program was a tribute to the past home advisors and to the Rich history of the Mercer County Home Improvement Association, the Home Bureau, the Home Bureau Federation, Homemakers Extension Association, and the Home and Community Education of the U of I

Extension today. Our current HCE president, Cara Ausmus, presented a memorial service for four members who had passed this past year and honored the members who have been members for 50, 45, 40, 35, 30 years and so on down the line. As part of our program, several guests in attendance had prepared a speech to share with others.

Jennifer Garner related the history of the Home Bureau and the Home Extension. She spoke of the importance of all the programming that the Extension provides for the small rural communities across Illinois and how the Extension has had to change its major focus from rural to an urban environment because much of Illinois' population has grown from small rural communities to urban settings, with new challenges to solve.

Linda Tank paid tribute to her grandmother, Elsie Gildersleeve, who was the first home advisor in Mercer County. She began her duties in 1918, with a degree in Home Economics from the University of Illinois. Her first lessons were food demonstrations and how to preserve fruits and vegetables from the garden in "Can All You Can". She also described working with chickens and culling poultry.

Next on the agenda was Sue Edwards. She paid tribute to her mother, Evelyn Shirer Dunlap. She spoke of the four years that her mother was home advisor and how she managed to present lessons to every unit every month during her 4-year tenure—quite an accomplishment of dedication.

Our next speaker was Marcia Duncan. She paid tribute to Grace Pattison who was one of the charter members of Mercer County Home Bureau and also a charter member of Ohio Grove Unit which was one of the earliest units to form in Mercer County. Mrs. Duncan's mother-in-law, Ida Duncan, was an early member of the Home Bureau—Home Extension and also served as president of Mercer County Home Bureau.

Lastly, our state IAHCE president, Jane Chapman, was our speaker. She began by thanking all who served the dinner. The young men and women were appreciative of the acknowledgement. She, then, began by telling of her experiences as a 4-H leader and working with youth.

She told us about the State Board and how dedicated these individuals are to providing programs that teach and providing the materials and essentials needed to make the



IAHCE President Jane Chapman checking facts.

programs work. She related the benefits of HCE and how the lessons provide us with new learning experiences. She encouraged us to ask those around us in the community to become a part of this organization—making us prosper and grow. "We are stronger together," she says.



Above: Guests from two neighboring counties — Rock Island and Warren — attended the Celebration along with IAHCE President Jane Chapman and Cara Ausmus, IAHCE District 1 Director and Mercer County



2017-2018 MERCER COUNTY HCE BOARD and IAHCE president Jane Chapman, second from left.

Donna Pinger Public Relations, Mercer County

#### ROCK ISLAND.....

May was a busy month for Rock Island County HCE unit. The first week of May found us deep into counting, sorting, recounting 5,463 plants to get ready for local units to deliver. Sold in January and February, we asked the supplier to deliver a day earlier this year, giving us extra time. That was a big help, handling that many plants in 5 different colors is quite a job. All went smoothly, and we thank our 4-H groups and our members for their salesmanship and cooperation.

Our Craft Day was held in mid-May when a number of ladies tried the various crafts offered. Some came for the entire day bringing a sack lunch, others dropped in to do a particular craft. Designing and coloring white silk scarves with permanent markers, was a draw. Surprisingly quite simple to do.

A number wanted to learn how to make their own body scrub and lotions as pictured. Drinks and cookies were offered all day.



Later in May our scheduled bus trip to White Pines State Park took place. We again had a full bus, for a third year. Mother Nature gave us a nice day for the ride, and enjoyed a delicious lunch, and saw an unusual but interesting play. All in all, an enjoyable day.

The 96<sup>th</sup> Annual Meeting of Rock Island County HCE unit took place Saturday morning, June 14<sup>th</sup>. At registration, we were greeted with a picnic theme as we enjoyed a morning coffee "Down by the Riverside". Following registration, we opened the business meeting and introduced guests. We were honored to have state president, Jane Chapman, with us this year. She spoke to use with positive thoughts and encouraging words. President Jane also installed the new 2017-2018 Rock Island County HCE Board.



2017-2018 ROCK ISLAND HCE BOARD

We also honored four 50-year members, Fern Ohberg, Barbara Selhost, Diane Wolf – Town and Country Unit, and Beverly Skeleton – Suma Unit. Following the business, we were favored with a short program by two local high school girls. New we were ready for lunch, and the unit in charge supplied us with plenty to eat with a great picnic lunch.

On June 29<sup>th</sup>, the new 2017-2018 board will meet with the old board at a local restaurant for lunch, conversation, and sharing of thoughts. Following the new board will gather for the first meeting of the new HCE year. Ideas will be shared, plans will get made, and we trust

#### Rock Island, continued

We wish all of our fellow Units an enjoyable summer and a very successful new year.

Mary Lou Ecker – LaRue Fraser Public Relations, Rock Island County interest in them--one was given away at the breakfast - and there were other inquiries about the quilts.

Well, that's all from Stephenson County for now--enjoy summer!

Janice Fryer Public Relations, Stephenson County

#### STEPHENSON.....

IT'S SUMMERTIME! From fireworks to picnics, county fairs to grill outs, and vacations to family reunions, I hope you are all enjoying the activities summer has to offer!

On March 29, an officer from our local Sheriff's Department presented the SCAHCE lesson leader training on "Identity Theft and Scams", so the program could be given at our unit meetings in April. It was quite interesting (and a little scary) to hear what scams are currently occurring in our county.

This year, Jo Daviess County hosted Heritage Arts on Saturday, April I, in Stockton. Some of the many workshops offered were fairy gardens, yoyo key fobs, coffee filter flowers, burlap sunflower wreaths, memory wire bracelets and Christmas card trees. SCAHCE Board President, Carla Meyer, presented the workshop "Gift In A Jar". In 2018, it should be Stephenson County's turn to host this multicounty event.

In April, we had another work day to assemble and sew more fidget quilts. HCE members again met at the Stephenson County Farm Bureau to "work their magic". This will be the last work day before breaking for the summer.

On Thursday evening, May 25, SCAHCE held an informative meeting on township government at the Stephenson County Farm Bureau. Freeport Township Officials were there to explain the duties of their offices and answer questions concerning township government. HCE members and the general public were invited to this meeting.

The 32nd Annual Stephenson County Ag Breakfast was held on Saturday, June 24, at the Stephenson County Fairgrounds in Freeport. For a \$5 donation per person, you could enjoy a breakfast of whole hog sausage, beef bacon scrambled eggs, cheese, coffee cake, milk, coffee, and ice cream. Many individuals work together to pull off this event. The coffee cakes are all donated--and many of them are baked and donated by HCE members. It also takes quite a crew to serve the hundreds of hungry individuals who show up for this event and you'll find HCE members among the many servers.

Several members of SCAHCE manned our display at the Ag Breakfast. We had recipes, lesson printouts, and brochures with information on Stephenson County HCE. There were some fidget quilts on display and there was quite a bit of

#### WARREN.....

Hi Everyone, Sure hope you're enjoying your summer. **4-H** is now in full swing, and HCE has been helping them out. They held their annual 4-H **BBQ** in June and then have a **food stand at the county fair.** HCE supports them by baking pies for the BBQ and help with judging and secretarial duties for their project show.

Our International luncheon was held in May with many salads made from our country of study "Philippines". Diane Carlson led the program and shared many points of interest about the Philippines. Among our guests were Jane Chapman, IAHCE President and Cara Ausmus, our District 1 Director.

Our President, **Diane Fedorow**, is putting together some very interesting <u>craft classes</u> for our membership and friends. Here's a list of what's happened thus far:

- A <u>sewing day</u>, when clothing protectors were made for a local organization as well as children's dresses & shorts for Haiti.
- A <u>Fused Glass</u> class, instructor led, when everyone created beautiful glass necklaces/slides.
- A beginner's <u>Painting Class</u>, instructor led, where everyone made a lawn ornament for their yard.
- A Yo-Yo Wreath Class, instructor led, where they made fabric yo-yo's to decorate wreaths, hat, purses, towels, etc.



#### A Tea Fold Cards Class,

instructor led, when they learn to fold card stock into beautiful flowers and turn them into Zen Doodle cards

We've had great participation and are learning how creative some of our members can be.

Our next big events are our Warren Achievement Party, in September and then our Annual Meeting in October.

Have a safe, relaxing summer.

Peg Chambers Public Relations, Warren County



#### DISTRICT 2/3 DIRECTOR **Kathy Peterson**

Thank you district 2/3 for your hospitality. Thought quote: Go the Extra **MILE** It's never crowded Have a safe and super summer.

Kathy Peterson

#### DU PAGE......

On April 27th, our Annual DuPage County HCE Meeting and Luncheon was held at the St. Andrew's Country Club in West Chicago. Decorations for the event featured picnic basket table center pieces and favors, filled with red and white gingham napkins and picnic treats. A matching display table held our State Awards for International and Membership events. Also on display were Cultural Arts entries that were shown at the State Conference.

Our guests for this event were IAHCE President Jane Chapman, Angela Hicks, 2nd Vice President and Kathy Peterson, our 2/3 Director. Kathy installed our Board with a picnic theme. After a delicious meal, we were entertained by a Music Therapist who stressed how the power of music can improve our lives.

Members continue to enjoy going out to different restaurants in the area for good food, fun and friendship.

For our Community Service work, members are making cancer caps, children quilts for the Ronald McDonald House, lap robes and cards for our Veterans.

Member Anita Masters shared her sewing skills with the 4-H Sewing Project this Spring.

Some members attended the Kane County Annual meeting and Fun Day!!

In August, a Board trip and luncheon to a Fox River Paddle boat is planned as a joint venture with Kane County HCE.

Units are encouraged to have a picnic during the summer to be in keeping with our State Theme "Down by the Riverside with IAHCE". Maybe get a little fishing in, also. Don't forget those great discounts on purchasing your fishing license. Especially if you are a SUPER SENIOR!

> Mary Lambert President, DuPage County HCE

#### GRUNDY.....



GCHCE served lunch to 98 young students who participated in Morris schools "Government Day" April 11th.

The Grundy County HCE had their annual meeting April 20, at The Carlson Room, and 29 people attended out of 32 members. Morris Night Unit did an excellent job of planning, organizing and running the Annual Meeting!!! Thank you, Morris Night Ladies!!!



#### 2017-2018 GRUNDY COUNTY HCE BOARD:

President: Patricia Buchholtz 1<sup>st</sup> Vice President: Kathy Peterson 2<sup>nd</sup> Vice President: Brenda Acker

Secretary: Yvonne Canik Treasurer: Betty Pierce

Public Relations: Monica Evans Family Issues & Community Outreach: Lynn Sampson

Cultural Enrichment: Ruth O'Hara International: Barb Berry Volunteer Hours: Kay Bonneur

#### Grundy County, continued



We want to thank the ladies from Will County HCE who came and installed our officers

Our By-Laws were voted on and APPROVED!!! Thank you for a job well done by Kristi Banghart and her committee consisting of Barb Berry, Ruth O'Hara and Betty Pierce.

Also voted on was to have two (2) - three unit meetings plus the annual meeting. This will be followed through for the 2018 Programs.

"Volunteer of the Year" - went to Ruth O'Hara.

A Special Recognition Award - went to Monica Evans.

Home Cool 4-H Club, a home school group came and talked to us. They told us some of their interests and showed some things that they made.



Beth LaPlante and John Davis were invited guests from U of I Extension and gave brief talks on the programs and how the Illinois budget is effecting programming.



Bessie Hexdall celebrated her 106th birthday the day before our annual meeting and we sang happy birthday to her.

The Book Club meets on the Third Friday at 9am at the U of I Extension Office. This month's book was "Britt-Marie was here" by Fredrik Backman. The next books are "Dinner with Edward" by Isabel Vincent and "This Time Together: Laughter & Reflection" by Carol Burnett.

Yvonne Canik wanted to thank everyone who donated articles for the Foster backpack program. Toothbrushes, deodorant, combs/brushes, socks, small toys, coloring and reading books, etc. She told us that a foster mother recently called to thank her for the backpacks as when the children come they usually do not have much. It is very much appreciated. Also the surrounding police departments said thank you for the backpacks. As it helps especially with smaller children to keep them busy during the transition.



An HCE day is planned for October - more information to follow in the coming months.

Our Walking club has started up again on Mondays and Thursdays, Lions Park at 2:00 pm.

Monica Evans Public Relations Grundy County

#### KANE.....

Kane County President, Elaine Bond and Board members participated in the April 8th 4-H Foundation Fund Raiser by preparing a "Bath Basket" themed silent auction donation. Many Unit members and Board members attended the Pork Chop Dinner which the 4-H Foundation in Kane County uses as the main fundraiser. 4-H members decorated and helped with serving, live auction activities and clean-up. We appreciated their help in assisting us with our meal. The "Bath Basket" was a huge success with a bid of \$85.00 to benefit the Extension program. Some lucky winner got a real deal as contents were valued at \$114.00.

Annual meeting on May 10<sup>th</sup> opened to a beautiful, balmy day at the Mill Creek Golf Club in Geneva, Illinois. Guests were welcomed from DuPage, Kendall

and Grundy County. We were honored with the presence of Kathy Peterson, District 2/3 Director. Achievement Awards were distributed to all seven Units in the County.



Representative of units receiving awards for "Know & Grow" Reports, left to right: Barb Geisen, County Cousins; Joyce Harner, Kennedy; Diane Spoula, Sugar Grove; Joan Rossi, Plato Center; Polly Hubbs, St. Charles; Nancy Rezner, Marywood Juniors; Geri Rizik, Hampshire/Henpeck.

The business meeting was short and sweet, as nomination and election of officers will occur later in the year. A special request for improved volunteer hour records was made by Mari Curless, Family Issues Director. Chris Patsch, a first time State Conference attendee, gave a glowing report of the Peoria meeting. She encouraged any member, not only officers, to attend the 2018 conference in Effingham. A past Board member, Lorraine Malecki was chosen as Kane County Member of the Year. Lorraine's nomination from the St. Charles Unit had been unanimously supported by all Units in the county.



Entertainment was presented by Marina Mathisen, professional historical reenactor. Marie Antoinette, Queen of France came to visit to talk about her life, loves, and intrigues. She engaged all with a costumed, first person narrative, interactive presentation. This program was deemed exceptional.

Pictured left: "Marie Antoinette" and President Elaine at Mill Creek program.

Reuse, Reduce and Recycle activities continue across the county particularly with the sewers making school bags, fidget quilts, catheter bags, walker bags, pillowcase dresses, surgical pillow flats and faceless dolls for police and fire departments and homeless shelters. Junia Epperson, Historian has a full page list of items to recycle posted at her residence. Donations are strong; items are sorted and distributed to many agencies in Kane, DuPage

and Cook Counties. Especially noted are Hines Veterans Hospital, Ecumenical Adult Day Care, Provena St. Joseph Hospital and Rehab Center and The Community Crisis Center at Elgin.

Claudia Lake, 1<sup>st</sup> Vice President has reported the Extension presentation, Financial Elder Exploitation, was well attended by HCE members and the general public. Of particular interest were the warnings of all the different scamming methods currently beginning used by telephone and other electronic devices.

DuPage and Kane County are joining forces for a summer event in August to paddlewheel down the Fox River and picnic on the boat. The activity appropriately follows the state conference theme of "Down by the Riverside."

> Nancy Haire Public Relations, Kane County Junia Epperson, photos

#### KENDALL.....

Kendall County HCE has set the date for their 19th Annual Victorian Tea Reservations are \$15.00.

Don't forget to bring a favorite tea cup (the church no longer has china cups)



Joan McEarchen President, Kendall County



Greetings from Lake County!

I hope everyone is enjoying their summer. There are many activities that we can do in the summer. Camping, swimming, boating, going to State and County Fairs, grilling, I could go on. Let's enjoy these activities while the beautiful weather is still with us. On another note, I will get started filling you in with what has been happening here in Lake County.

On April 6, there was a Lesson for Living given at the Lake County Extension Office titled "Modern Food Trends". The University of Illinois Extension, Nutrition and Wellness Educator, Susan Glassman presented this lesson. The program was about what America is eating today, the directions that we have moved in our eating patterns, how Food Trends reflect the times that we live in, the purchasing habits that have affected the food on our plates and how our food habits are constantly changing. The lesson was informative. There were seven members who attended the program.

LCAHCE had their 85th Annual Business Meeting, April 28 at State Bank of the Lakes in Grayslake, IL. This year's theme was "Down by the Riverside". There were about 70 members in attendance, including McHenry County Board members, Jane Chapman, (IAHCE President), Pat Weitzmann (IAHCE International), and James Reaves (Lake/McHenry County Director).



LAKE COUNTY HCE BOARD

Front Row: Left to Right, Jane Chapman, Angela Hicks, Margaret Hilliard, and Dianne Glozier Back Row: Left to Right, Betty Wertke, Carmella Marshall, Candace Keegan, Sandy Henke, and Lauri Hargrove

It is with great pleasure to announce the Lake County HCE Member of the Year. This member is someone who steps forward without hesitation to lend a hand when needed, offers support before being asked, and diligently supports the various programs and events, and causes of HCE. This member has been a member of HCE for 8 1/2 Years and in this short time has held Cultural Enrichment and 1st Vice

President positions in her unit; she has held a County Board position for 6 years, she has served on various State Board Committees and logged many CVH hours. She truly reflects the spirit of HCE as well as takes the mission of our organization to heart! It is my honor to present ..... Sandy Henke of the Volo Unit "The Lake County HCE Member of the Year" Award!!!!

Congratulations Sandy!!!

During the Annual Business Meeting, Sandy Henke, Volo Unit was announced as "The Lake County

**HCE Member of the Year"!** 

This year we did something different for our Annual Business Meeting. Each one of the Units donated a beautifully decorated cake and pie for a "Cake and Pie" Auction.





Brian Sager, Mayor from Woodstock, is also an Auctioneer. He did the Auction for us and did an excellent job as an Auctioneer. Everyone had a good time and \$646.00 was raised for the cakes and pies.



The Ways and Means Committee had a Money Raffle at the meeting. They raised \$874.00 for the Raffle. Congratulations to this year's raffle winners: Jennifer McKinney - \$100.00, Ellen Anderson - \$50.00, and Vivian Gwaltney - \$25.00.

For the entertainment, we had High School students from Grant High School, Barbershop Quartet. They sang a variety of songs and everyone enjoyed it. They were excellent!!!



Grant High School Barbershop Quartet

Everyone enjoyed themselves that day and the Annual Business Meeting was a success!

2017 Lake County Association for Home and Community Education Scholarship Winner is:



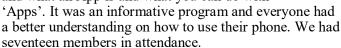
#### **Teaghan Callaway!**

We are proud to award a \$500.00 scholarship to Teaghan Callaway this year. Teaghan is a senior at Lakes Community High School and after graduation plans to attend Dartmouth College, majoring in investment banking and also plans to run for the U.S. Senate someday!

Teaghan is a member of Chain O' Lakes 4-H Club and gives credit to 4-H for helping her accomplish so much in her life. She wrote, The 4-H Motto of "Making the Best Better" has not only caused me to strive for perfection, but is also why I have become an independent and determined young women. 4-H focuses on teaching youth to create and be innovative using their own two hands. Without 4-H I would have never had the opportunity to build a rocket, refine and practice my speaking skills, or travel to Washington D.C. to meet and discuss with congressional representative on pressing issues". She does not just talk the 4-H talk; Teaghan walks the 4-H talk!

The Scholarship committee feels Teaghan is an outstanding role model for all 4-H has to offer and will be a future ambassador for the LCAHCE Mission Statement. We think this young lady will have a great future and wish her all the best as she continues her college education and dreams

LCAHCE sponsored a program called "Smart Phone Apps -What Do I Do?" on May 24 at the Lake County Extension Office. The presenter for this program was Justin Arendt, founder of X-Tek with his partner in 2012. Justin gave basic tips on using a Smartphone and what an App is and what you can do with



Dianne Glozier Public Relations/Lake County



#### LA SALLE.....

News from "Down By The Riverside" LaSalle County! Our schedules have been very busy this spring & start of summer. On May 25th, we held our Spring Membership Tea at the Lutheran Church in Seneca. It was attended by 60+, members & guests. We hope some of the guests will join one of our units & help our membership grow. There is strength in numbers! Our program was very entertaining ----"For the Love of Chocolate". We learned the reasons we should sample all the different chocolates available to us-----like I need a reason! Some are healthier for us than others, keep looking for the best one for you. We also had a "Laughter is Good for You" speaker. We all left with a satisfied sweet tooth & free of all stress & worry from all the laughing we did.

June 29th we held our Annual Meeting at Pitsticks Pavilion. New board member officers were installed by Kathy Peterson, our District 2/3 director.

The three (3) LaSalle County scholarship winners were introduced. They each received a \$500 scholarship. Nicholas Fry, graduate from Ottawa High School, will be attending Iowa State. He will major in Agricultural & Biosystems Engineering. Andion San Gabriel, graduate of Marquette Academy, will be attending U.C. Berkeley. Her major is in Psychology/Pre-Medicine. Kathryn Varland, graduate of Ottawa High School, will attend Illinois Valley Community College. She will major in Art Education & English Education.

The Homemaker of the Year recipient is Dawn Ahearn. Dawn belongs to the Handy Homemakers Unit. She is an inspiration to us all.





**Scholarship Recipients:** *Nicholas Frye with his mother on left; Kathryn Varland with her mother on the right.* 

#### LaSalle County, continued

The Unit of the Year was awarded to the Handy Home-makers Unit. There are 29 members in their unit & they are very active in the community. A great representation of what HCE is all about..



#### HANDY HOMEMAKERS UNIT OF THE YEAR

After a meeting & wonderful lunch, Laurie McLaughlin, executive director of the Dani-Brandon Center for Children, gave a very informative program. She explained their mission is to minimize trauma to, and support the safety of, child victims of sexual and/or serious physical abuse. The center will utilize a multiagency approach that facilitates effective interviewing, investigation, and prosecution while promoting healing through child safety & family stability. Our community is very fortunate to have this center available to the children/families in need. Laura & child advocate, Lisa Nave, answered our questions at the end of the program. We made a donation of needed items to the center. When Laura & Lisa left their SUV was packed full.



Our 4-H Fair is quickly approaching----July 12th through July 16th. This is a major fund raiser for us. Our homemade pies are very popular! We are blessed to have the 4-H members/parents work right along with us in the food booth. It is a wonderful experience working with them. They are our future. We split the profit with them.

Now as LaSalle County enters their 100th year, we are planning many exciting things to celebrate. Will keep you posted in the upcoming newsletters.

In closing, I want to thank Pat Hildebrand for her help & patience with me over the last couple years. After 6-7 years as LaSalle County Public Relations director, I am stepping aside. Darlene Hotel will take over the position on the board. She will do a great job! I have enjoyed doing the newsletter for our "Homemakers' Hotline" & for the IAHCE newsletter & I will surely miss it----but---it is time.

Penny Carter Public Relations, LaSalle County

#### LIVINGSTON.....

The Livingston County Association for Home, Community Education (HCE) held their 98th annual meeting on Monday, April 17, at the Livingston County Extension Office. The theme for the meeting, following that for the state conference, was "Down by the Riverside." Table declarations reflected the theme.

Last year's brunch was so popular that the board once again served brunch. After the meal, a program was resented about Futures Unlimited by Karen Donovan, Future's director; Patti Haberkorn, assistant director and staff member, Lana Brown. Futures Unlimited helps people acquire the skills they need to live and work successfully in the community. The ladies discussed the different programs the Futures offer including making seed balls (seeds, soil, clay and fertilizer rolled into balls) and vehicle detailing.

A business meeting followed. There was a discussion of plans for the coming year, including a change in the days for 4-H fair. This year's fair runs Wednesday, July 19 to Saturday, July 22. There will be two fundraisers at the fair this year: theme baskets will be raffled and there will be a Rada Cutlery sale.

Volunteer hours were recognized with certificates and seals. New officers were installed by Jane Chapman, State President.

The board also presented a skit based on the "Aim of the Homemaker," which was written by Livingston County HCE member Juliet Lita Bane in 1919. The idea to do a skit based on the "Aim of the Homemaker," came from the district meeting last August.

We will also be continuing to make fleece blankets for Salem 4Youth, a boys school in rural Flanagan. The blankets are part of a rewards system for good behavior. This year we will be partnering with some of the clients from Futures who enjoy tying the blankets. We will cut the material and then send the blankets to them to finish.

It has been a fun, interesting and productive year.



#### LIVINGSTON COUNTY HCE BOARD

State President, Jane Chapman initiates the 2017 Livingston County HCE board members.

Left to right, State President, Jane Chapman; Linda Vercler, President; Arlene Martell, first Vice-president; Shirley Meenan, second Vice-president; Ellie Bossert, Secretary; Brenda Collins, Treasurer; Connie Kostelc, Public Relations and Certified Volunteer Hours; Marilyn Edwards, Family and Community Issues; Peggy Vaughn, Cultural Enrichment and Joan Haren, International.

Connie Kostelc Public Relations/ CVH Livingston County

WILL.....

"Down by the Riverside" was the theme for the annual spring meeting held in May of the Will County HCE. President Judy Wunderlich welcomed everyone and called the meeting to order.

We were honored to have Kathy Peterson, District 2/3 Director, re-install our officers. For our stretcher to warm up for the pennies walk we followed Matilda as she traveled down by the riverside. The walk was beneficial as members donated \$50.42 for Pennies for Friendship.



PAST PRESIDENTS recognized at annual meeting.

L to R: Doris Sangmeister, Marine Satterlee, Barbara Gast, Joan Fleckenstein, Jeanette Johnson, and current president, Judy Wunderlich.

Past president present and recognized were Marie Satterlee 1980 -1982, Barbara Gast 1982 -1984, Joan Fleckenstein 1994 -1996, and Jeanette Johnson 2011 - 2016.

The morning's featured speaker was Bill Lorch, of Bill's Beez, who shared his vast knowledge of bees. He has been a beekeeper for over 60 years and has taught bee harvesting for over 50 years. Lorch is in charge of the bees at Pilcher Park, Joliet Junior College, the Joliet Community Gardens as well as his own.

Our delicious lunch was catered by Elegant Touch Catering and consisted of cranberry chicken, herb roasted potatoes and Mandarin orange walnut salad. A variety of dessert and treats were donated by Joan Flekenstein, owner of Fleckenstein's Bakery in Mokena.

After lunch, Nancy Kuhajda, master gardener coordinator, delighted us with her amusing and educational presentation on the "Wonderful World of Hummingbirds."

During the year, all units have been collecting soap products, shampoo, body wash, etc. for a local food pantry. Plans are also underway to hold a Silent Auction with the proceeds directed toward worthwhile projects.

Our latest Community Outreach Project is collecting new and unused items from the Ronald McDonald House Charities Wish List. Donating these items helps defray the cost of supplies that are used every day in the House or providing "extra" for a family while they are away from home. More information regarding this worthwhile project can be found at

www.RonaldHouldChicago.org.

Have a safe and blessed summer!

Marianne Eisenbrandt Public Relations, Will County



IAHCE District 1 and 2/3 August 10, 2017 United Methodist Church 160 Johnson Avenue Sycamore, IL



# DISTRICT 4 DIRECTOR Mary Eustace

Thank you to all my District 4 Counties. I always enjoy Spring when I get to visit the counties for installation of officers and talk about membership. Each county is unique and working hard to keep HCE members enjoying the fellowship with learning crafts and new lessons for living.

I am excited for all of you to attend our August Workshop in Springfield on August 9<sup>th</sup>. It will be at Southern View Chapel with registration starting at 9 am. The IAHCE State Officers work very hard at providing interesting workshops for county officers to learn more about their responsibilities. You will also have a great opportunity to share ideas of what your peers do in their counties.

Leadership skills are shared by all who attend. It is always a great time! This workshop also lets us learn about the 2018 Annual Conference theme. Fun - fun!

Happiness cannot be traveled to, owned, earned, worn or consumed. Happiness is the spiritual experience of living every minute with love, grace and gratitude.

Mary Eustace

ADAMS.....

Adams County HCE held their 54th Annual Dinner/ Meeting on April 25, 2017, at the Paloma Community Building in Paloma, Illinois. There were 111 (100 members/11 guests) in attendance. Dinner was catered by Kathy Neisen. The meal was served by students from Family, Career and Community Leaders of America (FCCLA), under the supervision of Rhonda Frese.

Barb Higley, East District Director, introduced our featured speaker, Virginia Sharrow and her friend Jean Miller. These ladies educated attendees about their Philippine culture and heritage. On display were crafts, clothing and Philippine unique mementos.



(L to R) Virginia Sharrow and Jean Miller

Adams County HCE for the 3<sup>rd</sup> year could award three (3) scholarships. Heather Ator, Co-President, announced the scholarship winners. The deserving recipients were Angela Farlow, daughter of Jeremy and Tara Farlow and great-grand-daughter of Waneta Farlow of the Paloma HCE Unit; Gavin Ideus, son of Gary and Robin Ideus and grandson of Lola Gronewold of the Chatton HCE Unit; and Carly Wilson, daughter of Jeff and Julie Wilson and granddaughter of Ginny Miller of the Quinsippi HCE Unit.



(L to R) Angela Farlow, Gavin Ideus, and Carly Wilson

We celebrated our memberships as Sharon Beedle, 2<sup>nd</sup> Vice President, recognized the following members:

65 years

Marj Bastert (Camp Point Day)
Phyllis Farlow (Camp Point Day)
Thelma Rabe (Burton/Plainville Day)
Wilma Wiewel (Sunshine Girls)

60 years Ellen Scheuermann (Camp Point Day)

> <u>55 years</u> Louise Voth (Quinsippi)

50 years Margie Bernhardt (Quinsippi) Joan Hochgraber (Quinsippi) Rollie Peters (Quinsippi)

In addition, we welcomed six (6) new members to Adams County HCE this year and looking forward to integrating them into the organization.

Unit awards were announced by Mary Ann Peter, Secretary. Honor units were Quincy Tumbleweeds (North), no presentation (South), East (Chatton) and West (Unity Nite). Each unit was presented a gavel and check by Mary Ann Peter and Pat Vaughn, West District Director.

Community Volunteer Hours/Walk Around Adams County Awards were announced by Leslie Geschwandner, Public Relations Director. Adams County volunteer hours totaled 17,294. The results of these volunteer hours were two (2) awards in District 4 -- volunteerism for highest number of members participating (119 out

of 156) and highest percentage (76%) of members participating. The ladies were excited and very proud to once again have garnered the IAHCE 4<sup>th</sup> Place County of the Year Award.

The top six (6) had a combined total of 4,049 volunteer hours. The friendly competition between Adams County and Pike County HCE continues ... thus Pike County kept Pricilla, the rubber chicken for the coming year. The Walk Around Adams County accumulated 14,009 miles reported by 28 participants.



Table displaying awards.

To recognize and say goodbye to three (3) members - Sandra K. Mast, Helen L. Siepker, and Marie G. Gramke - who passed away during the year, a memorial service was held. Sara Husemann (Paloma) and Melba Funk (Beverly/Liberty) conducted. Our family will miss them personally and the many contributions they brought to their units.

(L to R) Melba Funk and Sara Husemann



The business meeting was call to order by Heather Ator, Co-President. Judy Milfs, Co-President recognized the outgoing officers – Amy Looten, 1<sup>st</sup> Vice President; Sharon Beedle and Camie Hempelman, Co-2<sup>nd</sup> Vice Presidents; Melba Funk, Treasurer; Leslie Geschwandner, Public Relations. Elections were held and Mary Eustace, District 4 Director, installed the following new officers to the board: Co-Presidents - Judy Milfs and Heather Ator; Co-1<sup>st</sup> Vice Presidents - Sandy McKelvie and Ginny Miller; 2<sup>nd</sup> Vice President - Nancy Aden; Secretary -Mary Ann Peter; Treasurer - Edna Flesner; Family Issues - Heather Ator; Community Volunteer Hours - Pat Lawber; Public Relations - VACANT; Cultural Enrichment - Susan Sprague; Co-Ways & Means - Mary Voorhis and Donna Wilson; ACORN Editor - Linda Chezem; and Subject Matter - Judy Milfs. Although not

installed, the District Directors will be North - Bonnie Peters; South - Joyce Welsh; East - Barb Higley; and West - Pat Vaughn.



2017-2018 ADAMS COUNTY HCE BOARD Installation Ceremony (missing Donna Wilson)

Our last scheduled event before summer break was the Salad Luncheon held on May 18<sup>th</sup> in the Farm Bureau basement. Everyone attending was asked to bring a salad covered dish for sharing. There were 26 (24 members/2 guest) in attendance. After lunch Susan Sprague, Cultural Enrichment Director, introduced Mike McKenzie, Pastor, from 1<sup>st</sup> Baptist Church in Plainville, Illinois. There was opportunity for interactive inspirational discussions and singing.

Attendees making salad selections for lunch.



#### **Special Interest Groups**

#### **HCE Book Club**

The Book Club meets on 3<sup>rd</sup> Wednesday of the month. The following books were discussed since the last newsletter: April 19th – "Slow Dollar" by Margaret Maron and the last discussion of the year (2015-2016) took place on May 17<sup>th</sup> – "Real Murders" by Charlaine Harris. On July 19<sup>th</sup>, the club will gather for a mid-summer meeting to review the books selected for the 2017-2018 Adams County HCE year.

**HCE Quilt League** 

Quilt League Members with Quilt of Valor



Continued on next page

#### Adams County, continued

The Quilt League meets the 2<sup>nd</sup> Wednesday of the month. The group completed another Quilt of Valor and had it on display at the annual meeting. In addition, they are also still working on clothing protectors for veterans.

#### HCE Card and Game Club

The Card and Game Club meets the 4<sup>th</sup> Wednesday of the month. Mark your calendar and plan to attend when they reconvene in September in the Farm Bureau Basement.

Enjoy the rest of your summer!

Leslie Geschwandner Public Relations Director, Adams County

#### PIKE.....

Adams County HCE came to Pittsfield for lunch at the Cardinal Inn and a tour of the Lincoln sites in Pittsfield.

The Pike County HCE joined them for lunch. Kathy Zimmerman, representative for "Looking for Lincoln", gave a brief overview of the homes Lincoln visited during his life in Illinois. Two of the favorite Lincoln homes were toured with the home owners telling the history.— Grimshaw home with Pat Grote as their host and Milton Hay home with Kathy Zimmerman narrating. They also were among the first to visit the site of the Free Press newspaper, on the east side of the square, the current home of Pikeland Motors.

A great afternoon was enjoyed and Pittsfield will look forward to visiting Quincy in the future to enjoy their Lincoln sites.

Those attending were: Wilma Welwel, Juanita Moss, Joyce Schmidt, Shirley Dean, Mary Eustace, Kathy Zimmerman, Lois Schnieder, Eunice Robinette, Annie Jones, Pat Durall, Ann Ferguson, Linda Patton, Mary Voorhies, Rayola Daniel.

Submitted by Mary Eustace, Pike County

IAHCE District 4 and 5 Workshop August 9, 2017 Southern View Chapel, 4500 S. Second St., Springfield, IL

#### SANGAMON.....

Where does the time go-----guess it flies when you are having so much fun and Sangamon County HCE has not stopped having fun yet! Our members have continued to graciously volunteer a lot of time toward our County organization and charitable projects for our community

It's truly amazing to hear and see the creative ideas become reality. Capitol Unit members are making horse collars for horses who provide therapy to special needs children and some adults experiencing needs; patriotic quilts for veterans; fidget blankets for Alzheimer's and various projects for our September Fall Festival. They have finished and delivered projects of back packs for children in state care, feminine products for female teens in third world countries, knitted preemie caps for infants remaining in the hospital, quilts for homeless families, and fundraising for scholarships.

In addition to working, we have been enjoying just being a part of a great organization through our monthly fellowships and events. Two special events: membership day and our annual picnic provided wonderful opportunities to eat, talk and rejoice in each other. One of our Sangamon units met for lunch then toured a member's colossal garden. County members will be traveling to Macoupin County for our second annual co-county event--looking forward to another great time together.

The Jerome Lincoln Trail unit enjoyed a tour of the Menard County Historical Society in Petersburg. Their hostesses, Lois Adams and Kathy Olesen, had arranged for a trolley tour to view some of the historic homes and to learn some of the history of Petersburg.



JLT members riding the trolley in Petersburg



Capitol Unit members touring Pauline Denzer's gardens

They learned how Petersburg got its name, and at a visit to Oakland Cemetery learned how Petersburg acquired the remains of Ann Rutledge and some history about Edgar Lee Masters, both buried there.

Members of the Auburn Chatham Unit recently gathered at Doc's Soda Fountain in Girard. Doc's is a café, soda fountain, and pharmaceutical museum which has been in business on the Girard square for about 100 years. The décor is red and white Coca-Cola memorabilia and is very cute! As part of community outreach, several members dropped off three truckloads of furniture and household goods at the Spring St. Veterans Renaissance Home.

All Hands are on Deck and meeting Down by the Riverside in Petersburg this September 16<sup>th</sup> for the Petersburg Harvest Fest. This year SCAHCE is moving their festival to the square in Petersburg during the Harvest Fest. This is our main fundraiser and plans are well underway! SCAHCE Harvest Fest will include a gift boutique, attic treasures, bake sale, lunch and outside vendors. We also have two members giving demonstrations – making lye soap and the history of pot holders.



Amish Quilt - tickets are \$1 each or 6/\$5

One of the main portions of our festival is our Amish quilt raffle. This year we have a hand pieced Amish quilt with a value of over \$700. Tickets are \$1 each or 6 for \$5.

Email <u>rsqmom2@gmail.com</u> to get tickets! The winner will be drawn during Harvest Fest on September 16th.

Mary Johnson & Kathy Roman Public Relations, Sangamon County

#### TAZEWELL.....

Greetings from Tazewell County- Tazewell/Mason/Peoria County HCE are busy planning for their local fairs.

Tazewell County ladies have been signing up to work or donating cash to help pay for pies to be sold in our concession stand at the Tazewell County 4-H and Jr. Fair show beginning July 31<sup>st</sup>. The county unit is also sponsoring a trophy for the 4-H fair.

Our annual meeting was held in May and we were very pleased with the turnout. The Washington HCE Unit won the award for having the largest members present at the annual meeting. We were happy to have Mary Eustace, our District IV director to be in attendance and to install our officers for the coming year.



A snapshot of some of the ladies at the annual meeting.

# TAZEWELL BOARD OFFICERS installed at annual meeting.



Front Row. Darlene Curry, Public Relations; Beth Shipley, President; Vivian Gerrietts, 1st

Vice President

Back Row: Jan Busche, 2nd Vice President; Kate

Schmitgall, Cultural Enrichment

East Peoria Unit receiving the award for largest percentage present at annual meeting.



Front Row: Mary Jo Heger, Dottie Cary, Aleen Geier Back Row: Ann Brooks, Carolyn Wagstaff, Mildred Lamprecht, Doris Doughty

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# **DISTRICT NEWS**

#### Tazewell County, continued

Lessons for the year have been selected and mailed to local units so members can sign up for the coming year. Those lessons will be taught to those signing up, either on Terrific Tuesday, August 22<sup>nd</sup> or Super Saturday on March 3<sup>rd</sup>.

September 14<sup>th</sup>, we will be having our International Luncheon with foods native to the Philippines, our country of study.

I hope everyone is enjoying this warm weather and also hope to see you at the fair!!!

Darlene Curry Public Relations, Tazewell County

#### WOODFORD.....

Summer arrived late this year in Woodford County. A cool Spring along with lots of rain made many of us anxious for warm weather. By the time you read this article summer will be easing out and Fall will be approaching. The seasons come and go so quickly anymore it seems. But most of us who live in the Midwest like the seasons – some better than others – but it gives us variety and new things to look forward to.

Our county took on several projects recently – one being collecting new items such as coloring books, sticker books, painting books, etc. for children who find themselves at Heart House located in Eureka, IL. It's a safe place where mothers and children can go when their home is in disarray and sometimes unsafe. When the children come there these items can be a source of distraction and calm for them. Our County was very generous and the items were very much appreciated by Heart House.

Another project we've embraced is helping the Kiwanis Club promote <u>Soles for Car Seats</u>. The Kiwanis Club is collecting gently worn, used or new shoes to raise money for car seats. A bag of approximately 25 pairs of shoes will reap \$10 which will then be used to purchase car seats. The shoes will be sent to developing nations. The shoes will be given a second chance and make a difference in people's lives and car seats will be purchased for those in need.





Our 2017 Annual Meeting was a very enjoyable afternoon. It happened following a very well presented Downton Abbey Tea Party.

Members were encouraged to dress in the Downton Abbey style. A delicious tea/luncheon was served by the Sunrise Unit.



Mary Eustace installed the 2017-2018 Board Members



2017-2018 WOODFORD COUNTY BOARD

Betty Berkermier Public Relations, Woodford County





# DISTRICT 5 DIRECTOR Kathleen Emery

How fast time flies – as I write this it's almost time for the August District Meetings. I hope you are planning on attending one. I will be going to all three so I hope to see you at one of them. Please remember

you don't have to be a county officer to attend and you don't have to go to your own district if another one is closer.

I have been able to go to 9 of my county meetings. I hope to have several more to attend in the fall "Down by the Riverside" has been a fun program to work with and I hope you have enjoyed them. I enjoy seeing what thoughts and ideas you put into your own county units.

Keep up the good work and adding new members, you are doing amazing - - -

and BE POSITIVE, IT LEADS TO PRODUCTIVE MEMBERS!!

#### CHAMPAIGN.....

Champaign County Home and Community Education Annual Meeting was May 3, 2017 at the Savoy Methodist Church. The speakers were Deb Griest (AMBUCS Midwest Regional Director) talked about AMTRYKES, a specially adapted tricycle for children and adults with Motor disabilities and also helps children with autism. Also speaker Evie Newman presented a program on the upcoming Fisher Fair.

Congratulations to two CCHCE members that were honored at the meeting, **Judy Stahl**, Mayview Unit-50 years membership and **Lora Mae Kesler**, Dewey/Fisher Unit-70 year member. Also receiving 70 year membership was Mary Sleeter, Somer Unit, was not able to attend. Guests attending the meeting were Angela Hicks, IAHCE 2<sup>nd</sup> Vice President and Kathleen Emery, District 5 Director. Kathleen installed the new officers for 2018. The entertainment was Kenny Honeker



Judy Stahl, Mayview Unit — 50 year Member Lora Mae Kesler, Dewey/Fisher Unit — 70 year member

Also recognized at the Annual meeting were members for their volunteer hours. There were 6 members reported for 2016 over 1,000+ Volunteer hours. Total 2016 hours reported by members was 30,775 hours. Each member of the county was given a "Passport" to recognized attendance at HCE activities and receive points for activities attended during the year.

The Passport lists events to attend: unit meetings, road trips, lessons, crafts, county events, special activities, etc. The person with the most points will win a gift certificate to Silver Creek restaurant. Also there is a contest called "Make Me Beautiful Again". You need to take an old almost discarded item like a wreath and make it beautiful again. Members will vote on the most improved item at our fall membership event.

On May 31, 50+ members and guests went to the Green Mill Theatre in Arcola to see the play "Adam & Eve Go to Marriage Counseling" which was enjoyed by all. Also enjoyed was a buffet lunch catered by Niemerg's.

On June 16<sup>th</sup>, we had our Membership/Craft Event "Fishing for New Members". We welcomed 2 new members who joined at the event - **Carol Bergenson** will join Staley Unit

and **Bonnie Whiteside** will join Savoy Unit. Since January we have had 9 new members join HCE. During the morning, members were offered five crafts to make and most members attending made all five crafts. Our guest speaker was Kenneth Chumbley, who has written two children's books and this last "The Green Children" has been turned into a musical and will premiere at Parkland Theater in Champaign on September 15-17, 2017.

Our next big event is our 6<sup>th</sup> Annual Garage Sale at the Farm Bureau Auditorium on July 28<sup>th</sup> and 29<sup>th</sup>. This is our yearly fundraiser. We will be collecting items during the first part of July—we have a schedule where we will be going to local communities where our HCE Units meet and collect items for our sale. In mid-July we will start pricing items for our sale. July 28 is our set-up day with the Sale starting at 4:00 p.m. and continue on July 29<sup>th</sup>. We are also having a bake sale both days.

Our county continues with the Linus Weighted Blankets project. On a monthly gathering, several members bring their sewing machines to sew the weighted blankets. We, also, continue to support the local Developmental Service Center (DSC). Three of our Units, Mayview Unit, Rantoul Unit and Staley Unit support a group home with activities for the residents, sending cards, recognizing the residents on their birth-days and recognizing holidays with special activities and items for all the residents at the group homes.

In October, we are planning HCE Month instead of a HCE week. During October we will have a weekly event starting with a special trip, a membership event, game day and our cultural arts show.

Please check our website for updated information on CCHCE events.

www.champaigncountyhce.wordpress.com

Carol Froeschl Public Relations, Champaign County HCE



#### MACON.....

Macon County HCE has been very busy this spring and into the beginning of summer with some very interesting and educational programs and events. In April, our county group participated in the Maker Fest at the Decatur Civic Center. Our "Flour Fun" booth was a real hit with both young and older people! Participants were able to play in the soft flour mixture with baby oil and construct hills, food items, and anything else that their imaginations could come up with! We even handed out small sandwich bags of the mixture with the directions to make more.

Our Spring Meeting was another successful event. Our business meeting consisted of reports from our officers as well as displaying our Education Books from the state conference. Congratulations to all of our board members who submitted a book and won many awards for our county. We also celebrated two members, Carol Myers and Mary Ann Platt, who won in the Cultural Enrichment area. Following our delicious meal, we listened to Phyllis Bechtold as she recalled her exciting adventures as a cook on a tow boat going up and down the Mississippi. We were also able to purchase her recently published children's books



This last week, a group of 33 of our membership participated in a Macon County Farm Tour. The first stop was at the farm of Ted and Dawn Maddox of Warrensburg, Illinois. Not only do they grow and supply that wonderful sweet corn that we enjoy from Kroger, County Market, and their own vegetable stand, they also grow many other kinds of vegetables. Their produce is also sold in Quincy, Shelbyville, Champaign, Peoria, and Bloomington. The second stop was at the B&B Beef Farm, also outside of Warrensburg. They sell beef, pork, and rabbit at the Richland Farmer's Market on Saturdays. They grain feed their cows along with the grass. Chase Brown also said that he has started to keep bees and that it takes seven pounds of honey to make one pound of wax. The last stop was at Connie's Green House in Latham, Illinois. They started with the mums and Elliot, Connie's son, showed them how they planted them. They were also able to see the sprinkling system, and the fertilizer area where acid is added to the fertilizer to help keep the plants from turning yellow. Some of these mums will go to the Farm

Progress Show in Decatur this year, and other mums will go to the area's pumpkin patches. Behind their greenhouse, they also have more than an acre of asparagus, strawberries, and watermelon. Everyone agreed that this tour was very informative and enjoyable!



come together as a board and general membership to "brainstorm" for our programs for 2018. This next year will be our 100th year of existence, so we will have many wonderful and exciting events to plan. Our membership drive this year is an interesting and intriguing program called "Dump Meals", presented by Carol Ropp and Sandy Severe. I can hardly wait to see what these two will come up with! Our county unit will be volunteering again at the Farm Progress Show this year. The profit that is made will go towards our Scholarship Fund.

International Day will be coming up in September and our country of study is the Philippines. This is always a popular and well attended program. The month of October is jam-packed with lots of activities for HCE Week. The events will be "Make a Mix" lesson, a Christmas crafting class, "On Safari" program, button art projects, and a trip to the Central Illinois Food Bank in Springfield. We also have several more pillowcase sewing days coming up. These pillowcases that we make are donated to the Hopedale Medical Complex, Kemmerer Village, the Ronald McDonald House, and Cunningham Children's Home.

As you can see, Macon County HCE keeps moving onward and upward to provide our membership and any

prospective members a chance to enjoy stimulating and intriguing programs.

We also strive to help in our community and beyond. That is a very compelling reason why we have such an active membership.

Linda Austin
Public Relations/Newsletter Editor, Macon County

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#### MC LEAN.....

The golden years are when people of a certain age just want to kick back, enjoy the sunsets, and maybe people watch.

Not so for McLean County HCE! Most of these ladies, many past retirement age, have been out there daily this spring making the world go around. They make your head spin with projects they tackle to make their communities better.

Our Super Saturday event brought together HCE members from McLean, Livingston, and Woodford counties to prepare topics for April, May and June unit lessons. Topics covered were interior design, BBQ and grilling tips and new fruits and vegetables.

Community Service groups coordinated with a local church group to make eye glass cases for 3rd world country mission trips. They made walker bags, hot pads, dish cloths and tea towels for use in local nursing homes. Read & Share discussed the books, *The Nightingale* by Kristin Hannah and *The Storied Life of AJ Fikry* by Gabrielle Zevin.

One group learned the art of Pysanki or egg decorating and another group held an acrylic painting class, creating a stunning floral picture.

Some members learned the art of noodle making with machines and hands on from our own 87-year-old Eastsiders unit member - Mary Ellen. She (and her husband) dance circles around the kitchen with their family noodle recipe and decided to pass it on to HCE. 35 bags of homemade noodles will be sold at our summer bake sales.

McLean County HCE supports local 4-H in a big way through bake sales held at the Downs Village Market 5 times during the summer. And who would have thought 3 of our members in their 70's and 80's would start a 4-H club?

The Super Sewers 4-H Club was created by McLean County HCE in cooperation with Extension. Twelve enthusiastic young people are learning to use sewing machines, measure fabric and sew a blind hem to make

pillows and fleece hats for fair projects. Our own Eileen, a former teacher, sends them home each week with "homework".

Our spring trip to Michigan City, IN was enjoyed by 25 members and 11 guests! Tours of the Barker Mansion and gardens, the Lighthouse Museum, lunch, and shopping at the outlet mall were highlights of the day.

The June Play Day in Arthur, IL was fun. We enjoyed a fantastic lunch at the Amish home of Doris Yoder, going on to shop at Beachys food store, Country Salvage where perma-flow, a pie thickening is carried, an Amish furniture store and a health food store for spices.

We came together at our 99th Annual meeting and fine arts and crafts fair at the Chateau in Bloomington in July. The luncheon and meeting included the program "Tanner on the River," a contemporary Lewis and Clark, presented by David Congdon.

- Upcoming events are centered on our McLean County Fair
- August 2-6. Our HCE county board has sponsored Young at Heart Day for 3 years.
- On August 3, fair admission, food, stage entertainment, vendor booths and door prizes are free thanks to local donations make a fun morning for over 400 seniors.
- Our HCE booth at the fair gives the community a chance to write heart-felt messages to soldiers on beautiful cards made by members.
- HCE and community members bake their hearts out with submissions to the 4-H Alumni Annual Bake-Off at the Fair contest on August 5. These special creations are later auctioned off to benefit the local 4-H programs.

Pure Americana here at work, folks.

August 30th is our fall trip to Myers Dinner Theater in Hillsboro, IN for lunch and the play "Sister Act."

Our huge focus now is on McLean County HCE celebrating 100 years in July 2018!

During the coming year members will be in parades, creating a celebration cookbook and enjoying monthly fact finds centered on 100 years of old and current unit activities. For a year, a committee, led by our indomitable Kathryn, has been sifting through tens of thousands of sheets of old lessons, old unit notes and old pictures to make this event memorable for everyone.

If you want to get something done, just ask a member of McLean County HCE to create it. The car goes down the road every day.

McLean County HCE website is: www.mcleanhce.org. Check out events and pictures of events posted on our Facebook page at: http://www.facebook.com/#!/pages/McLean-County-Association-for-Home-and-Community- Education.

#### McLean County, continued



See you in McLean County – come visit.

Barb Jurgens, Donna LaMar & Pat Pulokas McLean County Public Relations Team

IAHCE District 4 and 5 Workshop August 9, 2017 Southern View Chapel, 4500 S. Second St., Springfield, IL

#### PIATT.....Part 1

Since the November IAHCE newsletter, we have had two major events in Piatt County, our Annual Meeting and Cultural Enrichment Day.

2016 Piatt County HCE Annual Meeting was held in the Cerro Gordo Civic Center on Tuesday, November 1, 2016 at 9 am. Faith In Action Director, **Julie Glowe** (below right with President Jo Bauer), gave an enlightening program on events and services provided by this Piatt County "treasure".



Besides the normal business, new members- Kathleen Glenn of the Cisco Unit (left below), Becky Wildman of the Monticello Unit (right below), and Marlene Schultz of the Cerro Gordo Unit (not pictured) were recognized.



60 year pins were given to Alice Briggs (L) and Audra Gowler (represented by daughter, Carol Drayton) of the Cisco Unit.



Officers for 2017 were installed by Co-President of Macon County, **Karen Cahill** (on right below).



Cultural Enrichment Day in Piatt County was held on Wednesday, January 25, 2017 at 9:30 am in the Piatt County Extension Office. Members brought crafts and foods to be judged for entry to the IAHCE State Convention, held later in Peoria in March. The room was filled with handmade items and heavenly smells from casseroles, salads and desserts made with bananas. While items were being judged, **Jan Denby** of Seeds of Blessing (standing in picture below) showed the many baskets and other fair trade items made from developing countries.



Seeds of Blessing help women earn enough money to set themselves up in business so that they can keep a roof over their heads and food in the bellies of their children and enable their children to attend school.

Below is a picture of the many different baskets.



#### Piatt County HCE News - Part 2

Since the April IAHCE newsletter, we did another fund raiser by preparing lunch for Faith in Action's Basket Bingo Event on Saturday, May 6, 2017.

Our BBQ pork sandwiches were delicious, as were the chicken salad. We served cole slaw and 3-bean salad. But our specialty were the many varied homemade pies from apple to coconut cream.

Pictured below are **Carol Kussart**, member of Cerro Gordo HCE unit, and **Louise Brewer**, Piatt County Co-2<sup>nd</sup> Vice President, manning the drink table.



Also working the cashier's table were Carolyn Wolter, Piatt County Co-Treasurer, and Martha Lynch, Piatt County Co-Cultural Enrichment.



We love supporting Faith In Action in Piatt County.

Carol Drayton, Piatt County Co-Public Relations

#### VERMILION.....

On June 7, 2017 Vermilion County HCE Association held their Annual Meeting at Kennekuk County Park in Danville, Illinois. Thirty-one people enjoyed the meeting, the lunch catered by Pizza Time of Catlin, Illinois, and the lovely Vermilion Environmental Education Center. There were 11 guests, including State IAHCE President, Jane Chapman; District 5 Director, Kathleen Emery; and Extension Educator of Consumer Economics, Kathy Sweedler. Bismarck Unit had 9 members present, Catlin Unit had 7 members present, and Liberty Unit had 4 members present. Our "Down by the Riverside" lunch included Italian Beef sandwiches, garden salad, fruit salad, chips, cake and ice cream.

The Silent Auction raised \$96 for VCHCE. Everyone got a goodie bag from the picnic basket center pieces.

Lara Darling, the Kennekuk County Park Environmental Educator and Volunteer Coordinator, told about the many activities held at the park and showed beautiful pictures she had taken of plants and animals in the park.

It was a great day for VCHCE and their guests.

#### Women Walk The World—Mary Stampini

On Tuesday, April 25, 2017 the Vermilion County Home and Community Education Association held a walk for Women Walk The World at Kickapoo State Park near Danville, Illinois. Six women and two men attended and five of them walked.

Brochures about Pennies for Friendship and ACWW projects were handed out.

Four people read about ACWW projects in Togo, Uganda, Mongolia, and India.

#### Vermilion County, continued

There were maps showing these countries. A display board had information about ACWW, Pennies for Friendship, and ACWW projects. Twenty-one dollars and fifty-five cents were collected for Pennies for Friendship.

Six women and two men participated in Vermilion HCE Women Walk the World



Hotdogs were grilled to go with chips, desserts, and other goodies for lunch. Carol, Ken, Christine, Rita, Diane, Fred, Debbie, and Mary enjoyed the perfect weather, good food, and fun conversations.

Diane Reddy Public Relations, Vermilion County





#### DISTRICT 6 DIRECTOR Marilyn Schaefer

Hello to all!!! How's your summer going, mine is going too fast. Someone said the other day that we had 25 weeks till Christmas. I don't have my garden work all done yet and now to think about Christmas.

I guess time flies when we are having fun. Let's make it fun to get new members and increase the membership.

We have our District 6 and 7 meetings coming up on August 8 at St. John's Lutheran Church at 901West Jefferson in Effingham, IL. I am hoping for a big crowd like we have had in the past.

This is my last year to be your District 6 Director, I have someone who is willing to take my place but I do have to have nominations from the floor. This will happen in August at District meeting.

I have really enjoyed being your District 6 Director and have met so many wonderful ladies. It is hard to remember everyone's names, so if I have forgot some please excuse me.

We just had our June Board meeting in Marion, Illinois, which was only 1 1/2 days long and we got so much accomplished in that time. We will be sharing some of this at our District meetings.

You should have all received your June District Board meeting letters by now. Please fill out the District Workshop registration form with your officers names that will be attending, also if you have anyone else that would like to come, just add them to that sheet. The cost for them is \$ 20.

I am looking forward to seeing you at District meeting in August.

Marilyn Schaefer

#### CLINTON.....

Clinton County HCE, as reported in last issue, had several programs planned.



Our annual meeting was fun! We wore hats - vintage, fun ones, memorable ones, etc.

The program for the annual meeting was on essentials oils which was presented by a essential oil qualified dealer.



At the Annual Meeting, members wore their hats.

Another program we had was on sewing techniques and tips. A high school home ec teacher presented this and yes - she does teach sewing in the area high schools. These young people are interested in learning to sew and they usually sew pillows. We learned how to hem jeans leaving the original hem on.

We are busy working on "Uncork the Holidays" which is planned for Tuesday, Oct. 17. It will be a wine and food pairing event featuring vendors, raffle, wine sampling, penny raffle, attendance prizes, and silent auction. Mark your calendars and come join us - we would love to have you. Contact Karen Voss at

#### vosspecans@hotmail.com

for more info on pricing, reservations etc.

July also brings 4-H judging events, HCE members volunteer to do this. And we also are saving bottle lids and caps for the 4-H. Our county 4-H is very active and we help and encourage them always.

Our annual donation to their Easter egg hunt is also greatly received.

HCE is doing good in Clinton County. But like all counties we are always looking for more new members, and having interesting programs and events hopefully will help in this endeavor.

Karen Voss Public Relations, Clinton County

#### CRAWFORD.....

Crawford County's International program was on Poland. The speakers were: Virginia Hryniewicz and Eva Enlow, both Crawford HCE members. They gave an interesting talk and displayed pictures, cloth-



ing and flags, along with a delicious lunch of food items from their country.



Attending: (L-R): Rhea Hayden, Bonnie Finn, LaDonna Harris, Velda Eubank, Martha Holt, Mary Stampini, Susan Allison, Sandy Bryans, Hope Dennis, Helen Brackett, Elizabeth Will, Phyllis Adams, Barb Miller, Debbie Borries and Susan Stout (guest)



Lauryn Frichtl was the 2<sup>nd</sup> scholarship winner.

Pictured (L—R): Helen Brackett, Bonnie Finn, Barb Miller, Lauryn Fright, Sandy Bryans, Phyllis

Adams, Susan Allison and Hope Dennis



# Clara Russell was the recipient to an HCE scholarship.

Pictured (L - R) Helen Brackett, Bonnie Finn, Barb Miller, **Clara Russell**, Sandy Bryans, Phyllis Adams, Susan Allison and Hope Dennis

Crawford County held their Annual Picnic on June with 29 in attendance: Mary Stampini, Carolyn Chapman, Bonnie Finn, Phyllis Goodwin, Susan Allison, Phyllis Adams, Sandy Bryans, Mary Ellen York, Patsy Andrus, Eva Enlow, Virginia Hryniewicz, Norma Thompson, Caroline Coleman, Rhea Hayden, Dorothy Osborn, Martha Holt, Phyllis Neeley, Madeline Harris, Erma Fielder, Marilyn Michl, Marge Shipman, Velda Eubank, Mary Weaver, Jo Carter, Donna Newbold, Joan Midgett, LaDonna Harris, Marilyn Flenner and Hope Dennis

Crawford County HCE was established in 1947, and they celebrated 70 years with a big birthday celebration with special guests: IAHCE president Jane Chapman and former Crawford County Unit Leader Ann Emken. Many stories were told during the luncheon and cake and punch reception.

#### Crawford County, continued

Four members of the Morning Glories Unit have been busy sewing new Velcro fasteners onto clothing protectors for the senior residents at Magnolia Center.



Pictured from left: Evea Miller, Susan Allison, and Bonnie Finn. (Martha Holt is not shown)

Hope Dennis Public Relations, Crawford County

#### FAYETTE.....

The last three months have been busy ones for Fayette County HCE, so here is a "Readers' Digest Condensed (Fayette) version":

Fayette HCE held a Child Abuse Awareness Program for the Public on April 29 at the Northside Christian Church in Vandalia.

We were fortunate to have two speakers on this very sad subject whom often goes undetected and not reported until the child has suffered injuries and irreparable damage, and sadly, scars inflicted emotionally and mentally that are not visible.

Our first speaker was a grandmother, Mrs. Andrews, who shared the heart-rendering story of her grandson, for whom she is the caregiver, as he is afflicted and still suffers from abuse he received as a very young child.

She shared the extreme abuse her grandson endured, which seemed to be obvious when he suffered a broken arm when he was just days old. She told of the continued abuse and her frustration when her efforts to get help for him was unsuccessful in time to prevent further injuries which were so severe that he needs and will always need constant care which prevents him from being left alone.

Our Fayette County Sheriff Chris Smith, our professional speaker, gave an informal talk about the problems in Fayette County with child abuse and neglect, citing that much of abuse is caused by drugs, and other behavioral problems on the part of the abuser. He shared information and facts on recognizing a child being abused, and urged the person to report the signs and symptoms to an authority, such as law officer, schools, and DCFS.

Sheriff gave several statistics of child abuse, including—about 30% of abused and neglected children will later abuse and neglect their own children, creating, feeding, and continuing the terrible the horrible cycle of abuse. He shared much information, the statistics, the cases of drugs and alcohol contributing to child abuse and neglect. The program served to awaken us to a better awareness of child abuse and neglect and contributing causes that the County officers are fighting to control.

Afterwards, the public and friends shared refreshments provided by the HCE and could be heard commenting favorably on the informational program and the speakers' sincere and informational talks.

The Fayette County HCE held its 69th Annual Dinner on June 8th, during which several awards and recognition certificates were given.

Our District 6 Director, Marilyn Schaefer, was a very welcome guest and installed our officers. She gave a very encouraging talk and we regretted to hear that she is retiring as our director. She has been not only our director, but we also felt towards her as a friend, ready to listen and encourage us, and she was accessible and understanding if we needed to consult her.

As she installed the officers, she presented each one with a fly swatter, on which a happy little bumble bee sticker passed on the message, "Be Happy". She also gave each officer a bottle of water and a small card with a hand on it to "wave to new or potential members". Fayette HCE presented her with a long-stemmed rose.



FAYETTE COUNTY HCE BOARD (District 6 Director, Marilyn Schaefer on left)

Among the awards, Flo Allen won Homemaker of the Year Flo was given a certificate for Perfect Attendance for 21 years and is beginning her 12th as Fayette HCE Board President and has served as chairman of the Sefton HCE Unit for 25 years.

Lucille Fisher, who is 104 years old, was given a Certificate of Recognition. Lucille was present at the very first planning meeting to establish the Fayette County HCE, and she was the only one to show up!



This is our 104 year old Sefton member, Lucille Fisher. with her Special Certificate of recognition and a rose - so little for all she has contributed to Fayette HCE.

We also squeezed in attending the Effingham County HCE "Japanese Tasting Luncheon" which was very interesting and informational . The speakers had visited Japan and their slide presentation was great, especially the portions showing the schools and students. The "tasting" portion was served with cups of tea which we poured ourselves from the several teapots on each table. Chopsticks were provided for those of us more dexterous.

A Note-worthy Note - The news media in our area, Newspapers and Radio, helped the news of our events to the public.

We, of the Fayette County HCE (in the Kaskaskia River region), are looking forward to seeing you all in Effingham in August, so "all hands on deck" to cruise down for the riverside picnic meeting.

Panzi Blackwell, Public Relations District 6, Fayette County (Ship's Log keeper of the good ship Fayette HCE)

#### JASPER.....

On Wednesday, March 8, and Thursday, March 9, five HCE members read an Usborne book entitled, *Shark in the Park* to each Kindergarten class in Jasper County, and then gave each student a copy of the their own to take home. HCE members that participated were Sue Wheat, Marge Thompson, Julie Warfel, Nancy Ochs, and Donna Richards. "Books 4 Beginners" is an annual project of the JCAHCE promoting literacy and a love of reading to all the kindergarten students during HCE Week.

On Thursday, April 6, twenty-five painters gathered at Irene's Winery for a Painting Party Fundraiser to benefit Toys 4 Kids. The event profited \$270.00 to be used for Christmas gifts for the kids of Jasper County. Kaylee Wartsbaugh instructed the painters as each created a canvas of spring flowers.

Seven members of the JCAHCE Board went on a Mystery Trip, planned by Judy Millsap, on Thursday, May 11. The first stop was breakfast at Coco's, which also included a tour of New Leaf Fitness & Spa, in

Lawrenceville, IL. Next, the group headed to the Red Skelton Museum & Theatre in Vincennes, Indiana, where they reminisced about the Red Skelton Show, which was televised for twenty years. Then, the ladies continued eastward to Gasthof's Amish Village for a smorgasbord lunch and shopping.



Those enjoying the Mystery Trip were (left to right): Donna Richards, Judy Millsap, Kathy Yager, Rose Michl, Anita Frohning, Sue Sparks and Marge Thompson.

Submitted by Judy Millsap and Donna Richards, JCAHCE Board Members

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#### JERSEY.....

April 29 we had a Tea Party with 30 girls and many mothers at the Jerseyville Library to showcase American Girl Doll doll clothes and their books that can be checked out. We joined with Royal Neighbors of American Chapter 146 and made over 40 outfits and purchased 8 dolls. A big hit was the fancy hats the girls could wear. This program has been so popular at the library that as soon as the dolls and cloths are brought back they are checked out again.

Our Fairy Garden program was a big hit and inspired many to go home and make one of their own.

We celebrated our 86th Annual Meeting with an indoor picnic. We welcomed Karen Ziegler as President; Sandy Bechtold, 1st Vice; Mary Lou Hess, 2nd Vice; Mary Thompson, Secretary/Treasurer; Ida May Pickle, Community and Family Issues; and Sandy Bechtold and Mary Lou Hess, Cultural Enrichment

In June, Lisa Peterson, Unit 18 Nutrition & Wellness Educator, University of Illinois gave a lesson Super Foods and Smoothies.

We are gearing up for the Jersey County Fair and the 4-H Volunteer Dinner.

So let the summer begin!!

Sandy Bechtold Jersey County HCE

#### MADISON.....

Hello Everyone!

Madison County has been busy, busy, busy this spring with many events!

We had our Spring Make It, Take It on March 12th and welcomed about 40 kids and well over a dozen parents and grandparents as the children made many different Spring or Easter related crafts. We even got one new member from the event!



Spring Make-it-Take-it

Our annual meeting was held on April 25th at LeClaire Christian Church in Edwardsville. We went over our bylaws, introduced the IAHCE family of the year, and two of our scholarship winners. Entertainment and lunch was provided.

A week later, on May 2nd, we took our county trip to Springfield. We got to tour the State Capital and eat lunch in the Hall of Flags. We toured the Presidential Museum and the Illinois State Museum. We also visited the Edwards Place home where we got to view the very couch that Mr. Abraham Lincoln himself sat on while courting Mary Todd Lincoln.

On May 16th, Madison County had their annual membership night in which we recognized all of the new members in the organization and their sponsors. Only a dozen of our new members were present, but we were glad to have them there! Entertainment was provided by The Sixty's Chicks.



New members and their sponsors

In July, Highland Crafters will be hosting the Southeast District Meeting on the 25th at the Marine Senior Citizens Building. Cost is \$12 and includes a meal and entertainment.

On August 5th, our county will be having it's annual Summer Cool Down event at the Senior Services Plus building in Alton. Participants will be able to create one-four different projects ranging from summer breakfast trays, paintings, card crafts, etc. For more information on this event please email Claudia at dachsandcats@gmail.com.

Our county will also be having an officer training scheduled for late August. We look forward to seeing you all at the annual meeting!

Now on to Fall:)

Emily McDowell Public Relations, Madison County.

#### MARION.....

At the April Board meeting, it was reported that \$860 was earned by the Annual Book Sale that was held at the Marion County Extension Office Friday, March 31 and Saturday, April 1.

Special thanks to Coordinator Sue Swartzel and all who donated books or were present to help.

A memorial donation of \$25 was made to the Marion County HCE Scholarship Fund by the Marion County HCE in memory of Bob Goldsboro, brother of former Marion County Board member Margaret Parsons. It should be noted that her letter of resignation was received at the March meeting.

Final details for the Annual Meeting to be held Thursday, April 27, at 1:30 pm were discussed. Units are asked to provide at least two door prizes and two dozen cookies for the event. Entertainment will be provided by the Rusty Strings Dulcimer Group of which one of our own Marion County HCE members is a part.

Ginger Coakley, CEO of Eden's Glory, presented our April Lesson about "Human Trafficking" at the Marion County Extension Office on Thursday, April 20. She began fighting slavery as a Set Free Movement team leader in 2011. The organization seeks holistic freedom to end modern slavery and create new futures in partnership with others through community-based action.

Marion County HCE members learned that Human Trafficking is a multi-billion dollar industry worldwide which includes men, women, and children who have been trafficked to be child soldiers, forced labor, bonded labor, domestic servants, and sex workers. We were informed about ways to identify a victim and recognize those who are at risk of becoming a victim. We were encouraged to be an agent of change in our society

through our contact with family, academia, health care, faith, culture, business, media, research, and government.

Members were particularly interested to hear about Eden's Glory, a 4-bed home where survivors of human trafficking are restored to thrive for the praise and glory of God. They offer safe housing, nutritious meals, healthcare access, life and job skills, spiritual support, and trauma counseling and care to residents. At the end of the program the Marion County HCE presented Eden's Glory with a check for \$100 to be used in providing for these residents.

For more information about the Set Free Movement or Eden's Glory, visit their websites or e-mail <a href="mailto:ginger@edens-glory.org">ginger@edens-glory.org</a>.

At the May Board meeting, members answered roll call with projects or things they want to get accomplished this summer.

A scholarship award of \$500 to Haleigh Day, who is attending McKendree College, was announced.

Last month's Annual Meeting was recapped with everyone in agreement that they enjoyed the program by the Rusty Strings Dulcimers. We also agree that we wish more members from all the units would attend the Annual Meeting as it is always a great time of fellowship.

A survey from the Illinois Association of Home and Community Education will be included with the next monthly newsletter in an effort to gauge local farm market, roadside stand, and gardens. Units are also reminded to have their new Officer List to the Extension Office by June 30.

Connie Williams Pubic Relations, Marion County

#### MONROE.....

Greetings from Monroe County where HCE has been busy with various activities in the last few months.

The Waterloo HCE Evening Homemakers visited St. Louis Children's Hospital to donate 103 baby wraps for the NICU (Neo-Natal Intensive Care Unit). The four sizes of wraps that we made were for babies of 1-3 pounds, 3-5 pounds, 5-8 pounds and 8-11 pounds. Members worked on the wraps during several sessions at a member's home.

This unit also participated in the weekly Martha's Kitchen dinner St. Paul's UCC church in Waterloo. This was the fourth time to serve such a meal. Ten members roasted turkeys, made mashed potatoes and gravy, prepared green beans, lettuce salads and made many wonderful desserts.



Pictured: JoAnn Roider, Dorothy Kohler, Marie McMullan, Doris Matzenbacher, and Sandy Patrick presented the wraps to the manager of the NICU and her secretary.

Rosemary Yaekel, Co-Cultural Enrichment chairman, presented a program, Hippity Hoppin' to Easter" on April 6. Those in attendance learned about making Easter decorations, bunny napkins, bunny bread centerpiece, and bunny pear salad. Other quick and easy dinner menus were demonstrated. There was a cookie decorating demonstration from which everyone took home four (4) cookies.



Pictured: Rosemary Yaekel demonstrated various Easter projects.

There were two Monroe County HCE Scholarships presented this year -The \$500.00 Membership Scholarship was awarded to Ryan Wiggers who is the grandson of Fay Stamm, a Mailbox member. The \$250.00 Memorial Scholarship was awarded to Drew Harm, the grandson of Carol Hoffmann, who is a member of the New Hanover Unit.

HCE's International Night was held in April with a program about the "Country of Study". Guest Speaker Pastor Thelma Watson, along with Carmen Kohler, discussed life in the Philippines and provided history about the country. Carol Hoffmann (International Chairman), coordinated the event.

#### Monroe County, continued



Pictured – Carol Hoffmann, Pastor Thelma Watson, and Carmen Kohler who also provided input to the program.

Several programs were coordinated by 1<sup>st</sup> Vice President Doris Matzenbacher. They included a discussion on Herbs which was presented by a local Master Gardener. Information was primarily presented on three herbs – lavender, chives, and basil. People attending learned how to grow, freeze, dry, and cook with the herbs. Samples of food were made using various herbs. Elizabeth Wahle, Horticulture Educator, presented a "Walk & Talk" nursery tour on perennials and other plants at Stuckmeyer Plants and Produce in rural Columbia, IL.

Last year Monroe County HCE members donated hundreds of items to Operation Christmas Child-Shoebox Ministries. Donna Meidinger, Community Outreach, filled numerous shoeboxes with donated items. To learn more about Operation Christmas Child, the children they help, and the types of items they need, local volunteer Elaine Adams, presented a program on June 13 to HCE members. Collection of items will begin in the August/September timeframe.

Birthday parties are held for the residents of Oak Hill which is a local convalescence center. HCE units and the board alternate to furnish entertainment and provide refreshments for the assigned month. Usually birthday cards and gifts are presented to the birthday honorees.

After a lengthy search, the board has gained a new member, Marie Schroeder. She comes with previous experience as a board member and will now assume the role of secretary. With this happening, I took on the role of county HCE president which had been vacant for some months.

Rose Anne Bense President/Public Relations Monroe County

#### CLAY.....

Clay County HCE units have been very busy the last few months. In March, the Farmerettes Unit hosted a Spring Fling at Flora Rehabilitation Center. Members provided refreshment and activities. Becky Krutsinger and her dog Mocha were a hit. Mocha wore different hats and costumes and allowed rehab residents to pet her.

Farmerette Joan Shafer offered a rendition on her favorite hats, Brenda Ruckman read poems and riddles and they finished their visit with a much-requested grand finale of the Chicken Dance.

In May, the Farmerette Unit traveled to Mt Vernon and visited Angel Cove, a home that supports mothers-to-be with lodging and other living needs. The unit took 10 fleece baby crib and nursery blankets.

They also helped Brenda Ruckman finish 50 dresses, she had been making for little girls in Haiti. The Farmerettes also traveled to the Cisne Rehabilitation Center, where they honored veterans in the rehab center.

The Second Wednesday unit meetings are held at Elaine Todd's home in Flora. Elaine has graciously hosted the unit for a long a time. The June meeting was a luncheon held at Firefly Restaurant in Effingham. They have recently added two new members. Plans are being formed for special upcoming activities.

The Clay County units provide pies for the upcoming 4-H BBQ at the end of July.



Farmerette's member and HCE county board member, Becky Krutsinger and her her dog, Mocha showing off showing off one of his hat and costumes at the Flora Rehabilitation Center, Flora.

Beth Fancher Public Relations Clay County

IAHCE District 6 and 7 Workshop August 8, 2017 St. Johns Lutheran Church, 901 West Jefferson, Effingham, IL



## DISTRICT 7 DIRECTOR Janel Kassing

After conference and traveling Southern Illinois for Annual Meetings, my husband and I headed to Daytona Beach for 2 weeks to relax on the beach. Now it's back to business.

It's hard to believe it's already time of prepare for August workshops. Once again a fun,

informative day has been planned. I will deliver state t-shirts at all 3 workshops. If you haven't gotten yours yet, you can order at August workshops to be delivered in March at conference or send me your size (small through 3X), whether you want the logo on the front or back, and a check for \$15 for each t-shirt. These will also be delivered in March to save mailing costs.

Sharon Davis has some great plans for our next conference, Pat Hildebrand has been working on a new state brochure that counties can use, and Ashley Davis, our new CVH/Sales Director, is planning a fire sale of items. Your state board has been vey busy with a variety of projects. We were in Southern Illinois for our June board meeting recently. I'd like to thank Johnson, Massac and Williamson Counties for the wonderful meals they provided for the board. Southern Illinois has some great cooks-thanks for sharing the recipes (see page 47).

What's our next theme? See you soon to find out.......



#### FRANKLIN.....

Greetings from dry now Franklin County. We certainly had our share of rain this spring. There are some pretty gardens in various places, but our favorite green house had really tall tomato plants as people were waiting for the ground to warm.

We've been busy as usual this spring. We've had several good Lessons for Living starting in January with a lesson on Herbs of the Bible taught by Loma Baxter.

In February, we had lesson about how the crockpot came to be invented and then evolved into our present day Slow Cooker. Barb Spencer taught this lesson and food prepared by members was enjoyed by all. In March, a dietician, who is member Barbara Lynch helped us understand how to change eating habits and have good nutrition as we age. We didn't schedule one for April, but the Lesson in May was on Opioids and we were privileged to have not one but 4 police officers speaking.

Those officers were Franklin County Sheriff and 3 officers from the Illinois Drug Task Force. It was very informative, especially to those who weren't sure just what an Opioid was and we learned about how strong an epidemic in Southern IL that it has become. I personally have sat on the Grand Jury and see how many arrests are made each month for those stealing these drugs. We're looking forward now to the Lesson on Human Trafficking to be taught by a representative of the Woman's Crisis Center on June 23. We have invited many outsiders and members of the 4H in our County.

Our annual Membership Luncheon was held on May 25. The theme for it was a Picnic Down by the Riverside, and the Board provided all the food. We had a guest speaker who talked about the Human Trafficking she had to deal with in her job. She is quite a comic!

Members brought in items for an auction which former President Loma Baxter emceed and it was a hoot. We had given out little prizes to those who had certain items in their purse and these items were picnic related - such as a fly swatter, sun tan lotion, a beach ball and a storage container. At the end of the day, two door prizes were given, a small picnic basket to our little friend who helped with the auction and a flower garden in a planter, donated by one of our units went to Pat George. Before closing, a gift certificate was given to Loma Baxter for her year with our Board.

I did forget to mention that our Annual Meeting was held in April and that Janel Kassing, our District 7 Director was there to install officers. Loma Baxter had decided to step down from her office as President, due to her daughter's health. Barb Spencer stepped up to fill that position. Donna Redman was selected as secretary and others opted to stay in their present positions.

Only one application for scholarship was received and it was presented to Daylon Kelley, who is Loma's grandson. He had served in the National Guard and was working toward a degree in heavy equipment. It is a great pleasure to us to be able to help these young people pursue their education.

Several ladies had stayed busy one day each month making neck coolers for the military. Over 2,000 are shipped each year and requests are received for more.

One member has already made most of the Christmas Stockings that we fill for Veterans in our Franklin County Nursing Homes. We already have a collection of items to give the pre-K classes this year. If anyone has a need, Franklin County HCE ladies are glad to fill it and spend many volunteer hours that are counted. They just forget to itemize them.

Barbara Spencer, Public Relations, Franklin County

#### HAMILTON.....

We had a beautiful spring in Hamilton County and now we're beginning to have some real summer temperatures.

We've had several activities the last two months. Our April 13th taco salad lunch and bake sale was a great success.

Our annual day, held on April 25th, was well attended and we were pleased to have Janel Kassing, District 7 Director, with us to install board members for 2017-18. Our decorations followed the theme of "Down By the Riverside." Everyone enjoyed a catered meal followed by entertainment by a group of members that did a rendition of "Down By the Riverside" as sung by the Millionaire quartet.

We gave our very first scholarship on May 9th. This year it was in memory of Kay Mayberry, who was our president when she died, and Jean Skinner, who was a long-time Home Adviser with Extension. In the future, it will simply be a Memorial Scholarship. The recipient this year was Ethan Erwin.

We held our first garden tour on May 23rd. It was a big hit with more than 20 participants. We visited three homes and all had unique and beautiful yards with various trees, shrubs, flowers, and other unusual ornaments and yard decorations. Hopefully, we can continue this activity every year.



We also had a great lesson on "Family Keepsake Recipes" was enjoyed by all who attended.

Carole Roberts, one of our members, who gave a lesson for us on making a family memories cookbook.

Our Community Outreach chairman, Karol Brown, is still doing a good job collecting can tabs, hard plastic items, cancelled stamps, medicine bottles and Boxtops for Education.

Our first HEA food challenge contest was held on June 8th in the high school Home Economics room.

A large group attended our annual picnic, held on June 5th at Dolan Lake. About 70 members and guests, 4-H members, and residents from Heritage Woods Assisted Living, Enfield Healthcare, and McLeansboro Healthcare, enjoyed the picnic lunch and games that follow Edythe Piopolis Busy Bees club, under the direction of

their leader and our board member, Jewell Wilson, presented a nice flag program, showing flags of the various branches of the Armed Forces.



Spring Garden Tour at the home of Willie and Carolyn Grubb.

Now it's time to take a break for summer, and before long, it will be time for the fall activities to begin. Have a great summer!

Bernadine Drone Public Relations, Hamilton County Karol Brown and Becky Belcher

#### JACKSON.....

The ladies of Jackson County have been so busy this summer. Out new HCE Board President Brenda Jones, is hard at work developing new ideas to revitalize our membership. We look forward to working with her. Luann Ostrom is now chairing our health and Nutrition. When you see them at our District 6 & 7 Conference in August give both of them a warm welcome to the board. We are so grateful to have them assisting us in Jackson County.

Our programs have been especially interesting this Spring. We have had lessons on Elder Abuse, Butterflies, Bees and Frogs, and Brain Health. In July, we will be having a demonstration on how to pack our bags for vacation. We all want to arrive with our bags packed and on time for vacation travel.

In August, we will have a handout program for "Everything, But the Moo, Baa." And in September we are planning a cooking lesson. Our October International lesson will be learning about the Philippines. Our International Chair, Sonia Lallemand is putting together a wonderful program for us. Later in the fall we will be

planning a silk scarf lesson and a tile craft lesson with Lynn Pierson, our Cultural Enrichment Chair.

Enjoy your summer. We hope to see many of you at the District meeting!

Jean Conrod Public Relations, Jackson County

#### JEFFERSON......

Greetings from Jefferson County,

We are enjoying pleasant summertime weather, but all good things must end and high humidity and heat are in the forecast. We sure had a busy spring.

In April, Let's Picnic was the theme for our annual meeting. The tables were decorated with red and white checkered tablecloths adorned with large black ants (pretend) made by our board, along with other picnic related items. We had a delicious picnic type lunch featuring fried chicken and cobbler. Our guest speaker was Ray Minor, a retired 30-year Law Enforcement Veteran. He presented a lesson on "The Predator's Playbook" -- Choose Not To Be A Victim. He helped us to develop skills to understand and predict how the predator moves. It was a beneficial lesson, gave insight on how to be aware of your surroundings, and how to protect yourself.

District 7 Director Janel Kassing did the honors of installing officers; she always comes up with unique ways to use the yearly theme to install each officer.

Our scholarship award was presented to Olivia Massey of Waltonville, we were pleased to honor her hard work and dedication to her education, and we wish her all the best as she continues with her education.

At this time we also collected several boxes of non-perishable food for our local food pantries.

In May as a needed community service project, Jefferson County HCE saw the bleachers at the fairgrounds need to be maintained. We contacted the Jefferson County Sheriff's work camp crew; they like to keep the prisoners occupied and help raise their selfesteem, doing community projects. They said this fit their criteria. The officer in charge went to the site and determined what need to be done. One day they took their power washer and cleaned off the old paint. Then they returned and painted the set of bleachers and the picnic tables, too. All our units donated financially to obtain the porch and deck enamel. The paint store even donated the rollers, brushes, and paint tray. It really turned out to be a community endeavor. 4-H is proud of them. The kids will have a nice place to show their exhibits.

The Fairgrounds are used by both Jefferson and Franklin Counties. JCHCE helped 4-H by taking charge of the bleacher project; in turn, we help the Jefferson County Sheriff's work camp.

Our May lesson was on Elderly Exploitation, a crime that is on the rise. The effects of financial exploitation on a vulnerable adult can be devastating. If you think you or an elder in your life has been, is being exploited, or abused, physically, mentally or financially, in Illinois call the statewide, 24-hour Adult Protective Services Hotline:1-866-800-1409. This lesson was very helpful in understanding the meaning of Elderly Exploitation.

In June, our culture enrichment director, Sarah Mae Waite, put together a bus trip Down by the Mighty Mississippi Riverside in Alton and Jerseyville, Illinois. We enjoyed a lunch at Aeries Riverside Winery in Grafton overlooking Illinois & Mississippi Rivers. The view of the landscape and the Mississippi river was spectacular. We learned about Underground Railroad sites on a guided bus tour. Alton's riverfront location along the Mighty Mississippi played a vital role in helping slaves make connections to the freedom of the northern U.S. It was a wonderful trip and seemed to be enjoyed by all 36 of our members and guests. Once again, Sarah Mae planned the perfect trip. Our June lesson was on, "New ways to cut electricity". It is surprising how just changing light bulbs can cut your electric bill. We had eight members attend the mini District meeting at Benton. It is always pleasant getting together with other counties and finding out what they have been up to.

It is hard to believe that half of the year has already passed. JCHCE wishes everyone flourishing gardens, and a safe and happy summer.

Barb Shurtz / Silvana Morss PR Public Relations, JCHCE

#### JOHNSON.....

The annual ladies luncheon, held on May 13, was provided by the Johnson County HCE, held at the Community of Christ Church, and deemed a great success.

The event provided not only an enjoyable time for some eighty ladies, but also served as a fundraiser for the annual scholarship project.

The big draw this year, besides the gourmet luncheon, served on tablescapes, a silent auction, door prizes, and entertainment, was the guest speaker, a local son, Abraham Hunter, who has made a world-wide name for himself in an art career.

Hunter credited the HCE with giving him a boost in the early marketing of his art creations, with a public exhibit

#### Johnson County, continued

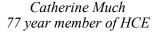
of his nature paintings and sketches. Later that year, he showed his art work at the HCE "Art in the Park." Hunter discovered around age 12, that he had a Godgiven talent in sketching and acrylic painting. He began winning prizes in the State and Federal Duck Stamp competitions and a career was born. From painting at the kitchen table, Hunter now has a studio-gallery in Gatlinburg, Tennessee, and travels around the country to exhibit his art. He provided a black-and-white sketch of birds for the silent auction, which brought a high bid of \$600, a boost to the scholarship project.

Hunter shared with the ladies that those early painting of his, that they may have purchased for \$15, are now worth \$250 to \$1500.



Abraham Hunter with HCE board president, Faye Mize, with the sketch he donated to the silent auction.

Another special guest was Catherine Muck, who has been an HCE member for s seventy-seven years. She joined at age 20, when the organization was called Home Bureau. She was presented a hanging geranium by HCE board president, Faye Mize.





An impromptu concert on the piano was given by 5-year old Anna Claire West, granddaughter of HCE board member, Betty Yandell, and great grand of HCE member, Mary Yandell.

Sarah Penrod, accompanied on the piano by HCE board member, Cara Webb, sang three numbers: "Our Thanks O God for Mother," "Amazing Grace," and "My Mother's Eyes."

The silent auction was quite exciting this year and brought in \$2600.

There were enough door prizes donated this year, from our generous community, for nearly everyone to take home a special gift. The menu included Poppy-Seed Chicken Casserole, Herbed Carrots, Rolls, Spinach-Strawberry Salad, and Layered Desserts of Lemon, Strawberry, or Chocolate, plus iced tea and coffee.

Eight tables, each set with eight place settings, were provided by HCE members who shared their china, silver, and stemware for an elegant tablescape. The peony bouquet centerpieces were designed by member, Diane Leslie.

One of the eight beautifully decorated tablescapes.



This year's scholarship recipients were Courtney Minor, Goreville High, and Remington Fisher, who were honored at an HCE luncheon on May 3.

Dixie Terry Public Relations, Johnson County

#### MASSAC.....

#### Family & Community Involvement

Massac County HCE members facilitated workshop class sessions during the two-day Celebrate Youth Conference at Shawnee College on May 16 & 17. Seventh grade students from the AJMPU 5-county unit attended the conference to learn about career opportunities, health, safety, and science-related topics.





Massac County HCE was responsible for nearly 250 of those in attendance for the "Snacks in a Snap" workshop. HCE members taught students about the "My Plate" nutrition recommendations and how to read food labels. Students then had an opportunity to make two types of snacks that they could also make at home.

Thank you to HCE members Judy Parr, Susie Henley, Kathy Hutcherson, Dorothy Holt, and Norma Korte who assisted with the workshops.

**Spring Fling Community Event.** Thank you to all who brought or bought food for the informational Massac County HCE community event on May 6th – Metropolis Spring Fling. Baked items were available to purchase.

Additionally, participants could view sample HCE lessons and take informational fliers that described the benefits of HCE and the many programs offered by HCE at the state and national levels.





#### Superman Walk

Four Massac County HCE members participated in the Superman Celebration 2-mile Walk on Thursday, June 8<sup>th</sup> in Metropolis, Illinois. All proceeds from the event were donated to the United Way & the Cross Country team.



HCE members who participated in the walk were: (pictured left to right): Curly McAtee, Paula McIntosh, Millie Wilson, & Norma Korte.

#### **Craft Class**

Massac County HCE members and 4-H members attended a sewing and embroidery workshop on April 29 at the Massac County Extension Office.

The purpose of the workshop was to make a pillow top using sewing skills and machine embroidery.



There were 11 Clover Buds, 4-H members, and parents who were interested in improving their sewing skills. Two instructors with embroidery machines helped members create their projects. Those present were very pleased with their pillows at the end of the 4-hour class.

Norma Korte Public Relations, Massac County

#### PERRY.....

What does frozen custard, helping foster kids, gardens, butterflies and saving wildlife have in common? They are all things that Perry County HCE has enjoyed the last few months! Perry County members enjoyed an amazing day trip during May to St. Louis where they visited the Missouri Botanical Gardens, The Butterfly House and had dessert at the famous Ted Drew's Custard.

In June, the membership shifted gears from their travels to a focus on helping hands. On June 8, Perry County held a joint meeting of HCE members and county 4-H members at the Pyramid State park. While there, they packed a whopping 83 backpack full of socks, underwear, combs/brushes, toothbrushes, toothpaste, granola bars, shampoo, soap, gloves and stocking caps.

These backpacks were then given to the local DCFS removed from their homes and placed in foster care.

The picture of the group is our members packing backpacks.



After packing bags and a hot dog buffet, the attendees listened to a presentation from Beverly Shofstall of "Free Again". Ms. Shofstall explained how her organization helped rescue and rehabilitate injured wildlife for return to their natural environment. She also brought along several birds to show.

#### Perry County, continued

Beverly Shofstall of Free Again



Sara Tanner Public Relations, Perry County

#### PULASKI-ALEXANDER......

An achievement for Pulaski/Alexander HCE each year is the awarding scholarships to graduating seniors in the area. Our annual Hillbilly Dinner gives us the funds to round out our monthly contributions to reach our goal. Winners this year were Levi Jones, Natalie Taake, Gabriele Baker and Kira Davis representing Century and Meridian High schools.

Recently, "Ouch Pouches" were made by Martha McMunn and a friend of HCE for cancer patients to use as for comfort from their surgeries. Our units served snacks at the 4-H Show held at Shawnee College in June. Plans are to have a food kitchen for the Youth Fair late in July. Three members from the Pulaski Unit attended the Mini Conference in Benton for District 6 & 7 on June 20<sup>th</sup>. They were:



L-R Emma Dell Bennett, Martha McMunn, Flora Helman

July and August are vacation months. Outings are planned for July. In August, a raffle basket of food will be at the Pulaski County Fair. Both units will donate items to the basket. Several plan to attend the District meeting in Effingham in August.

The Shawnee Unit met in June at Our Place for lunch then visited the Barkhausen Cache River Wetlands Center for their June meeting.



Sue Johnson and granddaughter enjoying displays at the Wetlands Center of the wildlife of our area.

ENJOY YOUR SUMMER GO TO THE FAIR

EAT WATERMELON SEW

HAVE GRANDKIDS FOR OVERNIGHT

MAKE HOMEMADE ICE CREAM

READ A BOOK VISIT A FRIEND

Martha McMunn Public Relations, Pulaski/Alexander County HCE

#### RANDOLPH.....

Hello from Randolph County "Where Illinois Began."

Members meet in April for the annual meeting. In keeping with the theme of the country, Ecuador, a local resident who had been there was the featured speaker. There were no new officers installed, all have agreed to continue their positions.

In June, members and guests were invited to an event. Nick Kassing, son of our district director and county president, gave in interesting presentation on "Protecting Your Money." He is a branch manager of a local bank. There were a lot of questions from the group.

After the presentation, the ladies helped assemble Linus blankets that will be given to a local pregnancy center. In July they assembled lap quilts that will be distributed to veterans in nursing homes.

In keeping with the state's emphasis, the members will be concentrating on providing support to the first responses in the county in various ways.

The county is finalizing plans for the 5-County Event on September 21 that will be held at a winery in rural Red Bud. The theme is based on the history of the county along the Mississippi River.

Ladies tying Linus blankets



Jane Lucht
Public Relations Randolph County

#### UNION.....

Union County HCE members are busy quilting in spring and in the fall. This year they quilted the 4-H quilt and four consignment quilts in the spring. March, April, and October they quilted a consignment quilt for 58 year HCE member Betty Cerny. The group works at the University of Illinois Extension office in Anna and meets on Thursdays, when quilting. The 4-H quilt is raffled with the proceeds paying for a college scholarship each year. Quilters enjoy the fellowship and meals together.



Picture of quilting of 4-H quilt on a Thursday: L to R: Suzie Kessler, Linda Poston, Lois Clutts, Judy Huckleberry and Debbie Rossberg.





Brenda (Hileman) Chamness Union County

#### WASHINGTON.....

Now that it's summertime let's hope that everyone gets a chance to go outdoors, to a concert, park or swimming or boating on a lake. So pack your picnic basket and go "Down by the Riverside." We had a great collection of picnic baskets at our Washington County HCE Annual Meeting.

The ladies' of our county did a great job of quilting, so we will have a beautiful "hand quilted" quilt for our drawing in November at our annual Christmas Special program. Tickets are available for anyone interested in purchasing a chance.

We enjoy the fresh fruits and vegetables as we go to Farmers Markets, grow in a garden, or swap with a friend and inviting that friend to your HCE meeting.



Front: Bernice Engelmann, Aileen Malcharek, Linda Kemper, and Adeline Blumhorst

Back: Eunice Hettenhausen, Nancy Russell, Sue Mueller, Carolyn Rennegarbe, Jane Nelms, Geraldine Twenhafel and Christine Bevil

> Adeline Blumhorst Public Information, Washington County

#### WHITE.....

Down by the Riverside was a great way to end the past year and begin a new year.



White County H.C.E met for our 77<sup>th</sup> Annual Day on April 25<sup>th</sup> 2017. We had a great lunch, beautifully decorated tables with the Down By The Riverside theme. Our Culture Enrichment Board Member, Ludene Taylor, always does a fantastic job and we appreciate the time she puts into all of our community projects.

Awards were given out for achievements for the year to those who made a difference in our community and the lives of others. New officers was elected for the new year, with Janel Kassing, HCE District Director.

Fifty year plus members were recognized and the Blue Ribbon Units were presented with certificates. Volunteer of the year Fran Matheny was presented a Certificate for over 3,000 Volunteer Hours. Our guest speaker Mike Grogan was Entertaining and Funny as always.

Our Style Show and Salad Luncheon were beautifully decorated by Ludene Taylor. Everyone enjoyed the lunch and the models who wore fashions were great.





#### 50 Year or more members

Helen Sailer, Linda Johnson, Sue Mcarthy, Lynda Bryant, Mary Majors and Harold and Margent Stahl

A Fund Raiser for White County Relay For Life Cancer Crusade and a Bake Sale was one of our many community projects. We netted 1,325 dollars for this worthwhile cause. Thanks to the Volunteers who worked in the hot and humid weather for this community activity.

As we continue to increase our membership and work on projects to help our community by providing lessons that may make a difference in someone's life.

Fran Matheny gave a Disaster Preparedness Lesson and gave out Smoke Alarms at our May meeting. Preparing our community on how to be prepared for a disaster is one of our goals for the upcoming months ahead. Summer Storms are more dangerous than winter storms. Fire detectors installed in homes have saved many lives.

Thanks to all who donated time and merchandise to White County Community Home and Education that helped us make a difference in our community. Without volunteers we could not do the things we need to do.





#### WHITE COUNTY HCE BOARD

Ludene Taylor, Fran Matheny, Joy Hoffman, Mary Bingman, Doris Stinson, Ruth Norris

> Fran Matheny Public Relations, White County

#### WILLIAMSON.....

Williamson County HCE has several very civic minded units. Crab Orchard Unit has been making crafts, having bake sales and selling food at area events to raise money for a scholarship. Below is their inspiring story told in the words of our county president, Charlene Morris.

"AND THE AWARD GOES TO" Crab Orchard Unit of HCE from Williamson County gave out its very first high school Scholarship on May 9th to Mollie Emery. Mollie

models family values and community involvement. She has had above average grades all through school. In her assay she wrote how she and her younger sister, Audry, organized and carried out a fund raising effort for one of their teachers who had a premature baby in the hospital. She got her school and the community involved. She is excited about furthering her education. We wish her well and know she will succeed in all she does.



Mollie Emery from Crab Orchard High School receiving her scholarship.

Crab Orchard worked very hard to raise the money for this scholarship. If you all know anything about a small village, which I know some of you do. We have one stop sign at the bottom of Crab Orchard Hill. Then if you look both East and West there are a couple of churches, a antique shop and that's about it. Last fall we set up a food and craft concession in down town Crab. We did very well. We also set up a food and craft concession at the High School Turkey Tournament. We had a couple of members to donate money. We met our goal for a scholarship of \$500.00 for this year. We are already working on next years funding.

You know the Post Office has a Motto, so does Crab Orchard Unit of HCE. "Neither wind, rain, ankle deep water or mud" can stop us from making money for our scholarship.

Let me explain. On May 20-21 we were to set up a food and craft concession at the LEAA "Art at the Fair Ground". Early the morning of the 20th, it came a 3 to 4 inch rain in Marion. Therefore we had to wade water up to our ankles and mud for both days, but we did very well. We made enough money for next years' scholarship plus some extra. We are a unit that is growing. We added a new member at our June meeting. We now have 17 members. We will be starting a new project come July. We work but always enjoy ourselves in all we do.

Our county is already for our quilt raffle with a donated embroidered quilt top from our treasurer, Jo Barger. It has been hand quilted, and we are mailing raffle tickets in our monthly newsletters. The actual raffle will not happen until our November Bazaar which is our only fund raiser and supports many projects of our county including food for our fifth Saturday meal preparation at the soon to be reopened Lighthouse Shelter for area

homeless families and individuals. Flood damage there has caused damage that will be repaired this month.



Our county helps with 4-H by some board members judging at the July 1 county contests this year at John A. Logan College. Also, some board members teach workshops for the 4-H youth. Care & Share Unit donates to Gumdrops and other charities that serve youth. In addition, other units have their civic projects including scholarships explained in Crab Orchard unit's article and photos sent separately.

It seems appropriate that this year's raffle quilt features blocks of children holding hands as a metaphor for all our hopes for youth who are our future. Being from a more impoverished part of our state and with cuts to programs serving youth makes our HCE outreach efforts even more vital.



One way to add some volunteer hours is to help with 4-H: judge their projects or lead workshops.

Foods Superintendent at 4-H judging this year at John A Logan is Karen Williams, shown right. Visual arts judge Marie Samuel, left, is shown with one Painting selected to go to state for judging.

Marie Samuel Public Relations, Williamson County

IAHCE District 6 and 7 Workshop August 8, 2017 St. Johns Lutheran Church, 901 Jefferson, Effingham, IL

#### **IAHCE SCHOLARSHIP RECIEPIENTS 2017**



# AUSTIN CRAIG ATOR Pittsfield, IL Pike County

"My ultimate goal in life is to live life to the fullest and be happy in what I am doing. My career goals basically follows suit. I hope to obtain a career in the Argicultural field and be an Engineer. Agriculture is extremely important in the world we live in. I hope to be able to, as an engineer, design something that can further advance the face of agriculture as we know it.."



#### DANIEL MYERS BINGHAM Griggsville, IL Pike County

"My educational goals are to graduate from the University of Missouri with a major in Agricultural Systems Management. This degree will combine my interest in machines and business. A career in this major will put me at the leading edge of technological inventions in agriculture, environmental protection, and related industries."



# LAUREN DANIELLE BAUER Pittsfield, IL Pike County

"I plan to get my undergraduate degree in Agribusiness Management and my graduate degree in Veterinary Medicine from the University of Missouri. My career goals require me to take eight continuous years of schooling which means I will not only be paying tuition and living expenses for four years, but eight."



#### AARON HUNTER FISHBURN Mechanicsburg, IL Sangamon County

"I am attending Lincoln Land because it is affordable school with good teachers. By attending a community college, I can live at home, saving even more money. After completing two years at Lincoln Land, I plan to attend a University and earn a bachelor's degree."

## GREETINGS FROM EFFINGHAM COUNTY

Site of the 2018 Annual Conference

On behalf of Sharon Davis, Chairman and Marilyn Schaefer, Co-Chairman of the 2018 Annual Conference to be held in Effingham at the Keller Conference Center March 13, 14 and 15, 2018, it gives us great pleasure to be able to tell you the conference theme at the August District meetings. We are looking forward to many of you attending these workshops.

Effingham County has been busy this year. On March 18 we, along with the 4-H, decided to hold a cookie workshop and inviting the public. This was just a day and half after returning from State Conference in Peoria. When I arrived home, I discovered we had 50 plus people who had signed up (all 50 attended). They worked in groups, mixed their cookies, cut them out and baked them. Then Liz Wernsing, who bakes dozens of cookies each year, taught them how to ice them. We had a great time.

On June 17 Patty Logan, our Youth Adviser, and HCE decided to have a workshop on yeast breads. This also was two days after we had state board meeting in Marion, Illinois. When arriving home I learned we had 25 plus people coming for this workshop. It turned out great, everyone took home cinnamon rolls or a loaf of bread. Now they want to do something on Holiday Breads, etc.

We have been working with the Senior Center in making different items. There is a HCE Unit there so they work on projects we need done. They are working on fidget blankets for the Alzheimer department at the Hospital. They will be working on under-arm pillows for breast cancer patients.

Our board is now working a fundraising project at the Effingham County fair. We sell Culvers ice cream. It's a lot of work but a good fundraiser.

I hope everyone is having a good summer and are getting some rain. The farmers could use the rain and our gardens need it also.

Marilyn Schaefer Public Relations Effingham County

## **District Workshop Calendar**

August 8, 2017 – Districts 6 and 7 Workshop See Page 26 or Page 45 for location

August 9, 2017 – Districts 4 and 5 Workshop See Page 22 or Page 28 for location

August 10, 2017 – Districts 1 and 2/3 Workshop See Page 9 or Page 19 for location The IAHCE Board was served marvelous meals during their June Board meeting in the Jefferson County Extension Office, Marion. The Board members send a big thank you to each of the ladies who prepared and served these meals. It was a time saver in having the meals served at the meeting place allowing time to keep our minds focused on the task at hand.



Faye Mize Phillis Webb Rosemary Rouse Ann Stachowiak

#### **JOHNSON COUNTY**





Millie Wilson Norma Korte

#### MASSAC COUNTY





#### WILLIAMSON COUNTY



Judy Cox Debbie Miller Karen Williams Charlene Morris

## Recipes from JOHNSON COUNTY

#### POPPY SEED CHICKEN

(makes 12 servings)

6 chicken breasts, cooked and cut into small pieces OE 1 50-oz. can cooked chicken breast, drained

- 3 tubes Ritz crackers
- 2 sticks butter
- 2 cans cream of chicken soup
- 1 cup sour cream
- 2 T. poppy seed
- 1/4 teaspoon garlic

Crush crackers until fine. Add melted sticks of butter; toss together. Put 1/2 of the cracker/butter mixture in bottom of a 9x13 inch baking dish. Reserve the other 1/2 of cracker mixture for top.

Stir the cooked chicken pieces, cans of soup, sour cream, poppy seed and garlic salt together and spread on top of the crumbs in the baking dish.

Put remaining cracker mixture over the top of the chicken mixture.

Bake in 350 degree oven until hot and bubbly and the crust is a bit brown. (45minutes – 1hour).

#### **BROWN SUGAR-GLAZED CARROTS**

(makes 8 servings)

2 pounds carrots, cut into 1/4 inch slices

1/2 tsp. salt

2/3 cup packed brown sugar

1/4 cup butter

1 tsp. grated orange peel or 1/4 tsp orange extract 1/2 tsp. salt

Cover carrots with water in a saucepan. Add 1/2 tsp. salt. Cover and heat to boiling; reduce heat and simmer covered 12-15 minutes or until carrots are tender.

While carrots are cooking, heat brown sugar, butter, orange peel and 1/2 tsp. salt in a saucepan over medium heat, stirring constantly, until sugar is dissolved and mixture is bubbly. Be careful not to overcook or the mixture will taste scorched. Remove from heat.

Drain carrots and return to saucepan. Stir brown sugar mixture into carrots. Cook over low heat about 5 minutes, stirring occasionally and gently, until carrots are glazed and hot.

## ILLINOIS ASSOCIATION FOR HOME & COMMUNITY EDUCATION

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