

# *THE IAHCE CHRONICLE*

*Change Is To Grow*  
*IAHCE*



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## Conference Insert Includes:

- ~Registration and hotel information
- ~Share shop and workshop description
- ~T-shirt and bag order form
- ~Menu, Agenda, and Ad information
- ~Make and Take It information

**Conference  
Insert  
Inside**



*Grow Is To Become*  
*Effingham 2021*

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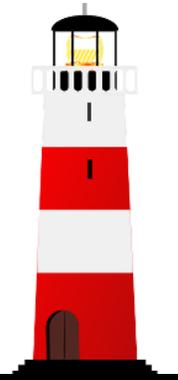
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# NEWS FROM YOUR STATE OFFICERS



IAHCE PRESIDENT - JANE CHAPMAN

## *Jane's Jest*



The true “beacon” (the sun) actually shown through today after many chilly, damp, and cloudy days! It is amazing how much better people feel when the sun is shining, I know I certainly feel more energetic!

Wow, we had an amazing October Board meeting a couple of weeks ago. It was certainly great seeing all the rest of the board in person. I did realize how much more is accomplished when you can meet in person. The Zoom meeting in June was okay but you don't have the input or discussions on Zoom as you do in person. The Board accomplished a lot in the two and a quarter day that we met. We tried to remain positive about the upcoming conference and made plans as if everything is good to go come March. The nominating committee have great candidates for the two open positions on the board and a new District 4 Director is lined up.

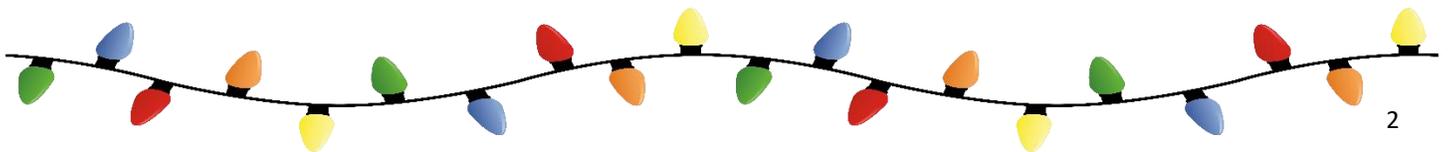
Please keep in mind too, that Illinois is hosting the Country Women's Council conference in 2021. It will be in Effingham, September 13,14, and 15. It being in Illinois gives everyone a great opportunity to learn more about the CWC and the ACWW. I found after going to the conferences of our sister organizations I understood more how all the puzzle pieces fit together between the organizations. Definitely mark your calendars. Plus, as chairperson, I will need lots of help!

If you have not viewed the District Workshop videos that the board made, they are still available for is viewing on the IAHCE.org website. Stayed tuned for another great video that will be hitting the screens in December! Info on it will appear in the President's Packets that come out the first of December. This new one is really great and the script was written by Public Info Director, Emily McDowell! Watch out Hollywood the IAHCE board is on their way!

Thank-you, to all who donated to the NubAbility camp fund. As of this writing we will be presenting the NubAbility organization a check for \$2,044.30! Part of your Friendship Project Fund money, the 25% that stays in Illinois, was donated to sponsor a camper from a foreign country. So, thank-you, International Committee, for sharing the funds. The camper fee is \$500.00. The generosity of the HCE totally overwhelms me all the time!

By the time you receive this edition of the Chronicle the election will be over. I sincerely hope each of you did your patriotic duty and voted. I also hope that things have settled down in our country! There is so much dissention, hatred, and lack of respect for our fellow Americans! I want to sign off this with my wishes for you – stay positive, don't live in fear, smile often, and be kind to one another.

Later, Jane



# EXECUTIVE BOARD

## 1st VICE PRESIDENT - Mary Eustace

*Hello to all of our statewide members of IAHCE. I am so happy to be your 1st Vice President. Recently I read a quote that was posted on our IAHCE Facebook page and I believe it needs to be re-posted and read again. "*

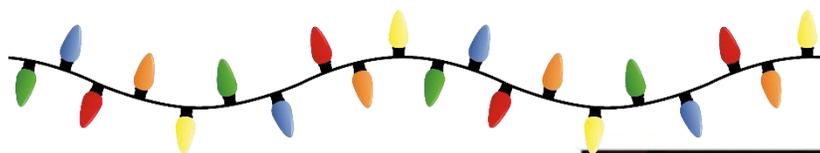
*Breathe....Sometimes the best thing you can do is not think, not wonder, not imagine, not obsess. Just breathe, and have faith that everything will work out for the best."*

*This really says it all! Our world has been turned upside down with things beyond our control along with the ability of not going about our normal business and it feels odd. By faith, I am believing that life will get back to normal with all of us having a greater appreciation of the things we have in life.*

*I am working on ideas for lessons to encourage and enrich our lives for the 2021 season. If there is something you would like to see be included, please let me know. I am looking forward to working with lessons that would impress our counties to get together for growth in membership.*

*We all need to pull together to keep our amazing organization strong. Volunteering in your communities demonstrate our mission statement to be true. Keep up your good works and help where ever you are needed. I love my job and I love all of you! Looking forward to seeing you all again real soon.*

*Mary Eustace*



## 2nd VICE PRESIDENT – Norma Korte

Hello HCE members from Southern Illinois! Harvest has gone well for the Korte Family. We were able to get most of the crop harvested before it started to rain. I saw that some farmers in the central part of the state had combine and field fire trouble, but we managed to avoid that issue. Our family is trying to stay safe due to Covid-19. I had hopes that all things would be back to some kind of normal by now.

My local unit started meeting again outdoors in August. Everyone was so happy to see each other and just visit. We had a short lesson, brought our own lunch and chairs. One of the ladies, who is **91** years old, had been busy putting together 28 country scenes of small 300-piece puzzles since March. Her daughters have taken pictures of each puzzle, and put the pictures in a three-ring binder. She has shared the puzzles with residents in Assisted Living Facilities. Other members have made masks, hats for Chemo patients, planted gardens, canned what was in their gardens, walked outside, colored detailed picture books, painted doors, collected food and cleaned the closet to donate to good will. I wanted to share some of what we were doing and what I have seen on Face book from the various counties. I hope you are staying busy with helping others through this time and trying to keep yourself healthy.

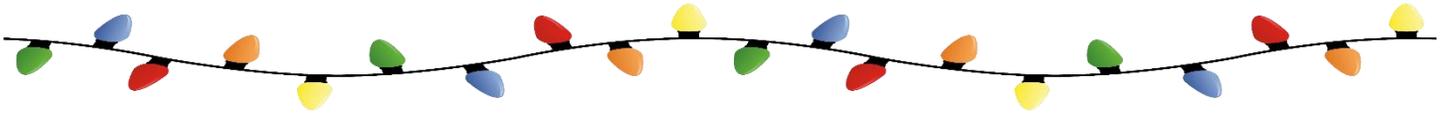


We will need to continue to think outside the box about how we can reach all our members for the next few months. Just remember that we are all in this together and we will make it. Try new ways to have your meetings and keep safe. We need to maintain what members we do have. With that in mind, you can still watch the District Videos on [www.iahce.org](http://www.iahce.org) . Please view them and turn in your evaluations which are due by December 1.

The membership report, that was included in your conference and August 2<sup>nd</sup> Vice President packets, will need to be filled out and sent to your District Director by January 5. The Treasurer of each county and 2<sup>nd</sup> Vice President need to work together to make sure the number of members, that you pay \$5 per member for,

agrees with the number of members you report in the Membership report. Be sure to check out all the plans for IAHCE Conference. Read your October District Director letters. There is a lot of information in them!! Stay safe, keep positive, and keep telling your friends all you learn from HCE.

Norma Korte,  
IAHCE 2<sup>nd</sup> Vice President



## EXECUTIVE BOARD

### SECRETARY - Cathy Eathington

The year 2020 will be one that we will not soon forget. I pray that most of you have survived with good health. I have found that many of the projects that I was going to do are still not done.



We are going forward with our plans for our 97<sup>th</sup> Annual Illinois Association of Home and Community Education Conference on March 9-11, 2021 at the Thelma Keller Convention Center in Effingham. Your County President will receive a packet from President Jane Chapman with all the details in early December. Co-Chairman Ashley Davis and Mary Johnson are making plans for the Convention to be better than last years. I look forward to seeing many of you then.

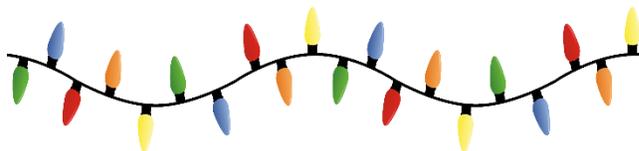
Remember to send me and your District Director your new officer list, even if the officers are the same as last year. Please print or type, include zip code and phone area code.

Keep working on getting new members and keeping the ones you have. We all know this year has been an unusual year, but try to keep your County and Units as active as possible. We have a Video Message from the State Board to all members coming out in December.

**STAY SAFE AND HEALTHY!!!**

Cathy Eathington, Secretary

### TREASURER Melissa Chitwood



Greetings from Central Illinois!

As I write this today, it is a crisp October afternoon. I look out my window and see beautiful hues of reds, yellows and browns as the sun peers through the leaves holding on for another day, others, their time has ended and they have fallen to the ground. It is the season of change. Socrates said "The secret of change is to

focus all of your energy, not on fighting the old, but on building the new”. The leaves are doing just that, letting go to focus energy on building for the new.

Beacon of the future, what a great segue to our 2021 Conference theme “Change is to grow, Grow is to become.” I am sure 2021 will offer many changes in the way that we do things. Hold tight, we are all in this together. Speaking of being together.....did you know that a portion of your state dues provides liability insurance to your guests at events? Should a venue request a Certificate of Liability Insurance you should directly contact Van Gundy Insurance at 309-452-1156. Advise them that you are a part of the Illinois Association for Home and Community Education and they will provide the necessary paperwork. There is no additional charge to obtain this certificate.

Please remember to send in your Friendship Projects monies for the year. To qualify for the County of the Year Award, mailings needed to be postmarked by November 20; however, funds are still being accepted for the 2020 fund collection so send them in!

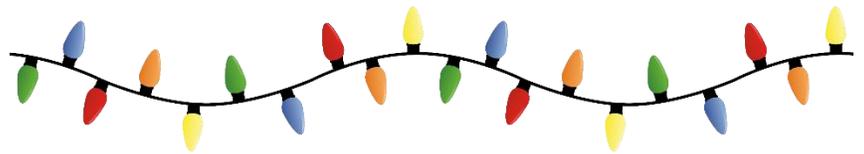
**Dues are due (postmarked) by January 5.** Remit dues for the **number of members as of December 31, 2020.** Membership reported to your District Director and number of members you pay for must match. For both of these transactions, Friendship Project Funds and Dues, please include the appropriate transmittal form that was included in your District Workshop packet or the forms are available online at IAHCE.ORG in the Guidebook section (pages 22 & 23). Checks should be made payable to IAHCE and mailed me: Melissa Chitwood, 1408 East 2250 North Road, White Heath, IL 61884.

I had a wonderful time in Effingham during our October Board Meeting. Talk about working from sun up till (past) sun down! What a great group of ladies! Plans are moving forward for our Annual Conference in March in Effingham. Have you thought about what you could donate for the silent auction? Look for me there and introduce yourself!

Christmas is coming! “Keep your friends close, your enemies closer, and receipts for all major purchases (Bridger Winegar).

Stay safe and “let us not forget to be kind”.

Melissa Chitwood



## EDUCATION COMMITTEE

### Cultural Enrichment - Sonya Bishop

Happy fall! I think... As one with allergies aggravated by ragweed an almost anything related to fall, I really dread this time of year. It is also a precursor to winter which I am not fond of at all!



Anyway, I am thinking this year needs to be over so we can get a fresh start. I for one am ready! I am finishing up my 18 days of isolation because my spouse tested positive. Neither of us had any symptoms so we are fine. I have come to the conclusion that I don't like being on house arrest!

I was thinking about what the words cultural and enrichment meant so I found definitions for both. Cultural - relating to ideas, customs and social behavior of a society.

Enrichment – the action of improving or enhancing the quality or value of something.

How do we tie these words together as HCE members? It is the artistic ability to put together scraps of fabric and make a beautiful quilt, by assembling words in an order to make a poem.

- To see a blank canvas, then create a beautiful painting.

- To start with a single strand of yarn or thread and finish with a sweater or a tatted hanky.

Enrichment is the action of improving and enhancing the quality and value of our lives and those around us. By teaching and encouraging next generations to expand their horizons we enrich them with our cultures and experiences.

Remember January 31<sup>st</sup> deadlines. CE entries should include a Self-Addressed-Stamped-Envelope. (SASE) Items are required to be no larger than 24x24 inches.

## Family and Community Issues - Eleanor Gregory

### Howdy, Pardner!

*Change Is to Grow and Grow Is to Become* and **2020** will soon *change to 2021* and *become* history! This past year was “a rough ride,” but we managed to “stay in the saddle” and we’re looking forward to the “green pastures” of spring---particularly the 2021 March Conference!



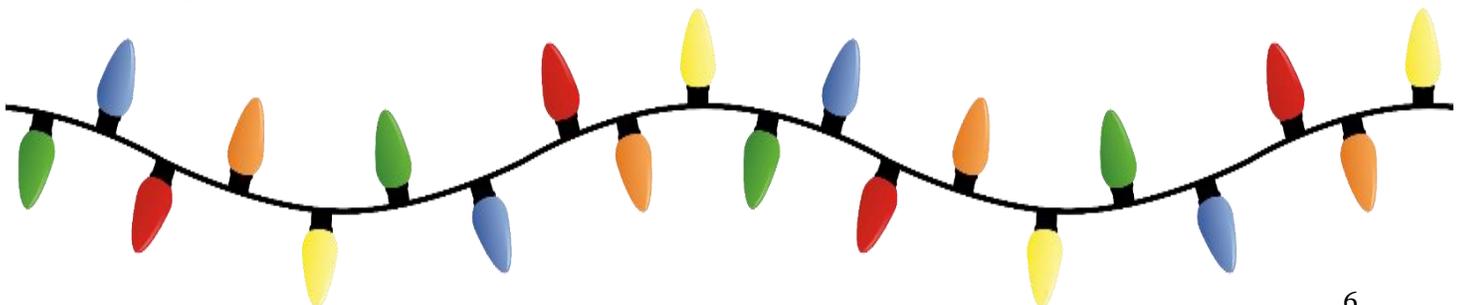
Please remember to send in your Education Award applications with a booklet documenting a project, an accomplishment, or activity by **January 31**. (P.O. 185 Alhambra, IL 62001) You are probably thinking--- “We didn’t meet. We didn’t do anything.” Take a closer look. Look at the activities of individual members and you may spot some threads of similar individual activities that can be stitched together into a report for one of our four categories. There are four categories under Family and Community Issues.

They are: **1.** Family Living, Safety **2.** Health, Food & Nutrition **3.** Citizenship, Environment and **4.** Special Activity. The report form can be found on page 66 of the new County Guidebook. Or you can go on online by searching IAHCE Guidebook. Click on Guidelines for Family and Community Issues.

Consider nominating a family in your county for the Great American Family Award! Again, the application is in the County Guidebook or online.

Don’t forget our goal this year is to **“Serve Others with Creative Ideas for Change!”**

All the Best and God Bless,  
Eleanor Gregory 618-410-5951



# EDUCATION COMMITTEE

## International - Cara Ausmus

Woo Hoo Ladies! You are Awesome! We divided and distributed our Friendship Projects Fund money, leftovers from the exchanges and the Dimes Against Hunger Project (which continues so add dimes to dollars to your own bottle at home!) this is what YOU have accomplished.



We have distributed \$20,230.23. WOW! This is how it goes out: A. \$1000.00 to Illinois 4-H Foundation B. \$1000.00 to Illinois IFYE Exchange C. \$1000.00 to Illinois LABO Exchange D. \$500.00 to International Peace Garden (US/Canada border) E. \$1000.00 Donation to IL Food Banks F. \$500.00 Donation to NubAbility for an International student to attend a camp G. \$1197.45 to Feeding IL/IL Food Banks H. \$1197.45 to ACWW WE Fund for Nutrition, Good Health and Well Being I. \$3500.00 to ACWW WE Fund for Nutrition, Good Health and Well Being J. \$3500.00 to ACWW WE Fund for Income Generation and Livelihood K. \$3500.00 to ACWW WE Fund for Maternal and Reproductive Health L. \$2335.33 to ACWW General Fund A, B, C, D, E, and F, are from OUR 25% of FPF. G and H are the dimes that were collected and turned in at March 2020 Conference.

This is ongoing; however, food insecurity is up 50% since March so we are sending this to be utilized now. Keep remembering less Waste as Hunger and Food Insecurity increases as the weather cools and gardens “close.” I, J, K, and L are our 75% of 2019 FPF that goes to ACWW plus the 2018 money not used for an exchange that then goes to ACWW the following year. We choose the 3 lowest funded WE funds out of the 6. See our website IAHCE.org and click on related areas and scroll to bottom for ACWW to learn more about The WE (Women Empowered the ‘old Pennies Projects) Fund.

We also contribute to the General Fund for expenses ACWW incurs including a permanent office in London and staff. The money is from 2019 as this year has just finished arriving to our treasurer. The Dimes Against Hunger continue for help locally in Illinois and internationally with ACWW. For a report on hunger that is stark AND gratitude building Google What Else COVID will bring us Hunger. Then please continue to be as generous as you can to FPF, Dimes Against Hunger, AND our ACWW AREA Presidents request to ‘share’ 10 cups of coffee with ACWW. These ‘coffee’ donations may be sent online or to YOUR COUNTY treasurer to send ONE check per county to our STATE treasurer.

Please County Treasurers and International Directors record and bring to conference what was sent online PLUS to State Treasurer so that we can see the coffee impact we made. Her (Area ACWW Pres) letter is at the end of this Chronicle. With Thanksgiving just behind us, most of us have a huge amount to be thankful for (I’m back to work after 6 ½ months!). Many of our ACWW (See a list of ACWW member countries at the end of the Chronicle) ‘sisters’ (in developing countries) struggle to have the ‘Basics’.

To make this Point: A project request came in for “trucks” and that is beyond the scope of our projects BUT on further investigation the “trucks” they wanted were Wheelbarrows! They are a LUXURY transportation (too expensive to successfully save for!) to haul produce and farm products to the village market. It means being able to sell more than you can carry!! Price of a wheelbarrow (they are more than you remember!) But not out of reach for most of us!! I am so very proud to be part of such a GREAT organization of women! We are sharing our caring, knowledge and blessings. Good job to ALL!

Sadly, this is my last state newsletter to you. I have truly enjoyed my time on the Board 1st as a District Director and now as your International Director. You have a wonderful candidate running to replace me! I hope we will continue to do exchanges (adapted as needed for now). Watch and listen for a “Virtual” exchange with Ontario’s WI (Women’s Institute) members. More details in March. I hope we also continue The Dimes Against Hunger, Hunger is a personal passion for me after being an IFYE to India and now as Chair for our district’s weekend food program for food insecure students. We serve 40-75 kids in my Mercer County School District.

Too bad to be needed but SO glad to be there for them. Please continue to be below average Wasters! Buy what you need (how much toilet paper must some people still have!), Shop your refrigerator, freezer and pantry first, and then use, repurpose, or label and freeze leftovers to be utilized. Compare for best value fresh, frozen or canned. Freezing and canning happens at peak freshness for good nutrition and has extended shelf lives. Also use fresh produce first after

shopping and fill in canned/frozen later in the week. I plan to get 2 meals out of restaurant food and that makes a quick meal and lowers cost per meal too. Make and share fruit quick breads, bread puddings, rice pudding and other desserts or snacks. Make a 9x9 pan instead, beat and measure an egg for smaller recipes. Soups, crisps and any of the above are great “use it or lose it” helpers.

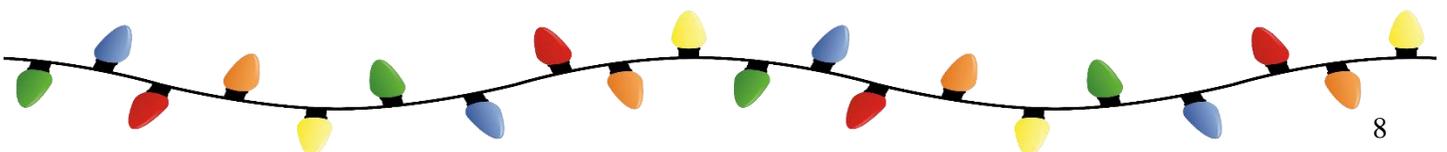
As we were told repeatably by our Mothers, Grandmothers and Aunts “Waste Not Want Not”! Challenge to the counties. How many counties can bring a favorite leftover recipe or series of recipes (like roast beef to sandwiches to beef n noodles to soup)? Bonus if they date back to Depression cooking when EVERYTHING except the squeal, baa and moo were utilized! At my house we followed canned beef with breakfast hash which continues to be a favorite of next generations too. As mentioned, I am working with the Canadian Area President to create a “virtual” exchange with Ontario and when we travel again maybe you can go North or they can come South and meet in person. Until then we will enjoy each other at a distance literally. As we wrap up Uruguay, I hope you have learned a number of things about our South American COS (Country of Study). From the asado grill to how well they have handled COVID (they have been on the world news as a world leader for controlling the spread). Remember you were there with HCE! Isn’t it amazing the places we know from our COS!? May you each remain open minded lifelong learners and world travelers!

Whether that is actual, virtual or via food, history, culture, sports, leaders or other events we know our way around the globe! Remember your ‘sisters’ and their organizations. What a great peaceful and productive picture that creates. Notice all the International in your day even if it’s a Swedish meatball. Remember we are all in the same boat with newsletters and drive bys and your creativity to have a group of winners from our 2020 reports. I hope EVERY district has at least 1 in each of the 3 categories to be judged.

The books may be smaller but we still have learned about a new country! Try it and see who comes out winners! I hope to be in Malaysia in 2022 for the next triennial in 2022 for the next Triennial. The queen of their country in the past area ACWW President and had to withdraw running for world president in Melbourne. When her father-in-law retired, she (now as queen) is only allowed a certain number of days “out of the county” and they now must be more for duty. She will be our hostess and has promised a trip to remember. We will be housed in what “our” state department would use for important international guest and heads of state. So, it is with a happy (and heavy) heart that I wish you many positive International Endeavors and Encounters!

Just a moment to spend with our recent past Supreme Court Justice. How much CHANGE did she see for women in her lifetime? A pregnant woman was two unusual for law school! A professor before law school conveyed how important the right word or word order could be and how she used that as a judge. Also, her mother wanted her to be a bit independent and fend for herself. Her mother-in-law’s marriage advice was to “sometimes be a bit deaf.” And for a lifetime she “tuned out” thoughtless and unkind words, a father-in-law who said a child and law school can be done, a husband who loved her dearly and campaigned for her court nomination, and a daughter whom she ‘carried’ to law school Ruth said motherhood made her a better lawyer due to using multiple parts of her life , lastly, judges who had strong disagreements, respected each other and enjoyed each other’s company. She hated gender discrimination and remained optimistic for movement forward as, ”We the People.”

She admired a Swedish concept that men and women have one principle role “of being people.” She was a force for Consensus Building and collegiality in a five-foot 100lb. package. She was the lone women on the court after Sandra Day O’Conner (whom I’ve met) retired. Later 2 more were appointed. She also wore a “dissenting collar.” And though it gave her a feminine touch, she was not weak nor fragile. Whether you agreed with her or not she was an admirable woman who will be missed by many people for many different reasons. I bid you Nameste and Adious! P.S. many thanks to everyone who has helped me as International Director and a personal hat off to my friend Donna who has beautifully assisted my average technology skills. Many thanks! Also, to Deon a delightful new friend and a great representative to Australia. PPS. Don’t be a xenophobe! Stick your neck out and CELEBRATE our past and present COS with cooking, cookbooks, restaurants (as safe), travel memories, local events, reading (try author, Soheir Khashoggi who in real life is Princess Diane’s boyfriend’s aunt), virtual museums or travel, customs. Holidays and Canadian Pen friends! Check out ACWW and our web page too. PPPS (Quitting, I promise!) hats off to all past and future International Directors! Chow! No its ciao! So, I’m off (literally) for a cuppa for ACWW.



## CVH (CERTIFIED VOLUNTEER HOURS)/SALES - Ashley Davis



Hello Everyone,

As I write this article, I hope you all are doing well and staying safe. The year 2020 has been a year like no other and a year that am sure we will never forget. A year full of **CHANGES**, full of **UNCERTAIN**, learning **NEW WAYS**, and overcoming **NEW CHALLENGES**. All the changes, uncertain, new ways, and challenges have inspired me to keep growing. So, let this crazy world bring it on!

As your IAHCE CVH Director I hope you all have had a chance to view the 2020 Virtual District Workshop videos and have received you CVH packets. It was a huge change in what we all are used to and believe it when I say it was a true learning experience for the IAHCE State Board as well as you members. It was incredibly hard for the IAHCE Board not to be with our fellow HCE members this year.

The IAHCE State Board was able to meet for the October Board meeting. It was good to be in person and work together after not seeing each other face to face since March at conference. We worked hard and covered a lot in a few days.

From the board meeting there are a few updates to the CVH program I would like to share with you and where you will be able to refer for information on the updates. The information will be updated on the IAHCE State Website in the Guidebook. I will also be mailing and emailing the updates to the County CVH Officers. If by chance you receive the information and you are no longer the County CVH Officers, please pass this information on to the right person.

The major update is with the certificates and gold seals. There will **NO LONGER BE GOLD SEALS ISSUED**. There will only be certificate issued. The certificate of Recognition will be issued for each consecutive 500 hours. The Certificate of Recognition will be reflecting the number of hours achieved in 500-hour increments for the current year and left over the past 2 years. The process of calculating the hours has not changed. I am sure there will be questions but please do not panic let me explain and give an example:

### Example:

**Jane Doe turns in 1625 hours for 2020. She has 20 hours remaining from 2019.**

**1625 (2020Hours) + 20 (2019 Hours) =1645 total hours. The hours are awarded in 500 increments.**

**1645-1500=145. Jane Doe will receive a Certificate of Recognition for 1500 hours and the 145 hours remaining will roll over to the following year.**

Another update is on my part, I am transferring each member hours from the index file cards to spreadsheets. On the spreadsheets I am breaking the hours down into the HCE hours and Other Hours. I am working to have this all completed by the time the County CVH Summaries start rolling in. I will have a file to show in the CVH Share shop at the 2021 Conference.

This year I will start making a copy of the CVH County Summary that is sent into me and putting the copy in with your County CVH Officer packet and Certificates of Recognition. I am doing this that way you will have a hard(paper) copy to put in your CVH files. I suggest you file this and keep it for your records. I also suggest that you make sure your members are breaking their hours down into HCE Hours and Other Hours. This will help you the CVH County Officer if the time comes you have a member that is nominated for the IAHCE Member of the Year. I will also have the CVH County Summary Forms with me at the 2021 Conference, as I have members question me on their hours each year.

The year 2020 has made volunteering hard. And that we all may not have the number of hours that we normally do. Regardless every hour counts, so because you may not have a huge number of hours still make sure to turn what you have in. If you have been one to make Covid-19 mask, please record those hours separate and log the number of masks you have made. These needs to also be turn into the County CVH Officer and they will

turn it into with the County CVH Summary. I have heard that some counties have split a list of members names and called the people on their list to check on the other members and visit with them over the phone. Some have continued to make blankets and walker cadies for the nursing homes. Some have made cookies for the people that get the Meals on Wheels delivered. Sending a note or a card to a friend or to the nursing homes. Coloring pictures or making a craft to cheer someone up, cooking a meal for a friend or a shut in. keep volunteering during all this. I have spent some of my time going to the Golden Circle in Vandalia where the Meals on Wheels is located and help pack the meals for the people that have the meals delivered and for the congregate people to come in to pick up their meals. All this can be considered as volunteer hours. If it is not for family or you are being paid for it. If we sit and think about things, we have done during this we will see that we still manage to put in volunteer hours.

### **Just a few reminders:**

**The postmarked deadline is January 31, 2021 to submit hours. We will be extending that deadline to February 2<sup>nd</sup>,2021 due to January 31<sup>st</sup>,2021 falling on a Sunday. This is only for this year. Any hours postmarked after February 2<sup>nd</sup> will not be eligible for State Awards. If emailing the hours please be sure to send the information as an attachment, if you type the information as an email it will not print out correctly. The email must be received by 12 midnight on February 2<sup>nd</sup>,2021. My email address is, [dadavis8755@gmail.com](mailto:dadavis8755@gmail.com)**

Please make sure members are listed **alphabetically by last name.**

The forms can be found online at [www.iahce.org](http://www.iahce.org) or in the new guidebook on pages 50-56. There were also copies in the CVH packets from the Virtual District Workshop.

We will have a couple new items at the IAHCE Sales table. Also, if you have a order for items that you would like to pick up at the 2021 IAHCE Conference please email, call or mail the order and I can have those ready for pick up.

We are in planning mode for the 2021 IAHCE Annual Conference “Change is to Grow- Grow is to Become” at Thelma Keller Center in Effingham, IL. All the conference information can be found in this issue.

May God Bless You All,  
*Ashley Davis*  
IAHCE CVH/Sales



### **Public Relations - Emily McDowell**



As I write this newsletter article, I feel like we are taking a few steps backwards to how we began this year. Just when things were starting to open back up and feel like they might be getting back to normal, Covid cases are on the rise and there is talk of shutting things down again. Also- we are nervously anticipating the upcoming election and the President for the next four years. I don't know about you, but it brings lots of anxiety to me! I don't think any of us could have predicted how this year would turn out.

I personally do my best to remain positive and I hope that all of you do too! Sometimes it's hard though so I hope that with the turn of this season, will bring a turn in some of your hearts to make the best of the rest of this year and move forward into next year with a positive outlook!

In this edition, you will find our conference guide which has all the details of our state conference. We have all the hope and anticipation in the world that it will go on and we hope that you too will be anxious to attend. I have also enclosed a poem that I wrote, but all board members contributed with to share with all of you as

our holiday greeting and encouragement for the new year. Please feel free to share it in your counties and units! If you need it sent to you be sure to email me and I can send it to you. Happy Holidays and See you soon!

## NOMINATING COMMITTEE REPORTS

The IAHCE Nominating Committee interviewed potential candidates for the IAHCE Board in October. The following individuals will be placed on the ballot for the Conference Business Meeting, scheduled for March 10<sup>th</sup>, 2021



### Angela Hicks - President

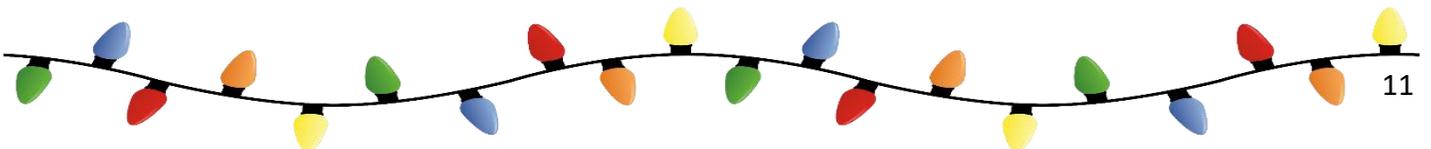
It is with respect and honor that I submit my application for consideration as IAHCE President. I feel I bring a well-rounded background not only in the HCE organization (District 2/3 Director & IAHCE 2<sup>nd</sup> Vice President), but also in my professional career, education, and personal endeavors. It is my goal to work with the IAHCE Board and the Membership to accomplish the goals of the organization, while seeking to remain viable to our members as well as the Illinois community well into our organization's next century. It is also my goal to continue exhibiting pride for HCE, to have a positive and enthusiastic attitude, and to have open communication with one and all.

I joined HCE in 1991 after moving to Illinois from Louisiana in 1990. I currently serve as president of my unit, Mes Amis (my friends in French); and president of Lake County HCE. I served as IAHCE District 2/3 Director from 2013-2016 and as IAHCE 2<sup>nd</sup> VP from 2016-2019. I served on just about every committee on the state board such as membership, bylaws, budget finance, executive, district workshops, share shops, etc. My work experience was in the area of Human Resources and as the Development Director raising awareness and funds for a private school. My degree is in Management and Business Administration. Community service throughout the years was mainly through church and our children's schools. Through HCE I have participated in whatever our county has suggested whether it has been collecting items for various organizations or sewing projects such as making masks.

Married to Steve, 4 children, 9 grandchildren, 1 great grandchild with another on the way. I have tutored a few of my grandchildren in math and reading. I was a caregiver to my parents in my home for 2 years. These activities do not count as volunteer time but most certainly count as "home/family" time which is a big part of who we are as HCE members!! I have many interests. I strive to increase my knowledge and improve my skills in those interests. My personal motto is "Aspire to Inspire before I Expire"!!

Thank you for the opportunity to serve as the IAHCE President. I look forward to getting to know and working with each of you!

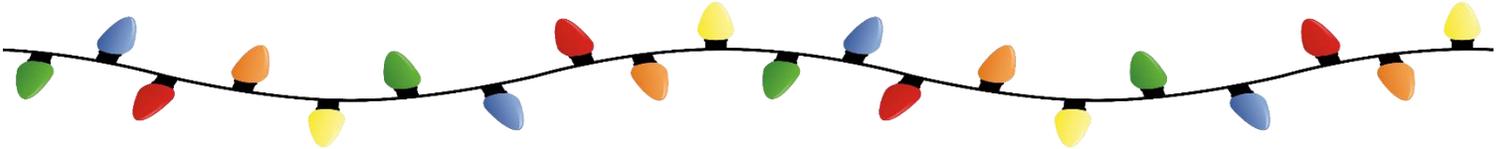
Angela S. Hicks  
500 Moraine Hill Drive  
Cary IL 60013  
847-516-1529 (Home)  
847-922-2758 (Cell)  
[angelahicksHCE@gmail.com](mailto:angelahicksHCE@gmail.com) (New email)





## Janel Kassing - International Director

As a former District Director and Share Shop and Make it and Take it presenter, likely many of you recognize my name or picture. I'm back! I am Janel Kassing, mom of 2 children and 2 cats, MawMaw of 7 and a widow. I am a retired 2nd grade teacher, I retired in 2006. I enjoy many crafts especially needlework. I thoroughly enjoyed my 6 years as District Director so thought I'd jump in again as the International Director. Having served on the International Committee for those 6 years, I feel I have some basic knowledge of the office and I am ready to learn the details of the job. I'm excited to share a variety of countries with you as we travel around the world.



## EXTENSION REPORT - Karla Belzer

Greetings IAHCE!

In my part of the state, we have been having a beautiful autumn. The weather has been great and the trees seem more vibrant this year! Perhaps we're more mindful of enjoying each day, given what this year has brought us.

As you're enjoying the season, remember that it's a great time to get registered for the educator-taught lessons for the 2021 year in your local counties. The FCS team is working hard on developing informative, relevant, and interesting lessons for you. To get registered, be sure to work with your county Extension office as you are able.

And while your mind is focused on upcoming programs, start brainstorming lesson topics for 2022! Each year at the 1st Vice Presidents meeting at annual conference we review program idea

suggestions. The three categories of topics we can cover are Consumer Economics, Family Life, and Nutrition and Wellness). Send your ideas to Mary Eustace or to your 1<sup>st</sup> Vice President. I'm looking forward to hearing all of your great ideas and presenting those to the FCS team.

**Snippet from "Live Well. Eat Well." Nutrition and Wellness Team Blog**

Pssst... Did you hear? Word on the street is that pineapple juice is a cure for the COVID-19 virus!

Is that true? Can you reduce your risk of getting sick by choosing specific foods? Well, there is no such thing as a free lunch, and if it sounds too good to be true, it probably is. That is the case with our bodies and how they fight illness.

You have heard that the best defense is a good offense and it is never truer than with our immune system. If we keep our bodies well fed, they are better able to fight off infections more effectively and efficiently.

The key is to build a healthy immune system. How can we do that? Well, there is no magic potion, but there is a surprisingly simple start: a [healthy, well-balanced diet](#) is your way to a healthy immune system.

Every time you sit down to eat a meal, half your plate should be fruits and vegetables. Every. Single. Time. Throw in a palm-sized serving of lean protein, some whole grains and dairy, and you've got it!

**These foods and nutrients promote a healthy immune system:**

- Citrus Fruits, Red Bell Peppers: Vitamin C is thought to increase the production of white blood cells which fight off infection
- Ginger, Garlic, Turmeric: anti-inflammatory

- Broccoli, Spinach: Vitamins A, C, and E, and antioxidants (most effective when it is less cooked)
- Yogurt, Kefir, Kombucha, Sauerkraut, and Kimchi: fermented foods keep your intestines healthy (About 70% of the cells and tissue of the immune system are in the intestinal tract)
- Dairy: Vitamin D aids in building a healthy immune system
- Green and Black Tea: flavonoids, a type of antioxidant
- Animal Protein: Zinc, iron, and selenium, Vitamin B6-- immune boosting nutrients
- Sunflower Seeds, Nuts: phosphorous, magnesium, Vitamin B-6, and Vitamin E
- Papaya: 224 percent of the daily-recommended amount of Vitamin C in a single papaya (papayas also have a digestive enzyme called papain that has anti-inflammatory properties)
- Kiwi: folate, potassium, Vitamin K and Vitamin C

**Along with a healthy diet, remember:**

- Don't smoke
- Exercise regularly
- Drink only in moderation
- Get adequate sleep
- Reduce and manage chronic stress in your life
- Wash your hands

So, there you have it. No surprise. No secret potion. It's really quite simple; and Grandma knew it all along. EAT your VEGGIES

*Be Smart, Eat Well, Get Healthy!*

Source: Live Well, Eat Well blog, Mary Liz Wright, Extension Educator, 6/16/2020

**For More Information**

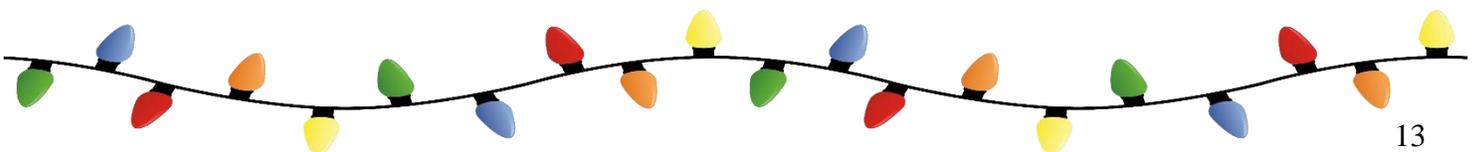
If you have suggestions, comments, or need assistance with FCS lessons through UI Extension, please feel free to contact me: 815-632-3611 or [kbelzer@illinois.edu](mailto:kbelzer@illinois.edu)

I wish you all a happy and healthy holiday season. See you in 2021!

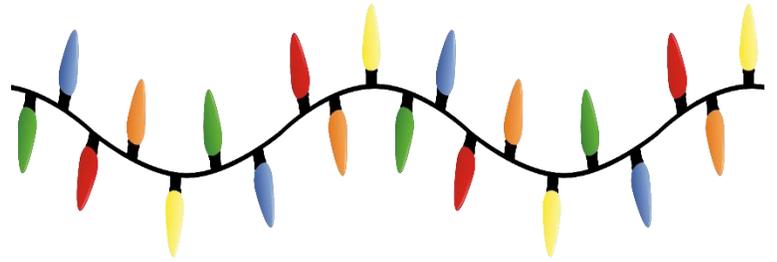
Best wishes,



Karla Belzer, Family Life Educator, Extension Liaison



# DISTRICT 1 NEWS



## DISTRICT 1 DIRECTOR - Becky Thomas

Hi District 1,

Have you ever been overwhelmed and just can't get the hang of things? The IAHCE Board met down in Effingham, the first time we were together since Conference. These ladies are full of ideas and are fantastic role models and then there is me. Since Winter will be here soon, I am sharing some reasons winter is better than summer, no bugs, the sunrise later in the morning, and you sleep better. But don't forget Flannel PJs and linen, Christmas lights, and babies in snowsuits. I can visit a County Board meeting if anyone meets the rest of the year. I have met with Jo Daviess and Stephenson. It's a full moon for Halloween and no snow or rain! A perfect night for kids and around here it is limited, but still celebrating. I think the counties are getting the kinks worked out to have the newsletters and lessons. Keep up the new ideas and think like this worker bee.



Becky Thomas - District 1 Director

## ***Mercer***

Mercer County Home and Community Education Selling Pork Chops at Mercer Market on September 26, 2020. The county board of Mercer County Home and Community Education worked in conjunction with the local supermarket, Mercer Market, selling pork chop sandwiches to raise money for MCHCE. We raise money in order to continue the programs that the HCE offers to increase the awareness of and building community involvement. In years past, we held mini workshops to inform the community about a variety of topics. These workshops required prior planning; and in those plans we learned of expenses that would be incurred by the presenters.

The money raised also allows us to offer scholastic opportunities to the community. High school seniors can apply for scholarships to be used for tuition, educational supplies (books and any significant educational tools), and other such necessities related to the major in which the student is seeking. We wish to thank the community members who stopped to purchase sandwiches for lunch or later.

## **DID YOU KNOW????**

**A lighthouse presides in Christmas, Michigan called the Christmas Lighthouse!**

**Among the town of Christmas, you'll find other businesses that are Christmas themed and a large mural of Santa and Mrs. Claus**



We wish to thank the members of MCHCE who came to Mercer Market to especially support this endeavor to raise money for our organization. We also wish to thank the farmers of the area who made a special trip to Mercer Market to pick up sandwiches for all the men and women gathered to work the harvest in their fields.

## **Rock Island**

Hello fellow HCE'ers. Things are moving slow in Rock Island County due to the virus but this will pass. As our IAHCE President, Jane Chapman, talked about at the District Meeting.... CHANGE. There are times that CHANGE can be good.

Our units are starting to meet again wearing masks and social distancing... CHANGE. Our board has been meeting to discuss CHANGE and what we can do to keep HCE alive. With the aid of the Unit Director, Jenny Garner, and the Rock Island County secretaries, Amy and Elaine, we have been able to have our newsletters, program book and lessons copied. We owe them a BIG THANK YOU!

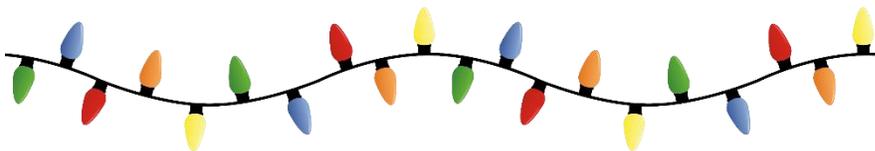
CHANGE.... The lessons for 2020 – 2021 will all be package lessons. This still helps getting educational information to our members.

CHANGE.... Our new budget has been sliced drastically due to our inability to have fundraisers. Some units report they are having silent auctions and free will donations to be given to support HCE in the absence of county fundraisers. At this time we will still be able to hold our geranium sale in the spring.

Our units are continuing to work on projects to help not for profit organizations in the county such as sewing quilts to donate to the baby pantry, lap robes and Christmas stockings for the homeless vets are a few.

Stay Safe...Stay Strong.... Do Random Acts of Kindness.

## **Stephenson**



Hello from Stephenson County!

I am writing this article on Halloween. Harvest in this part of the state is really moving along with most of the soybeans and quite a bit of the corn out of the field. In August, we finally had our first HCE county board meeting since before the state conference. The majority of our county units have had no in-person meetings since the March meeting. Recently, our area Covid case numbers have really started going in the wrong direction, so it's likely there will be few, if any, in-person meetings the rest of 2020. Our region of the state may have stricter restrictions in the coming weeks. Unfortunately, I think most of Illinois is facing a similar situation.

As we were unable to hold our annual meeting in October, budget information for 2021 was sent out in our newsletter for our members approval. The volunteer hour certificates and seals for 2019 were either hand delivered or sent through the mail to our members. We are currently working on setting up our lessons for 2021.

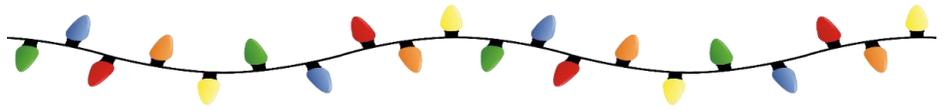
Hope this finds you all safe and healthy!

MERRY CHRISTMAS!

Janice Fryer- Public Relations, Stephenson County

Please see the end of this newsletter for a poem titled "Make it Up".

# DISTRICT 2 NEWS



**DISTRICT 2 DIRECTOR - Kathy Peterson**

Hi,  
I pray all of you are well and safe. This year has been rough in so many ways but you have done an awesome job facing it.  
My quote for 2020 is:



No Act of Kindness,  
No Matter how Small,  
Is ever Wasted.  
By: Aesop



I have found following this I can change someone's day, bring a smile , and warm a heart.

Merry Christmas & Happy New Year  
God Bless  
Kathy

## **DuPage**

In April our special annual meeting and luncheon was canceled. We were going to celebrate our 90<sup>th</sup> Anniversary on that day. We are now looking forward to next April to celebrate our organization's 90<sup>th</sup> plus one event.

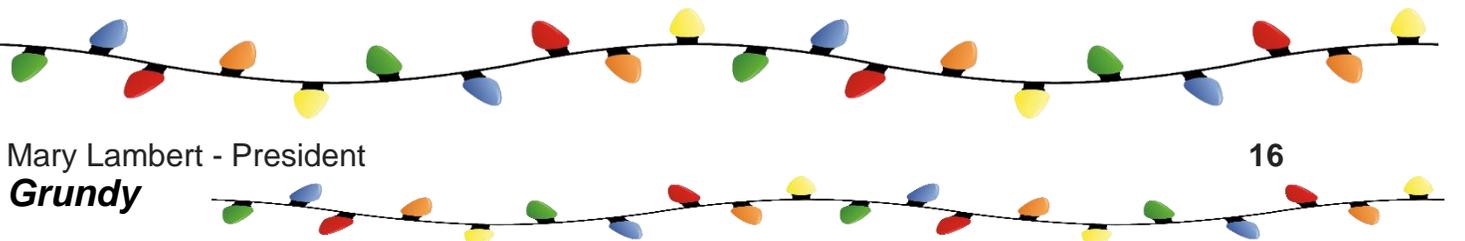


Members have been making masks for family, friends, and donated many to medical facilities. Some members have been gathering in small groups to socialize outdoors. At one of these socials, members made Halloween ghost book markers for their local library.

In September, county members gathered at DuPage County Herrick's Lake Forest Preserve. They brought their own lawn chairs and refreshments. It was a beautiful, breezy, and sunny morning. Vegetable bingo was played. We also had a silent auction. Items left over were donated. Our first lesson, "Medical Identity Theft", took place at the extension office on October 5<sup>th</sup>. It was good to see other members again. Members will continue with home projects for the months ahead and keep in touch with others.



Mary Lambert - President  
**Grundy**



Seven members of our County Board met in the Farm Bureau parking lot for our first meeting since February. Kathy, Debbie, Betty, Yvonne, (Chris, Kay and Monica not pictured). We had lots of business to discuss! The weather was great and the tree provided good shade. The only bad thing was the truck traffic noise, but we survived and will do it again next month as long as the weather cooperates. Because the weather is changing right now future meetings will be at the Farm Bureau building.

Grundy County's Nettle Creek Unit met in August at Goold Park, with 5 members present, back row - Jane, Shirley and Barb, front row - Lou and not in the picture Monica were in attendance. Not sure if you would recognize us with our masks on anyway. The meeting was great and we had fun talking and finding out what everyone has been doing these past months, besides making masks and twiddling our thumbs. Copies of our recent Board minutes were made, so they knew what was going on and the lesson for the month.



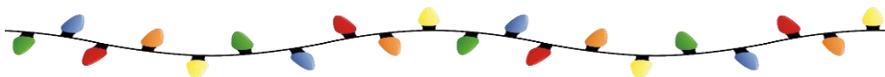
We met again at Lions park in October, with brown bag lunches and enjoyed the turning leaves in the park. The only thing that we did not like were the winds that day. We had to hold on to everything. We will continue to socialize at different places and find out the County and State news. In attendance were front row Shirley, Barb, Gail, back row Lou, Mary and Monica. We were lucky to have a passerby take the picture for us. We are looking for places to meet during the fall and winter.

I heard that several of our ladies from one of our other units just started meeting to play bridge after they have been isolated at home for so long. Another of our ladies decided to get a zoom meeting going every week for bridge players to socialize and anyone else who wanted to join in the fun. Some of us have been delivering and making masks. Most of us have been staying inside trying to keep busy and not go stir crazy. A lot of us are catching up on sewing projects, reading more and doing crossword puzzles and jigsaw puzzles. Our county group has taken on some seniors at The Gardens, where we deliver greeting cards, candy and something special on Holidays and their Birthdays. Some do not have family or close relatives to visit, even though we cannot visit we drop off things to keep their spirits up.



In August we started our Book Club up again and met at one's home - screened porch. She had refreshments and made muffins for us. The book we read was "The Homecoming of Bubbles O'Leary" by Jean Grainger. It is one of five books in a series. It was most enjoyable and several of us have read the entire series, which is almost all in Ireland. Our September reading book is "Life After Life" by Kate Atkinson and our October book is any book about Katharine Hepburn.

## Kane



It has been a long and lonely 2020 spring, summer, and now fall season. Kane County Association for Home and Community Education has had one board meeting at the extension office prior to recent shut down. Meetings, lessons, and program dates have been set for the 2021 year that we sincerely hope to fulfill with the total membership.

Ann Rempfer, newsletter editor is preparing publication of our "Raisin' Kane" on her laptop as she travels to her Arizona home for the winter season. Our yearly programs plus health and wellness information will be distributed to the membership. Members across Kane County have continued the recycling activities. The making of cotton face masks for



agencies and individuals continues and masks are still needed. Mary Ebert, Treasurer, has continued the plastic grocery bag collection for the group crocheting pallets for the homeless. Several large storage bags filled with the grocery size bags have been donated and more are wanted. Junia Epperson has become the "Recycle Queen" at her residence in Aurora. She posts items needed on her doorway and then distributes weekly to agencies in the area.



As county wide activities are still banned, we would like to feature the doll collection of Sylvia Wennlund, St. Charles Unit

### Raisin Kane Doll Collector

Sylvia Wennlund, a member for over 20 years as well as secretary for the St. Charles KCAHCE unit has a collection of 150 antique dolls. As a young child, she visited her Aunt Adeline who showed her a doll--ne of those common China head dolls. She could look but not touch because sawdust, the dolls stuffing, would fall out. Each visit thereafter, Sylvia could look at doll but no touching. The Aunt eventually sold the home leaving behind this doll.

It began in 1970 some 50 years ago, that Sylvia with her now deceased sister Pauline became real collectors. Doll clubs were the rage at that time. There were many, many clubs and shows to which hundreds attended. These clubs had many rules such as to become a member a person needed to own 7 antique dolls and must show papers authenticating such to the club's president. They frequently attended the Fox Valley Doll and Antique Club. Sylvia stated that the friendships made through these clubs was even better than the doll part of membership The members common interest made for a special bond.

She has 150 antique dolls, partially collected by sister Pauline and given to Sylvia. What was so extraordinary popular has fallen off now. These precious dolls can be sold for only .20 on a \$1.

When asked her favorite dolls she said "the little French ones." Space became a problem eventually so she began concentrating on the 8" and 10" dolls--some French, German, English, and couple of Italian. An incredible hobby, an incredible lady, Sylvia Wennlund!!



## **Kendall**



Past State Treasurer, Cathy Jenkins, 1937-2019

Cathy Jenkins, who was IHEF Treasurer, 1984 to 1986, passed away in December 2019. At the 1988 NEHC Conference in Charlette, North Carolina, she was elected the National Treasurer for a three-year term. Ill health forced her to resign in 1990. Cathy would have had 50 years of membership in 2019, but because of her health issues had dropped her membership in 2018.

### Tea Supplies Available

In 2019 Kendall County HCE held their 21st Annual Victorian Tea--this was their last tea, which had been a very successful fund-raising activity, usually serving over 180. They have dishes, tea pots, trays, tablecloths, etc., everything you would need to have a tea, besides lots of instructions and help to a county or group that would like to have a tea fund raiser. A donation would cover the supplies. Call Joan at 639-567-6407 for a detailed list.

From Joan McEachern, President and Public Relations

## **Lake**

Hello from Lake County. In March and April, we followed Governor Pritzker's guidelines and stayed home to be safe. At the same time, the board realized the need to keep in touch with our members.

We on the board began meeting in April using Zoom. We quickly came up the learning curve to use this technology. Finding the hardware (i.e. microphones and cameras) was an adventure unto itself. By May, we were pretty proficient in "Zooming". We now meet in a board member's home where we continue to wear masks and sit a safe distance apart.

In May, we created our Zoom Tree, and used it to stay in touch with our membership. We made an alphabetized list of our members and divided the names amongst the 8 of us on the board. This gave each of us 15 people to contact per month. Each month, we get a different set of names. This gives every member an opportunity to hear from every board member. During these calls, we answer members' questions, learn what they are doing to pass the time, and share what we have learned with the rest of the board. Our President, Angela Hicks, sends a monthly newsletter highlighting our activities.

Many of our members made masks for our family, friends and others in need in the community. Some are still making masks by request!





Our Cultural Enrichment and International Directors, Pat Weitzmann and Margaret Hilliard, respectively, combined their talents to hold a Cultural Enrichment/International Day drive-by event on October 10, 2020. Members drove past the International Tent picking up handouts on Uruguay, ACWW and next year's country of study. They also collected donations for the Friendship Projects Fund. If a member had completed items for the Cultural Enrichment Contest, they then came to the curbside drop-off at the Extension Office where the judging took place. A great time was had by all.

To raise money, we are holding a No Bake-Bake Sale. To keep in touch with our members during the Holidays, the LCAHCE Board is hand-crafting and sending Christmas Cards.

Stay well and be safe until next time.

**Candace Keegan**  
*Newsletter Editor for LCAHCE*

### **Livingston**

Our Livingston County HCE Board was finally able to meet again in September with District 2 Director Kathy Peterson in attendance. Kathy brought us greetings from the state and shared her encouraging wisdom and advice. A belated installation of officers was conducted by past county board president Joan Haren with the following officers installed: President Arlene Martell, First Vice President Marilyn Edwards, Second Vice President Sandi Kimpling, Secretary Ellie Bossert, Treasurer Linda Vercler, Family Issues Director Shirley Meenan and Cultural Enrichment Director Peggy Vaughan. Two positions – PR/CVH and International remain unfilled.



Due to the COVID our countywide meeting in October had to be cancelled. We currently have 5 units with most continuing to meet monthly. We have 105 members with 17 mailbox members from Livingston County and 33 mailbox members from Woodford County. Since the Woodford County organization disbanded last year, those members who still wanted to be a part of HCE joined Livingston County as mailbox members.

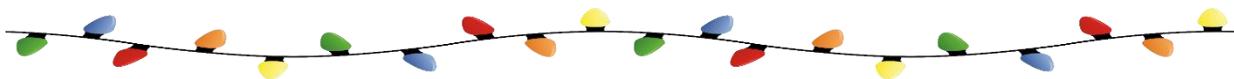
Since we had to cancel our annual meeting last April, our business has been conducted via mail with our quarterly newsletter and additional mailings. Through the newsletter we honored the memory of 3 deceased members, welcomed 3 new members and recognized 20 fifty-year members. Our vote on proposed changes to the constitution and bylaws has been postponed a second time until we can hold a countywide meeting.

Although we were not able to present it at the 4-H fair, we awarded a \$1000 scholarship to Corinne Martin of Pontiac who is majoring in Human Resources and Family Studies at Illinois State University with the goal of becoming an occupational therapist. Corinne shared with us that her great, great, grandmother was a founding HCE member in Macon County.

Livingston County HCE members celebrated HCE Week by doing a special activity each day of the week: Oct. 12 – write someone a thank you note, Oct 13 – tell someone you see today what you've been doing in HCE, Oct. 14 – take a nap! Oct 15 make a list of 5 things you're thankful for, Oct. 16 – eat CHOCOLATE today. All members received a postcard (lavender decorated with violets, of course) reminding them of each day's activity. Also, several "We love our first responders" signs were posted throughout the county that week.

As this newsletter is published, Livingston County HCE members are looking forward to a happy and healthy holiday season and a return to a more "normal" schedule in the new year.

## **McLean**



Greetings from McLean County! Many activities have restarted for McLean County HCE and we are planning ahead. The McLean County HCE Annual Meeting and Fine Arts Show was held Monday, August 10. We were treated to the program on Iron Deficiency by Jane Chapman, IAHCe president. Jane also conducted installation of officers. We presented two \$500 scholarship to deserving McLean Co 4-H members: Sarah Kraft of Towanda and Callie Yoder of Congerville.

The McLean County Fair and Young at Heart Day were cancelled. But we held our HCE Super Tuesday, August 25 to kick off the new McLean County HCE year. The day included board meetings. Local Leader Lesson on "Who Am I in Child Rank Order?" and Orientation for Unit Officers, hosted by Eastsiders Unit and the County Board. The minor lesson each month is on "Illinois Lighthouses". Lessons received in March for spring programs were given during the fall meetings instead: "Energy Efficiency is Smart", "Bees and Pollinators" and "Mason Jars Decorating Through the Year." The local leader lesson training in November prepares presenters for January lessons – Have You Had Your Cup of Java Today?

September saw the 1<sup>st</sup> of five Read & Share sessions for 2020-2021 year with a book discussion on "Killers of the Flower Moon" by David Grann. They met in a park! "The Gown" by Jennifer Robson was the November book read.

International Day featured Poland on October 1 with speaker Carolyn Hansen sharing her 1998 visit experiences. Attendees took home gift bags with delightful Polish treats. We celebrated "October is HCE month in McLean County." Units posted flyers, took treats to first responders and grain elevators and showered many gestures of kindness during the month. More October events included a bake sale booth at the Towanda, IL area Rugged Barn 100<sup>th</sup> Birthday Event and a cultural enrichment class on Chalk painting. Our popular HCE Attic Treasures Sale took place October 24<sup>th</sup> in Cloverleaf Hall on the fairgrounds. The proceeds support local 4-H programs and our HCE Scholarship Fund. The large venue was wonderful for social distancing and was a very successful sale!

Cultural enrichment in September was "Ways to Pass on Information about Family Heirlooms". In November members enjoyed a "No-Bake Cookies/Candy Exchange". Many HCE members have been busy making hundreds of masks for family, friends, neighbors and the community to help stay safe. At monthly Community Service Days members worked on hundreds of stockings for Operation Santa and now are making hats, scarves, mittens, and fidget blankets to be shared with the community.

The county HCE Holiday Party "Beacon of Christmas Past" is to be held Saturday, December 12 at The Chateau, and includes make-it take-it crafts, musical entertainment, food and games. A "Play Day" Monday, January 11 is anticipated for Relaxation with fun and games at the Farm Bureau. Super Saturday March 20 at the Pontiac Bible Church will prepare unit lesson leaders for the rest of the year featuring Current Diet Trends, Gardening for Swallowtail Butterflies, Modern Trends and Textiles in Clothing, and What is Chronic Pain?

Visit our McLean County HCE website: [www.mcleanhce.org](http://www.mcleanhce.org). Check out events and pictures posted on our Facebook page at: <http://www.facebook.com/McLean-County-Association-for-Home-and-Community-Education>.

See you in McLean County. Come visit (when you feel safe to do so)!

Barb Jurgens, McLean County PR Team

Pictures from McLean County HCE IAHCE Newsletter article for December 2020

1. Treasurer Fran Burns recognized at Annual Meeting
2. International Day speaker Carolyn Hansen on Poland
3. Social distancing at Attic Treasures sale



## **Will Organized in 1938**



**U**nbelievable that it is nearly November. Looking out my window, I see the trees swaying wildly. My yard is filled with leaves, that only last week created a beautiful pallet of warm colors as they clung to the tree branches. This past week, we experienced snow showers and freezing temperatures. Luckily. I was able to pull out many dead annual plants and prune my perennials before the cold blast descended upon us. But there is still so much to do, as most of you know, like waiting for all the leaves to fall so they can be raked.

Our Will County HCE has been on hiatus since March. No need to rehash why, because this is not unique to only our county organization. Our members are staying home, being cautious, as safety is so important to all of us. Our Board had scheduled a game day/annual meeting in September in a member's yard, but it was cancelled since only a few indicated they felt safe to attend. Our Fall Arts and Craft Event has also gone wayside. Our members need and crave interaction with each other, and our WCHCE has been such a great means for achieving this goal. Hopefully, 2021 will be a better year for all of us. We must have hope...Right?

We are sorry to report that our friend, Paulette Fries, Volunteer Hours Chairman, resigned from our WCHCE Board. She will be moving to Florida in November. Paulette will be dearly missed.



Early Birds Unit members met at the Lockport Township Office.



Crystal Unit members met and painted flowerpots on their President's patio.

Despite the state restrictions due to CoVid-19, The Board and two Units did meet during September and October. Of course, mask-wearing and social distancing were followed. The Board met in the garage of Elaine Czajkoski; the Crystal Unit met on President Lou Ann Kinsella's patio to paint flower pots; the Early Birds Unit met at the Lockport Township Building where they received important information from Police Officer Jeren Smergalski on senior scams. As the winter months approach, get-togethers will, no doubt, become more difficult. We must take advantage of the opportunities we are given to meet.



The Will County HCE wishes all our "IAHCE sisters and brothers" a very joyous holiday season!



And.... We hope all of you stay healthy, comfortable, and safe in the coming months.

Mary Barrett,  
WCHCE Publicity and Newsletter Chairman (mfb Barrett@sbcglobal.net)

## DISTRICT 3 NEWS



I hope this edition of the Chronicle finds you all well and ready for a new year! This year is certainly going to be one we remember for a long time. Now, more than ever, it is important for our organization to continue to uphold our goal of improving the quality of life for families and communities through leadership development, volunteer service and education. I continue to be amazed at the dedication and perseverance our members have shown through these trying times. You've have stepped up and made masks, taken care of first responders and educators in multiple ways. Our HCE sisters have been a continual beacon of hope in this uncertain world.



I hope many of you have had a chance to view the first every digital district workshop that the board presented in October. If you haven't had a chance to view the videos it's not too late! Head on over to IAHCE.org and spend a view minutes hearing from each of your officers and directors. I am happy to report that the state board was able to meet in person in Effingham in October.

We are running full speed ahead as we plan for our Annual Conference in Effingham this coming March. We are doing everything we can to make our conference safe and fun! It's hard to imagine that it was immediately after our conference last year that our world changed so dramatically.

CHANGE, not something we like but boy have we been forced to deal with it this year. How appropriate that our theme for the coming year is, "Change is to Grow, Grow is to Become". I know you all have grown during this pandemic! My waistline especially has grown!

During our October state board meeting we recorded something special for all the members! Our latest “creation” is a must see! Thanks to our talented PR Director, Emily McDowell, we have a special holiday greeting for all our members.

I hope you have a Merry Christmas and that our new year brings peace and happiness to you all. We will get through this together!

Mary Johnson, District 3 Director

## Champaign



Hope everyone is staying safe and healthy in this crazy new life we are leading. This has been a challenging year to be able to keep CCHCE members informed and keeping in contact with our members during this pandemic.

Our County board has been meeting each month. During the warm weather, we met at a local park pavilion for our meetings. Starting in October, we are meeting at the Champaign Public Library. At this time, we are not able to use the Farm Bureau Auditorium because of the restrictions on for the use of the building.

The first three months of the pandemic, we sent out our monthly newsletter “The Chatter” to our members by email. Unfortunately, several of our members do not have emails. So, we are mailing our monthly newsletter to all our members. Keeping in touch with our members has been our aim during this time.

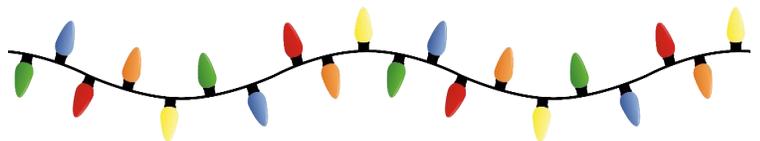
Because of the pandemic, we had to cancel all our planned events for 2020. Starting in September, almost all of our units are holding their monthly meetings and collecting dues for 2021. Wearing masks and social distancing has made our meeting interesting.

We are planning to have a *Cultural Arts “Drop & Go”* selection on November 18<sup>th</sup>. Members will be dropping off their handcrafted projects to be judged by three independent judges. The judges will be selecting our 8 projects that will be sent to the Annual Conference in March 2021.

Our members have been taking our Fall lessons by webinar. The webinars have been excellent presentations by our Extension Educators. All our members received the handouts for all our Fall webinar lessons.

Wishing all a safe and happy Holiday season.

Carol Froeschl  
Champaign County HCE Public Relations



## Edgar



The pandemic has changed many plans in Edgar County as it has everywhere. Our District Director was not able to come to our Annual Meeting in May; however, she came to our County board meeting on August 31 to install and reconfirm our officers. Our 4-H Fair was changed to a virtual fair so we were not able to have our food stand.

This is our only fund raiser and we are trying to find some other way to replace this. As of now no activities are going on so we are still looking.

Our county was lucky and had no cases of the virus until about June, but we had a spike late in September. To be safe we decided to cancel all our HCE Week Activities-International Night, Cultural Enrichment Show, Women Walk the World, game night and Craft Day. We have rescheduled Cultural Enrichment Show and Craft Day for Dec 1. Hopefully this will be able to take place.

Marge Houghland, International/Public Relations

## Piatt



## PIATT COUNTY AHCE: HISTORICAL DISPLAY

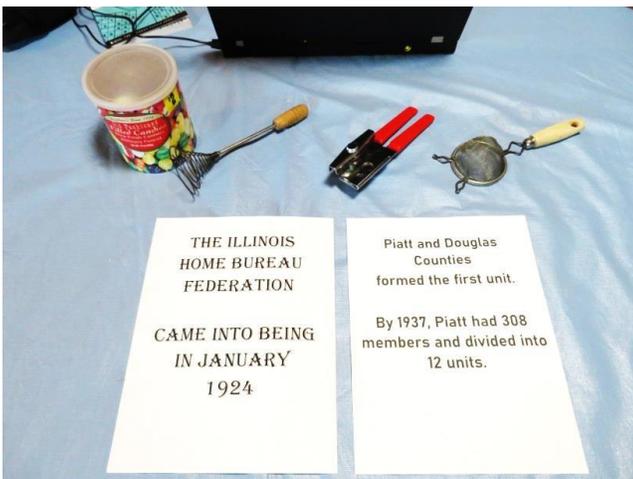
Although 2020 has been the year of Covid19 shut-downs, social distancing, and masking up, AHCE is taking some time to present a bit of our recent history.

In commemoration of AHCE week last October (2019), we decided to display articles from our past members who were in Home Bureau, etc. by showing items from different times through the years.



(Pictured are Becky Wildman, Carol Drayton, and Louise Brewer.)

In 1924 Piatt and Douglas County formed the first Home Bureau Unit. By 1937 Piatt County had 308 members divided into 12 units, and at one time had over 500 members.



THE ILLINOIS  
HOME BUREAU  
FEDERATION  
  
CAME INTO BEING  
IN JANUARY  
1924

Piatt and Douglas  
Counties  
formed the first unit.  
  
By 1937, Piatt had 308  
members and divided into  
12 units.

***TWILIA  
MACKEY, one of  
our continuously  
active members,  
has been involved  
in AHCE for 80  
years this year  
(2020). In the photo  
above: Twilia Mackey is receiving celebrative red roses in  
2018 in honor of her long membership.***



(Twilia is the 2<sup>nd</sup> lady on the left as she helped deliver cookies of appreciation during 2019.)



Twilia is the 1<sup>st</sup> lady on the left in the front row. The Piatt county HCE group had been working to prepare and serve food for Faith in Action in 2018. CONGRATULATIONS and a big THANK YOU to Twilia who celebrated her 104<sup>th</sup> birthday in early October 2020

In 1963 the name was changed to Cooperative Home Extension and in 1995 it was changed again to the Association for Home & Community Education.



A special thanks to Stan Seevers' for sharing his display case full of unique antique utensils and tools. It can be seen peeking out from behind the Piatt County AHCE flag.

The Piatt County Museum occupies a space on the Monticello square and rotates exhibits frequently. They graciously agreed to host and even assisted in the collection of items for the exhibit from the Piatt County Association for Home & Community Education. They kept this



exhibit on display until the end of the year.

The Piatt County Museum is located on the West side of the Monticello square and is shown here to the left of the building with the blue front.



Members shared special items of historical significance thus showing the values of what AHCE is all about, such as cooking and canning; tea time; cookbooks; sewing, quilting, crocheting, knitting, etc. as well as laundering and



“The Aim of the Homemaker”. The antique kitchen utensils and supplies remind us of how important people have always considered the kitchen to be as part of the active home.

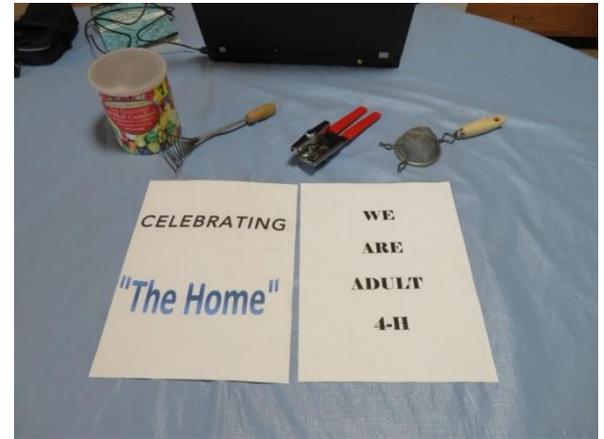


Another table displayed photos and lessons of the past, as well as county projects, crafts, field trips, etc.

(Pictured is Becky Wildman.)

Piatt County AHCE is still actively here and we have a long, proud history within central

Illinois! Come on and join us in 2021!



We are already planning for next years programs and activities!

## **Pike**

Picture is of Carolyn Myers and JoAn McIntire attending our Annual Meeting Dinner with the "Silent Auction" baskets.

Pike County members were happy to get together for a evening of fun and business. After months of quarantine and no unit meetings, we decided to try a group meeting with dinner on October 22, 2020. We successfully enjoyed the evening with the only fund raiser we have been able to have this year. It was so much fun and encouraging to be together as a HCE County again.



## **Prairie Association Organized 1938**

In my lifetime I have been through many epidemics and have always survived. We were wiser for it! Yes, this is different; I can turn off all news. I am realizing how much being at home, I am constantly learning from HCE. The dear friends I have made often call or visit and you learn about other things, not just about your neighbors. The telephone has been a comfort to be able to pick up and punch a number. Bless the man that invented it. I wonder if his wife belonged to HCE??

I have taken time to relax at the sewing machine, trying to create something new for the 2021 Cultural Enrichment contest for conference. I've been remaining positive! I was thankful for the MCC thrift shop to open. I've been anxious to get in and volunteer as I am a people person and need to be there sorting and pricing women's clothing.

The Arthur area is all open, including eateries. One eatery has taken a few tables out, but they don't require masks and still maintain their buffet! The extension office is to open October 31<sup>st</sup>-November 2<sup>nd</sup>. I'm hoping to have our first unit meeting in November in the office conference room. I am always ready to get into our new educational lessons.

During this time on TV, I would see these hungry and poor people who cannot pay their rent, waiting in line for food in their big SUV's, opening their garage doors that are overstuffed with stuff they do not need! Something is wrong somewhere! Can IAHCCE somehow reach those people to teach them HCE common sense?

Josephine Marnier - P.R.



## Sangamon



Oh what a year 2020 has been!!!! We started out our HCE year with such enthusiasm at our State Conference in Effingham and had a blast. Little did we know what was ahead of us and how we would have to adapt in our everyday lives as well as our HCE roles.

Like most counties our Extension office closed down so our board learned how to Zoom...now that was something else at first. We finally caught on to that and we carried on as our fellow members still kept at their projects from their homes. We had the face mask brigade of Lucile Michaels, Judy Campbell and Deb Marsaglia and they made around 800. The Veterans quilt group consisting of Judy Campbell, Elaine Murray, Gayle Highley, Raquel Hamm and Thelma Harms were busy sewing and piecing. There were many more accomplishments this year as the ladies of SCAHCE gave their time, energy, love and money to those who needed it.

We missed our friends so by this fall we started outdoor meetings to catch up and keep our County Members active. They were well attended and the ladies had fun seeing each other as they peeked over their masks.

There was a great idea that our Region Director shared of keeping your older Lessons and sharing with friends or prospective new members.

Finally let's remember to be safe....Wear a Mask, Remember Social Distancing and Wash your Hands!!!!

Have we realized it yet?  
That nobody is missing the material things.  
We all miss the company of others,  
great conversations, a hug...  
That's what life is all about.



## Tazewell



Greetings from Tazewell County!

Just like many of you...Tazewell County has been very cautious and our meetings have been few. Some units have had virtual meetings and some have met in person following recommended protocol.

We are pleased that some individuals within our units have been making and distributing masks. This has been a great way to keep themselves busy and filling a need for the public. Kathy Baker set up tables in her garage and invited

members of the Mop N Go unit to make porch signs. If you have the space to social distance, activities like these are of great importance to so many who have not ventured out in the public since the quarantine started.

The executive board has been meeting regularly. Since we did not have the food stand at the 4-H fair this year, we lost our only fundraising event. In an effort to save money we have asked our members to receive the newsletter via e-mail and the response has been very positive. Since we missed our annual meeting last spring, we have our fingers crossed that we can have one this year and perhaps combine it with our International Day and our Cabin Fever Day.

I am hoping that everyone is keeping their positive attitude and I continue to pray that everyone is staying healthy and you are able to keep your spirit up as you look forward for great things in the coming months.

Darlene Curry, Publicity



## **Vermilion**

Hello from Vermilion County Association for Home and Community Education.

I hope everyone is making it through this COVID crisis in good shape.  
You can get tested for COVID through the Vermilion County Health Department.

Please get your flu shot, if you have not already done that.  
Just contact your primary care physician or prompt care of SOMEONE and get it done!!!!  
I had a "nearly-ouch less" flu shot from a young nursing student this past week.

I received a packet containing, essentially, an entire District Meeting.  
Your district director and state officers have been working for all of us.  
Lessons are available. You will receive all of this the safest way possible, believe me!

In the meantime, let's get our dues sent to Jo Anne.

**Send \$15.00 + Add \$5.00 for each additional person in your household that wants to join HCE!**  
**Check made out to VCAHCE.**

Jo Anne will then complete the necessary paperwork and send it all to the state before the deadline.  
Please get your dues to her ASAP. (That is before Thanksgiving.)

Vermilion County HCE was completely Shut Down on all activities since the first of March 2020!  
We do not have activities for our members to stay active Plus Safe. So not much to talk about.

Everyone, have a Very Happy Thanksgiving!  
A Very Merry Christmas! And Pray for A Blessed New Year!

Diane Reddy - Public Relations

## DISTRICT 4 NEWS

*Hello HCE Members,*



*What a year 2020 has been. I'm soooo ready for it to be over only if the next year is going to be better.*

*Well your IAHCCE State Board has met and we are all in full gear in getting ready for the State Conference in March. It's going to be a goody.*



*The 1<sup>st</sup> thing I want to talk to you about is PLEASE PLEASE if you haven't sent in your Secretary's report for new officers and even if they are staying the same, PLEASE do it. One copy goes to me and the other one to the State Secretary, Cathy Eathington. Donna Richards will be the new DD in March and I want to have everything up to date for her.*

*The 2<sup>nd</sup> thing if you were able to do anything this year PLEASE send me pictures by email so I can do a power point presentation at the conference. This year I'm also looking for pictures of Jane. I want to do a presentation of her last 6 years as President so can you help me out. Thank you*

*District 4 Director - Sharon Davis*

### **Bond**



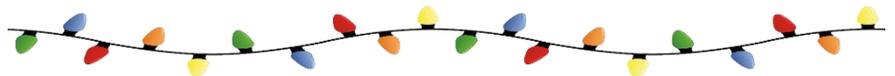
Hang in there! Hard to believe convention was over in March and the next week the virus took over. No meetings and staying home. It is now November and it is still with us - with some let up.

Well, we are still busy - talking via phone with members, using Zoom (some people are), and visiting by social distancing. Our extension council has met twice - in June and again in October. A couple units are meeting but several are not. Something to look forward to-meetings and seeing our friends again.

Our program chairman has obtained new lessons for 2020/2021 for this year which we are distributing thru the unit presidents. We can still learn new things. For September - "Bond County Senior Services and Resources Directory" was compiled by Carol Lingley. In October, we had a lesson from U.of I. Family Life Educators: "Impact of ACEs: Understanding the Impact of Adverse Childhood Experiences and Toxic Stress on You, Your Family and Community."

Everyone missed the food stand extension has at the Bond County Fair when cancelled - especially the homemade pies for which we are well known for. Also missed having our International and Annual meetings, but looking forward to 2021!

Hang in there! It will get better.



## Clinton

Clinton County like many of other counties have not been able to meet because of Covid19. Our extension office has not open either since March. Only one out of two of our units have held unit meetings. Our board has meet only twice since March with one person sitting by themselves at a table. At one meeting our president was live on Facebook holding the meeting that way. What a strange time 2020 has been. We are also still waiting to hold our 75th annual meeting. We shall get through this together. Only business we have done is donating \$500 to both Meals on Wheels program in our county.



## Effingham



These have certainly been interesting times with HCE members thinking of unique and creative ways to meet the needs of their families and community. Effingham County members haven't been meeting as usual but they are still busy with fundraisers and working on various projects. Current fundraisers in full swing are Butter Braids and RADA knives. Requests for Bookmarks continue to come from local schools and libraries. Nursing homes are supplied with wheelchair caddies, walker caddies and catheter bag covers. Members have used the time at home to keep supplies made ahead to have ready to fill requests as they are received.



There was not an Annual Meeting so Effingham County HCE 50-year members Sylvia Dust, mailbox member and Bernice

Broom, St. Francis Unit and 55-year HCE members Joan Garbe, mailbox and Marilyn Schaefer, Afternooners, were presented with certificates at the October Effingham HCE Board meeting. An appreciation gift, made by Nancy Hoene, was given to each. Betty Deters, St. Frances Unit, was not present so will be presented a 55-year certificate at a later date. Effingham HCE Board 2<sup>nd</sup> Vice President Nancy Hoene, left, presented 55-year membership certificates to Joan Garbe, center, and Marilyn Schaefer, right.

Effingham HCE Board President Marilyn Schaefer, left, and 2<sup>nd</sup> Vice-president Nancy Hoene, right, presented 50-year membership certificates to Sylvia Dust, right center, and Bernice Broom, left center.

Ruth Abell, left, and Elsie Voelker, right, HCE Cultural Enrichment Directors, show examples of the wheel chair caddies and bookmarks they are making as county projects.

## **Fayette**

### **IAHCE Week first Fayette County Baby**

The first baby born to a Fayette County mother during the IAHCE Week Oct.4-10 was Jonah Lucian, son of Kyle and Paige Myers of Ramsey. He was born at 11:52 p.m. on the 4<sup>th</sup>. His siblings are Jaxon age 6, and Jady, age 4.

A basket of gifts from the Fayette County units was taken to the Myers home by Community Outreach/Family Issues Donna Blair.

### **HCE International Night**

The annual International Night of the Fayette County Home and Community Education was held the evening of Oct. 13 at the Vandalia Unity Baptist Church and the program was on Peru. It started with a 6 p.m. potluck after Elizabeth Kasten gave the meal blessing. Several colors of tablecloths were on the tables and the centerpieces were small pots of cactus surrounded by tassels in different bright colors. Peru has cactus and uses tassels in various ways.

Patty Edwards of Vandalia gave the program, showing slides she took and telling about them. She had on display several things she bought in Peru.

She was one of 12 on a Global Vision Global Giving Trip Nov. 3-9, 2019. Most of the time was in Lima. She told about the Memory Museum, visiting two schools and an after-school program, visited another school and was taught how to cook a Peruvian recipe and taught the kids how to cook a recipe, went to the special needs learning center, etc.

Peru is very poor, but the people are noted for helping each other.

Patty told about Ayacucho, the poorest district in Peru, whose reading program received first place. The last day they were with the World Vision Peru International Staff and others.

President Ashley Davis presented a vase of flowers and a certificate of appreciation in a wood frame to Anna Jean Rhodes who is retiring from the board at the end of December. It says: Certificate of Appreciation in Honor of Outstanding Performance and Dedication to Fayette County Association for Home Community and Education. We present Anna Jean Rhodes this certificate of 20+ Years of Service to Fayette County Association for Home Community & Education.

Those present were President Ashley Davis, member-at-large; Donna Blair of the Bingham/Ramsey Unit; Anna Jean Rhodes of the St. Elmo Unit; Glori Magnus of the St. Peter Unit; Flo Allen, Sally Behrends, Connie Green and Elizabeth Kasten of the Sefton Unit; Joyce Mueller, Edith Runkel, Megan Runkel, Debbie Segrest and Anita Smith of the Vandalia Day Unit; and two guests, the speaker and Segrest's daughter.

Each one received from Flo Allen a beautiful orange and blue Savannah Blooms butterfly shaped dish to use for candy and nuts. This helped carry out the Peru theme of International Night.

International Night would have had more attendees if it wasn't for the COVID-19.

The semi-annual Past and Present Officers of the Board social will be at 1:15 p.m. on Monday, Oct. 26 at the Vandalia Los Amigos. After the luncheon, the October board meeting will be held at the Vandalia Senior Citizens Center.



## Jasper



In March 2020, we conducted a Cake Roll Sale and profited \$1,164.25 to benefit our Books for Beginners project for all the county's Kindergarteners and to benefit our Scholarship Fund for a graduating senior of Newton Community High School.

Our Scholarship Winner was Dava Tarr, who is a student at Olney Central College studying to be a nurse. Dava was awarded \$500.00. Dava's mom, grandma, and great-grandma are members of Jasper County HCE.

During HCE Week we celebrated Books For Beginners Day by giving the Usborne book, *Hyena Ballerina*, to the 102 kindergarten students of Jasper County. Instead of going into the 5 classrooms and reading the book to the students, Judy Millsap made a video of herself reading the book and put it on youtube for each teacher to access. The students loved the video and were each awarded a copy of *Hyena Ballerina* to take home for their own library.

Also during HCE Week, members of Jasper County HCE sold Butter Braids and Caramel Rolls. A total of \$1,458.00 was made from this project to benefit Jasper County's kids with our activities and projects throughout the year.

During September and October 2020, we sold RADA Cutlery and Products to benefit our Scholarship Fund. We made \$452.39 from this project!

Connie Elliott, HCE member, is currently working on our largest annual project, Toys For Kids 2020! The Jasper County HCE Board sent out an appeal letters to local businesses and individuals asking for donations. Then, shopping is done for each child that applies. Approximately \$45-50 is spent on clothes and toys for each child, ages birth through age 13. In 2019, 228 children (90 families) participated in this worthwhile HCE project of love and good will!

Even though Covid19 has put an end to our monthly HCE meetings, we have tried to continue our fundraisers and projects to benefit the kids of Jasper County. All lessons have been mailed and HCE Board meetings are held via Zoom.

## Jersey



Hello fellow members:

Not much has been going on in Jersey County. Some of us have passed the time making masks for the schools and hospitals. Also making scrub caps for hospitals. Just our little way of helping out a little.

On a sad note, we lost two long time members—Evelyn Stumpe and Barb Wock. They will be sadly missed.

We're keeping in touch by newsletter, Facebook and phone calls. We are just waiting to find out what our new normal will be. At least we can get some lessons out by our newsletter. So, everyone, stay safe and we hope we can meet up at the March Conference.

## Macoupin



Season's Greetings to all!!! My hope that my article finds all of you happy and healthy. I'm sure we all are experiencing a holiday season that is not so normal but let us take the time and reflect on the many blessings that were sent our way this past year. Don't let the bad out way the good.

Since the beginning of March, Macoupin County has not held any organized activities. I am sure most of you are in the same situation. Our extension office was closed for many months, opened for a short period of time,

and is now closed again because of the high positivity rate. We are so thankful to Lisa and the other staff members who are continuing to help H.C.E. with newsletters, lessons, and the like.

Although, we have not held any organized activities, we strive to keep H.C.E. members informed through our monthly newsletters which contain various informative articles. The board has met a few times using social distancing, but most of the time our communications are made through emails or texting. A few units have met using church halls and the like.

Carol Pollo, our 1<sup>st</sup> vice president, was able to meet with Lisa Peterson, our extension educator, to map out a very exciting list of lessons for 2021. The 2021 lessons are: Mad About Muffins, Weighing in on Sleep, Essential Oils Building Resiliency in Yourself and Your Organization, How to Save on Travel, One Pot/One Pan Meals, Medical Identity Theft, Healthy Behaviors for a Healthy Immune System, Mediterranean and other Diets, and Five Flavors: How the Palate Changes. August and December are our vacation months.

One of the county projects for 2020 was to be a “Pack the Bag” for the Headstart students. Our goal was to give the students a goodie bag at the end of their school year in May. Since the schools and Headstart were closed due to Covid, we were not able to complete the project. We are happy to say that these bags will be given to the students in December before they are dismissed for their winter break. Units in the county have donated books, coloring books, crayons, scissors, markers, and have made monetary donations. Dentists throughout county have generously donated toothbrushes and toothpaste. I would like to thank everyone for their donations.

In closing, I would like to share a poem written by Carol Pollo, our First Vice President.

#### POWER SOURCE

Twenty-twenty began as a promising year.  
No one knew of the peril looming near.  
Like an impending storm our skies darkened.  
So much news to ingest, overwhelming to harken.

Increasing restrictions and lost liberties,  
Bitter pills to swallow in the land of the free.  
Controversy swirled round how we should behave  
Tested our mettle in the home of the brave.

We’ve proved our resilience, stayed strong, did not freeze.  
We’ve marched forward upright, not on our knees.  
For the Great Source of Power when we feel weak,  
We turn our eyes upward and find the Strength that we seek.  
Carol Rimar Macoupin County Public Relations

### **Madison**

Hello Everyone! I hope you are all anticipating the upcoming holidays! I know I sure am! It might be the first year that I celebrate Thanksgiving in Nebraska, as we bought a little cabin in the country up there and plan on celebrating there! Our county has been pretty dead for most of the year. We had to cancel all of our key events such as our annual Christmas in November, the biggest auction and fundraiser of the year. We are instead, trying something new with an online auction which will be held the first weekend in December on Facebook. I hope it will be a tremendous success!



The Roxana Unit made cookies and delivered 12 dozen to the Roxana and Wood River fire and police departments as a thank you to our first responders.

We are planning events for next year like normal in hopes that COVID restrictions will not prevent us to do so. I think it will be a long time before things are back to normal and our members may be hesitant to participate in events for a while. We may be looking at doing some online events or monthly subscription crafting boxes. If you would be interested in a monthly subscription box you can go to our Facebook page to check out the details or you can email me at [emhohl@gmail.com](mailto:emhohl@gmail.com).

Stay safe and have a Very Merry Christmas!

Emily McDowell  
Madison County Public Relations



## DISTRICT 5 NEWS



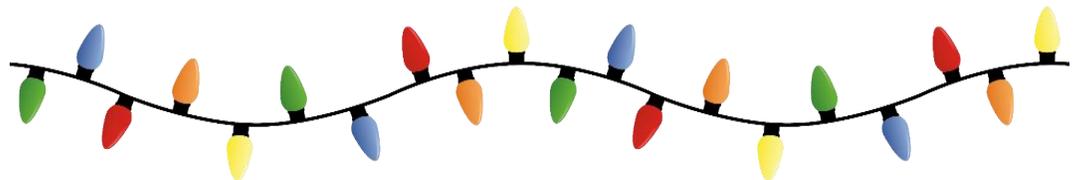
Here we are in December, and 2020 will go down in the history books as one that many of us would like to forget, but I doubt that we will. I'm sure that Christmas celebrations will look different for many of us this year, but so what? I will surround myself with Christmas decorations and holiday cheer and thank God for his many blessings.

No matter what concerns we US citizens face as 2021 begins, let us HCE members look forward to a fresh start, a new calendar, and plans to go forward. Our IAHCE board is planning a wonderful conference in March, and I hope that you all will mark those new calendars right away and make plans to attend.

Finally, remember to meet the deadlines for returning forms and paperwork to the proper state officers. See page 83 of the Guidebook for those forms and deadlines if you don't remember. The Guidebook is available on the IAHCE website.

Have a Merry Christmas, a Happy New Year, and I hope to see many of you at the 2021 conference and your annual meetings!

Carol Harms  
District 5 Director



## **Jackson**

Jackson County Home and Community Education has respected the stay at home/social distancing guidelines. It has been hard not seeing our friends at the trainings. We miss so many of the activities. We have however, stayed busy with making masks, and our normal sewing and painting crafts. We have learned to attend ZOOM meetings. Our Jackson County HCE and the IACHE FB pages fill our days with news of our friends and how they are spending time. Lighthouses from all over the world have been shared. I find myself thinking of trips to faraway places. I want to visit all of the lighthouses we have so enjoyed. We now have time for our Bucket List and have even added items to it. Some of us even tackled a few outdoor activities such

as gardening and long walks. We have shared our photos to the FB pages. Our animals quietly sit with us and enjoy how we now spend more time with them as do our children. And the gardening lends itself to food preservation. So, canning and freezing has returned to our skill set. We are in the midst of checking to see what we can plant next year to ensure better crops. We visit our neighbors and friends outside letting them know they are not alone. We even shared our homegrown vegetables as they came in faster than we could preserve/cook. We leave little gifts and thoughtful items for children we know. We think of how their memories will be of this alone time. The Spot the Space Station was a big hit here. We could hear out neighbor's laughter and glee as they got to see the Space Station. Our Amish neighbors want information to take their school children out to spot it as well the next time it passes through our area. We think about our friends at church and hope they are doing well. We try our best to keep them in our hearts. I think many of our hearts are growing during this time as we check in with friends. A short note, e-mail, FB Like, FB Comment or even learning to master that (FB GIF feature) allows us to keep in contact with friends that are far away. Birthdays on FB allow us to show our friends they are not forgotten.

With Thanksgiving and Christmas coming up, we are all thinking of our families. We miss all of those extra family hugs and the large gatherings. The chatter and voices throughout our houses will be a bit quieter this year. Arguments over how to roast a turkey will not occur. And we think those arguments are what shape our families over the generations. My grandparents always had this long-standing argument over how to prepare turkey. It was finally settled with two turkeys being served. And we all had sizable helpings of each so as not to insult Grandpa. Our Holidays will look different this year. With the cold weather, we check to make sure our houses are better insulated to keep us warm and cozy. New outdoor projects keep us busy as the leaves settle in our yards. Snow and ice will soon greet us as we awaken to enjoy that first hot cup of coffee for the day. We have read every book we find and trade with anyone who has a new author. We look at new side dish recipes that are for fewer people. Insta-pots have become a popular in our households.

We experiment with new dishes that we never tried before. We remember our generations and gatherings of our grandparents. Realizing we are now the seniors. I think of my grandmother often and remember the days we shared together. I think she would be happy with how many of us are standing up to this difficult time.

So, until our next gathering, stay safe, stay strong and know that we will all enjoy that first gathering of HCE friends with food, recipes, lessons and most of all Love.

**Jean**

*Fight for the things that you care about,  
but do it in a way that will lead others to join  
you.*

*Ruth Bader Ginsburg*

**Jefferson**

Greetings friends, from Jefferson County, we hope all of you are safe and staying healthy.

The uncertainty of the pandemic and its spread has

affected most of our Jefferson County HCE meetings events, and activities. We have used our Facebook page, to post lessons and other interesting ideas. Also, we kept our members informed or changes or cancellations.



Other forms of Communication include email and our newsletters. We had scheduled events, but in the end had to cancel them. This however did not discourage our wonderful volunteers from helping JCHCE continue to do great work in our community.

Members continue to donate material for quilts, as well as quilts for the children of the Amy center, in Mt. Vernon. JCHCE donates quilts every month, to date we have donated 68 quilts. Our donations are greatly appreciated by the staff and the children. We also have members making mask and donating them throughout the community. In progress now is a coloring books and crayons donation for the children of the Amy center, and a collection of



nonperishable food items for our local food pantries. Members can contact a member of the board and arrange a no contact pick of these items. We are making great efforts to still support our community along with being safe.

Our board meetings have been conducted out door, along with social distancing which worked out well, while the



weather was warm. As mentioned earlier we had to cancel events and HCE Week/ International Night were two of them.

We were still able to have Mt. Vernon's Mayor Lewis proclaimed October 11-17 as HCE Week and we had a nice picture in our local Newspaper, everyone wearing masks, a sign of the times,

and respect for the safety of the people around us. We are very fortunate to have the support of Mayor Lewis and appreciate his continued commitment to our organization. Even in these precarious times we suggested ways to celebrate Home and Community Education Volunteers Week.

It was suggested to celebrate HCE week in the best way we can while staying safe. Examples were, write a note to a member or make a call and check on how they are doing. Celebrate being a member of this great organization!





JCHCE will continue to support our community any way we can, and be a support system for our members. With the weather getting colder, and the holidays approaching, and many families not able to celebrate together, a friendly phone call, an encouraging email or personal note may go a long way to cheer up someone.

JCHCE hopes your holiday will be blessed with good health, laughter and love.

Barb Shurtz - Public Relations Silvana Morss - Journal Editor

## Massac



Massac County HCE has been busy during this last year keeping in touch either by using e-mail, phone calling, or even trying our hand at Face book videos. The newsletters have gone out monthly either by e-mail or regular mail and lessons have been available on-line through Face book or e-mail.

Some of the units started meeting back together in August with mask and social distancing. Those that were able to attend really enjoyed being able to share what they had been doing and just visit with one another. HCE friends are a special group/family.

One of the Community Outreach projects was to thank and honor the 911 workers. These were given out 9/11/20 in Massac County to all four county and city agencies. Some units delivered snacks and fruit in baskets and one unit purchased pizzas to take out to the county Fire Department.



The International Director made a Face book presentation video about the country of study this year which was Uruguay. Handouts with recipes were given to each unit.

The units combined their efforts to make 60 Veterans bags to be delivered to 4 care facilities in the county. Socks, snacks, pens, tablets, personal care items, wash clothes, soap, and a card of thanks were put in each bag.

One of our 91-year-old members, Dorothy Burklow, who has been a HCE member for 70 years, has stayed busy during the stay at home time working on country scene puzzles. At the October meeting she shared 28 pictures of the puzzles with her unit.

Her daughters had taken pictures of each puzzle and arranged them in a three-ring binder for her to share with others. After the pictures were made, she shared the puzzles with Assisted Living facilities, so residents could put the puzzles together as well.

Respectfully,  
Norma Korte, Massac County PR.

## Monroe

Unfortunately, with the restriction due to COVID, we have had limited activities. The board continues to meet, sometimes at a park. We practiced social distancing and our vehicles also abide by the rules with spacing! Food items were collected for the Monroe



County House of Neighborly Service's Thanksgiving "Blessing Baskets" and presented during HCE Week. Pictured: Kathi Emery, Margaret Brockmeier, and Carol Hoffmann.



HCE held their annual Cultural Enrichment Contest on October 15<sup>th</sup>. It was quite different this year. Members were encouraged to drop off items for judging later and pick up the next day. A video of winning items was posted live on the Facebook page.



Pictured are Pam Jacobs, Judge and former U of I Extension County Director, and Rosemary Yaekel, Cultural Enrichment Chairman. The winning items made by HCE members. 1<sup>st</sup> row: Hand Embroidery-Sharon Scherer, Crochet Other – Rosemary Yaekel, Photography – Ericha Johanning, Counted Cross stitch – Pat Stadler. 2<sup>nd</sup> row: Nature Item - Ericha Johanning, Knit other – Sharon Scherer, Sewing – Sharon Scherer



Members of the HCE Board attended a meeting of the Monroe County Commissioners to have a proclamation signed for HCE Week which was celebrated October 11 thru October 17. Pecan Pumpkin treats were also taken for the commissioners to enjoy and included in the picture.



Pictured are (back row) President - Rose Anne Bense, Family Issues-Dorothy Kohler, and Cultural Enrichment -Rosemary Yaekel along with the county commissioners.



On October 13<sup>th</sup> of HCE Week, the Columbia Mid-Day, Evening Homemakers, and the New Hanover Units of HCE delivered "treat bags" to various Monroe County Police Departments and the Sheriff Department as a "thank you" for service to the community.

Pictured: Left, Evening Homemakers Unit members Dorothy Kohler, Rosalie Ries, Doris Matzenbacher, and Waterloo Police representatives.

## **Perry**

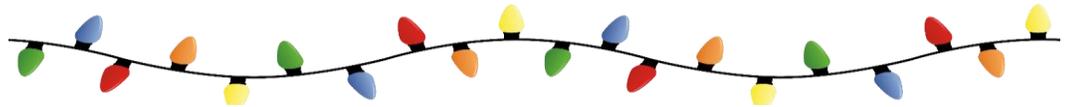
Perry County HCE is rolling with the punches and learning to adapt to the new COVID controlled rules in Illinois. Typically, in the fall, HCE joins forces with the county 4-H to present a Passport Party. HCE units and 4-H clubs each make displays on the country or state of study and they all join together at a local school to share their findings and cultural food.

With the new rules in place by our state, that type of event is forbidden, but it didn't stop Perry County HCE or 4-H. Rhonda Shubert spearheaded a brilliant idea that combined 4-H Achievement Night and a "taste" of the Passport Party. Perry County HCE ladies made tortas fritas, which are a tasty treat from Uruguay, to be given out to each 4-H'er that "drove-thru" to pick up their yearly 4-H awards. They also received some information about Uruguay along with the recipe.

"You must improvise, adapt, and overcome" - Conor McGregor



## **Pulaski-Alexander**



Our year has been a challenge. After three members attending the Conference in March at Effingham, there has been little activity due to the virus situation.

In July a group met for gathering at the Lighthouse at Metropolis, IL in the Dorothy Miller Park for a picnic lunch. A setting along the Ohio River and a cool breeze gave us a pleasant day.

Also in July the Board met at the Christian Church in Pulaski in order to grade the applications for scholarship. Our annual fundraiser was canceled this year, but we were still able to award three \$250 scholarships. These were awarded to Aubreigh Curtis at Egyptian High School; Sidney Gotway at Century High School; and Kaycee Nichols at Meridian High School.

HCE members have been checking on one another and dues are being sent for the coming year. We are hopeful of being able to gather together soon and resume our normal activities. We have missed the Hill Billy Dinner, helping in 4-H activities, livestock shows, FFA dinner, local conference, and our usual 4-H appreciation dinner, along with our scheduled monthly meetings.

HOPEFULLY next year – as we are **A POWER OF THE PAST** and **A BEACON TO THE FUTURE.**

## Randolph



Many of the normal events that usually take place in the county have been canceled, just like every other county, due to the COVID-19.

On a positive note, the county did receive some recognition when a haunted lighthouse on a lamppost made its appearance. The Chamber of Commerce in Red Bud held a lamppost decorating contest, and there just happened to be a post in front of County President Janel Kassing.

The county has a craft unit that meets every other month to make some craft items. It was the suggestion by one of the members of this unit to participate.

It was also during HCE Month, so the theme of lighthouses at the state conference was used for the display. Janel wrote an article for the local newspaper explaining the reason for a haunted lighthouse. She also gave a brief report on what HCE is about. It encouraged four new members to join.



We were fortunate to have State President Jane Chapman come to help setting up the display.

The article also included the 2020 IAHCE logo. Janel discovered that there are actually many haunted lighthouses scattered around the country.

The county also received a grant from Thrivent with which the board will purchase and distribute items to the four local nursing homes in the county.

On the picture are Jane Chapman, Vickie Heller, Bernell Wiegard, Diane Schoenbeck, Lauen Goeddel, Janel Kassing, Jeanne Stamm and Joan Wiegand.

## Union



The Union County HCE Board has not been meeting, the office has not been open, because of the pandemic.

Union County HCE has lost 2 members from the Jonesboro Unit this year, Betty June Lingle, and Ann Etta Seliger. During this pandemic, many HCE members have been working on projects at and around their home.

## Washington

It is with heavy hearts that our county has agreed to disband. We included the following poem in our letters to our members.



NEW BEGINNINGS

By BRUCE B. WILMER 1978

Each chapter that is ending  
Leads us to a new beginning  
The past that we are leaving  
Means a future we are winning  
Each change that fills the present  
Sets the stage for our tomorrow  
And how we meet each challenge  
Helps determine Joy or Sorrow.  
In every new beginning  
Spirit plays a vital part  
We must approach tomorrow  
With a strong and steady heart  
So as we turn the corner  
Let's all apprehension shed  
And fill our heart with confidence  
As we proceed ahead.



## White

Power of the Past, Beacon to the Future, this could not have been more fitting at this time for all of us. There is so much going on in our world today, but there is always tomorrow and we can get through this together. That is what our White County Home Community Education members have been doing.

We worked together to find places to get together for meetings and lessons, while staying safe by wearing our mask. We enjoyed a lesson on the fantastic egg, given by Ruth Norris. Our October meeting was a lesson on making tee-shirt quilts, given by Vickie Hobbs

H.C.E. Week activities were collecting for the food pantry, took treats to the White County caregivers, collecting pennies for friendship, took free hamburger coupons to the Carmi Christian School children. Our

community organizations have been a great help to us during the last months.

They have donated to help with fundraisers and places to meet. We are thankful to the American Legion for letting us have our Annual Day and International Day event free of charge. We had beautiful decorated tables with lighthouses, thanks to Ludene Taylor our culture enrichment member. Thanks to Connie Bingman our International chairman for all the work on International day activities. Our special guest entertainer for the day was Beckie Belcher and our special guest speaker was our new district director Carol Harms. It was a great day just being together having fun and laughter made the time needed to know there are still good times to be had in our changing world.

Our H.C.E. Women are a ray of sunshine on a cloudy day. She smiles even when she is sad. She laughs and cries too, but she is stronger than anyone realizes and she never gives up. She would do anything to protect her loved ones and works to make her community a place to work together for a community we can be proud of. We all have learned to overcome challenges these last few months It has been awesome seeing how many of our H.C.E. Members have made mask and delivered them caregivers and hospital nurses. Thank You For all your hard work, it makes all of us wanting to be a better person.  
Fran Matheny H.C.E. Public Relations



# INTERNATIONAL NEWS



**RURAL  
WOMEN  
IN ACTION**

Associated Country  
Women of the World  
[www.acww.org.uk](http://www.acww.org.uk)

Dear Members,

It is well and truly Fall! In my area fruit is being picked and the pretty fall leaves are coming down. Last week we picked our apple tree and filled ten, 5-gallon buckets of apples, plus a 5-gallon bucket I picked up off of the ground. Due to a bad frost last spring the tree didn't yield as it has in past years, but it is still a good many apples. I would love to be able to share those apples with any one of you! I made a batch of slow cooker apple sauce and the house smelled heavenly! That afternoon was spent getting the leaves off the driveway and lawns only to get up the next morning to start again.

The frost that took so many apple blossoms was certainly unexpected and out of our control, but still hampered the yield on the tree. This year there are so many unexpected and 'out of our control' events. We have cancelled National, State, and CWC Conferences, where we gather to learn, renew old friendships and form new friendships. Conferences are also normally a place we collect for the Pennies for Friendship Fund. Many of our group and club meetings have been cancelled or are held virtually. We still need to look to the yield of donations for Pennies For Friendship. In my last area newsletter, I gave you a few ideas to help you put a unique spin on raising funds for the Pennies for Friendship fund. I hope you had fun with those ideas and put some money aside for donating.

Another way that we all can raise funds for Pennies for Friendship is the Women Walk the World event usually held in April, but because of COVID-19 it had been moved to October. I hope each of you got out to walk, contact your friends and family and ask for donations for your walk, it does not need to be a formal walk, but you can still get creative with it. I know someone that cannot walk outside right now, so she is walking on the treadmill. That is a way someone could walk and use it as the ACWW WWTW for this year. You might try a Pedometer, walk and walk some more, get donations per step or per mile you walk in a given day or week. If you have set up a group Walk, or if you are doing the Walk on your own, please let me know how many people walked, how far you walked and how much money you raised. Remember that ACWW runs on Pennies for Friendship and here in the United States we are certainly blessed and can share those blessings to help the work of such a beneficial organization such as ours. I know that the WWTW was scheduled to be around the 15<sup>th</sup> of October, but I'm sure you can conduct your walk anytime in the near future and donate the money to ACWW.

Just like the beautiful leaves that continue to fall and need to be cleared away, we need to continue to support ACWW especially during these tough times. ACWW is calling for support from all members. This is the first time in many years that ACWW has had to dip into financial reserves. In Issue 4-2020 of the Countrywoman magazine, each member is being asked to put aside \$3.00 per week, about the cost of a cup of coffee, for the next ten weeks and send that amount, which totals only \$30.00, to ACWW by the 31<sup>st</sup> of December. If only 10,000 members do this it will generate about \$300,000. That amount of money will go a long way to replace the reserves and help have funds into the future. Please join your ACWW sisters worldwide and donate extra funds for our great organization. All donations can be made on line on the ACWW website, the portal is secure and saves ACWW the fees charged when checks are used.

I hope you used the Women Walk the World resources on the website as you planned your walks. There are more resources on the ACWW website that can be used to teach others about ACWW than ever before. They are useful, beautiful and informative. I hope you take advantage of them as you plan ACWW-International lessons/programs for your groups.

Please make sure you download Issue 4-2020 of the Countrywoman, it is full of information we all need. There is a section on the 16 Days of Activism, an initiative to spread education on the crisis of violence against women and girls. The “16 days of Activism” run from the 25th of November to the 10th of December. This year Around the World will “Shine Light on the Shadow Pandemic”. There will be ideas on the website beginning November 1, for use as you plan activities to educate people about ways to fight against domestic violence.

Also included in the newest issue is exciting information about the 2022 Triennial in Malaysia, and a new competition for designing a tea towel to be sold by ACWW. This Tea Towel will not be associated with the Triennial. The deadline for entries is December 31, 2020 so get creative!! Don't be the last to know! Download your copy now. The link was included in the last newsletter from our World President. Just in case you did not receive the World Presidents letter, let me know and I can forward it to you. And just a reminder, if you want to receive the World Presidents newsletter and do not at this time, send an email to [info@acww.org.uk](mailto:info@acww.org.uk) and ask to be added to the mailing list.

Another item in the newest newsletter is information from the Agriculture Committee asking for information on women in farming. Please check it out, answer the questions from the committee and help ACWW stay informed about the issues facing the farming community. Remember to share the information and questions with others in your groups that may not receive the Countrywoman magazine. The more information collected on the questionnaire the more helpful to the committee.

It is enlightening to receive information about your groups and the many things that you are doing to keep your members engaged in the work. I see pictures of groups meeting responsibly and performing acts of service for their communities. Many of you are making masks for senior facilities or schools. One group made adult bibs for a senior home, and others are donating books for a fundraising sale for their library. Some are holding virtual conferences. I've seen the agendas and they look so fun and of course educational. Others are holding virtual meetings for lessons/programs or planning for the future. Thank you for all of the work you perform to benefit your members and the community. I appreciate those of you that have let me know if you have a Facebook page or a website. If you have either, please let me know so I can follow the page and see your activities and some of the service projects you are doing. I also love to receive your newsletters. You are welcome to send newsletters to me via mail or email. If you would like to receive the ACWW USA Area newsletter directly, please email me at [usa@acww.org.uk](mailto:usa@acww.org.uk) Or email [info@acww.org.uk](mailto:info@acww.org.uk) and give your permission for the area newsletter and other area communication to be sent directly to you.

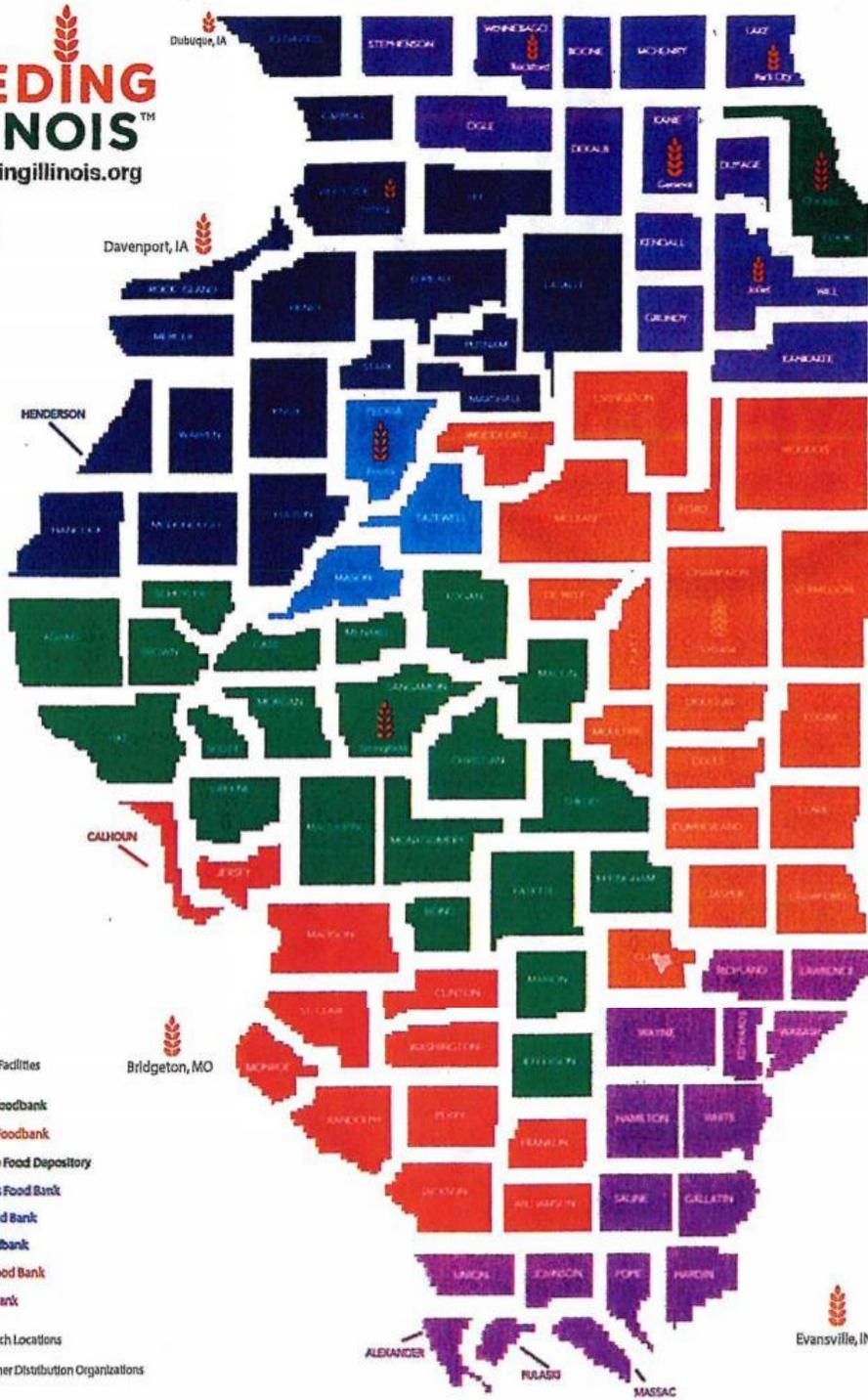
I want to assure you that the work of ACWW is going forward. The ACWW board and Committees have held virtual meetings to keep updated on what is going on within ACWW, report, plan and share. It is always good to see each other even if it is a virtual meeting.

I am grateful for the strength I see in our members. You are resilient, strong, resourceful and most of all you do not let challenges get you down. You rise to the task of helping others, of being the good you want to see in the world. Richard G. Scott said “It was intended that life be a challenge, not so that you would fail, but that you might succeed through overcoming.” I know that we are stronger together, that we find strength in our differences, that we “reflect the ACWW spirit; Together, we can achieve more.” (Page 8 Issue 4-2020-Country Woman). Thank you for all you do for your various organizations and ACWW, this world would not function well without the work that volunteer organizations do. We are a strong force for good in the world.

If you need further information on ACWW programs and issues, please do not hesitate to email me. If I do not have the answer, I will get it for you!

Bonnie Teeple - ACWW USA Area President

**Map of Local Food Banks**



IL Avg 97% goes to food for hunger

## The following countries participate in the Associated Country Women of the World

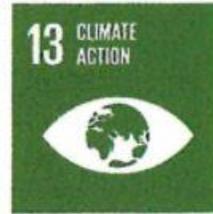
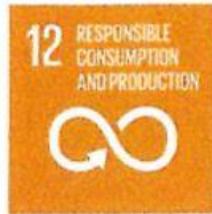
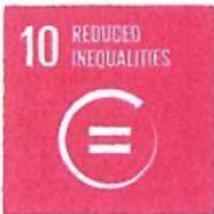
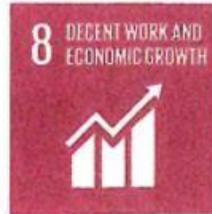
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Albania	Nigeria
Australia	Northern Ireland
Bangladesh	Norway
Belarus	Pakistan
Benin	Papua New Guinea
Botswana	Philippines
Brazil	Republic of Korea
Brunei	Romania
Brunei Darussalam	Russian Federation
Burkina Faso	Scotland
Cambodia	Senegal
Cameroon	Serbia
Canada	Solomon Islands
Channel Islands	South Africa
Chile	Sri Lanka
Denmark	St Vincent & The Grenadines
Egypt	Swaziland
England	Sweden
Estonia	Switzerland
Ethiopia	Tanzania
Finland	Thailand
France	The Gambia
Georgia	Timor Leste (East Timor)
Germany	Togo
Ghana	Tonga
Greece	Trinidad and Tobago
Grenada	Tuvalu
Guernsey	Uganda
Guyana	United Kingdom
Hungary	United States of America
Iceland	Wales
India	
Jamaica	
Kazakhstan	
Kenya	
Kiribati	
Laos	
Latvia	
Lebanon	
Lesotho	
Malaysia	
Mongolia	
Namibia	
Netherlands	
New Zealand	

# SDG- SUSTAINABLE DEVELOPMENT GOALS



## RURAL WOMEN IN ACTION





## Zesty Apple Salad

prep: 15 mins total: 15 mins Servings: 4

### Ingredients

- 2 Granny Smith apples, diced
- 1 (15 ounce) can mandarin oranges, drained
- 1 ½ cups miniature marshmallows
- 1 cup halved seedless red grapes
- 1 (8 ounce) container lemon yogurt
- 2 tablespoons chopped walnuts



Mix apples, oranges, marshmallows, grapes, yogurt, and walnuts together

This poem by Hilda Butler Farr is very fitting for many of us. Autumn days are truly days to cherish and to remember!

Happy Fall!

### Golden Days

I thought I had remembered  
The beauty of the fall.  
I thought I had remembered  
But I hadn't after all.

Because in all its glory  
It burst upon the scene  
With colors far more vivid  
Than I have ever seen.

Each day is lit with sunshine  
More golden than before,  
The flowers are a picture  
To make the spirit soar.

Each year it grows more lovely,  
The magic time of fall...  
I thought I had remembered  
But I hadn't after all.

—Hilda Butler Farr

MAKE  
generosity  
PART OF YOUR  
GROWTH  
STRATEGY

## **MAKE IT UP**

**Life is too short for grievances---  
For quarrels and for tears,  
What's the use of wasting,  
Precious days and precious tears.**

**If there's something to forgive---  
Forgive without delay---**

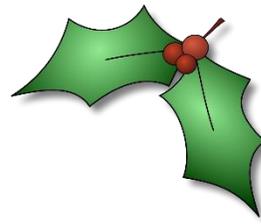
**Maybe you too, were part to blame,  
So make it up today.**

**Be generous---forget the past,  
And take the broader view.  
Cast away all bitterness and,  
Let the sunshine through.**

**If it's within your power,  
A broken heart to mend,  
Remember---Love is all that,  
Really matters---in the end.**

*AUTHOR UNKNOWN*

**LOVE**



# IMPORTANT DATES TO REMEMBER

IAHCE ANNUAL CONFERENCE - March 9-11<sup>th</sup>, 2021 Thelma Keller Convention Center, Effingham

NVON (NATIONAL VOLUNTEER OUTREACH NETWORK INC)

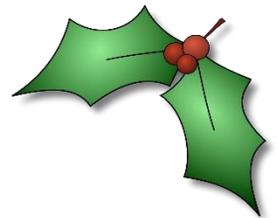
July 20-22<sup>nd</sup>, 2021, Owensboro Convention Center, Hampton Inn and Holiday Inn, Owensboro, Kentucky

CWC USA/ACWW USA AREA MEETING

September 11-15, 2021 - Thelma Keller Convention Center, Effingham

## Merry Christmas from your IAHCE Board!

Poem written by Emily McDowell, Public Relations, IAHCE Board



Twas the end of the year and all through the state,  
The HCE members were celebrating this date.  
The state officers had been busy planning for next year,  
In hopes that conference would soon be here.

County wide functions that didn't take place,  
Might soon find their way on the calendar, with God's grace.  
Local units could start planning like they once did,  
The events that were cancelled or temporarily hid.

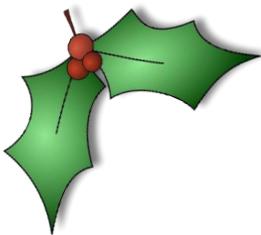
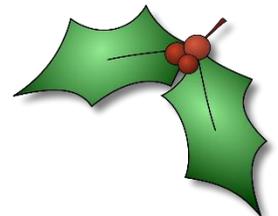
When suddenly it makes sense to meet and chatter,  
When the world is now safe, because ALL LIVES MATTER,  
We can all gather around in close distance,  
Following a path of now least resistance.

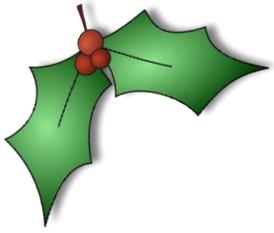
We won't have to fear six feet apart,  
For now together, by using our hearts;  
We can celebrate, socialize, and even attend,  
Every meeting, every party, and even every event.

With speakers galore and many topics to cover,  
We will press forward and celebrate one another.  
We will laugh and sing and praise like before,  
Covid won't take much of us anymore.

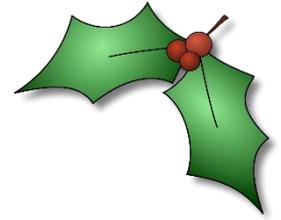
We will cook and bake and decorate,  
We will sew, and knit, and crochet.  
We will be happy in our quilting bees,  
And making things our eyes want to see.

We will donate and give like never before,





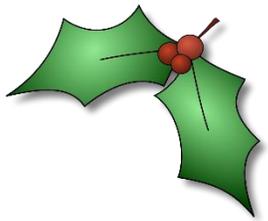
And open up all those once closed doors,  
 To a world full of more possibilities,  
 In a land where we will remain to be free!



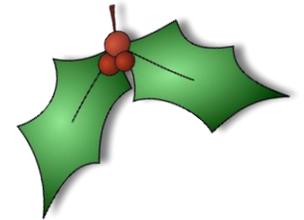
And then when we think we have had quite enough,  
 We will continue on and really show our stuff,  
 We will teach and train like never before,  
 People will be begging us because they want to know more.

About this little organization, that's been around for years,  
 The one that's brought so much hope and less tears,  
 The one that's made a difference great and small,  
 A place for everyone, for every one of us and all!

It will be time to show the world what we are all about,  
 In ways that are big or small, in any amount!  
 We will pick up the pieces where we once had been,  
 And leave our mark more bound and determined.



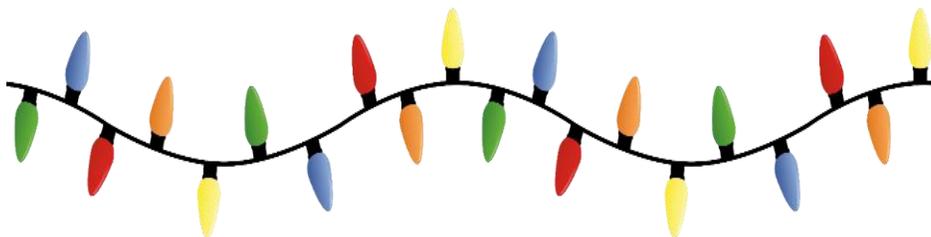
To show what a great unit we are,  
 Showing others, they can be a star,  
 And they too will come to be,  
 Part of the greatest organization known as HCE!



For now, is our time to get others involved,  
 In making a difference- there are problems to solve!  
 Things to do and parties to plan,  
 Let's make this world a better land!

As we reflect on the year we leave behind,  
 I think in spirit you'll actually find,  
 Our hurting world is needing us more,  
 So, let's go out there and remember who we are fighting for!

Merry Christmas to all from you IAHCE Board!



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