

ILLINOIS ASSOCIATION  
FOR HOME AND COMMUNITY EDUCATION

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# NEWSLETTER

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## IAHCE.....

IAHCE WEBSITE

[www.iahce.org](http://www.iahce.org)

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# BEEN COOKIN' 90 YEARS!

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## From the Desk of the President

Greetings to all,



I hope you had a beautiful fall, a blessed Thanksgiving and now we are ready to begin baking, decorating our home and shopping for our families and friends for Christmas. As I write this, it seems so far away but each year, it is here before you realize it.

I was greatly honored to represent Illinois IHCE at the Associated County Women of the World Triennial Conference in Chennai, India. It was certainly a long trip to get there but what an adventure! Joan McEachern and I were the only two from Illinois. I must tell you that I was so excited with the opening ceremony. All the flags of each country present from around the world were carried in by young women in saris and young men provided the music. It was exciting to see our USA flag carried in. There were about 40 people from several states representing the USA. We wore red, white and blue clothing and matching scarf each day of the conference. There were women from all over the world at this conference. I have so much to tell you about the country, the people, and their culture.

Please let me know when you would like for me to share this wonderful experience with you and your county. One thing that would help me to be able to share with more of you, is to have a joint session with your neighboring counties, but, I will come for any meeting you plan.

Be sure and review all of the conference information that will be sent out in a packet the first of December. There will be delegate registration, and information to be a facilitator or volunteer at conference. There will be information on nominees running for an office, but, if someone wants to apply for a position, according to our bylaws, you have until 24 hours before the business meeting at conference to provide your credentials. There are messages from the conference chairs and officers with deadlines. There is also a very important bylaw proposal that you should discuss with your board and your delegates. Please stress to your delegates that they must attend the business meeting to vote on these important issues.

I cannot close without reminding you that it is very important for each county to work on membership. It is important for our organization. If each one of us would invite one person to attend a IHCE function and encourage them to join, what a great year IHCE would have. Please ask someone!

I hope you and your family have a safe and blessed Christmas. Remember the reason for the season.

Blessings,

Marilyn Daughhete  
IHCE President



## EXECUTIVE BOARD



### 1st VICE PRESIDENT Treasa Brookman

As I wind down my term on the board, we still have some things to do. March Share Shop will find us condensing the topics the counties have sent down to six (6) in the areas of Nutrition & Wellness, Family Life and Consumer Sciences.

A new system of obtaining "Lessons for Living" from Extension will be discussed. In fact, a Share Shop will be held for the Lync system. Educators will be able to show themselves with a web cam and HCE members may type questions in the comment box and the Educator will answer them. Really exciting!

The new 1<sup>st</sup> Vice President will present to you at District Workshop the lessons chosen for 2014-15 after the educators decide from the topics we have chosen.

You still have the opportunity to apply for office on the IAHCe Board. You have asked for two candidates for each position and now is your chance to come forward or, you can get your credentials in on Monday of Conference and be nominated from the floor.

Conference will be March 18-20<sup>th</sup> at Decatur Convention Center & Hotel. Plan to come, renew old acquaintances, make new friends and learn about IAHCe.

*Treasa Brookman*

### 2nd VICE PRESIDENT Kathryn McNeely

Please encourage **all** of your county members to attend the 90<sup>th</sup> IAHCe Conference in Decatur. They may gain knowledge or more interest attending the various functions and may be willing to serve on your county board or even the IAHCe board in the



future. I hope your membership reports to the District Directors by January 5 at the latest, will show an increase of members in your county. Your county received a form earlier and it is also in the Guidebook.

Again, if you need 25 or 50 year membership awards or any other special awards before August District Workshops, please let me know before the March 18-20 Conference, so I can prepare and bring them to Decatur.

See you on March 18-20, 2014, in Decatur at the Decatur Convention Center and Hotel.

May all of you have a prosperous New Year!

*Kathryn McNeely*



### SECRETARY Donna Richards

It was great to see you at the District Workshops in August. The Treasurer and I will be doing a share shop at the Annual Conference in Decatur in March 2014. Look forward to seeing you then. Please plan to attend and enjoy your Conference.

I would like to urge you to read the "Secretary's" packet you received at the District Workshops. I believe the sheets contained in the packet will help you with many of your questions.

Also, I would encourage you to refer to Robert's Rules of Order (Newly Revised), (11<sup>th</sup> ed.), pages 468-473.

I plan to include a sample of minutes in my March 2014 Secretary packet. Hopefully it will be of help.

Any questions, please feel free to send me an e-mail at [dsrichards001@hotmail.com](mailto:dsrichards001@hotmail.com)

Thanks,

*Donna Richards*

## EXECUTIVE BOARD



**TREASURER**  
Jane Chapman

As I write this it is a rainy fall day but a much needed rain to replenish the soil reserve, ponds, lakes, and streams. The fall has been lovely for harvest but until recently the colors have been short. We are just now starting to see the lovely colors of a fall and it is almost November.

Just a few short notes to keep in mind as the end of the year approaches;

- ◆ Membership reports are due to the district directors by January 5, 2014. Membership numbers are the number of breathing members you have on December 31, 2013.
- ◆ Payment of membership dues, if paying at the \$3.00 rate, must be postmarked by December 31, 2013. Payments made after that deadline are payable at the new \$5.00 per member rate and must be postmarked by January 15, 2014. A late fee of \$15.00 is assessed if the postmark date is after the January 15<sup>th</sup> date.

Keep in mind the membership number you turn into your District Director and the number of members you pay dues on must be the same number. We do cross check the numbers with one another. You must pay your dues in a timely manner to be eligible to have voting delegates for your county at the Annual Conference.

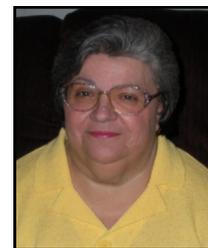
I write this rather sadly as this is the last one I will be writing; my terms of Treasurer are up and I will be leaving the board. I have thoroughly enjoyed serving as your State Treasurer. I am sure over the years I have disappointed some of the membership but I feel I did the best job I could. I always try to give at least 110% when I attempt an assignment. I think serving on the State Board is an honor and an obligation as a member of HCE.

So, as the song goes, "Happy trails to you, until we meet again!". Happy holidays and a blessed New Year to each of you!

*Jane Chapman*

## EDUCATION COMMITTEE

**COMMUNITY  
OUTREACH**  
Marge Wilcox



Greetings,

Hope everyone enjoyed District Meetings this year.

I really enjoyed them, many of you were familiar faces but there were some new ones also. You all shared so much. This gave us all some new ideas to think about and make us more successful in our drives.

Never be afraid to ask a question or make a suggestion. We are a great organization – only YOU and can make it better.

Hope to see you all at Annual Conference in March,

*Marge Wilcox*



**CULTURAL  
ENRICHMENT**  
Peggy Long

It was so nice to see so many of you at the District Workshops.

I really enjoyed all the little craft items you brought, we have some amazing talented people.

Annual Conference is coming up, along with the time to start preparing all of your end of year reports. Remember to send me your entries for Cultural Enrichment Show (formerly Best of Show) postmarked by February 15<sup>th</sup> and your Education Award Reports postmarked no later than January 31<sup>st</sup>. Again this year, your items must be preregistered, or let me know ahead of time if you can't make that date. Send them to *Peggy Long, 2990 Knox Hwy 3, Altona, IL. 61414*, any questions - email me at

[pnjlong@otelmail.com](mailto:pnjlong@otelmail.com) or call 309-483-6594. Remember I can't use my cell phone in my house so all my calls are long distance, please try to do as much with e-mail as you can.

## EDUCATION COMMITTEE REPORTS

### Cultural Enrichment, con't

At our board meeting in October, we decided to change the name from BEST OF SHOW, to CULTURAL ARTS SHOW. Several of you have told me you don't like the title "Best of Show", that the winners are the best of show, so now we will have best of show at our CULTURAL ARTS SHOW. Again this year, you can enter eight (8) items, one of which can be a quilt. We will be accepting items all day Tuesday, but we will start voting when we reopen after lunch, so get your items in as soon as possible. Don't forget that there were changes to the Guidelines for the Cultural Enrichment Show - kits are now allowed and the size limit for all categories is now 24". Items that can be folded to the 24" size will be allowed.

Please bring craft items again to our workshop along with the directions. I have been trying to put all my Cultural Arts Directors e-mail addresses in my computer, then after I get the directions I will e-mail them to everyone. If you haven't received an e-mail from me by now, I would say I don't have your address. E-mail me along with your county name, if you would like to get the e-mails.

We have several Make-It Take-It items (page 10 in the registration section) this year, but we can use more. If you would like to do something, let me know. I need a picture and the cost of the item and we will post it in the Cultural Arts Show room. Thanks so much to all of you for sharing your talents with all of us.

I hope you have been working on your Operation Write Home cards for the soldiers and the Halos of Hope cancer caps. Let me know how it is going and if you have a good project you would like us to work on, let me know.

Thank you to the HCE members that have helped make my first year enjoyable. I am still learning and will keep learning as we go along. See you in March.

*Peggy Long*



### FAMILY ISSUES

**Norma Korte**

Happy Fall to each of you! The crops have been late this year. As I am writing this article, we are still harvesting corn and beans. Despite the late season, we have been very thankful for the good crop this year.

I have just returned from the IAHCE State Board meeting. The 90<sup>th</sup> IAHCE Celebration being planned will be a good one to attend! If you have not been to the State Conference lately or not at all, this is the one to visit and celebrate what has been accomplished over the first 90 years. Make plans to attend!!

I will be presenting the award at conference for the largest percentage weight lost by a county. I hope to receive more applications this year for the Family Issues Education Award. Applications can be found in the Guidebook on page 52 and the instruction pages on 30, 49-51. The Family of the Year application is on pages 31-33. Make sure you have them to me by January 31.

During the District Meetings in August, I shared with you the many ways you might be more aware of what you eat and how much salt or sugar you are consuming. Exercise, of course, is always helpful for weight loss, but it also helps those muscles and joints to move more freely. You were given a list of possible charitable walks you might participate in or activities to challenge yourself. I am staying with the same line of challenges for the 2014 State Conference, but presenting another topic that we need to learn more about. I plan for a representative of the Alzheimer's Association to present a program in the Family Issues share shop. He will be giving important information to help us learn the different signs to be aware of, and how we might be better caregivers.

See you in March!! From the Korte family,  
Merry Christmas & Happy New Year!

*Norma Korte*

## EDUCATION COMMITTEE REPORTS

### INTERNATIONAL Pat Weitzmann



What a great time I had at the District Workshops in August. Everyone that attended the International Share Shop, did exactly that --- Share. Special International Event speakers, food preparation options, displays, sites and publicizing were freely discussed. Participants described their own International Director positions in words like “educator”, “event planner”, “cheerleader”, “fund raiser”, “creative writer”, “researcher”, “publicist”, “cultural liaison”. ACWW’s Women Walk the world activities and plans were discussed also. I challenged attendees to “make 2014 a year of real fun and growth in Illinois for Women Walk the World”. There was contact information exchanged among Share Shop attendees also.

Bev Earnhart, ACWW Area President-USA, was thrilled with the box of 208 greetings from IAHCE members she took to the ACWW Triennial Conference in September. Thanks to all of you who wrote a greeting on an index card during the District Meetings. And, thank you for the \$345.35 collected for Pennies for Friendship during the District Meetings.

It was my pleasure to provide each county a CD with a PowerPoint presentation on South Africa. County International events started in August. There will be county International events going on through early March 2014. Bravo! Bravo! Bravo! to those who plan and participate in these events. They are educational and fun. International events can also be used to attract new members.

District Directors have copies of two new informational sheets I’ve prepared: Simple Budget (for a Mini-Stipend Request) and Women Walk the World Event Guidelines. The 2014 Country of Study will be announced at the upcoming IAHCE Annual Conference. The 2015 Country of Study will be announced at the August 2014 District Meetings.

Thank you to all the counties that send me their newsletters. I am continually impressed by the variety of activity, creativity and outreach by IAHCE members in every county. I often say to my husband “Read this...It’s great “ or “I didn’t know that”. We try some of the recipes shared in the newsletters too.

**January 31, 2014** Deadline for mailing IAHCE Education Award and Mini-Stipend Award Forms to me. Please refer to pages 42 and 49-52 of the IAHCE Guidebook for details.

My life has been enriched in 2013 by having the opportunity to work with IAHCE members on “International” education. I hope that your life has been enriched this year by someone or something. May God bless you in this holiday season and in the days and years to come.

*Pat Weitzmann*

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### Nancy Remmers

1944-2013



It is a sad note that we write about Past IAHCE Board member, Nancy Remmers. Nancy passed away on November 10, 2014. Services were held November 14, 2014 in De Land, IL.

Nancy served on her own Piatt County Board as President, held several offices on the IAHCE Board, offices on the NVON and Secretary of CWC, and even on our worldwide organization, ACWW.

Condolences may be sent to her husband and family at: 228 E. 1900 North Road, Weldon, IL 61882

# EDUCATION COMMITTEE REPORTS

## PUBLIC RELATIONS Sharon Middleton



District Workshops are a great way to meet the other members of our great organization! It was so nice to see so many there and really listening to the information that the IAHCE officers had for you to utilize when you return back to your counties. Don't forget to go over that information, the ladies really take a lot of time assembling those packets for you.

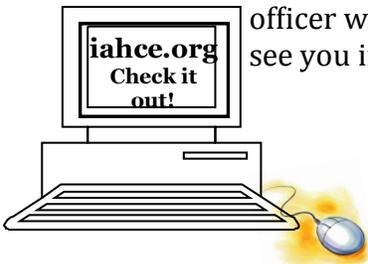
Your county Presidents have received a packet from the IAHCE Secretary giving you much information on the upcoming conference being held in Decatur, IL on March 18-20, 2014 at the Decatur Conference Center & Hotel. Also in this issue, you will have the complete registration forms, share shop list, everything to register for this upcoming conference. All members of IAHCE are invited to attend. Not just officers! There are 45 classes to choose from....something for everyone.

How fast does seven years go? Mightily fast is all I can say. It has been such an enjoyable position serving on the State Board as your Public Relations Director. I've met so many lovely ladies from all over the state. I'll miss each and every one of you. That's what is great about the conferences that we have yearly. I will get to see all of you during those conferences.

Continue promoting HCE throughout your counties, whether it be by newspapers, flyers, press releases, things we have discussed during my years as your Public Relations Director, but especially by "word of mouth". New members mean we will be in business another 90 years.

Be sure to welcome the new Public Relations officer when she is elected. And I'll see you in Decatur in March!

*Sharon Middleton*



## CVH/SALES Karen Halicki



What a year this has been! It was good to see so many of you at the District Workshops. Thank you for all the volunteering you do!

Please be sure to get your 2013 hours to your County CVH Director so they can get them to me before January 31, 2014. The earlier the better! The County CVH Director may e-mail them to me. It worked out great last year for those that can. Keep the names in alphabetical order if you can, it really helps me when I post them.

Sale items are available anytime just e-mail, call or drop me a note. Check out the website to look at them. I can also have them ready at Annual Conference for pick up.

Thank you for all your volunteering at the Annual Conference last March. It's that time again to think about coming to the 90th Annual Conference to be held in Decatur this coming March. We can always use Volunteers! Our organization is so much about volunteering! Thank you!

I just wanted to thank everyone for their help and friendship these last 3 years. I have enjoyed being on the board. I feel everyone should do their part and be on the State Board sometime in their life. We are so different yet so alike.

*Karen Halicki*

### *What are Volunteers?*

Volunteers are like Fords, they have better ideas.  
 Volunteers are like Coke, they are the real thing.  
 Volunteers are like Pepsi, they've gotta have it.  
 Volunteers are like Dial Soap, they care more; don't you wish everybody did?  
 Volunteers are like VO5 Hairspray, their goodness holds in all kinds of weather.  
 Volunteers are like Hallmark Cards, they care enough to give the very best.  
 Volunteers are like Standard Oil, you expect more and you get it.  
 But most of all, Volunteers are like Frosted Flakes, They're GRRRRRREAT!!

From Washington County, Adeline Blumhorst

# REPORTS

## BOARD HAPPENINGS

- Bylaw committee worked on proposals to submit to the membership
- Nominating committee interviewed prospective candidates for state office
- Held surprise baby shower for Jenna Smith, our Extension Liaison
- Approved a budget to be voted on at conference, difficult as unsure how many counties will pay before the end of the year
- President reported on trip to India
- Education Committee updated committee handbook
- Discussed Membership Survey. It is hoped that each county will use the results of the survey to better understand how these results can help them develop plans for the coming year
- Annual Conference Chairs reviewed committee progress made for the March, 2014 conference

## ACWW TRIENNIAL CONFERENCE

The ACWW Triennial Conference was held in Chennai, India. Chennai is a port city on the southeast coast of India. A very busy city and also known as the silk capital. The population was 17,000,000 people with about 5,000,000 vehicles. The cars were the small size cars but there were many motor bikes weaving in and out of the cars and buses. I closed my eyes many times as I did not think we could squeeze through the traffic without colliding with a bike or car. I felt we were close enough to perhaps shake hands with the people on the other bus at times. They were unable to travel at a high speed because of the number of vehicles but everyone seemed to be ok with that and waited for the traffic to move. There were also many people walking along the side of the road.

We were taken by bus from our various hotels to the Convention Center each day. It was very exciting to see the city come alive each day. It was exciting to be your representative at the conference. I saw and met many women from all parts of our world. Everyday during the business meeting, we heard of presentations to

help improve the lives of young girls and women in such need of help to make their lives safer and healthier. Many resolutions were passed to be taken to the United Nations by the ACWW representative to encourage other nations to also work to improve the life of young girls and women.

The conference was 8 days long. After conference, I traveled with several others for a 5 day bus tour of different parts of India. We left Chennai and traveled to the cities of Delhi, Agra and Jaipur. We saw many amazing sights, met many people and tried many dishes.

I have a lot of pictures to show you and much to tell you about their culture and country. I look forward to sharing this with you during 2014.

Marilyn Daughhete  
IAHCE President

Here is just a taste of the photo presentation when Marilyn speaks at conference and the counties that have already contacted her to present her adventures in India.



## REPORTS



During the October board meeting in Decatur, the board members ate supper at the local Bob Evans Restaurant. The reason this is newsworthy is the fact that a board member, Sharon Middleton, has a 11 month old grandson, Crosby Hoots, who was born with a diseased liver and was placed on the liver transplant registry when he was only about 3 months old. Crosby is being treated at Barnes Children's Hospital in St. Louis. There is an organization named COTA to assist families with fundraisers.

There have been many fundraisers to help with the medical costs of his treatment. So the board was anxious to help out as a percentage of our meals went to this worthwhile cause. If you would like more information about Crosby and COTA, please check out the website: [www.cotaforcrosbyh.com/](http://www.cotaforcrosbyh.com/)

The board along with Crosby, his parents, and both sets of grandparents ate dinner together that evening. Please keep Crosby and his family in your prayers.

Marilyn Daughettee  
IAHCE President



Thanks to all of you that have inquired about Crosby. We are still waiting for his transplant. He is doing well as of now.

Also a big Thank You to those that have donated to COTA for Crosby to help defray costs of the upcoming transplant.

Grandma Sharon



### U OF I EXTENSION LIAISON Jenna Smith

Hello! It's hard to believe the holidays are upon us and even harder to believe that I will soon be holding our new little baby boy who is expected to arrive in mid-February! Thank you for all the warm wishes; my husband and I are especially thankful this holiday season.

I have a few updates I would like to share. First, University of Illinois Extension has a new Director and Associate Dean (to replace the retirement of Dr. Hoeft). Dr. George Czapar officially started in October. During the 1980s, Dr. Czapar was in the Extension Service of Iowa and Illinois, working in the areas of integrated pest management and weed science. From 1991-2010, he was an Extension Educator in Springfield (with me!), and during the 2010-2013 he served as Director, Center for Watershed Science, Illinois State Water Survey, Prairie Research Institute, at U of I. We welcome him back to Extension!

Also, I've prepared a standard news release for your lessons and events, which you may use and localize to your unit. This can help promote your lessons, events and your organization! Treasa Brookman has sent these news releases and tips sheet to all 1<sup>st</sup> Vice Presidents. Plus, don't forget to get your program ideas for Extension lessons to Treasa. They must fit into one of these three categories: Consumer Economics, Family Life, or Nutrition and Wellness. At the Annual Conference in Decatur, the 1<sup>st</sup> Vice Presidents will narrow the selection down to six.

Since I will be on maternity leave, I will miss the Annual Conference in Decatur this year. It saddens me to miss out on all the fun! But Extension will still be present as I have lined up two fellow Educators to stand in my place and teach a share shop and speak at the business meeting. Hope you have a great conference, and I look forward to seeing all of you again at the next District meetings!

*Jenna Smith*  
*Extension Liaison*



## **DISTRICT 1 DIRECTOR Marilyn De Vries**

Hello Everyone!

Summer is gone. Annual meetings are over and now it is time to look forward to Annual Conference. It is March 18-20, 2014.

Come and enjoy - we have the Cultural Enrichment room where you will see many ambitions. The Share Shops are a time of learning and fun. Bring a friend and make it more fun!

The food is good and plenty of it. We'll have the Annual Meeting and there you may learn who someone else is. You'll get to see our President and she has done a great job.

Christmas is coming, so Bless each one, have a Merry Christmas and a Happy New Year!

*Marilyn DeVries*

### **HENDERSON.....**

Greetings from Henderson County. The last newsletter I was hoping the rain would stop, but after a hot dry summer I'm hoping it will rain.

Summer was a busy time for H.C.E. members, volunteering at our county fair as well as all community events that take place in the summer.

Henderson County H.C.E. members attended the District Workshop held at the Wildwood Baptist Church in rural East Moline on August 22<sup>nd</sup>. Our members worked at the registration table. We enjoyed the Workshop and received much information.

We held a county get together for all H.C.E. members in September at the Gladstone Community Building. Board members served a light lunch. We updated members on future plans for H.C.E. Mary Alice Huntoon gave a talk

on 75 years of Henderson County. Trudi Lefler demonstrated the water filter system.

Coral Seitz gave the program on fabric and the quilt shop she recently opened in the old bank building in Oquawka.

We held our annual bake sale at Weir Fruit Farm during Heritage Trail Days. It was a big success. Eldaline Brown was the lucky quilt winner. Proceeds from these events help sponsor our gifts to school scholarship, New Years baby, 4-H projects, Veterans Homes and West Central Schools.

Members will be volunteering at the Stronghurst Christmas Walk and the Oquawka Lighted Christmas parade.

We pray for a safe harvest and Happy holidays to all.

Beverly Alecock  
Public Relations

### **ROCK ISLAND.....**

It's the season for falling back into a routine and adjusting to the new weather patterns we experience, as well as the change from Daylight Savings time to Central Standard time. Change is one of the biggest challenges that we incur many times a year, a month, a week, and a day in our lifetime. Change for Rock Island County has found us meeting the challenges head-on.

Our new county board of directors have been trained and passed the training on to local leaders in each unit. New local leader lessons have been ongoing. "Grandparents Have an Important Role in a Child's Life," and "Managing a Gluten Free Diet" have been taught and passed on to units. "Finance Tips for Retirees in Today's Economy" was given at the county office and "Breads for the Holidays," which was taught by our local council, was held at Christ Church.

Very special activities have also kept us busy. Donations of time and treasures contributed to "Homeless Veterans Stand Down Days," where veterans can attend and have many needs

## DISTRICT NEWS

### Rock Island, con't

resolved. Keith Bonnstetter, once again, presented a fall paper cutting workshop where attendees made their fall paper cutting of a scarecrow, acorn, jack-o-lantern, turkey, and leaf.

The Cultural Enrichment Awareness Day on October 12<sup>th</sup> was well attended with a very large display of quilts, crafts, recycled items, photography, wear-able art, crocheting and knitting, and wood and nature crafts. Winners will be taken to the State Annual Conference in March. Decorations were cleverly made depicting the quilt theme. The program, "The Art of Delicious Desserts," presented by Nutrition and Wellness Educator, Kristen Bogdonas taught all of us the differences between cobbles, crisps, brown bettys, buckles, pandowdies, crumbles, slumps, clafoutises and grunts. We did learn that fruit and sugar are contained in all of them. Following the food lesson, Donna and Garry Lanman presented "His and Hers Quilts." We were able to see and hear about thirty quilts that they have made and the stories behind their origin. This exciting and fulfilling morning was finished out with a yummy salad/dessert luncheon.

We now look forward to painting a "Mini Barnquilt" on November 2<sup>nd</sup> where one-foot square boards will be painted with a quilt pattern using acrylic paints. Also in November, one of our largest fundraisers will be held at the Playcrafters Barn Theater. The play, "The Miracle Worker," will be the feature of the evening, which is preceded by an abundance of tasty hors d'oeuvres and beverages that play-goers look forward to each year.

The fall of the year 2013 has presented a great deal of educational experiences for all who partook of them.

Lucille Mumma  
Public Relations

### WARREN.....

The Warren County HCE met for its Annual Meeting October 17, 2013 celebrating our 85<sup>th</sup> anniversary. Using the theme, "The Many Hats of HCE", attendees came decked out in hats. The program on hats was provided by Carol Parish of the Warren County History Museum. The tables were decorated with hats representing new and also more traditional roles of women.

The Vets from Rock Island Veteran's Outreach Center came to tell us of their appreciation for donations from Warren County HCE units towards the personal needs of local veterans. In addition, Christmas stockings were handed out to be filled by HCE membership to give to local veterans and distributed by the Outreach Center

Warren County HCE Board members were installed by Shirley Campbell using the theme of hats to describe and assign the jobs of each officer.



In attendance and wearing hats gaily were two of our oldest members...still active 64 years Irma McIntosh and Lucille Poling 67 years of membership.

Individual and unit awards were announced and distributed.

Hats off to Nancy Housh and Gretchen Allert for all their hard work pulling everything together!

Barbara Pearson  
Public Relations



## DISTRICT NEWS



### DISTRICT 2/3 DIRECTOR Angela Hicks

It was very encouraging to see 12 of the 13 counties attend the August District 1-2/3 Workshop in August. We are currently working on a location for August, 2014 that is more centrally located for both Districts.

I would like to encourage each of you to continue to seek new members throughout the coming months. It is important for the success of our organization to gain members. Remember the contest District 2/3 is having—the county that gains the most new members will win the quilted casserole cover and dish along with some other prizes. This prize will be the county's to do with as you please—maybe have a drawing between your new members or raffle it at one of your meetings, however you please!

My goal for 2014 is to visit all 13 counties in District 2/3. May you have a successful search for new members through your lessons and programs!

Happy Holidays and see you soon at the 90<sup>th</sup> Annual Conference in March 2014!

*Angela Hicks*

### Du PAGE.....

Du Page County had a busy late summer and fall season. Members enjoyed lunch out at Juicy O's Restaurant in Downers Grove, followed by a tour of Lombard's Historical Cottage.

Ten members attended the District 2/3 Workshop in East Moline.

Our update and potluck took place at the Du Page County Fair Home Economics Building. The theme for the event was "A Stitch in Time",

featuring antique sewing items that were on display. A silent auction of sewing materials and other items were offered to benefit our Scholarship Awards.

Winners of this years scholarships were Kia Williams of Aurora and Marcous Phillips of Willa Park.

A few members joined Kane County HCE for a delightful fall bus trip to Raven Stone Castle in Harvard and afterwards a delicious luncheon in town.

The September lesson "Managing a Gluten Free Diet" was given at the Extension office.

A very productive card making workshop, at the Extension office, produced 227 cards for the veterans at Hines Hospital and 150 children's book marks for the local library.

An interesting and informative lesson "Finance Tips for Retirees in Today's Economy" was given at the Extension office in October.

In October, members enjoyed their delicious luncheon at the Bohemian Crystal restaurant in Westmont.

Members continue to attend monthly quilting class, UFO (Unfinished Objects) and Quilts for Kids Project.

We are looking forward to a busy and joyful holiday season.

Mary Lambert



# DISTRICT NEWS

## GRUNDY.....

In July, our members baked deserts and helped wherever we could at the County 4-H fair. To start the 2013-14 program year, seventeen (17) members of the Morris Morning unit had an outing. They visited the Emerson Creek Pottery and Tea Room near Oswego Ill. It is a rustic country estate with rich history, dating back to 1829. They sold beautiful pottery and gifts, native plants, some local crafts, as well as having a Wedding Chapel. Later in September, all three of our Units enjoyed a picnic at a local park.

During October, two of our units hosted a Halloween party at a residence that houses adults with 'special' needs. Games were played and refreshments were served. This is always a fun time for all.

We are looking forward to the new HCE lessons and to the holidays that will soon be upon us.

Ruth O'Hara  
Public Relations

## KANE.....

We began the 2013-2014 with an Open House at the Extension. Besides reviewing new lessons and yearly unit business, we had "Remembering Tupperware" as our program. This program was delightful! Besides hearing the history of Tupperware, we also were shown nearly 75 unusual pieces of this product. Committees of members tried to identify the usage of some very odd-looking plastic pieces. This was nostalgia-time at its best!

The county sponsored a tour of Ravenstone Castle in Harvad, Illinois on Saturday, October 5<sup>th</sup>. Lunch followed at a nearby restaurant as our HCE members marveled about how we had a castle so close to home.

We have already completed two lessons - the one on "Gluten Free Diet" and "Finance Tips". We received a Proclamation from the county

honoring HCE Week 2013.

Our International/New Member luncheon is on November 13<sup>th</sup>. Ten new members will be honored and a native of South Africa will tell about her country as well as dancers presenting dances of this country.

The holidays are upon us - where does the time go? To you and yours from Kane County, our wishes for your happiest, healthiest and fun-filled holiday season.

Elaine Bond  
President

## LAKE.....

Greetings from LCAHCE! We have enjoyed one of the most pleasant autumns that I can remember. As we prepare to "fall back", gaining one hour of extra sleep, but losing that daylight in our evenings, I am looking back to what LCAHCE has been doing since our last newsletter was published.

In July we had two very successful fundraisers, Lone Star Steakhouse Dine and Donate and Macy's Shop Days, which netted our county organization \$503.51.

Our first lesson of the year was "Cooking With Margaret", a cooking demonstration given annually by member Margaret Hilliard who, along with member Jane Ellen Keroson, was nominated to the U of I Extension Hall of Fame. A reception was held on October 18<sup>th</sup> at the Extension office to honor this year's nominees.

On September 17<sup>th</sup> we had a Christmas Stockings for Our Troops sewing day. At present we have 619 stockings along with several bags of supplies ready to be delivered to the drop off site. Our members have been faithfully sending coupons to the Volo Unit for clipping and shipping to our troops. As of the October mailing, coupons valued at \$1,914,843.00 have been sent.

Our Ways and Means committee organized two fall fundraisers, Butter Braid coffeecakes in September, which netted our county organization

# DISTRICT NEWS

an awesome \$2121.60 and Culver's HCE Day in October to celebrate HCE Week. The Ways and Means committee also came up with an idea for helping us to explain our organization using the initials HCE.

H--We support Home and family.

C--We give our volunteer hours to the Community we live in.

E--Education is paramount to our members.

October 17<sup>th</sup> we celebrated Cultural Enrichment Day with our usual wealth of talented members exhibiting their beautiful crafts. Our entertainment was Tom (Stanfield) the One Man Band, who played and sang many familiar favorites. We couldn't help tapping our feet and singing along. Some of us were inspired to jump up and dance to a couple of those waltz and polka tunes. It gave us an appetite for the delicious luncheon which followed. Even though it was cold and rainy outside, we were warm and cheerful inside. Our next event is International Day on November 12. The committee is busily preparing to introduce us to our country of study, South Africa.

As we approach our busy holiday time, let me close with a wish for a meaningful time spent with family and friends for all of you.

Diane Shearer  
Public Relations

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## La SALLE.....

I want to start with a thank you to Sharon for all the good tips & ideas she gave me to use as Public Relations on the LaSalle County Board. I hope I have not let you down, Sharon. Also, I am sending prayers for Crosby & his family that all turns out well. Crosby is adorable!

2013 has been a busy year for us with great accomplishments. Since the last letter, we worked hand in hand with the 4-H members at the fair. This was the 2<sup>nd</sup> year we combined forces with them and again it was a wonderful experience. LaSalle County members volunteered 13,596

hours in 2013. Many Hats!!

Our 96<sup>th</sup> year begins with lots of energy and enthusiasm. We are very proud to say we have "Been Cookin' 96 years" as of 2014. This is great but we must get out there and recruit some new members.

In October, LaSalle County board members reserved space for Holiday Express sponsored by OSF Saint Elizabeth Auxiliary. Our space featured handmade crafts/gifts, baked goods and, most importantly, information handouts about our organization. Some of the handouts for this membership drive project were our handmade bookmarks with our name, address and phone number, lessons from our past Country of Study and Board President, Carol Elmore, presented her cute candy grams to call attention to H.C.E.. We are encouraged with the interest we drew---- time will tell.

The proceeds from the crafts/gifts and baked goods made it possible for us to purchase 5 water filtration systems to support NVON's Project in Kind--Water Around the World.

Our 1<sup>st</sup> Vice, Becky Kendall, has planned some great lessons for the new year. "Stand Up to Falling", "Native Prairie Wildflowers", "Living Your Bucket List" are just a few. Our Country of Study is "South Africa" and promises to be very interesting. Sandy Martin, our International Director always presents a wonderful program on our country of study.

The "Bingo Parties" at LaSalle County Nursing Home are scheduled for the upcoming year. Our units in the county also take it upon themselves to visit for holiday singing and other sing-a-longs.

Paula Freepartner, our Cultural Enrichment Director, keeps us well informed of all the events available in the county for our units to discuss and take advantage of.

The Board is already planning an out-of-town bus trip to be taken in the spring.

# DISTRICT NEWS

LaSalle, con't

I hope you all have a beautiful Thanksgiving surrounded by family and a blessed and merry Christmas. I can't believe the holidays are on top of us already! You will hear from me again in 2014. Happy New Year!!

Penny Carter  
Public Relations

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## Mc HENRY.....

Hopefully all of you had a wonderful summer and now are enjoying this beautiful fall.

This September we started out our presentations with an informative program about Alzheimer's disease which was given by Susan Sklar, manager of Education and Outreach, AACR Coordinator AACR Coordinator Alzheimer-Illinois Chapter. Susan has a personal relationship with this disease, members of her family have it and she is in a study group. Did you know that if you live to be 85 you would have a 50/50 chance of having this disease?

October we had a sewing presentation and workshop given by a master seamstress on making either a Potato Bag or a Quilted Casserole Carrier. Members brought their own sewing machine and supplies.

International Day was held October 24<sup>th</sup> at the University of Illinois Extension office. Our speaker was born, raised and lived some of her adult life in South Africa, she has now been living in the United States for the last 21 yrs. We all enjoyed her informative program about their history, their people, their wildlife, geography, music and much more. The South African food is delicious and many of us will make the dishes again for our families.

This fall we had a fundraiser selling Butter Braids' Coffee Cake. Doing this for the first time, we thought, it was successful.

Happy Holidays!

Florence Spesard  
Public Relation

## WILL.....

Will County's recent International, Cultural Enrichment and Membership Day brought our members together for a day that was not only memorable but also informative and enjoyable. Our featured speaker, Connie Elliott, from the Island City unit, spoke from the perspective of her cousin, Hugh Odhner, who ministered for many years to South Africa.

Connie, who loves to cook, used recipes from South Africa to treat those present to several dishes. They included African yellow rice, Bobotie (a type of meatloaf), and for dessert, Milk Tart. An afternoon style show by Hansen's Villa, in Manhattan, was also popular with the audience.



Cultural Enrichment Exhibits were viewed and voted upon. Winning exhibits were those of Judy Wunderlich (hand designed and made crystal bracelet), Roseanne Wilson (two quilts), Regina Harris (chalk drawing) and Christine Brustmaker (three pencil drawings).

The board also welcomed three new members. They are Diane Schultz from the Frankfort-Mokena Unit, Genevieve Zlomie and Christine Brustmaker from the Island City Unit.

A collection of items for the Illinois Veteran's Home in Manteno was also taken. A variety of items, including stamps, envelopes, phone cards, stationary, after-shave and numerous other items were collected as well as cash donations.

Will County is celebrating it's 75<sup>th</sup> Anniversary as an organization. A special anniversary cake helped mark the occasion. We hope the next 75 years will be as productive as the past years have been.

Marianne Eisenbrandt  
Public Information

# DISTRICT NEWS

## WINNEBAGO.....

Our members have been enjoying a variety of interesting lessons during this year. Here is some information about these lessons. "Proud to be an American" was a lesson about the history of our flag. "Just the Blues" was about depression, or not, in adults and children. "America's Pork" lesson was given at the Machine Shed with all who wished having lunch together and getting a short lesson in cooking pork as well as about raising porkers. In June our lesson was "Nicholas Conservatory and Gardens Tour" and we could buy our lunch there too.

We went to Severson Dells County Forest Preserve bringing our own lunches and heard a good lesson about "What's the Buzz?—Bees" from a county Bee Keeper. How important are our bees and how hard a time they have had the last few years. This little insect is so important in all of our lives and we do not appreciate them.

We had a true Handyman come and do a lesson on "Handyman Tips" what we can try ourselves or what to expect when we hire someone to do work for us. We also had an Audiologist talk about "All Ears – Hearing Healthcare and Beyond Hearing Aids". Our lesson leaders have just visited Just Goods Store in Rockford and heard how "Just Goods – Fair Trade" was started and what type of things can be found there.

In April Winnebago County visited Trinidad & Tobago with a special luncheon and a program of a Steel Pan performance by Scott McConnell, a Steel Pan performer and educator from the Chicago-land area. What a very enjoyable day for all.

In May our 75<sup>th</sup> Annual Meeting featured Kelly Epperson Simmons, "Happy Starts at Home". We celebrated Cultural Arts Day with a program "Vintage Vignettes" presented by Chris Ebert who has been in the antique business more than 45 years. Some brought antiques to display and share as well as items for the cultural arts

judging.

Pat Stahl  
Public Relations



## DISTRICT 4 DIRECTOR Mary Eustace

Enthusiasm garners interest! HCE is a meaningful organization, where not only the members benefit but also the community. Thank you for all you do throughout the year to promote HCE. Membership matters!!!! November and December are full of holiday gatherings and the business of volunteering representing HCE in your communities.

I am very proud of being a part of the IAHCE as your District Director. Together, we will develop ideas of gaining new members because we do what we love. Ask a friend to join you at one of your meetings, bring one or two to a special event your County is holding. There are lots of opportunities to invite prospective members to activities this time of year.

How are your county marketing skills? Do you use the media to get the word out about your activities? Your local radio station will announce "community events" every day if you make sure that station has the information. Upcoming events in your local paper will print what's going on with HCE. Give it a try. Let's try to add new members.

The most valuable gift you can give another is a good example.

Happy Holidays.

*Mary Eustace*

# DISTRICT NEWS

## ADAMS.....

Adams County has started our year with several activities promoting October H.C.E. month. Quincy Mayor, Kyle Moore, proclaimed the week of October 6 – 13<sup>th</sup> as Adams County Home and Community Education Week. Several members participated in a card making project, making cards for soldiers overseas to send back to their families and loved ones. A percussion group presented a countywide program “Rhythm in Life” drawing awareness to the inner drummer in all of us.

Looking forward, members are encouraged to keep a record of volunteer hours. Also, as part of the state Health Smart Program, we are walking and exercising and keeping records of our miles.

We are celebrating 25 years of Kiddie Bazaar this year! Members are busy making gifts for children to purchase for family, teachers, and even pets.

Promoting H.C.E. membership, the county board is offering a chance for a free membership to members who bring a new member to H.C.E. For each new member recruited the current member will be entered into a drawing, two lucky names will be drawn.

Growing and going strong in Adams County we are excited about the lessons and programs this year and anticipating sharing the value and rewards of membership in our organization.

Suzanne Williams  
Public Information

## PEORIA.....

Greetings from Peoria County.

Mark you calendar for March 29, 2014 for our Peoria County S.O. Day Luncheon. Jim Wilhelm, host of Illinois Adventure on WTVP will be our guest speaker. Reservations are a must so we have a seat for you. S.O. Day or Special Occasion Day is a luncheon where members volunteer to

host a table. The hostess provides tableware, decorations and dessert for the table. Lunch is prepared by our Ways and Means Chairman, Carolyn Alaksiewicz, and her assistants. This is one of our major fundraising events of the year. We also host a book sale at the luncheon. Members donate books and magazines for the sale. Leftovers books are sold to a local bookstore or donated to various places.

Peoria also wants to give a big shout out to Sharon Middleton for doing an outstanding job as Public Information Director.

Julie Courtt  
PCAHCE



**DISTRICT 5  
DIRECTOR  
Jane Wood**

It was good seeing so many of you at District Workshop. From your evaluations it appears that most of you were happy with the location and food. **Have you shared the information you received from the State Officers?** Informed members are more interested and willing to participate. Congratulations to Kathleen Emery, McLean County, on her election as District 5 Director. She will be installed at the IAHCE Conference Annual Meeting, March, 2014, and take office at that time.

I have enjoyed attending your annual meetings. What a joy to learn what has been happening in each of your counties. Seeing friends and meeting new friends are a wonderful part to being District Director.

Now it's time to start thinking about IAHCE Annual Conference, March 18-20. President Marilyn Daughettee will be telling about her trip to ACWW Triennial Conference in India.

# DISTRICT NEWS

**Who have you invited to your HCE meeting?** The only way to get new members is by asking.

May you have a blessed Christmas,

*Jane Wood*

## CHAMPAIGN.....

Champaign County HCE has had a busy three months. We had our 2<sup>nd</sup> Annual Garage Sale on Saturday, August 17<sup>th</sup> at the Farm Bureau Auditorium. We had a huge variety of items for sale which included a boutique for jewelry and better clothing and collectables. We made a little more than last year which was our goal. It was a lot of work but also fun working together.

Friday, September 27<sup>th</sup> was our 95<sup>th</sup> Annual meeting and lunch at the Savoy Methodist Church in Savoy. We wore fancy hats and many of us dressed in red in honor of the heart association. Our speaker was Jackie Schweighart from the Mettler Center. She spoke about heart health and exercise for the heart. We made mini hats from Styrofoam cups melted down and decorated as table decorations. We took up a collection for the Heart Association. Our entertainment was Beverly Wolf from Danville, IL. She had more than 30 years of experience playing the keyboard and singing. She was accompanied by Jimmy Divan who sang and played guitar. They were both great. We had fun singing along with and dancing to the music. The church ladies prepared a wonderful lunch. Jane Wood installed our officers. The day was enjoyed by all.

Monday, October 21<sup>st</sup> was our Cultural Enrichment Day. Many projects were entered to be selected to go to State. We voted and ribbons were presented to winners of each category. Best of Show was Joyce Kerkstra with her entry in painting. Everyone received a ribbon for participating. We had a potluck dinner that day with many delicious dishes to choose from.

Wednesday, October 23<sup>rd</sup> was our Membership event. We were asked to bring guests. We had a demonstration by some board members on "The Art of Delicious Desserts", which were served with the lunch provided. Do you know the difference between a Pandowdy, Cobbler, Slump, Brown Betty, Clafautis, Buckle, Grunt, Crisp or Crumble? They are all yummy. We also had a hat decorating contest

which was a lot of fun. There were some very interesting entries. Gretchen Potter, a HCE member, assisted by Vickie Siebenhaar, gave a fabulous demonstration of her hat collection. We even tried some on. We had a contest that began at our last year membership event and ended this year for a \$25 check to be presented to the unit with the most new members within this year. Bondville/Seymour was the winner with 7 new members. We had many door prizes given throughout the day and ended by playing bingo.

November 15<sup>th</sup> will be our International lunch. Something more to look forward to.

Dorothy Rogers, our Special Activities chairman, has a trip planned on Wednesday, October 30<sup>th</sup> to go on a four hour cruise on the "Celebration Belle" from Moline. There will be sticky rolls and fruit on boarding and a two entre hot lunch buffet and entertainment by Ray and Jane with classic jukebox oldies. On Sunday, December 1<sup>st</sup>, you can enjoy a Holiday trip for lunch at White Fence Farm. You will then travel to Joliet to enjoy the holiday show "The Nutcracker" at the Rialto Theatre. I am sure everyone will have a great time. Dorothy's trips are always wonderful to look forward to.

We are still working on Linus blankets and weighted blankets for Autistic children. We have completed 88 weighted blankets and numerous Linus blankets. CCHCE helped the 4-H girls with their "Stockings for Santa" project. We enjoy keeping busy.

Happy Fall to all. Enjoy the Fall colors and have a great Thanksgiving. Before we know it Christmas will be here. Time goes so quickly, so enjoy each minute.

Sue Christensen  
Public Relations

## CHRISTIAN.....

Our county has been very busy and has participated in many great events. Starting us off was the District Workshop in Lincoln, IL full of information, conversations with great people and food, of course. The theme for 2014 was announced IAHCCE "Been Cookin' 90 Years" as well as the NVON project 'Water Around the World'.

On August 15<sup>th</sup>, we attended the first annual HCE

# DISTRICT NEWS

Christian, con't

Retreat hosted by Unit 18 of the U of I Extension in Hillsboro, IL. The topics presented were "Engaging Generations", "Parliamentary Procedures" and a round table discussion for County Presidents and Officers. The next retreat is scheduled for January, 2014 and will be hosted by Jersey County.

Our Cultural Enrichment Director, Jeanne Lee, has been very busy coordinating the events and support for Operation Santa with the help of all our members and other local volunteers. We hosted the final "Sewing for Soldiers" event October 18<sup>th</sup> and participated with motorcycle riders and others for a "War Memorial Honor Ride" which departed from Bloomington, IL on Saturday October 12<sup>th</sup> and made a stop in Springfield for a brief ceremony at our State Memorials in Oak Ridge Cemetery. The riders then returned to Bloomington VFW Post #454 for lunch and other festivities.

HCE members started early making stockings for deployed troops. Our donations go to Operation Santa which delivers stuffed stockings to soldiers. At our October 18<sup>th</sup> Sewing for Soldiers day, a 555 donation of stockings was received from Decatur Salvation Army along with 288 items. Our local totals include contributions from Pana Senior Center, Gowin Parc and Hickory Estates, in Pana, IL. We have donated to Operation Santa: 3,884 items, 730 stockings, 1,269 Heart Cards and \$595 in shipping expenses, so far.

Santa comes to town on November 9<sup>th</sup> at Operation Santa Headquarters in Bloomington, IL. The Elves there have been busy sorting items in preparation for the start up of our assembly line. We have 10,000 items and stockings ready for stuffing. Each stocking will include a new pair of white tube sox, a sleeve of Girl Scout cookies, a package of Beer Nuts and a stick of Jack Links jerky in addition to the snacks, treats and travel sized personal hygiene items. We have shipped 194,672 since 2005 and proudly look forward to sending our 200,000<sup>th</sup> stocking this year. The troops really appreciate it!

Plans for our annual Membership meeting "Membership is Magical" have been finalized which includes a magic show program by Justin and Kathleen Dudley entitled "Magic with a Message", a silent auction and a meal. A day trip the first week in December for all our members wishing to attend will consist of a tour of Edward's Place a short break for lunch at a local restaurant and a tour of the Ronald McDonald House in Springfield, IL. We are working very hard at providing our members interesting and varied events to enrich their lives and educate the community in which we all live. It has been our pleasure to be invited by members of other counties to events they have sponsored so that we could share good times, information and fellowship. I encourage all our members to check out the website and learn what is happening around our state.

Julie Pearson, President  
Jeanne Lee, Community Outreach/Cultural Enrichment

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## CLARK.....

The Clark County HCE ladies enjoyed their Fall Countywide meeting during HCE Week with a special program presented by five of the units.

The International lesson was on South Africa and a large map was displayed of the continent for the ladies to connect the comparison of the country studied to the rest of its neighbors. Each unit had a part to cover about the people, size of area, foods, economical and political standing, schooling and just all that could be used during the time. The Friendly Neighbors unit had a slide presentation during the entire program. At lunch we had soup, sandwiches and salads from the menu of South Africa. So much was learned about our neighbors to the south.

Pat Marrs, our Family Issues lady, presented a program on many activities that could be used by all ages in the family. Each lady received a stretchy band to be used with the exercises. We all decided that many of them could be done while sitting and using the time wisely.

# DISTRICT NEWS

The units collected 56 boxes of Kleenex that are being taken to the Head Start or Kindergarten classes in Casey, Westfield, Martinsville and Marshall.

Also items for the Hutsonville Heritage Home Veterans were taken care of with bath items, clothing, food treats, puzzles, reading books and some cash. They have been delivered to Hutsonville and the veterans were happy to help carry them in to be sorted.

Hundreds of box top labels, pull tabs and Campbell Soup coupons were taken to schools.

I'm so proud of our achievements for 2013, and we hope to be able to continue for the 2014 year with four new lessons written by county ladies for the upcoming months. We are proud of what we can do while all working together.

Deloris Maurer  
Public Relations

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## De WITT.....

DeWitt County HCE has a full board for the first time in three years. Betty Clark has taken the position as Community Outreach and in October we collected old towels, rugs and such for the animal shelter. The November collection will be for paper products and canned goods for DOVE. In December each unit will decide which organization they will donate to. Paula Mills has taken on the position of 1st Vice President and is already collecting ideas for lessons for 2014.

Our 3rd Annual Card Party was a bigger success than ever. Our members donated



some very nice prizes and gift cards and such a variety of finger foods that were delicious. We were pleased to have a table of players from Macon County in attendance and to have support from a couple of them that couldn't make the

party. This was a very nice gesture and it was appreciated.



Town and Country unit had a presentation by Christine King on "Styles and Accessories" which was informative and entertaining as well. Christine gave everyone a pamphlet on "The Art of Scarf Tying" and a catalogue from Coldwater Creek in Normal, Il. where she is manager.

Rosalie Summers  
Public Relations

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## EDGAR.....

The Edgar County HCE held an officers' training session on September 17,



2013 at 5:30 pm. The registrations tables were decorated with a stand holding "The Many Hats of HCE". Gay Tegeler, President, opened the meeting and asked each officer to share the information they received at the IAHCE District Workshop during August in Lincoln, IL. It was also announced that HCE Week would be held the week of October 14 - 19, 2013. International Director, Penny Peterson, announced that on October 15<sup>th</sup>, the speaker on South Africa, the Country of Study this year, would be Barbara Hunter from Charleston, IL. She was born in Cape Town, South Africa. Marty Webster, Cultural Enrichment Director, announced that she would be conducting a Best of Show during HCE Week and asked members to bring their projects on International Night. She also told of Craft Day to be held on Saturday, October 19, 2013. She had many projects to be taught. Lunch will be served

# DISTRICT NEWS

Edgar, con't



by the board. Marge Houghland demonstrated the Art of Tying a large scarf to wear as a vest.

Then to try something new, the board scheduled a countywide meeting to be held following the officer's training. Mary Liz Wright, Nutrition Educator, presented a lesson on "Energy Drinks, Are They Safe?". She told of the dangers of high energy drinks. She also said to read the ingredients listed on any drink so that you will know the content of sugars and other additives to drinks.



This change in meeting was designed to save members time and gas by having two events on the same night.

Beth Laborde and Marilyn Daughhete baked cookies and served water and caffeine free tea for refreshments.

Marilyn Daughhete  
ECHCE Public Relations

## MACON.....

We have been very busy this past summer and fall. We had several bake sales that provided us with some money for our scholarship fund. We had lessons about finding our inner florist from The Secret Garden, a "sweet" lesson provided by the Sweet Life Bakery, and an interesting and challenging lesson for those ladies that wanted to learn more about the basics of car maintenance.

The members and guests who attended these lessons enjoyed them immensely.

HCE week was Monday, October 14<sup>th</sup> through Friday, October 18<sup>th</sup>. On Tuesday we began with an afternoon Membership card and game event. We had lots of food, door prizes, and good

fellowship. Guests were invited, and we added one more lady as a member of HCE. On Wednesday, two of our members presented a morning lesson about "Microwavable Desserts". Not only were we treated to the samples of their presentation, but we also received several pages of recipes! The afternoon program was presented by Mac Condill, of the Great Pumpkin Patch in Arthur, Illinois. He definitely has a passion for what he does - he not only runs the Pumpkin Patch, but sells the seeds for over 400 varieties of pumpkins that he raises, and has the wonderful bakery near the patch. It is so refreshing to meet such a hard-working and insightful young man!! Our Thursday program was presented by five of our members and was

entitled "Fixns' and Nibbles for the Holiday Seasons". We had several demonstrations and lots of samples of these delicious, tasty, nibbles. They also gave us a packet of recipes so we could be prepared for being the hostesses of holiday parties. We were also given some useful ideas for preparing small gifts to take to a party. Our afternoon lesson was a painting lesson presented by our President, who is such a talented lady. We attempted to tole paint a decorative large paper clip. On Friday, we took a bus trip to a Pat's Millinery Shop in Paxton with a lesson on millinery. Our week was so much fun!



Our Fall Meeting was October 30<sup>th</sup> at the Macon County Extension Office. We had our business meeting, the installation of officers, a wonderful catered lunch, and a program entitled, "What's

# DISTRICT NEWS

It?" presented by Stan Seevers. You all will be able to attend one of his share shops during the 2014 Conference held here in Decatur.

On Friday, November 8<sup>th</sup>, we had our FAB Friday program. We had a variety of interesting programs about obstacles around the house, jingles or songs that get stuck in your head and you just don't remember where it is from, and an innovative way to use a potato masher and a fork to make a bow. We enjoyed each of these programs!

As a continuing effort to enlist new members, our units will be presenting programs at a surrounding library. On October 26<sup>th</sup>, one of our members presented her "Soup Program" at the Mt. Zion library. In November, our "Fixns' and Nibbles" group will be presented their program at the same library. In the spring of 2014, we are looking forward to presenting our programs at other libraries in the area. We are anxious to tell other people about our great group and the interesting programs that we provide for our membership!

We are still supporting the Ronald McDonald House in Springfield. We have provided several meals at the house, and we are now receiving donations of various needed items to take to them.

These include items such as paper towels, aluminum foil, Ziploc bags, paper plates, cleaning supplies, etc. At the same time, we are also supporting and asking for donations for the Oasis Center here in Decatur. Their needs are also great and we are anxious to give them our help too.

Macon County donated money for the aprons the volunteers use while making the meals for those that use the facilities.



Linda Austin  
Public Relations

## Mc LEAN.....



Highlights of HCE were shared at the McLean County fair booth in August and bake sales were held throughout the summer and fall at farmer's markets to promote HCE and raise funds. Bake sale funds in September went to the NVON 2013-2015 project - Water Around the World.

Two members attended the NVON Annual Conference in Frankfort, KY. Several members traveled to the IAHCE District Workshop in Lincoln for a valuable sharing experience. The McLean County HCE new program year began with a unit officer orientation and taco bar in August.



**HCE Month** was promoted in October and celebrated



by booths, displays, activities and inviting friends to become members. International night started the month off with a study of South Africa's geography, food and history. The "Fall Trip to Joliet, IL" finished out the month. The tour visited Joliet's Abraham Lincoln National Cemetery, Jacob Henry Mansion, had lunch and saw a musical presentation "Women Who Made Their Life Count". The Old Central Church tour followed plus a stop at Gji's Sweet Shoppe.

Members join together for "Read and Share" book discussions every other month. The book "The Necklace" by Cheryl Jarvis was most recently read. Each month there is a greeting cards for the soldiers workshop, a "HCE Comfort Quilts" workshop and a Dresses and Shorts for Children workshop.

Enticing programs have included Identity Theft; Managing a Gluten Free Diet; Grab and Go Book to

# DISTRICT NEWS

McLean, con't

use in a hurry with very important information in it; and Caring for Tropical Plants. Also, our fact finds continue to be on spices, herbs and etc. and have been on Stevia/Truvia (artificial sugar), Cinnamon and Celery/Lovage.

An "Attic Treasures Sale" will be held on November 2<sup>nd</sup> with funds going to the NVON Water Around the World project. We look forward to our Holiday program, A "Madrigal" morning on December 14<sup>th</sup> when we gather for Make It-Take Its, entertainment and a luncheon buffet.

Barb Jurgens & Pat Pulokas  
Public Relations

## PRAIRIE ASSOCIATION.....

The Prairie Association of Home and Community Education (PAHCE), which is Moultrie and Douglas counties, have had several special events recently. We hosted our Annual Co-County Meeting which focused on the country South Africa. Our speaker was Susan Houska who was born in Johannesburg, South Africa, but spent most of her life in Howick, Natal. Susan shared a lot of interesting facts about the culture and cuisine of the country and also dispelled the many myths about living in South Africa – for example, not everyone lives in huts and has lions running around in their backyards! Susan and her family now reside in Monticello, and she works with the 4-H program in the Piatt County Extension office. Members had prepared South African recipes for a potluck lunch, of which Susan responded that the dishes reminded her of home!

PAHCE members also held a Fall Fun Day where speaker Linda Tortelli spoke on Autism, and those in attendance worked on making weighted quilts for those with autism. Finally, the Bourbon Unit went on their annual Mystery Trip in October, with their first stop at the John McCleary farm northeast of Decatur. John is a historian and sculptor and is known for his Lincoln statues. He gave a tour of his workshop and museum, which is in a remodeled barn, and then gave a very interesting talk about his works and Lincoln. The

next stop was at the Elwin Antique Mall with lunch in the Raspberry Room. The final stop was at The Great Pumpkin Patch in Arthur, IL where the group was given an informational tour of the Homestead Bakery and were treated to pumpkin ice cream cones.

Shirley Edwards  
Public Relations

\*Note: The State Board happened to be having lunch at their Mystery Trip. We all had a great time there and was happy to see the HCE ladies.

## VERMILION.....

The Vermilion County Association for Home and Community Education sponsored the Vermilion County Illinois Disaster Preparedness booth at the Georgetown, Illinois Fair August 2013. The idea for this project came from Vermilion County HCE Second Vice, Carol Davis, of Danville, Illinois, in co-operation with Red Cross, Vermilion County Emergency Management Agency, Vermilion County Home and Community Education Association, CRIS Senior Services, Ministers from Churches in Vermilion County and other Civic groups.

The mission was to present appropriate information that the general public can put to use as they prepare for various disasters. Our goal is to prepare yourself and family on how to deal with the aftermath of disasters, such as tornados, flooding, storms and earthquakes. Other concerns include lightning, thunder storms, winds, hail, fire, power outage, ice storms and hazardous material spills.

Five NOAA Weather Radios were given away through daily drawings. The last day of the Georgetown Fair, a Disaster Survivor Bag with a NOAA Weather Radio was given away.

Diane Reddy



# DISTRICT NEWS



## DISTRICT 6 DIRECTOR Marilyn Schaefer

Hi Everyone,

Christmas is just around the corner and the weather is beginning to show signs of it.

I believe some of the girls from up North may have had some snow when they returned from our October Board Meeting.

We worked on the IAHCE Annual Conference which will be held in Decatur on March 18, 19 and 20, 2014. We will be having some great share shops, speakers and great entertainment.

Thanks to all of you who attended our District Workshop in Mt. Vernon.

We had a great attendance, speaker was good and I think you should have learned a lot.

Also thanks to everyone who invited me to your Annual Meetings and I am sorry if I could not attend all of them as some days I had two and couldn't make both of them. Hope it works out better this year.

I am looking forward to seeing everyone in Decatur in March 2014. Come everyone and have a great time.

Have a nice holiday and keep warm.

*Marilyn Schaefer*

### BOND.....

Summer has come and gone. Fall in place with more HCE activities!

"The Many Hats of HCE" was the theme for the Annual 69<sup>th</sup> Meeting of Bond County Home and Community Education. A large group attended July 22, 2013, at the Homemakers Stand where they enjoyed a delightful luncheon. One associate - Harriet Siebert - was acknowledged as a 69 year member! Congratulations! Recognition was given to our deceased members. Past Presidents and

tenures were read. Sherry Schaefer from Greenville showed slides and told of her experiences on a trip to Australia "Outback".

In August, Bond County Homemakers Food Stand was a big hit for those attending and wanting really good meals -fried chicken and all the fixins!. Always in demand were the various flavored homemade pies - like gooseberry, blackberry, peach, raisin, etc.

October 14<sup>th</sup> was our International Potluck Luncheon day celebration honoring our Country of Study - South Africa. Several native recipes were made and tasted. Very Good! Our speakers were Lee and Emily Moore of Greenville who have made four trips to Africa ( just returned last week). They shared slides and antidotes of their ventures in Africa.

In November, we are having a "Baby Shower" to help support the local Pregnancy Center.

December brings the Christmas holidays. Our board will meet for lunch and bring "baby things" instead of a gift exchange.

Happy Holidays to all!

Shirley Volentine  
Public Relations

### CLAY.....

Flora was well represented at the Illinois Association for Home and Community Education District Workshop held on August 20<sup>th</sup> at the Holiday Inn on Potomac Blvd. in Mt. Vernon. Those attending were Katie Hilliard, Becky Krutsinger, Margie Dettmer, Bernice Brown and Joan Stanford. The program consisted of officer training and a presentation "The Art of Delicious Desserts" by Mindy Peterson of the U of I. During the lunch hour, Karen Halicki, IAHCE CVH/Sales and also the Chair for the 2014 Conference and the IAHCE Board, presented a skit.

The Clay County HCE International Program has been set for 10:00AM on Thursday, November 7<sup>th</sup> at the Flora Depot. Steine Taylor, a team leader for an exchange program sponsored by the Rotary to South Africa will be the speaker. Slides,

# DISTRICT NEWS

Clay, con't

experiences and impressions of South Africa will be presented.

Bring your "Pennies for Friendship" to the International Program. Also, tabs for the Shriners Burn Center in Ohio will be collected besides items for the Community Food Bank.

The Travelers and Second Wednesday units of Clay County HCE plan to take part in "Women Walk the World 2014". This is our first year to participate. All interested folks in the county will be invited to join. It will take place on April 29<sup>th</sup>, 2014 at Charley Brown Park of Flora. Donations will be accepted.

The Farmerettes are a very active unit. Each month they have an outside speaker. They made bibs for the nursing homes which were really appreciated. They made 35 dresses for the girls in Haiti plus one lady made 40 more to have 75 to send. Every month they contribute to the Community Food Pantry.

Our Aim unit has dissolved so we now have three units. Personal circumstances made it necessary for our treasurer, Katie Hilliard, to resign so Becky Krutsinger is now our treasurer. We plan too sell Butter Braids to replenish our funds.

The Best to All From Clay County.

Mary Ann Brentlinger  
Public Relations

## EFFINGHAM.....

Effingham county members enjoyed a South African International luncheon on October 17<sup>th</sup> with 35 in attendance. Each unit prepared a dish. Effingham residents Rob and Johanna Davies, who have lived in South Africa, gave a very interesting presentation on life in South Africa. They also brought examples of fabrics used in different parts of Africa and handmade baskets.

This month we are selling butter braids, cookies and pizza as a fundraiser. In November, we will be delivering bookmarks to schools and libraries, cancer caps to the cancer center and wheelchair and walker caddies and dining shawls to nursing homes.

Our Annual Meeting is being held on November 14<sup>th</sup> with a catered meal and a silent and live auction. Members are asked to wear a hat in support of our theme "The Many Hats of HCE". Our speaker will be from the Christopher and Banks store talking about different ways of tying and wearing scarves and using other accessories. Four 50 year members and one 60 year member will be honored.

Father Dominic Garramone, known for his bread making, will present a demonstration of "Sweet Treats for Christmas Morning" on December 6<sup>th</sup> at 6:30PM at St. John's Lutheran Church in Effingham. Our HCE ladies will be offering cookies and candies for sale.

Jean Sporleder  
Public Relations

## FAYETTE.....

Fayette County HCE has been busy with various projects and programs.

Winding up IAHCE Week, the Fayette County HCE presented a baby quilt and a certificate to the first Fayette County Baby born during the HCE week. The quilt was made by long-time member and officer, Shirley Klitzing. The presentation was made during the October Board meeting to Jaxson Ryder Washburn and his mother, Elizabeth Washburn, who is an RN for the Fayette County Health Department.



Jaxson was born October 8, 2013.



Among the projects was the collection of plastic lids which were recycled into very sturdy and attractive outdoor benches for the local nursing homes/ assisted living facilities. The Fayette HCE has collected enough lids to provide two benches and are well on the way to another one.

# DISTRICT NEWS

An extra bonus to this project is that the project captured the attention of a young man. He participated by helping a member collect, became interested in our HCE and has become an active, contributing, member of Fayette HCE. The newspapers' cooperation in the coverage of this project resulted in readers, schools, and churches showing interest.

The Fayette HCE also held a Disaster Preparedness Program, for the public, with the Fayette County Health Department giving the presentation. This included slides, informative hand-outs and providing their building for the site which was convenient for the public. HCE provided refreshments.

Fayette HCE also visited the Brownstown Fire Department/Station and met with the Firefighters and 1st Responders, in preparation (for information) for the Disaster Program.

For the International Dinner, Fayette HCE chose Swaziland, which is located on the continent of Africa, for the focus. The speaker, Kathy Brown, has visited the country twice and gave a very interesting, informative talk and showed slides on Swaziland.

Fayette HCE had already purchased two water filters (to provide clean water for a family) and as a result of Brown's talk, members were touched by the peoples living conditions and inspired enough to take up a collection; enough was given to purchase two more filters...another "bonus" for a worthy project.

Fayette HCE continues with several other ongoing projects and continue to be open to ways and means to attract new members.

The bottom line is...Belonging to Illinois Association Home and Community Education results in a "bonus" for everyone - members included.

Panzi Blackwell  
Public Relations

## JASPER.....

Jasper County HCE members, Eufala Bigard and her daughter, Marjorie Thompson, demonstrated how they make their pastry crusts and a variety of recipes they use on September 30, 2013. Each guest rolled out their crust and took it home to prepare using their favorite recipe.



Recipe booklets were passed out. Samples of Chicken Pot Pie, Rainbow Quiche, Hash Brown Crust Quiche, Very Berry Pie, and Apple Dumplings were served to 21 women and 1 gentleman.

Connie Elliott, Jasper County HCE Community Worker, held a Mesh Wreath Making Workshop on Thursday, October 10<sup>th</sup>. Using a wire wreath, pipe cleaners, a roll of mesh, ribbon mesh and decorative sprigs, several attendees made either a Fall or Christmas wreath. There were five in attendance at 1:00PM and eleven who attended the 6:00PM workshop.



On October 24<sup>th</sup>, Anita Steber of Olney, IL. gave a lesson on "Box Making and Tiffany Bows". Several members learned how to make a box out of a greeting card or just card

stock. Anita also showed how to make a "Tiffany Bow". The ribbon goes around the box and ties into a bow without a knot. She decorated it with a sprig of bittersweet. When opening your package, you just pull the ends and the bow unties.

Toys for Kids program is again our main focus for November and December. Letters are mailed to Jasper County Businesses and some individuals who have generously donated in the past. Anyone may donate new toys or money. Several 4-H clubs and churches shop for the children, using a wish list which is provided by the parent. Last year we serviced 107 families, 243 children.

# DISTRICT NEWS

Jasper, con't

We will distribute the toys the week of December 17-20, 2013.

Books for Beginners marks its 5<sup>th</sup> year. Usborne consultant, Ginger Robins, presented some of the Phonics Series Books at the November meeting. "Cow Takes a Bow" was selected by the Jasper County HCE Board. The book will be presented to all kindergarten students in March of 2014, during our HCE week. HCE board members will read the selected book to each kindergarten class and the students will take their personalized book home. The previous books selected were: "Frog on A Log", "Goose on the Loose", "Toad Makes A Road", and "Hen's Pens". The students are very excited about their books as they are allowed to keep it.

Marjorie Thompson  
Public Relations

## JERSEY.....

As always, Jersey County HCE ladies are busy. In July, we had Kathy Stine do another of her wonderful programs for us – this time on "Cheesecake" with over 60 people in attendance, including men! Kathy demonstrated several different kinds of cheesecake for us and we had so much to sample and taste, we were delightfully full – mmmm delicious! She also had special cheesecake pans available for purchase.

August was vacation month, but we did have the new lesson from the U of I, "Cooking with Fresh Garden Produce" mailed to us. This was a most timely lesson and had several great recipes using different kinds of garden vegetable, such as eggplant and zucchini. Since several of our members participate in the Farmer's Market this one was especially good.

On September 19<sup>th</sup>, we journeyed to Alton, IL where we attended a program presented at the Holiday Inn by Chef Kenny on "Grilling". We were joined by several ladies from Christian County HCE. This was a very enjoyable and informative program, topped off by a great meal.

We celebrated HCE Week during October 6-12 by having a display at the Jerseyville library, where we featured distributing copies of our various Lessons for Living that we had sponsored throughout the past couple of years. We certainly achieved our goal, as we brought back very little of our materials. Also we displayed a poster on which we had pictures of our different activities. We did this so people would know what we do and who we are and to make ourselves better known in the community;



we also made a donation to the library for the use of their facilities. We also have sponsored the Jersey Community High School Speech Team in their upcoming

programs.

Our annual Country of Study program was held at the library on October 10<sup>th</sup> during HCE Week. Dr. John Dinkelman of Wood River, IL was our guest speaker, who spoke to us about his native country, South Africa. We served over 40 people authentic South African desserts, which we had made from the lesson materials provided to us from IAHC.

Elizabeth Schwab  
Public Relations

## MACOUPIN.....

August was vacation month for our units or Units Choice, which means we usually go somewhere special to eat. Yes, we're always eating.

Our County Board members utilized the Public Transportation of Macoupin County to travel to Tuscola, Illinois for lunch and a tour of Flesors Candy Kitchen. They also make their own ice cream. The mint ice cream was delicious as were the chocolates. A trip to Tuscola would not be complete without a stop at the outlet mall. It was a fun and enlightening day.

# DISTRICT NEWS

The Town & Country Unit went to "Beaver Dam" (a state park outside of Carlinville) restaurant for lunch and then toured the Plainview Winery. There were 14 women attending and a good time was had by all.

The Do More Unit also traveled to Beaver Dam for lunch and to watch and discuss the hummingbirds. They are known for the hummingbirds that reside there.

We had five ladies from our County Board attend the District Workshop in Mt. Vernon in August where we got a preview of things to come in 2014.

Montgomery County hosted a Retreat on August 15<sup>th</sup> for HCE members of Montgomery, Macoupin, Jersey and Christian Counties. We were introduced to Staff and participants of the Montgomery County Office. Presentations were given on "Generations" and "Parliamentary Procedure." Lunch was furnished. We also had a craft making session, led by our own Marsha Heyen and the officers had a discussion session with Amanda Cole.

Lessons for September, October and November were Sandwiches, Hot or Cold, Big or Small; Crock Pots, Their Uses and Designs; and Mindless Eating, Why We Eat More Than We Think. December will be Units Choice Christmas Parties.

October is the month when we began, so honoring that, we held our annual "Founders Day" County Meeting on October 24<sup>th</sup> which consisted of a business meeting, a catered lunch by Sundae Best Caters, a cookie exchange between members, the installation of County officers for 2014 conducted by Marilyn Schaefer, our District Director, and a very interesting program on "Shoal Creek Alpacas," given by Barbara Conant. We learned about the shirring of the alpaca's, saw demonstrations on the carding of the fleece, spinning the fleece into yarn, using looms to weave scarves and were able to inspect many finished products.

At this time I would like to say "Thank You" to Sharon Middleton and Karen Halicki for the help they have given me with Public Information and

CVH Hours.

Have a Merry Christmas and a Happy New Year. Hope to see you in Decatur in March.

Donna Greenslade  
Public Information

## MADISON.....

Goodness, how did the time pass so quickly that it is November 1<sup>st</sup> already. Madison County had a wonderful summer and busy fall as we prepared for International Night and Christmas In November--Piney Woods Christmas (which will happen on November 7<sup>th</sup>).

In July, our Marine Unit hosted the S. E. District Meeting with Verna Piper presenting a program on Memory Quilts. Her beautiful quilts reflected family memories by using materials from ties, clothing, pieces of embroidered linens artfully incorporated into quilts and wall hangings. The evening ended with a local church men's choir singing favorite hymns. Other units enjoyed meetings of their choice doing a fun activity.

In August, Alton Crafters, Alton Senior Services Plus and MCAHCE hosted a Summer Cool Down with some new crafts and heritage skills. Our next one will be Saturday, February 1, 2014 Winter Warm Up. Contact Claudia Harju 618-433-1907 if you would like a program of the classes to sign up.

We concluded the month of August with the board attending the District 6-7 Workshop in Mt. Vernon and having Officer's Training the following week.

Wendy Brady, Family Issues Director, planned exercise classes along with Senior Services Plus and Walgreens for Tuesday mornings in October. Walgreens provided flu shots and health screenings. Katy from Senior Services Plus provided wonderful exercises for strength training and body conditioning. It was quite successful.

# DISTRICT NEWS

Madison, con't,

Our International Director Alice Stille with the assistance of the unit International directors and members of Alice's unit presented a very informative evening about South Africa with Karen Rehkemper presenting the program on October 7<sup>th</sup>. The auditorium welcomed our guest with a South African theme. The program began with the audience getting a taste of South African cuisine. We also had two ladies that had baskets and jewelry made by ladies in Africa for sale.



In addition to the above activities, we celebrated HCE Week/Month with posters and displays made by various units in their communities. The board had a display at the Farm Bureau Building for the month of October.

As we end our activities with Christmas In November, Madison County would like to wish all of you a wonderful holiday season with prayers for a healthful and happy 2014.

Gloria Hartmann  
Public Relations

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## MARION.....

Marion County HCE is very excited!!! We have a new unit, Town & Country, that has 7 members all younger (under 45) that is very eager to learn all about our Great organization and some of the crafts/canning things that isn't of interest to a lot of that age. They have accepted a challenge to learn to hand embroidery our quilt blocks for the 2015 quilt that will be used for our annual quilt raffle.

We also had our First Family Fall Festival, September 14, 2013 on the Extension parking lot. It was a picture perfect day, which attracted a steady group of energetic families and curious visitors from the surrounding area that enjoy the

shopping, browsing, game and musical entertainment.

Activities included music by Jamie Nattier and 12 vendors offering crafts, children's clothing and sports, local produce, furniture, purses and carry-alls, wrought iron structures and etched glass. Visitors could also participate in five children's games with prizes, face and gourd painting, popcorn provided by the Marion County 4-H Federation, used book sale, bake sale, as well as lunch.

For HCE week, we had a Membership Social on October 9, 2013. Cookies and punch was served. We also had the drawing for our five raffle gifts. The winner of the queen sized nine patch quilt was Sherry Walsh; youth quilt, pillow and Theresa doll was Lisa Sills; tea, cookies and table cloth basket was Patricia Casner; garden basket was Iva Hicks; and Connie Williams the serving tray.

Upcoming events is a cooking session @ 1:30PM on January 23, 2014, a program about China in February and a May fashion show.

Phyllis Henson  
Marion County Chairman

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## DISTRICT 7 DIRECTOR Barbara Spencer



Greetings from District 7 in the heart of deepest Southern Illinois. I've watched the trees turn their bright fall colors and know winter can't be far behind.

This will be my last note as District Director as Janel Kassing from Randolph County will take my place after the State Conference in March, 2014.

It has been a joy working with all the counties. I've made so many friends over the years and look forward to seeing them at other meetings.

Everyone has had fantastic ideas utilizing the theme of "The Many Hats of IAHCE". It is true that most of the ladies have worn many hats in their lifetime.

# DISTRICT NEWS

I hope to see each one reaching out to others showing how our organization is beneficial in so many ways.

Thanks to you all for your hard work and for all you accomplish!

*Barbara Spencer*

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## FRANKLIN.....

We here in our county have kept busy all summer. Even tho' the units took a vacation from meetings, many plans were still carried out.

In July was the 4-H fair and judges were needed as well as those who registered and displayed projects. Our Board also feed the hungry at our yearly luncheon where we always feature lots of homemade pies.

In August was our Second Annual Style Show featuring models of all ages from grandmothers to first graders. Peeblers and Catos loaned many beautiful garments and the models were able to purchase them at a discount.

Our International in September was on the County of Study, South Africa. We were pleased to have a young lady who is a missionary and makes her home there. One guest had lived there and another had visited her daughter's family. Many different recipes were prepared by unit and board members.

The Lesson for Living in October was on Heart Health. Two young men from Starks gym were our speakers. One discussed nutrition in regard to using fresh fruits and vegetables instead of processed which contain a lot of salt. The other young man demonstrated exercises that were simple and helpful for all ages.

We are getting ready for Christmas Ideas Day and Health Fair which will take place November 2<sup>nd</sup>. There is not admission fee but we always receive many donations for the food pantry, Veteran's and Woman's Center. We always have a Tasters Table and a cookbook featuring the recipes is available. There's a Country Store with a lot of odds and ends, crafters, vendors and health

organizations. The kids get to make an ornament free to take home. We can't forget the cake walk or the concession stand with homemade chili and drinks.

Just before Christmas, we might slow down.....

Barbara Spencer  
Public Relations

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## HAMILTON.....

Hope everyone had a great summer. For the most part, we enjoyed pleasant temperatures here in Hamilton County. Our members and guests enjoyed a bus trip to Bald Knob Cross and the Kentucky Opry on July 2<sup>nd</sup>. We have had some very good lessons the last few months including "Oh My Aching Joints" presented by Dr. Kyleen Millenbine, Physical Therapist, who talked about problems caused by arthritis and joint replacements. "Entryway Decorations" was given by Cindy Budell, an Interior Designer, in September, just in time for fall decorating. October's lesson was "Easy Appetizers" with local members sharing information and serving samples of their favorite appetizers.

Several from our county attended the District Workshop held on August 20<sup>th</sup> in Mt. Vernon. Over 20 ladies from Hamilton County attended the Homemakers Fall Fest sponsored by the homemaker groups in Hamilton, Pope/Hardin, Saline, and White counties and held at the McKinley Avenue Baptist Church in Harrisburg. It was a fun day with good food, wonderful speakers, apple recipe books and door prizes.

Our county held International Night at St. Clement's Church Hall on October 15<sup>th</sup>. Over 100 HEA members, guests and 4-H members attended. This year's program focused on South Africa. We had several African dishes to sample along with other dishes brought by board members. A number of 4-H clubs set up exhibits representing various countries with food to sample from those countries. We had a wonderful speaker, Becky Catron, who has gone on a number of mission trips to Africa. She had a power point presentation and also spoke of

# DISTRICT NEWS

her many experiences with the African people. Tables were decorated with bottles of water reminding everyone of our involvement in the NVON Project in Common, Water Around the World. We have purchased one water filter and will soon have enough money to purchase a second one. International Night turned out to be a very successful event.

Our annual style show/salad luncheon will be coming up on November 23<sup>rd</sup>. We have already sold a lot of chances on the beautiful quilt we will give away at the style show.

Of course we continue our community outreach projects by collecting postage stamps, plastic lids, paper goods and soda tabs. Hamilton County is an active group!

The holidays will be here soon and I hope everyone will have a Happy Thanksgiving, a Blessed Christmas and a peaceful winter, so when spring arrives, we'll all be ready to get involved in some new and exciting projects.

Bernadine Drone  
Public Relations

## JACKSON.....

Our ladies in Jackson County have been very busy and continue to be very busy! We sell Rada Cutlery; it continues as a year round Fundraiser! Our program lessons have been very well attended by the community and our Jackson County HCE Membership.

- Our lessons during this late summer and fall were the Odd, Strange and Curious Happenings in Southern Illinois
- Autism Spectrum Disorders
- International Lesson on South Africa
- November we will celebrate Veteran's Day with a lesson called This Able Vet.

We have worked on crocheted prayer shawls donating them to several churches in our area.

Many of our Board Members have been busy judging 4-H window display competition and 4-H project books for Achievements and Recognition

of our 4-H youth. Our County Board members always attend District Workshops, faithfully.



The Jackson County HCE Board set up in our community at the Annual Apple Festival distributing information and class schedules of upcoming lessons and gave out membership information about our Jackson County HCE organization to interested community members. Many of our individual units within Jackson County HCE are busy with their projects and raising monies for scholarships and other donations to the various agencies in our area. We continue with our sharing of special recipes from Jackson County HCE Food and Nutrition Chair. And as always..... we have FUN!

Jean Conrad  
Public Relations

## JEFFERSON.....

Autumn is blazing with color here in Southern Illinois; fall has arrived in all its glory.

JCHCE is always busy helping with our 4-H group in July and this year was no different. HCE members volunteered to help with the 4-H Fair, and judging 4-H projects. HCE units also made desserts for the 4-H BBQ held the first Saturday in August. We had the opportunity to sell quilt raffle tickets at the BBQ; any way we can promote our fundraiser helps JCHCE.

Our board members all enjoyed the District Workshop held in August. We were introduced to a new water filtering system that is inexpensive and portable and does a fantastic job of filtering out the contaminants in the water. The presentation was informative and the demonstration was impressive. This will make a

# DISTRICT NEWS

great impact on countries who deal with undrinkable water on a daily bases. This is a perfect way for all of us to come together, and volunteer the funds, to get as many as possible to the people who are in desperate need of clean drinking water. It probably is not a bad idea to have one in an emergency kit in one's home; clean water is usually a problem in any disaster. The skit introducing our theme for next year was entertaining, and set the mood for thinking about how to incorporate it in our programs, meetings, and special events in 2014. Our officers and directors all came back from the workshop with ideas to share.

In time for winter, Master Gardeners gave a lesson on how to put your garden to bed, giving many tips on how to ensure a beautiful colorful garden to enjoy next spring and summer.

HCE week and International Night kept us quite busy in October. The presentation on South Africa for International Night was a truly an educational



experience for those who attended. Our guest speaker Riana Koekemoer, a native of South Africa who now makes her home here in Southern Illinois, did a wonderful job telling us about her country and comparing how things are there, opposed to the way they are here in the USA. It made a person stop and think how astoundingly lucky we are to live here in America. The tasting of foods native to South Africa was interesting as well; many members were talking about making some of the dishes at home. Our quilt raffle ended that night with the drawing of the winning ticket; we did very well with the fundraiser this year. Our community outreach project, collecting toilet paper and tissues, to give to food pantries in our area, coincided with International night, it was very successful, and it is so humbling to hear how grateful patrons are for these things, things we probably do not even think twice about doing without. I know that it

makes me proud to be part of the JCHCE and providing these things to our community. HCE week ended with a special sewing event. Sarah Mae Waite taught us all how to make magic pillowcases, it was a delightful morning project, fun to see all the different ideas people had, there was plenty of laughter too.



November we will have a rummage sale, our last fundraiser of the year. Later in the month, some of us will pay tribute to our area veterans by visiting *The Jefferson County Hall of Honor, which features several walls of framed tribute and pictures of veterans from the community; they also display uniforms, and artifacts from various United States conflicts and wars.*

December will find us filling out new program books for 2014 and preparing ourselves for a new year of "cooking up some fun."

Silvana Morss  
Public Relations

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## MASSAC.....

Massac County held their 9<sup>th</sup> Annual Salad Luncheon on October 9<sup>th</sup> at the Metropolis Community Center. A large group of visitors and members attended this year. Massac County HCE members brought food, helped serve food, cleaned up and volunteered as models for a style show that featured local businesses.



Approximately \$960 was raised from the salad luncheon. The money will be used to help with our lessons and donations we give in the community.

# DISTRICT NEWS

A cookbook of favorite salad recipes can be purchased from the Massac County Extension Office.

The District 27/AJMPU Mini Conference was held on October 14 at Shawnee Community College in Ullin. The Keynote speaker was Jennifer McCaffery, Extension Educator. She explained the history of HCE and its relationship with Extension. The lessons to select from this year were: *Beverages - Empty Calories or Not, How to Make T-Shirt Necklaces, Photography Basics, Managing a Gluten Free Diet, Digging for Gold - Adding Bulbs to Your Landscape, Focus on Pinterest, Understanding Broadband - e-mail Basics, Laughter, and Flower Arranging.* Massac County had 15 members to attend. Several were first time attendees and had an enjoyable day. HCE members who have been members for 50+ years were recognized (pictured). Three of the five 50+ members were from Massac County.



## Thank you note from Ronald McDonald House

Dear Friends,

On behalf of the staff and families of the Nashville Ronald McDonald House, I would like to take the opportunity to thank you for your generous donation of pop tabs and house supplies. With the high number of families we serve, everything you gave will be used! We appreciate you thinking of us and for your love and support of our mission. Your kindness is truly a blessing here!

This year, the Nashville Ronald McDonald House celebrated its twenty-second year of service to families in Middle Tennessee and surrounding states, in addition to several foreign countries.

Thank you for understanding the importance of providing a place those families with seriously ill children can call "home for a while."

Sincerely,  
Kaye Slater

House Manager Ronald McDonald House, Nashville, TN

## PERRY.....

Alberta Woodside, Perry County 2<sup>nd</sup> Vice President of Perry County HCE, sold tickets at District Workshop in Mt. Vernon on the quilt being raffled to provide scholarships to local students



August was the Quilt Show at Manor at Mason Woods, home of the Silver Spoons unit of HCE. 127 quilts were displayed and many guests enjoyed the bed turning event with talk and demonstration by Flossine Schrader.

September brought the Kick-Off Dinner with great participation of 4-H and HCE members followed by a county-wide lesson on "Pumpkins" by Ag in the Classroom presenter Nancy Timpner.

HCE will be selling tickets at the annual Mardi Gras week-end in Pinckneyville on October 26<sup>th</sup>. November 7<sup>th</sup> will be the annual Holiday Ideas Day at the United Methodist Church in Pinckneyville. The theme is "Angels Among Us." Guest speaker will be Nathan Johanning, University of Illinois Educator speaking on "Buying Local."

Cards with quarters enclosed will be sent to Anna Veterans Home for Veteran's Day so they can purchase snacks from the vending machines.

Pennies for Friendship will be turned in by November 1<sup>st</sup>.

Money will be collected for presents for the Five-Star Home in Du Quoin in lieu of a Christmas Exchange. HCE Board party will be December 16<sup>th</sup>.

We continue to wear many hats of various size, color and attitudes as the year progresses. Merry Christmas!

Carolyn Bathon  
Public Relations

# DISTRICT NEWS

## RANDOLPH.....

In August the Randolph County Board held a Salad Supper and the speaker for the evening was Jane Lucht, a member of the board, who gave a presentation on "The Hats We Wear."

Members of the board attended the District 6 and 7 District Workshop in Mt. Vernon. It was announced that the county President, Janel Kassing, would be the new District 7 Director.

A successful Quilt Show was held in October. There were over 100 quilts draped over pews in a church. The feature of the day was a Bed Turning. Another 16 quilts were stacked on each other, and as they were turned over, the history of the quilt was given.

Jane Lucht  
Public Relations

## SALINE.....

Saline County Homemakers celebrated the summer with our "Arts in the Park" fundraiser with a variety of crafts, music, children's crafts and food for all.



We have added new members and our oldest member, Margaret Hatcher, celebrated her 101<sup>st</sup> birthday in August. We have several members in their 90's.

Several of our members were 4-H judges which added to our volunteer hours and we have collected many boxes of items for our veterans.

Our November lesson, given by Barb Lambert, will be "Making Your Own Mixes" - pancake, biscuits, pie crusts, etc. with handouts to share with the units.

December 7<sup>th</sup> we will have our annual Holiday Festival with a variety of crafts, gifts and a large assortment of baked goods.

Wanda Raley  
Public Information

## WASHINGTON.....

"HCE Week - 2013"

We travel through the country as we wear our "Hats of HCE".

We will go to the office for the signing of our WCHCE Proclamation by our County Board Chairman, David Meyer and witnessed by our HCE President, Bernice Hemminghaus.

We will go to the radio station, Nashville, IL for the window display of our quilt and photos and brochures of HCE events and officers.

A bulletin insert will be mailed to our 34 county churches for HCE Week with an invitation to join HCE. So members may wear their "Sunday Hats" as they attend church at their choice and display flowers in the chancel.

We will wear our "traveling visors" and our passports as we attend the International Program at St. Paul's Parish Hall to view the area of South Africa. We will admire the women of Africa as they weave their baskets and their colorful carpets.

We will go to the nursing homes and hospitals to visit our veterans who have worn their military gear now wear "Veterans Hats". We will thank them for our freedom and some may be wearing their "Veterans Hats." Small flags will be given to each Veteran.

This Wednesday, we thank all our members wearing their "Teachers Hats" as they teach all children.

As we wear our "Gardener's Visor" as we work in our yard and flower beds and working in our gardens, our fresh produce tastes so good and if we go to the Farmer's Market this Thursday in Nashville we can purchase additional fresh produce.

"Hats Off" to all our mothers, children and grandmothers for all their patience, love and deeds as they cook, sew and chauffeur for anyone.

"Hats Off" to all our volunteers!!

Adeline Blumhorst  
Public Relations

# DISTRICT NEWS

## WAYNE.....

Wayne County Association for Home and Community Education held the 70<sup>th</sup> Annual Meeting at the Extension office April 23<sup>rd</sup>. The traditional baked potato bar with salad and dessert is always a highlight of our annual meetings. Thirty-seven members and guests enjoyed the meal and evening. The drawing for the quilt, two quilted pillows and table runner were held. Ruth Jones of Kell, Illinois won the quilt, Rusti Grogan and Connie York won the pillows and Dixie Wood won the table runner. A used book sale is also a part of our annual meeting. The various Cultural Arts items which were entered at the State Conference were on display.

Our annual pork chop and bake sale was held on April 27<sup>th</sup> in Wayne City. Steve Ehrhart prepared the pork chops and county members donated baked foods. This is our main money maker of the year.

Our Cultural Arts chairman, Mary Lou Simmons, sponsors a Craft Club which meets for a day each month. Each day, members make a variety of unique craft items.

Wayne County is honored to have an Illinois Association for Home and Community Education Scholarship recipient. She is Hayley Spicer from Wayne City. Hayley's goal is to become a Radiology Technologist.

In August, most of our board members attend the District Workshop in Mt. Vernon.

October is the month we have International Night. Louise Rodatz, our International Chairman, has worked hard on preparing the program. Recipes of South Africa have been distributed to the County Board members to prepare and serve that night. She has also secured a speaker who has visited the County of Study.

Pat Vaughan  
County President

## WILLIAMSON.....

HCE of Williamson County has had a busy fall season gearing up for our International Luncheon October 17<sup>th</sup> with our director, Karen Williams in charge of recipes and getting a speaker from South Africa. Another busy fall project is our Annual Bazaar set for November 2<sup>nd</sup> with a return to the Williamson County Fairgrounds. This is our main fundraiser and features themed gift baskets, baked goods, crafts, lunch items and even a table with leftover craft and white elephant items.

Show here is Jo Barger, our talented county Treasurer, who is a well known cook who has published cookbooks. Having a lesson in October on "Gifts from the Kitchen" featuring decorated vessels and tasty treats, Jo's lesson was attended by 21 members. Sampling the foods as we went through her recipes was a fine way to share her talents. Jo uses all kinds of containers to decorate with stick on felt and other materials.



Our board is hoping to plan a December cookie sale once again for members and the public to purchase. Another fall lesson that was very special was given by member Sharon Reed on apples in September for the October unit meetings.

Board members and members attended two lunches after August and September board meetings at the Teapot Cottage in Goreville run by Dixie Terry, a member of Johnson County HCE.

Marie Samuel  
Public Relations

# NOMINATING COMMITTEE REPORT

The IAHCE Nominating Committee interviewed potential candidates for the IAHCE Board on October 20<sup>th</sup>. The following will be placed on the ballot at the 2014 IAHCE Annual Conference Business Meeting on March 19, 2014.



**Carolyn W. Fisher** of Du Page County has applied for First Vice President. She has been a member of HCE for 24 years and served at the county level as Young Family Issues, Second Vice President, Community Outreach/Family Issues/CVH Director. At the state level she

has served as Young Family Issues Director (two years), Young Family Issues/Family Living Director (1 year), District 2/3 Director (1 year), First Vice President, Community Outreach Director and Secretary. Carolyn is married to Mylon for 35 years and together they raise aquatic turtles. She is active in her community.

**Beverly (Bev) Combs** of Clark County has applied for the office of treasurer. Bev retired after 42 years from University of Illinois Extension where she was an Extension Adviser in Clark County and a Nutrition and Wellness Educator at the Effingham Center. During her employment with U of I Extension, she worked closely with the HCE (HEA) Board and was involved in the various aspects of the organization. She also belonged to two professional extension organizations where she was elected twice in each of these organizations to the office of treasurer. With this experience, she is familiar with the importance of keeping accurate financial records, setting budgets and working with others to reach stated goals.



She is involved in the local food pantry, community clothing center and foods judging along with her hobbies of quilting and cooking.

She has one son and two grandchildren.

**Patricia (Pat) Hildebrand** of Jasper County, has applied for the position of Public Relations. Pat has been a member of HCE for 28 years and served in various offices at the county level. She was a teacher in the Decatur school system and in retail management prior to assuming University of Illinois Extension responsibilities. As an Extension Adviser in Jasper County and an Extension Educator, Consumer/Family Economics, Effingham Center, she worked closely with the HCE organization and found that communication is a key element in maintaining an active membership in a healthy organization.



Pat retired after 38 years with U of I Extension and is active in church and several professional and civic organizations. She has two children and one granddaughter.

**Esther (Joan) Stanley** of Champaign County has applied for the position of CVH/Sales Director. She has been a HCE member for 47 years. In her unit she has served as Chairman, First Vice President, Second Vice President, Cultural Enrichment and International Directors. In Champaign County, Joan has been President, Treasurer and Cultural Enrichment Director. She became a widow at the age of 35 and raised four children. She has been a K - 12 teacher, Assistant University of Illinois Extension Home Advisor and ran her own income tax business. She is active in 4-H, church and community.



Nominations will be also taken from the floor for any of these positions. The person nominated from the floor must submit an application and letter of recommendation to the nominating committee at least 24 hours before the March 19, 2014 Business meeting to run for an IAHCE Board position.

Marilyn Schaefer, Nominating Chair

Committee: Jane Chapman, Jane Wood, Donna Richards, Marilyn De Vries

# DISTRICT NEWS

## Ruth B. Sayre Scholarship

The Country Women's Council USA (CWC) offers the Ruth B. Sayre Memorial Scholarship each year to a woman who is a legal resident of the USA, who shows financial need, and who has the ability to complete her education.

Application with attachments must be submitted and reviewed and signed by Marilyn Daughhete, IAHCE President. You can view and print the application from [www.cwcusa.org/aboutCWC](http://www.cwcusa.org/aboutCWC). Deadline is March 1, 2014.

The CWC Board encourages member societies to submit applications made by their state residents for the Ruth B. Sayre Scholarship for women's higher education. There were four \$500 scholarships given in 2013 to three young women from Iowa and one from Wisconsin. Both traditional and home schooled students are eligible for the scholarships.



Joan McEachern

Frances Griebel, 91 of Highland passed away August 5, 2013. Mrs. Griebel was very active in many organizations, IAHCE was one. She served on the State Board as District 6 Director from 1997-2000. Frances was a very loving person and cared about the members of HCE along with the members of her church.



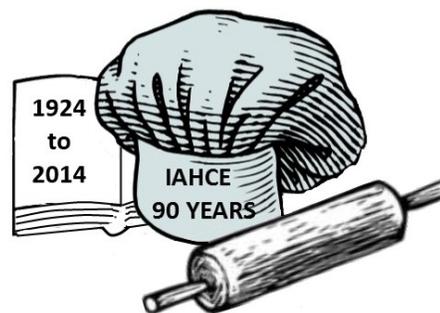
## DISTRICT WORKSHOP Scholarship Winners

District #1 - Joan Semande  
District #2/3 - Mylon Fisher, Du Page  
District #4 - Not available  
District #5 - Jennett Fair, Prairie Association  
District #6 - Bonita Balding, Richland County  
District #7 - Not available

## 1 Year free - Newsletter Subscriptions

District #1  
Trudi Lefler, Henderson County  
Donna Dual, Rock Island County  
District #2/3  
Marge Monahan, Boone County  
Geri Pondel, McHenry County  
District #4  
Jan Busche, Tazewell County  
District #5  
Carol Froeschl, Champaign County  
District #6  
Jean Sporleder, Effingham County  
Diana Hamilton, Monroe County  
District #7  
Rosalie Pearce

**IAHCE NEWLETTER**  
**DEADLINE**  
**April 1, 2014**  
**[www.iahce.org](http://www.iahce.org)**



IAHCE "BEEN COOKIN' 90 YEARS"

See you at the 2014 State Conference

March 18 - 20, 2014



Outdoor at night practicing for skit!



**2013 DISTRICT WORKSHOPS**



**UPCOMING DATES**

**2014 IAHCe District Workshops**

- District 1 & 2/3 ..... August 19, 2014  
TBA
- District 4 & 5 ..... August 20, 2014  
TBA
- District 6 & 7 ..... August 21, 2014  
TBA

**2014 IAHCe ANNUAL CONFERENCE**

**March 18-20, 2014  
Decatur Conference Center & Hotel**

**NVON, CWC, ACWW CONFERENCES**

**NVON** (National Volunteers Outreach Network)  
July 21-23, 2014 in Indianapolis, IN.

**CWC** (Country Women's Council USA)  
September 25-27, 2014  
Manitowoc, Wisconsin

**ACWW** Triennial Conference  
August 18-24, 2016 in University of Warwick, England

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