

ILLINOIS ASSOCIATION
FOR HOME AND COMMUNITY EDUCATION

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DECEMBER 2017



IAHCE NEWS



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CELEBRATION AT THE CROSSROADS

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GREETINGS FROM IAHCE PRESIDENT JANE CHAPMAN

December 2017

Fellow HCE members:

If I wish all of you “Happy Halloween” it would be a little late as you will not receive this newsletter until almost Christmas. Instead, let’s say “Happy HalloweenThanksgivingChristmasNewYear’s Day” to you and yours. That word is almost as good as supercalifragilisticexpialidocious!

Gosh, hard to believe that another year is drawing to a close but that also means that another “supercalifragilisticexpialidocious” annual conference (AC) is also just around the corner! All of you that read this newsletter really need to attend at least one AC if you have never attended one before. It is worth it because of the people you meet, the ideas that are shared, the super workshops that you can attend, and the chance to learn more about the HCE organization. This year is looking to be bigger and better than the last two, if that is possible, so sign up early to insure you get the workshop you would like and be sure to bring a friend along! We are looking forward to seeing everyone at conference.

Attention all counties celebrating or has celebrated their 100th Anniversary: At the luncheon on Tuesday of the AC you will be given special seating and also be recognized, so encourage your county to attend and take part in the celebration.

We just completed our fall state board meeting and as usual it was a very successful meeting. The other members of the board are really a fun and dedicated group of ladies. You, as a member of this organization, should be very appreciative of the passion that the current board has for HCE and the desire to see it grow and prosper. There was a lot of business that needed attended to at this meeting and everyone kept their focus and we accomplished it in a timely manner.

The public relations director and her committee have been working hard the last few board meetings to develop a trifold flyer that all counties can use to help promote HCE. In the president’s packet that will be sent to all county presidents the first part of December will contain a sample flyer. The state board will furnish 25 copies for each county and will take orders for more. The flyers will be delivered at the Annual Conference. We really want to discourage you from photocopying this flyer, especially in black and white, as we want the flyer to maintain a more professional image. So, Madam Presidents, watch for your packet as it will be full of really important materials!

I would like to leave you with this thought, “Don’t wait for things to get easier, simpler, or better. Life will always be complicated. Learn to be happy, right now. Otherwise, you’ll run out of time.” Good words to live by no matter what your age, therefore start living today as if it were your last.

Later,
Jane

EXECUTIVE BOARD



**1st VICE PRESIDENT
Sharon Middleton**

Fall has arrived! By the time you receive this article, it will be close to Christmas. Right now the leaves are changing colors in all of the reds, oranges and yellows. And soon they all will be gone and winter arrives.

I hope you all had a great year and will be ready for our IAHCE Conference March 13 - 15, 2018, "Celebrating at the Crossroads" at the Thelma Keller Convention Center, at the Holiday Inn in Effingham.

The State Board met in October and put finishing touches to the annual conference. As 1st Vice President, I will be working with the Educators in making sure our Awards Ceremony runs as smoothly as Norma Korte did last year.

If your county receives awards (which most of you will), you will find in your registration packet **colored and numbered cards** that will inform you what categories you won in. You will be asked to line up by the number on your card behind the Education Director, which has a flower/or object the color of your numbered card. To save on confusion and get everyone's photo with the group, we will have your group photo taken as you line up with your Education Director **before going to the stage** to receive your Award Certificate. Grand Awards and County of the Year will be announced at the end of the ceremony.

There will be lots to see; several of our counties are celebrating 100 years along with the State of Illinois who will be 200 years old. All of the information will be in this issue of our State Newsletter. Be sure to check out all of the speakers in the share shops, vendors (old and new), the Cultural Enrichment displays and the excitement of also celebrating our State of Illinois' 200th birthday too! Be sure to register now for the ***Big Celebration!***

Have you been working on those applications for Education, Membership and Certified Volunteer Hours? These applications are **due January 31, 2018!** If there are any questions, e-mail or call your Education Director. They will be happy to help you with any questions you might have about the applications. The Education Directors did go over these application forms at the IAHCE District Workshops in August. The information was in their packets which every county should have received.

I hope to see lots of lesson ideas in my e-mail or mailbox by March 1, 2018. All 1st Vice Presidents are asked to think of ideas for lessons that you would like the U of I Extension Educators to turn into classes.

Here's to a wonderful Christmas season for you and your family. Stay safe and we will see you in Effingham, March 13 - 15, 2018.

Sharon M.

**2nd VICE PRESIDENT
Angela Hicks**



Hello Everyone!

As we wind up another year in HCE, I hope it has been a productive year for each of you! I am waiting with anticipation to see all of the new members you have found in each of your counties! It is important that each of your new members are recorded on the "New Member" form and returned to me by the postmarked date of January 5, 2018 to be eligible for the "Add-a-New-Member, Add-a-Pearl" Challenge. We also have another award that was announced at the District Meetings. It is the New Member Recognition Award.

This award will be given to someone selected from the list of new members that will be provided by the County 2nd VP. The selected new member will receive a certificate for the Annual Conference Registration Fee. The winner will be contacted by me to determine availability and desire to attend the conference. Should the winner decline, the Executive Board will draw another name.

The Year End Membership Report is due to your District Director by the postmarked date of **January 5, 2018**. Look for this form in your October District Director Letter. It is important to work with the Treasurer in your county to get an accurate count of members in your county.

Please send your 50 Year Membership Requests by the postmarked date of **January 31st**— this will allow sufficient time to prepare them for you. I will hand them out in the 2nd VP Meeting at Conference. Please check the spelling of your member's names before sending the request!!!! Please print the names clearly if you do not have access to a computer. I will also prepare certificates for 25 Years and anything over 50 Years as well as the 50 Year membership certificates.

Check the IAHCE Guidebook to see if your membership event/activities qualifies for an Education Award. It is due to me by the postmarked date of **January 31, 2018**. This is an opportunity to share what you have been doing to gain new members which will in turn encourage others.

I would like to encourage each of you to attend the 2018 Celebration at the Crossroads Conference in Effingham. A new challenge will be issued to the Second Vice Presidents at conference!

Smile, stay positive, and continue to build enthusiasm and membership in HCE!! I'll leave you with these encouraging words by **Thomas A. Edison**:

"Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time."

Angela

EXECUTIVE BOARD

EDUCATION COMMITTEE



SECRETARY
Donna Richards

It was great to see you in August at the District Workshops which were fun, informative, and very rewarding.

As you finish up “Down by the Riverside”, make your plans to attend the 2018 IAHCe Annual Conference “Celebration at the

Crossroads”, March 13th – 15th at Keller Convention Center in Effingham, Illinois. Conference Chair Sharon Davis and Co-Chair Marilyn Schaefer have a great conference planned.

Marilyn Schaefer will be helping me again this year with registration. Mail your registration early to me at 803 W. Jourdan St., Apt. B3, Newton, IL 62448.

Please remember that some of the Share Shops will be limited. Assignment of all Share Shops are based on registrations first received are first served.

Hopefully, your County President has received the President’s Pre-Annual Conference Packet in the mail by the time you are reading this newsletter. If I have received your current list of County Officers (Secretary’s Report), then the packet reached the correct person. We use the reports for any mailings the Board needs to do.

Any questions, please feel free to send me an email at dsrichards001@hotmail.com

Thanks,

Donna

TREASURER
Beverly Combs



A big thank you to everyone who attended the District Workshops. I personally enjoy traveling over the state and meeting all of you.

To those attending the President/Treasurer session, I really appreciated State President Jane leading the session. She did a great job explaining the State and Federal “legality” items that all counties need to address in a timely fashion yearly. She also went out of her way to provide lots of handouts for your reference. Please keep them and be sure to “pass them on” to your next county treasurer.

As the end of this year nears, here are some important items for county treasurers:

- By now you should have the Pennies for Friendship mailed to me. If not, do so ASAP.

- Your county dues should be postmarked by January 15th, 2018. Don’t forget the transmittal sheet that needs to accompany the dues check (payable to IAHCe). I included this form (green) in each county treasurer packet at the August District Workshops. This form can also be found in the guidebook or on our website – www.iahce.org

- Keep in mind that the number of members you turn in to your District Director and the number of members you pay dues on must be the same number. The number of recorded members is of December 31st, 2017.

- Failure to have the dues paid by the deadline will make your county ineligible to count it for credit on the County of the Year form. The same is true of Pennies for Friendship.

Lastly, I hope you are planning to attend the March 2018 Annual Conference in Effingham. It promises to be a great conference.

Kathleen Emery and I hope you will give due consideration to donating an item(s) for the Silent Auction. Also, note that we will be available to accept auction items on Monday evening from 7-9 p.m. and encourage you to do so if you come on Monday afternoon.

Wishing you a Blessed Holiday Season with family and friends.

Beverly



The IAHCe Board works as a team with hands to promote HCE membership.

Angela Hicks, IAHCe 2nd Vice President, designed and created the red/white/blue bracelets for each of the IAHCe Board members in celebration of the 2018 Annual Conference.

Let's Build Enthusiasm & Membership in HCE!

EDUCATION COMMITTEE REPORTS



CULTURAL ENRICHMENT Peggy Long

Ladies, it is that time again for all those reports, and sending in your entries for the Cultural Arts Show. I did not change anything this year, so all the categories remain the same as last year and you can find that list in the packets that I handed out at

District Workshop or at www.iahce.org

I don't think we will have much time at conference to share craft ideas because now we will be giving you the new projects for next year, but you can always teach a "Make-It Take-It". But, if you do have a craft idea you would like to share, bring it and we will try to get it in. As for the "Make-It Take-It", if you would like to do one, just let me know and we can just put out a display at conference so everyone can see what will be taught. For you newbies, you can teach a hands-on short class at "Make-It Take-It" on Tuesday night after the meetings and charge a fee for the materials provided. If you need me to make copies of the instructions, get them to me about 2 weeks before conference and I will bring them down with me.

As for the forms, make sure you use the latest forms, the ones I handed out at District Workshops, or print them off the website at IAHCE.ORG, or let me know and I can send you one. Make sure the **Education Award Reports** are sent to me at Peggy Long, 1573 39th Avenue, Moline, IL 61265, and **postmarked by January 31, 2018**, and the **Cultural Arts Show entries postmarked by February 15th**. Any postmarked after these dates will not even to be opened. Also, make sure to have a **self-addressed stamped envelope** included in the Cultural Arts show entries, so I can send your tags back to you. You must keep your tags to pick up your entries; otherwise, the items go home with me.

Remember to have the entries in the SHOW folded like you want them displayed, and have the tags attached when you bring them to me, so we don't put tape on a frame, or a pin in the quilt, and make you mad.

Also, again this year we will be taking entries on Monday night, and I can usually use help, so come down and see me anytime.

Any question, call me at 309-517-1032, or email me at pnjlong@otelmail.com.

Thanks,

Peggy

Cultural Enrichment Director, *for 1 more year.*

FAMILY AND COMMUNITY ISSUES Sharon Davis



Hello HCE Members

As many of you know in March will be my last meeting as your Family & Community Issues officer. I have been having some health issues and I'm cutting way back on my volunteer offices to take care of my health.

I thank you for all of the support you have given me over the past few years and I know you will support the one who takes my position. **THANK YOU.**

In October the State Board voted again on whether we should have our new focus for the year in March or in August at District Workshop meetings. They voted for August. So in March at the Annual Conference we will still be working on thanking our Law Enforcement and First Responders. I will try to have more information for you and see how you showed your thanks to our First Responders.

You will also meet the person who will be taking my position at our meeting.

This year I'm also chairman for the 2018 Annual Conference. We are going to have a GREAT time. Be sure to dress in Red, White and Blue to show your patriotism. I'm really excited about this since it goes along with what we have done over the past years. Flag Etiquette, Law Enforcement and First Responders.

Hope to see you in Effingham in March. Be sure to get the insert filled out and sent before the deadline.

Thanks.

Sharon

The center insert in this newsletter tells all about the 2018 Annual Conference.



- Room reservations
- Conference registration
- How to take out an AD
- Where to send information
- Deadlines for mailing in
- Scavenger Hunt
- Share Shops
- Meals
- Make-It Take-In
- Silent Auction

EDUCATION COMMITTEE REPORTS



CVH/SALES
Ashley Davis

Hello Everyone! A big thank you to everyone that attended the 2017 District Workshops. I enjoyed traveling to parts of Illinois that I have never been and meeting so many new people.

To the members that attended the CVH session I would like to correct a

mistake on my part, at the District Workshops I made a statement that you can count going to church as volunteer hours. The only way that you can count church as volunteer hours is when you are providing a service, i.e. teaching Sunday school or teaching Bible study.

I want to apologize for the misunderstanding and the mistake on my part. If you will please share this with all your members, I will also correct this in my CVH workshop at the 2018 Annual State Conference in March.

I am excited about the theme for the 2018 Annual State Conference. Wow! Celebration at the Crossroads! I think those words say it all. We are going to celebrate and have a good time, but first we should get all the business taken care of. I know you ask, "What fun is that?" It's that time of year to be getting all your volunteer hours ready and turned in. I have been busy getting all the hours transferred to spreadsheets, which will make my work a lot easier and faster come January. As I go through all the file cards, I am amazed at the members that have faithfully turned in hours every year. That is total dedication to our organization. I would like to say thank you to all the members that do take the time to record and turn in the hours. You all **"Rock!"**

As the end of 2017 nears, I have added a few reminders:

The **Absolute postmark Deadline to Submit Hours is JANUARY 31, 2018**. This is the date the hours must be to me by, if you wish to be considered for State Awards.

Please make sure members are listed alphabetically by last name.

If you can, list deceased members so our state file will not be cumbersome.

Please send a list of any dissolved units in your county and whether the members joined another unit or are no longer members at all.

The forms are found in the guidebook on pages 73-76 or on the website – www.iahce.org

It doesn't matter how big or how small the number of hours you have, turn them in. You all deserve a pat on the back. I am looking forward to seeing all the hours that will be turned in.

I hope to see you all at the 2018 Annual State Conference in March in Effingham, Illinois. It's going to be lots of fun. Merry Christmas and Happy New Years to you all.

Ashley

PUBLIC RELATIONS
Pat Hildebrand



Time for another newsletter! I should have had a clue it was that time when technology and I had another little issue. You may remember the first year of my term on the board I was hacked and had to make changes after I had just sent out all my contact information to everyone. Got things all in order just in time for the computer to crash in the middle of the next newsletter. Thanks to a lot of you resending your articles, we made the printing deadline and all was welluntil the next issue when my home printer decided that it didn't want to print. I like to see a hard copy before taking the newsletter to be printed, so a new home printer was added That pretty much brings us down to this newsletter. You all did a super job getting articles in and things were looking good....until the keyboard "died". I now have a new keyboard (Can you tell that I spend a lot of time with my Geek Buddies?) I'm sure the proof readers had an interesting time reading and probably a few laughs at how words were spelled. Can't wait to see what is going to happen by the May 2018 issue.

I jumped to May, didn't I? Let's go back to March and 2018 Annual Conference in Effingham. This is the time for you to shine! Your articles about unit and county activities have been great, so, think about Education Awards in the Public Relations Division!

All the information is in the Guidebook pages 43-47 and 49 to 52 and on the website—www.iahce.org

1. You must fill out the form on Page 52 to enter.
2. There is a limit of 10 pages (that's both front and back—gives you a total of 20 pages.) Page 52 doesn't count as one of the 10 pages.
3. The **postmark** deadline is a **January 31, 2018**.

There are 3 categories

- **HCE Week:** Send information/articles/photos on projects held only during your HCE Week.
- **Public Relations:** Report all areas of information and any way you publicized HCE during the year.
- **Special Activity:** Send information on how and what you did to inform your members and the public about a special activity or program sponsored by HCE. Only one Special Activity should be reported.

Neatness goes a long way. Make it look inviting for the judges reviewing it. Label the form with your Office, County and District and send to Pat Hildebrand, 302 N. Hutton Drive, Newton, IL 62448.

Give me a call or send a note if you have any questions. Will be watching for your entries.

Pat H.

EDUCATION COMMITTEE REPORTS



INTERNATIONAL Pat Weitzmann

Reflecting on my soon ending six years as your IAHCE International Director memories, but mostly Thank yous come to mind. Thanks goes out to members in all IAHCE county organizations, particularly the County International Directors backed by their Board members,

the IAHCE Board members, and my husband and faithful helper John. It's been a successful run.

Here are some things we have accomplished together since 2012:

- Using networking, research and newer technologies like the Internet, PowerPoint presentations, YouTube videos to provide Country of Study education
- Changing Pennies for Friendship fundraising to help internationally through ACWW and stateside in Illinois: increased the percentage of Pennies for Friendship funds retained for use in Illinois; introduced a county recommended Illinois non-profit organization category for donations.
- Supporting ACWW's Women Walk the World
- Adopting ACWW #9981 Project in Sri Lanka for year 2015
- Supporting our affiliates NVON and CWC in initiatives and adopted projects like the Water Filters Project, Mongolian Greenhouse Project, and now Promotion of Indigenous Rice & Vegetables Cultivation Project in India
- Creating themed cookbooks: Pulses 2016, Leftovers (scheduled 2018)
- Homemaker Exchanges:
2016 Inbound from Estonia
2017 Outbound to Baltic States (Estonia, Latvia, Lithuania)
2018 Inbound from Australia scheduled

Other things to know and share: Thank you to District Director Janel Kassing for doing my International Share Shop at the August District Meetings. I could not attend due to unexpected family needs.

Seven IAHCE members from Illinois attended the CWC-ACWW Area Meetings October 2-4 in Huntsville, Alabama. The updates by member society Presidents, including our own Jane Chapman, were interesting and informative. Brainstorming yielded great suggestions to be researched and sent to ACWW as possible Year 2019-2021 Resolutions & Recommendations. A new annual award to acknowledge and promote Pennies for Friendship donations was unveiled at the IAHCE August District Meetings. Host Homes for Sara Kenny, the 2018 Homemaker Exchange participant from Australia, are selected. Our 'Reducing Food Waste' campaign in support of the Zero Hunger

Challenge will continue throughout year 2018. Look for more materials on this at the IAHCE 2018 Annual Conference. (Don't forget to Do Your Part!)

A 'Scavenger Hunt' replaces the 'Fun Walk' at our 2018 Annual Conference. There's a prize for some lucky participant.

It has been my honor and pleasure to serve as your International Director. You have enriched my life. I hope in some way I have done the same for you.

Sincerely,

Pat W.

NEW! \$\$\$ Pennies for Friendship Award

Greatest Average Pennies for Friendship Contribution
★ County ★ District

Awards given at IAHCE Annual Conference

Details were given to County International Directors in August 2017

Did you know the statewide average for PFF given in year 2015 was \$1.86 per member?

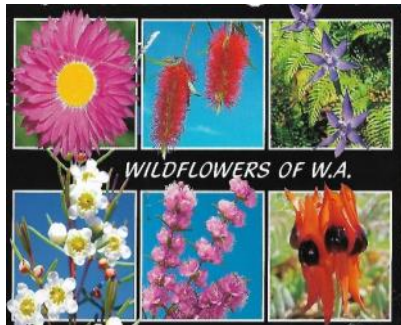
Let's get that average up to the year 2015 price of a cup of coffee. That's \$2.70



PFF money helps in Illinois and internationally



INTERNATIONAL NEWS



Wildflowers of Western Australia

International Homemaker Exchange 2018 October 11, 2017 Postcard from Sara Kenny

“It’s spring here and the bush is alive with wildflowers from reticent orchids to flamboyant bushes bursting with white or pink or yellow or purple flowers. Our district is known for the diversity of plants and we have a couple of bush walks popular with tourists. I’m taking lots of photos to bring to USA! Tomorrow my CWA branch is having a picnic at one walk, then exploring the track.” --Sara

Upper: Pink Everlasting, Bottlebrush, Scented Sun Orchids
Lower: Gerald ton Wax, Swan River Myrtle, Sturt’s Desert Pea

Sara Kenny’s visit to Illinois



March 4 – 29, 2018

Sarah will attend the IAHCE Annual Conference and travel around Illinois staying at IAHCE members’ homes.

She will do presentations, share information about living in Australia, talk about volunteer activities her women’s organization is doing, learn how we live in Illinois, be a tourist and make many new acquaintances. *How great it is that she is visiting during the Illinois Bicentennial year.*

Meet Sara. You will be glad you did.



Friendship Links Program

**Your opportunity to
Become a Pen Friend**



**Application on page 35A
of IAHCE Guidebook**

Questions?

Contact Pat Weitzmann

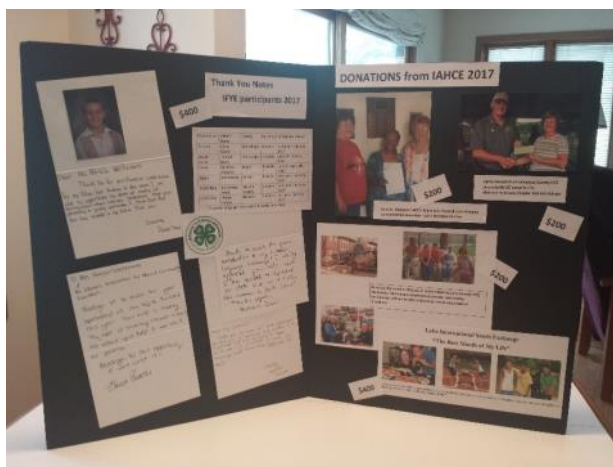
ACWW Friendship Links Coordinator- USA

pweitzmann5@gmail.com

847-308-6256

list of countries available

We get Thank Yous



Youth in IFYE and LABO programs
Illinois Non-Profit Organizations

**Pennies for Friendship Monies
make the Donations possible**

We received a thank you from ACWW through our affiliate CWC which sends the money from USA societies to ACWW.

INTERNATIONAL — EXCHANGE

IAHCE OUTBOUND EXCHANGE – ESTONIA, LATVIA & LITHUANIA We're BACK!

From September 27 through October 20, Eleanor Gregory from Madison County and Mary Johnson from Sangamon County traveled through the countries of Estonia, Latvia and Lithuania as part of the IAHCE Outbound Exchange Program.

The purpose of this program is to promote a better understanding of cultural diversity among women's organizations worldwide.

The objectives: to compare and contrast family life. Eleanor and Mary are eager to share their experiences with HCE members throughout the state.

They can be reached by email.
Eleanor: elegreg@hotmail.com
and
Mary at rsqmom2@gmail.com.

They have many stories to share as well as beautiful examples of handcrafts from throughout the Baltic States.

They are already booking speaking dates – so don't wait!

Contact them today.



Above: At the Presidential Palace in Tallinn Estonia L-R (Rutt Tuwike, Mary Johnson, Eleanor Gregory and Ene Paks)



Left: Welcoming to Estonia - Tallinn Airport L-R Mary Johnson, Ene Paks, Eleanor Gregory and Rutt Tuwike

Below: Baltic Sea at Liepaja Latvia - Eleanor Gregory and Mary Johnson



Share your favorite 'Leftovers' Recipe

For publication
March 2018 Mini-Cookbook

- Supports
- Zero Hunger's 'No Food Waste'
- Complements NVON's 'Eat Local, Eat Healthy'
- Only one recipe per county please -

Send by December 31
---to---

Pat Weitzmann, IAHCE
International Director



PARTING ADVISE FROM PAT



Be...

- ...Open Minded
- ...Open Hearted
- ...Open to New Ideas
- ...Open Eared
- ...Open to Sharing
- ... Open to Change

NVON/CWC/ACWW REPORT

—Pat Weitzman, IAHCE International Director

NVON Conference July 2017 in Raleigh, NC: 244 attendees including 11 IAHCE members. Craft Workshops, educational offerings and speaker presentations fit well with the ‘Lifelong Learning: New Ideas & Knowledge for a Newer You!’ theme. A common message in all the state society Presidents’ reports was the need to attract new members. Various efforts were shared including special interest member units, on-line clubs and reward programs. President Jane Chapman told of the successful IAHCE ‘Add a Member, Add a Pearl’ program developed by 2nd Vice President Angela Hicks.

IAHCE President Jane Chapman presenting a report at the NVON Conference.



CWC-ACWW Conference October 2017 in Huntsville, AL: 74 attendees including 7 IAHCE members and 5 ACWW international members. State Presidents’ reports included various national and international activities, programs and donations. Some are youth scholarships, sewing machines for Nicaragua women, ovarian cancer awareness, retreat weekends, Mexican child immigrants school readiness, exchange to Canada, preserving culture and history, and training for teacher preparedness to active shooter incidents. ACWW World President Ruth Shanks announced a March 2018 ‘Rural Women’s Survey Kickoff’ in New York. UNESCO is interested in the results. President Linda Hoy of Federated Women’s Institutes of Canada told of their ‘Change Initiative’: writing new purpose, new logo, reinventing themselves. Jo Almond, ACWW’s USA Area President announced Zero Hunger as her focus for the current Triennium.



Illinois delegation to CWC conference, Huntsville, AL.

Front row L-R: Marilyn Daughetee, ACWW World President Ruth Shanks, Marge Hougland, Joan McEachern. Back row: Ellie Maroon, IAHCE President Jane Chapman, John Weitzmann, and Pat Weitzmann.

EXTENSION REPORT

U OF I EXTENSION LIAISON



Nice to see so many of you at District Workshops this summer. Thank you for hosting us around the state.

“Lessons for Living” Updates

For those planning for 2018, a reminder that UI Extension lesson schedule – package lessons, educator-taught (Skype) lessons, and pre-recorded lessons – is now available

Register with your local Extension office. All lessons marked as “NEW” will be available in January 2018.

If you are looking for more lessons, check with local agencies and business, staff in your local Extension office, and other Cooperative Extensions around the counties. The “Search Extension” site is a great way to find materials: <https://search.extension.org/>, and pick the brains of HCE units near you.

What Does the Family and Consumer Sciences Team Do?

Consumer Economic educators educate on financial planning and investments throughout life, including planning for a child, saving for college, buying a car, buying a house, planning for retirement, or planning for a death. They have the Money Mentor volunteer program and regularly post to their “Plan Well, Retire Well” blog at

<http://web.extension.illinois.edu/cfv/eb141/>

Family Life educators discuss human development from infant to elderly, and they teach about strengthening family relationships and bonds, from parenting to care giving to managing stress and emotions. Find their “Family Files” blog at

<http://web.extension.illinois.edu/hkmw/eb380>

Nutrition and Wellness educators teach about food safety, food buying, and managing and preventing diet-related diseases. Join us at the “Illinois Nutrition Edition” blog at

<http://web.extension.illinois.edu/blogs/eb339>

For More

If you have suggestions or comments on FCS lessons through UI Extension, feel free to contact me:

217-877-6042 or chuth2@illinois.edu.

Caitlin

NOMINATING COMMITTEE REPORT

The IAHCE Nominating Committee interviewed potential candidates for the IAHCE Board on October 8, 2017. The following names will be placed on the ballot for the Conference Business Meeting on March 14, 2018.

PRESIDENT CANDIDATE



Jane Chapman of Perry County has applied for the **President** position.

In her own words, the incumbent feels that having served the last three years as your President that I have generated with the state board members renewed interest and enthusiasm in the HCE organization. I would really like the opportunity to continue growing the HCE organization with the current board members and see IAHCE prosper as it did in the past. I am hoping my past three years has demonstrated my abilities to carry out the responsibilities of the office of the President.

INTERNATIONAL DIRECTOR CANDIDATE



Cara Ausmus of Mercer County has applied for the position of **International Director**.

I have always had a passion for International going back to my Mother being an IFYE to Switzerland and 4-H People to People. I was an IFYE to India and have since hosted inbound IFYEs. As a parent and educator, I have stimulated International interests as possible. I have traveled abroad which I very much enjoy. As an H.C.E. member, I have held nearly all unit offices in my Unit including International Chair; held positions as Young Family and International at the county level. I currently serve as County President and District 1 Director. I have a strong sense of loyalty and responsibility to do this job to the best of my ability.

INTERNATIONAL DIRECTOR CANDIDATE



Patricia Buchholtz. Grundy County, has applied for the position of **International Director**.

As your International Director, my objective would be to work with people throughout the world to promote peace, friendship and international understanding. I would also support and promote Associated Country Women of the World and Country Women's Council. I have attended the last six Illinois state conferences and look forward to many more. I am currently the President of Grundy County HCE and have held the positions of County Secretary and CVH Director. I love spending time with my family and friends. I would love to be a part of the IAHCE team. Thank you for your consideration.

+++++

Any other applications which may be submitted prior to the state conference will require a nomination from the floor by a voting delegate during the IAHCE Conference business session. This prospective candidate must apply to the Nominating Committee at least 72 hours prior to the business meeting and be interviewed by the Nominating Committee to be eligible for an IAHCE Board position.

Respectfully submitted,
IAHCE Nominating Committee

DISTRICT 1 NEWS



DISTRICT 1 DIRECTOR Cara Ausmus

Greetings!

Hard to believe this is my last note as District 1 Director. I have very much enjoyed this amazing ride thru 10 active counties' meetings and events. There are a lot of wonderful and

talented ladies we can be glad to call fellow members. Now we all just need to get a few new friends and keep the old too!!

I was blessed to visit with several WI (British form of HCE-Womens Institute) ladies in Scotland this summer. Like my county they were celebrating 100 years this year. They had an implement shed size building of creative items for competition from crochet to hand crafted shepherds crooks. It was a national event at the Royal Highland Show in Edinburgh Scotland. They also had a cook-book to add to my collection and anyone I met with a recipe inside signed their page. They had 2 'classes' per day and one of them was knitting chain mail for a suit of armor. Betting no one has learned how to do that yet!! It was a super treat to see how they do things there. Lots of same and different!

Speaking of different, we will be relocating to Effingham in March and Celebrating Illinois' 200th birthday as well as other things. Looking forward to the red, white and blue and seeing many of you!

. Safe harvests blessed holidays. See you at conference.

Cara



Illinois and Oklahoma state board members meet at International Angus Forum in Scotland. You can find like-minded HCEers all around the world!----

HENDERSON.....

Greetings from one of the smallest counties in Illinois!! Our annual meeting was April 29 at the Stronghurst Presbyterian Church. The church ladies served a delicious brunch. Cara Ausmus, District I Director, updated us on state news; she is a very special lady, so dedicated to her position.

Donna Painter entertained us with "Young Living Essential Oils". Everyone made different oils to take home.

May 17, several board members attended a meeting in Monmouth, with several state officers in attendance.

July was a very busy month as HCE members were very busy volunteering to help with the fair in various ways.

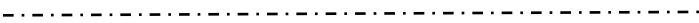
We held our "September Get-Together" for HCE members September 20 in Gladstone. Each member brought food in their favorite picnic basket. It was interesting to see so many different baskets. After eating the delicious food, we were entertained by Faye Christian Perry telling us of her childhood life living along the river in Oquawka, IL. This coincided with our theme "Down by the Riverside". Faye is the author of two great books, "River Rat—What's That" and "Barefoot by the River."

Since our membership is low, several units get together at the Stronghurst Extension Office for lessons each month. We always have food and much laughter!!

We might not have many members, but we are still very active and spend many hours volunteering in various ways for our community. We also give to 4-H, Food Pantry and many more!!


Merry Christmas and Happy New Year to all!!

Beverlye Alecock
Henderson County Public Information.



MERCER.....

Mercer County has been rather calm this summer, most of our energy went into our 100th Anniversary in May, with preparations during this past late winter and early spring. In summers past, we have had several garden tours. This summer we chose to offer a different distraction. We planned a trip to Kalona, Iowa for us; an easily accessible Amish community.

Many residents from Mercer County are quite familiar with the craftsmanship from this community. We have a fondness for the foods, wood crafting, and quilting that are all skills related to the Amish culture. These are only a few of the treasured "must haves" that people seek to enjoy as they venture to Kalona. For us in Mercer County, the Amish communities of Iowa are in closer proximity than those in southern/eastern Illinois. 

DISTRICT 1 NEWS

Mercer County, continued

As we begin, our day went as planned. We went to JK Woodcrafting to learn the wood processing procedure that this family has used in preparation for their construction of a variety of wooden projects and furniture. Nearly all of the wood is native to the state or is cultivated in the state.

Later, we had lunch in a home of one family in Kalona. The meal was all homegrown fare from the vegetables to the meat served. It was an excellent meal that all appreciated greatly!!

The afternoon progressed with a trip to Stringtown followed by a visit to downtown Kalona. Stringtown is famous for inventory that is offered in bulk as a choice or smaller portions as needed. We ventured downtown with several businesses in mind to explore. Our group along with others chose to peruse the quilting shops.

Kalona has two shops in which to enjoy the search for fabric and/or patterns used in quilting that offers the average quilter a pleasurable experience. If one is a quilter, these shops are a must because the fabric being offered is tremendous and beautiful. One of our guests is not a quilter, herself, but she is a collector of handcrafted quilts. One such shop is an antique dealer but handles quilts in one very special location. These quilts are distinguishing and exquisite, one might say! Our collector was indeed pleased.

Along with the opportunity to shop for quilts and fabric, I also had the opportunity to stroll the downtown sidewalks and enjoy the creative construction there of. No, I am not crazy, but I love the uniqueness that the Amish chose to embellish their downtown. Examples of quilt blocking adorn the sidewalks. I have enjoyed them often but have never taken the time to take out my camera as I did today.

The pictures below are only a few of the quilt blocks in the sidewalks.



“Amish Stripes and Squares”



“Lone Star”



“Crown of Thorns”



“Log Cabin”

Donna Pinger
Public Relations, Mercer County

ROCK ISLAND.....

Knowing that it would soon be time to get HCE Units excited about the 2017-2018 year, on August 10th, six of the Rock Island County HCE Board traveled to Sycamore for the District 1 workshop. After an inspiring day and a picnic style lunch, the group headed home with some new ideas to share at Leadership Workshop held August 29th.

To get a head start on the 2017-2018 HCE year, the local units received their first Lessons for Living in mid July, “Eggs: from Farm to Fork”. A great lesson for clearing up some misconceptions about using and handling eggs, and who knew the difference between Free Roaming eggs and Range eggs?

This year a new idea for lessons is being tried—some of the lessons are going to be held in various locations of the county. The second lesson, “Crock Pot Cooking”, was held in upper Rock Island county in Port Byron. It was filled up, the up-to-date information about crock pot use along with tasting of some of the recipes offered made for a hit. The next lesson was held at the historic Deer-Woman Carriage House in Moline. The lesson, “Culinary Herbs and Herb Infused Salt Blends”, proved to be interesting with useful and up-to-date information on using herbs. With today’s ever increasing use of herbs in our foods many went home excited to try some different cooking styles. To round out the lessons for 2017, we have “Financial Elder Exploitation” lined up. This should be another lesson with information that will be useful to many.

Always an enjoyable event, on Saturday, October 14th, we had our Cultural Arts Day. Regardless of Mother Nature failing to cooperate by sending a terrible rain storm and closing streets, we had a nice group attend. There was a variety of arts and crafts items on display showing the artistic talent we have in our area. Following viewing and voting on items to take to state competition, our speaker for the event gave us an interesting historical background of nativity scenes, doing this by video along with pictures of her collection and having some of her favorites on display. The event ended with the serving of a tasty salad luncheon.

One of our main fundraisers is sponsoring the play at our local Playcrafters Barn Theatre. On November 9th, we sponsored the play, “Miracle on 34th Street”—an old favorite and one great for the entire family. As usual the local units provided tasty Hors’d ouvers before the start of the play.

As November and the cold weather is here upon us, Rock Island County HCE is taking a break and getting ready for and to enjoy the holidays. We wish you an enjoyable holiday season as well.

Mary Lou Ecker – LaRue Fraser
Public Relations, Rock Island County

DISTRICT 1 NEWS

STEPHENSON.....

The Stephenson County Fair ran from July 5 thru 9 at the fairgrounds in Freeport. During the fair, our Stephenson County HCE had a display in the Farm Bureau tent. HCE members took turns manning the booth. We displayed fidget quilts and had copies of various lessons available for fairgoers. Copies of our current HCE pamphlet were readily available for anyone interested in information in our organization.

On Saturday, July 29, we had our International Meeting at the Farm Bureau in Freeport. This year our country of study was the Philippines. Our speaker was Emelyn Alt, former Freeport resident and a graduate of Freeport High School. Emelyn was born in the Philippines and lived there until the age of ten, then she came with her family to the Freeport area. She spoke on her personal experiences while living in the Philippines--attending school and church (proper attire expected at both) and family life.

She told us about the Philippines in general, providing information on everything from the living conditions when she lived there 'till the present day, as well as foods commonly prepared in her native country. Marjorie Lott, International Director, had arranged for a sampling of several Philippine dishes that had been made by HCE members.



International Meeting Speaker, Emelyn Alt

On August 10, eight members of SCAHCE attended the District 1 Meeting at the United Methodist Church in Sycamore. One of Illinois Family Life Educator presented "I'm Positive, I'm Aging!" The IAHCCE board presented a skit where they announced our 2018 theme - "Celebration at the Crossroads" - chosen because Illinois will celebrate her 200th birthday in 2018!



SCAHCE Display October, 2017

The entire month of October, SCAHCE had a display at the Freeport/Stephenson County Visitors Bureau. Kim Planz, Cultural Enrichment Director, coordinated this display. There were fidget quilts (contact information

for obtaining a quilt was provided) on the display table. We had several different lessons printed up for anyone who was interested, as well as pamphlets on HCE. The display board showed the history of HCE. It also showed how we are a volunteer organization from local to state to national to world-wide!

On Columbus Day, October 9, we held the 94th Annual SCAHCE Meeting at 1:30 p.m. at the Farm Bureau. Cara Ausmus, District 1 Director, spoke at our meeting and installed our 2018 county board members. Membership awards and volunteer hour certificates/seals were handed out. One member, Dorothy Seuring of Silver Creek Unit, had the distinction of being an HCE member for 70 years! In fact, Silver Creek did quite well, as they were named Unit of the Year and, Ann Runkle, also from their unit, was named Home-maker of the Year!



Sidney Finkenbinder

Our 2017 Scholarship went to Sidney Finkenbinder of Pearl City. The entertainment was provided by the FHN Hospice Singers.

An assortment of layered desserts were prepared and served by HCE members.

On Thursday, October 12, the Senior Resource Center had a Senior Expo at the Eagles Club in Freeport. SCAHCE had a table at the expo with fidget quilts on display (seven were given away during the event) and several different lessons were available, as well as information on HCE. Sandra Kubatzke, 2nd Vice President, and Diana Ethridge, Treasurer, represented HCE at this event.



*Stephenson County at District 1 meeting/Sycamore, IL
L-R: Diana Ethridge, Carla Meyer, Becky Thomas, Marilyn DeVries, Ann Runkle, Janice Fryer, Arlene Holmes, and Sandra Kubatzke*

HAVE A WONDERFUL HOLIDAY SEASON!

Janice Fryer
Public Relations, Stephenson County

DISTRICT 1 NEWS

WARREN.....

Merry Christmas everyone! Warren County has had a busy fall.

We hosted our annual fall party for **Warren Achievement Center**. These folks look forward to having some special time with their friends from nearby homes. We supply the food, entertainment, gifts for all, and this year we added a photo opportunity to everyone. The picture includes all our HCE volunteers who helped make this a special night for our special friends. There were approximately 70 folks who participated, plus our volunteers.

Our annual meeting was in October. **Nancy Housh**, our Cultural Enrichment Director, used the theme "Down by the Riverside" in her decorations, food and entertainment.



The instrumental duo of Zach Simpson (guitar) and Brian Daw (bass) sang some old songs, along with new ones.

We also hosted a "county-wide" program in Aug. with **Josh Gibb** speaking about Community Foundations. Very interesting ideas were discussed.

Our next "county-wide" will be Dec. 2, as a potluck luncheon and **David Graflund**, floral designer, will dazzle us with Christmas bouquet ideas and helpful hints.

Community Outreach Director, **Barbara Patterson**, has been collecting Christmas cards, 2018 Calendars, winter clothing supplies, personal care items, blankets, etc. for our Veterans and the Quincy Veteran's Home. So many items have poured in from such a generous community that it's taken several trips just to deliver our items to those who need it most. Thanks to everyone's support, we filled a very big need. Blessings, everyone!

Our annual Craft Show and Bake Sale was held on Nov. 18, at the VFW hall and the Farm Bureau Auditorium in Monmouth. This is our one big fundraiser, and **Diane Fedorow**, our County President, coordinates all crafters, venues, food stands, etc. It was a very busy day for all of us. Wonderful shoppers!

Peg Chambers
Public Relations, Warren County

MEET FOUR PUBLIC RELATIONS DIRECTORS FROM DISTRICT 1



Peg Chambers, Warren; Donna Pinger, Mercer; Mary L. Ecker, Rock Island; Janice Fryer, Stephenson

IAHCE NEWSLETTER SUBSCRIPTION WINNER

District 1
Arlene Holmes
Stephenson County



DISTRICT 2/3 NEWS

DISTRICT 2/3 DIRECTOR **Kathy Peterson**

2017 has been awesome and I have all of you to thank for conference and district meeting.

Wish you all a Merry Christmas and a Very Happy New Year. My prayer for all in 2018 ...



*"May your heart be kind, your mind fierce
and your spirit brave."*

Kathy

DISTRICT 2/3 NEWS

GRUNDY.....

I hope that everyone had a wonderful summer.

The Grundy County HCE had lots of festivities. We have a new Facebook page—that we try to keep updated with our three units activities.

Like us on Facebook: **Grundy County HCE.**

The Grundy County 4-H Fair is of great pride to the community. The 4-H children in the area show off their work, whether it be raising chickens, horsemanship, making a project or raising steers, hogs or lambs.

Everyone comes together to help for these days.



Some of us volunteered at the fair in July to bake pies and cookies.

Others in GCHCE were judges in some Then we served up Pork Chops, Potato Salad, Applesauce and Baked Beans.

In August, we went to District 2/3 meeting in Sycamore where we learned more about IAHCE and what the theme for the Annual meeting in Effingham will be.



District 2/3 Meeting in Sycamore

To start, in September, we had a 3-unit meeting and went to the Morris Police Department for a tour of the facilities and had a talk on scams and what to do and not to do.



Meet the newest recruit of Morris Police Department.

The Book club has read the following: “Britt-Marie Was Here” by Fredrik Backman; “Donner With Edward” by Isabel Vincent”; and “ The Handmaid’s Tale” by Margaret Atwood. Our October reading is “ The Radium Girls” by Kate Moore and November’s will be “A Gentleman in Moscow” by Amor Towles.

Corn Festival was the end of September and is always a big event in Morris. You see everyone on the streets during the 5 day celebration, fireworks and a big parade to finish the fest. Volunteering is seen every day!

Before the fest begins people come to decorate the main streets with corn stalks and get the Corn Fest buttons and books delivered to retailers, during the fest people volunteer at booths and craft shows and afterwards the clean up. I hope that our GCHCE ladies and men put down their time!



To start our the fest the Firemen from the surrounding areas come to have a friendly water fight moving a small barrel on a line with the winning team getting the barrel moved to the far end using the fire hose.

The 4-H Federation has a meat auction. The meat is donated from buyers who purchased the award winning animals at the Livestock Auction held during the 4-H Fair in July. Corn Fest is a fun time, but also volunteer time.

Monica Evans
GCHCE Public Relations

DISTRICT 2/3 NEWS

KANE.....

Kane County President, Elaine Bond, describes the months of July and August as varied across the county. Some units take a brief hiatus from meetings to tend to county fairs and family picnics. Others continue to meet with special activities as tours and get-a-ways. Others continue with a year round program. The Board continues with planning for fall events, HCE WEEK activities and a county International Program.

Reuse, reduce and recycle activities are strong across the county particularly with the sewers, making school bags, fidget quilts, catheter bags, walker bags, pillowcase dresses, surgical pillow flats and faceless dolls for police and fire departments and homeless shelters.

The Plato Center Unit which doesn't usually meet in the summer did a special sewing workshop in August, inviting others to join for a day of common goals.

Newsletter Ann Keck had published a simple walker bag pattern in our "Raisin' Kane" newsletter. Kennedy Unit has its monthly sewing meeting, inviting all to join them as they make lap robes, cough pillows, clothing protectors and adult bibs, catheter overs, under arm pillows, hats for cancer patients and walker bags for seniors.

Junia Epperson, Historian, has a full page list of items to recycle posted at her residence. Donations are generous; items are sorted and distributed to many agencies in Kane, DuPage and Cook Counties. Especially noted are Hines Veterans Hospital, Community Crisis Center, Provena St. Joseph Rehab, and Adult Day Care Centers.

At the May 10th Annual Meeting, we welcomed Marie Antoinette, the Queen of France. She came to visit and talk about her life, loves, and intrigues. History came to life in the character of Marie, portrayed by Martina Mathisen, professional historical reenactor, as she engaged the audience with a costumed, first person narrative presentation. In full and beautiful costume Marie led us through an amazing account of her life as a young child, an arranged marriage, and the downfall of her reign. Guests from DuPage, Grundy and Kendall County joined us for the general meeting, luncheon and program.

DuPage and Kane County joined for a summer event August 16th to paddlewheel down the Fox River. The activity appropriately followed the state conference theme of "Rollin' On the River." It was a fun afternoon of friendship, while seeing the many historical landmarks along the Fox River. During the cruise a box lunch of ham or turkey sandwiches, chips and cookies with iced tea or lemonade was enjoyed by the 33 attendees. A raffle with special prizes added to the fun of the day. Our afternoon was filled with many sunny moments and new friendships along the way. Special Thanks to our Captain Richard Anderson of Anderson Enterprises Inc. at the Pottawattamie Park in St. Charles.

Kane County extends Kudos to the State Board for an excellent District Workshop. We were able to have more of our members attend and learn from you, many thanks.

HCE WEEK hosted a multitude of activities sponsored by Units around the county. Proclamations of recognition were accepted in several localities. Joan Ziethen led the Pledge of Allegiance at the Kane County Government Board and accepted the recognition from Deborah Allan, Board member. The Elgin City Council was delighted to see HCE members again appear and describe the mission of the organization. Open House on October 11, featured displays and demonstrations from all Units in the county.



*Kane County
Government Board
Joan Siethen,
2nd Vice president
receives HCE week
proclamation from
Deborah Allan, Kane
County Government
Board member*

Members discussed projects and goals for the audience. Willie Etta Wright from the Moser Center for Lifelong Learning led us through "Way to Recall Memory," which complimented the lesson "Hold That Thought, Brain Health." With memory games and activities we all had a laughing and learning experience. The afternoon was topped off with coffee and refreshments.

Twelve Kane County members enjoyed an October afternoon in Kendall County at the Victorian Tea featuring "Hats." We sipped our tea and munched our way through the presentations. A rainy day didn't hamper our spirits as nine members took home lovely door prizes. We certainly enjoy renewing our networking with neighboring counties.



Kane County members at Kendall County Victorian Tea
*Seated: Polly Hubbs, Joy Monkemeher, Elaine Bond,
Joan Ross, Joan Ziethen, Nancy Haire, Mari Cupless
Standing: Naomi Redmann, Mary Stevens, Joyce Harner,
Dee Ketter and Junia Epperson*

DISTRICT 2/3 NEWS

Yearbook copy has been completed by Ann Keck, Newsletter Editor. Distribution to Units is planned at the International/Fine Arts and Crafts/ Luncheon and Program November 15, 2017. The event will be held at St. Mary's Church in Maple Park. The Fine Arts and Crafts competition will be judged in the morning; an authentic luncheon will be served by the "Cuisine Manila" restaurant. The program will feature Father Ariel Valencia, of St. Peter Church, Geneva, Illinois. Father was born and raised in the Philippines and will bring to us a real life story regarding his homeland.



Sugar Grove Unit Open House October 11, 2017
Bev Popp, Treasurer, Family Issues and Historical;
Shirley Fluegel, President and Cultural Enrichment;
Speaker, Willie Etta Wright;
Beverley Sue Jacobson, Secretary and International;
Diane Spoula, Vice President and Community Outreach

And on to the new fiscal year of 2018. Kane County wish all a very Happy, Holy and Healthy holiday season. We look forward to March and the enjoyment of another great Annual Conference.

Nancy Haire
 Public Relations, Kane County

KANKAKEE.....

Kankakee County has been celebrating 102 years.

Our membership is now up to 75. For HCE week we had bring a guest bingo, made tea bookmarkers and bags, Halloween crafts, and a hurricane lamp.

Our tea and white elephant was enjoyed with good food and fellowship.

Our ladies have been busy sewing 30 aprons for The Art Stroll, food protectors, walker bags and autism blankets.

We've also been selling raffle tickets for our quilt at various events throughout Kankakee County. Thanks go out to our ladies for the work they do

Linda Byrnes
 Public Relations, Kankakee County

KENDALL...



Marilyn Zoeliner, left, and June Saidat, both from Minooka, gave the program, "Hats from Yesterday and Today," at the 19th annual Kendall County Association for Home and Community Education's Victorian Tea.

Over 180 enjoyed the program and the three courses of tea. Marilyn has collected hats for years, close to 200, some dating to the 1920s. Both Marilyn and June are members of the Seward HCE Unit.

Three of the husbands of Seward unit were the Kitchen "crew", getting the water ready for the tea, and directed the servers, who were 4-Hers and children and friends of the members of Seward members.



The servers do a great job!
and also the husbands!!

Joan McEachern
 President, Kendall County

LAKE.....



LAKE.....

Greetings & Hello Everyone from Lake County!

My how this year has flown by so quickly! It's already December and the Holidays are just around the corner. It is that time once again to report to you on what is going on here in Lake County!



DISTRICT 2/3 NEWS

Lake County, continued

On August 30, Angela Hicks, President and Sandy Henke, Treasurer, presented the Lesson for Living titled “Five Ingredient Fix” at the University of Illinois Extension Office in Grayslake. This lesson gave you ideas of how with just a few ingredients, you can create tasty, nutritious meals. Angela and Sandy demonstrated these recipes and hand out samples to everyone. They were very tasty. Peanut Butter Sea Salt Cookies, Greek Couscous, Peachy Pork Picante, Zucchini Fritters, and Ginger-Beet Sorbet. Angela and Sandy did an excellent job giving this presentation! There were twenty-two members in attendance.



Angela Hicks and Sandy Henke

Angela Hicks, President, demonstrated to 10 HCE members the “Paper Pumpkin Craft” on September 21 in the Extension Auditorium. She took the time and effort to put together the kits for this craft, which consisted of a pipe cleaner, 2 brads, 10 strips of decorative cardstock, cut out of a leaf and the instructions. She also brought with her paints, brushes and two hole-punches so everyone could complete their craft. Angela instructed the members on how to make the “Paper Pumpkin Craft” and it was very easy to follow. Everyone enjoyed themselves. It was a lot of fun!

Angela Hicks below, left, with finished product pictured on right.



LCAHCE sponsored a Lesson for Living called “Eggs” presented by the University of Illinois October 5 at the University of Illinois Extension Office in Grayslake. The lesson provided information that eggs can be purchased at farmers markets or straight from the farm and are available in many varieties. The lesson also reviewed organic, free range, lower cholesterol, and other varieties of eggs. The University of Illinois provided consumers the knowledge to make well-informed decisions when purchasing eggs and keeping eggs safe from farm to fork. Eleven HCE Members attended this program.



LCAHCE held their Annual Cultural Enrichment Day on October 10, 2017 at the Lake County Extension Auditorium. Thirty-three HCE members attended this event. Lauri Hargrove, Cultural Enrichment Director, gave a presentation on the history of quilting, protecting your quilts, how to clean your quilt and displayed old and new quilts.



Lauri Hargrove, Cultural Enrichment Director

Noel Henke presented a Breast Cancer Service project she is doing called “Breast Knockers”. They are crocheted breast inserts for the bra instead of the silicone inserts for women who have had a mastectomy. They are lighter, softer and cheaper than silicone and look very real.

Noel Henke



Winners this year: BEST OF SHOW went to RoseAnn Rendl

She made a beautiful Christmas “Wall Hanging “made of wool, applied on cotton and beautiful.

Congratulations RoseAnn!

DISTRICT 2/3 NEWS



*RoseAnn Rendl
"Best of Show"*

First Place Winners:

Lauri Hargrove - King size "Kaleidoscope" pattern quilt.

Noel Henke - Handmade crepe paper "woven" flower arrangement with feathers and natural accents.

Susan Wilhite - Chicken crochet potholders (pattern from 1970's homemakers class she took with LCAHCE).

Dale Kehr - Photo Collage and Picture display honoring her mother Doris Donavan.

Noel Henke - Recycle "Lone Star" quilt made from hand dyed envelopes sewn together to make a quilt.

Pat Weitzmann - Photo of Rock Formation and tree in Petrified Dunes area at Arches National Park, UT.

Noel Henke - Hand knitted crescent shawl pattern "Night at the Theatre".

Angela Hicks - Silver necklace busting with red, white, blue Austrian crystals.

Candace Keegan - Cross-stitch Christmas Rocking Horse in a framed shadow box.

Sue Jehlicka - Crochet Afghan Bedspread in Antique Beige, Cotton thread "1940" pattern.

Second Place Winners:

Susan Wilhite - Wall hanging made from the design of the 32-cent Postage Stamp of Bugs Bunny.

Betty Wertke - Crochet scarf-hat used only single and double crochet stitch; first effort after years of no crocheting.

Dale Kehr - Pink and Blue Crochet Baby afghan.

Dale Kehr - Necklace and earrings. They will be in the Silent Auction for the Extension Gala this month.

Gail Dughi - Framed Color photo of a young cheetah surveying his domain from a tree branch at the Phinda Game Reserve in South Africa.

CONGRATULATIONS TO EVERYONE WHO PARTICIPATED

The Cultural Enrichment Committee provided a wonderful lunch and everyone had an enjoyable day!

That is all I have for now. I will have more events to report to you in the next newsletter, which will be in May.

Everyone, enjoy the Holidays, stay safe and warm this winter season. Until then in May!

Dianne Glozier
Public Relations, Lake County

MC HENRY.....

Hi Ladies,

Hope you are having a warm fall like we are. We had very little fall color this year and now the leaves are falling off.

Our 99th annual meeting was held at the Quarry & Grill in Crystal Lake, the theme was "Down by the Riverside". IAHCE President, Jean Chapman gave a report on membership, Kathy Peterson District 2-3 District Director installed the 2017-2018 McHenry County board members. Angelia Hicks IAHCE 1st Vice President, James Reaves University of IL. County Director along with some members from Lake County were guests.



McHenry installation of officers:

*Carol Giammettei, Karen Wootten, Judy Corson, Marion Lang, Barbara Freeman, Florence Spesard, Jean Pieroni.
Not pictured: Geri Pondel and Christel Mueller*

Eight of our members attended the District 1 and 2-3 meeting in Sycamore IL on August 10th. We always come back appreciating the State board members and how much work they do for IAHCE and also with something new that we have learned.

We started our new year with some very interesting programs. We had two workshop sew days - one in June and the other one in Sept. We are sewing large Christmas stockings for McHenry county's local Veterans which will be filled with stockings and personnel items and the smaller Christmas stockings will be filled with candy for McHenry county's Nursing Home, Valley Hi.

Our first program in September was given by Rick Tobiaz, Master Gardner who talked about "Preserving Your Harvest". He talked about field storage, root cellar, freezing, drying, water bath and pressure cooker canning.



DISTRICT 2/3 NEWS

McHenry County, continued →

October program was “Herbs in your Kitchen” by herbalist Vicki Bender who talked about herbs in your own garden that can heal your body.

Happy Holidays,

Florence Spesard
Public Relations & CVH Chairman, McHenry County

LIVINGSTON.....

The Livingston County HCE is excited to be planning for their 100th anniversary at the annual meeting in April. Members are collecting memorabilia in their units and the board has a few special surprises, too.

The \$1,000 student scholarship for this year was awarded to Kylie Miller, daughter of Kyle and Missy Miller, of Cropsey. She is a 2017 graduate of Prairie Central High School who will be attending Joliet Junior College as an Ag transfer student and then to the university to receive a degree in Ag education. While in college she will also serve as section 9 FFA president.

The board is continuing their fundraisers this year with the raffle baskets from each unit that are raffled at the Agricultural Fair during the summer. They are also selling Rada Cutlery.

Units are continuing to make fleece blankets to give to Salem Ranch. The board has partnered this year with several Futures Unlimited clients who will tie them.

Livingston County will be hosting Super Saturday in Pontiac in March. This is a training session for unit lessons. There will be three lessons given and all participants will receive goodie bags about Pontiac. After the lessons, there will be tours of Pontiac via trolley and tours of the museums in town.

Signs honoring First Responders were distributed throughout the county. The signs say, "We love and support our First Responders, sponsored by HCE."



Livingston County Public Relations Board member Connie Kostelc holds a sign supporting the First Responders wear the Lincoln Statue outside the historic Pontiac Courthouse.

Connie Kostelc
Public Relations/ CVH, Livingston County

WILL.....

On May 9, 2017 our complete board was sworn in for another term. Over 40 attendees heard Bill Lorch from Bill’s Beez speak about raising bees and their importance to our crops. He spoke about small bees from almost invisible to the eyes to very large ones such as a bumblebees. Unfortunately, their populations are dwindling. Our Master Gardener Coordinator, Nancy Kuhajda, talked about caring for our gardens. In August eight of our board members were able to attend the District Workshop in Sycamore. There we received helpful advice on our individual board positions. One thing I took away from the meeting is SOCIAL INTERACTION improves blood flow to the brain! We can all use that.

We held our combined Membership, Cultural Arts, and International Fairs on October 10. We enrolled five new members, but saw a decrease in membership due to the passing of eight of our long time members.

Our Cultural Arts items which will be going to State Conference for further judging are as follows:

- #100 Oil Painting by Judy Wunderlich
- #400 Blanket & hats weaved on loom by Sheila Stock
- #1200 Knitted baby sweater & cap by Eleanore Mestakovich
- #2100 Quilted Bag by Judy Maier

Our international speaker was The Reverend Noah Panlilio whose native country is the Philippines. He held our rapt attention with his stories about his native land. Now an American citizen, he is a Methodist minister, formerly of the First United Methodist Church of Lockport.

A Silent Auction fundraiser was also held at the October Fair. Office supplies, linens, paper goods, foodstuffs and gift cards were brought by individual units for replenishment to the Ronald McDonald House in Oak Lawn, IL. The staff was very pleased with the over \$400 in supplies which we delivered there. We also collected cleaning supplies for our food pantry. This year we are also saving cancelled stamps for charities.

Jeanette Johnson
Public Relations, Will County

IAHCE NEWSLETTER SUBSCRIPTION WINNER

District 2/3
Anita Masters
DuPage County



DISTRICT 4 NEWS

MEET 7 PUBLIC RELATIONS DIRECTORS FROM DISTRICT 2/3



Back row: Mylon Fisher, DuPage, HCE member; Lynn Wiles, Winnebago; Darlene Hettel, LaSalle; Linda Byrnes, Kankakee; Monica Evans, Grundy; Nancy Haire, Kane. Seated: Dianne Glozier, Lake and Florence Spesard, McHenry

to the returning veterans from a special “Honor Flight” to Washington D.C. The appreciation for these special quilts was revealed by the smiles of gratitude from each recipient.

HCE means a responsibility to people who know you and those that don't. You can be proud to be a member of an organization that nurtures leadership in your community. We are members that have a meaningful impact and are contributing to the good of our society. Anyone who knows me can see the pride I have in being a part of HCE and I am grateful for everyday blessings.

Merry Christmas and enjoy all the blessings that the holidays give you. See you in March at our Annual Conference in Effingham.

Mary

ADAMS.....

August 9th, twelve (12) board members attended the IAHCE District 4/5 Workshop held in Springfield, IL.



L-R: Front Row—Pat Vaughn, Judy Milts, Heather Ator, Leslie Geschwandner, Edna Flesner; Back Row—Nancy Aden, Barb Higley, Mary Ann Peter, Susan Sprague, Sandy McKelvie, Joyce Welsh, and Ginny Miller

DISTRICT 4 NEWS

DISTRICT 4 DIRECTOR Mary Eustace



Happy Fall as I am writing you this October day! This is a good time of year to visit some fall festivals, craft fairs or take in a home town football game enjoying awesome outdoor weather.

But by the time this article comes out in the December

newsletter, we will all be preparing for busy holiday gatherings. I wish all of you many blessings surrounded by family and friends. My HCE friends are an important part of my life. I am a very happy volunteer. I meet each day with enthusiasm. I love my job as your District Director.

Each County brings their own community service projects to my attention. I especially love and encourage my counties to recognize first responders, firemen, police and ambulance personnel with signs of Thank you and appreciation. They are always there for us when we need them.

This month, my own Pike County HCE Quilting Units distributed more than 70 lap quilts made by them to give

Our Annual President's Dinner/ Meeting was held on Aug 24 in the Farm Bureau Basement.

Board Members Finalize President's Dinner Set-Up

Lesson for Living: “Hold That Thought: Brain Health” was held September 15th in the Farm Bureau Basement. The class information was taken back to units for presentation during October.

September 21st Cultural Arts Director, Susan Sprague, conducted a “Making a Halloween Decoration”



DISTRICT 4 NEWS

Adams County, continued

project in the Farm Bureau Basement. The next Cultural Arts class will be held on November 17, Cardmaking and Cookbooks.

If interested come anytime between 9:30 a.m. and 3:30 p.m. to create your cards or cookbooks. Materials will be available, cost will be \$5. Plan for 1 – 1 ½ hours to complete. Reservations are not required. If you have any questions, please contact Susan Sprague at (217) 656-3099.

Celebrate HCE Month ... began on Monday, October 2, when Quincy Mayor Kyle Moore presented a City of Quincy Proclamation to members of the Adams County HCE Board prior to his regular scheduled City Council Meeting.



L-R: Heather Ator, Judy Milfs, Mary Voorhis, Mayor Kyle Moore and Leslie Geschwandner

During week of October 8-14, each of our units participated in HCE displays at locations in their respective communities. In Quincy there was a tri-fold displayed inside the Quincy Public Library (QPL) that shared the activities of four units (GEMS, Quincy Tumbleweeds, Quinsippi, and Sunshine Girls), along with our three Special Interest Groups (Quilt League, Book Club, and Card/Game Club). Mary Voorhis scheduled members to help man this display for the week.



L-R: Debbie Cramsey, Jane Vopel, Heather Ator and Judy Milfs at display

In addition, the following units had displays: Beverly/Liberty at Farmer's Bank of Liberty; Burton/Plainville at State Street Bank in Payson; Chatton at Golden State Bank; Unity Nite at Mendon

Library; Camp Point Extension at Bent's Family Food; and Paloma created a page on Facebook.

The Quincy Tumbleweeds, on Monday, October 9, celebrated its 20th Birthday during monthly meeting. A carry-in supper started at 6:00 p.m. and the meeting followed. There were six (6) guest and fourteen (14) members present.

October 16th, members and spouses of the Adams County HCE units attended the Barbara Kay program on Mrs. Martin Luther at the St. Paul United Church of Christ in Fowler. Barbara Kay is from Glen Carbon, IL as in previous visits she portrayed Molly Brown and Clara Barton.

Right: Barbara Kay as Mrs. Martin Luther

Below: Sandy McKelvie, Sherry King and Ginny Miller



On October 24th, the Lesson for Living, "Do It Yourself Decorations" was conducted by guest speaker, Sherry King, in the Farm Bureau Basement. Sherry shared her multiple craft decorations for the season.

Special Interest Groups

HCE Book Club

The Book Club meets on 3rd Wednesday of the month. The 2017-2018 Adams County HCE year began with the following book discussions since the last newsletter: September 20 – "Go Set a Watchman" by Harper Lee and October 18 – "Five Skies" by Ron Carlson. The next scheduled meeting will be Nov 15, "Two for the Dough" by Janet Evanovich at Daylight Donuts, 4730 Broadway in Quincy.

HCE Quilt League

The Quilt League meets the 2nd Wednesday of the month.

DISTRICT 4 NEWS

HCE Card and Game Club

The Card and Game Club meets the fourth Wednesday of the month. The first meeting of the new year will be September 27th in the Farm Bureau Basement. Due to the holidays they do not meet in November or December. The clubs next meeting will be January 24, 2018 at 11:00 a.m. in the Farm Bureau Basement.

Halloween is a memory and farmers are closing in on 2017 harvest season. I don't know about you, but I am so looking forward to the time change (fall back) the first weekend in November.

Here in Adams County there will opportunities to attend three Veterans Day events: Saturday, November 4th, the 10th Annual Veterans' Day parade will begin at 10:00 a.m. at 12th & Maine; Saturday, November 11, a Veterans Day program will begin at 10:00 a.m. in Lippincott Hall on the grounds of the Illinois Veterans Home; and the Quincy Exchange Club will be hosting their 4th Annual "Field of Honor" display in Madison Park. This display is breath taking and very patriotic ... sorry but the dates and times have not been announced yet. Lastly on Saturday, December 2, we will be hosting our annual Kiddie Bazaar at three (3) locations in Adams County—Camp Point, Payson, and Quincy.

Until next issue, wishing you and yours a blessed holiday season.

Leslie Geschwandner
Public Relations Director, Adams County

PIKE.....

The Pike County HCE Board attended the IAHCE District 4 and 5 Meeting in Springfield, Il, on August 9th. The U of I Family Life Educator, Susan Sloop, presented a very informative program "I'm Positive I'm Aging".

The morning was filled with workshops for each board member's specialty.

- Jo An McIntire, Family and Community Issues
- Sonya Bishop, Cultural Enrichment
- Cheri Myers and Jo Ann Booth, International
- Ona Day Johnston, Membership
- Ann Ferguson, Public Relations
- Donna Smith, Secretary
- Linda Patton and Rayola Daniel, Program Planners and 2nd Vice
- Mary Eustace is our local President and District 4 Director.

After lunch we went to our respective District meetings. District 4 with Mary Eustace and 5 with Kathleen Emery. A fun informative day was enjoyed by all.



Pike County Board —2017-2018
Left to Right; Donna Smith, JoAnn Booth, Rayola Daniel, Jo-An McIntire, Ona Day Johnston, Mary Eustace, Ann Ferguson, Sonya Bishop, Cheri Myers and Linda Patton.



Pike County window display at Pike Express News Office

Ann Ferguson / Sonya Bishop
Public Relations, Pike County

IAHCE NEWSLETTER SUBSCRIPTION WINNER

District 4
Rahola Daniels
Pike County



Why is it called "after dark" when it really is "after light" ?

DISTRICT 4 NEWS

MORGAN.....

Philippines highlighted during International Day as printed in the JCNews (Jacksonville Journal Courier)



Glenda Mason showcases a lamp made in the Philippines with a seashell shade during the Morgan County Home and Community Education group International Day.

For the women in the **Morgan County** Home and Community Education group Thursday was about experiencing a different culture.

For the group's International Day, the women that attended were able to learn about the Republic of the Philippines through pictures from a recent mission trip and first-hand accounts from a Jacksonville resident who is a Philippines native, as well as sampling some of the local foods.

Glenda Mason has lived in America for 34 years, but returns to her native country every year during the winter to see her family. Mason said she was happy that others were interested in learning about her home country. "It's different to learn about a third-world country and they are so different from here," Mason said. "We have more here and I hope they appreciate that after watching this program."

Martha Vache, the international chairwoman for the group, gave visuals for some of the stories using pictures she took on a mission trip to the Philippines around 2012..Vache said the Illinois group picks a different country each year to spotlight on International Day. "We work to educate women and so we try to teach them about the country, the culture," Vache said. "We try to focus on why they do things in certain ways."

Vache said it is important to learn about different cultures and how you can help. Many in the Philippines have minimal housing with no insulation because of the warm temperatures throughout the year, but those houses are also easily destroyed during a typhoon, Vache said. With the Philippines being in a warm climate, Vache said there are a lot of flowers that grow and a large supply of fruits and vegetables. "They have such a wonderful amount of fruit," Vache said, but added that many people do not have the money for rice or other foods.

Mason said she goes back each year and sees things a bit differently now than she did when she was growing up. One of the main things she sees is the drastic difference in waste. "Here we waste so much food, but there, you can't because they are so poor," Mason said. "We have so much here that they don't have there. We can take that for granted." Now, Mason said she tries to find different ways to help the people in need while she is there each year. "I try and purchase rice for families and help with the church or the school," Mason said.

Samantha McDaniel-Ogletree can be reached at 217-245-6121, ext. 1233, or on Twitter @JCNews_Samantha

Letter to the Editor

OCTOBER IS H.C.E. MONTH

I was asked ~What is H.C.E. The following two excerpts are the answer to the question.

In the 1982 Pike County Homemakers Recipe book is a brief history of how the Home and Community education group got started. Quoted from the book Early in 1937, the Farm Bureau Program planning committee included in their plans an Extension Program for rural women. In November, 1937, one woman from each township was asked to meet with Miss Louise Chase from the Home Economics Extension Department. At that time, it was decided to have a countywide meeting on January 4, 1938.

At this meeting, Mrs. Kathryn Van Aken was the guest speaker. Eighty - six women were present. Mrs. Edna Flick made a motion that Pike County organize a Home Bureau. The county was divided so each membership chairman had several townships. In October, 1938. The Home Bureau of Pike County was formed.

In 1968, the name was changed to the Homemakers Extension Association to reflect the educational partnership with Cooperative Extension Service. There was a person known as the (Home) Advisor. Helen Hackman had that title for 35 years. Cheryl Bielema and Darlene Schroeder assumed that role in later years

The second excerpt is from our State Group, I.A.H.C.E., Illinois Association

for Home and Community Education. Our mission statement is the I.A.H.C.E enhances the lives of individuals and families through quality educational program and experiences encouraging responsible leadership and service to the community.

H-We support the Home and the whole family
C-We support the communities we live in.
E. We encourage our member with education

We are affiliated with the University of Illinois and receive programs, speakers and lessons on all of the areas in our busy lives as homemakers.

- Submitted by Ann Ferguson
Pike County

DISTRICT 4 NEWS

SANGAMON.....

The frost has landed on all our outdoor enjoyment. Now we move toward the cold nights, hopefully sunny days and possibly some white covering on the ground. It just doesn't seem right to have the cold temperatures with brown ground cover!

Sangamon HCE has kept busy despite the weather. We have ventured into the year with a very successful Fall Festival which should have been called Summer Festival due to the mid 80-degree temp. So many members baked, sewed, walked and tended to selling our homemade "goodies".

Next we are going to enjoy a wonderful International Day learning about the Philippine country and food, then on to the Baltic States to hear about the Outbound Exchange trip Mary Johnson and Eleanor Gregory just completed. They can't wait to give a full report to all of the counties in Illinois!



Eleanor Gregory and Mary Johnson pose with the country women's statue in Tartu Estonia

We have a lot of events planned to share our charitable giving, creative talents and overall socializing to give knowledge, thoughtfulness and care through our prayer quilts, weighted blankets and personal hygiene items for the 3rd world countries.

Right:
Marguerite Dixon demonstrates how to make vintage pot holders



Below:
Several members set up our Attic Treasurers area at Harvest Fest



Right: *Carole Strick ironing vintage lace doilies to sell at the Harvest Fest*



Mary Johnson & Kathy Roman
Public Relations, Sangamon County

TAZEWELL.....

Greetings from Tazewell County!

Tazewell/Mason/Peoria County HCE held their annual International Day this fall. Ladies enjoyed a luncheon of foods that had been prepared with Philippine recipes. Some very interesting and very delicious foods were served.



Left: *Selecting food at International Luncheon*

Below: *Mr. Chuck Carr*



The highlight of the afternoon was our guest speaker, Mr. Chuck Carr, who had served with General McArthur in the Philippines. He told many interesting stories about the food they ate, the heat and humidity they worked in, and a few



DISTRICT 4 NEWS

Tazewell County, continued →

observations about General McArthur! We were very pleased with our program and learned a lot about what it was like to serve in the military.

Our HCE will be celebrating our 100th Anniversary next year and are beginning to make plans for it. How wonderful that we can observe our 100th the same year that Illinois observes its 200th year of statehood!

We have ordered the bench we are purchasing in memory of Mary Fouts and will dedicate it at our annual meeting next spring.

Wishing all of you a safe and happy holiday season and we will be back with more news next year!

Darlene Curry
Public Relations, Tazewell County

Pictures of our “field trip”
to the chocolate factory



Betty Bekermeier
Public Information, Woodford County

WOODFORD.....

Our 1st Vice President, Myrna Helmick, has planned some very interesting lessons for the 2017-2018 year. One coming up I've heard is very interesting. It was presented by a daughter of one of our Woodford County ladies and word is that she did an excellent job in presenting and giving the ladies who took the lesson some very helpful information. Its title is “Let’s Get Organized” and her focus was “No more thinking about I should...let’s do it and clear the clutter”. A couple of more interesting lesson titles are: “The Case Against Sugar” based on the book of the same name (sugar is making us sick) and “Flooring Choices Explained” presented by a local flooring business.

It’s a good thing we’re having the lesson on “The Case Against Sugar” AFTER we went to the Minonk Chocolate Factory in October. It was a delightful morning. The employees were dipping caramel apples, and that was so interesting to watch. They get their apples from Michigan and then dip them in caramel that they make at the business...some with peanuts and some without. They are soooo delicious. Of course they had melt-in-your-mouth chocolate there also for us to sample and purchase. If you’ve never had a caramel apple or chocolate from the Minonk Chocolate Factory, it’s worth your trip to go there. The apples are only dipped and sold from August until the end of October...they distribute locally and also ship.

We’re actively encouraging our membership to keep a record of their volunteer hours and turn in their volunteer hour sheets at the end of December. Much volunteerism goes on in Woodford County and the U of I likes to know how active and serving our members have been.

MEET 6 PUBLIC RELATIONS DIRECTORS FROM DISTRICT 4



*Kathy Roman, Sangamon; Ann Ferguson, Pike;
Leslie Geschwandner, Adams; Darlene Curry,
Tazewell; Mary Johnson, Sangamon; and
Linda Nelson, Hancock*

DISTRICT 5 NEWS



**DISTRICT 5 DIRECTOR
Kathleen Emery**

I can't believe it is fall already and evidently my trees can't either. We have no pretty fall colors around central Illinois.

I have enjoyed my visits to your counties and hope to attend several more real soon.

This is your December IAHCE newsletter. This is

our most important one as it has the March conference details inside. Please share the inside "pull-out" section with your members that might not receive it. The conference will be in Effingham March 13-15, 2018.

All the share shops will be listed. Sharon Middleton has been working hard to obtain many varied programs for you. I think you will find something that will interest you. These share shops can make great program ideas for your county programs. The handouts are very helpful, also.

I hope to see many of you very soon in March. It will be here before you know it.

Thanks for all your hard work obtaining new members.

Kathleen

CHRISTIAN.....

We changed our operating year from July 1 – June 30 to January 1–December 31. We are still ironing out the bumps along the way but believe it will work best in the end.

We are still collecting Can Tabs for Ronald McDonald House in Springfield Illinois. This is an on going project.

Three Board members attended the District 4/5 Workshop on August 9, 2017 and found it very informative.

We participated in a project to display signs supporting our First Responders initiated by Jane Chapman.

Twenty members attended the Christian County HCEA International Lesson for Living: "The Philippines" presented by International Director, Karen Greene, on Tuesday, October 10 at the U of I Extension. We had a speaker & sampled recipes from the Philippines.

Christian County hosted the Unit 18 Retreat on October 17. The theme was "What's In Your Kitchen". Lisa Peterson, Nutrition and Wellness Educator, gave a demonstration of the Instant Pot, the Air-Fryer, and the Spiralizer. Those present sampled Lemon Dijon

Chicken & Potatoes from the Instant Pot and Fried Apples with dip from the Air-Fryer plus a Greek Salad made using spiralized zucchini. She also discussed other small appliances and spoke on making the most of your small appliances. Lisa also shared safe food handling & safe use of the appliances while stressing the importance of reading & following the manual supplied with the appliance. These retreats are held twice a year with each county taking turns hosting. There were 41 people in attendance.

Ann Bandy, member of Center Unit of HCEA, gave a lesson on painting pumpkins at the Christian Co. Senior Citizens Center on October 25th with help from her unit members.

Georgette Merrifield
President, Christian County

+ + + + +

Several members of the Mr. Auburn Nite Unit of CCHECA recently made a trip to the Little Theatre on the Square in Sullivan to enjoy a performance of Smokey Joe's Café. Following the performance they traveled to Arthur to enjoy a meal at Yoder's Kitchen.



Those who made the trip to Sullivan and Arthur are pictured L-R:

- Back row: Jane Long, Deb Coontz, Bernice Larimore, Judy Buzzard, Kay Swope, Stephanie Butcher
Front row: Mary Janet Allison, Ginger hardy, Dixie Vincent, Helen Hohenstein.

Dixie Vincent
Public Relations, Christian County

Why is it that when we sleep late we are considered lazy, but when we go to bed early we are not?



DISTRICT 5 NEWS

CHAMPAIGN.....

July 28th and 29th, Champaign County HCE had their 6th Annual Garage Sale and Bake Sale at the Farm Bureau Auditorium. The sale was very successful. The garden sale and bake sale were exceptional. Vickie Siebenhaar provided all the Texas wildflowers and tomato plants that were sold.

On September 15th, the Staley Unit celebrated their 90th Anniversary. Several past Unit presidents were present and told about special events that happened when they were president. Cake and punch was served. They had a display of pictures and scrapbooks of past Unit activities.

Champaign County celebrated *HCE month* during the month of October. **October 4th**, members attended the *Green Mill Village Theater* for an Interactive Mystery play, "Slay It Again Sam". Three of our members participated in the mystery play. The buffet lunch was delicious and catered by Yoder's – always great food.

October 11th was our *Membership Event* with guest speakers from the Champaign County Forest Preserve that spoke on the "Kickapoo Rail Trail" that will run from Urbana to Danville. It is a bike/walking trail built on the old rail trail that ran from Urbana to Danville.

In August, the first 7 miles of the trail opened. We had 2 guests attending and they both joined CCHCE at this event. We recognized 21 members for being CCHCE members for 10, 20, 30, & 40 years. The theme for the recognition was a puzzle theme:

the unique thing about puzzles, every piece is needed, like every member of CCHCE is essential.

Members recognized were given a certificate, a puzzle piece pin (their piece of our puzzle). Each person attending was given a puzzle to put together that had a saying about being a member of CCHCE. Guests were given a puzzle asking them to be a piece of the CCHCE puzzle. Staley Unit was recognized for having the most new members join HCE in 2017. Members enjoyed a delicious Baked Potato Bar for lunch



October 18th, we had game day. A fun day playing all types of games and great snacks were enjoyed by all.

October 26th was our *Cultural Arts Show*. Guest speakers were Bonnie Smith, Illinois Homemakers Camp and Karen Cunningham, personal style and image (colors that best suit the person). We had a style show from CJ Banks, members were the models. Members brought their projects to be judged by 3 independent judges. Items selection to go the IAHCCE State Conference in March 2018 were: Melissa Chitwood, Pesotum Unit, Pressed Dried Flowers in a framed picture & wrought iron picture made from toilet paper holders; Leatrice Helbling, Dewey/Fisher Unit, baby quilt; Pat Meriedth, Bondville/Seymour Unit, quilted wall hanging and quilt;

Donna Shirer, Mahomet Unit, puzzle neckless and recycle painted bottle made into a light; Mary Ann Rinkenberger, Philo Unit, jewelry box with a crocheted top.



*Members projects selected for 2018 State Conference:
Melissa Chitwood, Leatrice Helbling, Mary Ann Rinkenberger, Pat Meriedth, Donna Shirer*

Our next event will be on November 11th, our 3rd Annual Holiday Trees and Craft Sale. Several units will be decorating trees and/or wreaths for the event. There will also be holiday baked goods for sale. Several vendors will be selling handcrafted items for the event. Also on November 29th will be our International Luncheon on the Philippines.

Our Family and Community Issue projects continue to be making the Linus blankets and Weighted blankets for Autistic children in Champaign County. Our county is also involved with the Developmental Service Center by helping with their group homes. Three of our Units have a group home they have taken as a project by helping with any needs in these homes and also do special projects for the homes at the holidays and when a resident has a birthday, make it a special day for them with small gifts and festive items and activities for all the residents.

Our County had a Passport Project. All members of CCHCE was given a small booklet like a passport. The passport was that each event or activity attended in HCE their passport would be stamped. Points were given for different events and at the membership event, prizes were given out to the people with the most points. "Make Me Beautiful Again!" project was when member took an old almost discarded item and make it new again. They had to take a "before" picture of the item and then their "new" projects were brought to the Fall membership event and members attending voted on which project was most improved.

Champaign County Home and Community Education will be celebrating their 100th Anniversary on July 7th, 2018 at the Farm Bureau Auditorium. A committee is

DISTRICT 5 NEWS

meeting to plan this special event. We also have three units that will be celebrating their 100th anniversary in 2018: Savoy Unit, Somer Unit and Dewey/Fisher unit.

Check out our website:
www.champaigncountyhce.wordpress.com

Merry Christmas and Happy New Year to all.

Carol Froeschl
Public Relations, Champaign County HCE

and we have decided to join them, next year we will be hosting the International Day at the Macon County Extension.

September 23rd we had an opportunity to participate in a fund raising project. HCE members sold Tram Tickets for our local Apple and Pork Festival.

HCE Week found our members busy this year. Shirley Krall and Linda Long, our Cultural Enrichment officers made most of the plans.

DEWITT.....

DeWitt County HCE had our Annual Day June 20th, Kathleen Emery, our District 5 Director installed our officers for the 2017-2018 year. DeWitt County is now one unit and this year we have changed our fiscal year to be January-December. Previously our year had run September-July.



July 18th we had a potluck for our members and bingo was enjoyed with prizes. Most of our members were able to attend.

August 9th, seven of our Board Members attended the District meeting in Springfield.

On August 15th, our HCE members met at the Extension Building and made bracelets for the ladies in our local Nursing Home to receive as prizes for Bingo!

September 20th, we joined Piatt County at the Macon County Extension Office for International Day. The country of interest was the Philippines, we learned a lot about life in the Philippines and we made some of the recipes that were very good.



Macon County International Day
L-R: Phyllis Green, Doris Lonbom, Linda Long, Lucretia Crawford, Sonna Hoke and Betty Clark.

A few years ago we had made the decision to have our own International Day because our ladies did not want to travel. We are a Tri-County Unit with Piatt and Macon



October 9th we made cookies and met at the Extension Office to package the cookies, we then delivered them to the local Firemen, Police and the Sheriff's office in honor of our First Responders.


October 10th we had a local woman come in and give classes on small crafts and we made a card. We had 16 members and guests attend. Our members enjoy these classes and hope to have more in the future. Examples of their handiwork pictured at right.



October 11th eight HCE members went to Arthur for an enjoyable day even though it was rainy. We went to the Pumpkin Patch, visited various stores and had a wonderful lunch at Pauly's BBQ.



DISTRICT 5 NEWS

DeWitt County, continued 



In front of the pumpkins at The Pumpkin Patch
L-R: Doris Lonbom, Phyllis Green and Linda Long.

October 12th, some went to Crawford's Pizza in Maroa for a delicious lunch.

October 13th and 14th, DeWitt County HCE members sold Pulled Pork Sandwiches at our local IGA. This was an excellent fund raiser and our Phyllis Green has already signed us up for next year. We are going to help some of the 4-H clubs with their projects.

October 26th, we will be having a sewing day at the Extension Office to make Activity Mats for the Nursing Home.

November 13th, we will be having another sewing day, the Alzheimer's Unit at the Nursing Home has requested seven more walker bags like we made last year and they would also like five Activity Mats.



At the Nursing home are the activity person from Liberty Village, Doris Dash, Judie Knoth and Mary Ann Ryan.

In December, we will have our annual Christmas Party.

Merry Christmas and Happy New Year to All!

Come visit our annual Apple and Pork Festival in Clinton!

Linda Riva
Public Relations, DeWitt County

MACON.....

We have had a busy spring, summer and fall thus far!

Our unit participated in the Maker Fest at the Decatur Civic Center on Saturday, April 29th. Our booth was called "Flour Fun" and participants, both adults and children, got to play in our boxes of Moon Sand. The participants were also given complementary snack-size bags of the Moon Sand and the recipe for making this concoction at home.



Spring Meeting on May 3 was very well attended. We enjoyed a wonderful luncheon and then had the pleasure of listening to Phyllis Bechtold who told about her experiences as a cook on a tow boat on the Mississippi. She told us a lot of facts as well as the fun that she had. She also has published several books for children, and those were available to purchase. It was a very enjoyable day!



On Wednesday, June 21, our Macon County Unit had the unique experience of visiting three local farms, Ma dox Sweet Corn Farm, B & B Beef Farm, and Connie's Greenhouse.

Each farm owner explained how they started, what the machinery was, and what products they produced. Everyone agreed that this was a very educational trip and we would like to visit more farms. We also had another pillowcase sewing day in June.

July was another busy month because we had our annual program planning meeting, and our very creative group came up with so many good ideas for programs for our hundredth celebration. A survey was sent out to the entire membership in September with all of those ideas listed, and will be tabulated and the top twenty programs will be presented in 2018. We also had a Membership Drive on Saturday, July 29th. The program was "Dump Meals" and was presented by two of our members, Carol Ropp and Sandy Severe. This was a very popular program and we were able to encourage several participants to join our wonderful organization.

In August, we toured the Northeast Community Fund in Decatur, and were amazed by all that this group does for the disadvantaged people in our area. This was also the year that the Farm Progress Show was in Decatur, and our unit volunteered in the 4-H food tents to earn money for our Scholarship Fund.

DISTRICT 5 NEWS

Our very well organized International Day was September 20, at the Macon County Extension Office. This was a Tri-County program that was organized by Piatt County this year. Our country of study was the Philippines and the members brought food that was characteristic of the culture. Each unit also presented a display of the various facets of the Philippines—the government, the education system, their customs and colorful dress, music, and much more overall information about this island.

We awarded our Educational Scholarships to several grandchildren of our members. Kyle Mason is a dental student at Southern Illinois School of Dental Medicine, and Erika Whalen is a speech and language pathology major at Utah State. They each received a \$1,000 scholarship award from the Margaret Leonard Memorial Scholarship. Margaret was a long-time board member of our unit and her memorial scholarship goes to a deserving student who is pursuing a career in the medical field. Madison Yates, a radiography major at Richland Community College, Sean Johnson, a mechanical engineering major at the U of I, and Tyranny Davis, a molecular and cellular biology major at Parkland Community College, each received a \$500 scholarship from our Macon County HCE. We are so proud of these deserving students.



Our HCE Week was Monday, October 9 through Friday, October 13 at the Extension Office. As usual, this week is nothing short of spectacular with several interesting, educational programs and a trip to the Central Illinois Food Bank. We made cards for the local veterans in care facilities in Decatur, learned how to save money and provide more nutritional meals by making our own mixes, a very nifty way to recycle old pan lids into bright and cheery pumpkins or snowmen, a “visual” and exciting safari trip to the East African area, and a way to use buttons for small gifts this Christmas. These events were very well attended and we added several new members, too!

Upcoming events include our annual Fall Meeting, a trip to a local grocery store to view new and unusual foods, and a very relevant lesson about exercising for balance using chair yoga.

As you can tell, we are a very busy county unit and we look forward to being together to learn and to serve our community.

Linda Austin
Public Relations, Macon County

MC LEAN.....

McLean County Association for Home and Community Education members share a love of life and enjoy such a wonderful variety of events and activities.

The 99th Annual Meeting and Fine Art and Craft Show were celebrated in July. Based on the theme “Down by the Riverside”, attendees saw David Congdon, a contemporary Lewis & Clark, present “Tanner on the River”. A delicious lunch was served for the event at The Chateau Conference Center. 30 participants brought fine arts and crafts for display. 3 Scholarship winners were honored – Hannah Widener, Sarah Widener and Taylor Thomas.



Above: *Scholarship winner, Taylor Thomas with Pat Pulokas.*




Right: *99th Annual Meeting and Fine Arts Craft Show speaker, David Congdon.*

Young at Heart Day at the McLean County 4-H Show organized by HCE was attended by over 450 persons – offering music, local organizations manning informational booths, door prizes and food. HCE again had a booth where people could write on greeting cards made by a card group.



Young at Heart Day attendees are welcomed

The fair gives the opportunity to observe 4-H’ers and fair experiences. We have many HCE members who volunteer by manning the HCE booth, judging, being superintendents and serving in other ways. 

DISTRICT 5 NEWS

McLean County, continued

Eastiders Unit HCE member, Rose Harms won an award from the 4-H Committee for her dedication and service for the 4-H programs over the years.



Our summer bake sales at the Downs Village Market bring eager consumers who line up to buy the wonderful pies, cakes, cookies, coffee cakes, pastries, noodles and other delicacies talented members bake to sell. Our McLean County HCE members work tirelessly on money making projects because we believe in and want to support our communities and our local 4-H youth programs.

August found 25 members and 15 guests traveling by bus to the Myers Dinner Theatre in Hillsboro, IN for lunch and the feel-good musical "Sister Act".



The group attended Sister Act in Indiana.

Workshops and classes were ongoing each month—on Community Service day busy hands work on crafts or other special projects - in September and October sewers made Christmas stockings for Operation Santa. Cultural art participants made zipper flowers and prepared mixes (dried ingredient mixes ready for liquids to be added to make a product like brownies, cookies, pancakes or maybe soup).

A book read and discussed by members was – "All the Light We Cannot See" by Anthony Doerr. Local leaders shared their learned knowledge with unit members on "What is Radon plus Household and Hazardous Waste" and "Senior Abuse and Crime Prevention".

Each month during this 100th year of McLean County HCE, bits of fascinating history for a few units is shared. HCE members are marching or riding in every McLean County parade to share the 100th celebration news!

August saw a float in the Danvers Days parade. Members walked and rode in the Bloomington Labor Day parade and of course "Purple" is the color worn!



HCE members in parades for the 100th HCE year in McLean County.

October was HCE month celebrated with special events. Members attended International Day, highlighting "The Philippines" with a presentation by our own Delila Finnegan, who grew up in the Philippines. On October 21st, our Attic Treasures and Bake Sale took place with proceeds benefiting our McLean County 4-H program.

Our members this year found enough "Attic Treasures" to fill 45+ long tables in a huge gym. Shoppers of all ages enjoy the shopping!

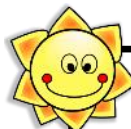
McLean County HCE website is:

www.mcleanhce.org.

Check out events and pictures of events posted on our Facebook page at: <http://www.facebook.com/#!/pages/McLean-County-Association-for-Home-and-Community-Education>.

See you in McLean County – come visit.

Barb Jurgens
McLean County Public Relations Team



Doesn't 'expecting the unexpected'
make the unexpected expected?

DISTRICT 5 NEWS

PIATT.....

International Day happened all over the state in every county. It also happened on Wednesday, September 20, 2017 in the Macon County Extension Office on the campus of Richland Community College in Decatur, Illinois.

Everyone felt this International Day on the Philippines was one of the best because the foods were terrific. Carolyn Wolters was our speaker and provided more information about the country. Units throughout Macon, Piatt, and DeWitt Counties made boards about different aspects of the culture of the Philippines.

Pictured at right is Joyce Beringer from the Cisco Unit with her board on cultural art.



Attending the event are 3 of our long-time members—Mary Shelton, Anna Belle Farrell, both 92 and from Macon County. Twilia Mackey is 101 and has been a member of Piatt County for 77 years. Her sister, Genevieve Perry (not pictured) has been a member for 78 years. Congratulations, ladies!



Piatt County had its 87th Annual Meeting on Thursday, October 26, 2017 in the Friends Creek Community Center in Argenta, Illinois with IAHCe President Jane Chapman as our guest and speaker.



L-R: District 5 Director Kathleen Emery, Piatt County President Jo Bauer and IAHCe President Jane Chapman.

District 5 Director Kathleen Emery installed new Piatt County HCE Board Members at the Annual Meeting.



L-R: International-Frances Kurr, Co Cultural Arts-Martha Lynch, Secretary-Miriam Seevers, Community Outreach & Family Issues-Becky Wildman, Public Relations-Kathleen Nolan, and Co President-Carol Drayton

Four new Members were recognized—Carol Olsen, Sally Stauffenecker, Shirley Wells from the Cerro Gordo Unit and Pam Day from the Voorhies Unit. Memorial Service for deceased member Charlotte Rainey, At Large Member, was done by 2nd Co Vice President Louise Brewer. Our 101 year old Member, Twilia Mackey, with 77 years of continuous membership was also honored. Is there any HCE member out there with more years???

Carol Drayton,
Piatt County Co-Public Relations

VERMILION.....

Vermilion County has had a Very Busy Summer!

Western Fun-Mary Stampini

Vermilion County Home and Community Education Association held their fall membership picnic at Kickapoo State Park on September 21, 2017. Twenty-nine people attended: guests-12, Bismarck Unit-9, Catlin Nite Unit-3, Liberty Unit-5.



DISTRICT 5 NEWS

Vermilion County, continued

Lots of visiting happened while Fred and Diane Reddy cooked hamburgers, hotdogs, and brats to go with all the food we brought. The tables had a Cowboy/Western theme with covered wagons, horse shoes, and bandanas.



The speaker was Cheryl Thornsborough. She talked about "Her House" in Danville, Illinois. It started this year, helping homeless, pregnant women. Cheryl told us how the women must work or go to school, help with household chores, and follow other rules. They may stay a year after the baby is born and they learn how to care for their child.

It was an extremely hot day, but we had a good meal, a good speaker, and good conversations.

International ~ Mary Stampini

The Vermilion County HCE had their **International Luncheon** on October 3, 2017 at the Bismarck United Methodist Church in Bismarck, Illinois. Thirty county members and eight guests enjoyed the day. A display table had information about our County HCE, past International Luncheons, ACWW, NVON, the Support Trust Fund, Zero Hunger, and Eat Local, Eat Healthy. The potluck meal was delicious with recipes and other foods from the Philippines.



Father John Flattery was our speaker. He was in the U. S. Air Force for 28 years and lived 2 years in the Philippines.

He gave us lots of information about the country and the people. He ended his speech by using our 9 aims to describe life for the people of the Philippines.

We collected \$13.22 to send in for Pennies for Friendship.

Diane Reddy
Public Relations, Vermilion County

MEET 6 PUBLIC RELATIONS DIRECTORS FROM DISTRICT 5



Pat Pulokas, McLean; Marge Probasco, Champaign; Carol Froeshl, Champaign; Linda Austin, Macon; Linda Riva, DeWitt; J. Diane Reddy, Vermilion.



DISTRICT 6 DIRECTOR Marilyn Schaefer

Hi Everyone, Another year is almost over, where does time go. As I am writing this will be my last letter to you all. I want to thank you for putting up with me for 6 years but in that six years I have met so many great people and I will miss all of you.

Work hard for your new District 6 Director, Debra Segrest. I have taken her to many counties so she could get to know you and to know where she would have to travel. I had to figure out were I was going and sometimes I got lost.

I especially want to thank the great IAHCE Board we have. They are a fantastic bunch of women to work with.

Some important dates to remember are:

- November 20, 2017 Pennies for Friendship are due to treasurer.
- January 5, 2018 Membership reports are due to District Directors. Read your district letter you just received.
- August 9, 2018 is the date for the District workshop in Effingham on August 9, 2018. Mark it on your calendar.
- March 13-15, 2018 is another date to put on your calendar—I AHCE Conference which will be held in Effingham at the Thelma Keller Convention Center

DISTRICT 6 NEWS

You can start making your reservations at the Holiday Inn Hotel now. Sharon, Pat and I have exciting things planned for you, keep watching for updates.

Enjoy the holidays the will be coming up.

Marilyn

BOND.....

After a busy summer - Bond County has begun their fall activities with the International Luncheon studying the Philippines held on October 10. A short slide presentation and experiences were shared by a local Filipino immigrant who lives and works in Greenville.

Six members attended the District 6 and 7 Workshop in Effingham on August 8th. They brought back several good ideas. The special program - "I'm Positive, I'm Aging" - was enjoyed.

The Bond County HCE had their annual Food Stand at the Bond County Fair in August for the big money maker of the year.

Another beautiful quilt was raffled off during the fair - the winner was Linda Bailey - a local resident.

On July 18th, Bond County HCE held its 73rd Annual Meeting at the Homemakers Food Stand Building with honored guests - Marilyn Schaefer (District 6 Director) and Debbie Segrest of Vandalia (new District 6 Director in 2018). Marilyn installed the offices for the new year (2017/2018).

Our speaker was Roxanne Bare of Terra Mater (Mother Earth), a holistic health practice using massage therapy, herbal products and aromatherapy.

Bond County HCE gives two \$500 scholarships each year. This year they went to Dawson Enloe and Kelsie Waters - both from Mulberry Grove High School were honorees in attendance at the Annual Meeting.

Shirley Volentine
Public Relations, Bond County

CLAY.....

Greetings from Clay County HCE. For the last few months each of our units have been busy with monthly lessons and enjoying the comradery of our friends.

International officer Cheryl McCarty and helpers put on a wonderful Annual Meeting and International program celebrating the Philippines. Special recognition was given

to Elaine Todd and Bernie Brown who have decided not to run for their county offices. Elaine has been serving as President and Bernie has been secretary for several years. Both have served in many different offices over the years.

The International program was a special event this year, as board member Bernie Brown shared family friends, Vic, Carmela and Clair Reyes from Sellersburg, Indiana.. Vic and Carmela grew up in the Philippines and shared history, attire, religion, politics and local flare with the interested crowd. Their daughter Claire talked about their recent trip to visit her father's family. Board members made and served authentic food, many recipes from the Reyes.

Second Wednesday Unit enjoyed their "summer picnic" indoors at the interesting restaurant, Firefly in Effingham. An interesting experience if you have never been there.

The Farmerette Unit has been involved in several different activities. In September they hosted speaker Sgt. Pat Greenwood. Pat is the only female officer in the sheriff's department. Monthly the Farmerette's provide baby items for the Guadalupe Project, a local project which provides free items for families with young children. The Shooting Star drill team will provide entertainment for the Farmerette's in November and they will hold their annual Pumpkin Pie party for residents of the Flora Gardens.



Newly installed Clay County Board officers with District 6 Director, Marilyn Schaefer.

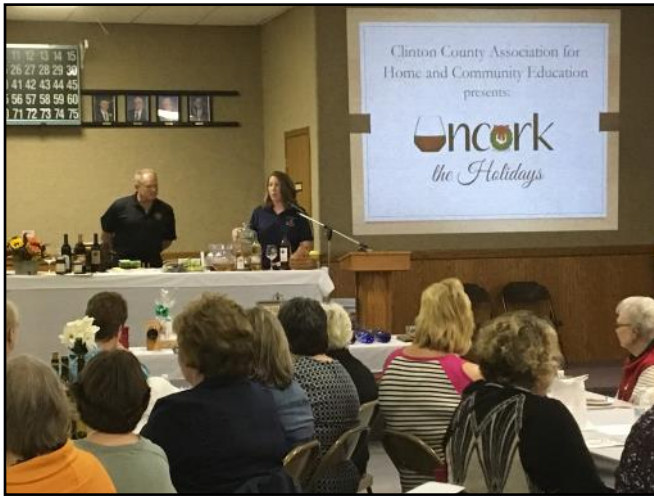
May the coming holiday seasons be a special time for family and friends.

Beth Fancher
Public Relations, Clay County

DISTRICT 6 NEWS

CLINTON.....

Clinton County HCE held their first "Uncork the Holidays" October 17 and it was a success! It was a wine tasting, wine program, vendor fair, food tasting event. We had around 180 people attend and had 3 wineries participated and 22 other food and kitchen vendors. The wine program featured wine pairings and how to make sangria. A great time was had by all and we may make this a yearly event.



Uncork the Holidays program

We also donated a handmade baby quilt to the first baby born during HCE week. A spring bus trip is being planned to the Hill in St. Louis in April. In November the Mixed Nuts unit is holding a Thanksgiving potluck in conjunction with their regular meeting. Upcoming programs Clinton County HCE is offering are programs on acupuncture, cardiac care, and protect your life savings from long term care costs.

We are busy and active as you can see.

Karen Voss
Public Relations, Clinton County

CRAWFORD.....



2018 Crawford County HCE Officers

L-R: Susan Allison, Phyllis Adams, Barb Miller, Jeannie Adams, LaDonna Harris, Sandy Bryans, and Marilyn Schaefer (District Director) who installed the officers

26 members attended the Annual Meeting

Barb Miller, Mary Stamping, Phyllis Adams, Jeannie Adams, LaDonna Harris, Martha Holt, Myrna McNair, Rhea Hayden, Norma Thompson, Donna Newbold, Eeva Miller, Carolyn Bradbury, Carolyn Coleman, Nina Roderick, Mary Ellen York, Judy Hardesty, Shirley Adams, Pat Schofield, Sandy Bryans, Cheryl Mefford, Brenda McCoy, Beulah Inboden, Coreta Sparks, Margaret Inboden, Susan Allison and Elizabeth Will.

Special Guests: Marilyn Schaefer and Pat Hildebrand



To celebrate HCE Week, several programs were offered during the first week of October. Pictured is the Bonsai Program, where Chuck Cunningham, Effingham showed how to use the Japanese rules to shape trees.



12 members attended the Bonsai Program

Marge Shipman, Doris Killingsworth, Beulah Inboden, Lydia Bailey, Eeva Miller, Carolyn Coleman, Sandy Bryans, Phyllis Adams, LaDonna Harris, Susan Allison, Elizabeth Will and Hope Dennis. Susan Allison, president, provided delicious refreshments.



Attended the Fall District Workshop in Effingham
HCE members LaDonna Harris, Susan Allison, Phyllis Adams, Barb Miller and Mary Stampini .

DISTRICT 6 NEWS

They enjoyed a good time of visiting and planning new things on the way home.

Hope Dennis
Public Relations, Crawford County

IAHCE NEWSLETTER SUBSCRIPTION WINNER

District 6
Phyllis Adams
Crawford County



The one speaker, who does not speak professionally, but she perhaps was the most effective, as she is a mother who had lost a child to suicide. Her story touched many hearts and was very sad and difficult to share, but she wanted others to know and recognize the symptoms of a troubled child. Ribbons were given to all and refreshments were served following the program.



Phyllis Pryor, (center) one of our Sefton Unit HCE members has moved to Florida to be near her children. Phyllis has served as our Fayette County Board Treasurer and also as 1st Vice President. She is willing to help in all projects, quilts and sews beautifully, is quiet-spoken, but stands up for her convictions, is moral in her conversation and actions.

She is one of three sisters in our HCE and all three (namely, Phyllis, Rita, and Carol — pictured above) are gifted, talented, generous with their talents in helping others. Together, the sisters have over for 40 years in combined memberships in the Fayette HCE.

Carol and Rita have a sewing shop named “The Sew-Sisters”. Phyllis belonged to a quilters club. (Whoops! I think I just described more of our girls as a perfect example of a HCE Homemaker.) We are happy for her, but she will be sorely missed, but we are sure she will continue to bloom... where she is planted.

On the lighter side- Baby Dawn Avery Lea Cook and her mother, Tessa, attended our board meeting and was given a large decorated tote bag filled with baby gifts, contributed by all the Fayette HCE units. The gifts were awarded to baby Dawn because she was the first baby born during our HCE week.



Among those attending the board meeting were Ashley Davis with granddaughter Addilynne, Baby Dawn and Mom, Tessa, and Maegan and Mom Rebecca Graves

FAYETTE.....

While various Fayette County HCE members were involved in community and county projects and causes such as the large mural painted on a Vandalia building depicting Vandalia’s historic relationship with the trains running through the town, which brought businesses and provided transportation which were immense help to the town’s growth; helping raise funds for the historic site, old State House, assisting with the local Cancer Fund; working in a food pantry and distributing food to the needy; serving as an officer in a local Senior Citizen club and raising money to help the club; making little hats for premature babies; etc., but probably the biggest undertaking as the Fayette County HCE was—sponsoring and hosting an educational, informational, and much needed.....
....A **Suicide Prevention Awareness program**, free to the public.

We learn by doing and the professional speakers and counselor we were able to bring to the people present, an enlightened awareness of the terrible statistics for suicides attempted and, all too often, fatal, not only in the teenage group, on but also down to very, very, young children.

As there have been several young people in the area who have taken their own lives, we now recognize the need for such programs which will help us know the signs of a troubled youth and tell someone who can get help for them—authorities, as the county sheriff or the police...who will know where the person can get help.

The main speaker, Kevin Polky, is well versed in the subject, and teaches a class on suicide, recognizing the signs, and what to do, who to tell, and the importance of immediate action to get help for the person.

Also speaking was Judy McNutt, a counselor who runs the suicide hotline in this area.



DISTRICT 6 NEWS

Fayette County, continued

All three of the girls were dressed charmingly in colorful attire and accessories. It was thought they wanted to attend the party and welcome baby Dawn.



Flo Allen presented the gift to Baby Dawn.

All three babies were also behaved very well, quietly and peaceably-the makings of potential Fayette County HCE members.

The presence of the young babies were good, as they represented young mothers, which our club welcomes.

We are looking forward to our next conference in Effingham. We, here in Fayette County will cross and cruise along two rivers to get there-The Kaskaskia in Vandalia, and the Wabash River on the way to Effingham in our Red, White, & Blue, our colors of America and our Flag.

See you all there!

Panzi Blackwell,
Public Relations, Fayette County

JASPER.....

Over the past few months, the Jasper County HCE raised over \$3,100.00 for its "Toys for Kids" project.

In late July, we helped the Ambraw River Eagles sell pork-burgers, brats, and hot dog sandwiches. They donated a portion of the sales and matched that amount to Toys for Kids.

September 14th, we hosted a Painting on Wood Fundraiser where a portion of the project fee was donated to Toys for Kids. Fifteen participants had a fun, enjoyable evening.

A Pulled Pork Fundraiser was held at The Hill in Ste. Marie on October 14th. The proceeds from the free-will donation were given to Toys for Kids.



Finished items from the Painting on Wood Fundraiser

Also, during the month of October, the HCE Board and members had the opportunity to sell Butter Braids, and the earnings went to Toys for Kids.

Submitted by Judy Millsap and Donna Richards,
JCAHCE Board President and Treasurer

JERSEY.....

July was a little warm but we had some beautiful entries for the fair. Such talented people in Jersey County. Lisa Peterson, U of I Extension, gave a lesson on Christmas in July. It didn't make us feel cooler but she had great ideas for the holidays. August was our vacation month with a package lesson on Vegetable Gardening in Containers. Great way to have fresh vegetables and not a weed garden.

September was "Healthy Eating and Garlic". Maybe this will help us for the holidays. In October, we did an armchair visit to the Philippines and enjoyed eating pancit and lumpia.

November lesson is "Holiday Wreaths and More" to get us ready for the holidays.

Our Quilt Block of the Month is doing a mystery quilt with the goal of having it done by our annual meeting. Craft club has had a busy year making a light house out of a clay pots, learning chicken scratch embroidery, making ribbon angels and gum packet snowmen. Lots of socializing along the way.

Happy Holidays and may each unit grow and spread the joy of learning to all.

Sandy Bechtold
Public Relations, Jersey County HCE

DISTRICT 6 NEWS

MARION.....

The August meeting of the Marion County Home and Community Education Board was cancelled so that members could enjoy the Solar Eclipse. Traffic in Salem and the surrounding areas was high due to the number of people traveling further south to “totality”.

The 2017/2018 Program year kicked off on Thursday, August 24th, at 1:30 pm at the Marion County Extension Office with a lesson about Costa Rica. First, Amelia Andrade, granddaughter of Marion County HCE Board Co-Chairman Dorothy Bruce, shared pictures and information from her trip to Costa Rica earlier this year to provide medical care through physical therapy to the elderly and children with special needs. Learning about the different emphasis on education and how it is provided in Costa Rica was also of special interest to us since education is a focus of our group.

Next, retired teacher and frequent traveler, Sharon Sullens, provided an informative program complete with pictures of various locations in Costa Rica and many interesting stories about the rain forest and its inhabitants, the growing of coffee and the building of oxcarts. Items she purchased in Costa Rica were also on display and information about the variety of accommodations and foods enjoyed were shared. Thank you Amelia and Sharon!

The September Lesson was enjoyed Wednesday, September 6, as a Webinar with a University of Illinois Extension Educator. Many other counties joined us to see this online lesson about Modern Food Trends. The educator shared a power point presentation that we could follow with handouts that could also be shared with our units. The correct plate portion sizes and the new food pyramid were shared as well as different ways to experience new foods such as food trucks and farm to table restaurants.

After reports were read at the September Board meeting held on Monday, September 18th, members who attended the IAHCE District Meeting August 8th in Effingham gave reports about the workshops and Officer Training Sessions they attended. This event is always very informative and enjoyed by all who attend. Our attendees had the good fortune of sitting at the first table to be called to lunch – thank you Pat Young, Marion County HCE Board Treasurer, for selecting the right table! Final plans were made for HCE Week to be held in Marion County October 15th-21st.

Our next lesson will be held on Thursday, October 19, at 1:30 pm at the Marion County Extension Office and will be presented by Sheri Hopkins, Director of Risk Management, Quality and Patient Safety, at the Salem Township Hospital. “Advance Directives” is the topic and as always the public is invited to attend.

We will also celebrate Marion County HCE Week beginning Sunday, October 15, by attending church and inviting a friend. Monday, October 16th, will be our Marion County Board Meeting and Tuesday, October 17th, we will begin a


new community service project by filling birthday bags for children ages 1-10 who visit the Salem Food Pantry. Members are collecting items to be included and donations are being accepted. Wednesday, October 18th, we will celebrate with new members at a social to be held at the Marion County Extension Office at 1:30 pm which State IAHCE President, Jane Chapman, will attend. Members are asked to bring a purse or two to share stories about and a game using our purses and their contents may be played. Thursday, members are encouraged to attend the lesson outlined above and Friday they're encouraged to invite someone new to join their unit.

Following the October Board meeting held to kick off Marion County HCE Week on Monday, October 16th, donations were sorted and inventoried for the birthday bags to be assembled. A wide variety of paper products, party favors, cake mixes, icings and drink mixes as well as books and toys were collected. After an inventory was made, a few individual members and one unit made purchases that would allow completion of the first 25 bags.

On Tuesday, members returned to assemble bags and gather them for distribution which will begin at the Food Pantry located in Marion County in the new year. The Food Pantry Coordinator will continue to gather information that will allow us to have these bags assembled and available throughout the year.

Wednesday, October 18th, a Member Social was held. State IAHCE President Jane Chapman addressed those assembled and was the top winner in the “Everything in Your Purse from A to Z” game. Patricia Wilson and Helen Leonhardt placed just behind her with items found in their purses such as a yellow Hot Wheels car, a flashlight, and Altoids. Dorothy Smalley won the prize for the most purses brought to share which included a vintage painted wooden box purse with a mirror in the lid, a stamped leather purse purchased in Texas while her husband was stationed there, and a darling handbag decorated with flowers purchased by her son as a gift to her when he was 5 years old.

Rosalie Maxey brought a beautiful stamped purse and wallets that were Home Bureau craft projects back in the day and won the floral scarecrow centerpiece door prize. Paula Barksdale brought a plastic purse that belonged to her mother that “you wouldn't want to carry on a cold winter day”. Other purses or stories about purses were shared before a variety of dump cakes were enjoyed while members continued to socialize.

The County Training on Advance Directives was well attended on Thursday, October 19. Sheri Hopkins offered valuable information about providing others with information regarding your care when you are incapacitated. She pointed out the laws vary from state to state, so if you reside in another state or visit there for Any significant part of the year, you should 

DISTRICT 6 NEWS

Marion County, continued

inquire about their forms and complete them, too. She provided those in attendance with "Illinois Advance Directives Legal Documents to Assure Future Health Care Choices" booklets and "IDPH Uniform Practitioner Order for Life Sustaining Treatment (POLST)" forms as well as a goody bag provided by the Salem Township Hospital.

Connie Williams
Public Relations, Marion County

MACOUPIN.....

Christmas Greetings from Macoupin County! This has been a busy summer and fall for many of our units. Some of the activities that I am aware of:

--Mt. Olive unit made up 50 bags containing books, coloring books and crayons for the children in Head Start in Macoupin County.

--Town and County met with Willing Workers and tacked quilts and lap robes for the Veterans Hospitals in St. Louis and Anna. They also took their summer vacation to see "My Sisters Act".

--Modelite unit after a lesson of taking a close-to-home vacation, called "staycation", went on an outing to local historical sites in Girard area and ate lunch at Vixen Hill Winery in Palmyra and then toured sites in Waverly following by shopping! They also donated brownies to Autism Support Group fundraiser.

--Monday Niters make "Birthday Bags" that are given out at the local food bank. All supplies for a birthday party for a child are included in the bag.

--Nilwood unit collects soda tabs, box tops, hygiene products for Grace Place.

--Stitch & Stir made lap robes for Carlinville Area Hospital Swing Beds.

--Do More gave donations to the Virden and Girard Food Pantries.

--Bird unit brought clothing for school children.

Our County encouraged units to recognize first responders, firemen, police and ambulance personnel with some sort of a thank you. They are always there for you when you need them. We depend on them being there and seems they receive little recognition or thank yous.

-- Do More sent thank you cards to police, fire, rescue, EMT and ambulance personnel.

-- Monday Niters made cookies and delivered to the Carlinville Police Department.

-- Stitch & Stir made cookies for the Carlinville Police, Fire Department, Macoupin County Jail and Dunn's

-- Mt. Olive unit had a Soup and Sandwich Luncheon to thank and show appreciation to the First Responders, Ambulance Personnel, Firemen and Police. A sign "We love and support our first responders: Sponsored by HCE" was on the lawn, facing main street, by the building where the lunch was served.

Interesting lessons were presented: "Route 66 and the Blue Carpet Corridor", "Financial Elder Abuse", "All About Eggs", "Modern Food Trends", and "Macoupin County, A Bit of our History". December is Christmas Party time and unit's choice!

Macoupin County hosted a "Get Together" July 11th with ladies from Sangamon County. The theme was "Humming Our Way Through Summer" and an interesting program on hummingbirds was given by Elaine Turley.

Six Chapter leaders attended the District 6 Workshop in Effingham August 8th. It was an enjoyable day meeting with other HCE ladies, workshops, sharing ideas, etc. I was in a workshop about Volunteer Hours and how important it is in reporting these hours for state funding for HCE and 4-H.

Many HCE members from Macoupin County attended a Unit 18 Fall Retreat at Hillsboro October 17.

Members from Macoupin, Christian and Jersey counties take turns hosting this event held each spring and fall. This year Lisa Peterson, Extension Nutrition & Wellness Educator presented an interesting program "What's in Your Kitchen".

Macoupin County Founders Day annual meeting and election of officers was held on October 26. Marilyn Schaefer, IAHC District 6 Director installed the officers for 2018.



Macoupin County HCE Board

L-R: Marilyn Schaefer, Joyce Duelm, Donna Greenslade, Vicki Laughlin, Kay Kalaher, Cynthia Gan, Carol Pollo, Carol Rimar and Cindy Tipps

*Merry
Christmas*

Joyce Duelm
Public Information, CVH
Macoupin County

DISTRICT 6 NEWS

MADISON.....

Greetings from Madison County!

We have had a busy fall with multiple events scheduled from August-October including our Summer Cool Down workshops, officer's training, quilt show, and International Night. Our Summer Cool Down was fun like always, but had rather low attendance. We offered many different classes including epoxy necklaces, coastal trays, mesh wreath angels, and day lilies.

The officer's training had a great response and helped our local unit officers receive helpful information for their position. The quilt show included over twenty quilts and many delicious desserts. We had a presenter on preserving quilts. The event did not draw any new members and was poorly attended.

Our International Night, like years past, was a huge success. Our International Director did a wonderful job presenting the Philippines. Members helped make the cuisine for the night and act in a series of different plays and dances. Just as quick as fall has come, it is shortly leaving us and our winter programming will be here.



The dancers include: Carla Muniz,, Sandy Gentry, Hayden Jackson, Yvonne Riege and Emily McDowell

International Night Activities with Betty Wever and Diane Gephardt



Picture above includes: Marilyn Stambaugh, Vivian Hosto, Ann Osborn, Gloria Blechle, Dorothy Dickman, Sue Klaus, Dolores Leidner and Jeanette Lenhardt.

November, we kick off the month with our annual Christmas party "Christmas in November" on November 2nd. Our entertainment for the night will be Jeremy Wright and catering will be provided by Sundae's Best. The evening will feature a basket raffle giveaway and silent auction as well. This is usually our huge money maker for the year so we always look forward to this event. It is a lot of fun!

November also kicks off our 4-H Spin Program. Throughout the month of November and December, members will be presenting lessons to the local 4-H units. These lessons will focus on heritage arts and the children will be learning how to make heritage crafts including cross stitch and paper flowers which were made using old books.

Various units will be having Christmas Parties and events all throughout December to finish out the year and celebrate the season and finally, our Winter Warm Up will take place in February.

We do look forward to all the winter season brings, just hopefully not bad weather! Our unit is struggling to get attendance to some of our awesome events and are curious as to what other units are doing to get members to things. You can email me at emhohl@gmail.com with your suggestions.

Seasons Greetings!

Emily McDowell
Public Relations, Madison County.

MONROE.....

Members of the HCE Board attended a meeting of the Monroe County Commissioners to have a proclamation signed for HCE Week which was celebrated October 8 thru October 14.



Pictured are (back row) Carol Hoffmann, Rose Anne Bense, and Marie Schroeder along with the county commissioners, seated.



DISTRICT 6 NEWS

Monroe County, continued

Evening Homemakers Unit members, Sandy Patrick and Doris Matzenbacher, gave a lesson on making Yeast Breads. It was a very informative presentation which used a basic recipe for making various items. Handouts included lesson material that was distributed many years ago.



Right: *Sandy Patrick and Doris Matzenbacher*

Members Sharon Scherer and Gracia Schlafly have started a YouTube channel, "Richland Fiber Arts," having to do with their favorite subjects...knitting and sewing. They have only one video so far. Check it out even if you don't knit...or sew. The more views there are, the higher up the placement when people search. "Likes" are appreciated too! You can see the video one of two ways: simply go to YouTube and type "Richland Fiber Arts" in the "Search" line. Or you can type what it is you're interested in learning...in this case type "How to finish a knitted garment by machine."

HCE members had a project for Ronald McDonald House to collect tabs & keys. Canisters were placed at the county fair for people to deposit their tabs. There was a container at the HCE fair stand which was intended for people to deposit the tabs but it turned into a tip jar. By the end of the fair, we had collected \$161.33. It was decided to donate this to the Ronald McDonald house. The HCE Board decided to contribute an additional amount for this cause.

Right: *Janese Sondag placing the Ronald McDonald canisters at the fair.*



Left: *Columbia Mid-Day Unit member Sharon Scherer gave a presentation as Martha Washington at the event.*



Our annual Cultural Enrichment contest was held October 12th at the Monroe County History Museum. Items were voted on by the membership and were selected to send to the state conference.



Cultural Enrichment winners included Sharon Scherer, Rosemary Jaekel, Donna Meidinger. 2nd row: Marie Schroeder, Carol Hoffmann and Betty Gross.

Rose Anne Bense
President/Public Relations, Monroe County

EFFINGHAM.....

Activities listed in the Annual Meeting booklet listed 15 different projects Effingham HCE has been involved in this past year. The latest goal —ladies just finished 20 fidget Blankets for the nursing home and hospitals.



Trisha Hoffman, Effingham Fire Department and former Miss Effingham County Fair, was guest speaker. She gave many hints for safety around the community as well as around the home.

Several ladies were recognized at the Annual Meeting for their efforts in accomplishing so much for the community.

Membership Honors

- Alberta Webb 60 years
- Jeri Mundt 55 years
- Marilyn Draves 55 years
- Not present
- Lavonda Joergens 65 years.



DISTRICT 6 NEWS



2018-2019 Effingham County HCE Board
Ruth Abel, Elsie Voelker, Claudia Berg, Linda Schmidt, Nancy Hoene, Mary Jo Tucker, Marilyn Schaefer and Sharon Davis, seated.



Volunteer Hours
Elsie Voelker, Joyce Vahling, Marilyn Schaefer, Mary Beth, Eleanor Jeoban, Sharon Davis, Kate Dickens
Front: Linda White, Donna Wetherall and Ann Musser



Volunteer Hours
Mary Jo Tucker, Mary Beth Hoene, Nancy Hoene, Sharon Davis and Ruth Abell



Effingham County sends best wishes for a safe, peaceful and joyous holiday to each of you.

Marilyn Schaefer
President Effingham County

MEET 5 PUBLIC RELATIONS DIRECTORS FROM DISTRICT 6



Beth Fancher, Clay; Shirley Volentine, Bond; Emily McDowell, Madison; Panzi Blackwell, Fayette, and Karen Voss, Clinton



DISTRICT 7 NEWS

DISTRICT 7 DIRECTOR Janel Kassing



It's amazing how this year has flown by-I can't believe it's December already.

It was great seeing so many of you at our Halloween mini district meeting. Loved the festive atmosphere that so many of you dressed up. Thanks always for the support for these mini district meetings. Hopefully you are sharing the lesson I brought you about the inner workings of our IAHC. I hoped it helped you learn something you didn't know about our organization.

At October board, we worked hard on your conference in March. Chairwomen Sharon Davis and Marilyn Schaefer have organized a great conference-we should have fun filled days. Looking forward to seeing you. Don't forget to order your bag, apron, pin and state t-shirt. Look for the order form in the conference information.

Looking forward to a busy Spring with conference and Annual Meetings.

Merry Christmas and Happy New Year!!

Stay warm - *Janel*

DISTRICT 7 NEWS

FRANKLIN.....

Weather here in our county has been great. We could use a little more rain. The leaves are beautiful with such bright colors, but a cold snap isn't far away. The women from Franklin County has been busy all summer and I'm sure are looking for a slow down soon. In July, we had a fantastic lesson on Human Trafficking taught by a representative of the Woman's Center in Marion. It is a scary thing when you learn how easy a person, and especially a young person, gets tied up in this sort of slavery and it is so hard for them to get out. You can get this lesson from a member of the State Police also.

In August, we had a representative from the IL Dept. of Veteran's affairs teach us about how PTSD affects not only the veteran but the family and others. This is where the service dogs are such a great help. PTSD also affects non-veterans who are under a lot of stress.

Our Lesson on the Philippines was taught in Sept. by our International Officer. Her speaker was in another state the day before the meeting. However Carol did a great job, and nearly every bite of the recipes prepared by the Board were eaten, even though some weren't quite as good as others. Our lesson in October was taught by Terri Hickey of Dayempur Herbals. Their family owns a farm where they grow and prepare the tinctures, salves, and other items from what we call weeds and other plants. They serve most of Southern Illinois in health food stores.

During the month of September, we attended our 5 County meeting at Poor's Winery in Randolph County. This was such a good day for all members to meet their counterparts. Randolph County did a fine job having this meeting in such a lovely place. The next week, we attended another 5-county meeting in Harrisburg. Even though this isn't our district, we always try to be there for a very entertaining day. We did learn how to grow worms among other things. The music to end the day was delightful.

As we finished September, we were planning our yearly Style Show October 5th highlighting the new fall apparel from three different stores, Cato's, Peebles, and Bon Worth. We had models from "My age" to 6-year-old and the two youngest models were a big hit. At the time of this writing, we are awaiting our District Seven Director Janel Kassing, who will meet with all the counties in the district at the Benton U of I office. This is a good time for each county to report on what they have done this year, plans for coming events, and for Janel to inform us of any news that she can share about coming events.

From there, we go to Christmas Ideas Day, November 4th. This event is at least 40 years old, and is awaited every year, not only by us, but by the ones who attend. We have many crafters, vendors, Taster's Table, a country store and a few surprises - hopefully we can run Santa down this year. We have had visitors from different counties, and you are more than welcome too. We have one lesson left, that will be in November. and is about drug abuse. The

Board will have our December meeting when we will stuff stockings for Franklin County Veterans, and deliver them.

In the mean time, Merry Christmas from our Board to all of you.

Barbara Spencer
Public Relations, Franklin County

HAMILTON.....

Fall is officially here, but we continue to have summer-like temperatures here in our county.

July and August were slow months for us. Becky Belcher, Rhonda Millenbine, and Phyllis Parr attended the District workshop in Effingham in August, and came back with lots of good ideas. Several also attended the District 7 mini-meeting in Benton.

In August, we sponsored a 4-H "Parade of Projects" at Heritage Woods, where members had an opportunity to display their projects for the residents there and guests.

Our September lesson was "I'm Positive, I'm Aging," presented by the staff from Hamilton Memorial Hospital's Senior Enrichment Program.



"Take Me Out to the Ballgame."

Several women from our county attended the Multi-County Homemakers Fall Fest held in Harrisburg on September 28th. The theme was *"Take Me Out to the Ballgame."*

One of the presentations was by representatives of the Southern Illinois Miners baseball team. Musical entertainment was by Don Falkner. It was a great day with lots of good food, a variety of speakers, and a variety of activities. Three Hamilton County officers are on the planning committee.

We continue to collect can tabs, hard plastic items, stamps, medicine bottles, Prairie Farms "My Cause" lids, Best Choice scannable labels, as well as Boxtops for Education. Karol Brown has been in charge of these projects for several years.

DISTRICT 7 NEWS

A large crowd of 4-H members, leaders, and HEA members attended our International Night on October 8th. The 4-H clubs had displays and food to sample from the country each club had studied. HEA officers made various Philippine dishes for all to enjoy. Janine Poole of Opdyke, IL, a native of the Philippines and now a U.S. citizen, gave an interesting presentation about the Philippines.



Our October lesson on "Antiques" was presented at Heritage Woods by a local resident.

Andy Rubenacker buys, sells, and collects a variety of antique items.

It will soon be time to prepare for the holidays. We hope that everyone has a happy Thanksgiving with family and friends, as well as a blessed Christmas season. Then it will be time to get back in the swing of things in 2018.

Bernadine Drone
Public Relations, Hamilton County
Karol Brown and Becky Belcher

County. We also launched the Jackson County Home and Community Education Association Face Book Page. Members from the rest of the state can friend Jean Conrod on Face Book to check out our page and become a member.

We will be learning about the General John A. Logan at the Museum in Murphysboro for November. Several of our HCE units will have their monthly meeting at this lesson.

In December, our units will celebrate with Christmas parties.

In January, we are back with lessons for 2018. We hope to have Genealogy classes beginning, Cooking lessons, Crafts with ceramic garden balls and reading programs for our Jackson County Annual meeting along with attending the March IACHE Conference in Effingham.



Pictured in the Back Row L-R are Luann Ostrom, Jean Worries, Second Row are Mary Reiman and Marilyn Gannon. Front Row are Jean Conrod and Brenda Davis

Enjoy your Fall and Winter. Happy Thanksgiving and Merry Christmas from Jackson County HCE.

Jean Conrod
Public Relations, Jackson County

JACKSON.....

The ladies of Jackson County have been so busy this summer and fall. Members from Jackson County HCE attended the 5-County Meeting in Redbud. It was a wonderful day with members visiting and learning about our local counties.

Our new HCE Board President Brenda Jones, has many new ideas to revitalize members. We look forward to working with her.

The District 6 & 7 meeting was attended by HCE Board members, Brenda Jones, Lynn Pierson, Luann Ostrom, Jean Worries, Marilyn Gannon, Mary Reiman and Jean Conrod.

Our Fall programs were a handout on "Everything but the Moo" in August, "Digital Pressure Cooking" in September and our International Lesson on the Philippines in October.

We celebrated Jackson County HCE week in October as well by placing our membership flyers and posters at the Murphysboro and Carbondale Libraries. Members also received First Responder signs for placement around Jackson County from our friends in Perry

A police officer called the station on his radio.

"I have an interesting case here. An old lady shot her husband for stepping on the floor she just mopped."

"Have you arrested the woman?"

"Not yet, The floor's still wet."



DISTRICT 7 NEWS

JEFFERSON.....

Hello from Jefferson County, we struggle to know what to wear, in the past few weeks we have had summer, winter and some fall days, heading into some early spring weather.

July is our month for volunteering for our 4-H youth, helping judge at their general projects show and livestock judging. We are fortunate to have such talented youth and great 4-H leaders. The first weekend in August, our volunteers donated pies and cakes, fresh vegetables and their time to help with the 4H fundraiser BBQ. We also had a very interesting lesson on eggs. Who knew there was so much to know?

In August, we attended the Fall Workshop, a fun time to sharpen our skills, visit with old friends make new ones, and learn new things to share with our units here at home. The highlight of the conference was the entertainment by the IAHCE board introducing the theme for the next year. The song "celebrate" still is playing in my head.

Our Fall Advisory/Lesson meeting was held in August, the information from the fall workshop was presented and we had a pie crust lesson. We had a demonstration on making a quick and easy pie crust. Several pie crusts were made by HCE members as well as some delicious pies. This was a very tasty and informative lesson. Pie crust recipes were sent out in the newsletter.

In September, we started putting the final touches on HCE week. Our September lesson was on Modern Food trends. I think that it is safe to say that Pumpkin Spice was defiantly a food trend this year; nothing escaped pumpkin spice including lasagna, pizza and gum.

October, we celebrated HCE Week, "Leading our membership and community in health, happiness, and peace, with good-hearted living." Live by having a more positive, mindsets, feelings, and interactions. Giving compliments, having flexibility, showing gratitude, kindness, and giving forgiveness are ways that can make you happier. You may feel better and when you feel better you are happier. When you are happy you want to laugh more and laughter and happiness are the keys to good living. Several of our units on kindness day sent out gift boxes or a lunch, and thank you cards to the first responders in our towns.

The lesson this month was our country of study, The Republic of the Philippines, developed and planned by Barb Shurtz our international chairperson. Our guest speaker, Gigi is a native of the Philippines and shared with us her life in the Philippines and answered questions from the audience. Shirley, our second speaker, had experience working with a family in the Philippines and she shared pictures and her experiences when she visited the family in the Philippines. Both speakers gave us a good insight of the country. Members made authentic food dishes, and we all taste tested each dish. The food

was tasty, and many compliments were given. This month, we also got the dates set up for 2018, already time to put the new program books together.

November and December will be busy with two more lessons, filling out program books, and wrapping up the year. We will be leaving the Riverside and are excited to be celebrating at the Crossroads in 2018.

We here in Jefferson County would like to take this opportunity to wish you and your families A Happy Thanksgiving, A Merry Christmas and A Happy New Year.

Barb Shurtz / Silvana Morss
Public Relations, JCHCE

JOHNSON.....

Johnson County HCE celebrated International Night on October 3rd, with members and guests enjoying the evening, after a welcome by HCE President, Faye Mize.

The tables were decorated in a Fall theme, along with decorative items of the Philippines, which was the honored country.

Members had prepared a feast of not only Philippine dishes, but also several favorite American sides and desserts. Some that were enjoyed were ensaimada; sweet macaroni salad; Filipino beef steak; Filipino ribs; maja blanca, a coconut pudding; coconut cake; and rice dishes.



Mel Liong and her son, Jackson, who were special guests of the Johnson County HCE International Night.

The first speaker was Imelda Liong, a native of the Philippines, who first came to America at age 16. Her name has long since been Americanized to Mel. Her husband is also from the Philippines. Along with her was her 4th grader son, Jackson. The Liongs also have a 14-year-old daughter.

Mel was energetic and enthusiastic about her country and shared much, and also brought an array of items

DISTRICT 7 NEWS

from her native country, including clay cooking pots that are used there.

She and her family return to the Philippines nearly every year, where there are lots of family members. She wants her children to appreciate the culture of her native land.

She said it is a great country to tour, since its people are very accommodating, very relaxed, and very friendly. There is always a fiesta going on, as guests go from house to house for feasting and socializing.

Her children love McDonald's and there are several in Manilla, where everything on the menu is served with rice. She and her family still eat lots of rice in this country, three times a day, she shared.

General Douglas McArthur remains a hero to Mel's people, with his promise, "I shall return!" which he did, three years later, to liberate the Philippines from the Japanese, during WWII.

Since she and her husband are from different areas of the islands, they each speak a different native dialect. She laughingly pointed out, when they get into an argument, they each speak their own language, and neither knows what the other is saying.

Her husband, an architect, is being transferred to Champaign, Il. and the family will soon move there.

The second portion of the program was a PowerPoint by Tami Crest, who serves as a missionary to the Philippine Islands, where many mountain villages are isolated from civilization. Each village has a different dialect, and the natives seldom leave their own village. Families are everything, very close-knit, and the grandparents are honored and respected.



Tami Crest, a missionary to the Philippine Island, another special guest of the Johnson County HCE International Night.

The missionaries are also allowed to visit the jails in the larger towns and bring the gospel message. She showed a carved wooden chest she had purchased at the La Trinidad Jail, where the prisoners must work in order to eat.

Some new churches, very primitive, are being constructed by the mission teams. There are no denominations and people must walk miles to attend.

Shown was a photo of a roasted whole pig, with an apple in its mouth, that had been served at a native wedding, officiated by one of the missionaries, followed by a two-day feast. She also showed a baptism taking place in the South China Sea, for locals, by the missionaries. "It's an amazing place!" she stated.

Following the two very interesting presentations, door prizes of potted mums and Halloween lanterns were presented to seven guests.

Everyone went home with a new appreciation of the Philippine Islands.

Dixie Terry
Public Relations, Johnson County

MASSAC.....

University of Illinois Extension HCE Mini Conference

Six members and three guests from the Massac County Home and Community Education (HCE) organization attended the University of Illinois Extension Mini-Conference on Monday, October 9th at Shawnee Community College, Ullin, Illinois.



HCE Mini Conference

L-R: Dorothy Holt, Judy Parr, Anita McConnell, Norma Korte, Millie Wilson, Mary Lou Stratemeyer, and IAHCE President, Jane Chapman.

The conference was open to all counties in the Extension unit, which included Alexander, Johnson, Massac, Pulaski, and Union counties. The keynote speaker was Jane Chapman, IAHCE President. The theme of her presentation was, "Believe". She encouraged everyone to believe in themselves and their ability to do what they can for family, church, and community. The educational workshops were facilitated by three University of Illinois Extension Educators -- Mary Liz Wright, Susan Sloop and Drusilla Banks.



DISTRICT 7 NEWS

Massac County, continued

Workshop topics included: “Eggs: From Farm to Fork”; “Coloring: It’s Not Just for Kids”; “Cooking from your Cabinet”; “How Times Have Changed: Food Safety for Seniors”; “Craniums & Geraniums”; “The Five Ingredient Fix”; “Healthy Brain Food”; and “Being Mindful in a Busy World”.

Massac County HCE Supports Southern Illinois FFA Chapters

Massac HCE supplied cookies for 300 students and agricultural education teachers from Section 24 and Section 25 who participated in the Land Use and Tractor Operator Driving Career Development Events on October 5. The Massac County FFA Chapter hosted the event at the Steve & Norma Korte Farm. Thank you to all ladies who baked cookies for this event! This activity allowed us to give back to the community while working with local FFA members. HCE, Farm Credit, Pulaski & Massac County Farm Bureau, and City National Bank supplied the noon meal for all the participants and advisors.

church sponsors. Her presentation included pictures of the different activities the Missionary Educational programs offered to the people of the country, the people and their culture, and foods that are native to the Philippines. Tamera also shared crafts that the people made from small pieces of wood. Our second speaker was Barbara Bajuyo, wife of Dr. Bajuyo, who originates from the Philippines. She spoke about her personal experiences with the people of the country, its history, and cultural customs for weddings and family events. Barbara brought her wedding dress, examples of the handmade crafts, and an example of the appropriate dress for the country. Twenty-one HCE members and guests attended the event. In addition to the program, attendees sampled food items representative of the Philippines.

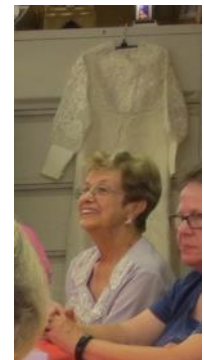


Left:
Made of little pieces of wood.

Below: *Tamera Crest and Barbara Bajuyo speakers at the Massac County HCE International Night.*



More than 300 high school FFA members and agricultural education teachers attended the Land Use and Tractor Operator Career Development Events on October 5th.



Barbara with her wedding dress.



International Night:

Massac County Home and Community Education (HCE) Association held their annual International Night at the Massac County Extension Office on September 21. Two guest speakers provided information about the Philippines. Tamera Crest presented information about the Filipino Missionary that her

DISTRICT 7 NEWS

First Responder Recognition on 9/11:

Members of the Massac County Home and Community Education (HCE) Association recognized all emergency response teams in the Massac County and Metropolis communities on September 11. HCE members delivered baskets of snack items, fruit, and notes of appreciation to each first responder team.

Norma Korte
Public Relations, Massac County

Also during HCE Week, members hosted a Craft Day that was open to the public. Participants enjoyed making several different crafts and a light luncheon. Over 35 people were in attendance and the event garnered 7 new members for Perry County HCE!!!

Pinckneyville celebrated their annual Mardi Gras and HCE represented well at the flea market. Members manned a booth selling Microfiber wipes and also raffle tickets for a gift cards. County President, Jane Chapman, was also invited to do a spot on the local radio station during the event to promote HCE. The county gained two new members during this event.

Sara Tanner
Public Relations, Perry County

PERRY.....

Perry County celebrated HCE Week October 9-15 by honoring our first responders. Units donated 8 large baskets of goodies that were then given to first responders in each community in the county.



PULASKI-ALEXANDER.....

The Pulaski-Alexander Illinois Association of Home and Community Education recently won the trophy for the greatest percentage of membership attendance at the 10th Annual Family, Consumer Science Conference at Shawnee Community College. There were many different lessons with subjects ranging from "Healthy Brain Food" to "Being Mindful in a Busy World" were presented by University of Illinois sponsors. Jane Chapman, IAHCCE State President, was the keynote speaker.



Mini-Conference Trophy Winners

L-R: Alice Mae Mathis, Marilyn Kerr, Martha McMunn, June Gadgley, Jody Johnson, Flora Helman, Carey Simmons, State Chairman, Jane Chapman, Sarita Sawyer and Agnes Thurston. Two members present, but not pictured were Sue Johnson and Mary Jo King.

We learn, give to our community, and have fun while doing so. Keep on collecting soda tabs and canceled stamps. New members are always encouraged and welcome.



Members also purchased And displayed yard signs that showed support to first responders.

There are signs in yards and store fronts all over Perry County.

Other counties joined in and also ordered signs. Over 300 signs were purchased and displayed!



DISTRICT 7 NEWS

Pulaski-Alexander, continued →

We are glad to be back with our unit meetings in September. Reports were given on the summer activities—the Youth Fair and District Meeting in Effingham, IL. Three members attended the productive District Meeting, namely: Martha McMunn, Flora Helman and Emma Dell Bennett. Informative sessions were held for each office of HCE. Several vendors were on hand for us to look over their wares and buy chances on a beautiful quilt. It was an enjoyable day.

“Ouch Pouches” were made by the Shawnee Unit for comfort to those dealing with breast cancer surgeries. Agnes Thurston and Angie Clark were given certificates of appreciation for being 50 year members in HCE. Plans were made at October meeting to collect items for the local Veteran’s Home. In December, we will collect items to be taken to the Women’s Shelter in Cario. Monies continue to be collected for Scholarships and Pennies for Friendship at each meeting. Unit dues were paid and Volunteer hours turned in.

Both the Shawnee and Pulaski Units of Illinois Association of Home and Community Education met jointly at the University of Illinois Mounds Extension Office on October 2nd to enjoy food and information about the chosen country of study, the Philippines. Our guest was May Britt, who grew up in the Philippines. She added much information to the power point presentation given by Margaret Ann Grace.



Pictured L-R: Standing are Shirley Stringer, guests Matt Britt and his mother Ida Britt, June Badgley, Board Chairman, Margaret Ann Grace, Alice Mae Mathis, Sue Johnson, Betty Shumaker, Agnes Thurston, and Emma Dell Bennett. Seated are from left to right Flora Helman, Marilyn Kerr, and Jean Fish. Taking the “selfie” is May Britt who is originally from the Philippines.

Martha McMunn
Public Relations, Pulaski-Alexander

RANDOLPH.....

For the past several months, the members of the Randolph County HCE have been busy. An annual project is making Linus blankets for children and lap quilts for veterans. 4-H members were invited to come and help with the blankets to get them involved in sewing skills and community service projects. They helped sew, assemble and tie the blankets. A total of 60 were completed and distributed to the three hospitals in the county plus other agencies that cater to the needs of children.



Members of the 4-H clubs that helped with making the Linus blankets.

The 5-County Event was hosted by Randolph County this year at the Pour Vineyard, and 152 attended. Besides, the counties involved, there were a lot of non-members from the community that came. The theme was “Randolph County...Where Illinois Began along the Mississippi for a Picnic.”

The speaker was Carol Kuntz who spoke on the French Colonial Herb Garden at Fort de Chartres. Entertainment was provided by Jerry and Linda Franklin, members of the French LaGuiannee singing group. A large number of vendors displayed their wares.

For a fund raiser this year, an American Girl Doll with a wardrobe and clothes was given away.

Members were encouraged to provide support to the first responders in the county in various ways.



Ladies with quilt all done in one day.

Jane Lucht
Public Relations, Randolph County

DISTRICT 7 NEWS

SALINE.....

Greetings from Saline County!

Our members have been busy this Summer and into the Fall season. Our ladies helped with the 4-H shows as judges or assisting at the shows.

Barb Lambert painted a barn quilt and donated to the Saline

County 4-H program for a Silent Auction. Bids were taken during the shows and fair week.



Saline County Homemakers also presented two checks at the Achievement Night Awards in October. Checks were given to the "Best 1st Time Food Demonstrator" and the "Top Food Demonstrator". At our August meetings, the units invited 4-H clubs to Show and Tell about their projects. This is always a treat for the ladies to see all the different projects and creative ideas of the 4-Hers.



In October, we had International Night. Our guest speaker was Jeff Robinson. He showed a slide presentation of his mission trip to the Philippines.

He answered many questions about the daily life, culture,

foods, living conditions and the people of the Philippines. The units decorated tables and we enjoyed a buffet supper with several authentic Philippine foods.

Saline County Homemakers will be celebrating our 100th Anniversary in 2018. We are making plans for an April 2018 celebration. Members are gathering pictures, looking for past members, and digging in our closets and basement for historical items.

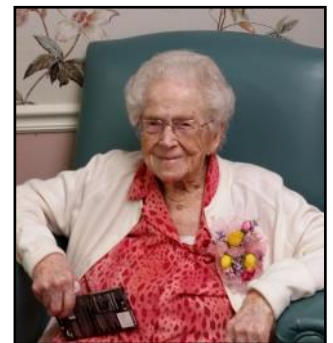
Carletta Hanks, County Friends unit gave our, October lesson "Everything Pumpkin". She demonstrated several desserts and made a stuffed pumpkin casserole for the ladies attending to sample. Everyone that attended received a pie pumpkin to take home with recipes on how to prepare.



Carletta Hanks demonstrated several desserts.

Country Friends Homemakers Honor Bea Stafford on her 101st Birthday

Members of the Homemakers Unit brought cake and ice cream to help Bea celebrate her 101st birthday. They also presented her with a corsage as well as birthday cards and shared many memories.



Bea has been a member of several units throughout her long life, but we have "claimed" her as our own for quite some time.

Although her birthday was February 23, it is not too late to send a card to Bea. Her address is:
1725 Triple S Road, Harrisburg. IL 62946.

Barb Lambert
Public Information, Saline County

UNION.....

Union County HCE news! Ladies working on a consignment quilt are pictured below:



L-R: Debbie Rossberg, Suzie Kessler, Jane Bauer, Judy Huckleberry and Lois Clutts.

Brenda (Hileman) Chamness
Union County

DISTRICT 7 NEWS

WASHINGTON.....

The Washington County HCE held their International program during HCE week at St. Paul's Parish, Nashville, IL, October 9th beginning at 6 pm with members preparing a "tasting bee" of foods relating to the Islands of the Philippines. A speaker spoke of her life and displayed items from the Philippines.

Our WCHCE worked at the Nashville Fall Festival selling quilt tickets at our booth and giving brochures of our programs.

"A Night at the Movies" was enjoyed by the members at Nashville Library October 16th with snacks and laughter.

The "Christmas special program will be held November 6th at Okawville St. Peters Parish Hall with the theme: "Snowmen". There will be a light lunch served and prepared by HCE members, Style Show, demonstration by Babs Frederking and Left/Right games with door prizes.

The Thanksgiving season will give us the time to reflect and give thanks for family, friends and freedom, and give thanks for all that is given us, home, families, religion, friends, and beautiful weather.

Wassail

32 ounces cranberry juice cocktail
1 can pineapple juice
2 cups apple juice
1 cup sugar

In large pot, combine the juices and sugar. Simmer on low heat. Add a sliced orange, a sliced lemon, 3 cinnamon sticks, 1 teaspoon whole cloves and 12 whole allspice (optional). Simmer and serve for the holidays.



Adeline Blumhorst
Public Information, Washington County

WAYNE.....

Hickory Hill HEA and Wayne City Piecemakers Quilt Guild co-sponsored their 29th annual quilt show on September 23rd. The show is at the Bean Days Celebration in Wayne City every year.

Between 50 and 60 quilts are displayed by local and area quilters. Funds raised at the event are used to give two scholarships to local high school graduates.

A People's Choice Award is presented each year. For the 30th show on September 22, 2018, recipients of the past awards are being invited to bring back their winning quilts to display them once again. People are invited to display heritage quilts to complete the show.

At our International meeting in October, Chelly Haegele presented the program. Chelly was born in the Philippines and moved to the United States. She is now a citizen and lives in Wayne City. In addition to her presentation, a selection of foods were served by the HEA Board.

Dixie Woods
Public Relations, Wayne County

IAHCE NEWSLETTER SUBSCRIPTION WINNER

District 7
Marie Rutger
Wayne County



WHITE.....

As we say goodbye to summer and hello to fall, I personally look forward to the many projects HCE has planned for making a difference in our lives and the lives of others in our community...an opportunity to listen, to learn from, and support those around us. We, as Home Community Education members, have the opportunity to serve those in need. I always get more than I give as a Volunteer helping others in times of need. We have lots of fun activities and lessons of learning, and giving back to our community.

We have had another busy start to a new year filled with many fun projects already in progress.

- We are collecting food items for the White County food bank.
- We took homemade cookies to our Police Department this month.
- Each month we are doing something for our first responders in White County.
- Took cookies to Caregivers in the White County Nursing Homes.
- Making gift boxes for the White County Veterans in the Nursing Homes.
- We are still collecting coats, gloves, caps and cloth lined tablecloths for the homeless.

September 28th was our five county Fall Fest. The theme this year was Take Me Out To The Ball Game. We had lots of caramel corn, peanuts, and cokes, and, of course, our Jerseys of our favorite teams.

Thanks to all those who attended and to those who worked many hours to make this a happy time.

International Day was a great learning experience. Our Special Guest Speaker Reich Gapasin, who grew up in the Philippines. He still has family living

DISTRICT 7 NEWS

there. He is the son-in-law of H.C.E. Members Karen and Leroy Sneed. Reich was a very entertaining, and educational speaker and was enjoyed by all.

International Day Special Guest Speaker Reich Gapasin,



Lunch was prepared with recipes from the Philippines and was enjoyed by all.

Thanks to all who helps make our community projects a success. Without help from our volunteers we could not do the things we do....

...So KUDO to all from your H.C.E. Board.

“Thank you” project for Police, caregivers, and Veterans.



Frances Matheny
Public Relations, White County

WILLIAMSON.....

HCE of Williamson County has been very committed to helping in our communities and with donations to nursing homes and homeless shelters.

The Crab Orchard unit delivered lap quilts to Hillview Health Care in Vienna, IL. They were well received by all.

Pictured right: Shirley Johnson long time member, Yvonne Adams president of the Crab Orchard unit and resident Aunt Julie.




Another civic minded unit is Care & Share shown here at the Marion VA Nursing home in October where they donate treats and money for bingo prizes. Resident veterans there are appreciated for their military service.



DISTRICT 7 NEWS

NEWS & NOTES

Williamson County, continued 

Ann Collins of the Crab Orchard unit Reports they are donating lap quilts to the VA nursing home residents, too.



Judy Cox sharing how to make a patriotic wreath out of bandanas

HCE of Williamson County was well represented at the 5-County Meeting at Pour Winery near Red Bud.



Nine of the dozen who attended the outdoor event

Our raffle quilt was given at our annual Bazaar November 4.

Marie Samuel
Public Relations, Williamson County

MEET 6 PUBLIC RELATIONS DIRECTORS FROM DISTRICT 7



Sylvia Morss, Jefferson; Martha McMunn, Pulaski-Alexander; Jane Bauer, Union; Fran Matheny, White; Jane Lucht, Randolph; Marie Samuel, Williamson

ACWW Central Office Moved



New address:
Associated Country Women of the World
A04 Parkhall, 40 Martell Road
London SE21 8EN, UK

--- No change in phone numbers---

PROJECTS ANNIVERSARY APPEAL

Since October 1977, ACWW has funded more than 1000 community based, women-led projects. Marking the 40th Anniversary of doing projects ACWW asks all of its members worldwide to help raise £150,000 to guarantee support for the next generation of empowering projects. ACWW says "Together, we can reach our goal of raising the standard of living for rural women and their families. Education, training and community development programs are funded in every region of the world and we need your help to ensure that this continues." IAHC county International Directors received information in August about the Appeal. International Director Pat Weitzmann can provide further information. See the 17 page brochure on the ACWW website www.acww.org.uk Here's an idea for any fundraiser borrowed from Jo Almond, ACWW's Area President.

 8 oz. empty water bottle	+  fill bottle with dimes	= \$50
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Franklin, Jackson, Perry, Randolph and Williamson

Press Release

Perry County HCE Holiday Ideas

For Immediate Release

Santa came a little early for the women of Perry County HCE. Tuesday, November 14, women gathered at the Methodist Church in Pinckneyville to enjoy a day full of holiday ideas. A holiday party just isn't complete without Santa, so as ladies filed in they were greeted and enjoyed a picture with Mr. and Mrs. Claus. Guest speakers for the day talked to the women on how to reduce holiday stress and how to properly entertain guests as the hostess.

Women of the HCE club enjoyed a delectable "then and now" meal made by their members. Sloppy joes, baked beans, slaw, pickles, rolls and cookies filled their bellies and warmed their hearts as they prepared for the season.



As the afternoon carried on, laughter filled the air while the women learned napkin folding skills and created iris Christmas cards. Smiles were throughout the room when the Pinckneyville Jr. High Chorus stopped by to add a little more holiday cheer. The ladies finished their day with learning how to make crockpot fondue. This year's holiday idea party was, without a doubt, one to remember



Grundy County HCE Officers on WCSJ Radio

Monica Evans, Public Relations officer and Patricia, Buchholtz, President of Grundy County Home and Community Education were on WCSJ Radio, "People are Talking" Monday, October 16th, talking about GCHCE and our upcoming HCE Day, October 24th.

(Excerpts from the interview.)

*Grundy County Home and Community Education had a "HCE Day in Morris". Shopping, eating and learning things were in store for all participants. Some stores gave discounts of 10-25% along with a free gift with purchase, beverages and treats were available.

*The activities at Morris Eagles Hall were Ultimate Performance Massage & Wellness telling the benefits of massage and the different types of massage.

*"Hands of Dignity" is a NFP charity that helps people who have come into hard times. It could be seniors or families who can't afford to buy basic necessities after they paid their bills. Like toilet paper, toothpaste, feminine products and cleaning supplies.

*Two 4-H'ers spoke about their projects.

*The Morris Police Department Canine Unit demonstrated how the dog does a drug search.

*Harrington's fine Jewelry gave appraisals on pieces of jewelry that people brought in and also donated a door prize - a piece of Guatemalan Jade. Another door prize were two tickets to Home for the Holidays. Even though the rain put a damper on things, people did come out and supported our day.

Illinois Delegation at NVON 2017

Attendees were: Frances Burns, Kathryn McNeeley, Sharon Middleton, Susan Lamb, Sharon Reilly, Pat Weitzmann, Marge Houglan, Sally Dennis, Marilyn Daughhetee, and Joan McEachern. Kathleen Emery also attended.



Marge Houglan joined the younger group dancing to the singer. She "out shook" them all at NVON.

SUPPORT FUND GRANTS

As chair of the State Board Support Fund Committee, I congratulate all of the counties that sent in applications last spring for these money grants. The State Advisory Support Fund Committee met via teleconference in August to review all the applications and make monetary awards. The counties receiving grants include Livingston, McLean, and a 5-county group from Southern Illinois.

These awardees are now obligated to write an article for the State newsletter and have a display at the 2018 Annual Conference. Check them out to get ideas for our county programming as it pertains to membership, promoting HCE, or new lessons.


It is never too early to start thinking about applying next spring for some of these grant monies. If you need more information, just go to our website, iahce.org, for more details in our guidebook. The application form is available on pages 64-65 in the Support Fund section.

Beverly Combs, Support Fund Chair

HOMEMAKERS CAMP MEMORIAL CAMP, MONTICELLO



Kate Schmitgall, HCE member in Tazewell County, taught many craft and quilting classes at the Illinois State Homemakers' Camp held Oct. 6 - 9 at the 4-H Memorial Camp in Monticello, Il The camp used to be sponsored by Extension, and for many years was held in July after all the 4-Hers were done with camps. For the last 6 or 7 years it has been held on Columbus Day weekend. In 2018, it will be Oct. 5 - 9. The theme is "Camp Safari" and donations will be collected for animal shelters in the state. Many crafts and other activities are held during the 4-day camp. Check www.illinoishomemakerscamp.org.



CHICKEN POT PIE from Williamson County

- 2—3 chicken breasts, cooked and deboned
- 1 can cream of onion soup
- 1 can cream of potato soup
- 1/3 cup milk (add a bit more, if needed)
- 1 small can water chestnuts, drained
- 1 can mixed vegetables, drained
- Pie crust for top and bottom of pan

Place bottom crust in pan. Mix other ingredients and pour on crust; add top crust. Bake at 350 degrees for 30-45 minutes

(Note: We make 5—6 of these each time we work at the homeless shelter.)

DATES TO REMEMBER:

2017

- December 31 Deadline for recommendations for Donation to Non-profit organization in IL
- December 31 Deadline for submitting recipes using leftovers for Mini-Cookbook-one per county

2018

- January 31 Deadline for submitting Education Award Report Form and Mini-Stipend Request
- March 1 Ruth B. Sayre Scholarship application deadline (scholarship for women only)
- March 4 – 29 International Homemaker Exchange from Australia
- March 13 – 15 IAHCE Annual Conference at Thelma Keller Convention Center, Effingham, IL
- April 29 Women Walk the World Day (Plan your event another day, if needed.)



IFYE VISITOR
(International Farm Youth Exchange)

Matthias Steiner, Australia, was a guest speaker at the District Workshop in Sycamore in August.

Pictured L-R:
Beth Gehrke, host family member, Matthias, and Jane Chapman, IAHCE President.

IAHCE ANNUAL CONFERENCE—THELMA KELLER CONVENTION CENTER

Thelma Keller ... Her Service Continues

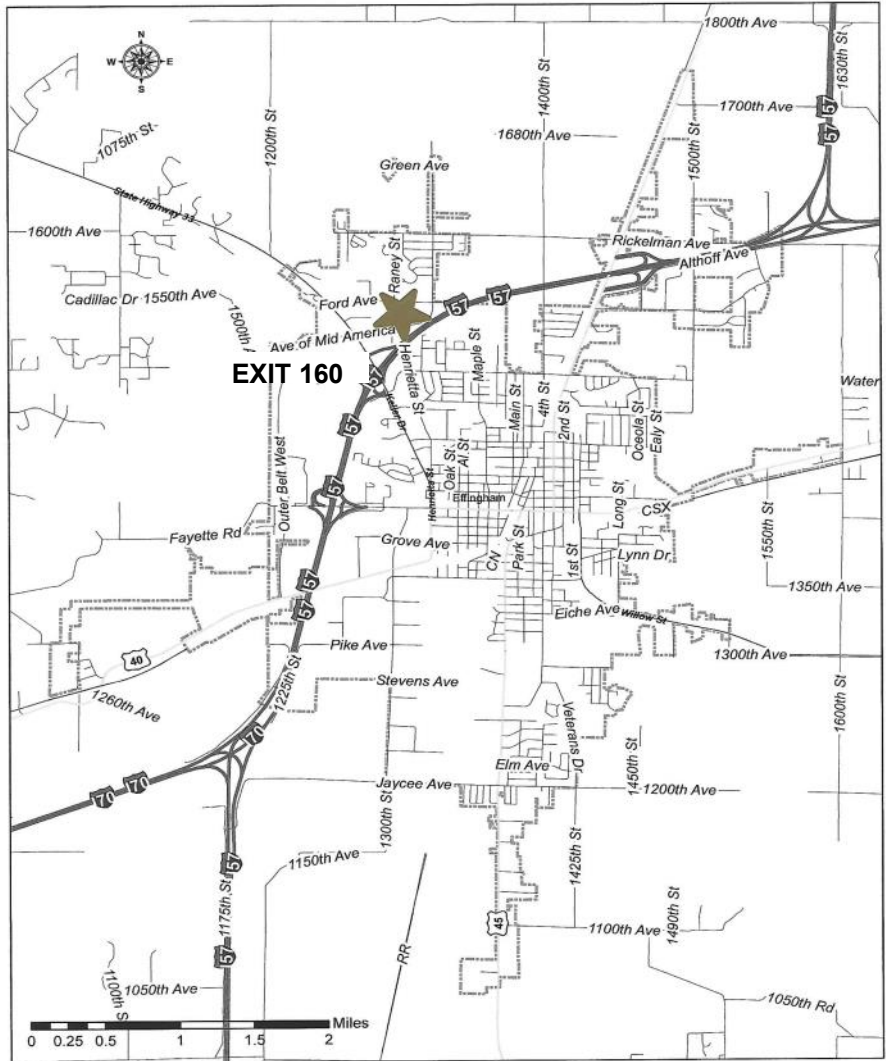
It has been said that Lolami Keller always sought the best. Never was his judgement keener than the day he pursued a quiet country girl named Thelma. Thelma knew how to make a great apple cobbler and many other mouth-watering country dishes. Her mother had taught her well in the kitchen and that early training would prove invaluable in the years to come.

Thelma and Lolami were married Christmas Eve in 1929. The young Kellers borrowed \$150.00 and took over an old dilapidated one-pump gas station. Thelma worked at a local plant and then came home and helped pump gas and sell farm produce and groceries. She also made barbecued sandwiches to sell with fresh bread each day. Lolami delivered gas to local farmers.

The couple eventually grew their business into a major gasoline distribution company, along with hotel and restaurant service including the Convention Center. Thelma's fine cooking and a passion for customer service provided the foundation for much success.

She expected things to be done and to be done the right way. If they were not, she would often simply pitch right in and help do them herself.

Thelma's inspiration has been passed onto the bus boys and waitresses... the service staff and maintenance men... the cooks and the executives.



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TO EFFINGHAM**



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MARCH 13-15, 2018**

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