

ILLINOIS ASSOCIATION  
FOR HOME AND COMMUNITY EDUCATION

VOLUME 80, ISSUE I

MAY 2017



# IAHCE NEWSLETTER



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*Down by the Riverside  
with IAHCE*

# ILLINOIS ASSOCIATION FOR HOME AND COMMUNITY EDUCATION

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## FROM THE DESK OF THE PRESIDENT



May 2017

Happy Spring fellow IAHCE members!

I hope that you are thoroughly enjoying Mother Nature awakening from her winter sleep. I know I am! Yesterday while out for my jog/walk, I soaked up the birds singing, geese honking, frogs croaking, the flowers showing all their beauty, and all the greenness surrounding me as I traveled down our country road. The exercise along with all the fresh air, sounds, and sights made for a terrific run and started my birthday out really grand!

I am still so pumped after our conference, it was another super event! Many kudos to the chairs, Janel and Sharon, for doing a superb job! As I have said many times, the current IAHCE board is really a talented, intelligent, enthusiastic, and caring board. They really care about this organization and the future of it, just as I do. I honestly feel there is a mood swing in the organization and it is a good swing. Fifty-eight out of 74 counties enrolled new members this past year, that is stupendous! We must continue to believe and work together as a team in order to see continued growth! Like I said in my president's message at conference, the millennium generation is the current generation seeking people with the knowledge, talent, skills, and social aspect that this organization has in its membership.

Fellow presidents - how are you progressing with the leadership book I introduced in my workshop? If you have further questions about the book contact me and I will be glad to help you out. I think it will benefit your county in many ways but the most important way is that more than one person can fulfill another's job if there is illness or unexpected death! The booklet will avoid you having that "deer in the headlight" look when something important was forgotten, like filing Illinois state reports, and you were not aware of such a filing!

I will be seeing a lot of you over the next two months as I have many events to attend in many different counties. If your county is not one I am visiting in, then I will look forward to seeing you at the District meetings in August! So, until we meet again remain positive, enthusiastic, and continue spreading the word about HCE!

Bee Positive, swat away those negatives, and sweep in all those new members!

See ya' later "Down by the Riverside"

Later,

*Jane Chapman*  
IAHCE President



## EXECUTIVE BOARD



**1st VICE PRESIDENT  
Sharon Middleton**

Most all of you know me from being the IAHCE Newsletter Editor for two terms. I live in Decatur, Soy Bean Capital of the World, or at least we used to be, with my husband Clarence. You know him as the Official Photographer at IAHCE meetings. We have three

grown children, three grown grandchildren and four little grandchildren and two great-grandchildren.

I'm serving on the Macon County board this year as treasurer, webmaster for IAHCE's website, IAHCE.org and we keep busy taking care of three of the grandchildren daily. They are "keeping us young" as everyone tells us. April 8th, we celebrated our 50th wedding anniversary. What a milestone! How could all these years pass us so fast.

As your new First Vice President, I have talked with several of you about lessons that would be interesting and beneficial to our organization. I hope to hear from many of our counties as to what they would enjoy having lessons about. Subjects can be for gardening, food, health and wellness, technology, the list goes on. Send me your ideas or give them to me at our District Workshops in August. With all of our members contributing ideas, we can look forward to an exciting year.

In the First Vice Presidents meeting during Conference, 6 lesson topics were chosen from the University of Illinois Educators for 2018. You will receive those lessons during the August District Meetings.

Need a little help with funding a project your county is working on? Don't forget to submit your application for the Support Fund, the deadline is June 1, 2017. If you need to see the guidelines to apply for the Support Fund, all the information is on our website at: [www.iahce.org](http://www.iahce.org). (IAHCE Guidebook tab)

I'm looking forward to meeting all of the state First Vice Presidents at our District Workshops in August. If you have any questions before that, my information is on the inside of the newsletter. See you then!

*Sharon Middleton*



**2nd VICE PRESIDENT  
Angela Hicks**



Hello Everyone!

It is so encouraging to see the majority, 58 of 74 counties, gaining members (328) in the past year! You should be very proud of yourselves, I am proud of you!

Your progress has not gone unnoticed! I've heard it said that if there is "no grit, no pearl"! For IAHCE this means "grit" is effort, opportunity, and responsibility to find the "pearl" or new member. Let's continue with this momentum...continue to find the pearls in your county.

To those of you who were able to attend conference, it was a pleasure seeing you again! To those of you who weren't able to join us this year, I would encourage you to attend next year in Effingham, Illinois. It is a fun learning experience with friends from all over the state and good food too!

Second Vice President Challenge for 2017 is to continue to find the hidden treasures in your county. Add-a-New Member, Add-a-Pearl! This time you will be rewarded with a matching bracelet! Each District will have a winner, like we did for 2016.

The winners of the Add-A-Pearl necklaces for 2016 are as follows:



- District 1, Rock Island with 12 new members
- District 2/3, Lake with 11 new members
- District 4, Tazewell with 13 new members
- District 5, Champaign with 16 new members
- District 6, Richland with 13 new members
- District 7, Hamilton with 14 new members

But wait there is more....if you gained 1 or more members in 2016, you received a pearl charm!

Congratulations District 6 – every county within this district gained members!!! Congratulations to all of the winners! For those counties who are a work-in-progress; continue smiling, asking, and encouraging friends and acquaintances to attend a lesson, meeting, or event in your county.

I have added an additional component to the challenge. Included in your packet is a new member form. I would like for you to record your new members on this form and send a copy of the form to me at the end of the year

# EXECUTIVE BOARD

with your Year End Membership form. That's right all these forms will come to me by the appropriate deadline date. I can't wait to see the results for 2017!

Included in the Second Vice President packet is the criteria I am looking for in Membership Reports you send. Hopefully, it will give you a better idea of what to include in your reports. I hope you had an opportunity to see the winning reports and will be encouraged to participate next year.

You will find the Monthly Membership Chart. This chart will help you keep track of your membership by unit by month. It also has a place for listing gains and losses.

Some of you may be asking, "Okay, so you want us to gain members but how do we do it"? If you attended the 2016 August District Workshop we worked on how to greet and converse with people. This time at conference we worked on "5 Surefire Tips to Grow IHACE" and "5 Proven Strategies to Grow Membership". Included in this packet is the summary of what we discussed as well as a handy card with the tips on it to keep in your purse. It is so important for each of you to share this information with your County Board! The Second Vice-President cannot gain members all by her lonesome! This is everyone's responsibility....right down to the unit member.

I would like to suggest that each county have a special board meeting to discuss the packets each of you received at conference. This way everyone will know what is going on in each area, this can be encouraging and a way to build interest among your board and your members.

Thank you for attending the 2017 IAHCE Conference! "Pearls don't lie on the seashore, if you want one you must dive for it." (Chinese Proverb). So continue to seek the hidden treasures in your county! Good luck and see you at the 2017 August District Workshop!

*Angela Hicks*

**Let's Build Enthusiasm & Membership in HCE!**

**REMINDER:** After your County's Annual Meeting, send your county officer information to both IAHCE Secretary and your IAHCE District Director, even though there are no changes in your county's officers. Fill the form (Guidebook page 21) out completely, include your full Board, not just the Executive Officers. We would prefer email addresses, but some people do not want to divulge this information.

These lists are used every year to compile updated lists of current names, mailing addresses, emails, and/or phone numbers for each IAHCE Officer or Director.

If you send a copied version, please check your copy to see whether you have copied the sheet fully.

If you want to submit your filled out form via email, my email address is [dsrichards001@hotmail.com](mailto:dsrichards001@hotmail.com).

I look forward to seeing you at the Secretary training during District Workshops in August 2017. Feel free to drop me an email or call me at 618-554-1790 any time with your questions.

Thank you,

*Donna Richards*

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## TREASURER Beverly Combs



What a great Annual Conference! A big pat on the back to the co-chairs Janel Kassing and Sharon Davis in planning such an educational and enjoyable event as well as to the rest of the Board members for all their efforts to make this conference a success.

I so enjoyed seeing many of you again that I have met during the past years as well as meeting lots of "new" people. Also, many thanks for electing me to another three-year term as your state treasurer. I will do my best to serve you.

Have an enjoyable spring and summer, I look forward to seeing many of you again at the August District Workshops.

*Beverly Combs*




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## SECRETARY Donna Richards



Hope you had great fun, enjoyed the entertainment, and found the 2017 annual conference very informative while IAHCE went "Down by the Riverside". It was great to see, speak, and visit with many of you.

# EDUCATION COMMITTEE REPORTS



## CULTURAL ENRICHMENT Peggy Long

Well Ladies, another great annual conference is over. It was so nice to see so many of you again. I love my job. If you haven't gone to a conference for a few years, you should try it again. We are having fun now. Rod Stewart was fantastic for our entertainment this year, remembering back to some years, oh my. Anyway...

I do need to tell you, I only have 2 more years I can do my job as cultural enrichment director, then I have to go off board. I am looking for someone that might want to take over my position. It would be a good idea for you to start helping me so you have an idea of what I do, and why I do things like I do, any takers? I have had some great helpers in there already, so if any of you would be interested, please let me know.

This year the entries were down from last year, but last year was a banner year. We had 38 counties with 202 items entered. If you don't take the time to come look at the marvelous things our members make, shame on you. They constantly amaze me, and this year was really amazing.

See ya'll at district workshop in August. Remember to bring a craft item to share with the group, and if you need me to make copies, send it to me about 2 weeks in advance.

Thanks, see you then.

*Peggy Long*

## FAMILY AND COMMUNITY ISSUES Sharon Davis



Hello HCE Members,

For those of you who attended the 2017 IAHCE Conference, I hope you made it home safely, have rested from your trip, ready to use what you learned and ready to share with others.

A huge THANK YOU to Janel Kassing for organizing a GREAT conference. There's a lot of hard work that goes on in putting a conference together and she did a wonderful job. It doesn't come together at the last minute, there are months and even a year of planning. GOOD JOB, Janel.

Family & Community Issues, I hope you are already planning on what your community can do for your Military, Veterans, Law Enforcement, Firemen and First Responders to show your support.

I can't wait to read and see what you are going to do in your communities and look forward to getting Education applications next year to see the projects you did.

Exciting plans are under way already for next year's conference in Effingham that is probably going to pull at your heart strings so you don't want to miss it. We will announce everything in August at the District Workshops. It's going to be a GREAT year in HCE.

*Sharon Davis*

## GREAT AMERICAN FAMILY

### Mike and Margaret Freer Family Godfrey, Illinois Madison County

*Congratulations to the Mike & Margaret Freer Family as the recipients of The Great American Family. This family has done many great things in their business and community.*

*They are also passing down (It is better to give than receive) to their granddaughters, Taylor and Lily. God has truly blessed them and they are a blessing to others.*

**CONGRATULATIONS!**

*Sharon Davis  
Family & Community Issues*



# EDUCATION COMMITTEE REPORTS



## INTERNATIONAL DIRECTOR Pat Weitzmann

### Whole Lotta Shakin' Goin' On

There was plenty of activity at the IAHCE Annual Conference in March. And there's a whole lotta shakin' or plannin' on the IAHCE International Education scene for Year 2017 – 2019.

The Fun Walk just before the conference officially opened was different than in previous years. At each continent stop along the walk participants could play a game associated with a focus country. The Fun Walk was extended 30 minutes because of the particularly popular race with beach balls on an inverted toilet plunger. The spectators had almost as much fun as the participants. The 15 volunteers who operated the games and registered walkers were smiling and laughing right along with the walkers. Thank you IAHCE member volunteers from Hamilton, Kankakee, Lake, Union, Williamson and Moultrie/Douglas counties.

The International Education award submissions get better and better every year. *Way to Go!* Whether your county took home an education award or not, take pride in your work and accomplishments. Each submission received at least two separate reviews. The top submissions had 3 separate reviews. The Grand Award winner was 1/2 point ahead of the runner up. Seventeen county HCE/HEAs received mini-stipend awards.

I've been shakin' the ACWW international membership tree. The result is three member exchanges. Outbound to Estonia October 2017, inbound from Australia March/April 2018, outbound to Australia March/April 2019. Eleanor Gregory, Madison County, and Mary Johnson, Sangamon County, will be our IAHCE representatives to Estonia September 28 – October 20, 2017. Now I am lookin' for some of our members to become 'Pen Friends' with a woman in a foreign country. *Any interest?*

Hopefully IAHCE member county organizations will be doing some shakin' and plannin' of their own with these:

- o Women Walk the World event (ACWW awareness program and optional fundraiser). April 29 or otherwise scheduled. Walk and Smile!
- o Zero Hunger Challenge focus on *Reducing Food Waste*. (awareness/education initiative worldwide). Get acquainted with your 'Saving' and 'Helping' side!
- o Extension of Country of Study to include Filipino Americans.
- o Non-Profit Organization in Illinois Recommendation for Donation. (December 31 deadline.)

Host Home volunteers for the inbound Australian exchange person. (October 1 deadline.)

International Directors in your county have information on all of these.


Our Year 2016 Homemaker Exchange participants from Estonia, Rutt Tuvike and Ene Paks got together to reminisce in Tartu, Estonia on the first anniversary of their "unforgettable adventure to Illinois". They e-mailed me "We can't thank you enough and all the other ladies involved, especially the hosts who presented us with their invaluable time and made us feel at home."

Thank you for your continuing contributions to Pennies for Friendship. They go towards helping women and their families in the world, both outside the USA and in Illinois.

Please see separate articles in this newsletter about Host Homes (page 44) and Zero Hunger (page 46)

See you at the August District Meetings!

*Pat Weitzmann*



## Member Exchange to Estonia

**September 28 – October 20, 2017**

**Participants Selected**

**Eleanor Gregory - Madison County HCE**  
**Mary Johnson – Sangamon County HCE**

**HAPPY TRAVELS!**

### UPDATE FROM RUTT

"It's beautiful and busy spring in Estonia. It reminds me of last year, when I enjoyed every day in Illinois.

Right now I am cutting old raspberries off to make some space for the new ones. I try to get ready for hosting Eleanor and Mary in September and October."

—Rutt Tuvike of Village Development Society Sääniku' in Estonia

# EDUCATION COMMITTEE REPORTS

## PUBLIC RELATIONS

Pat Hildebrand



It's been a great three years on the IAHCE Board. I really appreciate your support in the past and look forward to another term as your Public Relations/ Newsletter Editor. I'm learning your names and your faces... maybe the next three years, I'll put them together. So, help me out and be sure and say "Hi!" whenever we meet.

At our PR Workshop at Annual Conference, I had plans to have award winners to come forward and be recognized. Clarence was going to take pictures to use in this issue of the newsletter, but our room was so small that didn't work out. Passing certificates and rewards down the rows and over your heads just didn't seem too much of an honor. So, I'll just list names of counties here. That will have to do...this time.

Kudos to: Districts 6 and 7:

Every county was represented in the December 2016 issue of the newsletter.

Kudos to: The following counties :

Public Relations Directors submitted an article for each newsletter these past three years (9 issues).

- |            |         |          |
|------------|---------|----------|
| Stephenson | Lake    | Sangamon |
| Champaign  | Macon   | McLean   |
| Vermilion  | Madison | Hamilton |

Angela Hicks, IAHCE 2nd Vice-President, told me she was going to bring a beehive for my subscription table at Annual Conference. Thought it was a clever idea but had no idea it would be this awesome.



The beehive was a prop made for a graduate thesis play at The California Institute of the Arts made by Noel Henke daughter of **Sandy Henke** (pictured with the beehive).

Both are members of Lake County HCE.

I do thank each one of you for sending articles, hints, and pictures and getting the local newspaper information to me. You all are the ones who make this newsletter interesting and educational.

*Pat Hildebrand*



## CVH/SALES Ashley Davis



Hello Ladies,

What a great conference this year! A high five to Janel Kassing Chair, and Sharon Davis Co-Chair for all the hard work they did.

I would like to say Thank you to all that voted for me to be your IAHCE CVH/Sales director.

Let me take a few seconds to tell you a little bit about me: My name is Ashley Davis, I moved to Illinois from Alabama and married my husband, Don, 5 years ago. I am blessed with one daughter Brittany, who is an HCE member and she will be welcoming a future HCE member in May. I have 3 stepchildren and 4 step grandchildren. I joined HCE 4 years ago, and that decision was one the best moves I have ever made. Joining HCE has been very rewarding and such an inspiration to me.

Volunteering has brought so much joy and happiness to my life and I am here to share my experiences with everyone. My goal is to encourage more members to turn in their volunteer hours, to work with the county CVH Directors, to listen and explore any suggestions that you may have.

I want to encourage everyone to purchase items we have in sales. It is one of the ways to get HCE name out there. Some of my favorite items are the buttons that say "Ask me about HCE", annual conference pins, ink pen and pencils. People see these items and ask questions. So, let me know if you need any of the items. You will find all my contact information on page 2 of the newsletter.

Remember when you say "IAHCE", it brings a big 'ole smile to your face!

*Ashley Davis*





# EXTENSION REPORT



## UI OF I EXTENSION LIAISON Caitlin Huth

Happy spring to you! I am not sure when the grass started “greening up” again, but I am excited for the added color to the world.

A big thank you to the board and the members who attended the IAHCE Annual Conference in March. I am glad that two of our Family and Consumer Sciences educators presented Share Shops. One of our SNAP-Ed educators got to talk about her family history with IAHCE.

Lessons from our FCS team are still going on for the 2017 year. Talk with your local University of Illinois Extension offices to learn more about both educator-taught (in-person or webinar) and package lessons. We will be working on lessons and schedules for the 2018 year soon (how is that possible already!).

If you have suggestions or comments on FCS lessons through UI Extension, feel free to contact me:  
217-877-6042 or [chuth2@illinois.edu](mailto:chuth2@illinois.edu).

If you are looking for other lesson ideas, check out the national Cooperative Extension search at:  
<https://search.extension.org/>.

Enjoy the sunshine and the spring to come!

*Caitlin Huth*

Nutrition & Wellness Educator, Extension Liaison

# DISTRICT NEWS



## DISTRICT 1 DIRECTOR Cara Ausmus

Greetings! I have my first annual meeting this week - a sure sign of spring! District 1 is so organized that they are in alphabetical order - try to plan that.

Our state conference was very enjoyable and HOW EXCITING to have 328 new members in our state and 37 1st timers at conference!! Way to go ladies!!

My county received 2 recognitions and that's first in a long dry spell, so yours can too! Mercer County will host our 100th annual meeting in May. Lots of special plans are in the works. Always amazing to see the reports for CVH. We certainly SERVE in our communities in MANY, many ways.

Remember District 1 workshop date of August 10th. Hope to see familiar and new faces.

Lastly, the IFYE-4H program is looking for host families for a girl from Wales and a boy from Austria during June-September. Host families usually have them for 3-4 weeks doing things with family farm and community. It's a great way to travel without a passport. Call me for more information 309-582-4416.

Looking forward to seeing many of you in the coming weeks and months!



*Cara Ausmus*

## CAITLIN WINS TWO AWARDS

Caitlin Huth, Nutrition & Wellness Educator, has earned two state awards from Illinois Extension Association Family Consumer Sciences (IAEFCS)—both in the area of Communications. She won the Educational Publications Award for her handout she compiled and designed for a cheese-making class. The second award was the



TV/Video Program Award for her fruit and veggie recipe videos she created and promoted on social media and her blog.

*Cheri Burcham, left, IAEFCS Vice-President Awards presented the awards to Caitlin, right.*

**IAHCE District 1 and 2/3  
August 10, 2017  
United Methodist Church,  
160 Johnson Ave., Sycamore, IL**

## QUESTION:

In which decade was the slinky invented? 1920, 1930, 1940, 1950

## ANSWER:

In 1943, the Slinky was inadvertently invented when Richard James, a Naval Engineer, noticed a spring coil drop on the ground at work. He was intrigued that this spring bounced around the way that it did. He realized that this cool spring would actually make a great toy! And this simple, amazingly successful Slinky idea was born! In 1946, Slinky was introduced at the American Toy Fair. In its 70 years on the market, it has sold more than 300 million units. Slinky was inducted into the National Toy Hall of Fame in 2000.

## DISTRICT NEWS

### KNOX.....

Our president Sue Powers and Treasurer Janet Malone attended conference in East Peoria. We were happy that we could attend so close to Knox County.

On April 29th, we have our annual College Day at our local junior college, Carl Sandburg College. We have hour-long classes all day on numerous subjects. This is a very interesting and informative day. The cost is \$20.00 and you get to choose the classes that you would be interested in. If you are interested, and would like more information, please contact Knox County and they will get the booklet sent to you.

Knox County is having a Diaper Drive for the Diaper Pantry at the Salvation Army. This is to help people who are having a hard time providing diapers for their children. We believe this will help fill a need for the County.

Have a wonderful spring!!

Sue Ryder  
Public Relations, Knox County

urging for seniors to stay involved from lesson, "I'm Positive, I'm Aging". In March, we were given two lessons by educators, "Container Gardening" and "Modern Food Trends".



Rock Island County had four members able to attend the State Convention. We should be hearing about new thoughts and ideas they brought back to share.

We were pleased to learn one from our Rock Island Unit. **Lisa Barthall**, pictured at left, won Best of Show with her woven basket.

Our Annual meeting is planned for June 24th and scheduled to start with registration at 9 a.m. Following the business meeting and speaker, a nice lunch will be provided to those attending. Plans are for the State President, Jane Chapman, to be with us.

Wish everyone a great spring—enjoy the flowers.

Mary Lou Ecker  
Public Relations, Rock Island County

### ROCK ISLAND.....

Getting the new year 2017 off to a good start, the Rock Island County HCE met on January 10th ready to encourage the local units to 'get going' with plant sales. The fund-raiser sells the plants in January and February with delivery the first of May. Previous years have been quite successful with great help from local 4-H groups. We do appreciate their salesmanship.

Interest has been shown from some of our members and from community participants to repeat some past events. The egg decorating class was offered on Saturday, March 25th with a session in both the morning and afternoon. Some interesting decorated eggs went home with those who took part.

The bus trip scheduled for May 23rd is also a repeat request. That morning a loaded bus will heave for White Pines State Park where all will enjoy a delicious lunch and an enjoyable play. Those who have made the trip before found the ride not tiring and the day relaxing.

Spring Fling is planned for Saturday May 13th, 9:00 am to 4:00 pm. There will be ten crafters available to show us their expertise with some new and interesting craft ideas. There will be one-hour classes. Those interested are asked to preregister with a \$5.00 registration fee.

Our First-Vice has completed all the Lessons for Living for the 2016-2017 year. January found a local funeral director giving the lesson, "Planning Ahead". In February, we heard some interesting statistics and

### STEPHENSON.....

HELLO FROM THE FAR NORTH--STEPHENSON COUNTY!

During the Christmas season, Freeport Health Network (FHN) helps our community celebrate by sponsoring several holiday events, including a Christmas tree decorating contest for non-profit organizations. The trees are located at the Freeport Public Library and provide a beautiful, colorful atmosphere for the public. The trees are in a competition for monetary awards and judged by the public and a panel of judges. The theme for this year's event was "Find Time to Admire and Appreciate the Glittering Lights on Snowflakes" by Debasch Mridha, MD.



Several members from Stephenson County HCE decorated our tree with lights, assorted snowflakes, snowflake tree top (hand made) and a blue tree skirt covered with snowflakes.

On December 7, our monthly SCAHCE board meeting, usually held at the Farm Bureau in Freeport, was relocated to the beautifully decorated home of board member Sandra Kubatzke. After our business meeting, we enjoyed a Christmas potluck and lots of conversation.

# DISTRICT NEWS

From March 14-16, ten members from our county were "Down by the Riverside with IAHCE" for the 93rd Annual Conference in East Peoria.

Our members participated in many of the conference events--silent auction, cultural enrichment, business meeting, etc. Several members prepared and submitted education and other reports prior to conference. The share shops were interesting and informative--personally, I really enjoyed the hummingbird share shop.



Back row (L to R): Lynn Lott, Carla Meyer, Judy Prasse, and Diana Ethridge.

Front row: Janice Fryer, Arlene Holmes, Ann Runkle, Sandra Kubatzke, and Marjorie Lott. Marilyn DeVries (not pictured).

We were very pleased when our county received seven education awards at the Awards Banquet. The highlight of the evening was when Stephenson County received third place for IAHCE County of the Year!

There still seems to be quite a demand for the fidget quilts, not only for the elderly, but for children who are in need of them. HCE members from several different units met at the Farm Bureau in February and March to assemble and then sew together quilts. Several members also worked on the quilts at home. We are continuing with this project as it seems to have filled a need in our community.

HAVE A GREAT SPRING AND SUMMER!

Janice Fryer  
Public Relations, Stephenson County



THE SHORTEST KNOWN UNIT OF TIME  
IS THAT BETWEEN THE CHANGE OF THE  
TRAFFIC LIGHT AND  
THE HONK FROM THE CAR BEHIND YOU..

## WARREN.....

Wow, spring came in with storms, rain and wind, so welcome SUNSHINE!

Yes, Warren County has been busy. We held a "sewing day" in the Farm Bureau Auditorium in March, and got a great start on clothing protectors for Warren Achievement Center in Monmouth. They want 51, and, as the picture shows, we made various sizes. We're well on our way to completing this task. We also cut out little dresses and shorts patterns for Haiti children. After their last hurricane, more clothes are needed.



Workers, from left: Barbara Patterson, Judy Nally, Diane Fedorow, Diane Carlson & Lois Brechbiel.

March was busy because of IAHCE State Conference. Four of our officers attended, enjoyed the variety of workshops, seeing old friends, learning new ideas and loved the meals. Judy Nally was a 1<sup>st</sup> time participant and got a ribbon, as shown in the picture on the next page.

On April 6, we are hosting an "All County" Lesson at 6:30 pm in the Farm Bureau Building. Our speakers will be from the Health Department and OSF Holy Family Medical Center. They share various programs available to each of us, our clubs and community groups.

May 4, many of our HCE members will volunteer at "Welcome to the Real World", hosted by University of IL Extension. This real-life simulation brings approximately 700 eighth graders from surrounding schools into the Galesburg Hi-School Fieldhouse each year. After selecting a career, each receives a monthly salary for that job. This also allows them to sample savings accounts, checking accounts, debit cards and paying "online" to balance each transaction. Contact your Extension office for further details, if your county would like to participate in this "eye-opening" experience. It's fun!

Our International Luncheon will be held on May 17, 12 noon, at the Farm Bureau Building. We will be enjoying food and highlights of the **Philippines**.

# DISTRICT NEWS

## Warren County, continued

On June 6, our 4-H clubs host their Annual BBQ. HCE members are very supportive by donating home-made pies to help lower expenses.

June 27 is the Warren County Project Show. Many HCE members participate in judging and secretarial duties. Our youth are so interesting to talk with. Their enthusiasm is contagious!!

Just wanted to add a special **“Thank You”** to our **IAHCE State Leaders**. The State Conference in Peoria was very good. The workshops were great, our members got to meet new folks, renew old acquaintances, and bring home some new ideas. Judy Nally was a 1<sup>st</sup> timer at Conference and received a ribbon. Here’s a picture of those attendees. Thanks again.



*Pictured left to right: Lynne Devlin, Diane Fedorow, Diane Carlson & Judy Nally.*

Peg Chambers  
Public Relations, Warren County



## **DISTRICT 2/3 DIRECTOR Kathy Peterson**

Awesome! Amazing!

Those are my words to describe State Conference. Attendees, please, share your experiences with other HCE members.

Big "THANK YOU" to the state board who taught me about behind the scenes at conference and to the HCE members I asked for help, truly appreciated.

This quote caught my mind, "Small opportunities are often the beginning of great achievements."

*Kathy Peterson*



**IAHCE District 1 and 2/3  
August 10, 2017  
United Methodist Church,  
160 Johnson Ave., Sycamore, IL**

## **DU PAGE.....**

The holidays were busy with a Holiday Tea. Unit Christmas parties and workshops to make favors for the DuPage County Nursing Home.

Thanks to our International Director Marge Steinhoff for the delightful International Tea, featuring Ecuador. An informative CD on that country was shown and later donated to our local library.

We participated in the 4-H International Night with a booth featuring HCE and our country of study - "Ecuador."



*Margo Steinhoff  
and  
Anita Masters  
at 4-H  
International  
Night.*

**RECYCLE**



**PROMOTE HCE**

*\*Idea from Cara Ausmus, District 1 Director, Mercer County HCE.*

# DISTRICT NEWS

Eight members attended the IAHCE Annual Conference in East Peoria in March. They attended Educational Workshops, shared ideas and renewed friendships with other county members.



Members and nonmembers attended the lesson, "I'm Positive I'm Aging" at the Extension Office.

Members continue to enjoy the monthly Lunch Bunch, attend the Jail House Quilters (we meet in the local Police Department Community Room). We are alternating a monthly playing cards activity with our Community Service. Recently we sent over 300 "Thinking of You" card to Hines Veterans Hospital. We hope to visit local parks and enjoy the colorful flowers this Spring.

Mary Lambert  
President, Du Page County

## Grundy County Nettle Creek unit Christmas luncheon



First row: Gail Heck, Monica Evans, Jane Hacket  
Back row: Barb Berry Lu Kellog, Sally Varland, Ginny Bellamy, Mary Robinson & Sandra MacAdams

Some of the Nettle Creek Unit went to Drury Lane Theater to see "Crazy for You". We enjoyed the lunch and play. Afterward some of us stopped at the Cheesecake Factory



First row: Mary Robinson, Barb Sparks, Shirley Jorstad  
Back row: Monica Evans, Lu Kellog, Barb Berry, Sally Varland

Some members of Grundy County enjoying the IAHCE Annual Conference in East Peoria. It was a blast!



First row: Kay Bonneur, Yvonne Canik,  
Back row: Kristi Condon, Monica Evans, Ruth O'Hara, Kathy Peterson, Debbie Sole, Betty Pierce, Patricia Buchholtz

## GRUNDY.....

For our January all unit meeting, we gathered at Morris Library for the program "Essential Oils". The presenter was very knowledgeable and we learned many uses for the oils.



Board members Yvonne Canik, Lynn Sampson, and Diane Lucas gather supplies for our Foster Children's Backpack Program.



Monica Evans  
Public Relations, Grundy County

## DISTRICT NEWS

### KANE.....

Kane County President, Elaine Bond, welcomed in 2017 with a post-holiday greeting. In the tradition of the Chinese New Year, the year of the Rooster, she “crowed” about achievements that she was including in the report to the state and county of the year applications.

Mari Curless, Family Issues Director, congratulated the members on the continuing success in submitting their volunteer hours forms and attention to accuracy in their completion. Chris Patsch, Cultural Enrichment Director, transported five craft exhibits for state competition. She was delighted to bring back to Ann Keck a “Best In Show” Award for a quilt made completely by HCE member. Ann is the Editor of the “Raisin’ Kane” Newsletter and as a mailbox member volunteers her time to assist the Board in writing and publishing a quarterly paper.

Early in February, the ongoing sewing project across the county got sewing machines really whirling as we received an SOS call for walker bags for a local hospital rehab center. By the third week of the month, units had responded with eighty bags. In addition, one hundred twenty surgical cough pillows were donated also. Ann Keck published a simple walker bag pattern in the newsletter for all members.

On March 9<sup>th</sup>, Kane County presented their annual Fun Day program, “Lower Your Blood Pressure with Music and Stories”. The day began with registration, Unit historical book display to peruse, and the fund raising Silent Auction. Always a favorite, the auction had a great variety of donations and as is said – one man’s trash, another’s treasure.

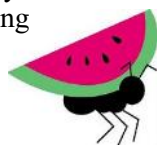


Susan Campbell, Stylist and Presenter, gave us the opportunity to enhance our wardrobes with Premier Jewelry.

Members, Joan Ziethen, Chris Patsch and **Pat Kolwalkowski** (pictured left) wore selected jewelry pieces and amazed all with their skills in modeling.

Blood pressure readings and American Heart Association information were available to attendees. Virginia Franzen and Nancy Haire both retired RNs gave their professional services. Donated items were collected for Hines VA Hospital and other various recycling efforts across the county.

Luncheon was prepared by the Mills Family Catering featuring an Italian theme – always delicious food. And we believe we really did relax with the afternoon program. Ed Young, a retired school teacher/storyteller and Garry Gapingke, vocalist, combined story and music, involving the entire group. The gentlemen were truly delightful.



*Part of the Silent Auction on Fun Day.*

Five members attended State Conference and thank the State Board for all the time and effort to again provide an informational, entertaining and truly outstanding meeting. Plans are rolling to welcome Marie Antoinette at the Kane County’s Annual Meeting, May 10<sup>th</sup>.

Nancy Haire  
Public Relations, Kane County  
Junia Epperson, photos

### KENDALL.....

Since 2011 Kendall County HCE has made and sent over 1800 Little Dresses (and many boy’s shorts) to many areas of the world, thanks to the Project Chair **Maggie Bowers**, on right in the photo.



Other HCE Board members pictured are: L to R: Betty Reedy, Marge Vollman, JoAnn Thom, Beverly Scott, Carla Tweet, and Nevada Wietting. Many have been sent with missionaries to the Philippines, the IAHCE International county of study for 2017.

Joan McEarchen  
President, Kendall County



# DISTRICT NEWS

## KANKAKEE.....

Kankakee County Our ladies have been very busy, HCE week - bring a friend bingo, favorite recipes and cookbooks, membership tea and white elephant. A craft day with a lunch at a local restaurant. Our sewing ladies have been busy making food protectors, walker bags, crocheted lap robes, tie blankets, and autism blankets. International Luncheon was on Ecuador and our guest speaker was Gina Minuche.

Linda Byrnes  
Public Relations, Kankakee County

LCAHCE held their 24<sup>th</sup> Annual Holiday Cookie Sale, Saturday, December 10, 2016, at the Lake County Extension Office. All the Units baked an assortment of cookies. They were beautifully decorated and very tasty! Our regular customers were very well pleased and as usual complimented on the cookies. \$1,434.75 was raised for this annual fundraiser. Margaret Hilliard, Ways and Means, thanked all the Units for their participation.



## LAKE.....



Hello and Greetings from Lake County! Happy Spring!

We sure had unusual winter this year. 60 degree weather in the middle of winter. How awesome is that! By the time you receive the newsletter, Spring will be in full swing! The grass will be green, the flowers are blooming and the trees are in full foliage. It is that time once again to report to you from Lake County, starting in November.

November 9, 2016, in the evening, University of Illinois presented to the LCAHCE members a Lesson for Living titled "Simplify Your Life by Clearing the Clutter". This program was about what clutter is, how clutter can affect other members of the family and how you can get yourself organized when you do declutter. There was a workbook provided with the program that the members went through. The program was informative. There were only seven members in attendance for this program.

International Day was held at the University of Illinois Extension Office in Grayslake, on November 16, 2016. Dan Mikal a retired teacher (and Brother-in-Law of Bea Mikal, American Unit) gave an excellent presentation on the Country of Study, Ecuador. Margaret Hilliard, International Director and all the International committee members put on a wonderful event. Different recipes from Ecuador were served for lunch. Margaret thanked everyone for their participation. A special "Thank you" went to RoseAnn Rendl, American Unit, for her help in making the Empanadas. Everyone had an enjoyable day. Sixty-two members and guests attended the event.

The Board decided to do something different in place of Fall Advisory this year. Saturday, January 14, 2017, at the Lake County Extension Office, we had called a program called a "Fond of You" Party. Angela Hicks, President, gave a presentation titled "Laugh a Latte". This presentation was about how something so simple can be good for us and the health benefits you can receive from laughter. Angela also had some of the members read jokes that were provided in the presentation. They were very funny and everyone was laughing! Towards the end of the presentation, Angela had the members stand up and do laughter exercises. A lite lunch was served shortly after, consisting of soups and salad, Rice Krispy Treats and fresh fruit with a chocolate fountain. There were three "Make It and Take It" Shops. A demo making Herb Rubs, an Alcohol Ink Necklace and a Button Yo-Yo Pin. There were about thirty members and guests that attended the event. One guest joined the organization on that day. The program was a success and everyone had a fun day!



Left: Angela Hicks

Below: Herb Rub Demo



Dan Mikal giving the presentation on Ecuador



# DISTRICT NEWS

## Lake County, continued



*Left: Alcohol Ink  
Necklace*



*Right: Button  
YoYo Pin*

“I’m Positive, I’m Aging”, was the Lesson for Living given by the University of Illinois to the members on February 10, 2017, at the Lake County Extension Office. The lesson included research related to positive aging as well as a discussion on ageism and how negative stereotypes of aging can contribute to prejudices and even discrimination. Thirteen LCAHCE members attended this program.

Seven LCAHCE members from Lake County attended the 2017 IAHCE Conference in East Peoria. Angela Hicks, President, and IAHCE Second Vice President Jane Ellen Keroson, First Vice President; Carmella Marshall, second Vice President; Sandra Henke, Treasurer; Margaret Hilliard, International Director; Dianne Glozier, Newsletter Editor/Public Relations; and Pat Weitzmann, IAHCE International Director



*Front Row, L to R: Margaret Hilliard, Dianne Glozier,  
Carmella Marshall  
Top Row: Pat Weitzmann, Sandy Henke, Angela Hicks,  
Jane Ellen Keroson*

Sandy Henke, Treasurer for Lake County, ran against Beverly Combs, current Treasurer for the State Board. She did an excellent job of presenting herself to the Delegates and to the other members who attended the Business Meeting on Wednesday, March 15, 2017. Congratulations to Sandy for giving it her best efforts!

After the Business Meeting, the State Board members were installed. Jane Ellen Keroson, First Vice President and Carmella Marshall, Second Vice President, (both from Lake County) were given the honor of installing the State Board members. Jane Ellen did the installation and Carmella handed the Fly Swatters. Both ladies did a fantastic job!



*Above: Jane Ellen Keroson installing members*



*Above: Carmella Marshall handing out Fly Swatters*

Five members from Lake County entered their projects for Cultural Enrichment. Lauri Hargrove, Baby Quilt; Noel Henke, Crafts-Crepe Paper Mushrooms; Angela Hicks, Jewelry-Seed Beaded Sunflower Bracelet; Carolyn Ogle, Artwork-Painted Shed from a Vacation Photo; and Pat Weitzmann, Photography-Flower on Vine.

Congratulations to Lauri Hargrove whose Baby Quilt won People’s Choice and Best of Show!



The conference was very enjoyable and everyone had a good time!!

On Monday, March 27<sup>th</sup>, Jeffrey Sundberg gave a presentation to the LCAHCE members on “Migrating Birds that Visit Lake County, at the University of



# DISTRICT NEWS



Illinois Extension Office. The program was very informative and everyone enjoyed it. Thirty-one members and guests were in attendance.

Well, that's all I have for now and this should bring you up to date. Everyone enjoy the

beautiful weather that is coming our way. Have a GREAT Summer and I will be reporting back to you in August. Until then!

Dianne Glozier  
Public Relations-Lake County



*Seneca Morning Unit in LaSalle County donate to PADS & ADV/SAS*

The IAHCCE Annual Conference in Peoria March 14 thru 16 was attended by 3 LaSalle County Board members & 4 unit members.

**Joan Anderson**, right, from LaSalle County, won "Best of Show" for her wheat weaving. She took lessons many years ago at Sandy Martin's Craft Shop & has been sharing her talents with us ever since. Our board president, Becky Kendall, & our 2nd vice, Carol Elmore, taught a work shop.



## LA SALLE.....

News from LaSalle County.....

Last year this time I missed doing this newsletter because of tornado damage. This year, I did not receive any damage—the storm missed me. However, the tornado went thru Ottawa/Naplate & hit my sisters home & demolished my daughters home. Mother nature needs to clean up her act & start behaving!! All our Bingo Parties at LaSalle County Nursing Home have been cancelled because of major storm damage to the home. Patients & workers were all safely evacuated in time. Only a few bumps & bruises.....thank God.

We participated in the Heritage Woods Craft-Vendor sale in late October. We sold our wonderful baked goods items, raffled off a gift basket & sold our mini albums & jewelry that we made. We also handed out information on our organization. We focused on drawing interest & new members.

On October 28<sup>th</sup>, LaSalle County Friends of Extension & 4-H had an Adult Mystery Dinner at Pitsticks Pavillion. It was a fun night full of intrigue, suspense, drama & lots of comedy. It was a very successful fund raiser.

On November 7<sup>th</sup>, we held our International Dinner lesson on Ecuador. There were many delicious dishes to sample & Sandy Martin, with the help of Carol Elmore, gave a very interesting lesson on the country.

\*Novembers lesson, "Freezer Meals", was given by Susan Glassman. Susan is the Nutrition & Wellness Coordinator for the University of Illinois Extension.

\*January lesson was "Staycation & Vacation Planning".

We were all ready to pack our bags & go

\*February lesson was "Building Rain Barrels to Harvest Rain Water".

\*March lesson was "I'm Positive I'm Aging".

\*April lesson is "Simplify Your Life by Clearing Clutter."



"Triskele Paper Globes" was a full class & everyone took home a "HCE Globe" to share with their units.

*Pledge at conference*



April 3<sup>rd</sup>, we will have our County Units meeting and Cultural Arts contest.

May 25<sup>th</sup>, we will have our HCE Spring Tea in Seneca, IL at the Lutheran Church.

LaSalle County is celebrating it's 99th anniversary this year. We are all making plans for an exciting & memorable 100 year birthday in 2018. The anticipation is mounting!!

Continued on next page

## DISTRICT NEWS

### LaSalle County, continued



Attending Annual Conference were: Carol Elmore, Sandy Martin, Becky Kendall, Paula Freepartner, Darlene Hettel, Joan Anderson, Melanie Goodchild.

Happy spring and safe summer to all!

Penny Carter  
Public Relations, LaSalle County

in the insert, joined Homemakers in 1951 and has been a member for 65 years. We were a group of women who got together and shared different education lessons on family living, and considered it a "Night Out". She was a 4-H leader, showed goats and cattle, taught sewing, cooking and ceramics. She remembers many nights working on last minute sewing projects for the fairs. She married shortly after high school and had six children.

In the photo with Emma is family and friends. The gentlemen sitting next to her is James Reeves, U of I Extension County Director, Lake and McHenry Counties.

Next year, McHenry County HCE will be celebrating their 100 year Anniversary. With only 55 members remaining, the board has already started working on some ideas to make this a special occasion.

One of the units has been knitting or crocheting 8-inch square that will be sent to Africa and there the African women will make them into blankets.

Linus blankets, stocking for "Operation Santa", Urinal covers, pop tabs to Ronald McDonald House, and articles for our nursing homes are some of the projects that we do.

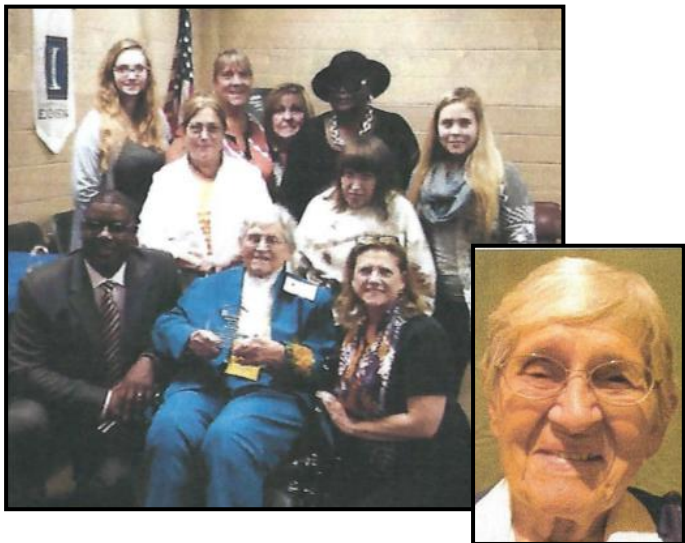
Hope we all have a beautiful Spring!

Florence Spesard,  
Public Relations, McHenry County

### MC HENRY.....

I hope you all had a wonderful time at the Annual Conference in Peoria, due to family circumstances, I was not able to attend this year, but truly did miss not being there.

One of our members was inducted into the 2016 University of Illinois Extension McHenry County Hall of Fame. **Erma Winn**, in the blue pant suit below and



### LIVINGSTON.....

Livingston County HCE units really came through with our local project helping the Humane Society. Food, blankets, cleaning supplies and money were donated.

Livingston County board members met for our Christmas meeting at Delong's Restaurant in Livingston County. Board President Linda Vercler surprised us all with her festive touches. It was a wonderful start for the holiday season.

Board members are looking forward to coming to the Peoria area once again for the annual meeting in March. Those planning to attend are President Linda Vercler, first vice-president Arlene Martell, second vice-president Shirley Meenen, Secretary Ellie Bossert, Treasurer Brenda Thompson, Cultural Enrichment Lucy Wiechmann, and Public Relations Connie Kostelc.

The Pontiac Community Art Center for the 2nd year in a row has invited 4-H members to have a show in the Joe Bailey Gallery at the Center. Pieces were juried by several Art Center members from items shown at the 4-H Fair last summer. The show will continue through February 26.

# DISTRICT NEWS



*Connie Kostelc, Livingston County HCE board member and PCAC board member, shows Lorraine Sellmyer around the 4-H Show.*



Our local annual meeting will be held on April 17. We are once again planning a brunch since it was so well received last year.

Connie Kostelc,  
Public Relations, Livingston County

Our district needs to set goals to increase membership. Attendance to our annual conference and our August Workshops thoroughly inject inspiration and motivation to all who attend. Both meetings provide ideas to bring back to local counties.

I do hope my District 4 Counties realize the benefits of attending the workshops as they provide the fellowship with other members allowing us to share successful ideas. Please remember that we all need to encourage responsible leadership and service to our community.

Installation time is upon us. I am looking forward to attending my District 4 Counties Annual Meetings. I enjoy installing your Officers and talking at your meetings.

Finally, enjoy your Spring and Summer. Enjoy your HCE activities, invite a friend, neighbor or church member to join you at your HCE meeting or special meetings. You might be surprised how simple it is to build your membership.

“Kind words and actions can seem so small, but their affects are truly endless”

Enjoy each day with love and kindness.

*Mary Eustace*



**IAHCE District 4 and 5 Workshop  
August 9, 2017  
Southern View Chapel,  
4500 S. Second St., Springfield, IL**

## ADAMS.....

First issue of 2017 ... as I begin to write it is the first day of spring and 72 degrees, the birds are singing sweetly outside my door. I don't know about you but my lawn has had its first organic application and the mower went in for a tune up. Our HCE ladies have been busy.

The Quincy Tumbleweeds Unit hosted a Game Night with the Quinsippi Unit 4-H / Clover Bud members on November 14. Members in attendance rotated around the room to play Bird Bingo, Yahtzee, Farkel, UNO, and regular Bingo. Following their game playing all were welcomed to share in the assortment of finger food refreshments provided by the Quincy Tumbleweed ladies.

## DISTRICT 4 DIRECTOR Mary Eustace



Here I am, excited about my service as a State Officer of IAHCE, a County Officer and an active member of my home Unit. I am so proud to serve this awesome organization. As I am just coming home after attending our state conference “Down by the Riverside”, I am filled with enthusiasm and joy.



Continued on next page 

## DISTRICT NEWS

### Adams County, continued

Chatton Unit planned and held a “Tough Meat Meal” utilizing the October Minor Lesson, “Beef Cuts Refresher Course.” In addition, dessert was inspired by the November roll call question, “What is your favorite pie, pumpkin or pecan?”



*Members share in food and fellowship.*

On December 3rd, we held our 28<sup>th</sup> Annual Kiddie Bazaar (pre-kindergarten through fifth-grade children). The bazaar was held in three different locations simultaneously – Salem Evangelical United Church of Christ Fellowship Hall, Liberty Christian Church, and Camp Point United Methodist Church. HCE members donated hundreds of gifts from 50 cents to \$4 that children could purchase for family members. The total net income was \$2,301.57 (each Adams County HCE Unit Treasurers received income checks). It was once again a very successful experience for our little shoppers!



*Volunteer helps little shopper tackle his shopping list at Salem Evangelical United Church of Christ Hall*

On February 28, we held our 3<sup>rd</sup> Annual Adams County HCE Flapjack Fund Raiser at Applebee’s in Quincy, Illinois. Applebee’s employees cooked the food and our ladies became waiter’s. There were approximately 200 people who enjoyed a delicious breakfast of pancakes, bacon, and beverages. The successful event raised \$1,046. We already have a date reserved for 2018, so mark your calendar and plan to join us for our 4<sup>th</sup> Annual event on February 24!



*HCE Unit Volunteer Members  
(Beverly-Liberty, Quinsippi and Quincy Tumbleweeds)*

Adams County had five representatives attended the 93<sup>rd</sup> Annual IAHCE State Conference held March 14-16 at the Embassy Suites in East Peoria. The theme, “Down by the Riverside with IAHCE”.

Chatton Unit celebrates 70 years. Members of the Chatton Unit met at the home of Rosalie Post on Thursday, March 23. There were finger foods and a special cake in honor of the unit’s 70<sup>th</sup> birthday. In addition, they also recognized Jeanette Futhey of Golden as the only remaining charter member. Currently the unit has 17 members, all from the Golden, Clayton, and Camp Point area. The members take turns hosting their monthly meetings the 4<sup>th</sup> Thursday each month, with the exception of June and July.

On March 25, a bus trip to the Missouri Botanical Gardens was held. The cost was \$53. There were 33 people that registered. Attendees got the opportunity to tour the gardens with a tour guide, go through the orchid garden, have lunch, and shop before boarding the bus for return trip to Quincy.



*Guide provides information to group before beginning the tour.*

### **Special Interest Groups**

#### HCE Book Club

The Book Club meets on 3<sup>rd</sup> Wednesday of the month. The following books were discussed since the last newsletter:  
November – “The Beekeeper’s Ball” by Susan Wiggs;  
December – “This Time Together” by Carol Burnett;  
January – “Orphan Train” by Christine Baker Kline;

# DISTRICT NEWS

February – “3<sup>rd</sup> Degree” by James Patterson; and March – “Elizabeth is Missing” by Emma Healey. Scheduled before summer break we have in April - “Slow Dollar” by Margaret Maron and May – “Real Murders” by Charlaire Harris.

## HCE Quilt League

The Quilt League meets the 2<sup>nd</sup> Wednesday of the month. Our ladies have been busy assembling more squares to complete a second Quilt of Valor. The finished quilt will be on display at the annual dinner/meeting on April 25. In addition, they have been making clothing protectors for the Illinois Veteran’s Home.



*Members made various red, white & blue squares and assembled for next Quilt of Valor. The quilt was on display at Farm & Home in Quincy, IL during the Old Tyme Association event on February 28.*

## HCE Card & Game Club

Due to scheduling conflicts, the meeting time in 2017 was changed to the 4<sup>th</sup> Wednesday from 11:00 a.m.–2:00 p.m. in the Farm Bureau Basement. Anyone who loves to play cards & games, should mark their calendars and plan to attend. Bring your friends and neighbors, public is welcome! RSVP to either Camie Hempelman, (217) 222-4365, [wayncam@comcast.net](mailto:wayncam@comcast.net); or Sharon Beedle, (217) 224-0709, [sharonretired0818@yahoo.com](mailto:sharonretired0818@yahoo.com).

As the HCE year ends, our ladies are looking forward to our 54<sup>th</sup> Annual Dinner/Meeting at the Paloma Community Building on April 25 in Paloma, Illinois. In addition, the new leadership will be setting their eyes on the IAHC District 4 Workshop to be held on August 9 at the Southern View Chapel; 4500 S. Second Street in Springfield, Illinois. Enjoy your spring and summer, “Down by the Riverside”!

Leslie Geschwandner  
Public Relations Director, Adams County



DOUBT WHOM YOU WILL,  
BUT NEVER YOURSELF!!  
- Bovee

## PIKE.....

Six members of Pike County recently attended our annual State Conference. Those attending were Jan Edwards, Ona Day Johnston, Linda Patton, Sonya Bishop, Ann Ferguson as well as our own Pike County President and District 4 Director, Mary Eustace. Pike County submitted eight craftwork items for the Cultural Enrichment competition. There were 202 entries from the 32 HCE counties in Illinois. Jackie Williams' three-dimensional quilted picture won the State Judges Ribbon and the Peoples Choice Ribbon. Peggy Long, State Officer for Cultural Enrichment said Williams had more votes for the picture than any one item competing in years past. Rebecca DeLong, also of Pike County, submitted a tatted necklace that won Best of Show ribbon. This is the first time Pike County has ever won more than one ribbon at the conference. Great job ladies !

Submitted by Mary Eustace, Pike County

## SANGAMON.....

Spring is here! It is nice to see the grass getting green and flowers and trees beginning to show signs of life. Sangamon County unit members have been busy as bees during the winter months! Members of the Jerome Lincoln-Trails Unit collected money for the local food bank. One of their members, Lucille Michels, donated 15 baby quilts to the Mini O’Briene Crisis Nursery and Early Childhood Center as well as 50 dining scarves to the Mary Bryant Home for the Blind.

The Auburn Chatham Unit spent the long winter months giving to their community. They baked cookies and desserts for the Spring Renaissance Veteran’s Shelter, sent 2 Valentine’s Day boxes to US Air Force members serving in Africa, sold butter braids to raise money to support their local school’s special education needs, and donated to the Chatham Food Pantry. One of their members, Jessie Bumpus, donated silverware and dishes to the Veteran’s Shelter.

The Chatham Unit is a small but mighty group of ladies who love being and serving together. They participated in several Lessons for Living during the winter, including one on Flag Etiquette. The ladies also donated money to the Chatham Food Pantry.

The Capitol Unit didn’t let a little cold weather slow them down! In November they made treats for the Spring Renaissance Veteran’s Shelter. They continued their giving spirit in December by making up gift bags for each veteran at the shelter. They also gave 25 paper

Continued on next page

# DISTRICT NEWS

## Sangamon County, continued

boxes of food to senior citizens in Sangamon County through the Senior Center. February led the ladies to the Beer Lahai Roi Women’s Homeless Shelter to deliver 8 sets of layettes for the moms and babies living there. The March winds blew the Capitol Unit to the Rochester Elementary School where they presented 5 weighted blankets to the school district. The very next day they presented the Triple Heart Foundation with 178 knitted and crocheted caps for premature infants that are patients in a neonatal intensive care unit in Springfield.



*Above:  
Auburn Chatham  
Unit Members*

*Right: Jody Harden  
presented Lesson for  
Living on Eggs and  
Chickens*



*Below: Capitol Unit members presenting hats to the Triple Heart Foundations.*



Our county has many upcoming events to look forward too! Plans have begun for our annual Fall Festival....stay tuned for more information!

Mary Johnson & Kathy Roman  
Public Relations, Sangamon County

## TAZEWELL.....

Greetings from Tazewell County-Tazewell/Mason/Peoria County HCE are busy planning for the spring, summer, and fall.

In March, several of us were able to attend the state HCE conference held in East Peoria.



Our county received two awards, one to **Jan Busche** for membership and one to **Darlene Curry** for volunteer hours. Jan and Darlene are pictured below.



Vivian Gerrietts and Kate Schmitgall organized an activity at the conference where attendees could pay one dollar and guess the value of a Longaberger Picnic Basket and its contents. The winner received the basket and contents. Tazewell County raised \$131.00 and the funds were donated to Associated Country Women of the World’s project which supports women farmers in the province of India.



*The winner of the “Guess the Value” Basket was Vivian Gerrietts, Tazewell County!*

Judy McFarland’s quilted wall hanging received an award in the Cultural Enrichment display.

Kate Schmitgall taught a Make-It, Take-It class after dinner on Tuesday evening.



## DISTRICT NEWS

We truly enjoyed the conference and are glad we could be active participants.

Currently we are making plans for our annual meeting which will be held on May 1<sup>st</sup>. Mary Eustace, our IAHCE Director from District 4, will be present to install officers.

Plans are being made for a bus trip or riverboat excursion this summer and we are making plans for our concession stand at the Tazewell County 4-H and Junior Show in late July.

Have a great summer!

Darlene Curry  
Public Relations, Tazewell County

The book "Leadership is an Art" has a wonderful quote by Max De Pree: **"We cannot become what we need to be by remaining what we are."**

*Kathleen Emery*



**IAHCE District 4 and 5 Workshop  
August 9, 2017  
Southern View Chapel,  
4500 S Second St., Springfield, IL**



### DISTRICT 5 DIRECTOR Kathleen Emery

Dear District 5 Members,

April 1<sup>st</sup> already – how did that happen? The flowers understand and some have managed to bloom in spite of the down pouring of rain! What a beautiful sign of spring.

We had a wonderful time at the March Annual Meeting in East Peoria celebrating "Down by the Riverside". We had 35 first time members—that was great. I hope if you were able to attend you enjoyed your time there also.

I have gone to several county annual meetings already and have more invitations to attend. Don't forget if you would like me to come to your county, you just need to invite me. I will try to be there if the date works for me. I learn so much from all of you. I would really appreciate, as you elect your new officers, if you would remember to send the list to me.

Save the Date – August 9<sup>th</sup>, 2017 is the District 4/5 Meeting. We will again be in Springfield at the Southern View Chapel. *Remember you don't have to be an officer to attend.* This is a great way to attend an officer meeting and see what it's all about. Who knows, you might find it fun and be interested in helping your county as an officer!!

Remember, you are invited to attend another district meeting if it's closer to you. Be sure to let them know you will be attending and how many you will have.

Enjoy your summer and I hope to see you "Down by the Riverside".

### CHRISTIAN.....

Christian County HCEA held our annual meeting on Thursday, March 2<sup>nd</sup>. We installed the following officers: Georgette Merrifield, President; Roberta Gorden, 1<sup>st</sup> Vice President; Julie Pearson, 2<sup>nd</sup> Vice President; Berniece Larimore, Treasurer; Debra Kiefer, Secretary; Jane Long, Family Issues & 4-H Director; Dixie Vincent, Public Information Director; Elizabeth Bogan, Cultural Enrichment & Community Outreach Director. The office of International Director is unfilled at this time.

Georgette Merrifield, President & Julie Pearson attended the IAHCE Annual Conference in Peoria on March 14–17. It was an enjoyable & learning experience.

Pana Evening Unit of HCEA will celebrate their 50th Anniversary in April. There are still 2 founding members in the group – Nina Elvers & Rosalie McLeod.

We are still collecting tabs for the Springfield, IL Ronald McDonald house. This is an ongoing service project. The board also encouraged each HCEA Unit to do a community service project for their community as a way to get our name out to the public. Hopefully this will attract new members.

Members of the Mt Auburn Nite Unit recently collected items for the Christian County Senior Citizen's Center. Items collected were paper towels, napkins, toilet tissue, quart and gallon storage bags, coffee, instant tea, lemonade and facial tissues.

The unit purchased 100 postage stamps for the center. When the items were delivered to the center, several members stayed to help by rolling table ware for lunch, helping get their newsletter ready for mailing, assisting with lunch service and also cleaned up and washed dishes after lunch.

Continued on next page 

## DISTRICT NEWS

### Christian County, continued

Pana Evening Unit made toiletry bags to donate to the local Loaves and Fishes food pantry. Members brought toiletry items to their regular meeting and 18 gallon size bags were made. A large bag of extra bars of soap was also donated to the pantry for their clients.

Georgette Merrifield  
President, Christian County

### CHAMPAIGN.....

Champaign County Home and Community Education held a sponsored event “*Holiday Trees/Wreaths and Craft Sale*” show on November 12, 2016 at the Farm Bureau Auditorium.



*Seasonal Wreaths made by CCHCE Mayview Unit.*

Each of our 16 HCE Units entered a beautifully decorated Christmas Trees or Wreath with a theme. The sale of the trees/wreaths were by silent auction with the profit of the sale belonging to the individual unit. There were several vendors with handcrafted items for sale. Holiday baked goods were available for purchase. The Auditorium, hallways and outside the Farm Bureau/Extension office was beautifully decorated with wreaths, Christmas decoration and lights. Very successful event and enjoyed by our members.

Our *International Luncheon*, “Cruising to Ecuador and Galapagos Islands’ 2016”, was held on November 16, 2016 with 45 members attending. We had a potluck with dishes from the Ecuador for us to taste. Our guest speakers were Joan Jordan and Linda Meachum, two of our members, who had traveled to Ecuador and the Galapagos Island a few months earlier. Our entertainment was Ernie Hoffman who played the piano and had a sing-a-long of old favorite songs—members enjoyed very much.

On December 15<sup>th</sup>, we had Christmas Gift Wrapping for HCE members. We offered a craft, bingo and hot chocolate, tea and cookies were served. On January 6<sup>th</sup>, 2017 – we held a *Leadership Conference for Unit Officers Training*

and meet our new County Board officers. All new and continuing Unit officers for 2017 were in attendance. Board officers went over the duties of unit officers and shared ideas for the office. Coffee & donuts were served.

Last year, our county organized the *Jean Swaim Craft Club*, which meets each month after the Extension Educators lesson at the Farm Bureau Auditorium. Members have enjoyed making crafts: confetti eggs, decorative magnets, braided bookmarks, variety of sizes of cloth flowers made as broaches, decorations, hair bows, and will do decorative flower pots and chimes, Railroad necklaces and have a session to learn to crochet.

Family and Community Issues, Elizabeth Michael, reported that the County HCE members continues to keep busy making *weighted blankets* for autistic children and *Linus blankets*. For 2016, 75 weighted blankets were completed and given away and Carolyn Phelps, Rantoul Unit, made 25 Linus blankets.

*Elizabeth Michael and Judy French* attended the annual *Champaign County Autistic Walk* and set up a booth about the weighted blankets and a display of blankets that have been made by our members. There were 28 weighted blankets that were given out by drawing and each were a blessing to a family.



*Elizabeth Michael, left, and Judy French, right.*

Another project our county is supporting is with the local *Developmental Service Center (DSC)*. DSC has 6 group homes in Champaign County. Three of our Units, Mayview Unit, Rantoul Unit and Staley Unit are assign to one of the homes and support the homes with activities for the resident, sending cards and letters addressed to the residents, giving non-food items and favors for residents on their birthdays. This is a new project and hope to get more involved with the group homes and DSC services.



We had 9 members attending the IAHCE Conference in Peoria. Champaign County received:

\*2016 Education Award-Public Relations for Outstanding Program in category of HCE Week Activities



# DISTRICT NEWS

- \*2016 Education Award- Membership for Outstanding program in Category of Most Members Gained in District 5
- \*2016 Certified Volunteer Award for the county with the highest number of volunteer hours (31,012) in District 5.

The IAHCE 2<sup>nd</sup> Vice gave the counties a challenge for 2016 for gaining new members. The challenge for 2nd Vice Presidents was to find the “Hidden Treasures in Your County! *Add-a-New Member Add-a-Pearl!* During 2016, for every new member your county gains, a pearl was added to a necklace which was drawn for at the 2017 IAHCE Annual Conference - 2nd Vice President Share Shop!

\*Champaign County received the top award of gaining the most new members in the State with 16 new members and received Add a New Member, Add a Pearl Necklace with 16 pearls.

\*Eve Springer, Dewey/Fisher Unit won “Best of Show” for her beautiful handmade gold beaded/pearl ornament.

Thank you to all our members for a great year and making Champaign County winners of all the awards received at the State Conference in Peoria.

We are planning our 99<sup>th</sup> Annual meeting/luncheon and installation of officers on May 3, 2017 at the Savoy Methodist Church. The ladies of the Methodist church will prepare our lunch. Guest speaker will be Deb Griest – AMBUCS & Evie Newman – Fisher Fair. We are also planning our Spring Membership Event which will be on May 17<sup>th</sup> and our 6<sup>th</sup> Annual Garage Sale will be on July 28<sup>th</sup> and 29<sup>th</sup>.

Have a great Spring and Summer!

Carol Froeschl  
Public Relations, Champaign County

popular program will be repeated, with several new items being presented to sew.

In February, the Macon County Sheriff’s Office presented a lesson about the latest identity thefts and scams in our county. We thoroughly enjoyed the presentation and we all learned some new information about being safe.

Upcoming programs are “Indestructible Houseplants”, “Vacation/Staycation Planning”, Staying Young and Fit”, and a farm tour to Maddox Sweet Corn farm, B and B Beef, and Connie’s Country Greenhouse. We know that these programs will be well attended, and be a good incentive for prospective members to join our wonderful organization.

The March Conference in East Peoria was well attended by our membership. We were so proud to receive the second place award in the state again. Our membership under the capable leadership of Carol Ropp and Karen Cahill has enjoyed several years of being in the top three counties in the state. Every one of our education books that we submitted won an award, and we are so proud of our board members!



One of the pictures that I submitted for this article is the hand-made quilt that Karen Cahill made and submitted to the Cultural Enrichment quilt category. Karen’s mother, who is in a care facility in Sullivan, cut the papers for her to hand sew each of the little hexagons, and then Karen hand-sewed each of those together. It was truly a work of love between a daughter and her mother!

## MACON.....



Macon County Association for Home and Community Education started out the new year with a bang! Our first lesson was called “Sew Practical” and everyone who attended immensely enjoyed making a thread catcher, a sewing machine apron, a tote bag, and a non-slip sewing machine foot pedal pad. Several of our members presented the sewing lessons. I am sure this



We continue to work on our pillowcases for The Ronald McDonald House, Kemmerer Village and Hopedale Medical Complex. We hope to increase the number of pillow cases we make this year. Last year, we made 202 pillowcases

to donate to those organizations.

We are continuing to collect pop tabs to be given to The Ronald McDonald House.

Continued on next page

# DISTRICT NEWS

## Macon County, continued

We also have prepared and served lunches for the Gardening Insights program at Richland Community College and the Master Gardener training programs. The money that we raise from these lunches will be appropriated to our Scholarship Fund. We usually award several scholarships each year to deserving students.

As you can tell, Macon County HCE is proceeding forward and we are looking forward to another great year! New members are always our goal and we hope by providing interesting and exciting programs, we will fulfill that goal!

Linda Austin  
Public Relation, Macon County

program on Laesch Dairy history – based on her perspective growing up as Bev Laesch. She shared her knowledge regarding milk bottle collecting and had many types of milk bottles to show everyone.



Tea Table

McLean County HCE was represented by 12 attendees at the IAHCCE Annual Conference in East Peoria. We are thrilled to be awarded 2016 County of the Year.

## MC LEAN.....

McLean County Association for Home and Community Education membership has continued to experience a very active year of events. On December 3, 2016, all units came together to enjoy a wonderful buffet lunch, make-it, take-it crafts, holiday singing and bingo. Sixty-three county HCE members and 2 guests attended.

Workshops and classes were ongoing each month – on Community Service day busy hands work on crafts or other special projects - in January through March sewers made walker bags, eye glass cases, hot pads, dish cloths, tea towels or projects of members choosing. Interested participants made Pysanki eggs, acrylic painted pictures, and duct tape coupon and gift card holders. The soldiers who received the 530 Christmas stockings McLean HCE provided sent pictures with a thank you. Frequently throughout the year, comfort boxes of useful items are sent to soldiers.

Books read and discussed were – *Invention of Wings* by Sue Monk Kidd and *An Invisible Thread* by Laura Schroff. Local leaders shared their learned knowledge with unit members on “Super Foods”, “Coloring – It’s Not Just for Kids”, and “Beginners Guide to Buying Antiques”. Super Saturday was held early March – There was a flag history program showing 50 flags throughout USA history. Three local leader lessons were then presented to Members of McLean, Livingston and Woodford counties attended. Topics included interior design, grilling and BBQ Tips, and new fruits and vegetables.

February, a delightful event – ‘a membership/friendship tea’ was hosted by 3 units, Towanda, Dale and Dry Grove. Held at the Mennonite Church in Normal, 2016 HCE new members were recognized and potential members welcomed. Fifty-five HCE members and 20 guests attended. Bev Hornickel presented an interesting



Lynda Kobs, Donna LaMar, Eileen Norin and Pat Pulokas playing games at conference.



McLean County members holding award certificates earned.

Members look forward to a May 23 HCE Spring Trip to Michigan City and the 1857 John Barker Mansion and the Light House Museum; 99<sup>th</sup> HCE annual meeting on July 11 at The Chateau, Bloomington; Downs Farmers Market bake sales; and planning for the upcoming 2018 - 100<sup>th</sup> Year McLean County HCE Celebration. We will again organize and host the Young at Heart Day at the Fair during 4-H Fair week, Aug. 2-9, on Thursday, Aug. 3, 8:30-11:30 a.m. Come and enjoy entertainment, senior vendor displays, refreshments and lots of fun and door prizes. Seniors get into the fair free that morning.

# DISTRICT NEWS



*This tree sings, "Oh Christmas Tree"*

*Notice that the members are positioned in the shape of a tree with the "star at the top."*

McLean County HCE website is: [www.mcleanhce.org](http://www.mcleanhce.org). Check out events and pictures of events posted on our Facebook page at: [http://www.facebook.com/#!/pages/McLean-County-Association-for-Home-and-Community - Education](http://www.facebook.com/#!/pages/McLean-County-Association-for-Home-and-Community-Education).

See you in McLean County – come visit.

Barb Jurgens  
McLean County Public Relations Team

### International Meeting...

...will be held Tuesday, October 3, 2017. A Potluck Luncheon will be at Bismarck United Methodist Church, Bismarck, Illinois. "Country of Study for 2017 is the Philippines." Information please call; Eleanor White, 217-759-7237 or Mary Stampaini, 217-354-2305

Thank You! Very proud of our Ladies! Vermilion County Association Members VOLUNTERED a Total of 6,901 hours in 2016!

### Note of Interest: by Eleanor White

The Vermilion County Home Bureau was chartered in 1919. Because wars and economic hard times greatly affected family life, it's not surprising that some units were inactive for a few years. To the best of my knowledge, the county is due to celebrate our 100<sup>th</sup> anniversary in 2019. We are looking for suggestions for this occasion. Let's make it a memorable event.

### A Health Note: One Word of Caution!

If we complete any type of textile work in our homes (or in the doctor's waiting room, etc.), please make sure that no tobacco smell or other strong odor gets into the fibers/yarn/fabric. Lots of people are allergic to those air pollutants, and this can cause a sickening reaction. What a shame to think that our hard work could cause a medical issue!

Love and Peace in the World! Blessings!

Judith Diane Reddy  
Public Relations, Vermilion County

## VERMILION.....

Hello from Vermilion County!

Illinois Seasons are Changing! Our Clocks Sprung forward for Spring! Vermilion County has a lot of Fun Events in the Planning for 2017!

Started March off with Eleanor and Ben White, Jo Anne Gerard, and Mary Stampini, attending the 2017 Annual IAHCCE Conference in East Peoria, Illinois. Lots of good comments were shared by the attendees.

### "A Walk in The Park!"

On Tuesday, April 25, 2017 from 11:15 – 1:30, Vermilion County AHCE, invites everyone to a Women Walk the World activity at Kickapoo State Park Pavilion. Learn about Associated Country Women of the World and how they use our Pennies for Friendship. Have some hot dogs, chips, cookies, and drinks. Bring some pennies and other coins to help rural Women of the World. Come get some fresh air, have some fun, and maybe take a walk in the park.

### Annual Meeting...

...will be held 10:30am, Wednesday, June 7, 2017, at the Kennekuk County Park's Education Center. A catered luncheon will be provided by Pizza Time, Catlin, Illinois. A Silent Auction will be happening. "Bring One Item to Donate for the Sale!" Reservations Please call; Eleanor White, 217-759-7237 or Jo Anne Gerard, 217-446-8064.

**SPARK** an interest,

kindle the **FLAMES**



**PROMOTE HCE!**

# DISTRICT NEWS



## DISTRICT 6 DIRECTOR Marilyn Schaefer

We just returned from the 93rd State Conference in East Peoria, where we met old friends and made new ones. It was a great conference and we owe a great big thanks to Janel Kassing and Sharon Davis, as they were the

chairman and co-chair of the conference. I believe everyone should have taken home something new from the conference. I believe everyone liked the surprises at our tables each meal instead of the bag we used to get at the beginning of the conference.

It is time for me to visit your annual meetings and install your new officers. If you have not given me your annual meeting dates you can call or email me. I look forward to getting together with you and making new friends.

Our next 94th Annual State Conference will be held in Effingham in 2018. We are looking forward to seeing you there. We hope we can have a great attendance.

You can still order the Purple State Tee Shirts, just let Janel Kassing know, her mailing address is 328 S Main St. Red Bud, Illinois 62278. They are \$15.00 and come in Small, Medium, Large, XLarge, 2XLarge and 3X - Large. They will be delivered at your district meetings in August.

I want to thank everyone in District 6, we had the most new members keep up the good work. All fourteen counties got new members. It is the work of all of you, not me.

I want everyone to have a great summer and to have a very Happy Easter.

*Marilyn Schaefer*



**IAHCE District 6 and 7 Workshop  
August 8, 2017  
St. Johns Lutheran Church,  
903 Jefferson, Effingham, IL**

## BOND.....

A mild winter had us busy with cold weather activities. West LaGrange Unit met for a "Christmas Tea Party" at the home of Oleta Schaufelberger, one of our inactive members, in December to celebrate Christmas.

On January 10 the HCE donated baby items - clothing, blankets, diapers, wipes, lotion and cash donations to the Pregnancy Support Center in Greenville. The 119 members in 8 units spread out thru Bond County gives to the Pregnancy Center instead of exchanging Christmas gifts.

Bond County HCE hosted the February American Red Cross blood drive at the Bradford Bank Community Room on February 4. Fifteen donors presented themselves to donate blood (some were HCE members).

Scholarships from Bond County HCE are now available during March. Applications need to be submitted by April 1.

How to Enjoy the Different Stages of Life, Candy Making, Stay-cation and Vacation Planning were the winter major lessons.

Bond County chairman, Pat Sutton, was in attendance at the State Conference in Peoria.

Shirley Volentine,  
Public Relations, Bond County

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## CLAY.....

Clay County HCE is saddened by the death of County HCE Chairman Phyllis Hale of Clay City. Phyllis passed away in January. She served as First Vice Chairman from 2005 until 2008, when she was elected chairman and served until her untimely death. Phyllis is survived by her husband Gilbert, son Joey and two grandchildren. She is truly missed by the county board.

First Vice Chairman Elaine Todd has stepped into the Chairman role, until an election is held.

Board members presented a check for \$250 to SWAN at the February board meeting. SWAN helps families who are experiencing domestic violence. The donation is earmarked for the benefit of children.

A couple of the activities the Farmerette Unit have been involved in the last months include a guest speaker, author, Linda Etchison from Flora. Her book is named "Sister Aloysius Shares," and illustrated by local artist Denise Plumee Tadlock.



# DISTRICT NEWS



*Author, Linda Etchison reads to a class.*

The Farmerettes Unit provided the Annual Spring Fling at the Flora Rehab Center in March, serving dessert and entertainment.

Second Wednesday Unit visited the Clay Co. Head Start in March. The book “Pout Pout Fish,” was read and the children glued paper fish on paper fish bowls and were served cookies and fish crackers.

Spring is here and may you be inspired by the beauty of Mother Nature.

Beth Fancher  
Public Relations, Clay County

## CLINTON.....

Clinton County HCE has been busy!

Three Clinton County Home Community and Education (HCE) board members attended the state conference in East Peoria March 14-15.



Pictured left to right are Cindy Niemeyer, Carol Petermeyer and Karen Voss with this being the first time for these three Clinton County members. “We really enjoyed it – and will most certainly be attending again.”

Since the last state newsletter we had our 72nd annual dinner meeting with the speaker for the evening being Dr. Desiree Norberg, a Chiropractic Physician and Acupuncturist at Alternative Solutions, She is a wellness advocate and uses doTerra Essential Oils in her practice. Dr. Norberg, will educate us on the use of Essentials Oils.

Theme of this years annual meeting was “hats”. We wore Easter bonnets or a new, old, homemade or borrowed hat. There was a prize for most unique hat.

Programs on gardening and flowers at Plant Land, a yoga class with Second Street Studio, a sewing lesson with a home ec teacher was some of the things we have been doing.

And a “Easter Brunch with Fr. Dominic ” Benedictine monk and PBS TV host Fr. Dominic Garramone program titled “Easter Brunch” was held. Famous for his high-energy and entertaining demonstrations, Fr. Dominic presented recipes for making your Easter Brunch as well as some bonus cookie recipes from Fr. Dominic’s mother. All of Fr. Dominic’s cookbooks were for sale, as well as handmade beeswax candles, greeting cards and other products from Saint Bede Abbey. Proceeds from the event helped fund community projects for Clinton County HCE. There was a food demonstration, recipes, giveaways, book signings and a great time.

We are busy planning a ”Uncork the Holidays” for Tuesday, Oct. 17 at Carlyle Columbian Club (KC Hall) It will feature wine and food vendors, wine sampling, a wine program, raffles and a fun time. You are all invited to attend. E-mail Karen at;


[vosspecans@hotmail.com](mailto:vosspecans@hotmail.com)

for more info., we would love to have HCE members from around the state attend – advance tickets are recommended. This replaces our successful “Christmas in October” program we previous held.

And more fun things planned to keep us all busy.

Karen Voss  
Public Relations, Clinton County

I CAN'T BELIEVE I FORGOT TO GO TO  
THE GYM TODAY, THAT'S SEVEN  
YEARS IN A ROW NOW.



## DISTRICT NEWS

### CRAWFORD.....

#### Morning Glories Unit News



The Morning Glories celebrated Christmas with a carry in dinner at the Oblong Community Building. The delicious meal was followed by games and bingo.

#### Morning Glories — January Meeting

Members were encouraged to bring in jewelry to the January meeting. The members enjoyed looking at the different styles of jewelry. It was a very interesting “bring and share” lesson.



Shown from left: *Dale Davis, Carolyn Coleman and Martha Holt. Carolyn and Martha are admiring some antique jewelry.*

#### S.E. LaMotte Unit News

The S.E. LaMotte unit met in December at Palestine’s Main St. Bistro for their annual Christmas luncheon. After lunch, Judy Hardesty was surprised with a cake to celebrate her birthday. Members played two Christmas games and the winners were: Mary Ellen York and Myrna McNair.



*Front row: Noralee Buntin, Mary Ellen York, Betty Lawhead, Nita Jochim, Elizabeth Tudor, Pat Kincaid. Back row: Brenda McCoy, Judy Hardesty, Sandy Bryans, Barbara Miller, Myrna McNair, Leah Buser, Rosemary Ellis.*

Hope Dennis  
Public Relations, Crawford County

### EFFINGHAM.....

We started the year out wondering what kinds of things we could do, then we decided to have a sew day on February 28<sup>th</sup>. Ten people attending. We cut dining shawls, some of the ladies started sewing them. Those we didn't get sewed that day our Senior Gals HCE group will finish sewing them together and Marilyn will get them delivered to the Lutheran Care Center. We cut out 50 dining shawls and 60 wheel chair caddies. Some of the ladies sorted out the greeting cards into Christmas ones and special occasion ones to be used for veterans homes and book marks.

In March, we started getting ready for IAHCE State Conference with the raffle tickets for the quilt which was finished by Sharon Davis.



Also, we started our sales for the Butter Braids which is one of the things we do to make money for our extension. The sales will be delivered on April 6<sup>th</sup>.

We made plans to have a cookie making day with the 4-H and was to be opened to the public. We held the cookie day on March 18<sup>th</sup>, two days after our State Conference. We had 38 children and adults in attendance. They got to make the dough, roll it out and cut out the cookies. After baking they were taught different ways to ice them. We did have a lot of fun and several dozen cookies were baked and iced.



Linda Schmidt is working very hard on our International Lesson on Japan. She travels a lot and visits different countries, so she chose Japan. It will be held on April 26<sup>th</sup> from 10 - 1 which will be a tasting of foods and a history of the country along with items to show and tell.

On May 2<sup>nd</sup> at 7 PM we will have an evening which is open to the public on the starting of Alhemizers and how we possibly can help people with it and know what we should be doing.

Then we are making plans to have another day with 4-H and the public on making breads, kneading and forming it. This will be on June 17, from 9-12.

Marilyn Schaefer  
Effingham County HCE

# DISTRICT NEWS

## FAYETTE.....

Fayette County HCE units have been busy collecting items for projects, reminding me of one of the our hand-book's April "Food for Thought" *"What I can say is there are some collections that come easily, and others that require more work more work."* (contributed by Stefano Gabbano). Fortunately we have members that are wonders at collecting the items needed.

\*We are now in the process of collecting old, but clean, blue jeans and plastic jugs for a project our cultural enrichment officer, Ashley Davis, introduced....

...*Shoes for the Needy Children of Uganda*. She brought the pattern and information needed to our board meeting. The little shoes are really cute, with a "Mary Jane" strap across the vamp. They will also be soft and comfortable and will require little of our time and effort, to give the children needed footwear.



Using the pattern, we are to simply cut out the shoe parts from the denim and a portion of the plastic jug (to give the shoe stability) and those will be shipped to another place to be assembled and sewed together.

\*Again, I feel that one of our Fayette HCE members should be recognized for the many charitable causes she contributes to, one of which I am sending an example. Carol Oldham is a shining example of an IAHC member and fulfills our "Aims of A Homemaker".

Although she has been fighting CA herself for quite some time, she still can see the needs of others and has used her gifts, including sewing and crocheting, to help others.

Two of her sisters also belong to Fayette HCE and they all contribute to our organization, and others, in many ways, supportive and caring. In addition to her compassion for others, she is always upbeat and never fails to gift us with her humor, laughter, smiles and grins.

Her most recent endeavor was to contribute to the "LITTLE HEARTS, BIG HATS" for the American Heart Association. To celebrate the American Heart month by knitting and crocheting little red hats for babies born in supporting hospitals, to honor moms and heart healthy babies. February is Heart Month for the American Cancer.

A friend of Carol's sent her some information about the Red Hats for preemie babies. Every baby born in February was to given a red hat. Of course, Carol liked the idea and started making red hats for those babies.

At first, Carol couldn't find any but the Chicago area to send them, so her first 40 hats were sent there. After that her friend went to St. Anthony's Hospital in Effingham and talked them into joining.

They found out that St. Anthony's has an average of 50 babies, so Carol and her friend, Vanessa, got busy and made enough Red Hats to cover the babies for the month of February, making different sizes to fit all babies. She is now, already making Red Hats for next February.

Carol has been crocheting ever since she was a little girl and she shared, "THAT was a Long Time Ago and I still love it."

Carol is too modest to pose for a photo with the little hats, but she did provide one for this article. She gave 44 hats to Chicago and 20 to St. Anthony's Hospital.



Carol Oldham's hats #1 and #2

Note: The first year, they got 300 hats. This year they got over 6,000 hats.

Panzi Blackwell,  
Public Relations, Fayette County HCE

## JASPER.....

Mary Liz Wright, U of I Extension Nutrition & Wellness Educator spoke to Jasper County HCE members and guests from the community. Selling and serving food is a popular fundraising activity for groups. She pointed out that any time our group or any group sells food, certain procedures need to be followed to ensure that the food is wholesome, safe, and at low risk for causing food-borne illness.



An on-going project is the *Books 4 Beginners*. Through fund-raising efforts, a book is purchased for each child in kindergarten, an HCE member reads the books to the class, and the child gets to take the book home.

Submitted by Pat Hildebrand  
Jasper County HCE

## DISTRICT NEWS

### JERSEY.....

We wound down our activities in the month of December with our Annual Christmas Giving Project, where we collect money from all of our members and then shop for groceries for the local Salvation Army Food Pantry. We, also, have our Annual Countywide Brunch and Christmas party on our Craft Day, where we make a Christmas ornament and enjoy each other's Christmas goodies and play games for "silly" gifts – a great time for all.

In January, we enjoyed a new Lesson for Living, "Eggs from Farm to Fork", given by Lisa A. Peterson, District 18 Foods & Nutrition Educator with the U. of I. This was a very informative lesson and was well received by the 20 members in attendance.

We learned about Flag Etiquette in February, which we felt was very timely and was glad to have ourselves "refreshed" about respect for our flag. Ethan and Allison Vandersand, local pharmacists presented our March Lesson for Living on "Safe Use of Vitamins and Supplements/Update", which was another very informative and well received program.

Several of our members are also very active in the Royal Neighbors organization and have participated in the "Join Hands" project with them. We are getting ready to launch the project, which is obtaining several American Girl Dolls and making the clothes for them. The Jerseyville Public Library will have these dolls and clothes available for checkout for all girls Kindergarten through Grade 4. This project will be introduced to the public on Saturday, April 29 at 1p.m. at the library with a Tea Party for all of the girls and their mothers. We are making cookies and furnishing the hats for the girls to wear – a very fun project, which has kept some of us very busy in the last few months!

Also, several of our members work closely with the Jersey County 4-H programs and have been conducting classes in both Crafts and Sewing. We had a Christmas craft program and just recently had a sewing class where we taught the girls some of the hand sewing techniques.

We are looking forward to our 86<sup>th</sup> Annual Meeting which will be held on May 18 this year and have been busy making preparations for that. Several of our members just recently returned from attending the IAHCE Annual Conference in Peoria and have brought back many projects and activities we are "itching" to try.

Elizabeth A. Schwab  
Public Relations Director, Jersey County

### MACOUPIN.....

"DOWN BY THE RIVERSIDE!!!"

Six of our Macoupin County chapter leaders attended the IAHCE Annual Convention March 14-16 at East Peoria.



*Left to right --Kay Kalaher, Carol Rimar, Donna Greenslade, Carol Pollo, Vicki Laughlin, Joyce Duelm*

Thanks to the conference committee for a great meeting! We had a great time and met a lot of ladies from various other areas. We attended different share shops and shared information. The committee did a great job planning all the activities. Our chapter made a huge spa basket for the silent auction. Our chapter received "2016 Education Award in Certified Volunteer Hours" for the highest number of members participating, reporting certified volunteer hours.

December Christmas parties were enjoyed by our units. Then on to 2017 with new lessons and activities!

January lesson was on "Scarf Tying and Accessorizing". We had fun as we learned various ways of tying our scarves.

February our lesson was "Preparing and Cooking Poultry". Some of us had Valentine's Day parties along with our lesson.

March, our lesson was "Aging. Everyone's Doing It". March 28, our chapter leaders gave the "Five Ingredient Fix" lesson to unit trainers to take back to their units. Food is always a lesson everyone is looking forward to and rates a great attendance! The chapter leaders brought "yummy" samples of recipes using only 5 ingredients and gave out the recipes!

We will be making summer book bags for the children in South Macoupin County Head Start for them to take home for the summer. Included in the bags will be books to read, coloring books and crayons. May, our lesson will be on "Natural Remedies". At our Annual Meeting, I will be handing out a LOT of certificates and seals for volunteer hours. Our ladies do a wonderful job in volunteering in HCE, the community and their churches.



# DISTRICT NEWS

It is always a sad time to lose one of our loyal HCE members. In February, Terry McCain Jameson, a Former president and secretary of the Homemaker Association for years at Local, County and State levels passed away following a serious fall. She was almost 89 years old but could work rings around some of us! She was always busy volunteering. Our sympathy to her family as well to all the families who have lost a dear one this past year

Joyce Duelm  
Public Relations, Macoupin County

was a fun time of learning and socializing and we have some great things we have brought back to share with Madison County ladies! The entertainment brought some comical relief and we already can't wait for conference 2018!



Madison County HCE would like to congratulate our International Director, Eleanor Gregory, for being selected to go to Estonia later this year.  
Great Job, Eleanor!

## MADISON.....

Here in Madison County, March came in like a lion and will hopefully go out like a lamb. I am always glad to see spring arrive, and all the outdoor activities that come with it... I hope everyone is ready for all the HCE events that come with the changing seasons

The annual "Winter Warm Up" was a great success! It was sponsored by Senior Services Plus, Alton Crafters & Artisans and Madison County Association for Home and Community Education. It was held on Saturday Feb. 4<sup>th</sup> 2017 at Alton Senior Services and eighty five participants and instructors attended the event. There were twenty classes to choose from including chalk painting, bead jewelry, fine art acrylic painting, honeypop cards, watercolor greeting cards, calligraphy, crochet and much more. It was a great day to share with friends, daughters, and grandkids. A similar event, "Summer Cool Down" will be held in August. If interested in participating or teaching a class, please contact Claudia Harju at 618-433-1907 or 618-559-4545



Madison County had a wonderful time at state conference held in Peoria. While there we got to make things, buy things, vote on things and bring things to be judged in the cultural enrichment contest. We also ate delicious food and met women from other counties. It

## Upcoming Events - Madison County

Madison County is sponsoring a free craft "Make It and Take It" event on Saturday, April 1<sup>st</sup> from 12:00 noon to 3:00 p.m. at the Farm Bureau Auditorium. Children ages 4 and up will enjoy the opportunity to do spring decoration crafts at approximately 10 different stations. There will be refreshments for the parents (and kids) as they wait for their children (or grandchildren) to navigate the various craft stations. If you have any questions, contact Kathy at 345-6684. This is a fun event for the kids and the opportunity to be creative and see what MCAHCE is all about.

The Madison County HCE Annual Meeting will be held on Tuesday, April 25<sup>th</sup> at Le-Claire Christian School. The entertainment will be the Pence's, a very talented musical couple. The luncheon will be catered by Sundae Best; their food is always great... A silent auction will be held to raise funds for the county board and HCE member events. This event is always filled with good food, fun and information.

Madison County is also sponsoring a Hope for Heroes charity walk on Saturday, May 13<sup>th</sup> from 9:00 -11:00 a.m. at the Gardens at SIUE, Edwardsville Campus. We are collecting donations for Hope for Heroes with a minimum donation of \$5 per walker, if you're not a walker, any donation will be greatly appreciated. This is a wonderful way to enjoy the beautiful gardens at SIUE, get your exercise and walk for a disabled veteran who sacrificed their health for our freedom. All money raised will be given to Hope for Heroes to be used to build ramps and revamp homes for disabled veterans. We welcome the public to join us in this worthy endeavor. If you would like more information, please contact Vi at (618) 254-0368.

The annual Madison County "New Members Nite" will be held on Tuesday May 16<sup>th</sup> at the Farm Bureau Auditorium. This is a wonderful way to start your journey with HCE. There will be lots of great food, and The Sixties Chicks will be the entertainment for the evening.

Continued on next page

# DISTRICT NEWS

## Madison County, continued

The county tour will be to Springfield, IL on Tuesday May 23<sup>rd</sup>. The state capitol will be the first stop, then a two hour tour of the Lincoln Museum. We will have lunch at the Hall of flags (Secretary of State Building). After lunch we will tour the Edwards Place. If we have some extra time we will make a shopping stop. It should be a wonderful time and hopefully the weather will be good.

### Madison County in Action

*Winter Warm Up  
Alton, IL*



Happy Spring to our HCE friends,

Respectfully submitted,

Candy Huckleberry & Emily McDowell

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## MARION.....

The November Lesson about Mammography was very informative. Anna, a radiology technician from the Salem Township Hospital, shared information about the new technology available for mammograms and statistics about breast cancer. She also answered questions for those in attendance and those present shared personal stories.

At the November Board meeting, discussion was held regarding the donation made for the Annual HCE Award presented at the 4-H Achievement Night held earlier in November at the Marion County Fairgrounds. Emma Auvil was this year's recipient. The Board also voted to donate \$100 to Steve Smith for postage to send Christmas Care Packages to soldiers serving overseas. We were reminded that the history of the Marion County Home and Community Education will be the program for the Marion County Genealogical and Historical Society meeting to be held at the Bryan Bennett Library located at 315 S Maple in Salem on Monday, November 28, at 6:00 pm. The Marion County HCE Board will not meet in December but members are reminded that Volunteer Hours are due to Co-Chair Dorothy Bruce by January 10.

At the January meeting, the Marion County HCE Board announced that ten members turned in a total of 1991 volunteer hours with 698 of those hours being spent in HCE and the rest in churches, schools, and other organizations. The University of Illinois Extension figures that each hour, if paid, would be worth \$23.00 per hour in this state. That adds up to over \$45,000.00 of work being donated by these ten ladies to our community. We know that many other members are also spending hours volunteering – congratulations on a job well done!

Washington County Master Gardener, Majo Bates, presented a lesson about Gardening on January 19. The lesson was well attended with information about soil samples and other services offered by the University of Illinois Extension being shared by Ag and Natural Resources Program Coordinator, Chris Leuking. Majo shared how to broadcast small seeds in a garden and information about the Butterfly Weed, the 2017 Perennial of the Year. She gave us inexpensive ideas for starting seeds and beautifying the garden and recommended quarantining new plants a week or more before planting as they may have mites or fungus that could be spread to existing plants. Attendees received a Pollinator Wildflower Mix that can be planted this spring.

At the February Board meeting, plans were finalized to attend the IAHCE Conference in East Peoria March 14-16. The Marion County Banner will be on display and silent auction items will be donated. We look forward to the new information they'll receive regarding HCE and new lessons they'll receive there.

Pam Schallhorn, Community Economic Development Extension Educator, presented the February lesson on 5 Strategies for Attracting and Retaining Youth in Rural Communities. The "hollowing out of rural America" is a phenomenon that has been occurring nationwide for a decade. Millennials, those in the 20 to 35 age group who are identified as adventurous, creative, and enjoying social contact with others their own age, are the losses to this phenomenon; but the whole community suffers from

# DISTRICT NEWS

the loss of income and education levels that drop as these young people leave. Access to high speed internet and providing economic opportunities through entrepreneurship as well as investing in “youth priorities”, actively engaging and consulting and marketing your community to attract young people were strategies noted. Volunteer organizations such as HCE or organizations that utilize volunteers such as churches and schools will notice these losses as do employers and local businesses.

At the March Board meeting, plans were finalized for the Annual Book Sale to be held Friday, March 31 from 9:00 am to 4:00 pm and Saturday April 1<sup>st</sup> from 8:00 am to 4:00 pm. Donations of books can be made at the Marion County Extension Office on Wednesday and Thursday, March 29 and 30 between 8:00 am and noon and 1:00 pm and 5:00 pm. Books will be sold for donations to be used for the Marion County HCE Scholarship Fund.

The latest scholarship recipients are Skyann Cason who is studying theatre and drama at Kaskaskia College and Jeremy Hollingshead studying at Frontier Nursing University.

Members who attended the IAHCE Conference shared what they learned in the educational and informative workshops they attended. Some of the information they received will be shared as Minor Lessons for all the units in the upcoming program year. A good time was had by all in attendance!



*Dorothy Bruce, Phyllis Henson, Carol Murray, Helen Leonhardt and voting member Paula Barksdale attended Annual Conference*

Connie Williams  
Public Relations, Marion County



## DISTRICT 7 DIRECTOR Janel Kassing



Ladies,

Conference 2017 is history. It was a very busy week for me, but great to see the rewards of all the hard work by our state board and you, our members. Hope you enjoyed it! I'd like to say thanks to all the counties for their contributions to the table decorations, to all who placed ads, to all participants in the programs, to all who brought cultural arts and silent auction items. Your banners added color and interest to our dining area. THANKS, THANKS, THANKS!!!

Now it is on to Annual Meetings. So anxious to see how you all celebrate your picnics. Hope you enjoy our fun theme!

We will offer state t-shirts again. They will be delivered at District Meetings in August. There is an order form in this newsletter. Please share this information with your county members. If you'd like to send a group order that is fine. They will be \$15 and I need your order by July 7. I will be at each District meeting to deliver them.

I truly enjoyed being the conference chair. What a learning experience! Thanks for all your comments, suggestions and complaints. We try very hard to correct those things we CAN change. Some are just not possible to correct. Now we look forward to Conference 2018 in Effingham. Good luck to Sharon Davis and Marilyn Schaefer, conference chair and co-chair. I know you will enjoy their conference. I look forward to seeing you all in August as I travel along the state. Happy Trails....

Enjoy your picnics, be they "Down by the Riverside", at a park or zoo, at a local recreation area or in your backyard.

*Janel Kassing*



**IAHCE District 6 and 7 Workshop  
August 8, 2017  
St. Johns Lutheran Church,  
903 Jefferson, Effingham, IL**

# DISTRICT NEWS

## HAMILTON.....

Southern Illinois had a very mild winter this year and our first snow and winter-like temperatures didn't hit Hamilton County until mid-March. Spring flowers, shrubs, and trees were blooming the last part of February. Now we're wondering what our summer will be like.

We started our winter activities with a lesson on "Water, Cookies, Candy, and Appetizers." It was held at the assisted living facility and was a hit with all who attended.

We served hot chocolate and cookies after our community Christmas parade on December 2. The next day, we held a holiday bazaar, bake sale, and light lunch at a vendor's fair.

Our December board meeting was held at the home of Pennie Anselment, followed by a potluck lunch.

In January, 30 4-H and HEA members participated in a Cabin Fever Day. They worked on various craft projects and had a very enjoyable day.

Our Community Outreach director, Karol Brown, continues to collect soda tabs, hard plastic lids and containers, cancelled stamps (for Allied Stamp Ministry), and box tops for education

Soda tabs were sold and the proceeds were donated to the Ronald McDonald House in Evansville, IN. She also delivered several items and Valentines made by 4-H members to the veterans in the VA Hospital in Marion, IL. Plastic items and box tops are for the schools. All of these recycling projects help us have fewer things that go in landfills.

Four members from Hamilton County attended the state conference in East Peoria: Becky Belcher, Rhonda Millenbine, Phyllis Parr, and Karol Brown.

Our March less on "birds and bees" featured a local family who raise chickens, which they sell all over the U.S. They also have beehives, from which they sell honey and homemade soap. It was very interesting.

A taco salad lunch and bake sale is planned for April 13. Several more activities are planned, including Annual Day on April 25th.

We continue to have good membership in our county.

I hope everyone has an enjoyable springtime and a relaxing summer.

Bernadine Drone  
Public Relations, Hamilton County  
Karol Brown and Becky Belcher, Hamilton County

*Cabin Fever Day where HEA members and 4H members worked together on various craft projects.*



### **Responsibility**

It is every member of HCE's responsibility to invite prospective members and to share the benefits and value you have received from IAHCCE. It is an even greater responsibility to keep their interest in IAHCCE. The essential elements (welcome, caring, involvement, relationships, shared responsibility) create the sense of belonging needed to keep new members enthusiastic about IAHCCE, its values and opportunities. The responsibility to grow the organization belong to us all!



## DISTRICT NEWS

### JEFFERSON.....

Greetings from Jefferson County,

The winter this year sure was calling us down to the river early to enjoy some fishing, now spring temperatures are literally bouncing around all over the place.

We started our year with great news that our First Vice, Treasa Brookman, had kicked cancers butt, and is cancer free now. Her positive attitude throughout her treatments was inspirational.

January, our units filled out program books and decided on lessons to attend. The board has set up a time and date for a Soup & Sandwich Game Night Membership drive in February. We also started thinking about our Annual Meeting coming up in April and the conference in March. Hard to keep up with what month we are actually in. Our January lesson Herbs from the Bible and God's Pharmacy; there was a great deal of information in this lesson. The Bible mentions 128 plants that were part of everyday life. One example, Aloe (Aloe Vera) John 19:39-40 used for: burns, constipation, cancer, and skin irritations. After too much sun, I would always reach for the aloe, had no idea about its other attributes, or how ancient a remedy it is.

February, our Soup & Sandwich/Game Night Membership Drive was a success. The feeling of friendship and community filled the room, a very positive way to entice new members. We collected several boxes of non-perishable foods for the food pantries as well. We also compiled and completed our Year End Book to take to conference. We finalized our Annual meeting plans.

February's Lesson: *Aging, Everyone is Doing it, Secret to Successful Aging*. Equipped with the right type of knowledge, it is possible for everyone to approach the process calmly and confidently.

In March, which came in like an angry lion, six JCHCE members attended IAHCE Annual Conference, Sidney Laird, Imogene Lamczyk, Jeannie Peak, Treasa Brookman, Sarah Mae Waite, and Ida Mae Jackson. They have many things to share with us at our spring advisory meeting. We combined our March Salad Lesson and Advisory meeting. Members brought in a salad to share and Treasa Brookman took the recipes of these salads and made a recipe booklet for members. Materials from the conference were passed out and discussed at the Advisory meeting.

We leave March looking forward to our annual meeting, and completing some community projects in the next few months.

Happy spring,

Janice Wagner  
Public Relations, JCHCE  
Silvana Morss, Jefferson County

### MASSAC.....

The **Annual Meeting** was held on Sunday, March 5, 2017, 2:00 p.m. at St. John's Church. The theme was "Going to a Picnic Down by the Riverside." The program incorporated the Picnic theme with Susan Sloop, U of I Family Life Educator, presenting the program on "I'm Positive, I'm Aging". Susan pointed out the good points we need to focus on – aging means we are living longer, healthier lives than before. We need to stay active, be social, have purpose, eat healthy, challenge ourselves to learn, and be positive. These are all benefits we gain as HCE members.



The Best Attendance & Best Table Decoration was Town & Country Unit. The seven new members for 2016 are: Carroll Duncan, Chris Wiedeman, Tami Crest, Susie Henley, Shirley Jennings, Carol Kent, and Kay Rottmann.



Certificates were presented to Rozann Wilkins, Judy Duckworth, Chris Wiedeman, Mary Lou Stratemeyer, Joyce Taylor, Dorothy Holt, Diane Kruger, Norma Korte and Anita McConnell for volunteering more than 400 hours in the community during 2016.

### Community Activity

Massac County HCE members and 4-H members are welcome to attend a sewing and embroidery workshop on **April 29, 9:00 a.m. at the Extension Office**. The purpose of the workshop is to make a pillow top using sewing skills and machine embroidery. Anyone interested in improving their skills or helping 4-H members is encouraged to come! Two instructors with

## DISTRICT NEWS

### Massac County, continued

embroidery machines will be available to help. Please sign up by April 20 to make sure we have enough material on hand for everyone who attends.



We also held our annual Holiday Idea Day. The theme for this year's event was "Eat Local, Eat Healthy". Participants were served a luncheon of homemade vegetable soup, homemade breads and desserts. They then heard presentations on essential oils, easy holiday foods and Lyme Disease and made a few crafts and were entertained by a Phyllis Dillar impersonator. There was also a vendor fair with local sellers for participants to shop with!

Our county loves to partner with the local assisted living facility for programs. This past month, HCE member, Sara Tanner, gave a lesson on making Angel Food Cakes. Residents were able to sample a chocolate, vanilla and brown sugar angel food cake and watched a demonstration on the making of a vanilla recipe.

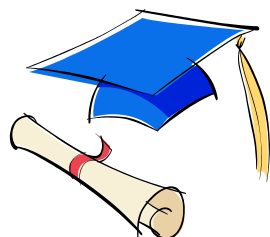


Sara Tanner  
Public Relations, Perry County

### HCE SCHOLARSHIPS

#### **Congratulations to the 2017 Scholarship Winners!**

The students who will receive HCE scholarships are: Caleb Duckworth, son of Kristi & Brad Duckworth; Lauren Grace



Bellamey, daughter of Tim & Penny Bellamey; and Chelsea Duncan, daughter of Michele Wright. We are happy to offer scholarships to these three students and wish them the best in their future educational endeavors.

**Market Street Spring Fling** will be held on May 6, at 7:00 a.m. Massac County HCE will have a booth this year. We need **all** HCE members to bake their special recipes that we can sell at the booth. *Please do not bring cream pies or cream cheese frosted items that need to be refrigerated.* If you have folded up tables we can borrow, please let your council member know. Let's get out and support our local community!

Norma Korte  
Public Relations, Massac County

### **PERRY.....**

Perry County HCE has been busy as usual!

Our members collected and donated 491 Valentines and 848 Christmas cards to a local Veteran's home. The cards were signed 'Perry County HCE' and a quarter was taped inside each one. This is an annual card drive that our members participate in, and each we are amazed at how

generous our members are each year! The cards are used by the physical therapist to help the residents with manual dexterity from opening the cards and pulling the quarters off. The quarters are used to purchase snacks, small personal items, and for Bingo.

*The Valentine cards were personally delivered by our president, **Jane Chapman**, left.*



### **PULASKI-ALEXANDER.....**

Pulaski/Alexander HCE began their new year with reflections of having hosted a dinner Achievement meeting for the Villa Ridge AG 4-H Club; a tour of the DeCillis private museum and lunch out, along with our participation in the two-day Youth Fair.

Officers on the Council were installed in January. President – June Badgley; 1<sup>st</sup> Vice President – Joan Fish; 2<sup>nd</sup> Vice President – Betty Shumaker; Secretary – Emma Dell Bennet; Treasurer – Flora Helman; Family & Community Service – Marilyn Kerr & Agnes Thurston; Cultural & Enrichment – Amy Kerr; International & CVH – Margaret Ann Grace; Public Relations – Martha McMunn

This year we will be 'fishing and picnicking' "Down by the Riverside".

# DISTRICT NEWS

*Pictured are Kristie Stout, 4-H & Youth Director and Jody Johnson, Multi County Extension Director who met with the Pulaski unit in February. They gave us a handout of the AJMPU Unit Annual Report, explaining the various facets of Extension work to us.*



March and April our Units and Council meetings mainly focused on the planning of the April 8, 2017 Hillbilly Dinner. Members volunteered their responsibility to the dinner at Shawnee Community College. This is a fund raiser for our Scholarship program.

The Council members are pictured below as they pose for the media.



*The Board Members of Pulaski-Alexander HCE are shown "Fishin' for Scholarship Money." Left to Right Betty Shumaker, Mary Jo King, Amy Kerr, Martha McMunn, June Badgley, Marilyn Ker, Margaret Ann Grace, Agnes Thurston, Joan Fish, Emma Dell Bennett and (seated) Flora Helman have managed to catch a few of the nearly extinct species know as green-eared dollar flounder.*

Unfortunately, those are not nearly enough to fund scholarship money for Century and Meridian graduating seniors. So, they set a date for the Hillbilly Dinner Theater to give opportunity for all to help fund scholarships and also enjoy the ham 'n beans, fried potatoes, fried apples, slaw, cornbread, and desserts. The food, cake walks, live auction, and door prizes will be on Saturday, April 8 at Shawnee Community College in the L-Atrium from 5-8 p.m. Supper will be served at 5:30 p.m. The K & I Drifters will provide the music and lot of merriment.

Martha McMunn  
Public Relations Director  
Pulaski/Alexander County

## WASHINGTON.....

Hello, Spring is here, the flowers and flowering trees are beautiful.

Here is what is happening in our county. Our International lesson this year will be on the Philippines, I can't wait for the tasty dishes each unit will prepare to share. Yum!

Our Community Outreach director had coordinated with the local High School to install Handrails at the Softball Diamonds, it is quite a steep incline and for someone with age they will come in handy.

Our annual meeting will be April 17th, we are looking forward to visiting with Jane Chapman. We will be served a delicious meal, have a fun program on The History of Picnics and Picnic Baskets, meet our new Board members and have a silent auction.

Have a great Spring and wonderful Summer.

Audrey Ostendorf  
Public Information, Washington County

## WAYNE.....

December was a very busy month, I am sure for everyone! Wayne County Units were celebrating the season with unit parties. The Board met for a fun lunch at a local restaurant. Rather than exchanging gifts, we each donated food items for local food banks. Quite a lot of food is collected and donated.

Some of our talented crafters have been busy teaching interested youth (mothers have joined in) how to embroidery.

Each year in February, the Fairfield National Bank as sponsor, Cooperative Extension and HCE sponsor a Women's Winter Workshop. This event has drawn crowds of over one hundred.

This year's event was held on February 22 in the activity room of a local church. The previous year's door prize winners form the following year's committee and select the program from suggestions on evaluation sheets and from suggestions they received. The program consists of five to seven speakers. Early morning coffee and snacks along with a delicious lunch are prepared by the church and HCE. One of this year's speakers from the U of I gave an interesting presentation about the upcoming event—the Total Eclipse coming in August. The Eclipse will be best seen over Southern Illinois.

The Craft Club has been busy making many interesting craft items.

# DISTRICT NEWS

## Wayne County, continued

Until the next report, HCE will be busy helping, learning and having fun.

Rusti Grogan  
WCHCE Public Relations



Wayne County Home and Community Education will be installing a new Board on April 24, 2017 at our annual meeting. Janel Kassing, District Director, will be presenting the new Board to the members. We will be having the baked potato bar with all the fixings, salad and desserts.

Our work with Mary Lou Simmons on “the crocheting with 4-H members” has been completed. We had several interested and the 4-H members brought their mothers so we had moms and daughters learning. Several tips and information was discussed and shared. Thanks, Mary Lou, for the lessons.

Our upcoming Pork Chop and Dessert Sale will be April 29, 2017. This is always an enjoyable time for the Board and members. It is held on the parking lot of one of our local churches and customers can drive through and pick up their favorites. We have smoked pork chop sandwiches, homemade pies, cakes, cookies, etc. This fundraiser helps members finance their way to IAHCCE Conference.

We are looking forward to the New Year with new projects and gaining new members. New member recruiting is always a challenge but can be accomplished through developing a friendship first.

We will be starting on our new Raffle Quilt in May by getting it sewn together and quilting is our next big project.

Have a great spring and summer.

Keep a smile on your face and a song in your heart.

Louise Rodatz  
President, Wayne County

WHATEVER YOU DO, ALWAYS GIVE 100 PERCENT...  
...UNLESS YOU ARE DONATING BLOOD.



## WHITE.....

I became a member of White County H.C.E. in 2014 and given the awesome opportunity to make a difference in the lives of others in my community and beyond.

H.C.E. is a great organization to learn, to teach and to reach out to others in their time of need.

Other organizations in our community know about what we do and often reach out to use in helping with Activities they may need help with. We all do activities they may need help with. When we all focus on possibilities, we will have more opportunities.

### Heritage Skill Day



We had a very interesting and historical program at our Heritage Skill Day on Buttons.

*Machine to make the buttons.*

*A wide, wide variety of styles, and designs of buttons.*



Perry Garner of Grayville, Illinois captivated us with the history of buttons made from mussel shells. Some of them made here in a button factory that was here in Carmi. A lot of the mussel and shells were taken from the Wabash River in Carmi and small towns along the river. Every now and then, a pearl was found in one of the shells, which sparked the enthusiasm.

There are still mussels to be found in the Wabash, but they are extinct today and are protected and cannot be harvested. The mussels were almost depleted by the button factories in the 1900's.

As late as 1937, shells totaling 27,000 tons were dug in 17 states to make 17,145,649 gross of buttons valued at \$4,752,918. The river eventually gave out and plastic came to be used in the 1960's for button-making.

Perry had lots of different stages of button making to show us and the Crow's Foot they used to dredge massive amounts of mussels and how the button machine cut the plugs out.

To read more about mussel shell production you can go to [www.muscatainehistory.org](http://www.muscatainehistory.org).



# DISTRICT NEWS



*The centerpieces used at our Heritage Skill Day were very unique. Pictures of members and family encircled the container.*

The doll in the middle of each container was adorable.

We had two very special guests at our Heritage Days, our IAHCE President Jane Chapman and IAHCE Public Relations Pat Hildebrand. Thanks so much for coming.



Fran Matheny  
Public Relations, White County



*White County HCE members at Annual Conference.*

Other volunteer hours are earned through units preparing & serving food at the Lighthouse Homeless Shelter in Marion on fifth Saturdays of the month . Collections of clothing and other items for homeless veterans are donated to the Marion VA, also. Crab Orchard unit is working to make money for scholarship to go to a high school graduate of Crab Orchard HS. Many other causes are supported by the Williamson County units, including Night's Shield, GumDrops and area Food Pantries and the Herrin House of Hope.

Our annual meeting is April 20 with a theme of "Down by the Riverside." We are looking forward to learning about the Philippines and sampling their recipes at our International Luncheon in the fall.



*Left to Right: Nora Harris, Marie Samuel, Barbara Ottolini, Oleta Massie, Judy Cox, and Jerry Covington*

Three attendees here from Williamson County enjoyed the time to meet in the Embassy Hotel to discuss the workshops and plans for the day.

## WILLIAMSON.....

HCE of Williamson County is proud to have received awards at the state IAHCE conference in East Peoria for CVH for District 7. Awards were given for both total number of hours and number of members submitting hours.



*Marie Samuel*

One way Care & Share Unit, shown here, gets hours is by playing bingo with veterans in Marion at the VA Hospital Nursing Home. Refreshments, cash prizes and Valentines were shared with veterans in February.



*Left, Rosemary Mathis, center, Karen Williams and right, Marie Samuel, before taking a donation shown here to the silent auction. The embroidered shirt fetched \$25, and many great items were available this year.*



# DISTRICT NEWS

# ACWW

## Williamson County, continued



Shown with her very optical quilt design is Crab Orchard member, **Ann Collins**, with her grandson helping show her creation which is displayed through April at Little Egypt

Art Association in Marion, IL. Also with work in that show is Marie Samuel, member of Care and Share unit.



Shown here with one quilt taken to this year's IAHCE conference to hand quilt for an April exhibit at the Herrin Hartley Gallery is Eco-artist **Marie Samuel**.

The quilt in the picture was all pieced by Marie Samuel. Some of the hand quilting was done before the machine quilter added thread drawings of bees, etc. The day lily, to the left above, is a watercolor also done by Marie.



Due to the machine quilter after the conference, the collage art quilt is part of a series to promote appreciation for pollinators. "More blooms for Pollinators" features floral wall hangings and some may be seen in August at the Mt Vernon Cedarhurst show - An Annual Gathering of Quilts - in August & September. Check the museum for times, dates, or to arrange a tour.

How many HCE members still use a clothesline?

Marie Samuel  
Public Relations/CVH, Williamson County

## **Weitzmann Appointed ACWW Friendship Links Coordinator**



Patricia Weitzmann has been appointed ACWW Friendship Links Coordinator for the USA area.

The ACWW Friendship Links Programme is the pen-friend program of the ACWW. It is just one part of ACWW's part of their commitment to "Connecting and

Supporting Women and Communities Worldwide" via traditional hand written letters as well as digital means such as e-mail, social media messaging and online friendship

IAHCE International director, Pat Weitzmann, recently received word from the ACWW that her application for Friendship Link Coordinator for the USA area has been approved. Pat will work with all members of ACWW in the USA seeking pen friends in the USA matching them to pen friends in other countries of the world.

Pat currently has two persons from England seeking a pen-friend from the USA. If anyone is interested in or would like further information contact:

Pat Weitzmann  
E-Mail: pweitzmann  
ACWW Friendship Links Coordinator - USA  
23485 Eagle's Nest Road, Antioch, IL 60002  
847-395-6255 Home

### **Definition of Friendship Links Program:**

The ACWW Friendship Links Program is the pen-friend plan of the Associated Country Women of the World (ACWW). It is just one part of our commitment to Connecting and Supporting Women and Communities Worldwide, and incorporates both traditional hand-written letters as well as digital means such as e-mail, social media messaging and online friendship.

# SUPPORT FUND NEWS

## SUPPORT FUND REPORT Perry County Presents

### Eat Local, Eat Healthy

Our support fund application was to make people more aware of the pluses of eating locally grown or purchased foods.

Through our display we pointed out the attributes of using locally grown foods, showed pictures of some locally grown foods, and suggested ways to get locally grown foods when you do not raise your own.



We had the display at the Pinckneyville Hospital Health Fair as well as the DuQuoin Hospital health fair. Our display was in conjunction with the Perry county Master Gardeners.

The Master Gardeners displayed ergonomic gardening tools that people with handicaps could use to garden. The HCE passed out samples of locally made bread, made by the Amish, with a rhubarb and honey sauce spread on it. The honey was locally processed and the rhubarb was locally grown.

Pamphlets, notepads, and seeds were passed out to visitors. The pads were specially printed and had the NVON “eat local, eat healthy” printed on them. These pads were also passed out to all of the state presidents at annual conference last year.

Perry County also used the “eat local, eat healthy” as their theme for the programing this past year. All lessons presented to the membership pertained to the theme. The Holiday Idea Day event also carried on with the theme with all presenters doing programs around that theme. Homemade vegetable soup was served for lunch.



During HCE week in October, the theme was used more by presenting reading programs at the libraries in Pinckneyville and DuQuoin (see picture at left.)

The stories that were read were about former presidents and their interest in growing their own foods.

The IAHCE 2017 state conference wrapped up our promotions by providing water bottle covers with a smiley face on them to all attendees. We hope this will encourage more intake of water which is one of the healthiest things that you can put in your body.

## SUPPORT FUND STATE ADVISORY COMMITTEE

Please join me in thanking the five members who recently retired from this committee::

Carrie Haug	District 1	JoDaviess
Jean Pieroni	District 2/3	McHenry
Mary Lee Prentice	District 4	Pike
Anita Backhus	District 6	Effingham
Alberta Woodside	District 7	Perry

Welcome to those who began a two-year term at Annual Conference::

Mary Ann Johnson	District 1	Bureau
Marian Lang	District 2/3	McHenry
Mary Johnson	District 4	Sangamon
Linda Schmidt	District 6	Effingham
Becky Belcher	District 7	Hamilton

## SUPPORT FUND GRANTS REMINDER

Is your county planning a special event or activity? Will it reach a lot of people? OR, are you planning something that could be used by other counties as a learning tool? If the answer is yes to any/all the above, consider applying for a monetary grant from the IAHCE Support Fund.

Hopefully, you saw the display with trifold and application handouts at Annual Conference. The guidelines and application form can also be found in the guidebook (pages 64-65) on our website: IAHCE.org

Applications must be postmarked by June 1, 2017. Send to the newly elected State 1<sup>st</sup> Vice Sharon Middleton, 1190 Chelsea Way, Decatur, IL 62526. The applications will be discussed by the Support Fund State Advisory Committee in August and counties will be notified of their decisions by September 1, 2017.

## CORRECTION:

The Support Fund Report in the December 2016 issue regarding the Five County HCE Conference incorrectly listed Fay Mize as being from White County. The article for Alexander, Massac, Johnson, Pulaski and Union was submitted by Fay Mize from **Johnson County**.

# HOST HOMES NEEDED

March 5-April 5, 2018  
2-4 day stay

Your Guest:

Sara Kenny

International Homemaker Exchange  
participant from Australia

Submit Host Application  
By October 1, 2017  
(Page 41-IAHCE Guidebook)

Questions?  
Contact Pat Weitzmann  
849-308-6256



## Glimpse of Sara's World

"This week I am off on the 2<sup>1/2</sup> hour trip to Perth for an event called Farmer on Your Plate. It is held in Forrest Place, a large open square in our capital and promotes interaction between food producers and city people.. Our CWA has a stall there promoting our organization – and enjoying the aromas and tastes from neighbouring stalls." ...also "This week we are shearing which means a whirl of activity on the farm. We have five shearers each shearing up to 200 sheep a day, and five people working in our shearing shed, their speedy pace helped with loud music playing! We have ourselves, our son and his wife to bring mobs of sheep, some hundreds in each, to the shed and return them to paddocks without any mix ups. As we have around 7000 sheep this is quite a project." says Sara Kenny of The Country Women's Association (CWA) of Western Australia on March 28, 2017.

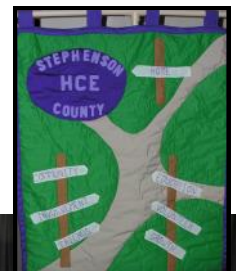
## COUNTY OF THE YEAR

Mc Lean County



2nd place — Macon County

3rd place— Stephenson County



# LOOKING BACK — ANNUAL CONFERENCE..... FOOD AND FUN



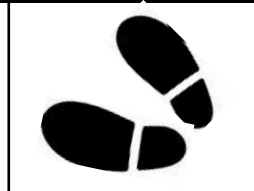
**Chocolate and Mennonite Foods**



**Cultural Arts /Bingo Night**



**Steve Bobbitt as Rod Stewart**





## MEETING THE CHALLENGE IN ILLINOIS

The Zero Hunger Challenge was launched by United Nations in 2012. The Zero Hunger vision reflects five elements from within the 17 Sustainable Development Goals, SDGs, which taken together, can end hunger, eliminate all forms of malnutrition, and build inclusive and sustainable food systems by year 2030.

United States Department of Agriculture (USDA) set a goal for Reducing Food Waste in the United States 50% by year 2030.

Goal: Go from 131 billion pounds of food waste in year 2010 to 66 billion pounds by year 2030. The Associated Country of the World (ACWW) has given their written pledge to do what it can through its members to reach the Zero Hunger Challenge goals. IAHCE is a member organization of ACWW.

Each IAHCE county organization is asked to:

- Make all its members aware of the Zero Hunger Challenge
- Educate its members on how to Reduce Food Waste in their homes
- Understand what is already going on in its community to Reduce Food Waste
- Invite members of the community to any education sessions or events

### Did You Know?

- In 2014, more than 38 million tons of food waste was generated
- In 2010, the average amount of food loss per American was 429 pounds
- 31 percent of the available food supply went uneaten
- 1,249 calories per capita per day went uneaten in 2010

[pa.gov/sustainable-management-](http://pa.gov/sustainable-management-)



### Focus on Reducing Food Waste

- UN set the challenge
- ACWW accepted the challenge
- IAHCE supports ACWW's accepted challenge



# BEST OF SHOW—CULTURAL ARTS

Categories	Name	County
100 Artwork	LeRoy Sneed	White
200 Counted Cross Stitch	Pat Totten	Richland
300 Crafts	Eve Springer	Champaign
400 Crochet Afghans	Sylvia Dust	Effingham
500 Crochet-Other	Betty Gross	Monroe
600 Hand Embroidery	Sharon Scherer	Monroe
700 QH/M Pieced/Hq/HCE	Ruth Nagel	Randolph
800 Heritage Needlework	Judy Milfs	Adams
900 Jewelry	Rebecca DeLong	Pike
1000 Knit Afghans	Carol Myers	Macon
1100 Knit-Other	Peg Vaughn	Livingston
1200 Machine Embroidery	Kate Schmitgall	Tazewell
1300 Machine P & Q by HCEmember	Ann Heck	Kane
1400 Nature Items	Lisa Barthall	Rock Island
1500 Photography	Pat Weitzmann	Lake
1600 Q.H/M by HCE, quilt Non-HCE	Lauri Hargrove	Lake
1700 Quilted/O	Mary Ann Platt	Macon
1800 Recycled	Norma Korte	Massac
1900 Scrapbooking	Lotetta Stever	Richland
2000 Table runners	Roxy Ulm	Sangamon
2100 Wearable art	Marge Houglan	Edgar
22001 Wall Hanging	Jackie Williams	Pike
2300 Current Annual Theme	Barb Freeman	McHenry
2400 Current County of Study	no entries	



## People's Choice Winners

Crochet-other:	Betty Gross	Monroe
Quilt by HCE member:	Ruth Nagel	Randolph
Nature Items:	Joan Anderson	LaSalle
Quilt, quilted by non-HCE member:	Laurie Hargrove	Lake
Wall Hanging:	Jackie Williams	Pike



# WALL OF HONOR — EDUCATION AWARDS

## CULTURAL ENRICHMENT

Peggy Long, IAHCE Director

### Textiles & Clothing:

- |   |            |
|---|------------|
| Effingham County  | District 6 |
| Worked with 4-H'ers to sew Christmas stockings for Child Development Center |            |
| Massac County   | District 7 |
| Sewing Day for 4-H'er to improve skills, sew in zipper for Make-up bag      |            |

### Heritage Skills:

- |  |            |
|--|------------|
| Stephenson County  | District 1 |
| Visited Oregon Soap Shoppe & learned about soap making, & history  |            |
| Monroe County  | District 6 |
| Celebrated bicentennial of Monroe Co. & 75 <sup>th</sup> for HCE. "The Quilts of Monroe Co." was written and presented in the form of bed turning. |            |
| Perry County   | District 7 |
| A day of Holiday ideas, & presented program on Essential Oils, Eat Local, Eat Healthy during the holidays.   |            |

### Special Activities:

- |   |            |
|---|------------|
| Lee County  | District 1 |
| Toured Mighty Vine Tomato facility, Japanese Gardens, Robert McCormick Mansion, and Contigny Park.                  |            |
| Adams County  | District 4 |
| Made Halloween decoration, a pumpkin face door hanger.  |            |
| Macon County  | District 5 |
| Mr. Rick Starshak spoke on how he transformed horse pasture into beautiful display gardens.                         |            |
| Jefferson County  | District 7 |
| "Rollin' On the River" with educational trip to Louisville, KY to ride the Belle of Louisville & tour Mega Caverns. |            |

### GRAND AWARD: DEWITT COUNTY District 5

Two workdays were held to make 48 personal mini bags & 4 walker bags for residents of the local nursing homes. The residents picked out their own bag so they could identify which walker belonged to them.



## INTERNATIONAL

Pat Weitzmann, IAHCE Director

### Country of Study:

- |   |              |
|---|--------------|
| Lee County  | District 1   |
| Ecuador-Nailed all the International Education objectives |              |
| Lake County   | District 2/3 |
| Ecuador-Variety, through research make learning enjoyable |              |
| McLean County   | District 5   |
| Ecuador-Newspaper articles help educate members           |              |
| Effingham County  | District 6   |
| Ecuador-Evaluation Form indicates a job well done.        |              |
| Washington County   | District 7   |
| Ecuador-Good Educational effort throughout year.          |              |

### Other Country of Study:

- |  |            |
|--|------------|
| DeWitt County  | District 5 |
| Estonia – International Exchange Participants well received. |            |
| Crawford County  | District 6 |
| Baltic States-Planning Timeline Good Tool                    |            |
| Perry County   | District 7 |
| Baltic State & Minnesota at Passport Party with 4-H          |            |

### Special International Event:

- |   |              |
|---|--------------|
| Stephenson County                                   | District 1   |
| Ecuador- Just Rolling Down the River with HCE       |              |
| DuPage County                                       | District 2/3 |
| Ecuador-Direct Relief Donation a fine gesture       |              |
| Vermilion County                                    | District 5   |
| Ecuador-40% of membership attended event            |              |
| Madison County                                      | District 6   |
| Ecuador-Fantastic Cultural Immersion for an evening |              |
| Massac County                                       | District 7   |
| Ecuador-Uniquely Informative Event                  |              |

### GRAND AWARD: MACON & PIATT COUNTY

District 5

Special International Joint Event





# WALL OF HONOR — EDUCATION AWARDS

## PUBLIC RELATIONS

Pat Hildebrand, IAHCE Director

**Special Activity**

- Effingham, Fayette, Jasper Counties                      District 6  
Human Trafficking Awareness
- Macon County    District 5  
Christmas in July
- Stephenson County    District 1  
Christmas Tree Decorating Contest

**HCE Week**

- Massac County    District 7  
Educational activities and opportunities were promoted and carried out with collaboration with numerous business and government organizations and FFA.
- Champaign County    District 5  
A Cultural Arts Show and Selection Day for State Conference and a Membership Even was held during HCE Week. There was a gain of 2 new members.
- Monroe County    District 6  
Celebrated 75 years. Promoted Monroe County and entire IAHCE and honored long HCE members.

**Public Relations**

- Madison County    District 6  
Numerous activities and events were advertised in a variety of ways which keeps the county HCE programs in the forefront in communications in the community.
- Massac County    District 7  
Shared mission statement with groups during five events and gained one new member.
- Lee County    District 2/3  
Activities and variety of events publicized throughout the year to create an awareness of HCE.

**GRAND AWARD: MC LEAN COUNTY** District 5  
Public Relations Team responsible for all areas that utilize communications sent out to the public as well as HCE membership.



## FAMILY & COMMUNITY ISSUES

Sharon Davis, IAHCE Director

**Family Living and Safety:** none

**Health, Food & Nutrition**

- McLean County    District 5  
Activities to support the mental & physical health of members

**Citizenship, Environment:**

- Massac County    District 7  
Learn about US Flag, personal care items for Veterans & Recognition of 911 responders.
- Adams County    District 4  
Flag Etiquette
- Macon County    District 5  
Pillowcase, pop tabs for Ronald McDonald House

**Special Activity:**

- Jackson County    District 7  
Honoring Children Eternally with Tender Mercies Organization
- Lake County    District 2/3  
Summer 'Learn to Grow Youth Program'
- Stephenson County    District 1  
Community Outreach Senior Resource Center

**GRAND AWARD: EFFINGHAM COUNTY** District 6



Citizenship activities to educate the community.

**GREAT AMERICAN FAMILY OF THE YEAR:**



Madison County  
District 6

**Freer Family**  
Godfrey, IL

# WALL OF HONOR — EDUCATION AWARDS

## MEMBERSHIP

**Angela Hicks, IAHCE 2<sup>nd</sup> Vice President**

**Net Gain:**

Mercer County	7.89%	District 1
DeKalb County	3.80%	District 2/3
Hancock County	5.77%	District 4
Richland County	5.49%	District 6
Perry County	.96%	District 7

**Most Members Gained:**

Rock Island	12 new members	District 1
Lake County	11 new members	District 2/3
Tazewell County	13 new members	District 4
Champaign County	16 new members	District 5
Richland County	13 new members	District 6
Hamilton County	14 new members	District 7

**Activities:**

DuPage	District 2/3
Increasing HCE awareness through networking in community	
McLean	District 5
Raising awareness of HCE programs through media outlets	
Massac	District 7
Gaining new members through community awareness	

**Special Activity:**

Stephenson	District 1
Participation in Memorial Day Parade, raising awareness of HCE	
McLean	District 5
Membership & Friendship Tea, promoting awareness of HCE	
Perry County	District 7
Bus Trip-Gibson County Barn Quilts & Azalea Garden	

**GRAND AWARD MEMBERSHIP**

**ACTIVITIES: MACON COUNTY** District 5  
 “Rollin’ on the River to Christmas in July”



**LARGEST NET GAIN:**  
**LEE COUNTY**  
 District 1

9.84%

**HONORABLE MENTION: Marilyn Schaefer**

District 6



District Director with the most new members gained in a District in the entire state. 86 of 328 members for 2016.

**CERTIFIED VOLUNTEER HOURS**

Joan Stanley, CVH/Sales Director

**County with highest number of hours reported:**

District 1:	Stephenson	13,445
District 2/3:	Lake	22,396
District 4:	Tazewell	17,875
District 5:	Champaign	31,012
District 6:	Madison	26,300
District 7:	Williamson	15,059

**County with highest percentage of members participating:**

District 1:	Mercer	71%
District 2/3:	Grundy	73%
District 4:	Adams	76%
District 5:	McLean	100%
District 6:	Effingham	46%
District 7:	Union	89%

**County with the highest number of members participating:**

District 1:	Stephenson	45
District 2/3:	Kane	80
District 4:	Adams	119
District 5:	McLean	209
District 6:	Macoupin	53
District 7:	Williamson	57

# CALENDAR

- July 18-20, 2017—NVON 19th Annual Conference  
Sheraton Raleigh Hotel Downtown  
Raleigh, North Carolina
- August 8-10, 2017—I AHCE District Workshops
  - August 8, 2017 – Districts 6 and 7,  
St. Johns Lutheran Church,  
903 Jefferson, Effingham, IL
  - August 9, 2017 – Districts 4 and 5,  
Southern View Chapel,  
4500 S Second St., Springfield, IL
  - August 10, 2017 – Districts 1 and 2/3,  
United Methodist Church,  
160 Johnson Ave., Sycamore, IL
- October 1, 2017—Deadline-International Exchange  
Illinois Host Application
- October 2-4, 2017— CWC USA/ACWW USA  
Annual Meeting, Huntsville, AL
- October 16, 2017 —World Food Day
- April 3-10 , 2019—ACWW 29th Triennial  
Conference, Melbourne, Australia

# SILENT AUCTION

AWESOME is the best word I can find to describe this year’s silent auction at Annual Conference in Peoria. Many thanks to all the individuals and counties who contributed such great and varied items as well as to the many generous bidders who made the grand total of the silent auction to be \$2,888. And much thanks to volunteers Marilyn DeVries, Carla Meyer, Ann Runkle, and District 5 Director Kathleen Emery for their ever present help with this endeavor.

Bev Combs, Committee Chair



## THANK YOU

*I want to thank everyone who donated for the chance to win the Patriotic County quilt.*

*We were able to give Chip Schaefer from Hope for Heroes a check for over \$3,600.00. That is fantastic.*

*The total amount goes to help our military with no money coming out for administration costs.*

*Ladies just think what your money is doing for our military and veterans.*

*Congratulations on a job well done.*

*Sharon Davis  
Family & Community Issues*

# ORDER YOUR IAHCE T-SHIRT HERE!



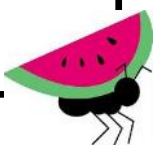
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Send to: Janel Kassing  
328 S. Main St.  
Red Bud, IL 62278



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Mailed in May - August - December

**Deadlines for Articles**- April 1, July 1, November 1

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Telephone w/Area Code \_\_\_\_\_  
County \_\_\_\_\_ District \_\_\_\_\_  
New \_\_\_ Renewal \_\_\_ Address Change \_\_\_\_\_  
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