

ILLINOIS ASSOCIATION  
FOR HOME AND COMMUNITY EDUCATION

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# NEWSLETTER

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HAPPY BIRTHDAY  
PRESIDENT LINCOLN AND IAHCCE!

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## From the Desk of the President

This will be my last newsletter to write for. Seems the time has gone very fast because I have kept busy. Like the old saying goes, "Time flies when you are having fun". I want to thank all of you for the opportunity of serving as your president for the last three years---I will remember these years always, especially the many friends I have made during my county visits.



I have heard a complaint about the number of scholarships we are giving, but I feel that if you help a young person get an education, you may be helping the world! We will not always have the money to give five, that's why the wording is "up to five".

If I have not made it to your county for a visit, I am very sorry. I have made many of them but time just ran out. If you have any kind of special meeting in your county before the March Conference and would like me to visit, just contact me and I will see what I can do.

Thank you for the opportunity for me to attend the NVON (our national) meeting in Charleston, West Virginia and CWC (the USA area of our International Organization) in Hot Springs, Arkansas. I was the delegate representing Illinois at both of these meetings. There is always a lot to learn and new ideas to share at these meetings.

I also would like to thank the members who kept track and reported their CVU hours last year. Only a small percentage of our members reported so I know there are many more hours that could be sent in. Why not send yours in this year and see what we can get in numbers of hours served.

Thoughts to ponder: Life is too short to wake up in the morning with regrets, so love the people who treat you right, pray for the ones who don't and believe that God allows everything to happen for a reason. If you get a chance, take it. If it changes your life, let it. Nobody said life would be easy; God just promised it would be worth it.

Something I want to say to all of you, before I end up my term: An Angel has said: "Many people will walk in and out of your life, but only true friends will leave footprints in your heart." My hope is that you all have a few of my footprints in your heart and that you will cherish them, as I do cherish the footprints you all have left in my heart.

Your President, *Ellie Maroon*



## EXECUTIVE BOARD



### 1st Vice President NYMPHA WHITE

Thank you to all the county First Vice Presidents or their representatives who attended our IAHCE District Workshops and it was nice to meet many of you in person since this is my first year as your State First Vice President.

With some ongoing changes in our Lessons for Living program from the University Extension, I understand your many varied concerns and let's just hope and pray that we can work out something for the betterment of our organizations. In the meantime, let's have patience, a positive attitude and thoughts.

On the lighter side of IAHCE, fifteen of us from Illinois attended the 70th Annual Conference of the Country Women's Council held in Hot Springs, Arkansas last September 25-27, 2008 at the beautiful Arlington Hotel. The event was highlighted by the presence of ACWW President Datu Ursula Goh from Malaysia, ACWW Secretary Margaret Gadzow from England and USA Area President Louise Nichols from Indiana. Just some kind of refresher, Country Women's Council is the USA division of the Associated Country Women of the World or ACWW. The following organizations are members of CWC: American Farm Bureau Federation Women's Commission, National Master Farm Homemakers Guild, National Farm and Garden Association Inc. and the National Volunteer Outreach Network which our IAHCE belongs. However, there are other several state organizations that belong to CWC too.

It was nice to meet again these wonderful ladies of ACWW as well as the friendly ladies of the different parts of the country. Hearing Datu Ursula Goh tell of her interesting experiences visiting the different projects around the world funded by ACWW, was a mindboggling story. We Americans are really blessed and should be thankful of what we have and stop complaining. Aren't we lucky that we don't have to walk several miles to get a jug of water, sleep on wooden or bamboo floors or eat some kind of food that one wouldn't think it's fit for human consumption.....By the way, she extended her sincerest thanks to all of us for our continued support/donations towards the Pennies for Friendship.

Plans for the 2010 ACWW Triennial Conference is already in full swing. Ladies, please think about it; this event doesn't happen very often here in the USA and this is the nearest one to us which is Hot Springs, Arkansas. The last time the USA hosted this event was in 1989 in Kansas City.

At the Fall Workshop last August, some ladies requested a list of all the counties First Vice Presidents so they can exchange some ideas or suggestions. Right now, I'm working on it and waiting to hear from our District Directors. Hopefully, I will be able to give it out at the Annual Conference next year. Also, another reminder to those counties who have not submitted their topic suggestions for the Lessons for Living, please contact your county director.

Wishing you all a Happy Thanksgiving, Blessed Christmas season and a Peaceful and Prosperous New Year, 2009!

*Nympha White*

### 2nd Vice President MARGARET DUNCAN



Hello Friends,

Here in Southern Illinois the weather is turning colder and the beautiful autumn foliage has been bursting out in all its splendor—a truly beautiful time of the year. But the leaves are starting to shake loose in the cold wind. A sure sign that 'old man winter' is just around the corner.

It's also the time to turn our attention to our IAHCE Annual Conference - 2009 at the Crowne Plaza in Springfield. Recently I met with the other state board members for our October board meeting. Sandy and Lynn, the co-chairs for the conference, are very excited. They are making wonderful plans at this beautiful hotel. Treasa has some excellent classes lined up - something for everyone's taste! Tours in Springfield are being scheduled. All we're waiting for is you! The information you will need to register is in this issue of the newsletter.

I want to thank all of you who took time to fill out the evaluation sheets at the August 2009 Workshops.

## EXECUTIVE BOARD

Perhaps the most important thing that came out of the 2nd Vice President's workshop was the worry about our aging and declining membership - AND HOW DO WE GET NEW MEMBERS? What kind of programs and lessons can we do to promote membership? There is no MAGIC BULLET. We can, and should, continue to hold membership teas, parties, march in parades and do the myriad other projects that each county does to promote membership. We can also learn from other counties in the state.

Each of you might concentrate on getting one new member each year. Personally ask a family member (husband), friend, a church acquaintance, or other organization member to become a HCE/HEA member. After all - don't you enjoy belonging to this state-wide organization THEN - don't think that just asking them is enough - follow through. Tell them what is happening and why you enjoy your meetings, and why you think they will enjoy your group. After getting them to your meeting, make sure they get acquainted with everyone - that's just good manners, isn't it? You may have to take these steps several times before your guest becomes your new member. Getting new members is personal. BUT if all else fails - ask them to become a MAIL-BOX member!

I hope to see all of you at the Crowne Plaza in Springfield in March for our 2009 Annual Conference! Since literacy is my passion, that is what I will base my class on at the conference. Hopefully it will be something you can take home, and it might help with the literacy problem in our state, and help gain new members for our organization.

*Margaret Duncan*

**ASK A FRIEND TO  
JOIN YOU  
AT YOUR NEXT  
HCE MEETING!**

## SECRETARY Nancy Remmers



Hi everyone:

Here we are getting ready for another GREAT conference. I sure hope everyone plans on coming to Springfield and having a great time. I know you will want to help us celebrate President Abe Lincoln's 200th birthday and also, the birthday of IAHCE.

This is the last meeting I will be attending as your Secretary. I now have to be off of the board for a year before I can come back on. I have thoroughly enjoyed my time on the board and I recommend that you all seriously think about becoming a member of the board.

Please keep up the good work in your units and counties. I have read your newsletters and have really enjoyed and learned much from them. I pass some of the ideas you have in your newsletter on to my county to try them.

*Nancy Remmers*

## *Past IAHCE Board Members WHERE ARE YOU?*

We are currently updating the list of past board members and have a few loose ends. Before we publish pages of "missing members", we are asking the counties to let us know about past state board members. The last update was done in 1980. We have annual lists of HB/IHEF/IAFCE/IAHCE board members dating back to 1952. Some members from these lists did not appear on the 1980 Update, others on the update did not appear on any lists (no history of office). Can you dig into your county history and tell us about members who served on the State Board?

Has a single member married?

Has a widowed member remarried?

In which offices did she serve?

Do you have a current address and telephone number?

Whom have we lost to death?

Please inform Mrs. Carolyn W. Fisher, 1919 Burlington AV, Lisle, IL 60532 OR

e-mail to: [cwfisher06@yahoo.com](mailto:cwfisher06@yahoo.com)

Thank you for your help.

# EDUCATION COMMITTEE REPORTS



## Community Outreach CAROLYN FISHER

January 15, 2009 ~ this is the postmark deadline for the President's Awards applications. Community Outreach has four sub-categories: Citizenship, Environment, Safety, and Special Activity. You received the information in your 2008 IAHCe District Workshop packet. Please report any outreach activities you may have done in your county. If you network with another group, you may also report on that project. Should your activity/project fit better into another category: Cultural Enrichment, Family Issues, International, Membership (Second Vice President), or Public Relations, please sent the President's Award application to the proper Director

Environmental concerns: Every year we hear about energy conservation and then another gadget that uses electricity comes to the marketplace. The automobile industry is promising to make more gas energy efficient cars and then on October 30th three automotive manufacturers announced the cancellation of their plans to make their promised hybrid vehicle ~ they needed to cut production to hold down prices. For now the Great Lakes are protected from having their water diverted (as the resort lake in Georgia that was close to being drained this year to send water to Florida). Do what you can to be part of the solution rather than be part of the problem.

Don't forget about the NVON Project in Common: MAD ~ Making a difference working with foster children. What you are able to do in your county is up to your own discretion and imagination; we received no guidelines for this project. We will have a new Project in Common for 2010-2011.

Project Linus Update: Some counties have had success with their local Project Linus chapters, others have not. We are not connected to Project Linus. You may send your blankets to wherever you feel they are needed. The specifications set forth by Project Linus are standard and acceptable to any group.

Some WalMart stores have greatly reduced their sewing and craft area, some still have a bigger area. Seam rippers were no longer available in some stores. I have noticed them reappearing in Wisconsin WalMart stores. Local grocery stores have some "convenience" sewing supplies,

but I have yet to find a seam ripper among them. Maybe a write-in (e-mail) campaign is needed.

The IAHCe Nominating Committee is still looking for a candidate for Community Outreach Director. This should be my last year, but...

I will see you at Annual Conference,

*Carolyn Fisher*

## Family Issues LYNN KEARNEY



I want to wish you a Happy Holiday season; Thanksgiving is just around the corner as I write this article and Christmas will soon be here. I must be getting older; time is pasting so fast. In December my fourth year on the Macoupin County board will be ending. It has helped me to make new friends, learn to cook, now I am beginning quilting, next year we will have other heritage skills taught. I was able to teach bread making classes to the 4-Her's and the community.

The State Board meet in October. I gave each District Director a Pampered Chef catalog one for each county. Please remember, we earn 15 % for total sales of \$600.00 or more per month and 10% if the monthly sales are less than \$600.00. These monies will be placed in a separate fund for Annual Conference expenses. We will also be doing fundraising; your District Director will be giving you additional information about these projects. By helping with the fundraising, you are helping to lower the cost of our Annual Conferences.

Sandy Bechtold and I are working on finalizing the details of the 2009 Conference: "Happy Birthday President Lincoln and IAHCe". As I am sure you know, this is President Lincoln's 200<sup>th</sup> birthday and what better place to celebrate it than in Springfield. I hope to see all of you there.

My Family Issues topic this year is *Strokes*. I have given all the County Family Issues Director's the current information from the American Heart Association. If you have not seen articles about this topic in your county newsletter, ask her about this. The information has been



# EDUCATION COMMITTEE REPORTS

made available to her to pass on to the members of your county. The information may help save your life or that of a love one.

Have a Happy Holiday and see you in Springfield.

*Lynn Kearney*

## Cultural Enrichment BARB SPENCER



A big thank you to all Districts for your warm welcome at the workshops. I hope you received as many ideas as I did. I appreciate all who brought crafts and patterns to share. I'm sorry we didn't have more time to discuss them.

We recently met for our last board meeting before the Annual Conference and I'm sure there will be plenty of interest for all who attend. This conference is earlier than in the past and I want to remind you of the timeline for reports, registrations and articles. You must send your reports, postmarked no later than January 15, 2009. In fact, you can send them any time now. Best of Show registrations should be postmarked no later than February 15, 2009. I would appreciate it if all forms were mailed at the same time. As a reminder, you can enter no more than five (5) articles and only one (1) can be a quilt. Rugs have been omitted from the list this year and aprons have been added. There will be a rack to hang wearable art, so please bring a hanger.

Everyone seemed to enjoy our writing project last year and several of the books were sold. There are a few left and they will be on the sales table. We have a new writing project this year - a book of short paragraphs about *Mom/Grandma's Aprons*. I have received a few already and look forward to many more. Each county that sends a paragraph will receive a free copy. You can send as many articles from your county as you wish, providing they aren't overly long. I will have some of these extra books on the sales table. I must have your paragraph by January 1, 2009 in order to get it typed and to the printer.

You can still reach me at 618-724-4288 or e-mail either:  
quilterscorner1@verizon.net                      OR  
gail/barb@wildblue.net

I want to thank each of you who volunteered to help with registration, judging or teaching a Make-It Take-It craft at our Annual Conference. I will need crafts for the Make-It Take-It evening already made up with the cost of the class to display for those attending the conference. Those of you who offered to register should be at the Cultural Enrichment room by 10:00AM. It is just behind the escalators at the Crowne Plaza main floor. We have a big room and can display a lot of your very beautiful items. I would like to meet the judges at this time also just for a short time.

Time moves rapidly and March will be here before you know it. I look forward to seeing each of you at conference.

*Barb Spencer*

## International DEBBIE BORRIES

Greetings from the International Director...



In September, I went to the Country Women Council Conference held in Hot Springs, Arkansas where I met and heard the Associated Country Women of the World President, Ursula Goh, and the secretary and two of the directors - Louise Nichols (IN) from USA, and Rose from the Caribbean, Central and South Americas. I met ladies from all over the United States. I even got a cookbook from Mississippi and met some ladies who helped put it together! Sandy Bechtold and Marilyn Daughhetee and I traveled and stayed together. We had a great trip! Next year it is in Iowa.

"Pennies (or Coins) for Friendship" have been used wisely. According to Ursula Goh, ACWW President, there is adequate money in the "Water for All" fund, so money should be sent to the general fund where there are many other worthwhile projects that need to be helped. Your money doesn't get wasted there—it goes to the women who apply for income-generating schemes (plans) and is carefully monitored to be sure it is used wisely. The Board members of ACWW pay their own way for trips and travel and rooming—very little is used to fund an office in London. Your money works to improve the lives of women in the world. I encourage you to give generously to this organization—the largest women's organization in the world!

# EDUCATION COMMITTEE REPORTS

International Director, con't



St. Elmo's International Event

I have been visiting counties in the state for their International Events and have been speaking about Belgium (and in one county I spoke on Spain). I have picture presentations for both. I have been to 11 counties since last state newsletter and will be going to a few more soon. If you need any help with your International Event, please let me know. The counties I have visited have made me feel so welcome. I really appreciate that warmth and hospitality. Thank you!

Many International Directors have already sent in their International stipend applications and reports. These will be due January 15 in 2009 only. Check your International District Packet (you got that in August) for information on these.

Our next country of study will be Argentina and you will receive packets of information at the 2009 IAHCCE Annual Conference in March. Hope to see you there as this is my last conference as IAHCCE International Director.

*Debbie Borries*

## IAHCCE Members Attend CWC in Hot Springs!



Standing L-R: Alice Grooms, Joan McEachern, Debbie Borries, Mildred Lamprecht, Marilyn Daughhetee, Sandy Bechtold, Ellie Maroon, Janice Peverly

Sitting L-R: Pat Rod, Nancy Remmers, Ursula Goh, Ruth & Bob Peverly with Nymph White at Bob's shoulder.

## Public Relations SHARON MIDDLETON



I know that we all have said it, but "where has the time gone". It just seems like last week we all were traveling the state going to the three different District Workshops. It was my first time traveling the roads and highways to your workshops. I saw some of the state that I had never seen before and even in August, the countryside was green and all those wind turbines were a sight to see. Back to business. It was great to meet the Public Relations Directors from your counties and put a face with the names. All of you are doing a wonderful job with your newsletters and public relations. We talked about copyrights and I told you as much as I had found out. During the conference in Springfield, there will be a share shop on getting your articles into your local newspapers. Be sure to check that out.

As all of the Education Directors are reminding you, the deadline for your President's Awards are due a little earlier this year since our conference will be March 3-5, 2009.

So to remind you once more, they are due January 15, 2009. Please check your guidelines in your grey book. Please limit the length of entry to approximately ten (10) pages. You need not send me all of the articles that was printed. Send one or two of our favorites and then list when and where the rest were printed. If your article was not printed, you can still list where and when the article was sent in a press release. This refers to other ways you did or tried to publicize your county and it's events. If you have any questions, please give me a call or e-mail at: 217-877-7229 OR [itole2@sbcglobal.net](mailto:itole2@sbcglobal.net)

I am enjoying reading your newsletters, trying the recipes in them and sharing information with my county on events you are planning. We all need to help our neighboring counties with ideas on how we can swell our ranks in our organization. Share your ideas.....Combine your Lessons for Living.....Bring in new members!

In closing, if any of the counties have questions about their office as Public Relations, please call. If I don't have the answer, I'll find out. See you at the Crowne Plaza, March 3-5, 2009 for our Annual Conference!

*Sharon Middleton*



# EDUCATION COMMITTEE REPORTS

## Certified Volunteer Hours/Sales ALICE GROOMS



Hello IAHCCE Members,

It is almost time to add up all those volunteer hours and send them to your responsible county officer or to me by January 15, 2009. You can either send them to me by mail or by e-mail. My address is: 412 West Main Street, Clinton, Illinois, 61727, and my e-mail is: [alys13@verizon.net](mailto:alys13@verizon.net). Please send me individual member sheets with the totals. DO NOT send me unit or county totals, they are not used by me. Why not have a contest in your county and see who turns in the most. Examples of things you probably do every day which count as CVU hours are: your HCE meeting and activities, your county HCE Board, 4-H, Hospital, Church, School, Women's Auxiliary, Hospice, any training or programs given, any recruiting or fund raising, any telephone surveys or hot lines manned, any community improvement projects, companionship to shut-ins or elderly, food pantry, or recycling. The categories are endless. Only family activities DO NOT count. I hope to receive lots of hours, so I can give out lots of certificates and seals at the annual conference in Springfield, March 2009.

I encourage everyone to attend the annual conference in Springfield, March 2009, because I will have some NEW items at the sales booth. Look for the special Lincoln ink pen and the Lincoln collectible top hat tack pin. See you all there!

*Alice Grooms*



See you in Des Moines, Iowa at 2009  
CWC Annual Conference

## Dear Home and Community Education members:

I hope this newsletter finds you ready to enjoy your families for the holidays.

Now is the time to send your ideas for new lesson topics to Nympha White at [nym1019@yahoo.com](mailto:nym1019@yahoo.com) or 660 Myrtle Ave., Grand Ridge, IL 61325. Please do that by February 10, 2009. Your ideas and the team suggestions will be presented at the March 4<sup>th</sup> meeting in Springfield.

Last year I received requests from only 8-10 counties – so it's time to voice your lesson topics.

During this fall, when you selected your lessons for next year, instead of sending your requests to campus – Rose Sisco – this year you were to share that information with your county director. As part of the program planning process, the county director will secure the educators for your future programs. This change occurred with the Educational Programming Proposal.

If your county group has concerns about the Educational Programming Proposal, please direct your concerns to me – Susan Taylor at [setaylor@illinois.edu](mailto:setaylor@illinois.edu) or 5527 Miller Circle Drive, Suite C, Matteson, IL 60443-1491.

One key factor that was omitted from the Educational Programming Proposal is Extension Educators as of October 1, 2008 have to raise \$5,200 of program fees. These funds are being used to off-set travel funds that have been reduced from the educator. Many questions came up during the August district meetings asking why were educators now charging for programs and why was there a minimum number for participation.

We all know about limited resources and due to the economic times, University of Illinois Extension is also feeling that situation even more.

During the fall meetings, I highlighted the characteristics to be a good member and how to recruit new members. Remember there are 2.9 millions Illinoisans who are baby boomers that are entering retirement. Some of the 2.9 million are currently IAHCCE members. But many of this group has been busy – with their families, childrearing and working out side the home. When you may have asked them if they would want to attend a meeting, they may have said no – but things have changed – so ask again.

I look forward to seeing you at the Annual Conference in Springfield in March 2009.

Susan Taylor  
UOfI Extension Field Liaison Representative

## SPECIAL REPORTS

### NOMINATING COMMITTEE

In the past, the IAHCE Nominating Committee could recommend a slate of officers for election at the IAHCE Annual Conference; we can no longer continue this practice if we are to follow the IAHCE bylaws. We are to present to the counties any candidate who is found to be qualified. The offices of President (needs to have previously served on the IAHCE State Board), Secretary, Treasurer (2 remaining years of a 3 year term), Community Outreach Director and International Director are to be elected at the 2009 IAHCE Annual Conference.

Four candidates submitted applications for the IAHCE State Board. One candidate was not able to be interviewed and since then has withdrawn her application. Another was interviewed and withdrew for other reasons. These applications will be kept on file and each of these former candidates could be nominated from the floor if the reason for withdrawal has been resolved.

Applications will remain open for all positions. The Nominating Committee will review all applications received and information for all new qualified candidates will be available for voting delegates at the 2009 Annual Conference. The application forms are found on pages 54 and 55 of the IAHCE (Gray) Guidebook. Please send both pages of the form to:

Mrs. Carolyn W. Fisher  
IAHCE Nominating Committee Chairman,  
1919 Burlington Avenue, Lisle, IL 60532 OR  
send by e-mail to:  
cwfisher06@yahoo.com

Designate IAHCE Board Application in regards.

Carolyn Fisher  
IAHCE Nominating Committee Chairman



### IAHCE SUPPORT FUND

We should have a new Support Fund Chairman after the 2009 IAHCE Annual Conference, but this is not guaranteed. The deadline for an application for a Support Fund grant is June 1, 2009. The information is in the IAHCE (Gray) Guidebook. Until March 1, 2009, applications may be sent to:

Mrs. Carolyn W. Fisher  
IAHCE Support Fund Chairman  
1919 Burlington Avenue  
Lisle, IL 60532

Or e-mailed to cwfisher06@yahoo.com with the designation (Re) IAHCE Support Fund. After the Annual Conference, you will be given the information for the new Support Fund Chairman. All applications received will be evaluated at the same time after June 1, 2009 deadline by the members of the Support Fund Advisory Committee. Any applications received after the committee has been sent their packets for evaluations cannot be accepted.

Carolyn Fisher  
IAHCE Support Fund Chairman

Below is a note from one of the support fund receivers:

#### “Exploring Your Future”

Youth in Hanover Park, IL had the opportunity to “explore their future” through a special program provided by University of Illinois Extension 4-H this past summer. The program, entitled, “Exploring Your Future” provided twenty youth with 9 hours of exciting Science, Engineering and Technology (SET) experiences over the course of six sessions. The youth served were largely African American or Hispanic 8-12 year olds who are from limited family and community circumstances. The goal of the program was to encourage youth to develop an interest in a career in the SET field by exposing them to lessons and hands-on activities in six different topical areas. Topics included DNA/Biotechnology, Plant/Soil Science, Communications, Aeronautics, Wind Energy and Electricity. This program was made possible in part through a generous gift from the IAHCE Support Fund Committee.

Heather Britton  
Learning Enrichment Coordinator  
University of Illinois Extension  
Naperville, IL

## DISTRICT NEWS

### DISTRICT 1

Bernice Livingston  
District Director



#### HENDERSON.....

It has been a very busy year for Henderson County H.C.E. members.

We held our annual meeting in April. Our theme was "A spring tea party". Many members wore hats and gloves.

The Methodist church ladies served a delicious brunch. Ruth Duncan presented a program on collecting cups and saucers. She had a beautiful display of her collection. We were honored to have Bernice Livingston, district director, as our guest.

Then came the devastating flood! H.C.E. members did more than their share of volunteering, filling sandbags and cooking for volunteers and flood victims or ambulance E.M.T.'s.

We raffled off the handmade quilt (that H.C.E. members had made) at Weir's Fruit Farm in September during Heritage Trail Days. We held our annual bake sale at the same time. Proceeds from these projects help fund our contributions to food pantries, books for West Central Schools, New year's baby and college scholarships. We also are a sponsor for "Relay for Life". Several of our members attended the fall workshop in Rock Falls.

We are working on our quilt to be raffled off on 2009. We are doing our share of volunteering and planning our floats for lighted Christmas parades to be held in Stronghurst and Oquawka.

Beverlye Alecock, Public Relations

#### JODAVIES.....

Jo Davies County HCE Family Issues Director emphasized FAMILY DAY in her program beginning in 2007. The Annual National Family Day is the fourth Monday in September, which is a special day to eat

dinner together as a family, which would be the evening meal in most families. Jeanette Podnar put the materials together, contacted banks, etc. for awards and thus the "Eating With Your Family" contest began, with the third graders in each school in the county. The students were asked to write a paragraph or two telling what they liked about their family sitting down and eating a healthy meal together and why it was important to them.

In January 2008, our HCE board helped judge the essays and awards were given in February/March. A winner was selected from each school. Top prize was a \$50 savings bond given to eleven winners. Each participant received a \$2 bill plus a packet/folder with their essay and information on "Healthy Foods". There were over seventy entries. This was also a very good way for HCE to reach out into the community.

Three of our most popular program lessons were: "Landscaping on the Wild Side"; "Decluttering Your Life"; and Genealogy. All of our Lessons for Living are open to the public. Twenty or more in attendance at these trainings were other than HCE member.

Our membership is still above 100 and our goal is to help educate the community by providing interesting and educational material pertinent to the people who live in our area.

Marcella Arnold, Public Relations

#### LEE.....

We promoted Lee County Homemakers Education Association Month during October. Our Lee County Board Chairman, Mr. Jim Seeberg, signed our Proclamation September 16, 2008, so we would have a picture for the Sauk Valley Newspaper. It was finally published November 1, 2008. Well, at least it got in the paper.



## DISTRICT NEWS

LEE con't

We distributed a total of 2000 placemats among 8 area restaurants. We have the privilege of printing them ourselves at the University of Illinois Extension Office for the cost of the paper.

Included in our Homemakers Education Association newsletter was a calendar of activities from which members could participate.

Our International Luncheon and Program featuring Belgium was our October 23rd highlight with 18 members and 5 guests attending. The Homemakers Education Association board members prepared the food from recipes provided by Debbie Borries, IAHCE International Director. Our guest speaker, Ms. Linda Brantley, said the food not only tasted good but also was authentic. Her pictorial presentation was outstanding of the architecture, floral landscaping and food presentation. We were delighted to gain one new member from this event. Although we invited the local high school foods and nutrition class, they were unable to attend.

Our President, Nellie Tieken, and I participated in a radio talk with Mr. Steve Marco of station WIXN in Dixon. We enjoyed it; he is an excellent host.

Shirley Burgess, our Cultural Enrichment Director, scheduled a Craft Day October 15th featuring "Anything but Denim". She had wonderful, numerous samples and supplies. We decorated pockets, fringed flowers, admired her vest and other items. The day was most enjoyable from 9:00 AM to 3:30 PM in spite of a very low attendance of 6 members.

Our Super Local Leader Day, October 29th featured 2 lessons: "Death by Chocolate" at 11:00 AM and involved delightful sampling of 8 items; and "Personal Privacy-Protect Your Identity" offered at 1:00 PM and 7:00 PM with good attendance at both sessions.

Our First Vice President, Patricia Wilson, also presented a lesson on "Retirement Realities" to the Lee County Welfare Council at their October 1st meeting. She shared the "Finding Sanity in Today's World" and "Decluttering Your Life" with the residents of a local senior living facility and was enthusiastically received.

We also contributed many items to our Nachusa Foster Parents Program and continue to do so.

We are looking forward to our next event which is the Dixon Christmas Walk at which we have a Cookie Walk.

Shirley Rees, Public Relations

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### ROCK ISLAND.....

Change is in the air...the nights are nippy, the leaves are turning, and pumpkins are seen everywhere, but most importantly ... the politicians tell us that Change is coming. Well, that's another story.

A change closer to home was announced at the District I workshop on August 19th in Rock Falls. Eleven members of our county were present when our new Director, Marilyn DeVries, was presented. All our Units except two were represented.

Change was also evident with the disappointing news about state cutbacks. But undaunted, Rock Island is moving forward and taking up the slack. Supporting our homeless and military troops is at the top of our list. A Veterans Comforter Tying Day was held September 23rd. Two Board members attended the Veteran's Standdown later that same week and helped distribute the comforters and serve hot meals.



The Busy Bee Unit members which included Dolly Hamerlinck and Mary De Schepper shown in the photo sewed Christmas Stockings and pillow cases for the Home of the Brave organization. The stockings and pillow cases will be sent to troops overseas during the Christmas holidays.

On September 27th we hosted our annual Awareness Day and Welcome Tea. Our Heritage Skills were on display while we enjoyed light appetizers. The program "For Show...No Blow!" featured speaker Ruth Baylor. Everyone was fascinated with the history of Handkerchiefs and were amazed at the endless array of hankies she displayed. Our two Lessons for Living ("Small Appliances and Slow Cookers" and "Growing and Using Herbs") followed the program and were well received.

# DISTRICT NEWS

Our October calendar includes an Oil painting class, a Quilt class, and a special Comforter Tying Day for children. Additionally, our International Director Mary Ann Williams, has organized an International Potluck on October 18th which will showcase the culture and cuisine of Belgium. Our featured speaker will be Patrick Van Navel, Belgian Consulate.

November's chilly weather ushers in our Annual Playcrafters Fundraiser-Hors d'oeuvres Party. The production this year is "Anne of Green Gables". This family classic should warm all our hearts, if not our bodies.

On November 15th, we will be hosting our "Souper" Saturday and Lessons for Living. A variety of soups will be served to guests. After sampling the soups, attendees can enjoy the Lessons for Living which will include "Gifts from your Kitchen", "Holiday Traditions Around the World" and "Healthy Soups". At this time of year we can all use a few tips for the Holidays.

December is, of course, for family and friends. This is wishing you Joy this Holiday Season and may all the changes that come into your life be welcome ones.

Brenda Wells, PR Director

We are having a craft day and making Christmas decorations plus making cards for the veterans in hospitals.

Wish to all, Merry Christmas, and a Happy New Year!

Miriam Ferguson, Public Information

## GRUNDY.....

Greetings from Grundy County.. The biggest news from our County is that we are celebrating our 70th year. Seventy years of friendship, learning, sharing and volunteering in our communities. To mark this, we are putting together a recipe book for our members. Along with their recipes, each member will have her picture and a bio of her HCE years. Members may also choose to write a special memory or fact about their recipes.

We continue to meet once a month for our book club. It's always enlightening to hear others perspectives and we get to know each other better as many times the book discussions bring out personal experiences.

Our county has changed our name from HEA (Home and Education Association) to HCE (Home and Community Education). This puts us in line with most of the other counties in the state, leading to less confusion. It also broadens us out from being perceived as an organization for homemakers to one that encompasses both home and community. Our members have always been committed to and worked towards bettering their communities, as well as their homes and now our name speaks to both.

Since the fall of 2006, all our units have participated in the recycling of aluminum cans to raise funds. It helps us meet our financial needs, is easy to do and is good for the environment, keeping the cans out of the landfills.

Eight of our members attended the IAHCCE Fall District Workshop on August 19 in Rock Falls. Great energy and enthusiasm was present in everyone that was there. Special thanks to all our state and district leaders for coming.

Marlene Ryder, Public Relations

## DISTRICT 2/3

Lorraine Wildman  
District Director



## DUPAGE.....

It is time to be preparing for fall and winter. We are planning to do some interesting things. Our President had planned a trip, many went on it.

One of the meetings we have joined together are the Membership Tea and the International Luncheon. It's going to be in November, using recipes from Belgium.

Also, we are still collecting things for our soldiers overseas. They need all the backing they can get.

Our board members and the Unit Presidents will have a luncheon and board meeting for December to celebrate the coming of the holidays.

## DISTRICT NEWS

### KANE.....

Kane County Association for Home and Community Education had 70 members serenaded in the afternoon by Grandfather's Clock (an Elgin barbershop quartet) at Fun Day October 22 at St. Gall Church in Elburn. We dined on tasty, traditional meatloaf, carrots, mashed potatoes with gravy, green salad, bread, apple betty, orange jello with fruit cocktail, lemonade and tea. Party favors were "ice cream cones" made from golden paper cones and white, pink or chocolate brown tissue paper circles filled with old-fashioned root beer barrels, butterscotch and cinnamon hard candies. Wonderful entries showed up for the Fine Arts and Craft Show.

Though final totals are not yet available, we appreciate the Fun Day fundraising efforts of members through our 50-50 raffle and member-donated silent auction items, as well as through orders for dried fruit, nuts and chocolate from Terri Lynn, Inc.

Hines VA Hospital was the recipient of 601 items in 63 categories gathered at Open House August 20 and delivered by our Kennedy Unit. This is a wonderful example of the consistent, frequent contributions made by our ten units to a wide variety of area charities and causes.

Our first month into the BIT Program (Brainstorming/ Input/Training a half an hour prior to the board meeting) in September was ill attended; perhaps we scheduled it too soon into the new calendar. Also, our county should reach out to potential new members who historically, upon joining, have been willing, dynamic participants in Homemaker activities. Our hats are off to new members who have jumped in with both feet and taken on responsibility in our association. Now if there were lots more just like them...

To get the word out about our organization and hopefully increase membership, Plato Center Unit created three very professional displays for the last three weeks in October at the Gail Borden Library, Elgin.

Beth Engbrecht, Public Relations

### La SALLE.....

HCE Announces **HOMEMAKER of the YEAR!** The 90th annual meeting of the LaSalle County Association for Home and Community Education met for a dinner meeting with over 80 members and guests in attendance. Our theme "Ninety Years and Still Fashionable" was presented with a style show from Bon Worth clothing store in the Peru Mall.

President Gail Hayward called the meeting to order and welcomed guests and introduced the board. Our special guests were District Director Lorraine Wildman and State First Vice President Nympha White. Pennies for Friendship were collected, which benefits international projects.

Joyce Burright, last years' recipient, presented the major honor of Homemaker of the Year, 2007-2008 to Sheila Thomas of Grand Ridge. Sheila has been an active member of HCE for 19 years. She has held many offices in her unit and served on or chaired many committees. She has served on the HCE County Board in five different offices. She has worked the food stand and been active with the 4-H fair. She has been involved with P.T.O., girl scouts and river sweep cleanup.



She is a Master Gardener, Master Food Preserver, started a 4-H club and organized a Relay for Life team. She has chaired Cabin Fever Reliever for thirteen years. She helps her husband John with the cattle, and has a grown son and daughter. Sheila is a member of the Handy Homemakers unit and is very deserving of this honor.

After a great meal, we celebrated our 90th meeting with a delicious cake made by our President, Gail Hayward. Then the minutes of the last meeting and the 2008-2009 budget were approved.

Judy Rosengren, Second Vice, announced attendance and awarded Unit of the Year. This year the honor went to the Seneca Morning Unit. They accumulated



# DISTRICT NEWS



the most points for activities and community service of all the county units. Unit members present accepted the plaque.

Eloise Fike of the No Township Unit and Shirley Boshell of the Serena Freedom Unit were awarded a pin and certificate for being a member of LaSalle County Homemakers for 50 years.

Marge Hill conducted a Memorial service. She paid tribute to Lucille Brown of Marseilles Morning Unit.

The meeting was adjourned with President Gail Hayward announcing details of the upcoming 4-H fair.

Carol Link, Public Relations

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## Mc HENRY .....

Happy Holidays to you from McHenry County HCE... Our 4-H Director, Delores Hermanson was the dessert food judge at the McHenry County Fair in August.

In October, Geri Pondel, Delores Harmanson and Leona Rinn judged the 4-H window displays throughout the county. After much discussion, first place went to the Trailblazers from Richmond. All the displays were wonderful and they thank them for all their work.

First Vice President, Nancy Moore, arranged an educational informative lesson in October of Woman's Health given by Angie McAuley, Director of Woman's Health at Centegra the new Woman's Center they are planning on building and a High Risk Nursery. This month is Breast Cancer awareness, so be sure to have your annual mammogram. Breast cancer is 90-95% curable if discovered early.

October 22nd was HCE Day. This is where the members display their arts and crafts. This year's judges were Dorothy Rodewald and Betty Wertke of Lake

County. First place winners were: Carol Kruse, quilted table runner and quilted wall hanging; Betty Troyer, needlepoint nutcracker; Pat Sorenson, fishermen's knit sweater; Florence Spesard, counted cross-stitch of the Evangelist St. Mathew; Linda Bilsbarrow, photography Blue Bonnets in Texas. Betty Troyer won first place and Best of Show with her acrylic painted box.



Above: Judges Betty Wertke and Dorothy Rodewald

December 1st, the West Dunham Unit will have their annual potluck banquet honoring the five 4-H Clubs from the Harvard area. Each of the clubs talk about their activities and accomplishments attained in 2008. The leaders are honored and awards are presented.

Florence Spesard, Public Relations

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## WILL .....

Will County's International, Cultural Enrichment and Membership Day brought our members together for a day that was not only informative but enjoyable.

A highlight of the day was the presentation on Belgium given by Debbie Borries, State International Director. Pictures, displays and samples of Belgian lace made for a very interesting program.

Joan Fleckenstein, our Cultural Arts Director, encouraged those attending to showcase their heirloom aprons as the state Cultural Arts special showcase project this year is to be fascinated hearing the stories and history behind the aprons.



## DISTRICT NEWS

A catered lunch consisting of Belgian meatballs, mashed potatoes, vegetables, and Belgian chocolate, added to the authenticity of the day.

Cultural Enrichment Exhibits were viewed and voted upon. Winning exhibits were those displayed by Ruth Johnson (jeweled Christmas tree), Marine Satterlee (photo and fall wreath), and Regana Harris (lighter collection).

Future plans call for a Craft Day in late winter. Members wanted to learn how to make a "Chicken Scratch" design apron as well as aprons made from placemats.

We wish everyone a healthy and happy holiday time of the year!

Marianne Eisenbrandt, Public Information

### DISTRICT 4

Mary Lea Prentice  
District Director



During this past year I've had the pleasure of visiting 11 of the 12 counties in my district. I've installed officers, been a guest at teas and have attended annual meetings and International dinner meetings. It was fun to see how each county used the theme, "Have a Cup of Tea with IAHCE" in very clever and interesting ways and how some incorporated the theme with birthday parties as each county observed another year. Keep up the good work! I'm looking forward to visiting my counties next year as they incorporate the theme "Happy Birthday President Lincoln and IAHCE". I've also noted the newspaper publicity many of these counties have been given as well as hearing about their various events on local radio stations. I urge you to mail me or give me a website I can visit to hear of other activities that have been publicized. We need to keep IAHCE involvements mentioned in the news media. We want women outside our member list to know who we are and what we are doing — make them want to also become members.

International Chair Debbie Borries has selected Argentina as the 2009 country of study. Those of you who used her Belgium program know that she spends lots of time in preparing these lessons. I recently saw

her PowerPoint presentation in Jacksonville (Morgan County). Good job, Debbie.

Morgan County has volunteered to make "bag favors" for our March Annual Conference to be held at the Crowne Plaza Hotel in Springfield. Conference chairs will be happy to hear from any of you if you can volunteer to help during these three days in March. I am vendor chair at the Annual Conference. If you know of anyone who might be interested in selling his/her products at the Conference, please let me know. Tables are \$40.00 each, payable in advance to IAHCE. Have them contact me for a registration form.

I look forward to seeing my IAHCE friends at the Annual Conference, March 3-5 at the Crowne Plaza Hotel in Springfield. Come to relax, enjoy, learn — be prepared to return home enthusiastic and dedicated to begin another "birthday" year in your county.

Have a Happy Holiday Season!

*Mary Lea Prentice*

### ADAMS.....

Adams County HCE has been busy promoting HCE's "90<sup>th</sup>" Birthday.

September 29, 2008 Board members, Mary Voorhis and Mary Twaddle appeared on the Mary Griffith WTAD Radio show discussing HCE month, Kiddie Bazaar, HCE's "90<sup>th</sup>" Birthday and various other HCE activities. They also appeared on the WGEM News Talk Live show with Rich Cain, Sydne Holder and Janice Vogel also discussing HCE's events.



(L to R: Mary Voorhis, Sydne Holder, Mary Twaddle & Rich Cain – Newstalk Live Hosts at WGEM Studios)

## DISTRICT NEWS

On September 29, 2008 several board members attended the Quincy City Council meeting where Mayor John Spring presented a Proclamation Certificate proclaiming the month of October 2008 as Illinois Association for Home and Community Education Month in Quincy, Illinois, in recognition of the contributions to our city and county by the volunteer members of the Adams County Home and Community Education Association who are united to make our home and communities better places to live.

HCE in Adams County would like to congratulate and publicize the activities of all its members throughout the county in this Special Homemakers Home and Education Association Month, with the 2008 theme of IAHCCE: "Have a Cup of Tea with IAHCCE".



(Pictured above L. to R: Board Members Bonnie Smith, Sally Dedert, Mary Voorhis, Mary Twaddle and Mayor John Spring at Quincy City Council Meeting)

September 30, 2008 HCE had a wonderful article published in the Quincy Herald-Whig, Liberty Bee, Camp Point Journal and the Mendon Times explaining what HCE is all about from the past as well as the present day activities and HCE's "90<sup>th</sup>" Birthday.

Members of the Adams County HCE Board participated in Quincy's Riverfest on Sunday, September 28<sup>th</sup>. The members passed out brochures about Adams County HCE and had children color pictures and write letters to be mailed to our men and women who are serving in our Armed Forces. Articles and pictures were on display about Adams county HCE and its upcoming 90<sup>th</sup> Birthday Tea Party to be held on Thursday, October 9<sup>th</sup> in Paloma.

October 1, 2008 board members Sally Dedert, Bonnie Smith and Mary Twaddle placed a window display in the Quincy Public Library to be on display through the month of October.

HCE's past presidents and board members hosted a "90<sup>th</sup>" Birthday Tea at the Paloma Community Center on October 9, 2008 from 5:00 p.m. ~ 7:30 p.m. Three courses were served: non sweets, mini sandwiches, many, many desserts and, of course, a variety of tea which was served from various styles of tea pots. Several board members and a number of guests "dressed up" in their finest to enjoy a "cup of tea with HCE". Elva Abbath gave a delightful speech about HCE celebrating "90" years. The information was compiled by Elva and Shirley Simon, daughters of Irma (Wittler) Dedert who became a member of Home Bureau Exchange in 1935 and also started her own 4-H Club, "Ursa Fancy Doers" in 1945 and formed a Boys Craft Club. She completed 25 years of 4-H as a leader in 1970. Her three daughters, grandchildren and great grandchildren followed in her footsteps. She explained the first Adams County Fair was held October 18 & 19, 1854 north of Broadway, between 6<sup>th</sup> & 8<sup>th</sup> streets in Quincy.

In 1861 it was held at Woodland Amusement Park and then the Civil War interrupted the fair for a few years. The Illinois State Fair was held in Quincy in 1867. In 2002 the State of Illinois celebrated 100 years of 4-H at the State Fair! Thank goodness for long time members....it is through them that HCE can be preserved and kept alive.

Mary Twaddle, Public Relations

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### PIKE.....,

Greetings from Pike County HCE  
Fall has been very busy. We have enjoyed activities of our International Dinner and Christmas in October fund raiser.

On September 18<sup>th</sup> we were treated to an excellent program and meal centered around a trip to Russia by Karen Fudge, a member of HCE and Maria Yumatova Stone, who was raised in Russia. The evening started with green tea and appetizer of nuts and dried fruit. The dinner was Russia dishes that were favorites of Maria's. All were delicious and the dessert was an Apple Baba. The program was wonderful with Maria speaking about customs, superstitions and Karen's pictures of many cities in Russia.

On October 11 the Farm Bureau Hall was filled with

## DISTRICT NEWS

Pike, con't

vendors and the smell of rolls and pies. Our theme this year was Peace and Plenty in Pike County. Each unit was responsible for making a \$20 basket, by hand and filling it with \$30 worth of goods. Tickets for one dollar were sold before and at the door on the day of the event. Fourteen baskets were awarded to the winners after a drawing at 1:30 PM that day. A beautiful Star quilt was constructed with the combined efforts of the two Quilt Units and was the lead item for the raffle. The fabric was donated from the Longaberger Basket Company and Jackie Williams of Rockport donated the quilting. Jackie is the leader of the night quilt unit. The quilt was won by Kristine Bingham of Griggsville, Ill.

We have completed our program books for the year and have an exciting array of education to absorb over the next year. Encourage your friends to join the excitement.

Ann Ferguson, Public Relations

### SANGAMON.....

On October 31st, the Sangamon County Association for Home and Community Education had their annual Craft Competition. This year we decided to have a

Quilt Show along with this activity.



We chose 5 entries in the various categories that were judged to go to the State Conference in March at Springfield, IL. Congratulations to the winners. They were: Marge Chidster, Carolyn Gerberding, Thelma Harms, Marcella Poludniak and Karen Waters. We had members vote on Best of Show.

Mary Lea Prentice, District IV Director was in attendance. She gave a very informative program on Quilts and the Underground Railroad. She brought many



books and quilt blocks to show us. Thank you, Mary Lea.

We had members bring quilts that were displayed around the room and each member told about their particular quilt. We had many quilts on display. Some of them were very old and some were made by our members.

We had two Make It & Take It classes. One was on Tenerife Embroidery and the other on Stenciling. These were well attended.

After morning sessions, we had a potluck lunch. This was a fun day for all that attended.

Thelma Harms, Cultural Enrichment Director

### TAZEWELL.....

Tazewell County Home and Community Education has set a goal of \$1,000 in a campaign for a generous Christmas gift for the House of Hope in Pekin, a haven for abused women (or men) and children. With a membership of 230, each member will have to average about \$5. Those who cannot afford \$5 have been asked to approach friends for a dollar or two to help the average. If donations are shy, a quick bake sale or other fundraiser may be needed.

The HCE food stand at the 4-H Fair, the county's main fundraiser, was a success. Everyone helped in some way, but special thanks were due to Rosemary Palmer, the manager. In a booth which netted cash for the House of Hope Wilma Pulfer and helpers volunteered. New or like-new items were donated by HCE members and cash donations were given by purchasers of the goods.

The county voted to send \$200 for the dining room renovations of the 4-H Memorial Camp at Monticello. Each year Homemaker's Camp is conducted there in late July.

Yards again this year touted signs about HCE throughout the month of October. A phone number was listed for anyone seeking more information.

Shirley Kelly, Public Relations

## DISTRICT NEWS

### DISTRICT 5

Jane Wood  
District Director



With the fast approaching holidays our thoughts turn to family and friends. I have certainly made and met a lot of new friends this year. I was told by Marilyn Daughetee that this was truly the best office on state board and the opportunity to meet each of you has certainly proven that to be true. Wouldn't it be fun to hear the traditional ways each of you celebrate? Our family will get together the day after Christmas and spend the weekend enjoying each other. We like to hike (looking for deer and other wildlife), swim, visit the neighbor's farm (gathering eggs is the greatest fun) and play games. Along with conversation this fills our weekend. Our family includes 4 children and spouses, 10 grandchildren, ages 4-12. I have changed my cooking to soups and casseroles so I won't be spending my time in the kitchen when all are here. This brings to mind a tradition a daughter-in-law started - Women cook, men do the dishes. Except for one son-in-law who cooks breakfast. I am so blessed with a wonderful family who all help and get along well. For gifts we will read "The Night Before Christmas" with some rights and lefts added. The children read as the adults pass gifts and visa verse. Wondering what is in each package makes for an exciting time. Tom and I will give each family a family gift of passes for skiing, season pool passes or museum passes, when they are lucky they get a trip for all. No toys or clothes from these grandparents!

Now that you've learned more than you want about my family, let's think about IAHCE and the wonderful time we will have meeting and greeting at the Crowne Plaza on March 3-5. **Be sure to read this newsletter thoroughly to get any details you need to plan for a wonderful 3 days.**

May your New Year be filled with good health, good friends and lots of love and blessings.

*Jane Wood*

### CHAMPAIGN.....

In my article for August newsletter, I stated 15 members were present at our annual meeting. It should have read 115-didn't proof very well, did I? Sorry.

We continue to make neck coolers-our Community Outreach Director, Ilene Koehler just delivered 99 of them to the recruiter at the Urbana Armory. We are also making Linus blankets and have completed 6 of them so far. November 5th has been scheduled as another work day to make more of them.

Several of our board members attended the District 4 & 5 Fall Workshop in Decatur. 76 members and guests attended our Officer Information Meeting on August 27, 2008. Each officer talked briefly about what their job entailed and passed out information packets to their counterparts for each unit. The ice cream sundaes had been enjoyed so much last year, we served them again this year.

Our Cultural Art Day is scheduled from 1 - 3 PM on October 29th. In addition to having articles judged for state competition, we will have people with their show and tell items. We are also raffling tickets for a quilt made by one of our members and assembled by another member. This will be given away on October 29th and the money will go to 4-H. We will be serving lunch of chili, relish trays, cheese and crackers, brownies, cookies, coffee and tea.

Our board is looking forward to the annual Christmas Outing arrange by our Special Activities Director, Dorothy Rogers.

CCHCE has a new web site: <http://cchce.tripod.com>

Millie Hoch, Public Relations

### CHRISTIAN.....

Christian County Board members attended the District IV and V Fall District Workshop at the Decatur Conference Center.

## DISTRICT NEWS



Seated left to right is Roberta Gordon, President; Genova McChristy, 2nd Vice Co-Chairman; Darlene Wilson, Cultural Enrichment Co-Director. Standing left to right is Jean Wattelet, Public Information Director; Deborah Kiefer, Secretary; Helen Hohenstein, 1st Vice Co-Chairman; Berniece Larimore our Treasurer.

Christian County Board has two fundraisers annually. In the spring it is the "Table Setting Luncheon and Plant Sale" and in the fall it is the "Scarecrow Farm Sale". We make all the scarecrows (adult & children). Both fundraisers are a success and we are pleased to do all the work because, it enables us to continue all of our projects for the year.

Our Scarecrow Farm Sale is held during the Chili Fest in Taylorville, October 18 & 19. These scarecrows are all so unique and everyone of them is always sold.

Christian County Board wishes all of you a Blessed Christmas, a very happy, healthy and prosperous New Year.

Jean Wattelet, Public Information

### CLARK.....

The Clark County HCE has been busy trying to keep the ladies active. We held our Fall Countywide meeting with our International lesson on Belgium.

The unit ladies gave parts of the program with much discussion held on each section.

After the study of Belgium, we had an International dinner from Belgium with three kinds of soup to taste, salads, bread, cookies and everyone's favorite, delicious chocolate.

Sharon Davison, our board president, conducted the

meeting with Kay Williams directing the singing of "Shine on Harvest Moon". On display was a flag of Belgium and a large map of Europe showing the location and of its relationship in history of the country.

Carla Gustafson, representing the U of I Extension Service, told of the many activities planned for the fall and early winter months.

Kay Williams showed the making of pillow cases as our Community Outreach project and also bookmarks for the five county libraries.

With the black, gold and red banners decorating the tables, we felt we had really the feel for one of the countries of this great world.

A container for Pennies for Friendship was passed as an incentive for all to cooperate in helping of world projects with a nice sum to add to the units collections.

A large amount of clothing articles, snacks and money was collected for the Heritage Home in Hutsonville for the veterans to fulfill their needs.

What a wonderful day and many projects covered.

Deloris Maurer, Public Relations

### CUMBERLAND.....

Cumberland County Unit "Let's Freedom Ring" The Neoga Homemakers unit of the Cumberland Homemakers Education Association (also HCE) went to great lengths to show their patriotism and support in the Neoga Days parade this past June.

Thirteen members of the unit help assemble a float. Their float represented famous women throughout history. Some of those women portrayed were:

Amelia Earhart, a pilot, who was born in Kansas, on July 24, 1897. She flew over the Atlantic Ocean. She went on 3 flights by herself. Her first plan ride was a ten minute ride over Los Angeles. She broke many records.

She wanted to go around the world, a man named Fred. She almost made it around the world. But the plan crashed and the people never found Amelia and Fred. She was a lost star.



## DISTRICT NEWS

Cumberland, con't

Betsy Ross, born in 1752 in Philadelphia, made the first American flag.

Clara Barton, (1821-1912) was a Civil War nurse and was the founder of the American Red Cross.

Jacqueline Kennedy, (1929-1994), First Lady to President John F. Kennedy.

Women in the Armed Forces.

Rosie the Riveter - (Rose Will Monroe) Rose was born in 1920 and was famous for her role in encouraging women to go to work in support of the World War II effort.

Florence Nightingale (1820-1910) who dedicated herself to improving the care of the sick and wounded soldiers. She was the first woman to be awarded the British Order of Merit.



The ladies took first place for their representation in "Letting Freedom Ring".

Cindy Moses

Phyllis Sowers, President of the Cumberland County Homemakers Education Association (CCHEA) and the board of directors are looking forward to the new year. Four members enjoyed and learned a lot at the District IV and V Fall Workshop in Decatur.

Three members attended the Southern Illinois Craft Camp and recommend more take advantage of this camp next year.

Our Association has a new 792 page recipe cookbook at the printers. Delivery of the \$10.00 "Now and Then" book is expected by Thanksgiving. This book is a collection of recipes from HEA Cookbook long out of print and current favorites. To order a copy call Judy Flake, Ways and Means Committee at 217-923-3377

or send \$14.00 to Judy in care of the Cumberland County Extension, PO Box 218, Toledo, IL 62468-0218

EDGAR.....

Edgar County HCE Summer Activities  
As these photos show, summer days in Edgar County HCE are not just spent sitting on the porch sipping a cold drink.



As this writing, our plans for HCE Week are complete and we are "ready to go". October 19th will be our "Go Red for Women" Style Show; October 21st is International Night; and Craft Day is scheduled for October 25th.

November 1st is our Cookie Workshop.

We are now conducting a membership drive which will conclude with our Membership Tea on December 13th. Each unit will decorate a table using a Christmas theme which will be judge and prizes awarded. Refreshments will be served. It will be a beautiful and enjoyable time for all.

Merry Christmas to all of you from Edgar County HCE.

Betty Porte, Public Information

MACON.....

Macon County HCE had a very busy summer. In June, we baked pies, cakes, etc. for the 4-H Dinner held at the Macon County Fairgrounds.

In August we held our first HCE Rummage Sale, again at the 4-H Building at the Macon County Fairgrounds. Many of our members were there on Thursday to sort out a "ton" of items that members had donated for the

## DISTRICT NEWS

sale. We had a great two days; the TV stations came and interviewed us so we had media coverage. The monies we made from this sale and several bake sales will provide money for scholarships in 2009.



Later in August, we had a booth at the Civic Center in

Decatur featuring "Woman's Day". There were all kinds of businesses that were more or less for women and what a great place to meet the women of Macon County and get our name out. We passed out our lesson schedule and invited them all to attend; and when our individual units met so that they could choose a time that was best for them. With those names collected for door prizes, we sent out a newsletter to them also so that they could see what we do at other times.

September we had a countywide trip to Petersburg and had lovely day. The day was perfect for a trip.

During the second week of October we celebrated HCE Month. We selected lessons that the members would be voting on for the 2009 year, we tied Linus blankets, had a lesson on Valentines to be used by the units in February and a lesson on "Cake Mix Magic". Several of our ladies made recipes from this new cookbook that we printed. They began their recipes with a boxed cake mix and added a few different ingredients and "like magic" had a wonderful new treat. We had tasting stations around the room; our advisor, Mindy Peterson, had a demo on a sugar free cake that she whipped up in just a few minutes (and tasted great too!). That ended a great HCE week and all had a great time of friendship and learning.

The end of October was our Annual Fall Meeting. The new officers were installed by our District Director, Jane Woods. We had an apron display and members wore their favorite apron. After lunch we had a very interesting style show that everyone enjoyed.

Now we're getting ready for a new year with lots of plans and ideas. Have a Merry Christmas and Joyous New Year.

### McLEAN.....

October was designated McLean County Association for Home & Community Education Month. All the activities for the month helped promote HCE and increased our membership. Several Units had posters in their Libraries. The flyer that tells about HCE, and lists the Units and activities for the year, and all the programs and workshops have been given out by members. It has been a good tool in gaining membership.

We committed to making 300 stockings for Operation Santa which would be filled and sent to service personnel at Christmas. Other organizations and groups became interested and over 1100 stockings were made and sent to Operation Santa.

An outreach project to the County is making fleece blankets and quick reversible flannel quilts to give to local hospitals. Fleece blanket patterns have been given out and there was a workshop Oct. 15<sup>th</sup> to teach how to make the flannel quilts, which drew non-members. In January there will be a workshop where we will work together to make more blankets and quilts.

October 16<sup>th</sup> the International Study of Belgium drew over 75 people for a good evening of learning about the Country and culture of Belgium. Debbie Borries, International Director of IAHCCE, presented many interesting facts and showed pictures of different cities which increased our knowledge of Belgium. There were demonstrations of some of their foods. Other members made special recipes too, which we enjoyed sampling. The Truffles were a big hit.

October 22<sup>nd</sup> was the HCE County Fall Trip. Forty-three women and men rode the bus to Moline where we boarded the cruise boat Celebration Belle on a windy, sunny day for a 4 hour trip down the Mississippi. We enjoyed lots of good food, a band that played old time music, and time on deck enjoying the sights along the river. Some people stayed inside and enjoyed the music and visiting, while others ate and then spent time on



## DISTRICT NEWS

McLean, con't

deck. We watched barges pass, watched the birds (including bald eagles), and experienced going through two locks, and spending time in the Pilot House. By the time we disembarked in Muscatine it was windy and cloudy so getting back on the warm bus for the trip home felt wonderful. This trip brought in new members to HCE.

Our Local Leader Lessons, where Unit members come to learn about the lesson to be given in the Unit, are publicized and open to non-members. The Local Leader Lesson Oct. 20<sup>th</sup> was on "Slow Cookers". Non-members read about it and came to the lesson and were pleased with what they learned, and the opportunity to taste different slow cooker recipes.



It has been a busy month, but all of these events have increased peoples understanding of Home and Community Education and is increasing membership.

The Read & Share Group will meet Nov. 17<sup>th</sup>. It is open to the public and is beginning to draw larger numbers.

The Workshop on "Bow Making & Ornaments" is also open and should be of interest to non-members.

Preparations are being made for Dec. 6<sup>th</sup> "Welcome the Holidays", which is open to the public. There will be a soup luncheon and decorated Holiday table settings to view and lots of music.

Sheila Wells, Public Relations

### PIATT.....

Our fundraiser at Farmers' Market in Monticello from June to October was again successful. Customers returned, looking for the HCE booth with baked goods and other items. Units took their turns and the board and at large members were there. Along with good sales, promoting HCE, meeting old and new friends, fellowship was great.

We started the new year with a lesson on apples. We learned of so many different varieties, their best uses

and different opinions of "My Favorite Apple". The training school for the International lesson on Belgium has been held and recipes have been distributed. We look forward to learning about other countries.

Many of our members joined with Piatt County Farm Bureau Prime Timers for a tour of Twin Groves Wind Farms located in McLean County on the Bloomington moraine. With a knowledgeable tour guide from McLean County Extension, we learned so much. A very interesting morning. Check it out. You will be amazed.

Happy Holidays Everyone!

Libby Glasgow, Public Relations

### PRAIRIE ASSOCIATION.....

The Associated Women of the World

Were you aware of the above mentioned organization? Members of Prairie Association in Moultrie and Douglas Counties are learning that pennies do count. Monthly, a penny collection is taken and money sent to the state organization where money finds many programs are developed in underdeveloped countries. The world group sponsors a range of women's food programs which include dairy production, bee keeping, grinding mills, market gardens. Projects also includes digging wells, provide day care centers, aid work shops and many more programs.

October 4, 2008 found Margaret Newberry, Jennett Fair, Ann Kauffman and Evelyn Huffman traveling to Clinton where they heard Ursula Goh, President of ACWW. She was from Malaysia and in her second year of a three year term. The women stated she was very interesting and mentioned more programs than mentioned above. Can you imagine walking three miles to get water then three miles back. Pennies pay for seeds for planting to raise food, learning to sew and to do tailoring.

The President stated people in remote Africa stated they needed two trunks to get produce to market. She states what they really wanted were wheelbarrows. So, the group provided them with wheelbarrows.

Only the Association of Country Women of the World has a representative at the United Nations (UN). So,

## DISTRICT NEWS

one should be proud of all work provided by women from around the world to feed them, cloth them and remain healthy with pennies from local Prairie Association of Home and Community Education in Moultrie and Douglas counties.

Winona Saathoff, Public Relations

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### DISTRICT 6

Sandra Bechtold  
District Director



I hope all of you are planning to attend the Annual Conference at the Crowne Plaza March 3-5, 2009. It's been a pleasure this year attending your programs and annual meetings. I thank you for inviting me to attend and give a small talk. I've enjoyed everyone where I've attended and have always come away with something I didn't know. Seeing all of you is always fun.

I'm still looking for a candidate to take the Director 6 Director position--please contact me if you know of someone.

Enjoy your meetings and lessons. Being with fellow members and friends are always a plus so be sure and invite someone else you know to come along and join in. Take care and have a great day.

*Sandy Bechtold*

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### CLAY .....

The Clay County HEA Board members who attended the District Workshop in Mt. Vernon on August 21st were Bernice Brown, Elaine Todd, Shirley Van Dyke, Phyllis Hale, Connie Wilson and Eula Lewis. Interesting information was given at the meetings that each attended. The meal was very good. The flower centerpieces on the dining tables were given away, one for each county. Eula Lewis received the one for Clay County.

Shirley Van Dyke and Carol O'Dell attended the Craft Workshop in Du Bois, IL. They returned and told of

what they had made.

The County Board members worked for several weeks planning for their Country Store which was at the Kiwanis Building in Flora, October 4th. Sales were down some as many others in the community had stands all over town. This year, only two theme baskets were displayed. Having something at the Louisville, IL Fall Festival on October 25th wasn't considered this year.

The summer meetings of the units seems to have been a little slack, I guess, as I've not received any reports. Some are volunteering at church and the Red Cross.

The new unit, Second Wednesday, is sponsoring a Christmas workshop on November 5th at 1:00 PM at the Farm Bureau Building in Louisville, IL. HEA Board members will be helping by taking food items for sampling and some craft work.

Eula Lewis, Public Relations

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### CLINTON.....

**"Sharing Warmth"**: A Project Linus workshop was held June 3 at the University of Illinois Extension office in Breese. Mary Schmeink from Carlyle planned and organized the workshop with 19 additional ladies volunteering five hours each to help cut, sew, turn, tie and label quilts. About 65 small, beautiful quilts were completed and will be given to young children at area hospitals or during times of trauma. Donita Morris is in charge of the South Central Illinois Chapter of Linus Quilts. If you have time to help or if you would like to donate fabric, batting, thread, yarn, etc., call Morris at 532-4232.



**"Mmm, mmm, good"**: Clinton County Homemakers put a Cookbook together with members' favorite recipes. Over 400 recipes were submitted, bound and printed for sale to all members and friends of the community. 500 Cookbooks were printed and will be enjoyed for many years to come. Many memories and good recipes were shared.

## DISTRICT NEWS

Clinton, con't

**"National H.E.A. Week October 5-12":** To help celebrate, Clinton County homemakers presented the first baby born from the county with a baby blanket



and "Parenting the First Year" newsletters. Krista and Rodney Barger with baby boy, Brayden, and big brothers Kodie and Mason received the colourful "Noah's Ark" theme baby quilt from board chairperson, Toots Tebbe.

**"Christmas in October":** will be held October 30, 2008.

This year the theme is "Snowflakes". Lois Smith, Consumer & Family Economics Educator through University of Illinois, will be presenting "Creative Decorating" and there will be food to sample, raffle tickets to buy and lots of attendance prizes given away. H.E.A. members donated many wonderful handcrafted items for this raffle and it is the only fundraiser for our group. Everyone is also encouraged to bring a toiletry and school item for the needy in the area.

Cindy Niemeier, Public Relations

### FAYETTE.....

Summer has been a long time coming, but maybe it is finally here along with the Fayette County Fair. Most units will be sponsoring a 4-H group. As yet, we don't know how many will visit our groups.

A good time was had by all at our June 17th annual meeting with members coming from 7 units in the county. Two are now together because the size is lower now, but they still have their names in our way of thinking.

Units with a perfect attendance included Vontella McEndollar from Wheatland unit, 45 years; Geraldine Casey of Bingham/Ramsey, 44 years. Many others had perfect attendance for many years, but it is hard to stand up to such records as these two ladies have achieved.

Installed officers for the board are as follows:

Flo Allen, President

Carol Oldham and Irene Reed, Co Vice President

Mary Smith, Secretary

Dorothy Harpster, Treasurer

Karen Denning, Community Outreach

Anita Smith, Family Issues

Janet Lusch, Cultural Enrichment/Public Relations

Shirley Klitzing, International

The Homemaker of the Year Award went to co-members Dorothy Harpster of the St. Peter unit with a total of 51 years of service and Elizabeth Kasten from the Sefton unit. She has served faithfully 34 years in Madison County and 6 years in Fayette County. These two are shining examples of what a homemaker should be.

The unit of the year was also shared this year by two deserving units. These were Wright's Corner and Sefton.

Sandra Bechtold, our District Director was kind enough to attend and install the officers after an inspiring talk. We will miss her when she retires.

This year Fayette County homemakers and also Vandalia unit sponsored a child at the Town and Country Art Show at the Fayette County museum in Vandalia. Youth from communities entered art work to be judged. In the 4-12 year division, eight youths entered 20 pieces. In the 13-17 year division, six entered 22 pieces of art.

This year our county gas voted to just charge members in nursing homes \$3.00 fee instead of the usual annual dues.

HCE buttons have been distributed and members are asked to wear them in their daily routines to advertise HCE. There has to be women that would join us. It is just necessary to find them.

Another October is upon us. It is always busy for HCE women. Last night, Fayette County ladies gathered in St. Elmo for the annual International Night. The weather was nice and a good crowd was available.

Debbie Borries was good enough to come over and give a nice slide presentation on Belgium. She had a pretty sample of Belgium batten burg lace to share with us.

## DISTRICT NEWS

Corn Day in Vandalia this year was a nice day also. Used pamphlets from our lessons and bookmarks from the Vandalia Unit were put out on display urging people to take what they want. We hope this is another way of getting word out about our projects.

Several units are busily having baby showers for the Lighthouse Pregnancy Center, gather for the health Department children, items for veterans, items for the food pantry and other causes. Hopefully all of us are making a difference.

Vandalia Day member, Vi Bare was surprised to learn that she had won a second place ribbon in Rochton, Ontario Fair for her red on white quilt that she had given her twelve year old pen pal. Hope Schneider, Vi's pen pal, entered it to her surprise. Hope wanted to share it with others.

Janet Lusch, Public Relations

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### JERSEY.....

HEA members in Jersey County have been going to the same meetings for over 77 years, and while the meeting structure, people and organization name has changed over the years, they keep coming back

There are still 8 Units in Jersey County and these women gather monthly at their meeting places. While they enjoy chatting with one another, this is not why they congregate. These women are there to learn and to share knowledge. Each month they delve into and discuss a different topic, such as health, food, exercise, family, home and education. Past lessons include Finding Your Get Up and Go (procrastination) and Soups to Make Your Grandmother Proud.

77 years ago, people in rural areas did not have the opportunity to go to school and learn like people in urban areas. Longtime members of HEA feel they have gained some valuable life skills, like mastering sewing skills, the recipe books have expanded and they continue to learn more about their community in which they live.

These women care about the community and work hard to do their part. They make blankets for local hospitals and nursing homes, collect canned goods for the local Food Pantry, sponsor families at Christmas, work with the Riverbend Humane Society and collect school supplies for the area schools.

Sandra Bechtold, President of the Jersey County Homemakers Education Association and Elizabeth A. Schwab, Publicity Director are geared up for National HEA week during October. During the second week of October, HEA members aimed to increase awareness of the association. Displays and posters hung in store windows, and members took extra time to talk about HEA with family, friends and neighbors.

Most people don't know what HEA is. Sponsored by the University of Illinois Extension, the association's name has changed since its inception. HEA has been referred to as Home Bureau, Home Extension and Homemakers. These initials, nobody knows what they are and the local women are working to change that.

The local HEA had several events including International Night October 16 at the Jerseyville library meeting room at 6 p.m. Greece was this year's country of study. Marietta Bates, International Director of the Elsay Unit planned an armchair tour of Greece, given by Gloria Hohrman. A light supper was served. The public was welcome.

Elizabeth Schwab, Public Relations

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### MADISON.....

When you receive this newsletter, our Christmas in November will be history. We hope those that attended had a very enjoyable time. The board members worked hard on making it a fun evening. Thanks to Board President Marilyn Korte who keeps us focused and encourages us as we work on our Christmas In November project each year. As this one comes to a close, we will be planning our event for 2009!

Wally Fischer, our International Director, did a wonderful job talking about Belgium. The audience enjoyed her stories and information regarding this country. The evening was complete with delicious tastings that represented Belgium. Thanks so much Wally for a fun and entertaining evening.

Vi Huebner invited Gloria Blechle to entice our creative juices by offering a Creative Packaging and Bow making seminar on October 28th. Gloria was full of creative ideas that encouraged using items and recycling things we have in our homes. Gloria was a great example of going green. Her ideas were creative



## DISTRICT NEWS

Madison, con't

and beautiful as well as fun to do.

Shirley Plunk, Cultural Enrichment Director, had a creative craft day on September 29th. Some cute ideas were passed around. It was a fun way to spend a rainy day.

Our G.R.O.W. unit had an Informational Tea hosting a light supper. As a result they recruited six new members. Great job G.R.O.W. They are living up to their name. Also, we have had new members added from our other units. Keep up the good work.

On November 18th the Prairie Club will host an annual event. Their program includes a presentation from Norma Shaffer of TIP Hospice in Alton on Hospice Care. Evie Meyer will speak on the various help programs offered by a Senior Care Facilities. Hamel Unit is assisting Prairie.

All the clubs have projects of community importance going on whether it be making Linus blankets, contributing to food banks, turbans for hospice, care bears, collecting Purina Weight labels for an animal shelter, etc.

We in Madison County want wish all of you a very Merry Christmas and Happy 2009. Look forward to seeing you at the Annual Conference in March 2009.

Gloria Hartmann, Public Relations

### SHELBY.....

In September, the Shelby County Unit Int'l. Chairmen came to an International Night and tasted good Belgium foods. Thanks to all who helped make the night a success. Unit Chairmen take back the recipes and will be studying Belgium in November meetings. I encouraged all units to try the food—I worked hard to be sure the foods are great and will be a good addition to a family's normal fare.

We are planning another night for "Five Wishes: Living Wills and Advance Directives for All Ages" in November. The speaker will be a clinical ethicist from the Clinical Ethics Center for Memorial Health System in Springfield, IL. Contact them if you are interested in obtaining this FREE program for your county.

## DISTRICT 7

Treasa Brookman  
District Director



District Seven is holding our own in the deep south. Many counties are holding fall events, International meetings, participating in parades, getting the word out about HCE/HEA.

Monday Oct. 20<sup>th</sup> found us holding a mini-district meeting. Twelve of the 18 counties were represented. We discussed how to fill out the various end of the year reports, such as County of the Year Form, Best of Show and Educational Display, various President Award categories, CVU hours form, Support Fund, Mini-Stipend, 50 Year Member form, Great American Family application, and etc.

We discussed the up-coming Annual Conference March 3-5, 2009 and what each county needs to bring to conference, such as, centerpiece and banner. I asked for volunteers to apply for Community Outreach and International directors, The Pampered Chef sales were discussed and books handed out.

Joy Richey, Franklin County Director came in and discussed why there was a need to pay educators for coming to a county and how we might raise funds to pay the needed fees.

We all left the meeting thinking about many things, how we were going to keep better track of our activities and fill out the forms to be recognized. Our members need to know they area appreciated for all that they do.

We can't wait for our spring meeting get together and bond some more. Look out here we come!

*Treasa Brookman*



## DISTRICT NEWS

### FRANKLIN.....

Franklin County has certainly been bus this past summer and fall. We have been busy with the downtown Benton Square Care Cruises during each of the summer months and even into October.

We, along with Extension Service and Williamson County HEA, hosted a bi-county Family Issues Up-Date Day on October 28th. It was held at the Bond Street Baptist Church, and we were happy with the attendance. It was up from last year. The two counties take turns hosting this special day. We begin with each board member bringing bread or muffins for a n early morning snack before we get down to the day's business. Two of the classes held were "Going Green" and "Apples". The McDaniel Family Band treated us to some gospel music, old history music and even popular tunes of yesterday and today. We even had a local history lesson after lunch.

Christmas Ideas Day and the Health Fair is our most popular and longest running (33 years) project. It is always held on the first Saturday of November at the Benton Civic Center. It seems to get bigger each year. We applied to our local tourist bureau for help in advertising and they have been coming through with enough money to help us advertise area wide. People from seven counties signed our register. Over 800 people came through the doors for a wonderful day of crafts, gifts, food and entertainment. We had over 50 craft booths. Our health fair is important to us and to our customers. We open very early for the flu shoots and blood work done by the VNA and the local hospital. Many other health related organizations participate in this day. It seems we maybe outgrowing the civic center! We do not charge admission - but do ask everyone - if possible, to bring something for the food pantry.

All is well in Franklin County. We hope to renew old acquaintances and make new friends at the 2009 Annual Conference. By the way, Linda Boeke and her husband came down, from way up North, to help at Christmas Ideas Day. I don't know how many years they have been down to Southern Illinois to stay with Loma Baxter and help out at Christmas Ideas Day. We often see other state officers at this big event. It's too late for 2008, but why not plan on bringing a car or us load of people to our event in 2009. We welcome all, or

any of you, who might like to visit Southern Illinois - especially Franklin County.

Margaret Duncan and Barb Spencer  
Co-Public Relations

### HAMILTON.....



Helen Miller, International Director and Mc Leansboro Mayor Dick Deitz, Pennie Anselment, Hamilton County HEA President

What a lovely time of year to enjoy being with family and friends. The Hamilton County HEA "Family" has been enjoying some good times together. We have had excellent attendance for our lessons. We teamed up with our county garden club to learn more about seasonal landscape care. Then HEA members enjoyed taking a trip down memory lane to high school home economics days as we held a "hands on" microwave cooking class in the school food lab.

Our International Chairman, Helen Miller planned a lovely International Day during HEA week. We sampled Spanish food and enjoyed an excellent program on Spain by the state International Director, Debbie Borries. HEA week and Make a Difference Day come in the same month and our organization donated a week's worth of snacks for Head Start children and lap robes and feeding bibs for the local nursing homes.

Hamilton Co HEA held a workday this last Fall and made "potato bags" to be sold at our Fall Festival. They are great for baking potatoes and sweet corn and sold like hot cakes. We also had a drawing for a beautiful flower garden quilt.

Our HEA members hit the road in November as Tillie Miller, Cultural Arts Chairman, planned a trip to

## DISTRICT NEWS

Hamilton, con't

Grand Rivers to the Badgett Theater to see a Christmas Spectacular Show, Branson Style and enjoy a great dinner out.

Hamilton County HEA is also "showing their style" in the Second Annual HEA Style Show and Luncheon. Members and their daughters and granddaughters are modeling the latest styles. With all this going on, we have gained 10 new members and are looking forward to adding even more in 2009!

Susan Johnson, Interim Publicity Chairman

### JEFFERSON.....

We've been busy!! The Jefferson County Fair is held in July and then the 1<sup>st</sup> weekend in August (this year the date was August 2<sup>nd</sup>) the 4-H holds an annual BBQ at the city park. HCE helps them in their efforts. Each unit donates cakes, pies, cupcakes and/or cookies to be included with each meal they sell to the public. HCE members also help serve food and we set up an area where we sell tickets for our annual Quilt Raffle to be held in November.

Next was the Fall Workshop, August 21<sup>st</sup>, held at our local Holiday Inn in Mt. Vernon. What a great day this was! I personally had a lot of fun! I learned so much from our PR/CVU training session. I also had the opportunity to talk to Sharon Middleton, I can honestly tell you she is a great role model. While I struggle to find the time to get just this short report done she has to put all of them together for the entire state.

September was just as busy. Southern Illinois Craft Camp was held the 11<sup>th</sup> for Jefferson County. I was unable to attend because of prior commitments but have heard that those that did, enjoyed the day. The President's Advisory meeting was held on the 10<sup>th</sup> at which time we learned what everyone learned at the Fall Workshop and learned how to become a 'Soldier's Angel'. Learning what and how to send items to a soldier fighting for our country. Next in September, we held another Linus Blanket Day. This was the best day all month! I did not attend the last Linus Day as I don't sew. Then....I found out that all I needed to do, to help was be able to tie... I CAN do that! I had so much fun and the whole time I was helping someone else. My

personal thanks to Imogene Lamczyk our Community Outreach Director for the threats... oops! I mean encouragement to come and help. We also donated cakes and cash to the Jefferson County "Toys For Kids" fund raiser held this month.

We all allowed ourselves to breath for about 1 week and then October was here. For most HCE members October means HCE week. Our "Week" started on October 11<sup>th</sup> with a make and take craft day. Those attending painted ceramic coasters. Sunday, October 12<sup>th</sup>, was 'Go to Church' day. Monday, October 13<sup>th</sup> was 'Take a friend to Lunch day' (what a hardship). Tuesday, October 14<sup>th</sup> was International Day. What a great day this was! The Jefferson County Board supplied foods made from Belgium recipes and our guest speaker was none other than our 'State International Director, Debbie Borries'. She was not only fun but very interesting and informative. The food was good also. (I truly think this was the best International Night I've ever attended.) Wednesday, October 15<sup>th</sup> was take 'Lap Robes to a local nursing home day'. Thursday, October 16<sup>th</sup> was 'sign up a new member for \$5.00 day'. Friday, October 17<sup>th</sup> was 'Tell about Quilt and HCE - Sell and Buy Quilt Raffle tickets day'. We also honored the 1<sup>st</sup> child born (Jimmy Williams Jr.) in Jefferson County during HCE Week with a gift and to his mother (Latreese Rinheart) a one year membership to JCHCE.

November started off with a bang!! On November 1<sup>st</sup> we held our annual fund raiser. This year we planned a Flea Market with a Chili and Pie Luncheon. It was held at the Don Lee Extension office. The units were also afforded the opportunity to have a table so that they might also make money. I saw flea market items, fresh produce, baked goods, cakes, pies, candy, new craft items, a food basket raffle, and a local JCHCE member who sells "Pampered Chef" brought in many items for a 'cash and carry' sale, donating a portion of her profits back to JCHCE (we had it all!). Our hours were 10 a.m. to 2 p.m. People for the Flea Market started coming in @ 8:30 a.m. and we sold out of Chili before 1:15 p.m. At this time I can not report as to how all the units represented did on their individual sales but if they can be judged by what my unit did - they did GREAT. It was a great day to have fun, enjoy good food, visit with members from other units, see and visit with old friends and make new ones. At the end of the day (2 p.m.) We held our Annual Quilt Raffle - this year it was won by a

## DISTRICT NEWS

local woman. All in All, I'd have to say the day was a **TOTAL SUCCESS!!**

During the past few months we've also been busy going over our current County By-Laws for updates to be voted on at our next annual meeting.

Now it's time to take a short breather before the rush of the Holidays hit us.

Wishing everyone a Blessed Thanksgiving and Christmas Season,

Marge Wilcox, Public Relations

### PERRY.....

September has brought new changes starting with our name change. We are officially Perry County HCE instead of HEA. We have a theme of being healthy for the year. Reports are being filed in our monthly newsletter from various parts of Perry County about things seen on a trip around the borders of the county. Besides walking around Perry County (86 miles) by exercising and walking, 43 people have joined the fun in losing weight with our Biggest Loser Contest. We kicked-off and weighed-in Monday, September 22. The contest will be 12 weeks long and 6 weigh-ins in places like the city park, McDonalds and Wal-Mart will compare everyone's progress. The individual with the highest percentage of weight loss at the end will earn the crown of HCE Biggest Loser, a cash prize and other goodies. Let the losing begin!!! As President Jane Chapman said, "Say goodbye to your easy chair and get moving."

Holiday Ideas Day will be November 6 with the theme "Snowflakes."



District Meeting  
at Mt. Vernon  
August 21

Left to right: Alberta Woodside, Carolyn Bathon, Jane Chapman, Sue Robinson, Irene Dixon, Frances Milam,

Anne Tabing, Rita Stewart, Elaine Vancil. In front: Sara Tanner, Family Issues Director, who has lost and kept off over 100 lbs. She is leading the Biggest Loser contest.

Carolyn Bathon, Public Relations

### PULASKI-ALEXANDER.....

I have to start off with the great news about our antique road show event called "What's It Worth?". We held it at the Grand Chain Lodge on the river and the weather was so accommodating. Several of our guests strolled on the deck and around the lodge to watch the river traffic and enjoy the sunshine. We set a limit of 100 guests and had to turn people away at the door. Each person brought up to 3 items to be appraised by Jerry Snook, a "retired" antique dealer, and our tables were packed. Our brunch was prepared and served by our ladies and it was amazing. What a spread! The lodge managers were gracious and accommodating and even asked for a couple of recipes. Channel 6 News from Paducah with Mike Mallory, the morning news man, and his cameraman, kept everyone entertained throughout the day. We were able to watch ourselves the next day on the noon news program. The most exciting news is that we netted more than \$500 for our Scholarship Program Fund. As the guests left, they all commented to "do it again."

We are having a beautiful fall in the deep south (Southernmost Illinois). Our counties lie on the confluence of the Ohio and Mississippi Rivers. The magnificent Delta Queen steamship stopped in Paducah and Cape Girardeau this week and gave us opportunities to see her for her last voyage. Congress is being asked to change the requirements for ships her size. Because of her wooden construction, she will be docked. What a sad story for one with such historic value to our American Heritage.

It seems that we see so many changes going on around us and events we have never experienced before. I am so glad we have not been dry-docked because of our appearance or inabilities. Getting older does not mean slowing down when you are a part of HCE. Our International Luncheon was another opportunity for learning and tasting. Belgium is a country of varied flavors and languages and peoples. We were delighted at all the unique and delicious dishes we shared. Brussels sprouts have taken on a new part of my life. I

## DISTRICT NEWS

Pulaski/Alexander, con't

really like them now. Thanks so much to Agnes Thurston, our International Director for her many years of dedication and doing an amazing job in that position. One of our Pulaski Unit members, Shirley Stringer, brought her sister-in-law, Louise Stringer from Everett, Washington to the International Luncheon, and she won the door prize.

Our AJMPU (Alexander, Johnson, Massac, Pulaski and Union Counties) Unit Director, Jody Johnson, joined us for lunch, as well as the girls in the offices. It is always a treat to visit with them, and Jody filled us in on so many things happening in our area and Springfield. We are looking forward, as I write this, to the one day lesson-learning convention on November 1st in Anna. We will learn lessons for next year. Lots of planning and discussion went into this event, and it should prove to be educational and informative. Lots of door prizes and vendor booths will be a part of the day, also.

Several of our ladies helped prepare meals for the Mound City National Cemetery Preservation Committee spaghetti dinner recently. Funds are raised every year to care for the cemetery and the caretaker's house. More than 300 meals were served.

Our Shawnee Unit and the Grand Chain Civic Club work hand in hand in so many events, and they are too numerous to mention.

With the holidays upon us, Thanksgiving brings a time to count our blessings. We truly wish you all happiness and lots of family togetherness. Invite someone to have lunch or dinner with you, and you will feel truly blessed. So many families are suffering and not able to afford their needs, let alone what they "want", so warm your heart and their tummies at the same time.

I pray everyone who reads this letter will receive a special blessing and gift this Christmas. And I am not talking about perfume or jewelry or a toaster. Christmas is about giving, and HCE is the "givingest" organization I know.

Our Shawnee Unit will be lunching at the Historical Magnolia Mansion in Cairo for their Christmas meeting. If you have never been there, please take the few minutes to get off the expressway to visit.

I want to thank all the officers who have been so great to me as I have struggles with being new at this and with my husband's declining health. You are the best. Thank you for all your hours at the fair, the 4-H events, the Grand Chain Days, selling cookbooks, preparing the meals, delivering to the homeless shelters and animal center, and just listening when needed. It has been a great year.

Suzi Jordan, Public Relations

### SALINE.....

Saline County had a Perfect "Week-End for the Past to the Present Festival September 27-28, 2008. The weather was fantastic. The Festival is sponsored by the County Homemakers Education Association.



Saline County chairman, Barbara Lambert and "Past to Present" chairman, Elizabeth Woodworth were very pleased with the large crowd that attended the Festival. Admission was only \$1.00 per car and a can of non-perishable food. The 4-H clubs parked the cars and collected the money and food. The food will be distributed among the needy food pantries in the County. Our County unemployment is at 10%. This tells you a lot of people in our County are without work and need help. We can see this at the Soup Kitchens that Homemakers work at as well as food pantries.

At 4-H achievement night, Homemakers Education will present the Club with a monetary gift of \$500.00 to support the 4-H and for their hard work and time.

The pork rind, popcorn, funnel cakes, Bar-B-Q, chili, biscuits and gravy and all the food was real tasty and smelled so GOOD.

There were a lot of free things to see and participate in along with several demonstrations and projects to make. The potholder weaving class also taught weaving head bands and making bracelets. This was

# DISTRICT NEWS

popular to the girls as there was always a crowd at this table.

There were free wagon rides around the Fairgrounds, several games for small children to play and a large petting zoo with a lot of farm animals and their babies. A free farm tour with getting a sample of butter handmade from cream, pick apples from a tree and gather eggs from a nest. This was a highlight for the children 10 and under. This was a wonderful two days of family fun for the community. There was something for everyone. Washer pitching for adults along with different groups singing, flea markets and a lot of crafts for all Holidays. We certainly need more of this in our area for the family. If the economy doesn't get better, this may well be a way of recreation instead of TV and TEXT phones.

We're praying that each of you enjoy Good Health and Happiness for the Holidays with your family and friends.

Georgia Murphy, Public Relations

## WASHINGTON.....

Washington County Home Community Education Association members attended the Southern Illinois Craft Camp at Du Bois, IL September 9th. Several crafts, boat rides and lunch were enjoyed by all.



We celebrated HCE Week with the signing of the proclamation by our County Chairman, David Meyer and our County HCE President, Mary Jane Corners.



October 5th, we placed flowers in churches, insets in the bulletin describing our organization were sent and members wore their HCE pins.

Monday, October 6th, members attended an International program on the country of Belgium with a tasting bee, pictures and discussion of the country. A display of HCE activities was in the window at radio station WNSV 104.7 FM, Nashville, IL

Tuesday, "Senior Citizens Day" as members remember them with calls and cards.

Wednesday, "Students Day" we sent a care package, card or cookies to college students.

Thursday, "Veteran's Day" visits and cards and cookies were given to veterans in our nursing home and hospital.

Friday, "Office Staff Day" we thanked our staff for their cooperation by serving lunch and flowers for the office.

Saturday, "Family Day" we thanked our families for their cooperation.

A quilt was quilted at the office and displayed at several events with raffle tickets sold. The quilt winner will be announced at the County Christmas Special Program, November 10th, 6PM at the Hoyleton Community Club Building, Hoyleton, IL. The theme is "Deck the Home". A presentation by Carol Schlitt on holiday baking and Eileen Twenhafel, owner of "Just for You" will give a demonstration on wreaths and swag decorations. A tasting bee of holiday salads and a gift exchange of Christmas ornaments will be held.

Our wish for a Happy Thanksgiving and a Merry Christmas!

Adeline Blumhorst, Public Relations

## WAYNE.....

Hello from Wayne County!  
Wayne County HEA held an International Night on January 28th at the Extension Office in Fairfield. The country studied was Greece - complete with authentic Greek food for sampling. Debbie Borries, IAHCE International Director, was the guest speaker. Debbie had shared recipes with the County Board and these were prepared for the sampling. Some of the recipes were Debbie's mothers which she had acquired from a



## DISTRICT NEWS

Wayne, con't

very good Greek friend who happened to be originally from Fairfield.

January is also the month for the annual Women's Winter Workshop which is sponsored by the Fairfield National Bank. Approximately 235 ladies from Wayne and surrounding counties met at the Community of Christ Church for a day of interesting speakers and a delicious meal prepared by the ladies of the church.

March brought the IAHCE Conference in Effingham. Wayne County was represented by Shirley Byars, Rosalee Pearce, Marie Rutger, Mary Lou Simmons and Pat Vaughan. A President's Award was given to Rosalee Pearce for Wayne County's Community Outreach project in the area of Environment. Marie Rutger, chairman of Wayne County HEA board, was honored for 1000+ volunteer hours. Mary Lou Simmons received an Honorable Mention award for her achievements in the monthly craft club activities.

The yearly fundraiser was held in Wayne City on April 26th. This is held to help us meet our obligation to the U of I Extension as well as other expenses. Members donated fruit pies and Steve Erhart prepared the pork chops. This year the profit was approximately \$816.00, with \$600.00 of this sent to the U of I Trust.

The Wayne County HEA 65th annual meeting was held at the Extension Office on Monday, April 28th. Members and guests enjoyed a meal of baked potatoes and all the trimmings and cookies for dessert. A Book Fair was held with left over books being donated to The Clothesline and Fairfield Memorial Hospital Auxiliary Gift Shop. An exhibit of craft items along with the directions and some demonstrations was a highlight of the evening. Treasa Brookman, District 7 IAHCE Director, was on hand to install the officers for the coming year.

On Saturday, May 3rd, Wayne County HEA participated in the Frontier Community College Literacy Fest. This is a fun day filled with activities and information for families with children up to five years of age. Our donation of books and a plush frog was in conjunction with the theme "Leap into Learning". We have participated in some way each of these 17 years.

All of the 4 Wayne County HEA Board members attended the District 6 and 7 Fall Workshop on August 21. The workshop was held at the Holiday Inn in Mt. Vernon. Each member came back with loads of good ideas.

Wayne County had two International Nights this year. We decided to change the January night to an October night for the future. On October 20th, our International Night was held at the Extension Office in Fairfield. The country for the year was Belgium. Debbie Borries, IAHCE International Director was the guest speaker. Debbie gave an outstanding program on the culture and cuisine of the Belgians along with beautiful pictures on the screen and an interesting display. The County Board members prepared and served Belgian recipes which Debbie had shared with the County International Chairman. Fifteen HEA members and guests were present to enjoy the program and the food. Mrs. Ellie Maroon, President of the Illinois Association for Home and Community Education, was also present. Ellie gave a very interesting talk on membership. She also explained the functions of the Associated Country Women of the World and Pennies for Friendship.

Our HEA members are looking forward to attending the Family Issues Update which will be held at the First Christian Church in Carmi (White County). The topic for the day will be "Protect Yourself, Your Home and Your Family". Family Issues Update is sponsored by U of I Extension in Hamilton, Wayne, White, Edwards and Wabash Counties along with Fairfield National Bank and Hamilton Memorial Hospital.

On October 16, 2008, Wayne County HEA celebrated a "Make-It Take-It" craft activity in two sessions (afternoon and night). There were advertisements in the paper and on radio for members and nonmembers to attend the sessions. Kits were available with supplies and directions for crocheted necklaces from Trellis or Matrix yarn, wooden cross made from spring type clothes pins, accordion photo album and a Christmas star ball made from two different fabrics and a Styrofoam ball. Everyone who attended made one or more of the projects. Some wished they had more time for more projects.

Each month the Cultural Enrichment chairman, Mary Lou Simmons, has planned a heritage skills project for

## DISTRICT NEWS

the Craft Club to do. Some projects have been crocheted neck scarves, knitted neck scarves, crocheted hats, all occasion cards, appliqué handwork on tea towels, chenille pillow, 1 inch round necklace made with 30 small round beads and a witch made from paving blocks.

This year for our Community Outreach project, Wayne County HEA decided to collect food for our local food bank, Wabash Area Development, Inc. April 28th at our HEA annual meeting, the ladies brought many bags of groceries to be delivered that week. Later in September coinciding with our cookbook lesson, again the ladies were very generous and we delivered another trunk full of goodies. Our HEA Board donated money in October to buy cake mixes, ramen noodles and cornbread mix. We closed the project on October 20th with our International Night program with emphasis on personal care items. It was a very successful project.

Pat Vaughn, Public Relations

### WHITE.....

Greetings from Southern Illinois!  
Our HCE Home Extension is celebrating our 68th year in White County. We have six units and 106 members. This past spring, our Cultural Enrichment chairman, Ludene Taylor, planned a Heritage Day on February 20th. Everyone attending was asked to bring their own tea cup. Various teapots and tea cups were on display. Board members supplied all the food. The Country Kitchen Band from Mc Leansboro provided the entertainment.

The Community Worker from our Youth, Judy Bingmon, organized and headed the 4-H Pork Chop Dinner in March. Our HCE members helped by buying, selling tickets, and each unit provided two desserts. About 875 people were fed.

On April 26th, our Ways and Means chairman, Doris Stinson, set up our fifth annual Salad Luncheon and Style Show. For the luncheon, each HCE member brought a salad. The clothing and jewelry was provided by Carnaby Square in Fairfield. We fed approximately 200 people. Our ten models were all members of Home Extension.

Throughout the year, members contribute articles that are needed by our servicemen in Iraq. We recently sent boxes to veterans from White County.

Ludene Taylor, Cultural Enrichment, made 24 bibs for residents in our local skilled nursing home, Wabash Christian Retirement Center.

HCE week will be celebrated from September 28th through October 4th. International Day will be September 30th and our ladies will make six dishes from Belgium for tasting. Those attending will bring potluck dishes.

On October 24th, we will have our 4th annual Fish Fry. Last year we fed about 610 people. Our members and husbands help prepare the food and make all the desserts. 4-H members help us by cleaning off the tables and carrying trays of food for people needing help. The Fish Fry and our Salad Luncheon and Style Show are our two money makers for the year.

In November on the 14th and 15th, Carmi will be having the White County Christmas Celebration. On the 15th, Home Extension will have a booth at the L. Haas Store and have a Chocolate Taste Off.

We are gradually increasing our membership. We are 106 ladies who are hard working and very dedicated to HCE.

Carol Bell, Public Relations



## **2009 NVON CONFERENCE**

**JULY 13-15**

### **BELLEVILLE, ILLINOIS**

Are you looking to revitalize your life? Maybe get away from the hustle and bustle you encounter every day? Do you need to slow down and smell the roses?

We are all faced with many challenges, deadlines, and expectations in all facets of our lives. So often we forget to treat ourselves to a few hours or slowing down and reflecting on where we are and where we would like to go. Within the 200 acres that make up The National Shrine of Our Lady of the Snows you can certainly find Peace, Tranquility, Hope, and an Opportunity to recharge the battery. Amongst the many devotional areas and the beautiful landscape of the Shrine of Our Lady of the Snows your mind can find rest and your body can find revitalization.

Add the fun, knowledge, enjoyment from the workshops, seminars, business meeting, speakers, entertainment, friends, and you will be ready to return to your home with new energy.

You can take the all day tour on Monday, July 13<sup>th</sup>, or stay on the grounds and enjoy craft workshops, a trolley tour of the grounds, lunch at the restaurant on the grounds, relax, and enjoy dulcimer music and then "Laugh with Liz" as we all need to laugh each day. In the evening we will have an indoor picnic provided by Illinois and "Abraham Lincoln in Song."

Each evening after the dinner and entertainment we invite you to socialize in the breakfast area of the hotel. You can visit, play cards & games, have snacks, and become better acquainted.

On Tuesday morning we start with the NVON business meeting. Spouses/friends can decide where they would like to go for the morning as suggestions and maps will be available such as Cahokia Mounds, near Collinsville, which is the largest archaeological site related to the Mississippian culture and at one time was the most important center for the peoples known today as Mississippians whose settlements ranged across what is now the Midwest, Eastern, and Southeastern United States. The site is composed of a series of manmade earthen mounds. There are other sites to visit in Illinois or there have been some inquiries about the ARCH in St. Louis which is only 15-20 minutes away.

On Wednesday morning we continue with the NVON business meeting. Spouses/friends can drive to a large hog operation and then a large farming operation with guides at each place and be back in time for lunch.

**WE LOOK FORWARD TO SEEING YOU IN ILLINOIS!**



## National Volunteer Outreach Network

Annual Conference

July 13 – 15, 2009

United for a Better World - "Cultivate the Mind-Harvest the Future"

Our Lady of the Snows – Belleville, Illinois 62223-1023

Hosted by: Illinois Association for Home and Community Education

**Registration Information:** The full registration fee includes lunch and dinner on Tuesday and Wednesday and Monday Evening ILLINOIS NIGHT Picnic, courtesy of University of Illinois Extension and Illinois Association for Home and Community Education.

**Room Reservations:** Must be made with Our Lady of the Snows, 442 South De Mazenod Drive, Belleville, IL 62223-1023, phone: (618-397-6700 or 1-800-682-2879). Room Rate: \$72.32 including tax for 2 queen size beds, 1-4 people. Be sure to mention you are with NVON to receive conference rate.

Rooms are also available at Ramada, a short distance from Our Lady of the Snows, at Route 159 and I-64, Fairview Heights, IL 62208, phone: (1-800-947-0317). Room Rate: \$76.59 including tax for 2 double beds, 1-4 people. Be sure to mention you are with NVON to receive conference rate. At either place, they will accept reservations for Saturday/Thursday at the same rate when making your room reservations. They both have a deluxe continental breakfast. **There is no parking fee.**

**Cut-Off Date:** Cut-off date is June 12, 2009. After that date the hotels will release the block of non-booked rooms to the public. Rooms booked after June 12<sup>th</sup> may receive conference rate if rooms are available.

**Check-In/Check-Out:** Check-In time is 3:00 p.m.; Check-out time is 12:00 noon.

**Airport Transportation:** Metro Link comes from St. Louis Airport to near the hotels. Indicate on your registration if you need to be picked up near the hotels and provide the needed information such as day – time – and exact stop (Fairview Heights).

**Swimming pool:** There is no swimming pool at Our Lady of the Snows. Ramada does have a swimming pool.

**Dietary Restrictions:** Include any necessary dietary request with your conference reservation. If you have any dietary concerns before sending your reservation, please contact the conference chairman.

**Workshop & Seminar Registration:** Choose the class you would like to attend in each of the time periods by placing the numbers 1, 2, or 3 (indicating 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> choice) in the space before the selection. Omitting the 2<sup>nd</sup> or 3<sup>rd</sup> choice will *not* insure placement in 1<sup>st</sup> choice. Classes will be filled as registrations are received.

**Workshop and Seminar Fees:** Craft Workshop and Seminar fees will be collected at the session door.

**Registration Confirmation:** If you would like to receive a registration confirmation please include a self addressed stamped envelope or your email address with your registration.

**Conference registration deadline is: June 12, 2009.** *Your fee may be transferred but not refunded.*  
Be sure to bring along a new item for the "Pennies for Friendship" Silent Auction.

Additional Information contact: Kathryn McNeely (309-473-2283)

E-mail: [kamnvon@verzion.net](mailto:kamnvon@verzion.net)

Make check payable to: IAHC/NVON 2009 Conference

Send registration to: Peggy Ostermeier, 5057 Alpha Rd., Chatham, IL 62629

E-Mail: [peggyostermeier@gmail.com](mailto:peggyostermeier@gmail.com)





# National Volunteer Outreach Network

- Annual Conference -

United for a Better World – “Cultivate the Mind, Harvest the Future”

July 13 – 15, 2009

National Shrine of Our Lady of the Snows – Belleville, Illinois 62223-1094

Hosted by: Illinois Association for Home and Community Education

**Please Print Or Type**

**Registration Deadline: June 12, 2009**

Name (One Form Per Person) \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail address: \_\_\_\_\_

Member \_\_\_\_\_ Guest \_\_\_\_\_ First Time Attendee \_\_\_\_\_ E-mail Registration Confirmation \_\_\_\_\_

**Include a self addressed stamped envelope if you would like a written registration confirmation.**

Choose the class you would like to attend in each of the time periods by placing the numbers 1, 2, 3 (indicating 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> choice) in the space before the selection. Omitting the 2<sup>nd</sup> or 3<sup>rd</sup> choice will *not* insure placement in 1<sup>st</sup> choice. Classes will be filled as registrations are received.

**Monday Tours:**

- 9:00 – 4:30 All Day Tour
- 10:00 - 11:00 Trolley Tour of Grounds
- 1:00 - 2:00 Trolley Tour of Grounds

**Monday Entertainment:**

- 2:00 – 3:00 Dulcimer Music
- 3:15 – 4:15 Laugh with Liz

**Craft Workshops:**

**Session #1 – Monday, July 13<sup>th</sup> 9:00 – 10:15**

- Necktie Handbag
- Folded Star
- Tenerife Embroidery
- Wheat Weaving
- English Paper Piecing

**Session #2 – Monday, July 13<sup>th</sup> 10:30-11:45**

- Recycled Denim Angel
- Folded Star (continued)
- Tenerife Embroidery (continued)
- Wheat Weaving (new or continued)
- Needle Wool Felting with Llama Fibers

*Workshop Fees will be collected at the session*

**Trolley Tours, Tuesday, July 14<sup>th</sup>**

- 9:00 a.m. Trolley Tour of Grounds (30)
- 10:00 a.m. Trolley Tour of Grounds (30)

**Seminars: Tuesday, July 14<sup>th</sup> 2:00 – 3:00**

- Simplify Your Life
- With Eyes Open, A Southern Girl Goes to
- Travel Along the National Road
- Comparing Fad Diets – The Good, The Bad
- What's Your Credit History Score?

**Seminars: Tuesday, July 14<sup>th</sup>, 3:30 – 4:30**

- How Food Affects Your Mood
- Motivation and How It Relates to
- To Iraq and Back
- Hummingbirds From the Egg to Flight
- What's In Your Diet?

**Seminars: Wednesday, July 15<sup>th</sup> 2:00 – 3:00**

- Caring for the Caregiver
- Projects! Blessings or Disasters?
- Finding Your Get Up and Go
- Forgiveness: The Gift You Give Yourself
- China: A Trip of a Lifetime

**Seminars: Wednesday, July 15<sup>th</sup> 3:30 – 4:30**

- Likes and Differences, Group Membership
- AKWAABA: Greetings from Ghana
- Put the Fun in Fundraiser
- Beyond Brainstorming: enhancing idea generation
- Human Trafficking

**REGISTRATION FEES:**

Full Registration	\$110.00 \$ _____
Monday, July 13	\$ 55.00 \$ _____
Tuesday, July 14	\$ 55.00 \$ _____
Wednesday, July 15	\$ 55.00 \$ _____
Late Fee (after June 12)	\$ 10.00 \$ _____

*Registration Fee required to participate in tours*

**TOUR FEES:**

All Day Tour (Monday) \$ 40.00 \$ \_\_\_\_\_

**Spouse/Friend Tours:**

Plan Your Own Tour (Tuesday) Own transportation \_\_\_\_\_  
 Visit Hog Operation & Large Farm Own transportation \_\_\_\_\_

**TOTAL FEES:** \$ \_\_\_\_\_



## National Volunteer Outreach Network 2009 Conference Schedule

United for a Better World  
"Cultivate the Mind; Harvest the Future"

July 13 - 15, 2009

Our Lady of the Snows - Belleville, Illinois

Hosted by: Illinois Association for Home and Community Education

### Sunday, July 12th

1:00 p.m. - Conference Committee Meeting  
3:00 - 8:00 p.m. - Registration in Visitor's & Conference Center  
After 3:00 p.m. - Set up State Displays in Conference Center  
5:30 p.m. - NVON Board & Delegate Dinner and Board Meeting  
9:00 p.m. - Conference Center Closed and Locked

### Monday, July 13th

Anytime - Set up State Displays in Conference Center  
6:00 - 9:00 a.m. - Complimentary Deluxe Continental Breakfast for those staying at Our Lady of the Snows & Ramada  
8:00 - 5:00 p.m. - Receive Silent Auction Items  
8:00 - 5:00 p.m. - Registration in Visitor's & Conference Center  
8:00 a.m. - NVON Board Meeting  
9:00 a.m. - All Day Tour Leaves - Lunch included \$40  
9:00 - 10:15 a.m. - Craft Workshops  
10:00 a.m. - Trolley Tour of Grounds  
10:30 - 11:45 a.m. - Craft Workshops  
1:00 p.m. - Trolley Tour of Grounds  
2:00 - 3:00 p.m. - Dulcimer Music  
3:15 - 4:15 p.m. - Laugh with Liz  
6:00 p.m. - Illinois Night with picnic and entertainment "Abraham Lincoln in Song" Chris Vallillo of Humanities Council  
9:00 p.m. - Conference Center Closed and Locked  
After program - Socialize in breakfast area of hotel

### Tuesday, July 14th

6:00 - 6:30 a.m. - Early Morning Walk  
6:00 - 9:00 a.m. - Complimentary Deluxe Continental Breakfast for those staying at Our Lady of the Snows & Ramada  
7:30 - 8:30 a.m. - Registration in Visitor's & Conference Center  
7:30 - 8:30 a.m. - Silent Auction Open  
8:30 - 6:00 p.m. - Trade Show Open in Hall & View State Displays  
8:30 a.m. - NVON Conference Opening Session and Business Meeting  
9:00 - noon - Tour for spouses/friends Plan your own tour, maps available  
Plan a trolley tour of the grounds, visit Cahokia Mounds near Collinsville, or visit the St. Louis Arch  
9:00 a.m. - Trolley Tour of Grounds  
10:00 a.m. - Trolley Tour of Grounds  
12:00 Luncheon - Style Show  
1:30 - 5:00 p.m. - Silent Auction Open  
2:00 - 3:00 p.m. - Seminars  
3:30 - 4:30 p.m. - Seminars  
6:30 p.m. - Dinner, Entertainment "Progressing Through the Century with Women" Nancy Briggs, Christian County Extension  
9:00 p.m. - Conference Center Closed and Locked  
After program - Socialize in breakfast area of hotel



**Wednesday, July 15<sup>th</sup>**

6:00 - 6:30 a.m. - Early Morning Walk

6:00 - 9:00 a.m. - Complimentary Deluxe Continental Breakfast for those staying at Our Lady of the Snows &amp; Ramada

7:30 - 8:30 a.m. - Registration in Visitor's &amp; Conference Center

7:30 - 8:30 a.m. - Silent Auction Open

9:00 - 5:00 p.m. - Trade Show Open in Hall &amp; View State Displays

9:00 a.m. to noon - Spouse/Friend Tour to hog operation and a large farming operation

9:00 a.m. - General Session - Speaker, Joel Strack "From the Farm to Fantasy Land" (He will focus on stories that are both funny and poignant, and speak from his 4-H days to his 25+ years at Walt Disney World in Florida.)

12:00 Luncheon - Speaker - "ACWW" by Louise Nichols

1:30 - 3:30 p.m. - Silent Auction Open

2:00 - 3:00 p.m. - Seminars

3:30 p.m. - Silent Auction Closes

3:30 - 4:30 p.m. - Seminars

4:30 - 5:30 p.m. - Pick up Silent Auction Items

4:30 - 5:30 p.m. - Take down State Displays

6:30 p.m. - Closing Banquet &amp; Entertainment by Ken Bradbury, pianist/entertainer

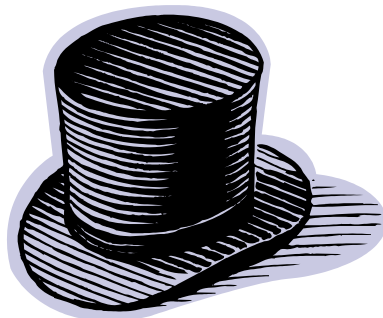
9:00 p.m. - Conference Center Closed and Locked

After program - Socialize in breakfast area of hotel

HAVE A SAFE JOURNEY HOME!

Make checks payable to: IAHCe/NVON 2009 Conference  
 Send Registration to: Peggy Ostermeier, 5057 Alpha Road, Chatham, Illinois 62629  
 E-mail: [peggyostermeier@gmail.com](mailto:peggyostermeier@gmail.com)  
 Conference Chair: Kathryn McNeely, Phone (309) 473-2283  
 E-mail: [kamnvon@verizon.net](mailto:kamnvon@verizon.net)

# Happy Birthday, Mr. Lincoln and IAHCe!





IAHCE 2009  
REPORT FORMS AND APPLICATIONS

A	B	C	D	E
FORMS	PAGE #	WHO FILLS IT OUT	SEND IT TO	DUEDATE
1				
2				
3	10	County 2nd Vice President	District Director	5-Jan-09
4	11 to 12	County 2nd Vice President	State 2nd Vice President	31-Jan-09
5	13	County 2nd Vice President	State 2nd Vice President	31-Jan-09
6	16 to 17	Unit 2nd Vice President	County 2nd Vice President	1-Dec-08
7	18 to 19	County 2nd Vice President	State 2nd Vice President	31-Dec-08
8	21	County Secretary	State Secretary & District Dir.	30 Days after Elections
9	27	Cty. Cultural Enrichment Dir.	State Cultural Enrichment Dir.	15-Feb-09
10	27	Cty. Cultural Enrichment Dir.	State Cultural Enrichment Dir.	15-Feb-09
11	31 to 33	Nominated Family	State Family Issues Director	1-Jan-09
12	38 to 39	Person Applying	State International Director	1-Dec-08
13	41	Person Applying	State International Director	1-Oct-08
14	42	County International Director	State International Director	15-Jan-09
15	47	Individual	State Newsletter Editor	None
16	48	Individual	CWC Treasurer	None
17	52	County Education Directors	State Education Directors	15-Jan-09
18	54 to 55	Individual	Chairman of Nominating Comm.	1-Oct-08
19	58 to 59	Individual	State Secretary	1-May-09
20	64 to 65	Individual	Support Fund Chairman	1-Jun-09
21	75 to 76	Individual/County Chairman	State CVU Chairman	31-Jan-09
22				
23		Individual	State Cultural Enrichment Dir.	1-Jan-09
24				
25	<b>Just a reminder that forms need to be filled out and sent to the appropriate person and when. Check your Gray Guidebook</b>			
26	<b>for more details</b>			
27				
28				

→ **Subscription to IAHCE Newsletter** ←

**1 Year Subscription - \$6.00 - Three Issues**

Mailed in May - August - December

Deadlines - April 1, July 1, November 1



Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Telephone w/Area Code \_\_\_\_\_

County \_\_\_\_\_ District \_\_\_\_\_

New \_\_\_\_\_ Renewal \_\_\_\_\_ Address Change \_\_\_\_\_

E-mail \_\_\_\_\_

**Mail to:**

Sharon Middleton  
1190 Chelsea Way  
Decatur, IL 62526

Telephone:  
217-877-7229

E-mail:  
itole2@sbcglobal.net

Checks to: IAHCE

**ILLINOIS ASSOCIATION FOR  
HOME & COMMUNITY EDUCATION**

Sharon Middleton  
Public Relations Director  
1190 Chelsea Way  
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